

Competition Results

Competition:

ASHA-London Regional Final Under 15 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Score	Individual	P8	4x2
1	South London Athletics Network	691	561	60	70
2	Newham Athletics Network	685	555	70	60

Athlete Results

Competition:

ASHA-London Regional Final Under 15 Girls

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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	30	Ola Adeyemi	Newham Athletics Networ	148		50		50	48	
2	63	Rhianna Madden-Hansle	South London Athletics	144	46		48		50	
3	64	Francesca McLymont	South London Athletics	141	50		42			49
4	65	Samantha Soloman	South London Athletics	140		48		48		44
5	25	Amezeh Efejuku	Newham Athletics Networ	139	44			46		49
6=	27	Joy Adebanjo	Newham Athletics Networ	136	48		45		43	
6=	66	Chanel Christie	South London Athletics	136		46		44	46	
8	26	Lois Zac-Williams	Newham Athletics Networ	132		40	50			42
9	68	Kayane Cornwall	South London Athletics	130	42		45		43	
10	28	Trinity St Lewis	Newham Athletics Networ	124		44		40	40	
11	29	Moesha Hedman	Newham Athletics Networ	86	40					46
12	69	Mawa Diaby	South London Athletics	84		42		42		
13	67	Lizzie Hay	South London Athletics	0						

Team Results

Newham Athletics Network (sky)

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1	South London Athletics Network	691	561	60	70
2	Newham Athletics Network	685	555	70	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Amezeh Efejuku	2LR	23.9				23.9	4	44
25	Amezeh Efejuku	SB	63				63	3	46
25	Amezeh Efejuku	VJ	59	63	61		63	1=	49
26	Lois Zac-Williams	4LR	1:00.3				1:00.3	6	40
26	Lois Zac-Williams	S	6.94	7.25	7.07		7.25	1	50
26	Lois Zac-Williams	VJ	39	40	39		40	5	42
27	Joy Adebajo	2LR	23.7				23.7	2	48
27	Joy Adebajo	S	6.01	6.13	6.50		6.50	3=	45
27	Joy Adebajo	SLJ	1.70	1.76	2.06		2.06	4=	43
28	Trinity St Lewis	4LR	56.4				56.4	4	44
28	Trinity St Lewis	SB	51				51	6	40
28	Trinity St Lewis	SLJ	1.76	1.92	1.98		1.98	6	40
29	Moesha Hedman	2LR	27.9				27.9	6	40
29	Moesha Hedman	S	0.00	0.00	0.00		0.00		
29	Moesha Hedman	VJ	41	49	53		53	3	46
30	Ola Adeyemi	4LR	50.6				50.6	1	50
30	Ola Adeyemi	SB	74				74	1	50
30	Ola Adeyemi	SLJ	2.14	0.00	0.00		2.14	2	48

Team Results

South London Athletics Network (green)

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1	South London Athletics Network	691	561	60	70
2	Newham Athletics Network	685	555	70	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
63	Rhianna Madden-Hansle	2LR	23.7				23.7	3	46
63	Rhianna Madden-Hansle	S	6.53	6.89	6.96		6.96	2	48
63	Rhianna Madden-Hansle	SLJ	2.04	2.16	2.18		2.18	1	50
64	Francesca McLymont	2LR	23.3				23.3	1	50
64	Francesca McLymont	S	4.90	0.00	5.67		5.67	5	42
64	Francesca McLymont	VJ	58	57	63		63	1=	49
65	Samantha Soloman	4LR	51.7				51.7	2	48
65	Samantha Soloman	SB	68				68	2	48
65	Samantha Soloman	VJ	49	47	50		50	4	44
66	Chanel Christie	4LR	54.9				54.9	3	46
66	Chanel Christie	SB	62				62	4	44
66	Chanel Christie	SLJ	1.55	1.96	2.12		2.12	3	46
68	Kayane Cornwall	2LR	24.1				24.1	5	42
68	Kayane Cornwall	S	6.50	6.11	6.23		6.50	3=	45
68	Kayane Cornwall	SLJ	2.04	2.02	2.06		2.06	4=	43
69	Mawa Diaby	4LR	59.0				59.0	5	42
69	Mawa Diaby	SB	54				54	5	42

