

CGU

Sports Hall



The National Final: **April 2000**



CGU

CGU SPORTS HALL ATHLETICS
UK NATIONAL FINAL, 09 APRIL 2000
UNDER 15 GIRLS RESULTS

2 Lap

Phyllis Agbo	Middlesex (Ind)	21.5
Siobhan McGlynn	Donegal	21.7
Charlie Croll	Surrey	21.8
Sarah Galloway	Hampshire (Ind)	21.9
Joanne Nicoll	N. Lanarkshire	22.1
Kathryn Corish	Co. Antrim (Ind)	22.2
Bianca Rashid	Surrey	22.2
Nadia Burgher	Birmingham	22.3
Michelle Hammond	Cornwall	22.3
Jenna Northey	Cornwall	22.4
Amy Meyerowytz	Nottinghamshire	22.4
Francis Noble	West Yorkshire	22.4
Sophie Newington	West Wales	22.6
Jenna Tonner	Lancashire (Ind)	22.8
Holly Frumholc	Aberdeenshire (Ind)	22.8
Heather Robbins	Cheshire	22.8
Michelle Robbins	Cheshire	22.8
Collette McBarron	Donegal	22.8
Claire Jones	I.O.W	22.9
Gemma McAllister	Inverness	22.9
Jamilla Sanderson	Surrey	22.9
Ruth Brady	West Yorkshire	22.9
Michelle Turner	Birmingham	23.0
Megan Evans	Birmingham	23.0
Yomi Harding	Middlesex (Ind)	23.1
Katie Pearson	Bedfordshire	23.1
Natalie Slender	Bedfordshire	23.2
Sarah Gray	Inverness	23.2
Elen Evans	West Wales	23.2
Amy Bryant	I.O.W	23.3
Lauren McCall	N. Lanarkshire	23.3
Tracy Mitchell	S. Yorkshire	23.3
Charlotte Watt	S. Yorkshire	23.3
Kirsty Brusby	Cornwall	23.4
Efion Thomas	West Wales	23.4
Kay Cronin	I.O.W	23.5
Andrea McDaid	Donegal	23.6
Kirsty Hart	Nottinghamshire	23.7
Claire Willbye	Nottinghamshire	24.0
Heather Cuthbertson	S. Yorkshire	24.0
Nicole Welsh	West Yorkshire	24.0
Nicola Gore	Cheshire	24.1
Carol McMillan	N. Lanarkshire	24.2
Susannah Kempson	Bedfordshire	25.5
Trish Cameron	Inverness	25.7

4 Lap

Rachel Tatlow	Cornwall	45.5
Liza Parry	Birmingham	45.7
Jill Lando	N. Lanarkshire	47.0
Emily Parker	Surrey	47.1
Louise Bloor	South Yorkshire	47.1
Cinzia Giancovich	I.O.W	47.3
Sangeeta Dason	Surrey	47.3
Sarah Evans	East Wales (Ind)	47.4
Rebecca Gobbi	West Yorkshire	47.7
Kaye Kirkham	Cheshire	47.9
Kimberley Osborne	Cheshire	48.0
Jemma Thake	Suffolk (Ind)	48.0
Sam Day	Birmingham	48.2
Chanelle Garnett	Surrey	48.3
Helen Davis	I.O.W	48.4
Cara D'Silver	N. Lanarkshire	48.4
Marlene Rodney	Birmingham	48.7
Donna Shorthouse	Nottinghamshire	48.9
Mairead Doherty	Donegal	49.0
Anwen Rees	West Wales	49.1
Afra Skene	Orkney (Ind)	49.3
Joanne Reade	Nottinghamshire	49.3
Lizi Nicol	I.O.W	49.5
Alison Gilmore	Bedfordshire	49.6
Jenny Pinsent	Devon (Ind)	49.6
Rachel Wostenholme	West Yorkshire	49.8
Sinead McCormick	Donegal	49.9
Jennifer Simms	Donegal	50.0
Lesley Hamilton	Cornwall	50.0
Roslyn Eadie	N. Lanarkshire	50.2
Rachel Cannister	South Yorkshire	50.5
Laura Chapman	Cornwall	50.7
Kathryn Langley	Bedfordshire	50.8
Fiona Murray	Inverness	50.9
Jody Booker	Nottinghamshire	51.2
Natalie Lawrence	West Wales	51.2
Alexia McArthur	Inverness	51.2
Eleri George	West Wales	51.4
Suzy Buckby	West Yorkshire	51.4
Casey Hough	Cheshire	51.4
Rachel Atkinson	Gt. Manchester (Ind)	53.1
Amy Steaggles	Bedfordshire	55.1
Gemma Franks	Inverness	55.7
Hayley Whyke	South Yorkshire	57.4

Paarlauf

North Lanarkshire	1.32.1
Cornwall	1.33.0
Surrey	1.33.0
Birmingham	1.34.1
South Yorkshire	1.34.7
Isle of Wight	1.35.4
Bedfordshire	1.36.6
Nottinghamshire	1.36.8
Cheshire	1.38.4
Inverness	1.39.5
Donegal	1.40.5
West Wales	1.40.7
West Yorkshire	1.41.1

4 x 2 Lap Relay

Birmingham	1.26.2
Surrey	1.26.7
Donegal	1.27.7
Cheshire	1.28.8
Isle of Wight	1.29.3
Cornwall	1.29.7
North Lanarkshire	1.30.0
West Yorkshire	1.30.8
Nottingham	1.31.9
West Wales	1.31.9
Inverness	1.32.5
South Yorkshire	1.33.4
Bedfordshire	1.37.4

