

Aviva Sportshall UK Championships

East Regional Final
Sportspark, University of East Anglia, Norwich
Saturday 14 February 2009

Bedfordshire
Cambridgeshire
Hertfordshire
Norfolk
Suffolk

purple
red
green
orange
grey



2009 Regional Finals

uk:athletics 


AVIVA

Competition Results

Competition:
ASHA-East Regional Final Under 13 Boys

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	659	70	70	60	40	52	40	54	38	50	57	36	40	52
2	Cambridgeshire	red	631	50	50	50	50	56	54	36	44	50	39	50	58	44
3	Hertfordshire	green	629	60	60	70	60	38	46	38	48	30	27	50	48	54
4	Bedfordshire	purple	324	0	0	0	70	38	28	48	27	0	45	30	38	0
5	Suffolk	grey	225	40	0	0	0	14	16	34	27	0	30	32	14	18

Team Results

Bedfordshire (purple)

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	659	70	70	60	40	52	40	54	38	50	57	36	40	52
2	Cambridgeshire	red	631	50	50	50	50	56	54	36	44	50	39	50	58	44
3	Hertfordshire	green	629	60	60	70	60	38	46	38	48	30	27	50	48	54
4	Bedfordshire	purple	324	0	0	0	70	38	28	48	27	0	45	30	38	0
5	Suffolk	grey	225	40	0	0	0	14	16	34	27	0	30	32	14	18

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Kieran Brasier	6LR	1:24.6				1:24.6	1	30
1	Kieran Brasier	STJ	5.92	6.16	0.00	0.00	6.16	7	18
2	Billy Lannon	2LR	25.0	25.4			25.4	5	22
2	Billy Lannon	HJ	1.35				1.35	2=	27
3	Kieran Barton	SB	76				76	5=	21
4	Jamie Black	4LR	52.5	51.8			51.8	2	28
4	Jamie Black	SLJ	2.30	2.30	2.35	2.30	2.35	1	30
5	Tom Green	2LR	26.0	0.0			26.0	8	16
5	Tom Green	STJ	6.08	6.02	6.06	6.16	6.16	6	20
6	Luke Burkett	6LR	1:34.9				1:34.9	7	18
6	Luke Burkett	SB	77				77	4	24

Team Results

Cambridgeshire (red)

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	659	70	70	60	40	52	40	54	38	50	57	36	40	52
2	Cambridgeshire	red	631	50	50	50	50	56	54	36	44	50	39	50	58	44
3	Hertfordshire	green	629	60	60	70	60	38	46	38	48	30	27	50	48	54
4	Bedfordshire	purple	324	0	0	0	70	38	28	48	27	0	45	30	38	0
5	Suffolk	grey	225	40	0	0	0	14	16	34	27	0	30	32	14	18

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	George Seach	SB	76				76	5=	21
14	Sam Harvey	6LR	1:32.9				1:32.9	6	20
14	Sam Harvey	STJ	6.44	6.52	6.62	6.58	6.62	2	28
15	Jake Temple	2LR	24.3	24.4			24.4	1	30
15	Jake Temple	S	0.00	7.70	8.03	0.00	8.03	2	28
16	Jake Berney	4LR	48.9	49.0			49.0	1	30
16	Jake Berney	STJ	0.00	0.00	7.56	7.90	7.90	1	30
17	Tom Hawkins	4LR	54.5	54.7			54.7	4	24
17	Tom Hawkins	VJ	46	46	44	0	46	4	24
18	William Blackwell	HJ	1.30				1.30	6	20
19	Dennis Penny-Toure	SLJ	2.11	2.11	2.03	2.11	2.11	4	24
20	William Cox	S	6.67	6.35	6.97	0.00	6.97	5	22
21	Joe Biggs	HJ	1.30				1.30	4	24
22	Joseph Ebanks	2LR	24.7	24.8			24.8	3	26
22	Joseph Ebanks	SLJ	2.21	2.14	2.10	1.85	2.21	3	26
23	Ben McKeown-Tofts	SB	68				68	7	18
23	Ben McKeown-Tofts	SLJ	1.83	1.89	1.88	1.88	1.89		
24	Joe McKeown-Toft	6LR	1:35.1				1:35.1	8	16
24	Joe McKeown-Toft	VJ	42	44	45	0	45	6	20

Team Results

Hertfordshire (green)

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	659	70	70	60	40	52	40	54	38	50	57	36	40	52
2	Cambridgeshire	red	631	50	50	50	50	56	54	36	44	50	39	50	58	44
3	Hertfordshire	green	629	60	60	70	60	38	46	38	48	30	27	50	48	54
4	Bedfordshire	purple	324	0	0	0	70	38	28	48	27	0	45	30	38	0
5	Suffolk	grey	225	40	0	0	0	14	16	34	27	0	30	32	14	18

