

 **NORWICH UNION**

sports:hall 

NORWICH UNION sports:hall Under 13 Girls Team Challenge

**East of England Regional
UEA Sportspark, Norwich
Saturday 4 February 2006**

Team Results

**Bedfordshire
Cambridgeshire
Hertfordshire
Norfolk
Suffolk**

Track Results

**Obstacle Relay
2 Lap Race
4 Lap Race
6 Lap Time Trial
8 Lap Paarlauf
4 x 1 Lap Relay
4 x 2 Lap Relay**

Field Results

**High Jump
Shot
Speed Bounce
Standing Long Jump
Standing Triple Jump
Vertical Jump**



For more information go to www.sportshall.org

Competition Results

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	674	50	70	70	70	44	54	48	38	38	48	52	50	42
2	Hertfordshire	red	614	60	60	50	50	42	54	52	26	46	30	50	52	42
3	Bedfordshire	orange	566	70	40	40	40	48	18	50	54	30	28	44	46	58
4	Cambridgeshire	navy	540	40	50	60	60	42	42	34	16	42	44	38	36	36
5	Suffolk	royal	250	30	30	30	0	34	0	14	50	28	0	14	0	20

Team Results

Bedfordshire (orange)

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	674	50	70	70	70	44	54	48	38	38	48	52	50	42
2	Hertfordshire	red	614	60	60	50	50	42	54	52	26	46	30	50	52	42
3	Bedfordshire	orange	566	70	40	40	40	48	18	50	54	30	28	44	46	58
4	Cambridgeshire	navy	540	40	50	60	60	42	42	34	16	42	44	38	36	36
5	Suffolk	royal	250	30	30	30	0	34	0	14	50	28	0	14	0	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Lauren Stewart	2LR	24.3	24.3			24.3	2	28
1	Lauren Stewart	SLJ	2.15	2.09	1.97	1.96	2.15	2	28
2	Emily Midgley	6LR	1:25.6				1:25.6	3	26
2	Emily Midgley	SLJ	1.86	1.77	1.77	1.72	1.86	8	16
3	Karen Vincent	STJ	6.07	6.29	6.48	6.14	6.48	2	28
4	Rachel Gibbs	6LR	1:30.0				1:30.0	4	24
4	Rachel Gibbs	VJ	54	52	56	54	56	1	30
5	Sabina Phillips	S	9.66	9.31	9.55	8.82	9.66	1	30
6	Kelly Johnson	HJ	1.40				1.40	4	24
7	Hannah Frith	HJ	1.45				1.45	1	30
8	Ria Boak	4LR	56.1	0.0			56.1	7	18
8	Ria Boak	VJ	51	49	48	48	51	2	28
9	Danielle Patmore	2LR	25.5	0.0			25.5	6	20
9	Danielle Patmore	STJ	5.40	5.45	5.75	5.59	5.75	7	18
10	Eleanor Duncan	SB	77				77	2	28

Team Results

Cambridgeshire (navy)

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	674	50	70	70	70	44	54	48	38	38	48	52	50	42
2	Hertfordshire	red	614	60	60	50	50	42	54	52	26	46	30	50	52	42
3	Bedfordshire	orange	566	70	40	40	40	48	18	50	54	30	28	44	46	58
4	Cambridgeshire	navy	540	40	50	60	60	42	42	34	16	42	44	38	36	36
5	Suffolk	royal	250	30	30	30	0	34	0	14	50	28	0	14	0	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Lauren Sanmout	S	0.00	8.53	0.00	7.76	8.53	3	26
14	Alice Hewitt	4LR	54.8	0.0			54.8	6	20
14	Alice Hewitt	VJ	45	44	42	43	45	5	22
15	Kerry Waghorn	2LR	25.6	0.0			25.6	7	18
15	Kerry Waghorn	STJ	5.28	5.22	5.34	5.35	5.35	8	16
16	Emma Woodroffe	S	0.00	6.17	6.28	0.00	6.28	8	16
17	Maddy Rhodes	HJ	1.05				1.05	8	16
18	Kailey Crowe	4LR	53.9	55.4			55.4	5	22
18	Kailey Crowe	STJ	5.56	5.74	5.79	5.46	5.79	6	20
19	Laura Arnold	SB	65				65	6	20
20	Hayley Green	6LR	1:36.6				1:36.6	8	16
20	Hayley Green	SLJ	1.88	2.00	1.93	1.94	2.00	7	18
21	Emily Hayden	6LR	1:35.3				1:35.3	7	18
21	Emily Hayden	VJ	0	40	41	38	41	9	14
22	Gemma Bays	2LR	25.0	25.1			25.1	4	24
22	Gemma Bays	SB	68				68	4	24
23	Lucy Redman	SLJ	1.99	2.02	1.98	2.02	2.02	6	20

