



Aviva Sportshall UK Championships

Regional Finals 2010

East Midlands Regional Final
The Meres Leisure Centre, Grantham
Sunday 31 January 2010

Derbyshire	yellow
Leicestershire & Rutland	purple
Lincolnshire	sky
Northamptonshire	green
Nottinghamshire	orange

Competition Results

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Score	Individual	P8	4x2
1	Derbyshire	671	531	70	70
2	Lincolnshire	619	509	50	60
3	Nottinghamshire	597	487	60	50
4	Leicestershire & Rutland	517	437	40	40
5	Northamptonshire	354	324	0	30

Athlete Results

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	STJ
1	63	Tom Bridge	Derbyshire	139	43		50		46	
2	62	Jay Raradza	Derbyshire	134	50			40		44
3	66	Dominic Hare	Derbyshire	133		49		44	40	
4	77	Jac Heanes	Lincolnshire	132		46	36			50
5	80	Sam Johnson	Lincolnshire	131	43			50		38
6=	70	Forrest Francis	Leicestershire & Rutlan	129	39		48			42
6=	89	Matthew Gregg	Nottinghamshire	129		49	30		50	
8	90	Kaylan Francis Stevens	Nottinghamshire	128	36		46			46
9	64	Rory Chambers	Derbyshire	125	48			29		48
10=	61	Will Stockton	Derbyshire	124		42	44		38	
10=	79	Jake Foster	Lincolnshire	124		44	40			40
12	75	Oliver Smith	Lincolnshire	122	46			42	34	
13	78	Joshua Asbrey	Lincolnshire	118		38		36	44	
14	93	Jordan Mitchell	Nottinghamshire	116	30		38		48	
15	91	Peter Carrington	Nottinghamshire	114	33			47		34
16	94	John Jessop	Nottinghamshire	113		36		47		30
17	74	Jason Wong	Leicestershire & Rutlan	105	33			36	36	
18	69	David Williams	Leicestershire & Rutlan	103	39			32		32
19	65	Jack Newton	Derbyshire	102		34	32			36
20	72	Eric Bekyoe	Leicestershire & Rutlan	100		30	42		28	
21	92	Jake Lacey	Nottinghamshire	99		40		29	30	
22	76	Zak Ellis	Lincolnshire	98	28		28		42	
23=	68	Charles Lord	Leicestershire & Rutlan	86		24		36		26
23=	82	Matthew Clarke	Northamptonshire	86	26		34		26	
25	85	Scott McIntyre	Northamptonshire	84		32		24		28
26	83	Rufus Cuthbertson	Northamptonshire	80		22		26	32	
27=	71	Sipho Byron	Leicestershire & Rutlan	74		28	22		24	
27=	84	Sam Branston	Northamptonshire	74		26	24			24
29	86	Matthew Wymant	Northamptonshire	72	24		26			22
30	73	William Jackson	Leicestershire & Rutlan	0						

Team Results

Derbyshire (yellow)

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Score	Individual	P8	4x2
1	Derbyshire	671	531	70	70
2	Lincolnshire	619	509	50	60
3	Nottinghamshire	597	487	60	50
4	Leicestershire & Rutland	517	437	40	40
5	Northamptonshire	354	324	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Will Stockton	4LR	49.9				49.9	5	42
61	Will Stockton	S	9.85	8.63	0.00		9.85	4	44
61	Will Stockton	SLJ	2.25	2.36	2.38		2.38	7	38
62	Jay Raradza	2LR	22.3				22.3	1	50
62	Jay Raradza	SB	74				74	6	40
62	Jay Raradza	STJ	7.45	7.47	7.81		7.81	4	44
63	Tom Bridge	2LR	22.8				22.8	4=	43
63	Tom Bridge	S	14.09	14.58	14.65		14.65	1	50
63	Tom Bridge	SLJ	2.34	2.24	2.49		2.49	3	46
64	Rory Chambers	2LR	22.5				22.5	2	48
64	Rory Chambers	SB	70				70	11=	29
64	Rory Chambers	STJ	7.82	7.77	8.03		8.03	2	48
65	Jack Newton	4LR	51.6				51.6	9	34
65	Jack Newton	S	0.00	9.07	8.37		9.07	10	32
65	Jack Newton	STJ	7.02	6.94	6.61		7.02	8	36
66	Dominic Hare	4LR	47.5				47.5	1=	49
66	Dominic Hare	SB	79				79	4	44
66	Dominic Hare	SLJ	2.39	2.35	1.90		2.39	6	40

Team Results

Leicestershire & Rutland (purple)