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Evan Cowler	4LR	54.2	54.0			54.0	3	26
25	Evan Cowler	STJ	6.48	6.30	6.38	6.26	6.48	3	26
26	Robbie Lockwood	SB	82				82	2=	27
27	Alex Page	SLJ	2.08	2.00	2.07	2.00	2.08	5	22
28	Daniel Betts	6LR	1:39.0				1:39.0	9	14
28	Daniel Betts	SLJ	2.29	2.27	2.30	2.27	2.30	2	28
29	Alex Zaharia	2LR	25.2	0.0			25.2	6	20
29	Alex Zaharia	S	9.55	10.10	10.06	0.00	10.10	1	30
30	Harry Town	2LR	25.3	0.0			25.3	7	18
30	Harry Town	VJ	54	52	51	0	54	2	28
31	William Ridgeway	6LR	1:29.1				1:29.1	4	24
31	William Ridgeway	HJ	1.45				1.45	1	30
32	Sam Willcocks	HJ	1.25				1.25	7	18
33	Bradley Clark	STJ	6.10	6.22	6.06	6.04	6.22	5	22
34	Jordan Russo	4LR	56.3	0.0			56.3	6	20
34	Jordan Russo	VJ	49	47	47	0	49	3	26

Team Results

Norfolk (orange)

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	659	70	70	60	40	52	40	54	38	50	57	36	40	52
2	Cambridgeshire	red	631	50	50	50	50	56	54	36	44	50	39	50	58	44
3	Hertfordshire	green	629	60	60	70	60	38	46	38	48	30	27	50	48	54
4	Bedfordshire	purple	324	0	0	0	70	38	28	48	27	0	45	30	38	0
5	Suffolk	grey	225	40	0	0	0	14	16	34	27	0	30	32	14	18

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Craig Brooks	2LR	24.7	24.6			24.6	2	28
37	Craig Brooks	VJ	46	44	42	0	46	5	22
38	Marytn Nantongwe	2LR	25.1	25.4			25.4	4	24
38	Marytn Nantongwe	HJ	1.30				1.30	5	22
39	Scott Greaves	6LR	1:26.9				1:26.9	2	28
39	Scott Greaves	STJ	6.22	6.38	6.20	6.00	6.38	4	24
40	Mark Philipson	4LR	55.3	56.9			56.9	5	22
40	Mark Philipson	VJ	62	62	60	0	62	1	30
41	William Gibbs	6LR	1:28.7				1:28.7	3	26
41	William Gibbs	SB	85				85	1	30
42	Jake Shea	4LR	1:01.3	0.0			1:01.3	7	18
42	Jake Shea	S	7.43	7.05	0.00	0.00	7.43	3	26
43	Mathew Bailey	STJ	5.36	5.30	5.36	5.26	5.36	8	16
44	Sam Green	SB	82				82	2=	27
45	Ross Gilbert	HJ	1.20				1.20	8	16
46	Marvin Ashleigh	SLJ	2.06	2.08	2.01	2.05	2.08	6	20
47	William Moore	S	6.90	0.00	7.39	0.00	7.39	4	24
48	Elliott Hurren	SLJ	1.96	1.97	1.98	1.97	1.98	8	16

Team Results

Suffolk (grey)

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	orange	659	70	70	60	40	52	40	54	38	50	57	36	40	52
2	Cambridgeshire	red	631	50	50	50	50	56	54	36	44	50	39	50	58	44
3	Hertfordshire	green	629	60	60	70	60	38	46	38	48	30	27	50	48	54
4	Bedfordshire	purple	324	0	0	0	70	38	28	48	27	0	45	30	38	0
5	Suffolk	grey	225	40	0	0	0	14	16	34	27	0	30	32	14	18

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Tom Ayoola	SLJ	1.86	2.06	1.97	2.00	2.06	7	18
51	Oliver Johns	6LR	1:44.9				1:44.9	10	12
51	Oliver Johns	SB	64				64	8	16
52	Callum Fray	4LR	1:05.0	0.0			1:05.0	8	16
52	Callum Fray	SB	58				58	9	14
53	Callum Woods	SLJ	1.62	1.82	1.69	1.77	1.82	9	14
54	George Dennison	HJ	1.35				1.35	2=	27
55	Sam Bayliss	6LR	1:32.2				1:32.2	5	22
55	Sam Bayliss	VJ	40	39	37	0	40	7	18
56	Mathew Callum	2LR	29.3	0.0			29.3	9	14
56	Mathew Callum	STJ	5.10	5.04	5.06	5.06	5.10	9	14

