



Aviva Sportshall UK Championships

Regional Finals 2010

East Midlands Regional Final
The Meres Leisure Centre, Grantham
Sunday 31 January 2010

Derbyshire	yellow
Leicestershire & Rutland	purple
Lincolnshire	sky
Northamptonshire	green
Nottinghamshire	orange

Competition Results

Competition:
ASHA-East Midlands Regional Final Under 13 Boys

Venue:
The Meres Leisure Centre, Grantham

Date
31 Jan 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	yellow	698	70	40	70	70	56	44	48	30	50	54	58	56	52
2	Lincolnshire	sky	620	40	70	40	60	38	50	52	46	50	54	40	44	36
3	Nottinghamshire	orange	610	50	60	60	40	46	46	42	46	50	36	46	40	48
4	Leicestershire & Rutland	purple	576	60	50	50	50	44	44	26	46	34	40	40	44	48

Team Results

Derbyshire (yellow)

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	yellow	698	70	40	70	70	56	44	48	30	50	54	58	56	52
2	Lincolnshire	sky	620	40	70	40	60	38	50	52	46	50	54	40	44	36
3	Nottinghamshire	orange	610	50	60	60	40	46	46	42	46	50	36	46	40	48
4	Leicestershire & Rutland	purple	576	60	50	50	50	44	44	26	46	34	40	40	44	48

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
	1	Jethro McGraw	6LR	1:20.1				1:20.1	1	30
	1	Jethro McGraw	SB	69				69	3	26
	2	George Coutts	2LR	24.4	24.6			24.6	3	26
	2	George Coutts	STJ	5.67	5.60	5.62	5.61	5.67	3	26
	3	Jordan Thompson	SLJ	2.33	2.33	2.29	2.27	2.33	1	30
	4	Jack Allen	2LR	24.2	23.9			23.9	1	30
	4	Jack Allen	S	0.00	6.52	6.33	7.26	7.26	3	26
	5	Tom Slack	VJ	43	43	42	45	45	4	24
	6	Rory McColgan	STJ	0.00	6.45	6.47	6.24	6.47	1	30
	7	Joe Patton	4LR	55.0	55.9			55.9	4	24
	7	Joe Patton	S	6.71	6.98	6.78	7.18	7.18	4	24
	9	Ben Michell	HJ	1.38				1.38	1	30
	10	Anthony Colder	VJ	49	47	49	49	49	2	28
	11	Theo Stuart	6LR	1:33.3				1:33.3	7	18
	11	Theo Stuart	SLJ	2.00	2.07	2.13	1.75	2.13	2	28
	12	Thomas Lodge	4LR	55.2	0.0			55.2	6	20
	12	Thomas Lodge	SB	72				72	2	28

Team Results

Leicestershire & Rutland (purple)

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	yellow	698	70	40	70	70	56	44	48	30	50	54	58	56	52
2	Lincolnshire	sky	620	40	70	40	60	38	50	52	46	50	54	40	44	36
3	Nottinghamshire	orange	610	50	60	60	40	46	46	42	46	50	36	46	40	48
4	Leicestershire & Rutland	purple	576	60	50	50	50	44	44	26	46	34	40	40	44	48

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Nathan Lewis	2LR	25.4	0.0			25.4	6	20
13	Nathan Lewis	HJ	1.30				1.30	4	24
14	Joe Burke	6LR	1:23.8				1:23.8	3	26
14	Joe Burke	VJ	48	47	47	47	48	3	26
15	Levi Neilson-Gatenby	STJ	5.12	5.11	4.78	5.22	5.22	6	20
16	Luke Jane	6LR	0.0				0.0		
16	Luke Jane	HJ	1.30				1.30	5	22
17	Brian Watson	2LR	25.1	24.7			24.7	4	24
17	Brian Watson	STJ	0.00	0.00	5.65	0.00	5.65	4	24
18	William Lord	SB	62				62	5	22
19	Ewan Corley	VJ	40	35	39	37	40	5	22
20	Joseph Earl	4LR	53.9	55.1			55.1	3	26
20	Joseph Earl	S	6.13	6.24	6.46	5.80	6.46	7	18
21	K-Ryan Hinds	S	5.38	4.38	5.32	5.12	5.38	8	16
22	Reece Paling	4LR	55.5	0.0			55.5	7	18
22	Reece Paling	SLJ	1.83	1.79	1.83	1.87	1.87	7	18
23	Adam Smith	SLJ	1.95	1.97	1.93	1.95	1.97	5	22
24	Vincent Stiles	SB	58				58	7	18

