

 **NORWICH UNION**

**sports:hall** 

# NORWICH UNION sports:hall Under 15 Girls All Rounder

## South Regional Mountbatten Centre, Portsmouth Saturday 25 February 2006

### Team Results

Berkshire  
Channel Islands  
Hampshire  
Isle of Wight  
Oxfordshire

### Track Results

2 Lap Race  
4 Lap Race  
8 Lap Paarlauf  
4 x 2 Lap Relay

### Field Results

Shot  
Speed Bounce  
Standing Long Jump  
Vertical Jump



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**For more information go to [www.sportshall.org](http://www.sportshall.org)**

# Competition Results

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Score	Individual	P8	4x2
1	Hampshire	589	479	70	40
2	Berkshire	571	471	30	70
3	Oxfordshire	560	460	50	50
4=	Channel Islands	545	455	60	30
4=	Isle of Wight	545	445	40	60

# Athlete Results

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	81	Tiffany Markham	Hampshire	142		48	48		46	
2	64	Emma Trincas	Berkshire	131	44			37		50
3	90	Claire Butler	Oxfordshire	129	48			40	41	
4	63	Beth Newton	Berkshire	128		50		30	48	
5	68	Gemma Dawkins	Channel Islands	124	40		38			46
6=	70	Amy Dingle	Channel Islands	120		44		26	50	
6=	89	Dorcas Wright	Oxfordshire	120		42		48		30
8=	61	Natalie Beale	Berkshire	118	50		28			40
8=	75	Sophie Mead	Hampshire	118		46		37		35
10	85	Sarah Grace	Isle of Wight	116		36	40			40
11	83	Harriet Drudge	Isle of Wight	115	37		42		36	
12=	76	Christina Harerekves	Hampshire	114	34			45		35
12=	86	Faith Norster	Isle of Wight	114	44		30			40
14	69	Jenna Murphy	Channel Islands	109		39	26		44	
15	92	Lisa Connel	Oxfordshire	106	44		34		28	
16=	78	Becky King	Hampshire	105	37		44			24
16=	93	Alice Parsons	Oxfordshire	105		39	36			30
18	79	Hannah Ashmore	Hampshire	104		28	46		30	
19	91	Sacha Garey	Oxfordshire	103	32			45	26	
20	71	Emma Wilton	Channel Islands	102	26		50			26
21=	73	Pearl Rabet	Channel Islands	100	24			30		46
21=	82	Amy Coar	Isle of Wight	100		30		24		46
21=	87	Mollie Occomore	Isle of Wight	100		26		50	24	
24=	62	Rachel Heyworth	Berkshire	94		32	24		38	
24=	84	Kirstie Elms	Isle of Wight	94	28			34	32	
26	65	Katie Barth	Berkshire	90	30			30		30
27=	66	Emma Passey	Berkshire	88		22	32		34	
27=	72	Ruth Stilwell	Channel Islands	88		24		42	22	
29	94	Kath Smith	Oxfordshire	78		34	22			22
30	80	Christina Parsons	Hampshire	41					41	
31=	67	Victoria Rowland	Berkshire	0						
31=	77	Sophie Jones	Hampshire	0						
31=	88	Michaela Wood	Isle of Wight	0						
31=	95	Jade Hewlett	Oxfordshire	0						

# Team Results

# Berkshire (orange)

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Score	Individual	P8	4x2
1	Hampshire	589	479	70	40
2	Berkshire	571	471	30	70
3	Oxfordshire	560	460	50	50
4=	Channel Islands	545	455	60	30
4=	Isle of Wight	545	445	40	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Natalie Beale	2LR	22.3				22.3	1	50
61	Natalie Beale	S	5.75	5.96	6.35		6.35	12	28
61	Natalie Beale	VJ	53	53	51		53	5=	40
62	Rachel Heyworth	4LR	50.1				50.1	10	32
62	Rachel Heyworth	S	5.59	5.76	5.54		5.76	14	24
62	Rachel Heyworth	SLJ	2.13	2.10	2.05		2.13	7	38
63	Beth Newton	4LR	47.4				47.4	1	50
63	Beth Newton	SB	79				79	10=	30
63	Beth Newton	SLJ	2.26	2.18	2.22		2.26	2	48
64	Emma Trincas	2LR	22.6				22.6	3=	44
64	Emma Trincas	SB	81				81	7=	37
64	Emma Trincas	VJ	55	57	56		57	1	50
65	Katie Barth	2LR	24.0				24.0	11	30
65	Katie Barth	SB	79				79	10=	30
65	Katie Barth	VJ	47	42	45		47	10=	30
66	Emma Passey	4LR	54.8				54.8	15	22
66	Emma Passey	S	6.54	6.21	6.30		6.54	10	32
66	Emma Passey	SLJ	2.08	2.10	1.96		2.10	9	34
67	Victoria Rowland	SB	73				73		