UNDER 15 GIRLS

St. Long Jump

Phyllis Agbo	Middlesex (Ind)	2.56
Rachel Tatlow	Cornwall	2.46
Sarah Evans	East Wales (Ind)	2.45
Joanne Nicol	N.Lanarkshire	2.40
Nicole Welsh	W.Yorkshire	2.37
Liza Parry	Birmingham	2.35
Cinzia Giancesovich	Isle Of Wight	2.32
Chanelle Garnett	Surrey	2.31
Sangeeta Dason	Surrey	2.29
Kathryn Corish	Co. Antrim (Ind)	2.29
Siobhan McGlynn	Donegal	2.28
Jill Lando	N.Lanarkshire	2.24
Jemma Thake	Suffolk (Ind)	2.24
Collette McBarron	Donegal	2.23
Michelle Robbins	Cheshire	2.22
Rachel Cannister	S.Yorkshire	2.22
Nicola Gore	Cheshire	2.20
Amy Meyerowytz	Nottinghamshire	2.20
Joanne Reade	Nottinghamshire	2.19
Anwen Rees	West Wales	2.19
Lizi Nicol	Isle Of Wight	2.18
Sophie Newington	West Wales	2.17
Sinead McCormick	Donegal	2.17
Holly Fromholc	Aberdeenshire (Ind)	2.17
Casey Hough	Cheshire	2.15
Gemma McAllister	Inverness	2.15
Megan Evans	Birmingham	2.13
Emily Parker	Surrey	2.12
Sam Day	Birmingham	2.07
Laura Chapman	Cornwall	2.07
Helen Davis	Isle Of Wight	2.07
Alexina McArthur	Inverness	2.07
Ruth Brady	W.Yorkshire	2.05
Kirsty Brusby	Cornwall	2.05
Rachel Atkinson	Gt. Manchester (Ind)	2.05
Elen Evans	West Wales	2.04
Susannah Kempson	Bedfordshire	2.01
Alison Gilmore	Bedfordshire	2.00
Sarah Gray	Inverness	2.00
Tracy Mitchell	S.Yorkshire	2.00
Carol McMillan	N.Lanarkshire	1.93
Claire Willbye	Nottinghamshire	1.89
Suzi Buckby	W.Yorkshire	1.77
Hayley Whyke	S.Yorkshire	1.73
Kathryn Langley	Bedfordshire	1.71

Vertical Jump

N. Burgher	Birmingham	61
S. Galloway	Hampshire (Ind)	61
M. Hammond	Cornwall	59
J. Northey	Cornwall	59
C. Croll	Surrey	59
L. Bloor	S. Yorkshire	57
K. Cronin	Isle Of Wight	57
J. Simms	Donegal	56
K. Hart	Nottinghamshire	56
B. Rashid	Surrey	56
K. Pearson	Bedfordshire	56
J. Tonner	Lancashire (Ind)	55
S. Sanderson	Surrey	54
A. Steaggles	Bedfordshire	54
Y. Harding	Middlesex (Ind)	54
R. Eadie	N. Lanarkshire	53
F. Noble	W. Yorkshire	53
A. Skene	Orkney (Ind)	53
H. Cuthbertson	S. Yorkshire	52
H. Robbins	Cheshire	51
R. Gobbi	W. Yorkshire	51
L. McCall	N. Lanarkshire	50
C. D'Silva	N. Lanarkshire	50
C. Watt	S. Yorkshire	49
M. Turney	Birmingham	49
M. Rodney	Birmingham	48
N. Slender	Bedfordshire	48
K. Osborne	Cheshire	47
E. George	West Wales	46
F. Thomas	West Wales	46
K. Kirkham	Cheshire	45
L. Hamilton	Cornwall	45
J. Booker	Nottinghamshire	45
C. Jones	Isle Of Wight	45
A. McDaid	Donegal	44
D. Shorthouse	Nottinghamshire	44
A. Bryant	Isle Of Wight	44
R. Wolstenholme	W. Yorkshire	43
M. Doherty	Donegal	42
J. Pinsent	Devon (Ind)	40
F. Murray	Inverness	37
N. Lawrence	West Wales	37
G. Franks	Inverness	34
P. Cameron	Inverness	32

Shot

Nicola Gore	Cheshire	11.29
Phyllis Agbo	Middlesex	10.57
Rachel Atkinson	Gtr Manchester	10.48
Laura Chapman	Cornwall	10.20
R.Wolstenholme	W.Yorkshire	9.85
Yomi Harding	Middlesex	9.42
Cinzia Giancesovich	I.O.W	9.41
Kirsty Brusby	Cornwall	8.93
Sam Day	Birmingham	8.69
Helen Davis	I.O.W	8.57
Joanne Nicoll	N.Lanarkshire	8.54
Sangeetta Dason	Surrey	8.50
Siobhan McGlynn	Donegal	8.41
Frances Nobel	W.Yorkshire	8.00
Jamilla Sanderson	Surrey	7.98
Elen Evans	West Wales	7.95
Katie Pearson	Bedfordshire	7.95
Suzi Buckby	W.Yorkshire	7.94

Speed Bounce

Charlotte Watt	S.Yorkshire	88
Sarah Galloway	Hampshire	88
Anwen Rees	West Wales	84
Claire Willbye	Nottinghamshire	84
Sinead McCormick	Donegal	84
Jemma Thake	Suffolk	83
Kirsty Hart	Nottinghamshire	83
Lauren McCall	N.Lanarkshire	82
Emily Parker	Surrey	82
Kay Cornin	I.O.W	82
Megan Evans	Birmingham	81
Jenna Northey	Cornwall	81
Sarah Evans	E.Wales	80
Holly Fromholc	Aberdeenshire	80
Ruth Brady	W.Yorkshire	80
Heather Cuthbertson	S.Yorkshire	80
Gemma McAllister	Inverness	79
Nadia Burgher	Birmingham	79