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Score	Individual	P8	4x2
1	Derbyshire	671	531	70	70
2	Lincolnshire	619	509	50	60
3	Nottinghamshire	597	487	60	50
4	Leicestershire & Rutland	517	437	40	40
5	Northamptonshire	354	324	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68	Charles Lord	4LR	56.1				56.1	14	24
68	Charles Lord	SB	73				73	7=	36
68	Charles Lord	STJ	5.35	5.35	5.16		5.35	13	26
69	David Williams	2LR	23.1				23.1	6=	39
69	David Williams	SB	72				72	10	32
69	David Williams	STJ	6.59	6.43	6.52		6.59	10	32
70	Forrest Francis	2LR	23.1				23.1	6=	39
70	Forrest Francis	S	13.17	13.16	13.18		13.18	2	48
70	Forrest Francis	STJ	7.29	7.08	0.00		7.29	5	42
71	Sipho Byron	4LR	52.7				52.7	12	28
71	Sipho Byron	S	0.00	0.00	5.54		5.54	15	22
71	Sipho Byron	SLJ	0.00	0.00	1.73		1.73	14	24
72	Eric Bekyoe	4LR	52.3				52.3	11	30
72	Eric Bekyoe	S	8.59	9.83	9.83		9.83	5	42
72	Eric Bekyoe	SLJ	2.00	0.00	0.00		2.00	12	28
74	Jason Wong	2LR	23.6				23.6	9=	33
74	Jason Wong	SB	73				73	7=	36
74	Jason Wong	SLJ	2.23	0.00	2.33		2.33	8	36

Team Results

Lincolnshire (sky)

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Score	Individual	P8	4x2
1	Derbyshire	671	531	70	70
2	Lincolnshire	619	509	50	60
3	Nottinghamshire	597	487	60	50
4	Leicestershire & Rutland	517	437	40	40
5	Northamptonshire	354	324	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Oliver Smith	2LR	22.6				22.6	3	46
75	Oliver Smith	SB	77				77	5	42
75	Oliver Smith	SLJ	2.20	2.29	2.31		2.31	9	34
76	Zak Ellis	2LR	24.7				24.7	12	28
76	Zak Ellis	S	8.23	7.88	8.81		8.81	12	28
76	Zak Ellis	SLJ	2.44	2.37	2.43		2.44	5	42
77	Jac Heanes	4LR	48.4				48.4	3	46
77	Jac Heanes	S	9.07	9.51	9.50		9.51	8	36
77	Jac Heanes	STJ	7.39	7.90	8.12		8.12	1	50
78	Joshua Asbrey	4LR	50.5				50.5	7	38
78	Joshua Asbrey	SB	73				73	7=	36
78	Joshua Asbrey	SLJ	2.39	2.45	2.43		2.45	4	44
79	Jake Foster	4LR	49.4				49.4	4	44
79	Jake Foster	S	8.16	9.45	9.78		9.78	6	40
79	Jake Foster	STJ	0.00	7.24	0.00		7.24	6	40
80	Sam Johnson	2LR	22.8				22.8	4=	43
80	Sam Johnson	SB	81				81	1	50
80	Sam Johnson	STJ	6.83	7.03	6.66		7.03	7	38

Team Results

Northamptonshire (green)

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ASHA-East Midlands Regional Final Under 15 Boys

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The Meres Leisure Centre, Grantham

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31 Jan 2010

Ranking	Team	Score	Individual	P8	4x2
1	Derbyshire	671	531	70	70
2	Lincolnshire	619	509	50	60
3	Nottinghamshire	597	487	60	50
4	Leicestershire & Rutland	517	437	40	40
5	Northamptonshire	354	324	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
82	Matthew Clarke	2LR	24.9				24.9	13	26
82	Matthew Clarke	S	9.14	9.30	8.31		9.30	9	34
82	Matthew Clarke	SLJ	1.81	0.00	0.00		1.81	13	26
83	Rufus Cuthbertson	4LR	56.2				56.2	15	22
83	Rufus Cuthbertson	SB	68				68	13	26
83	Rufus Cuthbertson	SLJ	2.01	1.99	2.05		2.05	10	32
84	Sam Branston	4LR	53.2				53.2	13	26
84	Sam Branston	S	6.01	0.00	0.00		6.01	14	24
84	Sam Branston	STJ	4.85	4.98	5.10		5.10	14	24
85	Scott McIntyre	4LR	51.8				51.8	10	32
85	Scott McIntyre	SB	63				63	14	24
85	Scott McIntyre	STJ	5.51	5.50	5.44		5.51	12	28
86	Matthew Wymant	2LR	30.2				30.2	14	24
86	Matthew Wymant	S	5.32	5.85	6.44		6.44	13	26
86	Matthew Wymant	STJ	4.30	4.29	4.31		4.31	15	22

