

## Eveque Sportshall East London Yr 7 Finals

11 March 2009

	RED		YELLOW		GREEN		BLUE		WHITE		BLACK		PURPLE		ORANGE	
	All Saints		Coopers and Reddon Court		Royal Docks and Cumberland		Our Lady's Convent and Cardinal Pole		Kingsford		Bishop Challenor		Knights Academy		School 8	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
<b>TRACK</b>																
Obstacle Relay	18	22	22	18	12	16	16	12	20	20	14	24	24	14		
2 Lap Race	14	23	12	12	22	18	18	20	16	20	20	19	24	14		
4 Lap Race	21	23	23	16	13	18	18	17	13	17	22	23	16	12		
6 Lap Race	13	14	16	16		10	14	15	11	12	15	11	12	13		
8 Lap Paarlauf	12	24	20	16	14	14	18	22	16	18	24	20	22	12		
4 x 2 Lap Relay	14	24	12	12	22	20	20	16	16	22	18	18	24	14		
<b>FIELD</b>																
Shot	22	22	17	12	13	17	19	22	13	18	23	22	20	15		
Speed Bounce	17	20	12	22	15	15	24	19	20	17	22	12	16	22		
Standing Long Jump	19	21	19	16	15	21	16	24	21	12	20	16	15	16		
Standing Triple Jump	23	22	15	14	23	19	18	24	15	15	21	18	12	14		
Vertical Jump	17	22	16	13	24	16	13	18	16	18	21	24	21	16		
<b>Total</b>	190	237	184	167	173	184	194	209	177	189	220	207	206	162		
<b>Combined Total</b>	427		351		357		403		366		427		368			
<b>Overall Position</b>	1		7		6		3		5		1		4			

Girls		Obstacle Relay		2 Lap Race				4 Lap Race				6 Lap Race			8 Lap Paarlaf		4x2 Lap Relay			
Colour	Team	Time in secs	Position / Points	Name / No		Time in secs	A or B Rank	Position / Points	Name / No		Time in secs	A or B Rank	Position / Points	Name / No		Time in secs	Position / Points	Time in secs	Position / Points	
RED	All Saints	82.9	4	1		25.6	A 6	11	1		52.8	A 2	15		88.9	4	116.8	7	102.8	6
				2		27.0	B 6	3	2		55.0	B 3	6							
			18					14					21		13		12		14	
YELLOW	Coopers and Reddon Court	81.2	2	1		25.8	A 7	10	1		54.8	B 2	7		84.1	1	107.4	3	103.1	7
				2		28.1	B 7	2	2		51.7	A 1	16							
			22					12					23		16		20		12	
GREEN	Royal Docks and Cumberland	87.0	7	1		23.0	A 2	15	1		58.6	A 7	10				113.7	6	98.6	2
				2		23.6	B 2	7	2		58.6	B 6	3							
			12					22					13				14		22	
BLUE	Our Lady's Convent and	85.5	5	1		25.3	B 4	5	1		54.0	A 4	13		88.6	3	108.5	4	99.5	3
				2		23.6	A 4	13	2		55.4	B 4	5							
			16					18					18		14		18		20	
WHITE	Kingsford	81.8	3	1		26.1	B 5	4	1		62.4	B 7	2		94.5	6	111.9	5	100.0	5
				2		24.6	A 5	12	2		56.4	A 6	11							
			20					16					13		11		16		16	
BLACK	Bishop Challoner	86.0	6	1		23.7	B 3	6	1		53.4	A 3	14		86.7	2	105.5	1	99.8	4
				2		23.2	A 3	14	2		54.6	B 1	8							
			14					20					22		15		24		18	
PURPLE	Knights Academy	80.8	1	1		22.5	A 1	16	1		55.6	A 5	12		92.8	5	105.9	2	97.1	1
				2		22.8	B 1	8	2		56.1	B 5	4							
			24					24					16		12		22		24	
ORANGE	School 8			1					1											
				2					2											