UNDER 15 GIRLS

Casey Hough	Cheshire	7.75	Charlie Croll	Surrey	78
Kaye Kirkham	Cheshire	7.73	Amy Bryant	I.O.W	78
Roslyn Eadie	N.Lanarkshire	7.73	Mairead Doherty	Donegal	78
Michelle Turney	Birmingham	7.66	Kim Osborne	Cheshire	78
Collette McBarron	Donegal	7.59	Jill Lando	N.Lanarkshire	77
Chanelle Garnett	Surrey	7.56	Rachel Tatlow	Cornwall	76
Lizi Nicole	Isle Of Wight	7.56	Jenny Pinsent	Devon (Ind)	76
Rachel Cannister	S.Yorkshire	7.54	Jennifer Simms	Donegal	76
Lesley Hamilton	Cornwall	7.40	Tracy Mitchell	S.Yorkshire	75
Hayley Whyke	S. Yorkshire	7.39	Natalie Slender	Bedfordshire	74
Sophie Newington	West Wales	7.36	Kathryn Corish	Co. Antrim (Ind)	74
Joanne Reade	Nottinghamshire	7.12	Clare Jones	I.O.W	73
Louise Bloor	S.Yorkshire	7.03	Michelle Hammond	Cornwall	72
Trisha Cameron	Inverness	6.97	Donna Shorthouse	Nottinghamshire	72
Efion Thomas	West Wales	6.96	Michelle Robbins	Cheshire	72
Carol McMillan	N.Lanarkshire	6.85	Liza Parry	Birmingham	71
Jody Booker	Nottinghamshire	6.83	Eleri George	West Wales	71
Andrea McDaid	Donegal	6.78	Rebecca Gobbi	W.Yorkshire	71
Susannah Kempson	Bedfordshire	6.73	Nichole Welsh	W.Yorkshire	71
Alexina McArthur	Inverness	6.44	Afra Skene	Orkney (Ind)	71
Marlene Rodney	Birmingham	6.18	Bianca Rashid	Surrey	70
Amy Meyerowytz	Nottinghamshire	6.04	Cara D'Silva	N.Lanarkshire	66
Sarah Gray	Inverness	5.40	Heather Robbins	Cheshire	65
Alison Gilmore	Bedfordshire	4.88	Jenna Tonner	Lancashire (Ind)	65
			Natalie Lawrence	West Wales	64
			Fiona Murray	Inverness	64
			Kathryn Langley	Bedfordshire	60
			Gemma Franks	Inverness	60
			Amy Steaggles	Bedfordshire	51

ALL-ROUNDERS

	Pts	
P. Agbo	Middlesex	298
S. Galloway	Hampshire	292
J. Nicoll	N. Lanarkshire	266
C. Giancovich	Isle Of Wight	265
S. Evans	East Wales	256
S. McGlynn	Donegal	254
J. Northey	Cornwall	253
N. Burgher	Birmingham	251
C. Croll	Surrey	251
R. Tatlow	Cornwall	250
S. Dason	Surrey	250
J. Thake	Suffolk	245
J. Lando	N. Lanarkshire	230
L. Parry	Birmingham	224
E. Parker	Surrey	223
F. Noble	West Yorkshire	222
L. Bloor	S. Yorkshire	222
A. Rees	West Wales	219
Y. Harding	Middlesex	219
K. Corish	Co. Antrim	219
M. Hammond	Cornwall	217
J. Sanderson	Surrey	211
C. Garnett	Surrey	211
K. Cronin	Isle Of Wight	207
K. Pearson	Bedfordshire	207
K. Hart	Nottinghamshire	202
S. Day	Birmingham	201
C. McBarron	Donegal	200
H. Fromholc	Aberdeenshire	200
B. Rashid	Surrey	198
S. McCormick	Donegal	198
C. Watt	S. Yorkshire	195
H. Davis	Isle Of Wight	194
N. Gore	Cheshire	189
K. Osborne	Cheshire	186
M. Evans	Birmingham	186

Team Positions

Surrey	1170
Birmingham	1092
Cornwall	1088
N. Lanarkshire	1051
Isle Of Wight	1003
Donegal	972
Cheshire	884
S. Yorkshire	852
W. Yorkshire	808
Nottinghamshire	778
West Wales	723
Bedfordshire	646
Inverness	512

UNDER 15 GIRLS

L. McCall	N. Lanarkshire	184
G. McAllister	Inverness	183
K. Kirkham	Cheshire	180
J. Simms	Donegal	180
M. Robbins	Cheshire	179
S. Newington	West Wales	176
R. Gobbi	West Yorkshire	175
R. Brady	West Yorkshire	173
L. Chapman	Cornwall	173
R. Eadie	N. Lanarkshire	171
M. Turney	Birmingham	170
A. Meyerowitz	Nottinghamshire	169
R. Wolstenholme	West Yorkshire	168
L. Nicol	Isle Of Wight	167
J. Tonner	Lancashire	167
J. Reade	Nottinghamshire	164
H. Cuthbertson	S. Yorkshire	164
R. Cannister	S. Yorkshire	161
K. Brusby	Cornwall	157
A. Skene	Orkney	157
H. Robbins	Cheshire	156
C. D'Silva	N. Lanarkshire	150
R. Atkinson	Gtr. Manchester	150
M. Doherty	Donegal	149
N. Welsh	West Yorkshire	148
E. Evans	West Wales	147
C. Jones	Isle Of Wight	144
N. Slender	Bedfordshire	142
M. Rodney	Birmingham	141
C. Hough	Cheshire	139
C. Willbye	Nottinghamshire	138
D. Shorthouse	Nottinghamshire	134
A. Bryant	Isle Of Wight	134
L. Hamilton	Cornwall	130
J. Pinsent	Devon	127
K. Langley	Bedfordshire	119
E. Thomas	West Wales	116
T. Mitchell	S. Yorkshire	115
S. Buckby	West Yorkshire	106
A. McArthur	Inverness	103
J. Booker	Nottinghamshire	99
A. Steaggles	Bedfordshire	98
E. George	West Wales	97
A. Gilmore	Bedfordshire	95
A. McDaid	Donegal	92
S. Gray	Inverness	88
H. Whyke	S. Yorkshire	76
S. Kempson	Bedfordshire	74
C. McMillan	N. Lanarkshire	74
T. Cameron	Inverness	68
N. Lawrence	West Wales	64
F. Murray	Inverness	58
G. Franks	Inverness	41

