

Competition Results

Competition:

SRF-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	660	520	70	70
2	Hertfordshire	621	511	50	60
3	Essex	599	489	60	50
4	Cambridgeshire	489	449	0	40

Athlete Results

Competition:
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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	73	Grace Ashworth	Norfolk	136		40		49	47	
2	64	Ellie Bandy	Hertfordshire	135	44			49	42	
3	70	Talluah Bell	Norfolk	133	50		33			50
4=	59	Michelle Hughes	Essex	132		48	48			36
4=	74	Pheobe Baker	Norfolk	132		50		44		38
6	60	Modupe Shokunbi	Essex	130	48			34		48
7=	49	Finlay Marriott	Cambridgeshire	128	46		46		36	
7=	68	Emily Hack	Hertfordshire	128		46	40			42
9	65	Sophie Segun	Hertfordshire	125	41		44			40
10=	56	Chenice Constable	Essex	123	34			44		45
10=	63	Alice Semark	Hertfordshire	123	36			40	47	
12	66	Bethany Harley	Hertfordshire	121		44	33		44	
13	71	Katie Pursehouse	Norfolk	119	41		28		50	
14	75	Amy Dowsett	Norfolk	118		38	42		38	
15	53	Dianna Pereira	Cambridgeshire	117		36	36			45
16	72	Lucy Edwards	Norfolk	114	38			44		32
17	52	Katie Reynolds	Cambridgeshire	112	28		50			34
18	67	Rebecca Pickard	Hertfordshire	110		42		38		30
19=	58	Louise Lear	Essex	104		32	38		34	
19=	61	Isabel Duah	Essex	104		34	30		40	
21	57	Katie Dawson	Essex	97	31			36	30	
22	54	Eden Bogie	Cambridgeshire	92		30		30	32	
23	50	Jessica Sturge	Cambridgeshire	91	31			32	28	
24	76	Harriet Searjeant	Norfolk	0						

Team Results

Cambridgeshire (red)

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1	Norfolk	660	520	70	70
2	Hertfordshire	621	511	50	60
3	Essex	599	489	60	50
4	Cambridgeshire	489	449	0	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Finlay Marriott	2LR	25.5				25.5	3	46
49	Finlay Marriott	S	7.03	7.23	8.12		8.12	3	46
49	Finlay Marriott	SLJ	1.90	2.06	2.12		2.12	8	36
50	Jessica Sturge	2LR	27.2				27.2	10=	31
50	Jessica Sturge	SB	64				64	10	32
50	Jessica Sturge	SLJ	1.90	1.86	1.88		1.90	12	28
52	Katie Reynolds	2LR	27.6				27.6	12	28
52	Katie Reynolds	S	9.72	9.69	10.33		10.33	1	50
52	Katie Reynolds	VJ	49	53	51		53	9	34
53	Dianna Pereira	4LR	57.8				57.8	8	36
53	Dianna Pereira	S	6.22	7.30	7.07		7.30	8	36
53	Dianna Pereira	VJ	59	50	49		59	3=	45
54	Eden Bogie	4LR	1:06.9				1:06.9	11	30
54	Eden Bogie	SB	60				60	11	30
54	Eden Bogie	SLJ	2.02	1.98	2.04		2.04	10	32

Team Results

Essex (blue)

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2 Feb 2013

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1	Norfolk	660	520	70	70
2	Hertfordshire	621	511	50	60
3	Essex	599	489	60	50
4	Cambridgeshire	489	449	0	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
56	Chenice Constable	2LR	26.5				26.5	9	34
56	Chenice Constable	SB	81				81	3=	44
56	Chenice Constable	VJ	59	58	57		59	3=	45
57	Katie Dawson	2LR	27.2				27.2	10=	31
57	Katie Dawson	SB	72				72	8	36
57	Katie Dawson	SLJ	1.90	1.94	1.88		1.94	11	30
58	Louise Lear	4LR	59.3				59.3	10	32
58	Louise Lear	S	7.24	7.25	7.45		7.45	7	38
58	Louise Lear	SLJ	2.07	2.04	1.98		2.07	9	34
59	Michelle Hughes	4LR	53.9				53.9	2	48
59	Michelle Hughes	S	7.54	8.20	9.00		9.00	2	48
59	Michelle Hughes	VJ	54	51	33		54	8	36
60	Modupe Shokunbi	2LR	24.9				24.9	2	48
60	Modupe Shokunbi	SB	66				66	9	34
60	Modupe Shokunbi	VJ	56	59	60		60	2	48
61	Isabel Duah	4LR	58.3				58.3	9	34
61	Isabel Duah	S	6.48	6.20	6.93		6.93	11	30
61	Isabel Duah	SLJ	2.16	2.14	2.12		2.16	6	40

