

Competition Results

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	552	70	60
2	Hertfordshire	667	537	60	70
3	Cambridgeshire	543	443	50	50
4	Essex	294	254	40	0
5	Suffolk	99	99	0	0

Athlete Results

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1=	94	Kara Peck	Hertfordshire	142	50			44	48	
1=	126	Emily Pursehouse	Norfolk	142	48		48		46	
3=	125	Katie Vickery	Norfolk	140		50		40		50
3=	128	Hannah Maher	Norfolk	140		46	46			48
5	87	Phoebe Smithdale	Essex	138	44			48		46
6	97	Daizy Lee	Hertfordshire	134		48	36		50	
7	96	Megan Breen	Hertfordshire	131		44		46		41
8=	98	Sophie Keeble	Hertfordshire	130	46		42		42	
8=	129	Naomi Tomes	Norfolk	130	38		50		42	
10	95	Alison Campbell	Hertfordshire	124	42		38			44
11	130	Jessica McNaughton	Norfolk	118		40		36	42	
12	83	Rebecca Pedley	Cambridgeshire	117		42	34			41
13	88	Amelia Sumun	Essex	116	34		44		38	
14	81	Alice Galloway	Cambridgeshire	114	40		40		34	
15	127	Louisa Marshall	Norfolk	113	36			40		37
16	85	Jessica Alden	Cambridgeshire	110	28			50	32	
17	99	Elena Cervi	Hertfordshire	108		38		40		30
18=	80	Gemma Duma	Cambridgeshire	102	32			34	36	
18=	84	Leah McAnespie	Cambridgeshire	102		36		32		34
20	132	Charlotte Walker	Suffolk	99	30		32			37
21	82	Bethan New	Cambridgeshire	96		34	30			32
22=	100	Emma Shearsby	Hertfordshire	0						
22=	131	Ellie Blunt	Norfolk	0						

Team Results

Cambridgeshire (green)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	552	70	60
2	Hertfordshire	667	537	60	70
3	Cambridgeshire	543	443	50	50
4	Essex	294	254	40	0
5	Suffolk	99	99	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
80	Gemma Duma	2LR	27.4				27.4	10	32
80	Gemma Duma	SB	70				70	9	34
80	Gemma Duma	SLJ	1.98	1.91	1.95		1.98	8	36
81	Alice Galloway	2LR	26.1				26.1	6	40
81	Alice Galloway	S	0.00	6.96	0.00		6.96	6	40
81	Alice Galloway	SLJ	1.76	1.88	1.89		1.89	9	34
82	Bethan New	4LR	1:03.1				1:03.1	9	34
82	Bethan New	S	4.86	4.49	0.00		4.86	11	30
82	Bethan New	VJ	40	38	36		40	10	32
83	Rebecca Pedley	4LR	56.4				56.4	5	42
83	Rebecca Pedley	S	5.86	6.44	6.57		6.57	9	34
83	Rebecca Pedley	VJ	46	44	42		46	5=	41
84	Leah McAnespie	4LR	59.2				59.2	8	36
84	Leah McAnespie	SB	64				64	10	32
84	Leah McAnespie	VJ	39	41	42		42	9	34
85	Jessica Alden	2LR	31.1				31.1	12	28
85	Jessica Alden	SB	85				85	1	50
85	Jessica Alden	SLJ	1.76	1.69	1.71		1.76	10	32

Team Results

Essex (red)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	552	70	60
2	Hertfordshire	667	537	60	70
3	Cambridgeshire	543	443	50	50
4	Essex	294	254	40	0
5	Suffolk	99	99	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
87	Phoebe Smithdale	2LR	25.7				25.7	4	44
87	Phoebe Smithdale	SB	78				78	2	48
87	Phoebe Smithdale	VJ	50	49	52		52	3	46
88	Amelia Sumun	2LR	27.3				27.3	9	34
88	Amelia Sumun	S	6.99	7.51	7.36		7.51	4	44
88	Amelia Sumun	SLJ	1.98	1.96	2.02		2.02	7	38