Team Results

Hertfordshire (red)

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	674	50	70	70	70	44	54	48	38	38	48	52	50	42
2	Hertfordshire	red	614	60	60	50	50	42	54	52	26	46	30	50	52	42
3	Bedfordshire	orange	566	70	40	40	40	48	18	50	54	30	28	44	46	58
4	Cambridgeshire	navy	540	40	50	60	60	42	42	34	16	42	44	38	36	36
5	Suffolk	royal	250	30	30	30	0	34	0	14	50	28	0	14	0	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Jodie Williams	4LR	51.8	51.4			51.4	2	28
25	Jodie Williams	STJ	6.45	6.27	6.35	6.54	6.54	1	30
26	Emily Hatch	6LR	1:24.3				1:24.3	1	30
26	Emily Hatch	VJ	50	48	50	49	50	3	26
27	Chloe Currie	2LR	26.0	0.0			26.0	8	16
27	Chloe Currie	VJ	40	40	41	40	41	8	16
28	Lauren Bundock	2LR	24.4	24.5			24.5	3	26
28	Lauren Bundock	SLJ	2.06	1.99	2.14	2.06	2.14	3	26
29	Jenny Hutchins	4LR	51.8	52.0			52.0	3	26
29	Jenny Hutchins	HJ	1.40				1.40	3	26
30	Sophie Jaggard	6LR	1:30.6				1:30.6	5	22
30	Sophie Jaggard	STJ	5.27	5.48	5.67	5.80	5.80	5	22
31	Amber Clayden	S	0.00	0.00	0.00	7.57	7.57	5	22
33	Stephanie Washbourne	SB	78				78	1	30
34	Julia Bowen	SLJ	2.02	2.03	2.07	2.04	2.07	4	24
35	Millie Lungdren	S	7.37	7.72	7.31	7.28	7.72	4	24

Team Results

Norfolk (green)

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	674	50	70	70	70	44	54	48	38	38	48	52	50	42
2	Hertfordshire	red	614	60	60	50	50	42	54	52	26	46	30	50	52	42
3	Bedfordshire	orange	566	70	40	40	40	48	18	50	54	30	28	44	46	58
4	Cambridgeshire	navy	540	40	50	60	60	42	42	34	16	42	44	38	36	36
5	Suffolk	royal	250	30	30	30	0	34	0	14	50	28	0	14	0	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Leanne Parker	2LR	24.7	24.3			24.3	1	30
37	Leanne Parker	STJ	5.98	5.94	6.04	6.00	6.04	3	26
38	Laura Green	2LR	26.2	0.0			26.2	9	14
38	Laura Green	SB	74				74	3	26
39	Shanice Burch	4LR	50.8	50.9			50.9	1	30
39	Shanice Burch	VJ	47	49	46	42	49	4	24
40	Victoria Williamson	4LR	51.9	53.2			53.2	4	24
40	Victoria Williamson	SLJ	2.06	2.12	2.16	2.21	2.21	1	30
41	Amber Shepherd	6LR	1:30.9				1:30.9	6	20
41	Amber Shepherd	SLJ	2.03	1.99	2.05	1.97	2.05	5	22
42	Tyla Vane	6LR	1:25.4				1:25.4	2	28
42	Tyla Vane	VJ	44	43	42	42	44	7	18
43	Chloe Crisp	HJ	1.30				1.30	6	20
44	Chloe Smith	HJ	1.20				1.20	7	18
45	Megan Rimington	STJ	5.54	5.69	5.89	5.56	5.89	4	24
46	Bethany Demoore	SB	66				66	5	22
47	Megan Thomas	S	6.28	5.96	6.60	5.98	6.60	6	20
48	Chloe Clark	S	6.40	6.15	6.26	6.31	6.40	7	18

Team Results

Suffolk (royal)

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Norfolk	green	674	50	70	70	70	44	54	48	38	38	48	52	50	42
2	Hertfordshire	red	614	60	60	50	50	42	54	52	26	46	30	50	52	42
3	Bedfordshire	orange	566	70	40	40	40	48	18	50	54	30	28	44	46	58
4	Cambridgeshire	navy	540	40	50	60	60	42	42	34	16	42	44	38	36	36
5	Suffolk	royal	250	30	30	30	0	34	0	14	50	28	0	14	0	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
50	Chloe Beeton	6LR	1:39.4				1:39.4	9	14
50	Chloe Beeton	SLJ	1.78	1.55	1.49	1.56	1.78	9	14
51	Hannah Coleman	HJ	1.35				1.35	5	22
52	Sam Miller	2LR	26.9	0.0			26.9	10	12
52	Sam Miller	S	8.63	8.63	8.53	8.63	8.63	2	28
53	Chanel St Clair-Smith	2LR	25.2	25.1			25.1	5	22
53	Chanel St Clair-Smith	VJ	39	45	42	37	45	6	20
54	Lizzy Harrison	HJ	1.45				1.45	2	28