Girls		Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump						
Colour	Team	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points			
RED	All Saints	1		7.75	A 2	15		73	A 4	13		2.03	A 1	16		6.05	A 2	15		49	A 5	12		
		2		6.15	B 2	7		66	B 5	4		1.75	B 6	3		5.96	B 1	8		47	B 4	5		
						22					17					19					23			
YELLOW	Copers and Reddon Court	1		5.55	B 4	5		62	A 7	10		1.77	B 4	5		5.10	B 6	3		46	B 6	3		
		2		5.70	A 5	12		61	B 7	2		1.91	A 3	14		5.55	A 5	12		50	A 4	13		
						17					12					19					15			
GREEN	Royal Docks and Cumberland	1		5.40	A 6	11		64	B 6	3		1.94	A 2	15		5.68	B 2	7		56	B 1	8		
		2		4.30	B 7	2		72	A 5	12						6.27	A 1	16		58	A 1	16		
						13					15					15					23			
BLUE	Our Lady's Convent and Cardinal Pole	1		6.80	A 4	13		80	B 1	8		1.81	A 7	10		5.76	A 4	13		44	B 7	2		
		2		5.80	B 3	6		81	A 1	16		1.79	B 3	6		5.34	B 4	5		47	A 6	11		
						19					24					16					18			
WHITE	Kingsford	1		5.25	A 7	10		70	B 3	6		1.86	A 4	13		5.24	B 5	4		47	A 6	11		
		2		5.25	B 6	3		76	A 3	14		1.86	B 1	8		5.43	A 6	11		47	B 4	5		
						13					20					21					15			
BLACK	Bishop Challoner	1		7.45	B 1	8		79	A 2	15		1.86	A 4	13		5.68	B 2	7		49	B 3	6		
		2		7.75	A 2	15		78	B 2	7		1.83	B 2	7		6.02	A 3	14		54	A 2	15		
						23					22					20					21			
PURPLE	Knights Academy	1		5.30	B 5	4		67	B 4	5		1.76	B 5	4		5.22	A 7	10		53	A 3	14		
		2		7.80	A 1	16		69	A 6	11		1.84	A 6	11		4.97	B 7	2		53	B 2	7		
						20					16					15					12			
ORANGE	School 8	1																						
		2																						

Boys		Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump				
Colour	Team	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	
RED	All Saints	1		7.35	A 3	14		73	A 4	13		2.20	A 2	15		6.53	A 2	15		59	A 2	15
		2		6.60	B 1	8		71	B 2	7		1.90	B 3	6		6.27	B 2	7		54	B 2	7
						22					20					21					22	
YELLOW	Copers and Reddon Court	1		4.25	B 7	2		79	A 1	16		1.79	B 5	4		5.34	B 5	4		47	A 6	11
		2		5.10	A 7	10		70	B 3	6		2.04	A 5	12		5.93	A 7	10		36	B 7	2
						12					22					16					14	
GREEN	Royal Docks and Cumberland	1		7.33	A 4	13		56	B 6	3		1.98	B 2	7		6.49	A 3	14		38	B 6	3
		2		4.95	B 5	4		71	A 5	12		2.15	A 3	14		5.35	B 4	5		52	A 4	13
						17					15					21					19	
BLUE	Our Lady's Convent and Cardinal Pole	1		7.45	A 2	15		76	A 2	15		2.34	A 1	16		6.47	B 1	8		43	B 5	4
		2		6.30	B 2	7		65	B 5	4		2.01	B 1	8		6.57	A 1	16		54	A 3	14
						22					19					24					24	
WHITE	Kingsford	1		6.00	B 3	6		71	A 5	12		1.86	A 7	10		4.65	B 7	2		50	B 3	6
		2		6.80	A 5	12		66	B 4	5		1.53	B 7	2		6.27	A 4	13		51	A 5	12
						18					17					12					15	
BLACK	Bishop Challoner	1		6.00	B 3	6		67	A 7	10		1.88	B 4	5		6.13	B 3	6		60	B 1	8
		2		8.50	A 1	16		52	B 7	2		1.89	A 6	11		6.15	A 5	12		77	A 1	16
						22					12					16					18	
PURPLE	Knights Academy	1		4.95	B 5	4		73	B 1	8		2.09	A 4	13		5.05	B 6	3		47	A 6	11
		2		5.20	A 6	11		75	A 3	14		1.69	B 6	3		5.97	A 6	11		44	B 4	5
						15					22					16					14	
ORANGE	School 8	1																				
		2																				