Team Results

Hertfordshire (yellow)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	552	70	60
2	Hertfordshire	667	537	60	70
3	Cambridgeshire	543	443	50	50
4	Essex	294	254	40	0
5	Suffolk	99	99	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
94	Kara Peck	2LR	24.7				24.7	1	50
94	Kara Peck	SB	76				76	4	44
94	Kara Peck	SLJ	2.12	2.11	2.13		2.13	2	48
95	Alison Campbell	2LR	26.0				26.0	5	42
95	Alison Campbell	S	6.46	6.91	6.30		6.91	7	38
95	Alison Campbell	VJ	47	45	44		47	4	44
96	Megan Breen	4LR	55.5				55.5	4	44
96	Megan Breen	SB	77				77	3	46
96	Megan Breen	VJ	45	45	46		46	5=	41
97	Daizy Lee	4LR	55.0				55.0	2	48
97	Daizy Lee	S	6.58	5.75	0.00		6.58	8	36
97	Daizy Lee	SLJ	2.32	2.16	2.25		2.32	1	50
98	Sophie Keeble	2LR	25.4				25.4	3	46
98	Sophie Keeble	S	7.05	6.74	6.88		7.05	5	42
98	Sophie Keeble	SLJ	2.00	2.07	2.03		2.07	4=	42
99	Elena Cervi	4LR	56.9				56.9	7	38
99	Elena Cervi	SB	75				75	5=	40
99	Elena Cervi	VJ	39	39	38		39	11	30
100	Emma Shearsby	2LR	26.7				26.7		

Team Results

Norfolk (purple)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	552	70	60
2	Hertfordshire	667	537	60	70
3	Cambridgeshire	543	443	50	50
4	Essex	294	254	40	0
5	Suffolk	99	99	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
125	Katie Vickery	4LR	54.8				54.8	1	50
125	Katie Vickery	SB	75				75	5=	40
125	Katie Vickery	VJ	60	65	60		65	1	50
126	Emily Pursehouse	2LR	24.9				24.9	2	48
126	Emily Pursehouse	S	8.83	8.59	8.82		8.83	2	48
126	Emily Pursehouse	SLJ	2.10	2.05	2.00		2.10	3	46
127	Louisa Marshall	2LR	27.1				27.1	8	36
127	Louisa Marshall	SB	75				75	5=	40
127	Louisa Marshall	VJ	43	45	44		45	7=	37
128	Hannah Maher	4LR	55.4				55.4	3	46
128	Hannah Maher	S	7.89	7.03	7.39		7.89	3	46
128	Hannah Maher	VJ	53	45	51		53	2	48
129	Naomi Tomes	2LR	26.2				26.2	7	38
129	Naomi Tomes	S	8.47	8.61	9.20		9.20	1	50
129	Naomi Tomes	SLJ	2.07	1.95	2.06		2.07	4=	42
130	Jessica McNaughton	4LR	56.8				56.8	6	40
130	Jessica McNaughton	SB	73				73	8	36
130	Jessica McNaughton	SLJ	2.02	2.00	2.07		2.07	4=	42
131	Ellie Blunt	2LR	25.5				25.5		

Team Results

Suffolk (orange)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	682	552	70	60
2	Hertfordshire	667	537	60	70
3	Cambridgeshire	543	443	50	50
4	Essex	294	254	40	0
5	Suffolk	99	99	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
132	Charlotte Walker	2LR	27.9				27.9	11	30
132	Charlotte Walker	S	0.00	4.85	5.74		5.74	10	32
132	Charlotte Walker	VJ	39	45	37		45	7=	37

Results Sheet

2 Lap Race

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	94	Kara Peck	24.7	50
2	Norfolk	purple	126	Emily Pursehouse	24.9	48
3	Hertfordshire	yellow	98	Sophie Keeble	25.4	46
4	Essex	red	87	Phoebe Smithdale	25.7	44
5	Hertfordshire	yellow	95	Alison Campbell	26.0	42
6	Cambridgeshire	green	81	Alice Galloway	26.1	40
7	Norfolk	purple	129	Naomi Tomes	26.2	38
8	Norfolk	purple	127	Louisa Marshall	27.1	36
9	Essex	red	88	Amelia Sumun	27.3	34
10	Cambridgeshire	green	80	Gemma Duma	27.4	32
11	Suffolk	orange	132	Charlotte Walker	27.9	30
12	Cambridgeshire	green	85	Jessica Alden	31.1	28
	Hertfordshire	yellow	100	Emma Shearsby	26.7	0
	Norfolk	purple	131	Ellie Blunt	25.5	0