Team Results

Nottinghamshire (orange)

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Score	Individual	P8	4x2
1	Derbyshire	671	531	70	70
2	Lincolnshire	619	509	50	60
3	Nottinghamshire	597	487	60	50
4	Leicestershire & Rutland	517	437	40	40
5	Northamptonshire	354	324	0	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
89	Matthew Gregg	4LR	47.5				47.5	1=	49
89	Matthew Gregg	S	8.45	8.76	8.90		8.90	11	30
89	Matthew Gregg	SLJ	2.55	2.50	2.45		2.55	1	50
90	Kaylan Francis Stevens	2LR	23.2				23.2	8	36
90	Kaylan Francis Stevens	S	9.89	9.69	9.14		9.89	3	46
90	Kaylan Francis Stevens	STJ	7.45	7.82	7.83		7.83	3	46
91	Peter Carrington	2LR	23.6				23.6	9=	33
91	Peter Carrington	SB	80				80	2=	47
91	Peter Carrington	STJ	6.28	6.63	7.00		7.00	9	34
92	Jake Lacey	4LR	50.1				50.1	6	40
92	Jake Lacey	SB	70				70	11=	29
92	Jake Lacey	SLJ	1.95	1.97	2.01		2.01	11	30
93	Jordan Mitchell	2LR	24.2				24.2	11	30
93	Jordan Mitchell	S	9.15	9.59	8.64		9.59	7	38
93	Jordan Mitchell	SLJ	2.45	2.50	0.00		2.50	2	48
94	John Jessop	4LR	51.2				51.2	8	36
94	John Jessop	SB	80				80	2=	47
94	John Jessop	STJ	5.59	5.88	5.44		5.88	11	30

Results Sheet

2 Lap Race

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	yellow	62	Jay Raradza	22.3	50
2	Derbyshire	yellow	64	Rory Chambers	22.5	48
3	Lincolnshire	sky	75	Oliver Smith	22.6	46
4=	Derbyshire	yellow	63	Tom Bridge	22.8	43
4=	Lincolnshire	sky	80	Sam Johnson	22.8	43
6=	Leicestershire & Rutland	purple	69	David Williams	23.1	39
6=	Leicestershire & Rutland	purple	70	Forrest Francis	23.1	39
8	Nottinghamshire	orange	90	Kaylan Francis Stevens	23.2	36
9=	Leicestershire & Rutland	purple	74	Jason Wong	23.6	33
9=	Nottinghamshire	orange	91	Peter Carrington	23.6	33
11	Nottinghamshire	orange	93	Jordan Mitchell	24.2	30
12	Lincolnshire	sky	76	Zak Ellis	24.7	28
13	Northamptonshire	green	82	Matthew Clarke	24.9	26
14	Northamptonshire	green	86	Matthew Wymant	30.2	24

Results Sheet

4 Lap Race

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1=	Derbyshire	yellow	66	Dominic Hare	47.5	49
1=	Nottinghamshire	orange	89	Matthew Gregg	47.5	49
3	Lincolnshire	sky	77	Jac Heanes	48.4	46
4	Lincolnshire	sky	79	Jake Foster	49.4	44
5	Derbyshire	yellow	61	Will Stockton	49.9	42
6	Nottinghamshire	orange	92	Jake Lacey	50.1	40
7	Lincolnshire	sky	78	Joshua Asbrey	50.5	38
8	Nottinghamshire	orange	94	John Jessop	51.2	36
9	Derbyshire	yellow	65	Jack Newton	51.6	34
10	Northamptonshire	green	85	Scott McIntyre	51.8	32
11	Leicestershire & Rutland	purple	72	Eric Bekyoe	52.3	30
12	Leicestershire & Rutland	purple	71	Sipho Byron	52.7	28
13	Northamptonshire	green	84	Sam Branston	53.2	26
14	Leicestershire & Rutland	purple	68	Charles Lord	56.1	24
15	Northamptonshire	green	83	Rufus Cuthbertson	56.2	22

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	yellow	1:33.5	0.0	1:33.5	70.0
2	05	Nottinghamshire	orange	1:38.5	0.0	1:38.5	60.0
3	03	Lincolnshire	sky	1:43.7	0.0	1:43.7	50.0
4	02	Leicestershire & Rutland	purple	1:47.4	0.0	1:47.4	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	yellow	1:30.2	0.0	1:30.2	70.0
2	03	Lincolnshire	sky	1:30.5	0.0	1:30.5	60.0
3	05	Nottinghamshire	orange	1:32.5	0.0	1:32.5	50.0
4	02	Leicestershire & Rutland	purple	1:35.0	0.0	1:35.0	40.0
5	04	Northamptonshire	green	1:37.0	0.0	1:37.0	30.0

