

Aviva Sportshall UK Championships

East Regional Final
Sportspark, University of East Anglia, Norwich
Saturday 14 February 2009

Bedfordshire
Cambridgeshire
Hertfordshire
Norfolk
Suffolk

purple
red
green
orange
grey



2009 Regional Finals

uk:athletics 


AVIVA

Competition Results

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	700	560	70	70
2	Cambridgeshire	613	503	60	50
3	Hertfordshire	581	521	0	60
4	Suffolk	106	106	0	0

Athlete Results

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	82	Georgina Culling	Norfolk	150	50			50	50	
2=	84	Imogen Gibbs	Norfolk	140		50		42		48
2=	85	Rebecca Russell	Norfolk	140		44	50		46	
4	78	Hannah Lok	Hertfordshire	133		39	46		48	
5	75	Ella Gauntlett	Hertfordshire	132	38			44		50
6=	68	Lily Seach	Cambridgeshire	130		46		46	38	
6=	86	Rhianna Bailey	Norfolk	130	42			48	40	
8=	71	Lucy Readman	Cambridgeshire	128	44			38		46
8=	76	Selina Jessey	Hertfordshire	128	46			38	44	
8=	77	Pippa Mills	Hertfordshire	128	48		38		42	
8=	83	Kiera Mooney	Norfolk	128		48	44			36
12	69	Jessica Fox	Cambridgeshire	123		42		38		43
13	73	Bethanie Bainbridge	Cambridgeshire	122		39	40			43
14	70	Flavia Kumar	Cambridgeshire	119	36		48		35	
15	87	Emily Bunbury	Norfolk	112	40		34			38
16	79	Helena Page	Hertfordshire	110		36		34		40
17	95	Elspeth Woodley	Suffolk	106	32		42		32	
18	72	Laurel Phelan	Cambridgeshire	105	34		36		35	
19=	74	Amber Kenny	Cambridgeshire	0						
19=	88	Abigail Symonds	Norfolk	0						

Team Results

Cambridgeshire (red)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	700	560	70	70
2	Cambridgeshire	613	503	60	50
3	Hertfordshire	581	521	0	60
4	Suffolk	106	106	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68	Lily Seach	4LR	56.2				56.2	3	46
68	Lily Seach	SB	80				80	3	46
68	Lily Seach	SLJ	1.88	1.94	1.96		1.96	7	38
69	Jessica Fox	4LR	57.8				57.8	5	42
69	Jessica Fox	SB	71				71	6=	38
69	Jessica Fox	VJ	50	44	44		50	4=	43
70	Flavia Kumar	2LR	27.4				27.4	8	36
70	Flavia Kumar	S	7.20	7.10	7.08		7.20	2	48
70	Flavia Kumar	SLJ	1.88	1.88	1.93		1.93	8=	35
71	Lucy Readman	2LR	26.5				26.5	4	44
71	Lucy Readman	SB	71				71	6=	38
71	Lucy Readman	VJ	46	53	50		53	3	46
72	Laurel Phelan	2LR	27.6				27.6	9	34
72	Laurel Phelan	S	4.86	5.58	5.42		5.58	8	36
72	Laurel Phelan	SLJ	1.78	1.88	1.93		1.93	8=	35
73	Bethanie Bainbridge	4LR	59.7				59.7	6=	39
73	Bethanie Bainbridge	S	5.85	5.95	5.15		5.95	6	40
73	Bethanie Bainbridge	VJ	49	47	50		50	4=	43
74	Amber Kenny	S	5.74	6.45	6.54		6.54		