Team Results

Hertfordshire (yellow)

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1	Norfolk	660	520	70	70
2	Hertfordshire	621	511	50	60
3	Essex	599	489	60	50
4	Cambridgeshire	489	449	0	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
63	Alice Semark	2LR	26.0				26.0	8	36
63	Alice Semark	SB	75				75	6	40
63	Alice Semark	SLJ	2.24	2.20	2.21		2.24	2=	47
64	Ellie Bandy	2LR	25.6				25.6	4	44
64	Ellie Bandy	SB	82				82	1=	49
64	Ellie Bandy	SLJ	2.08	2.10	2.20		2.20	5	42
65	Sophie Segun	2LR	25.7				25.7	5=	41
65	Sophie Segun	S	7.73	8.10	8.10		8.10	4	44
65	Sophie Segun	VJ	57	53	57		57	6	40
66	Bethany Harley	4LR	55.5				55.5	4	44
66	Bethany Harley	S	7.26	6.98	6.36		7.26	9=	33
66	Bethany Harley	SLJ	2.22	2.22	2.20		2.22	4	44
67	Rebecca Pickard	4LR	56.1				56.1	5	42
67	Rebecca Pickard	SB	73				73	7	38
67	Rebecca Pickard	VJ	48	51	50		51	11	30
68	Emily Hack	4LR	55.1				55.1	3	46
68	Emily Hack	S	7.23	7.50	7.63		7.63	6	40
68	Emily Hack	VJ	53	57	58		58	5	42

Team Results

Norfolk (green)

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Date

2 Feb 2013

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	660	520	70	70
2	Hertfordshire	621	511	50	60
3	Essex	599	489	60	50
4	Cambridgeshire	489	449	0	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
70	Talluah Bell	2LR	24.7				24.7	1	50
70	Talluah Bell	S	7.26	7.22	6.66		7.26	9=	33
70	Talluah Bell	VJ	65	55	61		65	1	50
71	Katie Pursehouse	2LR	25.7				25.7	5=	41
71	Katie Pursehouse	S	6.89	6.83	6.80		6.89	12	28
71	Katie Pursehouse	SLJ	2.30	2.30	2.26		2.30	1	50
72	Lucy Edwards	2LR	25.8				25.8	7	38
72	Lucy Edwards	SB	81				81	3=	44
72	Lucy Edwards	VJ	50	52	50		52	10	32
73	Grace Ashworth	4LR	56.6				56.6	6	40
73	Grace Ashworth	SB	82				82	1=	49
73	Grace Ashworth	SLJ	2.20	2.24	2.22		2.24	2=	47
74	Pheobe Baker	4LR	53.6				53.6	1	50
74	Pheobe Baker	SB	81				81	3=	44
74	Pheobe Baker	VJ	51	51	56		56	7	38
75	Amy Dowsett	4LR	56.8				56.8	7	38
75	Amy Dowsett	S	7.05	7.72	7.50		7.72	5	42
75	Amy Dowsett	SLJ	2.14	2.06	2.06		2.14	7	38

Results Sheet

2 Lap Race

Competition:
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Date
2 Feb 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	70	Talluah Bell	24.7	50
2	Essex	blue	60	Modupe Shokunbi	24.9	48
3	Cambridgeshire	red	49	Finlay Marriott	25.5	46
4	Hertfordshire	yellow	64	Ellie Bandy	25.6	44
5=	Hertfordshire	yellow	65	Sophie Segun	25.7	41
5=	Norfolk	green	71	Katie Pursehouse	25.7	41
7	Norfolk	green	72	Lucy Edwards	25.8	38
8	Hertfordshire	yellow	63	Alice Semark	26.0	36
9	Essex	blue	56	Chenice Constable	26.5	34
10=	Cambridgeshire	red	50	Jessica Sturge	27.2	31
10=	Essex	blue	57	Katie Dawson	27.2	31
12	Cambridgeshire	red	52	Katie Reynolds	27.6	28

Results Sheet

4 Lap Race

Competition:
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Venue:
Sportspark, UEA, Norwich

Date
2 Feb 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	74	Pheobe Baker	53.6	50
2	Essex	blue	59	Michelle Hughes	53.9	48
3	Hertfordshire	yellow	68	Emily Hack	55.1	46
4	Hertfordshire	yellow	66	Bethany Harley	55.5	44
5	Hertfordshire	yellow	67	Rebecca Pickard	56.1	42
6	Norfolk	green	73	Grace Ashworth	56.6	40
7	Norfolk	green	75	Amy Dowsett	56.8	38
8	Cambridgeshire	red	53	Dianna Pereira	57.8	36
9	Essex	blue	61	Isabel Duah	58.3	34
10	Essex	blue	58	Louise Lear	59.3	32
11	Cambridgeshire	red	54	Eden Bogie	1:06.9	30