Team Results

Lincolnshire (sky)

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	yellow	698	70	40	70	70	56	44	48	30	50	54	58	56	52
2	Lincolnshire	sky	620	40	70	40	60	38	50	52	46	50	54	40	44	36
3	Nottinghamshire	orange	610	50	60	60	40	46	46	42	46	50	36	46	40	48
4	Leicestershire & Rutland	purple	576	60	50	50	50	44	44	26	46	34	40	40	44	48

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Declan Young	2LR	25.9	0.0			25.9	8	16
25	Declan Young	SLJ	1.85	1.88	1.87	1.99	1.99	4	24
26	Andrew Nicholas	SB	68				68	4	24
27	Elliot Asbrey	4LR	53.7	55.0			55.0	2	28
27	Elliot Asbrey	STJ	5.53	5.54	5.55	5.68	5.68	2	28
28	Ben Ellis	HJ	1.15				1.15	7	18
29	Joshua Brown	6LR	1:21.5				1:21.5	2	28
29	Joshua Brown	S	8.91	8.14	8.68	8.57	8.91	1	30
30	Thomas Vamplew	SLJ	0.00	1.17	1.25	1.33	1.33	8	16
31	Luke McLeod	STJ	4.17	4.23	0.00	4.04	4.23	8	16
32	Daniel Runacres	2LR	25.0	24.9			24.9	5	22
32	Daniel Runacres	HJ	1.38				1.38	2	28
33	Jack McCallam	6LR	1:26.3				1:26.3	4	24
33	Jack McCallam	SB	75				75	1	30
34	Toby Flint	VJ	30	24	28	29	30	8	16
35	Zac McDonnell Woods	S	6.53	0.00	5.84	0.00	6.53	6	20
36	Jake Hornby	4LR	55.1	56.0			56.0	5	22
36	Jake Hornby	VJ	33	36	37	37	37	6	20

Team Results

Nottinghamshire (orange)

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Derbyshire	yellow	698	70	40	70	70	56	44	48	30	50	54	58	56	52
2	Lincolnshire	sky	620	40	70	40	60	38	50	52	46	50	54	40	44	36
3	Nottinghamshire	orange	610	50	60	60	40	46	46	42	46	50	36	46	40	48
4	Leicestershire & Rutland	purple	576	60	50	50	50	44	44	26	46	34	40	40	44	48

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Nicky Carter	2LR	23.8	24.4			24.4	2	28
49	Nicky Carter	HJ	1.30				1.30	3	26
50	Henry Ellis	SLJ	2.02	1.99	1.99	1.84	2.02	3	26
51	Brett Garratt	4LR	53.2	54.1			54.1	1	30
51	Brett Garratt	SLJ	1.84	1.79	1.94	1.87	1.94	6	20
52	Ben Twible	2LR	25.7	0.0			25.7	7	18
52	Ben Twible	VJ	47	49	47	50	50	1	30
53	Liam Machin	SB	59				59	6	20
54	Edward Booth	4LR	57.6	0.0			57.6	8	16
54	Edward Booth	VJ	35	35	35	34	35	7	18
55	Peter Mumford	6LR	1:29.2				1:29.2	5	22
55	Peter Mumford	STJ	4.69	4.50	4.80	4.56	4.80	7	18
56	Sam Brown	S	8.02	8.57	7.98	8.03	8.57	2	28
57	Daniel Appleby	6LR	1:32.2				1:32.2	6	20
57	Daniel Appleby	STJ	5.32	4.98	0.00	5.05	5.32	5	22
58	Joshua Ilyk	HJ	1.25				1.25	6	20
59	Matthew Allcock	S	6.26	6.68	6.14	6.67	6.68	5	22
60	Robert Palmer	SB	49				49	8	16

Results Sheet

Obstacle Relay

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	yellow	1:21.2	0.0	1:21.2	70.0
2	02	Leicestershire & Rutland	purple	1:26.1	0.0	1:26.1	60.0
3	05	Nottinghamshire	orange	1:26.5	0.0	1:26.5	50.0
4	03	Lincolnshire	sky	1:36.1	0.0	1:36.1	40.0