CGU SPORTS HALL ATHLETICS
UK NATIONAL FINAL, 09 APRIL 2000
UNDER 15 BOYS RESULTS

2 Lap

Jamie McNeil	Birmingham	19.8
Simon Roach	East Wales	20.3
Chris Saville	Hertfordshire	20.4
Derek McShannock	N. Lanarkshire	20.4
Antony Bibby	Tees Valley	20.4
Daniel Jellis	Individual	20.5
Edward Dunford	Birmingham	20.6
Tom Reynolds	Co. Down	20.6
Bernard Yeboah	Surrey	20.7
Phillip Browne	Co. Down	20.7
Simon Farendon	Nottinghamshire	20.8
Calum Scott-Woodhouse	Inverness	20.9
Andrew Brown	Cornwall	20.9
Ashley Kirton	Individual	20.9
Marcus Mittee	Essex	21.0
Matthew Hansford	Devon	21.1
James Offer	Berkshire	21.1
Suote Nyananyo	Tees Valley	21.2
Peter Phillips	Essex	21.2
Alex Thompson	Sussex	21.3
Terry Carter	Tees Valley	21.3
Chris Crilley	North Lanarkshire	21.4
David Smith	Norfolk	21.4
Steven Harvey	Nottinghamshire	21.5
Robert Birch	East Wales	21.5
Stephen Frost	East Wales	21.6
Mark Watson	North Lanarkshire	21.6
Andrew Jones	Gtr Manchester	21.7
Nicholas Essex	Sussex	21.9
James Dunford	Birmingham	22.0
Paul Lathom	Cornwall	22.0
James Holland	Essex	22.0
Michael McConkey	Co. Down	22.0
David Oldfield	Gtr Manchester	22.1
Tristan Smith	Cornwall	22.3
Matthew Root	Norfolk	22.3
Matthew Woolley	Nottinghamshire	22.6
Andrew Barnett	Inverness	22.6
Daniel Blake	Gtr Manchester	22.7
Tijam Borthwick	Sussex	22.9
Chris Sumner	Hertfordshire	23.0
Michael Cox	Norfolk	23.2
Robert Jones	Hertfordshire	23.8

4 Lap

Richardo Childs	East Wales	42.2
Matthew Barclay	Sussex	42.6
Robert Smith	Essex	43.0
Bob Thanda	Essex	43.2
James McCarthy	Tees Valley	43.2
Stephen Hemming	Gtr. Manchester	43.3
Paul Wright	Nottinghamshire	43.7
Edward Arman	Sussex	44.0
Stephen Meehan	Birmingham	44.1
James Knapp	Cornwall	44.6
Phil Evans	Birmingham	44.6
Lewis Danby	Inverness	44.6
Anthony Cowan	East Wales	44.6
Anthony Green	Cornwall	44.7
James Kirkpatrick	Co. Down	44.7
Adam Patterson	Norfolk	44.9
Michael Sacco	Nottinghamshire	45.0
Mark Lishman	Sussex	45.0
Richard Rafferty	N. Lanarkshire	45.1
Ricky Hallam	Birmingham	45.3
Daniel Crow	Nottinghamshire	45.4
Ashley Gilbert	Norfolk	45.4
Dale Johnson	Gtr Manchester	45.5
Craig Menzies	Inverness	45.6
Paul Lofthouse	Cornwall	45.7
Aaron Healy	Co. Down	45.7
Jamie Wilson	North Lanarkshire	45.7
Conor Lavery	Co. Down	45.8
John Baines	Tees Valley	46.0
Stephen Roberts	East Wales	46.1
David Proctor	Gtr Manchester	46.2
Matt Howard	Norfolk	46.4
Dan Rogers	Hertfordshire	47.3
Ian Cleaver	Hertfordshire	47.4
Carl Drifill	Tees Valley	47.5
Robert Jolley	Essex	47.6
Ryan McAllister	North Lanarkshire	49.8
Dave Collins	Hertfordshire	49.9

Paarlauf

Nottinghamshire	1.26.0
Tees Valley	1.26.9
Essex	1.28.4
North Lanarkshire	1.28.6
Gtr Manchester	1.29.3
Sussex	1.29.9
East Wales	1.30.1
Co. Down	1.30.1
Cornwall	1.31.1
Birmingham	1.31.8
Norfolk	1.32.3
Hertfordshire	1.35.3

4 x 2 Lap Relay

Birmingham	1.20.8
Essex	1.21.9
East Wales	1.21.9
Tees Valley	1.23.3
Co. Down	1.23.6
Inverness	1.23.7
Nottinghamshire	1.23.8
North Lanarkshire	1.24.6
Cornwall	1.24.8
Sussex	1.25.0
Gtr Manchester	1.27.7
Hertfordshire	1.31.2
Norfolk	1.31.6