Results Sheet

8 Lap Paarlauf

Competition:

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Sportspark, UEA, Norwich

Date

2 Feb 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	green	1:47.0	0.0	1:47.0	70.0
2	02	Essex	blue	1:49.5	0.0	1:49.5	60.0
3	03	Hertfordshire	yellow	1:50.1	0.0	1:50.1	50.0

Results Sheet

4 x 2 Lap Relay

Competition:

SRF-East Regional Final Under 15 Girls

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Date

2 Feb 2013

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	green	1:40.5	0.0	1:40.5	70.0
2	03	Hertfordshire	yellow	1:41.0	0.0	1:41.0	60.0
3	02	Essex	blue	1:41.9	0.0	1:41.9	50.0
4	01	Cambridgeshire	red	1:49.0	0.0	1:49.0	40.0

Results Sheet

Shot

Competition:
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Date
2 Feb 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	red	52	Katie Reynolds	10.33	50
2	Essex	blue	59	Michelle Hughes	9.00	48
3	Cambridgeshire	red	49	Finlay Marriott	8.12	46
4	Hertfordshire	yellow	65	Sophie Segun	8.10	44
5	Norfolk	green	75	Amy Dowsett	7.72	42
6	Hertfordshire	yellow	68	Emily Hack	7.63	40
7	Essex	blue	58	Louise Lear	7.45	38
8	Cambridgeshire	red	53	Dianna Pereira	7.30	36
9=	Hertfordshire	yellow	66	Bethany Harley	7.26	33
9=	Norfolk	green	70	Talluah Bell	7.26	33
11	Essex	blue	61	Isabel Duah	6.93	30
12	Norfolk	green	71	Katie Pursehouse	6.89	28

Results Sheet

Speed Bounce

Competition:
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2 Feb 2013

Ranking	Team	Colour	BibNo	Name	Total	Points
1=	Hertfordshire	yellow	64	Ellie Bandy	82	49
1=	Norfolk	green	73	Grace Ashworth	82	49
3=	Essex	blue	56	Chenice Constable	81	44
3=	Norfolk	green	72	Lucy Edwards	81	44
3=	Norfolk	green	74	Pheobe Baker	81	44
6	Hertfordshire	yellow	63	Alice Semark	75	40
7	Hertfordshire	yellow	67	Rebecca Pickard	73	38
8	Essex	blue	57	Katie Dawson	72	36
9	Essex	blue	60	Modupe Shokunbi	66	34
10	Cambridgeshire	red	50	Jessica Sturge	64	32
11	Cambridgeshire	red	54	Eden Bogie	60	30

Results Sheet

Standing Long Jump

Competition:
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	71	Katie Pursehouse	2.30	50
2=	Hertfordshire	yellow	63	Alice Semark	2.24	47
2=	Norfolk	green	73	Grace Ashworth	2.24	47
4	Hertfordshire	yellow	66	Bethany Harley	2.22	44
5	Hertfordshire	yellow	64	Ellie Bandy	2.20	42
6	Essex	blue	61	Isabel Duah	2.16	40
7	Norfolk	green	75	Amy Dowsett	2.14	38
8	Cambridgeshire	red	49	Finlay Marriott	2.12	36
9	Essex	blue	58	Louise Lear	2.07	34
10	Cambridgeshire	red	54	Eden Bogie	2.04	32
11	Essex	blue	57	Katie Dawson	1.94	30
12	Cambridgeshire	red	50	Jessica Sturge	1.90	28

Results Sheet

Vertical Jump

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Date
2 Feb 2013

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	70	Talluah Bell	65	50
2	Essex	blue	60	Modupe Shokunbi	60	48
3=	Cambridgeshire	red	53	Dianna Pereira	59	45
3=	Essex	blue	56	Chenice Constable	59	45
5	Hertfordshire	yellow	68	Emily Hack	58	42
6	Hertfordshire	yellow	65	Sophie Segun	57	40
7	Norfolk	green	74	Pheobe Baker	56	38
8	Essex	blue	59	Michelle Hughes	54	36
9	Cambridgeshire	red	52	Katie Reynolds	53	34
10	Norfolk	green	72	Lucy Edwards	52	32
11	Hertfordshire	yellow	67	Rebecca Pickard	51	30