Team Results

Hertfordshire (green)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	700	560	70	70
2	Cambridgeshire	613	503	60	50
3	Hertfordshire	581	521	0	60
4	Suffolk	106	106	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Ella Gauntlett	2LR	27.3				27.3	7	38
75	Ella Gauntlett	SB	78				78	4	44
75	Ella Gauntlett	VJ	55	57	59		59	1	50
76	Selina Jessey	2LR	26.4				26.4	3	46
76	Selina Jessey	SB	71				71	6=	38
76	Selina Jessey	SLJ	1.95	2.12	2.09		2.12	4	44
77	Pippa Mills	2LR	26.2				26.2	2	48
77	Pippa Mills	S	5.47	5.92	4.88		5.92	7	38
77	Pippa Mills	SLJ	2.02	2.02	2.00		2.02	5	42
78	Hannah Lok	4LR	59.7				59.7	6=	39
78	Hannah Lok	S	6.58	7.05	6.73		7.05	3	46
78	Hannah Lok	SLJ	2.07	2.20	2.14		2.20	2	48
79	Helena Page	4LR	1:00.1				1:00.1	8	36
79	Helena Page	SB	68				68	9	34
79	Helena Page	VJ	47	43	44		47	6	40

Team Results

Norfolk (orange)

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	700	560	70	70
2	Cambridgeshire	613	503	60	50
3	Hertfordshire	581	521	0	60
4	Suffolk	106	106	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
82	Georgina Culling	2LR	26.0				26.0	1	50
82	Georgina Culling	SB	89				89	1	50
82	Georgina Culling	SLJ	2.06	2.30	2.32		2.32	1	50
83	Kiera Mooney	4LR	55.4				55.4	2	48
83	Kiera Mooney	S	6.78	6.46	6.69		6.78	4	44
83	Kiera Mooney	VJ	40	41	42		42	8	36
84	Imogen Gibbs	4LR	54.5				54.5	1	50
84	Imogen Gibbs	SB	76				76	5	42
84	Imogen Gibbs	VJ	50	50	54		54	2	48
85	Rebecca Russell	4LR	56.5				56.5	4	44
85	Rebecca Russell	S	7.68	7.86	7.45		7.86	1	50
85	Rebecca Russell	SLJ	2.04	2.08	2.13		2.13	3	46
86	Rhianna Bailey	2LR	26.7				26.7	5	42
86	Rhianna Bailey	SB	84				84	2	48
86	Rhianna Bailey	SLJ	1.93	2.00	2.00		2.00	6	40
87	Emily Bunbury	2LR	27.2				27.2	6	40
87	Emily Bunbury	S	5.48	5.36	5.37		5.48	9	34
87	Emily Bunbury	VJ	46	43	43		46	7	38
88	Abigail Symonds	SLJ	1.92	1.94	1.96		1.96		

Team Results

Suffolk (grey)

Competition:
ASHA-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Norfolk	700	560	70	70
2	Cambridgeshire	613	503	60	50
3	Hertfordshire	581	521	0	60
4	Suffolk	106	106	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
95	Elspeth Woodley	2LR	27.8				27.8	10	32
95	Elspeth Woodley	S	6.76	6.28	6.12		6.76	5	42
95	Elspeth Woodley	SLJ	1.83	1.78	1.80		1.83	10	32

Results Sheet

2 Lap Race

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	82	Georgina Culling	26.0	50
2	Hertfordshire	green	77	Pippa Mills	26.2	48
3	Hertfordshire	green	76	Selina Jessey	26.4	46
4	Cambridgeshire	red	71	Lucy Readman	26.5	44
5	Norfolk	orange	86	Rhianna Bailey	26.7	42
6	Norfolk	orange	87	Emily Bunbury	27.2	40
7	Hertfordshire	green	75	Ella Gauntlett	27.3	38
8	Cambridgeshire	red	70	Flavia Kumar	27.4	36
9	Cambridgeshire	red	72	Laurel Phelan	27.6	34
10	Suffolk	grey	95	Elsbeth Woodley	27.8	32

Results Sheet

4 Lap Race

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	84	Imogen Gibbs	54.5	50
2	Norfolk	orange	83	Kiera Mooney	55.4	48
3	Cambridgeshire	red	68	Lily Seach	56.2	46
4	Norfolk	orange	85	Rebecca Russell	56.5	44
5	Cambridgeshire	red	69	Jessica Fox	57.8	42
6=	Cambridgeshire	red	73	Bethanie Bainbridge	59.7	39
6=	Hertfordshire	green	78	Hannah Lok	59.7	39
8	Hertfordshire	green	79	Helena Page	1:00.1	36