Results Sheet

2 Lap Race

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1	Derbyshire	yellow	56
2	Nottinghamshire	orange	46
3	Leicestershire & Rutland	purple	44
4	Lincolnshire	sky	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	yellow	4	Jack Allen	23.9	30
2	Nottinghamshire	orange	49	Nicky Carter	24.4	28
3	Derbyshire	yellow	2	George Coutts	24.6	26
4	Leicestershire & Rutland	purple	17	Brian Watson	24.7	24
5	Lincolnshire	sky	32	Daniel Runacres	24.9	22
6	Leicestershire & Rutland	purple	13	Nathan Lewis	25.4	20
7	Nottinghamshire	orange	52	Ben Twible	25.7	18
8	Lincolnshire	sky	25	Declan Young	25.9	16

Results Sheet

4 Lap Race

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1	Lincolnshire	sky	50
2	Nottinghamshire	orange	46
3=	Derbyshire	yellow	44
3=	Leicestershire & Rutland	purple	44

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Nottinghamshire	orange	51	Brett Garratt	54.1	30
2	Lincolnshire	sky	27	Elliot Asbrey	55.0	28
3	Leicestershire & Rutland	purple	20	Joseph Earl	55.1	26
4	Derbyshire	yellow	7	Joe Patton	55.9	24
5	Lincolnshire	sky	36	Jake Hornby	56.0	22
6	Derbyshire	yellow	12	Thomas Lodge	55.2	20
7	Leicestershire & Rutland	purple	22	Reece Paling	55.5	18
8	Nottinghamshire	orange	54	Edward Booth	57.6	16

Results Sheet

6 Lap Time Trial

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1	Lincolnshire	sky	52
2	Derbyshire	yellow	48
3	Nottinghamshire	orange	42
4	Leicestershire & Rutland	purple	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	yellow	1	Jethro McGraw	1:20.1	30
2	Lincolnshire	sky	29	Joshua Brown	1:21.5	28
3	Leicestershire & Rutland	purple	14	Joe Burke	1:23.8	26
4	Lincolnshire	sky	33	Jack McCallam	1:26.3	24
5	Nottinghamshire	orange	55	Peter Mumford	1:29.2	22
6	Nottinghamshire	orange	57	Daniel Appleby	1:32.2	20
7	Derbyshire	yellow	11	Theo Stuart	1:33.3	18
	Leicestershire & Rutland	purple	16	Luke Jane	0.0	0

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Lincolnshire	sky	1:45.3	0.0	1:45.3	70.0
2	05	Nottinghamshire	orange	1:50.0	0.0	1:50.0	60.0
3	02	Leicestershire & Rutland	purple	1:52.8	0.0	1:52.8	50.0
4	01	Derbyshire	yellow	1:56.4	0.0	1:56.4	40.0

Results Sheet

4 x 1 Lap Relay

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Code	Team	Colour
1	01	Derbyshire	yellow
2	05	Nottinghamshire	orange
3	02	Leicestershire & Rutland	purple
4	03	Lincolnshire	sky

Heat	Final	Performance	Points
50.5	0.0	50.5	70.0
51.3	0.0	51.3	60.0
51.9	0.0	51.9	50.0
57.1	0.0	57.1	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	yellow	1:39.1	0.0	1:39.1	70.0
2	03	Lincolnshire	sky	1:42.5	0.0	1:42.5	60.0
3	02	Leicestershire & Rutland	purple	1:43.0	0.0	1:43.0	50.0
4	05	Nottinghamshire	orange	1:44.9	0.0	1:44.9	40.0

Results Sheet

High Jump

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1=	Leicestershire & Rutland	purple	46
1=	Lincolnshire	sky	46
1=	Nottinghamshire	orange	46
4	Derbyshire	yellow	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	yellow	9	Ben Michell	1.38	30
2	Lincolnshire	sky	32	Daniel Runacres	1.38	28
3	Nottinghamshire	orange	49	Nicky Carter	1.30	26
4	Leicestershire & Rutland	purple	13	Nathan Lewis	1.30	24
5	Leicestershire & Rutland	purple	16	Luke Jane	1.30	22
6	Nottinghamshire	orange	58	Joshua Ilyk	1.25	20
7	Lincolnshire	sky	28	Ben Ellis	1.15	18