# Team Results

# Channel Islands (navy)

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Score	Individual	P8	4x2
1	Hampshire	589	479	70	40
2	Berkshire	571	471	30	70
3	Oxfordshire	560	460	50	50
4=	Channel Islands	545	455	60	30
4=	Isle of Wight	545	445	40	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68	Gemma Dawkins	2LR	22.7				22.7	6	40
68	Gemma Dawkins	S	6.96	6.20	6.31		6.96	7	38
68	Gemma Dawkins	VJ	54	55	54		55	2=	46
69	Jenna Murphy	4LR	49.4				49.4	6=	39
69	Jenna Murphy	S	6.29	5.91	6.03		6.29	13	26
69	Jenna Murphy	SLJ	2.14	2.16	2.06		2.16	4	44
70	Amy Dingle	4LR	48.6				48.6	4	44
70	Amy Dingle	SB	77				77	13	26
70	Amy Dingle	SLJ	2.28	0.00	2.15		2.28	1	50
71	Emma Wilton	2LR	24.6				24.6	13	26
71	Emma Wilton	S	9.14	8.91	8.77		9.14	1	50
71	Emma Wilton	VJ	43	0	43		43	13	26
72	Ruth Stilwell	4LR	53.8				53.8	14	24
72	Ruth Stilwell	SB	83				83	5	42
72	Ruth Stilwell	SLJ	1.85	1.95	1.56		1.95	15	22
73	Pearl Rabet	2LR	25.1				25.1	14	24
73	Pearl Rabet	SB	79				79	10=	30
73	Pearl Rabet	VJ	55	55	53		55	2=	46

# Team Results

# Hampshire (red)

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Score	Individual	P8	4x2
1	Hampshire	589	479	70	40
2	Berkshire	571	471	30	70
3	Oxfordshire	560	460	50	50
4=	Channel Islands	545	455	60	30
4=	Isle of Wight	545	445	40	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Sophie Mead	4LR	48.0				48.0	3	46
75	Sophie Mead	SB	81				81	7=	37
75	Sophie Mead	VJ	44	50	45		50	8=	35
76	Christina Harerekves	2LR	23.5				23.5	9	34
76	Christina Harerekves	SB	84				84	3=	45
76	Christina Harerekves	VJ	48	50	48		50	8=	35
78	Becky King	2LR	23.3				23.3	7=	37
78	Becky King	S	7.75	8.31	8.06		8.31	4	44
78	Becky King	VJ	39	37	39		39	14	24
79	Hannah Ashmore	4LR	51.1				51.1	12	28
79	Hannah Ashmore	S	8.67	8.46	8.52		8.67	3	46
79	Hannah Ashmore	SLJ	2.06	1.92	0.00		2.06	11	30
80	Christina Parsons	SLJ	2.04	2.04	2.14		2.14	5=	41
81	Tiffany Markham	4LR	47.9				47.9	2	48
81	Tiffany Markham	S	8.81	8.60	8.87		8.87	2	48
81	Tiffany Markham	SLJ	2.20	2.16	2.24		2.24	3	46

# Team Results

# Isle of Wight (green)

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Score	Individual	P8	4x2
1	Hampshire	589	479	70	40
2	Berkshire	571	471	30	70
3	Oxfordshire	560	460	50	50
4=	Channel Islands	545	455	60	30
4=	Isle of Wight	545	445	40	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
82	Amy Coar	4LR	50.3				50.3	11	30
82	Amy Coar	SB	73				73	14	24
82	Amy Coar	VJ	55	48	54		55	2=	46
83	Harriet Drudge	2LR	23.3				23.3	7=	37
83	Harriet Drudge	S	7.55	7.16	7.74		7.74	5	42
83	Harriet Drudge	SLJ	2.04	2.10	2.12		2.12	8	36
84	Kirstie Elms	2LR	24.5				24.5	12	28
84	Kirstie Elms	SB	80				80	9	34
84	Kirstie Elms	SLJ	2.08	2.00	2.04		2.08	10	32
85	Sarah Grace	4LR	49.5				49.5	8	36
85	Sarah Grace	S	7.34	7.18	6.35		7.34	6	40
85	Sarah Grace	VJ	53	0	49		53	5=	40
86	Faith Norster	2LR	22.6				22.6	3=	44
86	Faith Norster	S	6.00	6.42	6.00		6.42	11	30
86	Faith Norster	VJ	52	53	52		53	5=	40
87	Mollie Occomore	4LR	51.7				51.7	13	26
87	Mollie Occomore	SB	88				88	1	50
87	Mollie Occomore	SLJ	1.84	1.96	1.88		1.96	14	24