St. Long Jump

Bernard Yeboah	Surrey	2.96
Jamie McNeil	Birmingham	2.81
Marcus Mittee	Essex	2.79
Matthew Barclay	Sussex	2.75
Suote Nyananyo	Tees Valley	2.69
Anthony Green	Cornwall	2.65
Daniel Jellis	Lincolnshire (Ind)	2.63
Anthony Cowan	East Wales	2.61
Simon Roach	East Wales	2.61
Derek McShannock	N. Lanarkshire	2.58
Peter Phillips	Essex	2.50
Steven Harvey	Nottinghamshire	2.47
Michael McConkey	Co. Down	2.47
Stephen Hemming	Gtr. Manchester	2.47
Daniel Blake	Gtr. Manchester	2.47
Alex Thompson	Sussex	2.43
Robert Birch	East Wales	2.42
James Kirkpatrick	Co. Down	2.42
Conor Lavery	Co. Down	2.42
Lewis Danby	Inverness	2.42
Ricky Hallam	Birmingham	2.40
Paul Lathom	Cornwall	2.38
Chris Saville	Hertfordshire	2.37
John Baines	Tees Valley	2.34
Matthew Woolley	Nottinghamshire	2.34
Tristan Smith	Cornwall	2.33
Adam Patterson	Norfolk	2.29
Matthew Hansford	Devon (Ind)	2.29
Mark Lishman	Sussex	2.24
Andrew Jones	Gtr. Manchester	2.24
Phil Evans	Birmingham	2.24
Craig Menzies	Inverness	2.21
Robert Jolley	Essex	2.21
Ashley Gilbert	Norfolk	2.21
Chris Crilley	North Lanarkshire	2.20
Ryan McAllister	North Lanarkshire	2.18
Michael Cox	Norfolk	2.15
Carl Drifill	Tees Valley	2.14
Simon Farendon	Nottinghamshire	2.13
Ian Cleaver	Hertfordshire	2.11
Dave Collins	Hertfordshire	1.94

Triple Jump

Richardo Childs	East Wales	8.78
Anthony Bibby	Tees Valley	8.66
Edward Dunford	Birmingham	8.47
Ashley Kirton	Cumbria (Ind)	8.33
James Offer	Berkshire (Ind)	8.16
Bob Thanda	Essex	8.08
Tom Reynolds	Co. Down	7.98
Calum S-Woodhouse	Inverness	7.74
James Holland	Essex	7.64
Phillip Browne	Co. Down	7.63
James Dunford	Birmingham	7.58
Edward Arman	Sussex	7.53
James Knapp	Cornwall	7.52
Paul Wright	Nottinghamshire	7.48
Robert Smith	Essex	7.48
Stephen Meehan	Birmingham	7.47
Terry Carter	Tees Valley	7.37
Dale Johnson	Gtr Manchester	7.30
Andrew Brown	Cornwall	7.29
David Oldfield	Gtr Manchester	7.26
Paul Lofthouse	Cornwall	7.24
Jamie Wilson	North Lanarkshire	7.19
Stephen Frost	East Wales	7.08
Dan Rogers	Hertfordshire	7.03
David Smith	Norfolk	6.98
James McCarthy	Tees Valley	6.92
Daniel Crow	Nottinghamshire	6.92
Matthew Root	Norfolk	6.92
Mark Watson	North Lanarkshire	6.83
Matt Howard	Norfolk	6.83
Michael Sacco	Nottinghamshire	6.74
David Proctor	Gtr Manchester	6.49
Stephen Roberts	East Wales	6.42
Chris Sumner	Hertfordshire	6.36
Robert Jones	Hertfordshire	6.33
Andrew Barnett	Inverness	6.28
Nicholas Essex	Sussex	6.24
Tijam Borthwick	Sussex	6.08

Shot

Edward Dunford	Birmingham	15.93
Robert Jolley	Essex	13.53
James Holland	Essex	13.40
Daniel Jellis	Lincolnshire (Ind)	13.07
Tom Reynolds	Co. Down	12.62
Michael McConkey	Co. Down	12.12
James Dunford	Birmingham	12.05
Matthew Woolley	Nottinghamshire	11.94
Bob Thanda	Essex	11.94
Michael Cox	Norfolk	11.69
Stephen Roberts	East Wales	11.63
Daniel Rogers	Hertfordshire	11.62
Derek McShannock	North Lanarkshire	11.50
Ashley Kirton	Cumbria (Ind)	11.44
Paul Lathom	Cornwall	11.43
Matthew Hansford	Devon (Ind)	11.36
James Kirkpatrick	Co. Down	11.36
Calum Scott-Woodhouse	Inverness	10.43
Mark Lishman	Sussex	10.43
Phill Evans	Birmingham	10.43
Stephen Hemming	Gtr. Manchester	10.27

Speed Bounce

Anthony Bibby	Tees Valley	86
Matthew Howard	Norfolk	85
James Knapp	Cornwall	84
Andrew Brown	Cornwall	81
Steven Harvey	Nottinghamshire	80
Peter Phillips	Essex	80
Chris Saville	Hertfordshire	80
Bernard Yeboah	Surrey (Ind)	79
James Offer	Berkshire (Ind)	78
Anthony Green	Cornwall	78
Matthew Barclay	Sussex	78
Andrew Barnett	Inverness	77
Ashley Gilbert	Norfolk	77
Suote Nyananyo	Tees Valley	86
Conor Lavery	Co. Down	70
Richard Childs	East Wales	76
Terry Carter	Tees Valley	75
Ryan McAllister	North Lanarkshire	75
Simon Roach	East Wales	74
Alex Thompson	Sussex	74
Daniel Crow	Nottinghamshire	73

Stephen Frost	East Wales	10.16	Ricky Hallam	Birmingham	73
Michael Sacco	Nottinghamshire	10.12	Jimmy Wilson	North Lanarkshire	73
David Oldfield	Gtr. Manchester	10.02	Chris Sumner	Hertfordshire	72
Anthony Gowan	East Wales	9.89	Paul Wright	Nottinghamshire	71
Daniel Blake	Gtr. Manchester	9.44	Robert Smith	Essex	71
John Baines	Tees Valley	9.44	Jamie McNeil	Birmingham	70
Carl Drifill	Tees Valley	9.36	Rob Birch	East Wales	70
Lewis Danby	Inverness	9.34	Marcus Mittee	Essex	70
Simon Farenden	Nottinghamshire	9.27	Dale Johnson	Gtr. Manchester	69
Nick Essex	Sussex	9.26	Matthew Root	Norfolk	68
Paul Lofthouse	Cornwall	9.03	Phillip Browne	Co. Down	68
Edward Arman	Sussex	8.96	Andrew Jones	Gtr. Manchester	67
Chris Crilley	North Lanarkshire	8.92	Craig Menzies	Inverness	66
James McCarthy	Tees Valley	8.57	Tijam Borthwick	Sussex	61
David Smith	Norfolk	8.43	Robert Jones	Hertfordshire	59
Mark Watson	North Lanarkshire	8.17			
Adam Patterson	Norfolk	7.84			
Tristan Smith	Cornwall	7.81			
Ian Cleaver	Hertfordshire	7.66			
Dave Collins	Hertfordshire	6.52			