Results Sheet

8 Lap Paarlauf

Competition:
ASHA-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Code	Team	Colour
1	04	Norfolk	orange
2	02	Cambridgeshire	red

Heat	Final	Performance	Points
1:07.7	0.0	1:07.7	70.0
1:18.0	0.0	1:18.0	60.0

Results Sheet

4 x 2 Lap Relay

Competition:
ASHA-East Regional Final Under 15 Girls

Venue:
Sportspark, UEA, Norwich

Date
14 Feb 2009

Ranking	Code	Team	Colour
1	04	Norfolk	orange
2	03	Hertfordshire	green
3	02	Cambridgeshire	red

Heat	Final	Performance	Points
1:44.0	0.0	1:44.0	70.0
1:45.1	0.0	1:45.1	60.0
1:50.0	0.0	1:50.0	50.0

Results Sheet

Shot

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	85	Rebecca Russell	7.86	50
2	Cambridgeshire	red	70	Flavia Kumar	7.20	48
3	Hertfordshire	green	78	Hannah Lok	7.05	46
4	Norfolk	orange	83	Kiera Mooney	6.78	44
5	Suffolk	grey	95	Elspeth Woodley	6.76	42
6	Cambridgeshire	red	73	Bethanie Bainbridge	5.95	40
7	Hertfordshire	green	77	Pippa Mills	5.92	38
8	Cambridgeshire	red	72	Laurel Phelan	5.58	36
9	Norfolk	orange	87	Emily Bunbury	5.48	34
	Cambridgeshire	red	74	Amber Kenny	6.54	0

Results Sheet

Speed Bounce

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	orange	82	Georgina Culling	89	50
2	Norfolk	orange	86	Rhianna Bailey	84	48
3	Cambridgeshire	red	68	Lily Seach	80	46
4	Hertfordshire	green	75	Ella Gauntlett	78	44
5	Norfolk	orange	84	Imogen Gibbs	76	42
6=	Cambridgeshire	red	69	Jessica Fox	71	38
6=	Cambridgeshire	red	71	Lucy Readman	71	38
6=	Hertfordshire	green	76	Selina Jessey	71	38
9	Hertfordshire	green	79	Helena Page	68	34

Results Sheet

Standing Long Jump

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	orange	82	Georgina Culling	2.32	50
2	Hertfordshire	green	78	Hannah Lok	2.20	48
3	Norfolk	orange	85	Rebecca Russell	2.13	46
4	Hertfordshire	green	76	Selina Jessey	2.12	44
5	Hertfordshire	green	77	Pippa Mills	2.02	42
6	Norfolk	orange	86	Rhianna Bailey	2.00	40
7	Cambridgeshire	red	68	Lily Seach	1.96	38
8=	Cambridgeshire	red	70	Flavia Kumar	1.93	35
8=	Cambridgeshire	red	72	Laurel Phelan	1.93	35
10	Suffolk	grey	95	Elspeth Woodley	1.83	32
	Norfolk	orange	88	Abigail Symonds	1.96	0

Results Sheet

Vertical Jump

Competition:

ASHA-East Regional Final Under 15 Girls

Venue:

Sportspark, UEA, Norwich

Date

14 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	green	75	Ella Gauntlett	59	50
2	Norfolk	orange	84	Imogen Gibbs	54	48
3	Cambridgeshire	red	71	Lucy Readman	53	46
4=	Cambridgeshire	red	69	Jessica Fox	50	43
4=	Cambridgeshire	red	73	Bethanie Bainbridge	50	43
6	Hertfordshire	green	79	Helena Page	47	40
7	Norfolk	orange	87	Emily Bunbury	46	38
8	Norfolk	orange	83	Kiera Mooney	42	36