Results Sheet

Competition:
ASHA-East Regional Final Under 13 Boys

Ranking	Code	Team	Colour
1	04	Norfolk	orange
2	03	Hertfordshire	green
3	02	Cambridgeshire	red
4	05	Suffolk	grey

Obstacle Relay

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Heat	Final	Performance	Points
1:20.1	0.0	1:20.1	70.0
1:21.8	0.0	1:21.8	60.0
1:26.3	0.0	1:26.3	50.0
1:31.0	0.0	1:31.0	40.0

Results Sheet

2 Lap Race

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Cambridgeshire	red	56
2	Norfolk	orange	52
3=	Bedfordshire	purple	38
3=	Hertfordshire	green	38
5	Suffolk	grey	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	red	15	Jake Temple	24.4	30
2	Norfolk	orange	37	Craig Brooks	24.6	28
3	Cambridgeshire	red	22	Joseph Ebanks	24.8	26
4	Norfolk	orange	38	Marytn Nantongwe	25.4	24
5	Bedfordshire	purple	2	Billy Lannon	25.4	22
6	Hertfordshire	green	29	Alex Zaharia	25.2	20
7	Hertfordshire	green	30	Harry Town	25.3	18
8	Bedfordshire	purple	5	Tom Green	26.0	16
9	Suffolk	grey	56	Mathew Callum	29.3	14

Results Sheet

4 Lap Race

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Cambridgeshire	red	54
2	Hertfordshire	green	46
3	Norfolk	orange	40
4	Bedfordshire	purple	28
5	Suffolk	grey	16

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	red	16	Jake Berney	49.0	30
2	Bedfordshire	purple	4	Jamie Black	51.8	28
3	Hertfordshire	green	25	Evan Cowler	54.0	26
4	Cambridgeshire	red	17	Tom Hawkins	54.7	24
5	Norfolk	orange	40	Mark Philipson	56.9	22
6	Hertfordshire	green	34	Jordan Russo	56.3	20
7	Norfolk	orange	42	Jake Shea	1:01.3	18
8	Suffolk	grey	52	Callum Fray	1:05.0	16

Results Sheet

6 Lap Time Trial

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Norfolk	orange	54
2	Bedfordshire	purple	48
3	Hertfordshire	green	38
4	Cambridgeshire	red	36
5	Suffolk	grey	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Bedfordshire	purple	1	Kieran Brasier	1:24.6	30
2	Norfolk	orange	39	Scott Greaves	1:26.9	28
3	Norfolk	orange	41	William Gibbs	1:28.7	26
4	Hertfordshire	green	31	William Ridgeway	1:29.1	24
5	Suffolk	grey	55	Sam Bayliss	1:32.2	22
6	Cambridgeshire	red	14	Sam Harvey	1:32.9	20
7	Bedfordshire	purple	6	Luke Burkett	1:34.9	18
8	Cambridgeshire	red	24	Joe McKeown-Toft	1:35.1	16
9	Hertfordshire	green	28	Daniel Betts	1:39.0	14
10	Suffolk	grey	51	Oliver Johns	1:44.9	12

Results Sheet

8 Lap Paarlauf

Competition:
ASHA-East Regional Final Under 13 Boys

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Code	Team	Colour
1	04	Norfolk	orange
2	03	Hertfordshire	green
3	02	Cambridgeshire	red

Heat	Final	Performance	Points
1:48.2	0.0	1:48.2	70.0
1:52.8	0.0	1:52.8	60.0
1:53.7	0.0	1:53.7	50.0

Results Sheet

4 x 1 Lap Relay

Competition:
ASHA-East Regional Final Under 13 Boys

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	green	51.5	0.0	51.5	70.0
2	04	Norfolk	orange	52.4	0.0	52.4	60.0
3	02	Cambridgeshire	red	54.3	0.0	54.3	50.0

Results Sheet

4 x 2 Lap Relay

Competition:
ASHA-East Regional Final Under 13 Boys

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Bedfordshire	purple	1:40.7	0.0	1:40.7	70.0
2	03	Hertfordshire	green	1:41.2	0.0	1:41.2	60.0
3	02	Cambridgeshire	red	1:41.6	0.0	1:41.6	50.0
4	04	Norfolk	orange	1:53.9	0.0	1:53.9	40.0

