

Competition Results

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Newham Athletics Network	sky	726	60	60	60	70	56	54	58	56	58	56	56	30	52
2	South London Athletics Network	green	692	70	70	70	60	52	54	50	52	26	52	52	28	56

Team Results

Newham Athletics Network (sky)

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre 12 Feb 2011

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Newham Athletics Network	sky	726	60	60	60	70	56	54	58	56	58	56	56	30	52
2	South London Athletics Network	green	692	70	70	70	60	52	54	50	52	26	52	52	28	56

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Deja Ademi	4LR	52.6	0.0			52.6	4	24
1	Deja Ademi	STJ	6.00	5.20	5.90	5.70	6.00	1	30
2	Gabrielle Ngoo	SLJ	1.24	1.28	1.44	1.28	1.44	3	26
3	Chane Harris	6LR	1:30.9				1:30.9	2	28
3	Chane Harris	SLJ	1.82	1.28	1.86	1.96	1.96	1	30
4	Aysha Bentic	2LR	23.3	0.0			23.3	1	30
4	Aysha Bentic	S	7.81	7.14	8.84	7.92	8.84	1	30
5	Luba Musa-Eiggie	VJ	42	37	39	39	42	4	24
6	Kishma Jimmie	6LR	1:28.7				1:28.7	1	30
6	Kishma Jimmie	VJ	48	45	47	48	48	2	28
7	Pennelope Richards	2LR	24.0	0.0			24.0	3	26
7	Pennelope Richards	S	7.28	0.00	6.49	7.53	7.53	2	28
8	Ingerta Dafku	SB	71				71	1	30
9	Ashley Kossa	HJ	1.20				1.20	3	26
10	Racheal Shodeinde	SB	62				62	3	26
11	Jasmin Hedman	4LR	50.6	0.0			50.6	1	30
11	Jasmin Hedman	HJ	1.30				1.30	1	30

Team Results

South London Athletics Network (green)

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre 12 Feb 2011

Date

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Newham Athletics Network	sky	726	60	60	60	70	56	54	58	56	58	56	56	30	52
2	South London Athletics Network	green	692	70	70	70	60	52	54	50	52	26	52	52	28	56

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
39	Holly Clark	HJ	1.25				1.25	2	28
40	Mika Keen	6LR	1:32.8				1:32.8	3	26
41	Marcella Cato	4LR	52.6	0.0			52.6	3	26
41	Marcella Cato	S	6.21	5.89	6.63	6.24	6.63	3	26
42	Lohita Allen-Aigbodio	2LR	23.8	0.0			23.8	2	28
42	Lohita Allen-Aigbodio	VJ	41	43	44	44	44	3	26
43	Kassa Sealey	4LR	52.0	0.0			52.0	2	28
43	Kassa Sealey	VJ	48	52	53	53	53	1	30
44	Denisha Marshall	SB	65				65	2	28
45	Tallulah Atkin	STJ	5.80	4.64	4.30	4.50	5.80	2	28
46	Nancy Powell	6LR	1:33.5				1:33.5	4	24
46	Nancy Powell	HJ	1.15				1.15	4	24
47	Chanel Chrisite	SLJ	1.28	1.16	1.14	1.16	1.28	4	24
48	Noka Dosso	SLJ	1.54	1.54	1.72	1.90	1.90	2	28
49	Kelsey Trelch	SB	51				51	4	24
50	Lisa Lyama	2LR	24.1	0.0			24.1	4	24

Results Sheet

Obstacle Relay

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Code	Team	Colour
1	02	South London Athletics Network	green
2	01	Newham Athletics Network	sky

Heat	Final	Performance	Points
1:22.6	0.0	1:22.6	70.0
1:27.2	0.0	1:27.2	60.0

Results Sheet

2 Lap Race

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	Newham Athletics Network	sky	56
2	South London Athletics Network	green	52