Results Sheet

Shot

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1=	Derbyshire	yellow	50
1=	Lincolnshire	sky	50
1=	Nottinghamshire	orange	50
4	Leicestershire & Rutland	purple	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Lincolnshire	sky	29	Joshua Brown	8.91	30
2	Nottinghamshire	orange	56	Sam Brown	8.57	28
3	Derbyshire	yellow	4	Jack Allen	7.26	26
4	Derbyshire	yellow	7	Joe Patton	7.18	24
5	Nottinghamshire	orange	59	Matthew Allcock	6.68	22
6	Lincolnshire	sky	35	Zac McDonnell Woods	6.53	20
7	Leicestershire & Rutland	purple	20	Joseph Earl	6.46	18
8	Leicestershire & Rutland	purple	21	K-Ryan Hinds	5.38	16

Results Sheet

Speed Bounce

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1=	Derbyshire	yellow	54
1=	Lincolnshire	sky	54
3	Leicestershire & Rutland	purple	40
4	Nottinghamshire	orange	36

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Lincolnshire	sky	33	Jack McCallam	75	30
2	Derbyshire	yellow	12	Thomas Lodge	72	28
3	Derbyshire	yellow	1	Jethro McGraw	69	26
4	Lincolnshire	sky	26	Andrew Nicholas	68	24
5	Leicestershire & Rutland	purple	18	William Lord	62	22
6	Nottinghamshire	orange	53	Liam Machin	59	20
7	Leicestershire & Rutland	purple	24	Vincent Stiles	58	18
8	Nottinghamshire	orange	60	Robert Palmer	49	16

Results Sheet

Standing Long Jump

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1	Derbyshire	yellow	58
2	Nottinghamshire	orange	46
3=	Leicestershire & Rutland	purple	40
3=	Lincolnshire	sky	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	yellow	3	Jordan Thompson	2.33	30
2	Derbyshire	yellow	11	Theo Stuart	2.13	28
3	Nottinghamshire	orange	50	Henry Ellis	2.02	26
4	Lincolnshire	sky	25	Declan Young	1.99	24
5	Leicestershire & Rutland	purple	23	Adam Smith	1.97	22
6	Nottinghamshire	orange	51	Brett Garratt	1.94	20
7	Leicestershire & Rutland	purple	22	Reece Paling	1.87	18
8	Lincolnshire	sky	30	Thomas Vamplew	1.33	16

Results Sheet

Standing Triple Jump

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1	Derbyshire	yellow	56
2=	Leicestershire & Rutland	purple	44
2=	Lincolnshire	sky	44
4	Nottinghamshire	orange	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	yellow	6	Rory McColgan	6.47	30
2	Lincolnshire	sky	27	Elliot Asbrey	5.68	28
3	Derbyshire	yellow	2	George Coutts	5.67	26
4	Leicestershire & Rutland	purple	17	Brian Watson	5.65	24
5	Nottinghamshire	orange	57	Daniel Appleby	5.32	22
6	Leicestershire & Rutland	purple	15	Levi Neilson-Gatenby	5.22	20
7	Nottinghamshire	orange	55	Peter Mumford	4.80	18
8	Lincolnshire	sky	31	Luke McLeod	4.23	16

Results Sheet

Vertical Jump

Competition:

ASHA-East Midlands Regional Final Under 13 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	Points
1	Derbyshire	yellow	52
2=	Leicestershire & Rutland	purple	48
2=	Nottinghamshire	orange	48
4	Lincolnshire	sky	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Nottinghamshire	orange	52	Ben Twible	50	30
2	Derbyshire	yellow	10	Anthony Colder	49	28
3	Leicestershire & Rutland	purple	14	Joe Burke	48	26
4	Derbyshire	yellow	5	Tom Slack	45	24
5	Leicestershire & Rutland	purple	19	Ewan Corley	40	22
6	Lincolnshire	sky	36	Jake Hornby	37	20
7	Nottinghamshire	orange	54	Edward Booth	35	18
8	Lincolnshire	sky	34	Toby Flint	30	16