All-Rounders

		pts
A. Bibby	Tees Valley	292
E. Dunford	Birmingham	283
M. Barclay	Sussex	273
D. Jellis	Lincolnshire (Ind)	272
R. Childs	East Wales	270
B. Yeboah	Surrey (Ind)	269
B. Thanda	Essex	268
T. Reynolds	Co. Down	267
D. McShannock	North Lanarkshire	252
J. Knapp	Cornwall	251
S. Roach	East Wales	244
A. Green	Cornwall	244
A. Kirton	Cumbria (Ind)	244
J. McNeil	Birmingham	242
J. Offer	Berkshire (Ind)	242
C. Saville	Hertfordshire	240
P. Phillips	Essex	235
A. Brown	Cornwall	234
S. Nyananyo	Tees Valley	227
C. Scott-Woodhouse	Inverness	226
S. Hemming	Gtr Manchester	225
J. Holland	Essex	219
S. Harvey	Nottingham	218
R. Smith	Essex	218
A. Cowan	East Wales	216
M. Mittee	Essex	212
P. Wright	Nottingham	210
J. Kirkpatrick	Co. Down	207
J. Dunford	Birmingham	207
M. McConkey	Co. Down	204
P. Browne	Co. Down	201
E. Arman	Sussex	200
T. Carter	Tees Valley	194
A. Thompson	Sussex	192
S. Meehan	Birmingham	190
L. Danby	Inverness	188
P. Evans	Birmingham	185
M. Hansford	Devon (Ind)	185
C. Lavery	Co. Down	181
M. Howard	Norfolk	179
R. Hallam	Birmingham	178
M. Lishman	Sussex	173
J. McCarthy	Tees Valley	173
P. Lathom	Cornwall	169

Team Positions

	pts
Essex	1170
Tees Valley	1106
Birmingham	1092
East Wales	1073
Co. Down	1029
Cornwall	997
Sussex	958
Nottinghamshire	956
North Lanarkshire	822
Gtr Manchester	816
Inverness	746
Norfolk	667
Hertfordshire	632

D. Rogers	Hertfordshire	168
P. Lofthouse	Cornwall	168
A. Gilbert	Norfolk	168
M. Woolley	Nottingham	165
J. Wilson	North Lanarkshire	164
R. Jolley	Essex	164
S. Frost	East Wales	163
D. Crow	Nottingham	163
M. Sacco	Nottingham	163
R. Birch	East Wales	162
D. Johnson	Gtr Manchester	162
D. Proctor	Gtr Manchester	159
S. Roberts	East Wales	158
D. Oldfield	Gtr Manchester	150
D. Blake	Gtr Manchester	148
J. Baines	Tees Valley	146
S. Farendon	Nottingham	146
A. Patterson	Norfolk	141
D. Smith	Norfolk	139
A. Barnett	Inverness	132
M. Cox	Norfolk	128
C. Crirley	North Lanarkshire	123
R. McAllister	North Lanarkshire	123
C. Menzies	Inverness	120
M. Watson	North Lanarkshire	120
A. Jones	Gtr Manchester	120
M. Root	Norfolk	115
N. Essex	Sussex	112
C. Sumner	Hertfordshire	106
T. Smith	Cornwall	105
C. Driffill	Tees Valley	104
I. Cleaver	Hertfordshire	78
T. Borthwick	Sussex	76
R. Jones	Hertfordshire	74
D. Collins	Hertfordshire	66
R. Rafferty	North Lanarkshire	64
A. Healy	Co. Down	50

CGU SPORTS HALL ATHLETICS
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UNDER 13 GIRLS RESULTS

2 Lap

Emma Strachan	Warwickshire	21.5
Susan Bagnall	Denbighshire	22.0
Nicki Webb	Denbighshire	22.2
Lauren Scott	Nottinghamshire	22.4
Leah McGuire	Norfolk	22.4
Aimee Palmer	Staffordshire (Ind)	22.5
Nicola Schofield	Essex	22.6
Hannah Neal	Isle of Wight	23.1
Danielle Ross	Essex	23.1
Megan Young	Leicester	23.1
Jodie Campbell	Avon	23.2
Carla Green	Avon	23.2
Joanna Mills	Leicester	23.2
Vicky Walker	West Yorkshire	23.2
Kim Piggott	Isle of Wight	23.3
Kim Rogers	Dorset	23.3
Lindsay Woods	Fermanagh	23.3
Amanda Fletcher	Warwickshire	23.3
Sam Britton	Nottinghamshire	23.4
Jessica Forbes	West Yorkshire	23.5
Nikysha Ferguson	Gtr Manchester	23.6
Kerry Allington	Gtr Manchester	23.7
Jayne O'Brien	Fermanagh	23.8
Lauren Davies	Dorset	23.9
Rachel Matthews	Norfolk	24.7