Results Sheet

Shot

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	yellow	63	Tom Bridge	14.65	50
2	Leicestershire & Rutland	purple	70	Forrest Francis	13.18	48
3	Nottinghamshire	orange	90	Kaylan Francis Stevens	9.89	46
4	Derbyshire	yellow	61	Will Stockton	9.85	44
5	Leicestershire & Rutland	purple	72	Eric Bekyoe	9.83	42
6	Lincolnshire	sky	79	Jake Foster	9.78	40
7	Nottinghamshire	orange	93	Jordan Mitchell	9.59	38
8	Lincolnshire	sky	77	Jac Heanes	9.51	36
9	Northamptonshire	green	82	Matthew Clarke	9.30	34
10	Derbyshire	yellow	65	Jack Newton	9.07	32
11	Nottinghamshire	orange	89	Matthew Gregg	8.90	30
12	Lincolnshire	sky	76	Zak Ellis	8.81	28
13	Northamptonshire	green	86	Matthew Wymant	6.44	26
14	Northamptonshire	green	84	Sam Branston	6.01	24
15	Leicestershire & Rutland	purple	71	Sipho Byron	5.54	22

Results Sheet

Speed Bounce

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Lincolnshire	sky	80	Sam Johnson	81	50
2=	Nottinghamshire	orange	91	Peter Carrington	80	47
2=	Nottinghamshire	orange	94	John Jessop	80	47
4	Derbyshire	yellow	66	Dominic Hare	79	44
5	Lincolnshire	sky	75	Oliver Smith	77	42
6	Derbyshire	yellow	62	Jay Raradza	74	40
7=	Leicestershire & Rutland	purple	68	Charles Lord	73	36
7=	Leicestershire & Rutland	purple	74	Jason Wong	73	36
7=	Lincolnshire	sky	78	Joshua Asbrey	73	36
10	Leicestershire & Rutland	purple	69	David Williams	72	32
11=	Derbyshire	yellow	64	Rory Chambers	70	29
11=	Nottinghamshire	orange	92	Jake Lacey	70	29
13	Northamptonshire	green	83	Rufus Cuthbertson	68	26
14	Northamptonshire	green	85	Scott McIntyre	63	24

Results Sheet

Standing Long Jump

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

The Meres Leisure Centre, Grantham

Date

31 Jan 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Nottinghamshire	orange	89	Matthew Gregg	2.55	50
2	Nottinghamshire	orange	93	Jordan Mitchell	2.50	48
3	Derbyshire	yellow	63	Tom Bridge	2.49	46
4	Lincolnshire	sky	78	Joshua Asbrey	2.45	44
5	Lincolnshire	sky	76	Zak Ellis	2.44	42
6	Derbyshire	yellow	66	Dominic Hare	2.39	40
7	Derbyshire	yellow	61	Will Stockton	2.38	38
8	Leicestershire & Rutland	purple	74	Jason Wong	2.33	36
9	Lincolnshire	sky	75	Oliver Smith	2.31	34
10	Northamptonshire	green	83	Rufus Cuthbertson	2.05	32
11	Nottinghamshire	orange	92	Jake Lacey	2.01	30
12	Leicestershire & Rutland	purple	72	Eric Bekyoe	2.00	28
13	Northamptonshire	green	82	Matthew Clarke	1.81	26
14	Leicestershire & Rutland	purple	71	Sipho Byron	1.73	24

Results Sheet

Standing Triple Jump

Competition:

ASHA-East Midlands Regional Final Under 15 Boys

Venue:

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Date

31 Jan 2010

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Lincolnshire	sky	77	Jac Heanes	8.12	50
2	Derbyshire	yellow	64	Rory Chambers	8.03	48
3	Nottinghamshire	orange	90	Kaylan Francis Stevens	7.83	46
4	Derbyshire	yellow	62	Jay Raradza	7.81	44
5	Leicestershire & Rutland	purple	70	Forrest Francis	7.29	42
6	Lincolnshire	sky	79	Jake Foster	7.24	40
7	Lincolnshire	sky	80	Sam Johnson	7.03	38
8	Derbyshire	yellow	65	Jack Newton	7.02	36
9	Nottinghamshire	orange	91	Peter Carrington	7.00	34
10	Leicestershire & Rutland	purple	69	David Williams	6.59	32
11	Nottinghamshire	orange	94	John Jessop	5.88	30
12	Northamptonshire	green	85	Scott McIntyre	5.51	28
13	Leicestershire & Rutland	purple	68	Charles Lord	5.35	26
14	Northamptonshire	green	84	Sam Branston	5.10	24
15	Northamptonshire	green	86	Matthew Wymant	4.31	22