Results Sheet

2 Lap Race

Competition:

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	South London Athletics Network	green	64	Francesca McLymont	23.3	50
2	Newham Athletics Network	sky	27	Joy Adebajo	23.7	48
3	South London Athletics Network	green	63	Rhianna Madden-Hansle	23.7	46
4	Newham Athletics Network	sky	25	Amezeh Efejuku	23.9	44
5	South London Athletics Network	green	68	Kayane Cornwall	24.1	42
6	Newham Athletics Network	sky	29	Moesha Hedman	27.9	40

Results Sheet

4 Lap Race

Competition:

ASHA-London Regional Final Under 15 Girls

Venue:

Crystal Palace National Sports Centre

Date

12 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	30	Ola Adeyemi	50.6	50
2	South London Athletics Network	green	65	Samantha Soloman	51.7	48
3	South London Athletics Network	green	66	Chanel Christie	54.9	46
4	Newham Athletics Network	sky	28	Trinity St Lewis	56.4	44
5	South London Athletics Network	green	69	Mawa Diaby	59.0	42
6	Newham Athletics Network	sky	26	Lois Zac-Williams	1:00.3	40

Results Sheet

8 Lap Paarlauf

Competition:

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Newham Athletics Network	sky	1:47.1	0.0	1:47.1	70.0
2	02	South London Athletics Network	green	1:51.1	0.0	1:51.1	60.0

Results Sheet

4 x 2 Lap Relay

Competition:

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12 Feb 2011

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	South London Athletics Network	green	1:34.2	0.0	1:34.2	70.0
2	01	Newham Athletics Network	sky	1:40.1	0.0	1:40.1	60.0

Results Sheet

Shot

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Newham Athletics Network	sky	26	Lois Zac-Williams	7.25	50
2	South London Athletics Network	green	63	Rhianna Madden-Hansle	6.96	48
3=	Newham Athletics Network	sky	27	Joy Adebanjo	6.50	45
3=	South London Athletics Network	green	68	Kayane Cornwall	6.50	45
5	South London Athletics Network	green	64	Francesca McLymont	5.67	42
	Newham Athletics Network	sky	29	Moesha Hedman	0.00	0

Results Sheet

Speed Bounce

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Ranking	Team	Colour	BibNo	Name	Total	Points
1	Newham Athletics Network	sky	30	Ola Adeyemi	74	50
2	South London Athletics Network	green	65	Samantha Soloman	68	48
3	Newham Athletics Network	sky	25	Amezeh Efejuku	63	46
4	South London Athletics Network	green	66	Chanel Christie	62	44
5	South London Athletics Network	green	69	Mawa Diaby	54	42
6	Newham Athletics Network	sky	28	Trinity St Lewis	51	40

Results Sheet

Standing Long Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	South London Athletics Network	green	63	Rhianna Madden-Hansle	2.18	50
2	Newham Athletics Network	sky	30	Ola Adeyemi	2.14	48
3	South London Athletics Network	green	66	Chanel Christie	2.12	46
4=	Newham Athletics Network	sky	27	Joy Adebajo	2.06	43
4=	South London Athletics Network	green	68	Kayane Cornwall	2.06	43
6	Newham Athletics Network	sky	28	Trinity St Lewis	1.98	40

Results Sheet

Vertical Jump

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12 Feb 2011

Ranking	Team	Colour	BibNo	Name	Best	Points
1=	Newham Athletics Network	sky	25	Amezeh Efejuku	63	49
1=	South London Athletics Network	green	64	Francesca McLymont	63	49
3	Newham Athletics Network	sky	29	Moesha Hedman	53	46
4	South London Athletics Network	green	65	Samantha Soloman	50	44
5	Newham Athletics Network	sky	26	Lois Zac-Williams	40	42