4 Lap

Nuala Curran	Fermanagh	46.2
Lucy Rodgers	Essex	46.7
Hannah Wharton	Norfolk	47.7
Lauren Evans	West Yorkshire	48.8
Rebecca Long	West Yorkshire	48.9
Aoife Loftus	Nottinghamshire	49.7
Danielle Hinkson	Warwickshire	49.8
Louise McMullen	Gtr Manchester	49.3
Loretta Barnett	Gtr Manchester	49.6
Rachel Baber	Dorset	50.2
Kimberley Mirren	Dorset	50.5
Kristy Moyhan	Leicester	50.5
Hazel Price	Denbighshire	50.8
Naomi Budulis	Leicester	51.1
Jenna Gardner	Avon	51.1
Bryony Drummond	Isle of Wight	51.3
Sorcha Campbell	Fermanagh	51.4
Laura Jagger	Nottinghamshire	51.8
Rachel Sanders	Denbighshire	52.0
Jane Hunt	Norfolk	52.1
Stacy Tapping	Warwickshire	52.1
Abby Lines	Isle of Wight	52.3
Stephanie Walker	Avon	52.6
Jane Elmes	Essex	52.7

6 Lap Relay

Sara Luck	Essex	1.16.8
Cheri Morrison	Gtr Manchester	1.17.1
Christy Drummond	Isle of Wight	1.18.4
Greta Connolly	Norfolk	1.19.0
Megan Foley	Essex	1.19.0
Laura Turner	Warwickshire	1.19.9
Vicky Merrell	Avon	1.20.4
Martha Dalton	Avon	1.20.7
Vicky Harold	Gtr Manchester	1.20.9
Emma Lyons	Nottinghamshire	1.21.2
Sarah Donnelly	Fermanagh	1.21.3
Holly Marsden	Isle of Wight	1.21.5
Laura Jones	Denbighshire	1.21.7
Lucy Mayho	West Yorkshire	1.21.8
Joanne Bridge	Norfolk	1.22.0
Leanne Newiss	West Yorkshire	1.22.2
Laura Lidford	Denbighshire	1.22.4
Karly Raynor	Leicester	1.22.4
Rachel Locke	Dorset	1.23.1
Rachel Gair	Nottinghamshire	1.23.4
Angela Speight	Fermanagh	1.23.7
Natasha Cuthbert	Leicester	1.23.9
Katherine Snowden	Warwickshire	1.24.2
Louise Watton	Dorset	1.26.0

Circuit Relay

Isle of Wight	1.16.3
Fermanagh	1.16.7
Norfolk	1.18.3
Warwickshire	1.19.2
Leicester	1.22.4
Avon	1.24.0
Denbighshire	1.20.4
Essex	1.22.0
Nottinghamshire	1.22.5
Dorset	1.23.1
Gtr Manchester	1.24.5
West Yorkshire	1.24.6

Paarlauf

Essex	1.35.0
Nottingham	1.35.2
Isle Of Wight	1.35.2
Warwick	1.37.5
West Yorkshire	1.37.5
Norfolk	1.38.3
Leicester	1.39.6
Gtr Manchester	1.40.3
Dorset	1.40.7
Avon	1.42.3
Denbighshire	1.43.2
Fermanagh	1.45.7

4 x 2 Lap Relay

Norfolk	1.28.7
Essex	1.29.9
Avon	1.30.9
Leicester	1.31.3
Denbighshire	1.33.1
Gtr Manchester	1.35.2
Isle of Wight	1.31.6
Fermanagh	1.31.6
West Yorkshire	1.32.4
Dorset	1.33.7
Notts	1.31.1
Warwickshire	1.33.7

High Jump

Tanya Brook	West Yorkshire	1.57
Stephi Pywell	Nottinghamshire	1.50
Natasha Speight	Nottinghamshire	1.45
Katy O'Sullivan	Essex	1.45
Catherine Bradbury	East Wales (Ind.)	1.40
Lucy Shipp	Norfolk	1.40
Cheri Morrison	Gtr Manchester	1.35
Jamie Lee Swaley	Avon	1.35
Sara Luck	Essex	1.35
Hannah Bartlett	Isle of Wight	1.35
Martha Dalton	Avon	1.35
Hazel Price	Denbighshire	1.35
Lauren Davies	Dorset	1.30
Gemma Pike	Norfolk	1.30
Beulah Steele	Isle of Wight	1.30
Rebecca Long	West Yorkshire	1.30
Linda Swindle	Fermanagh	1.30
Rachel Baber	Dorset	1.25
Natasha Cuthbert	Leicester	1.25
Jackie Carter	Gtr Manchester	1.25
Laura Turner	Warwickshire	1.20
Sorcha Campbell	Fermanagh	1.15
Stacey Tapping	Warwickshire	1.10
Claire Mensley	Leicester	1.10

St. Long Jump

Amie Palmer	Stafford (Ind)	2.35
Lucy Rodgers	Essex	2.29
Charleen Payne	Dorset	2.28
Rebecca Moore	Gtr Manchester	2.26
Twanale Zgozi	Avon	2.26
Emma Williams	Warwickshire	2.24
Leanne Newiss	West Yorkshire	2.20
Naomi Jones	Denbighshire	2.18
Vicky Walker	West Yorkshire	2.16
Lyndsey Singer	Essex	2.15
Christy Drummond	Isle of Wight	2.14
Emma Lyons	Nottinghamshire	2.12
Claire Crilly	Fermanagh	2.12
Nikki Webb	Denbighshire	2.12
Sophie Moosavi	Avon	2.12
Holly Marsden	Isle of Wight	2.08
Sara Donnelly	Fermanagh	2.08
Loretta Barnett	Gtr Manchester	2.07
Naomi Budulis	Leicester	2.06
Megan Young	Leicester	2.06
Georgie Hindle	Dorset	2.04
Michelle Harrison	Nottinghamshire	1.99
Jane Hunt	Norfolk	1.99
Lisa MacPherson	Warwickshire	1.99
Rachel Matthews	Norfolk	1.98