Event Official Results Sheet

Obstacle Relay

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Bedfordshire	orange	1:21.6	0.0	1:21.6	70
2	03	Hertfordshire	red	1:22.0	0.0	1:22.0	60
3	04	Norfolk	green	1:22.9	0.0	1:22.9	50
4	02	Cambridgeshire	navy	1:23.5	0.0	1:23.5	40
5	05	Suffolk	royal	1:24.0	0.0	1:24.0	30

Results Sheet

2 Lap Race

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
1	Bedfordshire	orange	48
2	Norfolk	green	44
3=	Cambridgeshire	navy	42
3=	Hertfordshire	red	42
5	Suffolk	royal	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	37	Leanne Parker	24.3	30
2	Bedfordshire	orange	1	Lauren Stewart	24.3	28
3	Hertfordshire	red	28	Lauren Bundock	24.5	26
4	Cambridgeshire	navy	22	Gemma Bays	25.1	24
5	Suffolk	royal	53	Chanel St Clair-Smith	25.1	22
6	Bedfordshire	orange	9	Danielle Patmore	25.5	20
7	Cambridgeshire	navy	15	Kerry Waghorn	25.6	18
8	Hertfordshire	red	27	Chloe Currie	26.0	16
9	Norfolk	green	38	Laura Green	26.2	14
10	Suffolk	royal	52	Sam Miller	26.9	12

Results Sheet

4 Lap Race

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
	Suffolk	royal	0
1=	Hertfordshire	red	54
1=	Norfolk	green	54
3	Cambridgeshire	navy	42
4	Bedfordshire	orange	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	39	Shanice Burch	50.9	30
2	Hertfordshire	red	25	Jodie Williams	51.4	28
3	Hertfordshire	red	29	Jenny Hutchins	52.0	26
4	Norfolk	green	40	Victoria Williamson	53.2	24
5	Cambridgeshire	navy	18	Kailey Crowe	55.4	22
6	Cambridgeshire	navy	14	Alice Hewitt	54.8	20
7	Bedfordshire	orange	8	Ria Boak	56.1	18

Results Sheet

6 Lap Time Trial

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
1	Hertfordshire	red	52
2	Bedfordshire	orange	50
3	Norfolk	green	48
4	Cambridgeshire	navy	34
5	Suffolk	royal	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	red	26	Emily Hatch	1:24.3	30
2	Norfolk	green	42	Tyla Vane	1:25.4	28
3	Bedfordshire	orange	2	Emily Midgley	1:25.6	26
4	Bedfordshire	orange	4	Rachel Gibbs	1:30.0	24
5	Hertfordshire	red	30	Sophie Jaggard	1:30.6	22
6	Norfolk	green	41	Amber Shepherd	1:30.9	20
7	Cambridgeshire	navy	21	Emily Hayden	1:35.3	18
8	Cambridgeshire	navy	20	Hayley Green	1:36.6	16
9	Suffolk	royal	50	Chloe Beeton	1:39.4	14

Event Official Results Sheet

8 Lap Paarlauf

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	green	1:43.9	0.0	1:43.9	70
2	03	Hertfordshire	red	1:46.3	0.0	1:46.3	60
3	02	Cambridgeshire	navy	1:49.1	0.0	1:49.1	50
4	01	Bedfordshire	orange	1:51.4	0.0	1:51.4	40
5	05	Suffolk	royal	2:09.8	0.0	2:09.8	30

Event Official Results Sheet

4 x 1 Lap Relay

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	green	51.0	0.0	51.0	70
2	02	Cambridgeshire	navy	51.2	0.0	51.2	60
3	03	Hertfordshire	red	51.7	0.0	51.7	50
4	01	Bedfordshire	orange	52.9	0.0	52.9	40
5	05	Suffolk	royal	54.8	0.0	54.8	30

Event Official Results Sheet

4 x 2 Lap Relay

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	green	1:38.9	0.0	1:38.9	70
2	02	Cambridgeshire	navy	1:42.1	0.0	1:42.1	60
3	03	Hertfordshire	red	1:43.1	0.0	1:43.1	50
4	01	Bedfordshire	orange	1:47.8	0.0	1:47.8	40

Results Sheet

High Jump

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
1	Bedfordshire	orange	54
2	Suffolk	royal	50
3	Norfolk	green	38
4	Hertfordshire	red	26
5	Cambridgeshire	navy	16