Boys		Obstacle Relay		2 Lap Race			4 Lap Race			6 Lap Race			8 Lap Paarlaf		4x2 Lap Relay			
Colour	Team	Time in secs	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	Position / Points	Time in secs	Position / Points		
RED	All Saints	76.6	2	1	22.14	A 2	15	1	48.68	B 1	8		84.05	3	97.41	1	92.27	1
				2	22.86	B 1	8	2	47.62	A 2	15							
			22												14			
YELLOW	Coopers and Reddon Court	77.8	4	1	25.64	A 7	10	1	52.26	B 4	5		80.01	1	103.34	5	100.26	7
				2	29.64	B 7	2	2	52.05	A 6	11							
			18												16			
GREEN	Royal Docks and Reddon Cumberland	79.1	5	1	24.32	B 4	5	1	51.72	B 3	6		92.74	7	104.17	6	94.72	3
				2	22.58	A 4	13	2	51.28	A 5	12							
			16												10			
BLUE	Our Lady's Convent and	81.9	7	1	25.14	B 5	4	1	52.61	B 5	4		83.51	2	99.73	2	98.05	5
				2	22.00	A 1	16	2	50.69	A 4	13							
			12												15			
WHITE	Kingsford	77.4	3	1	22.40	A 3	14	1	49.97	A 3	14		90.83	5	102.66	4	93.38	2
				2	23.44	B 3	6	2	54.44	B 6	3							
			20												12			
BLACK	Bishop Challenger	76.4	1	1	23.12	A 5	12	1	50.7	B 2	7		92.36	6	101.59	3	95.1	4
				2	23.15	B 2	7	2	47.37	A 1	16							
			24												11			
PURPLE	Knights Academy	81.2	6	1	25.44	B 6	3	1	52.95	A 7	10		88.89	4	111.99	7	99.53	6
				2	24.68	A 6	11	2	73.65	B 7	2							
			14												13			
ORANGE	School 8			1				1										
				2				2										

East London Year 8

10 March 2009

	RED		YELLOW		GREEN		BLUE		WHITE		BLACK		PURPLE		ORANGE	
	Cardinal Pole		Coopers		Jo Richardson		Knights Academy		School 5		School 6		School 7		School 8	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
<b>TRACK</b>																
Obstacle Relay	18	20	22	18	20	24	24	22								
2 Lap Race	20	20	19	19	23	23	22	22								
4 Lap Race	21	20	18	22	24	24	21	18								
6 Lap Race	16	16	13	14	15	15	14	13								
8 Lap Paarlaf	20	20	18	18	22	22	24	24								
4 x 2 Lap Relay	22	22	18	18	20	24	24	20								
<b>FIELD</b>																
Shot	18	23	21	18	24	23	21	20								
Speed Bounce	18	20	21	24	24	21	21	19								
Standing Long Jump	19	22	20	21	23	19	23	22								
Standing Triple Jump	19	22	19	20	23	24	23	19								
Vertical Jump	20	18	23	23	18	21	23	22								
<b>Total</b>	211	223	212	215	236	240	240	221								
<b>Combined Total</b>	434		427		476		461									
<b>Overall Position</b>	3		4		1		2									

Girls		Obstacle Relay		2 Lap Race				4 Lap Race				6 Lap Race		8 Lap Paarlau		4x2 Lap Relay		
Colour	Team	Time in secs	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	Position / Points	Time in secs	Position / Points	Time in secs	Position / Points
RED	Cardinal Pole	29.7	4	1	23.3	A 2	15	1	52.8	A 2	15		29.0	1	52.0	3	40.0	2
				2	25.3	B 4	5	2	55.2	B 3	6							
			18				20				21			16		20		22
YELLOW	Coopers	26.4	2	1	24.8	A 4	13	1	58.2	B 4	5		30.9	4	52.4	4	47.0	4
				2	25.1	B 3	6	2	54.2	A 4	13							
			22				19				18			13		18		18
GREEN	Jo Richardson	27.3	3	1	23.0	A 1	16	1	51.1	A 1	16		29.5	2	50.0	2	43.0	3
				2	24.5	B 2	7	2	51.9	B 1	8							
			20				23				24			15		22		20
BLUE	Knights Academy	23.6	1	1	23.6	A 3	14	1	53.5	A 3	14		29.9	3	41.0	1	38.0	1
				2	23.6	B 1	8	2	54.8	B 2	7							
			24				22				21			14		24		24
WHITE	School 5			1				1										
				2				2										
BLACK	School 6			1				1										
				2				2										
PURPLE	School 7			1				1										
				2				2										
ORANGE	School 8			1				1										
				2				2										