# Team Results

# Oxfordshire (royal)

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Score	Individual	P8	4x2
1	Hampshire	589	479	70	40
2	Berkshire	571	471	30	70
3	Oxfordshire	560	460	50	50
4=	Channel Islands	545	455	60	30
4=	Isle of Wight	545	445	40	60

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
89	Dorcas Wright	4LR	48.7				48.7	5	42
89	Dorcas Wright	SB	86				86	2	48
89	Dorcas Wright	VJ	47	46	46		47	10=	30
90	Claire Butler	2LR	22.5				22.5	2	48
90	Claire Butler	SB	82				82	6	40
90	Claire Butler	SLJ	2.14	2.08	2.12		2.14	5=	41
91	Sacha Garey	2LR	23.9				23.9	10	32
91	Sacha Garey	SB	84				84	3=	45
91	Sacha Garey	SLJ	1.98	0.00	1.94		1.98	13	26
92	Lisa Connel	2LR	22.6				22.6	3=	44
92	Lisa Connel	S	6.22	6.66	6.32		6.66	9	34
92	Lisa Connel	SLJ	1.54	2.02	2.00		2.02	12	28
93	Alice Parsons	4LR	49.4				49.4	6=	39
93	Alice Parsons	S	5.95	5.45	6.82		6.82	8	36
93	Alice Parsons	VJ	43	45	47		47	10=	30
94	Kath Smith	4LR	49.9				49.9	9	34
94	Kath Smith	S	5.71	5.12	5.35		5.71	15	22
94	Kath Smith	VJ	32	33	34		34	15	22
95	Jade Hewlett	SLJ	1.82	1.76	1.78		1.82		



# Results Sheet

# 2 Lap Race

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Berkshire	orange	61	Natalie Beale	22.3	50
2	Oxfordshire	royal	90	Claire Butler	22.5	48
3=	Berkshire	orange	64	Emma Trincas	22.6	44
3=	Isle of Wight	green	86	Faith Norster	22.6	44
3=	Oxfordshire	royal	92	Lisa Connel	22.6	44
6	Channel Islands	navy	68	Gemma Dawkins	22.7	40
7=	Hampshire	red	78	Becky King	23.3	37
7=	Isle of Wight	green	83	Harriet Drudge	23.3	37
9	Hampshire	red	76	Christina Harerekves	23.5	34
10	Oxfordshire	royal	91	Sacha Garey	23.9	32
11	Berkshire	orange	65	Katie Barth	24.0	30
12	Isle of Wight	green	84	Kirstie Elms	24.5	28
13	Channel Islands	navy	71	Emma Wilton	24.6	26
14	Channel Islands	navy	73	Pearl Rabet	25.1	24

# Results Sheet

# 4 Lap Race

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Berkshire	orange	63	Beth Newton	47.4	50
2	Hampshire	red	81	Tiffany Markham	47.9	48
3	Hampshire	red	75	Sophie Mead	48.0	46
4	Channel Islands	navy	70	Amy Dingle	48.6	44
5	Oxfordshire	royal	89	Dorcas Wright	48.7	42
6=	Channel Islands	navy	69	Jenna Murphy	49.4	39
6=	Oxfordshire	royal	93	Alice Parsons	49.4	39
8	Isle of Wight	green	85	Sarah Grace	49.5	36
9	Oxfordshire	royal	94	Kath Smith	49.9	34
10	Berkshire	orange	62	Rachel Heyworth	50.1	32
11	Isle of Wight	green	82	Amy Coar	50.3	30
12	Hampshire	red	79	Hannah Ashmore	51.1	28
13	Isle of Wight	green	87	Mollie Occomore	51.7	26
14	Channel Islands	navy	72	Ruth Stilwell	53.8	24
15	Berkshire	orange	66	Emma Passey	54.8	22

# Event Official Results Sheet

# 8 Lap Paarlauf

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hampshire	red	1:36.5	0.0	1:36.5	70
2	02	Channel Islands	navy	1:36.9	0.0	1:36.9	60
3	05	Oxfordshire	royal	1:37.1	0.0	1:37.1	50
4	04	Isle of Wight	green	1:39.9	0.0	1:39.9	40
5	01	Berkshire	orange	1:43.0	0.0	1:43.0	30

# Event Official Results Sheet

# 4 x 2 Lap Relay

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Berkshire	orange	1:30.3	0.0	1:30.3	70
2	04	Isle of Wight	green	1:33.5	0.0	1:33.5	60
3	05	Oxfordshire	royal	1:33.7	0.0	1:33.7	50
4	03	Hampshire	red	1:34.4	0.0	1:34.4	40
5	02	Channel Islands	navy	1:38.3	0.0	1:38.3	30