Results Sheet

High Jump

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Hertfordshire	green	48
2	Cambridgeshire	red	44
3	Norfolk	orange	38
4=	Bedfordshire	purple	27
4=	Suffolk	grey	27

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	green	31	William Ridgeway	1.45	30
2=	Bedfordshire	purple	2	Billy Lannon	1.35	27
2=	Suffolk	grey	54	George Dennison	1.35	27
4	Cambridgeshire	red	21	Joe Biggs	1.30	24
5	Norfolk	orange	38	Marytn Nantongwe	1.30	22
6	Cambridgeshire	red	18	William Blackwell	1.30	20
7	Hertfordshire	green	32	Sam Willcocks	1.25	18
8	Norfolk	orange	45	Ross Gilbert	1.20	16

Results Sheet

Shot

Competition:
ASHA-East Regional Final Under 13 Boys

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Team	Colour	Points			
	Bedfordshire	purple	0			
	Suffolk	grey	0			
1=	Cambridgeshire	red	50			
1=	Norfolk	orange	50			
3	Hertfordshire	green	30			

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	green	29	Alex Zaharia	10.10	30
2	Cambridgeshire	red	15	Jake Temple	8.03	28
3	Norfolk	orange	42	Jake Shea	7.43	26
4	Norfolk	orange	47	William Moore	7.39	24
5	Cambridgeshire	red	20	William Cox	6.97	22

Results Sheet

Speed Bounce

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Norfolk	orange	57
2	Bedfordshire	purple	45
3	Cambridgeshire	red	39
4	Suffolk	grey	30
5	Hertfordshire	green	27

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	orange	41	William Gibbs	85	30
2=	Hertfordshire	green	26	Robbie Lockwood	82	27
2=	Norfolk	orange	44	Sam Green	82	27
4	Bedfordshire	purple	6	Luke Burkett	77	24
5=	Bedfordshire	purple	3	Kieran Barton	76	21
5=	Cambridgeshire	red	13	George Seach	76	21
7	Cambridgeshire	red	23	Ben McKeown-Tofts	68	18
8	Suffolk	grey	51	Oliver Johns	64	16
9	Suffolk	grey	52	Callum Fray	58	14

Results Sheet

Standing Long Jump

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1=	Cambridgeshire	red	50
1=	Hertfordshire	green	50
3	Norfolk	orange	36
4	Suffolk	grey	32
5	Bedfordshire	purple	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Bedfordshire	purple	4	Jamie Black	2.35	30
2	Hertfordshire	green	28	Daniel Betts	2.30	28
3	Cambridgeshire	red	22	Joseph Ebanks	2.21	26
4	Cambridgeshire	red	19	Dennis Penny-Toure	2.11	24
5	Hertfordshire	green	27	Alex Page	2.08	22
6	Norfolk	orange	46	Marvin Ashleigh	2.08	20
7	Suffolk	grey	49	Tom Ayoola	2.06	18
8	Norfolk	orange	48	Elliott Hurren	1.98	16
9	Suffolk	grey	53	Callum Woods	1.82	14
	Cambridgeshire	red	23	Ben McKeown-Tofts	1.89	0

Results Sheet

Standing Triple Jump

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
1	Cambridgeshire	red	58
2	Hertfordshire	green	48
3	Norfolk	orange	40
4	Bedfordshire	purple	38
5	Suffolk	grey	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	red	16	Jake Berney	7.90	30
2	Cambridgeshire	red	14	Sam Harvey	6.62	28
3	Hertfordshire	green	25	Evan Cowler	6.48	26
4	Norfolk	orange	39	Scott Greaves	6.38	24
5	Hertfordshire	green	33	Bradley Clark	6.22	22
6	Bedfordshire	purple	5	Tom Green	6.16	20
7	Bedfordshire	purple	1	Kieran Brasier	6.16	18
8	Norfolk	orange	43	Mathew Bailey	5.36	16
9	Suffolk	grey	56	Mathew Callum	5.10	14

Results Sheet

Vertical Jump

Competition:

ASHA-East Regional Final Under 13 Boys

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	Points
	Bedfordshire	purple	0
1	Hertfordshire	green	54
2	Norfolk	orange	52
3	Cambridgeshire	red	44
4	Suffolk	grey	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	40	Mark Philipson	62	30
2	Hertfordshire	green	30	Harry Town	54	28
3	Hertfordshire	green	34	Jordan Russo	49	26
4	Cambridgeshire	red	17	Tom Hawkins	46	24
5	Norfolk	orange	37	Craig Brooks	46	22
6	Cambridgeshire	red	24	Joe McKeown-Toft	45	20
7	Suffolk	grey	55	Sam Bayliss	40	18