Girls		Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump				
Colour	Team	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	
RED	Cardinal Pole	1		5.00	A 4	13		65	A 4	13		1.82	A 4	13		5.02	B 3	6		36	B 3	6
		2		4.90	B 4	5		49	B 4	5		1.78	B 3	6		5.28	A 4	13		42	A 3	14
						18					18					19					19	
YELLOW	Coopers	1		5.85	B 3	6		68	A 3	14		1.84	A 3	14		6.00	A 3	14		43	A 2	15
		2		6.95	A 2	15		64	B 2	7		1.78	B 3	6		4.98	B 4	5		42	B 1	8
						21					21					20					19	
GREEN	Jo Richardson	1		8.10	A 1	16		69	B 1	8		2.10	A 1	16		6.38	A 1	16		35	B 4	5
		2		7.50	B 1	8		74	A 1	16		1.86	B 2	7		5.84	B 2	7		41	A 4	13
						24					24					23					23	
BLUE	Knights Academy	1		6.20	A 3	14		70	A 2	15		2.01	A 2	15		6.12	A 2	15		46	A 1	16
		2		6.00	B 2	7		60	B 3	6		1.96	B 1	8		5.88	B 1	8		41	B 2	7
						21					21					23					23	
WHITE	School 5	1																				
		2																				
BLACK	School 6	1																				
		2																				
PURPLE	School 7	1																				
		2																				
ORANGE	School 8	1																				
		2																				



Boys		Obstacle Relay		2 Lap Race			4 Lap Race			6 Lap Race			8 Lap Paarlauf		4x2 Lap Relay			
Colour	Team	Time in secs	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	A or B Rank	Position / Points	Name / No	Time in secs	Position / Points	Time in secs	Position / Points		
RED	Cardinal Pole	20.1	3	1	22.40	A 4	13	1	49	A 3	14		75.8	1	45.4	3	31	2
				2	22.60	B 2	7	2	52.8	B 3	6							
			20				20				20			16		20		22
YELLOW	Coopers	20.3	4	1	22.10	A 3	14	1	50.6	B 2	7		80.8	3	46.8	4	35	4
				2	23.20	B 4	5	2	48.8	A 2	15							
			18				19				22			14		18		18
GREEN	Jo Richardson	17	1	1	21.70	A 2	15	1	49.6	B 1	8		75.9	2	39.8	2	30	1
				2	22.10	B 1	8	2	48.1	A 1	16							
			24				23				24			15		22		24
BLUE	Knights Academy	18.1	2	1	22.80	B 3	6	1	52.9	B 4	5		88	4	38.2	1	33	3
				2	21.30	A 1	16	2	51.7	A 4	13							
			22				22				18			13		24		20
WHITE	School 5			1				1										
				2				2										
BLACK	School 6			1				1										
				2				2										
PURPLE	School 7			1				1										
				2				2										
ORANGE	School 8			1				1										
				2				2										

Boys		Shot				Speed Bounce				Standing Long Jump				Standing Triple Jump				Vertical Jump						
Colour	Team	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points	Name / No	Best	A or B Rank	Points			
RED	Cardinal Pole	1		9.55	A 2	15		70	A 2	15		2.24	A 2	15		6.93	A 2	15		41	B 4	5		
		2		9.00	B 1	8		60	B 4	5		2.06	B 2	7		6.08	B 2	7		46	A 4	13		
						23					20					22					18			
YELLOW	Coopers	1		8.18	A 4	13		69	B 1	8		2.46	A 1	16		5.50	B 3	6		47	B 1	8		
		2		7.75	B 4	5		75	A 1	16		1.80	B 4	5		6.06	A 3	14		66	A 2	15		
						18					24					21					20			
GREEN	Jo Richardson	1		9.85	A 1	16		68	A 3	14		2.00	B 3	6		6.12	B 1	8		61	A 3	14		
		2		8.90	B 2	7		62	B 2	7		2.12	A 4	13		7.12	A 1	16		46	B 2	7		
						23					21					19					24			
BLUE	Knights Academy	1		8.80	B 3	6		61	A 4	13		2.16	A 3	14		6.06	A 3	14		72	A 1	16		
		2		9.40	A 3	14		61	B 3	6		2.12	B 1	8		5.44	B 4	5		45	B 3	6		
						20					19					22					19			
WHITE	School 5	1																						
		2																						
BLACK	School 6	1																						
		2																						
PURPLE	School 7	1																						
		2																						
ORANGE	School 8	1																						
		2																						