# Results Sheet

# Shot

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Channel Islands	navy	71	Emma Wilton	9.14	50
2	Hampshire	red	81	Tiffany Markham	8.87	48
3	Hampshire	red	79	Hannah Ashmore	8.67	46
4	Hampshire	red	78	Becky King	8.31	44
5	Isle of Wight	green	83	Harriet Drudge	7.74	42
6	Isle of Wight	green	85	Sarah Grace	7.34	40
7	Channel Islands	navy	68	Gemma Dawkins	6.96	38
8	Oxfordshire	royal	93	Alice Parsons	6.82	36
9	Oxfordshire	royal	92	Lisa Connel	6.66	34
10	Berkshire	orange	66	Emma Passey	6.54	32
11	Isle of Wight	green	86	Faith Norster	6.42	30
12	Berkshire	orange	61	Natalie Beale	6.35	28
13	Channel Islands	navy	69	Jenna Murphy	6.29	26
14	Berkshire	orange	62	Rachel Heyworth	5.76	24
15	Oxfordshire	royal	94	Kath Smith	5.71	22

# Results Sheet

# Speed Bounce

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Isle of Wight	green	87	Mollie Occomore	88	50
2	Oxfordshire	royal	89	Dorcas Wright	86	48
3=	Hampshire	red	76	Christina Harerekves	84	45
3=	Oxfordshire	royal	91	Sacha Garey	84	45
5	Channel Islands	navy	72	Ruth Stilwell	83	42
6	Oxfordshire	royal	90	Claire Butler	82	40
7=	Berkshire	orange	64	Emma Trincas	81	37
7=	Hampshire	red	75	Sophie Mead	81	37
9	Isle of Wight	green	84	Kirstie Elms	80	34
10=	Berkshire	orange	63	Beth Newton	79	30
10=	Berkshire	orange	65	Katie Barth	79	30
10=	Channel Islands	navy	73	Pearl Rabet	79	30
13	Channel Islands	navy	70	Amy Dingle	77	26
14	Isle of Wight	green	82	Amy Coar	73	24
	Berkshire	orange	67	Victoria Rowland	73	0

# Results Sheet

# Standing Long Jump

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Channel Islands	navy	70	Amy Dingle	2.28	50
2	Berkshire	orange	63	Beth Newton	2.26	48
3	Hampshire	red	81	Tiffany Markham	2.24	46
4	Channel Islands	navy	69	Jenna Murphy	2.16	44
5=	Hampshire	red	80	Christina Parsons	2.14	41
5=	Oxfordshire	royal	90	Claire Butler	2.14	41
7	Berkshire	orange	62	Rachel Heyworth	2.13	38
8	Isle of Wight	green	83	Harriet Drudge	2.12	36
9	Berkshire	orange	66	Emma Passey	2.10	34
10	Isle of Wight	green	84	Kirstie Elms	2.08	32
11	Hampshire	red	79	Hannah Ashmore	2.06	30
12	Oxfordshire	royal	92	Lisa Connel	2.02	28
13	Oxfordshire	royal	91	Sacha Garey	1.98	26
14	Isle of Wight	green	87	Mollie Occomore	1.96	24
15	Channel Islands	navy	72	Ruth Stilwell	1.95	22
	Oxfordshire	royal	95	Jade Hewlett	1.82	0

# Results Sheet

# Vertical Jump

## Competition:

NUS-South Regional Under 15 Girls

## Venue:

Mountbatten Centre, Portsmouth

## Date

25 Feb 2006

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Berkshire	orange	64	Emma Trincas	57	50
2=	Channel Islands	navy	68	Gemma Dawkins	55	46
2=	Channel Islands	navy	73	Pearl Rabet	55	46
2=	Isle of Wight	green	82	Amy Coar	55	46
5=	Berkshire	orange	61	Natalie Beale	53	40
5=	Isle of Wight	green	85	Sarah Grace	53	40
5=	Isle of Wight	green	86	Faith Norster	53	40
8=	Hampshire	red	75	Sophie Mead	50	35
8=	Hampshire	red	76	Christina Harerekves	50	35
10=	Berkshire	orange	65	Katie Barth	47	30
10=	Oxfordshire	royal	89	Dorcas Wright	47	30
10=	Oxfordshire	royal	93	Alice Parsons	47	30
13	Channel Islands	navy	71	Emma Wilton	43	26
14	Hampshire	red	78	Becky King	39	24
15	Oxfordshire	royal	94	Kath Smith	34	22