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	4	Aysha Bentic	23.3	30
2	South London Athletics Network	green	42	Lohita Allen-Aigbodio	23.8	28
3	Newham Athletics Network	sky	7	Pennelope Richards	24.0	26
4	South London Athletics Network	green	50	Lisa Lyama	24.1	24

Results Sheet

4 Lap Race

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1=	Newham Athletics Network	sky	54
1=	South London Athletics Network	green	54

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	11	Jasmin Hedman	50.6	30
2	South London Athletics Network	green	43	Kassa Sealey	52.0	28
3	South London Athletics Network	green	41	Marcella Cato	52.6	26
4	Newham Athletics Network	sky	1	Deja Ademi	52.6	24

Results Sheet

6 Lap Time Trial

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	Newham Athletics Network	sky	58
2	South London Athletics Network	green	50

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	6	Kishma Jimmie	1:28.7	30
2	Newham Athletics Network	sky	3	Chane Harris	1:30.9	28
3	South London Athletics Network	green	40	Mika Keen	1:32.8	26
4	South London Athletics Network	green	46	Nancy Powell	1:33.5	24

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	South London Athletics Network	green	1:46.6	0.0	1:46.6	70.0
2	01	Newham Athletics Network	sky	1:51.7	0.0	1:51.7	60.0

Results Sheet

4 x 1 Lap Relay

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Code	Team	Colour
1	02	South London Athletics Network	green
2	01	Newham Athletics Network	sky

Heat	Final	Performance	Points
50.5	0.0	50.5	70.0
53.0	0.0	53.0	60.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Newham Athletics Network	sky	1:37.4	0.0	1:37.4	70.0
2	02	South London Athletics Network	green	1:45.0	0.0	1:45.0	60.0

Results Sheet

High Jump

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	Newham Athletics Network	sky	56
2	South London Athletics Network	green	52

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	11	Jasmin Hedman	1.30	30
2	South London Athletics Network	green	39	Holly Clark	1.25	28
3	Newham Athletics Network	sky	9	Ashley Kossa	1.20	26
4	South London Athletics Network	green	46	Nancy Powell	1.15	24

Results Sheet

Shot

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	Newham Athletics Network	sky	58
2	South London Athletics Network	green	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	4	Aysha Bentic	8.84	30
2	Newham Athletics Network	sky	7	Pennelope Richards	7.53	28
3	South London Athletics Network	green	41	Marcella Cato	6.63	26

Results Sheet

Speed Bounce

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	Newham Athletics Network	sky	56
2	South London Athletics Network	green	52

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Newham Athletics Network	sky	8	Ingerta Dafku	71	30
2	South London Athletics Network	green	44	Denisha Marshall	65	28
3	Newham Athletics Network	sky	10	Racheal Shodeinde	62	26
4	South London Athletics Network	green	49	Kelsey Trelch	51	24

Results Sheet

Standing Long Jump

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	Newham Athletics Network	sky	56
2	South London Athletics Network	green	52

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	3	Chane Harris	1.96	30
2	South London Athletics Network	green	48	Noka Dosso	1.90	28
3	Newham Athletics Network	sky	2	Gabrielle Ngoo	1.44	26
4	South London Athletics Network	green	47	Chanel Chrisite	1.28	24

Results Sheet

Standing Triple Jump

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	Newham Athletics Network	sky	30
2	South London Athletics Network	green	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	1	Deja Ademi	6.00	30
2	South London Athletics Network	green	45	Tallulah Atkin	5.80	28

Results Sheet

Vertical Jump

Competition:

ASHA-London Regional Final Under 13 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	Points
1	South London Athletics Network	green	56
2	Newham Athletics Network	sky	52

Ranking	Team	Colour	BibNo	Name	Best	Points
1	South London Athletics Network	green	43	Kassa Sealey	53	30
2	Newham Athletics Network	sky	6	Kishma Jimmie	48	28
3	South London Athletics Network	green	42	Lohita Allen-Aigbodio	44	26
4	Newham Athletics Network	sky	5	Luba Musa-Eiggie	42	24