Results Sheet

4 Lap Race

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	125	Katie Vickery	54.8	50
2	Hertfordshire	yellow	97	Daizy Lee	55.0	48
3	Norfolk	purple	128	Hannah Maher	55.4	46
4	Hertfordshire	yellow	96	Megan Breen	55.5	44
5	Cambridgeshire	green	83	Rebecca Pedley	56.4	42
6	Norfolk	purple	130	Jessica McNaughton	56.8	40
7	Hertfordshire	yellow	99	Elena Cervi	56.9	38
8	Cambridgeshire	green	84	Leah McAnespie	59.2	36
9	Cambridgeshire	green	82	Bethan New	1:03.1	34

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	purple	1:49.0	0.0	1:49.0	70.0
2	03	Hertfordshire	yellow	1:52.5	0.0	1:52.5	60.0
3	01	Cambridgeshire	green	1:53.9	0.0	1:53.9	50.0
4	02	Essex	red	1:58.0	0.0	1:58.0	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	yellow	1:40.8	0.0	1:40.8	70.0
2	04	Norfolk	purple	1:42.8	0.0	1:42.8	60.0
3	01	Cambridgeshire	green	1:52.4	0.0	1:52.4	50.0

Results Sheet

Shot

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	129	Naomi Tomes	9.20	50
2	Norfolk	purple	126	Emily Pursehouse	8.83	48
3	Norfolk	purple	128	Hannah Maher	7.89	46
4	Essex	red	88	Amelia Sumun	7.51	44
5	Hertfordshire	yellow	98	Sophie Keeble	7.05	42
6	Cambridgeshire	green	81	Alice Galloway	6.96	40
7	Hertfordshire	yellow	95	Alison Campbell	6.91	38
8	Hertfordshire	yellow	97	Daizy Lee	6.58	36
9	Cambridgeshire	green	83	Rebecca Pedley	6.57	34
10	Suffolk	orange	132	Charlotte Walker	5.74	32
11	Cambridgeshire	green	82	Bethan New	4.86	30

Results Sheet

Speed Bounce

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Cambridgeshire	green	85	Jessica Alden	85	50
2	Essex	red	87	Phoebe Smithdale	78	48
3	Hertfordshire	yellow	96	Megan Breen	77	46
4	Hertfordshire	yellow	94	Kara Peck	76	44
5=	Hertfordshire	yellow	99	Elena Cervi	75	40
5=	Norfolk	purple	125	Katie Vickery	75	40
5=	Norfolk	purple	127	Louisa Marshall	75	40
8	Norfolk	purple	130	Jessica McNaughton	73	36
9	Cambridgeshire	green	80	Gemma Duma	70	34
10	Cambridgeshire	green	84	Leah McAnespie	64	32

Results Sheet

Standing Long Jump

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	yellow	97	Daizy Lee	2.32	50
2	Hertfordshire	yellow	94	Kara Peck	2.13	48
3	Norfolk	purple	126	Emily Pursehouse	2.10	46
4=	Hertfordshire	yellow	98	Sophie Keeble	2.07	42
4=	Norfolk	purple	129	Naomi Tomes	2.07	42
4=	Norfolk	purple	130	Jessica McNaughton	2.07	42
7	Essex	red	88	Amelia Sumun	2.02	38
8	Cambridgeshire	green	80	Gemma Duma	1.98	36
9	Cambridgeshire	green	81	Alice Galloway	1.89	34
10	Cambridgeshire	green	85	Jessica Alden	1.76	32

Results Sheet

Vertical Jump

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

University of East Anglia, Norwich

Date

19 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	purple	125	Katie Vickery	65	50
2	Norfolk	purple	128	Hannah Maher	53	48
3	Essex	red	87	Phoebe Smithdale	52	46
4	Hertfordshire	yellow	95	Alison Campbell	47	44
5=	Cambridgeshire	green	83	Rebecca Pedley	46	41
5=	Hertfordshire	yellow	96	Megan Breen	46	41
7=	Norfolk	purple	127	Louisa Marshall	45	37
7=	Suffolk	orange	132	Charlotte Walker	45	37
9	Cambridgeshire	green	84	Leah McAnespie	42	34
10	Cambridgeshire	green	82	Bethan New	40	32
11	Hertfordshire	yellow	99	Elena Cervi	39	30