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Bedfordshire	orange	7	Hannah Frith	1.45	30
2	Suffolk	royal	54	Lizzy Harrison	1.45	28
3	Hertfordshire	red	29	Jenny Hutchins	1.40	26
4	Bedfordshire	orange	6	Kelly Johnson	1.40	24
5	Suffolk	royal	51	Hannah Coleman	1.35	22
6	Norfolk	green	43	Chloe Crisp	1.30	20
7	Norfolk	green	44	Chloe Smith	1.20	18
8	Cambridgeshire	navy	17	Maddy Rhodes	1.05	16

Results Sheet

Shot

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
1	Hertfordshire	red	46
2	Cambridgeshire	navy	42
3	Norfolk	green	38
4	Bedfordshire	orange	30
5	Suffolk	royal	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Bedfordshire	orange	5	Sabina Phillips	9.66	30
2	Suffolk	royal	52	Sam Miller	8.63	28
3	Cambridgeshire	navy	13	Lauren Sanmout	8.53	26
4	Hertfordshire	red	35	Millie Lungdren	7.72	24
5	Hertfordshire	red	31	Amber Clayden	7.57	22
6	Norfolk	green	47	Megan Thomas	6.60	20
7	Norfolk	green	48	Chloe Clark	6.40	18
8	Cambridgeshire	navy	16	Emma Woodroffe	6.28	16

Results Sheet

Speed Bounce

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
	Suffolk	royal	0
1	Norfolk	green	48
2	Cambridgeshire	navy	44
3	Hertfordshire	red	30
4	Bedfordshire	orange	28

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Hertfordshire	red	33	Stephanie Washbourne	78	30
2	Bedfordshire	orange	10	Eleanor Duncan	77	28
3	Norfolk	green	38	Laura Green	74	26
4	Cambridgeshire	navy	22	Gemma Bays	68	24
5	Norfolk	green	46	Bethany Demoore	66	22
6	Cambridgeshire	navy	19	Laura Arnold	65	20

Results Sheet

Standing Long Jump

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
1	Norfolk	green	52
2	Hertfordshire	red	50
3	Bedfordshire	orange	44
4	Cambridgeshire	navy	38
5	Suffolk	royal	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	green	40	Victoria Williamson	2.21	30
2	Bedfordshire	orange	1	Lauren Stewart	2.15	28
3	Hertfordshire	red	28	Lauren Bundock	2.14	26
4	Hertfordshire	red	34	Julia Bowen	2.07	24
5	Norfolk	green	41	Amber Shepherd	2.05	22
6	Cambridgeshire	navy	23	Lucy Redman	2.02	20
7	Cambridgeshire	navy	20	Hayley Green	2.00	18
8	Bedfordshire	orange	2	Emily Midgley	1.86	16
9	Suffolk	royal	50	Chloe Beeton	1.78	14

Results Sheet

Standing Triple Jump

Competition:
NUS-East Regional Under 13 Girls

Venue:
UEA Sportspark, Norwich

Date
4 Feb 2006

Ranking	Team	Colour	Points
	Suffolk	royal	0
1	Hertfordshire	red	52
2	Norfolk	green	50
3	Bedfordshire	orange	46
4	Cambridgeshire	navy	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	red	25	Jodie Williams	6.54	30
2	Bedfordshire	orange	3	Karen Vincent	6.48	28
3	Norfolk	green	37	Leanne Parker	6.04	26
4	Norfolk	green	45	Megan Rimington	5.89	24
5	Hertfordshire	red	30	Sophie Jaggard	5.80	22
6	Cambridgeshire	navy	18	Kailey Crowe	5.79	20
7	Bedfordshire	orange	9	Danielle Patmore	5.75	18
8	Cambridgeshire	navy	15	Kerry Waghorn	5.35	16

Results Sheet

Vertical Jump

Competition:

NUS-East Regional Under 13 Girls

Venue:

UEA Sportspark, Norwich

Date

4 Feb 2006

Ranking	Team	Colour	Points
1	Bedfordshire	orange	58
2=	Hertfordshire	red	42
2=	Norfolk	green	42
4	Cambridgeshire	navy	36
5	Suffolk	royal	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Bedfordshire	orange	4	Rachel Gibbs	56	30
2	Bedfordshire	orange	8	Ria Boak	51	28
3	Hertfordshire	red	26	Emily Hatch	50	26
4	Norfolk	green	39	Shanice Burch	49	24
5	Cambridgeshire	navy	14	Alice Hewitt	45	22
6	Suffolk	royal	53	Chanel St Clair-Smith	45	20
7	Norfolk	green	42	Tyla Vane	44	18
8	Hertfordshire	red	27	Chloe Currie	41	16
9	Cambridgeshire	navy	21	Emily Hayden	41	14