St Triple Jump

Nuala Curran	Fermanagh	7.56
Susan Bagnall	Denbighshire	7.28
Bryony Drummond	Isle of Wight	6.95
Emily Noble	West Yorkshire	6.92
Lauren Scott	Nottinghamshire	6.79
Leah McGuire	Norfolk	6.76
Amanda Fletcher	Warwickshire	6.54
Lauren Evans	West Yorkshire	6.50
Tanai Manifold	Nottinghamshire	6.47
Shanade Hamilton	Avon	6.45
Jodie Dyde	Warwickshire	6.45
Gemma Eastman	Dorset	6.45
Amy Burns	Fermanagh	6.33
Nicola Schofield	Essex	6.30
Lyndsey Clark	Essex	6.27
Blue Brown	Isle of Wight	6.27
Claire Murphy	Dorset	6.24
Janine Mulleneaux	Gtr Manchester	6.21
Jessica Hawksley	Gtr Manchester	6.16
Jenna Gardner	Avon	6.12
Joanne Bridge	Norfolk	6.10
Nicola Ball	Leicester	5.94
Laura Creighton	Leicester	5.75
Katie Parry	Denbighshire	5.64

Vertical Jump

Emma Strachan	Warwickshire	64
Adrienne Smith	West Yorkshire	60
Victoria Poultney	Essex	58
Danielle Ross	Essex	57
Victoria Merrell	Avon	57
Faye Samuda	West Yorkshire	56
Joanna Mills	Leicester	55
Hannah Neal	Isle of Wight	54
Laura Jagger	Nottinghamshire	54
Carla Green	Avon	52
Grace Hoey	Fermanagh	52
Sam Britton	Nottinghamshire	52
Alex Heggie	Warwickshire	49
Abby Lines	Isle of Wight	48
Sara Cottam	Gtr Manchester	47
Lucy Thorne	Dorset	47
Laura Jones	Denbighshire	45
Kim Rogers	Dorset	45
Faye Matthews	Norfolk	44
Rachel Sanders	Denbighshire	43
Lyndsey Woods	Fermanagh	42
Laura Turner	Leicester	41
Anna Walsh	Norfolk	41
Louise McMullen	Gtr Manchester	36

Shot

N. Iniekio	Sussex (Ind)	12.05
Vicki Harold	Gtr Manchester	10.78
Louise Watton	Dorset	10.24
Caroline Smith	Essex	9.66
Danielle Hinkson	Warwickshire	9.63
Emma Pearson	Leicester	9.56
Amy Howard	West Yorkshire	9.29
Gemma Llewellyn	Gtr Manchester	9.20
Sonia Burt	Isle Of Wight	9.00
Becky Healey	Isle Of Wight	8.92
Gemma French	West Yorkshire	8.78
Jodie Hart	Avon	8.68
Jodie Campbell	Avon	8.57
Nadia Allen	Dorset	8.37
Jane Towey	Warwickshire	8.18
Hannah Wharton	Bedfordshire	8.15
Reb Warrington	Staffordshire	8.03
Sadie Bentley	Essex	7.94
Karen Goodwin	Norfolk	7.92
Tara Richards	Nottinghamshire	7.64
Caroline Hulme	Denbighshire	7.11
Hannah Bowen	Denbighshire	7.05
Leonora Kennedy	Fermanagh	6.66
Aoife Loftus	Nottinghamshire	6.65
Michaela Breen	Fermanagh	6.18

Team Positions

Essex	486
Norfolk	373
Isle of Wight	369
Warwickshire =	309
West Yorkshire =	309
Avon	291
Nottinghamshire	288
Leicestershire	274
Gtr Manchester	258
Denbighshire	241
Fermanagh	233
Dorset	157

CGU SPORTS HALL ATHLETICS
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UNDER 13 BOYS RESULTS

2 Lap

Nadum Onhuha	Gtr. Manchester	20.5
Leroy Powell	Avon	21.2
Ben Krauss	Dorset	21.4
Alister Moore	Fermanagh	21.7
Karl Hall	Nottinghamshire	21.8
Richard Parker	Staffordshire	21.9
Lee Charlton	Tyne and Wear	22.1
Scott Keating	Essex	21.9
Trevor Bennett	Avon	22.1
Gavin Maguire	Fermanagh	22.1
James Pearson	Staffordshire	22.1
David Pembroke	Bedfordshire	22.3
Paul Drewery	Isle of Wight	22.4
Chris Stappard	Tyne and Wear	22.4
Tom Jarvis	Bedfordshire	22.4
Adam Melia	Surrey	22.5
Natham Simon	Surrey	22.5
Robert Smith	West Wales	22.6
Chris Day	West Wales	22.8
Tom Riddlesdell	Isle of Wight	22.9
Antony Burton	Dorset	23.0
Joseph Ciceron	Nottinghamshire	23.6
Ayo Awosika	Essex	29.4

4 Lap

Craig Glanville	Tyne and Wear	43.3
Michael Devlin	Co. Londonderry	43.7
Joel Powell	Avon	44.6
Ryan Thomas	Surrey	45.1
Tom Forbes	Staffordshire	45.5
Andrew Creighton	Fermanagh	46.0
Justin Golding	Isle of Wight	47.5
Mahedi Hussain	Staffordshire	46.0
Darren Daniel	West Wales	46.4
Shane Codd	Bedfordshire	46.7
Michael Bancroft	Gtr. Manchester	46.8
Joseph Wayman	Nottinghamshire	47.0
Joe Bullen	Surrey	47.0
Seyi Shodunke	Essex	47.0
Lewis Robson	Tyne and Wear	47.2
Christopher Bruce	Fermanagh	47.7
James Warsop	Dorset	47.8
Josh Abbey	Bedfordshire	47.8
Tom Cheetham	Dorset	47.9
Charlie Cossins	Avon	48.0
Andrew Hyland	Gtr Manchester	48.2
Richard Mead	Essex	48.2
Matthew Rees	West Wales	49.5
Ben Wood	Isle of Wight	49.7
Darren Turlukowski	Nottinghamshire	50.2

6 Lap Relay

Paul McGowan	Fermanagh	1.22.0
Terry O'Leary	Essex	1.13.8
James Harrison	Nottinghamshire	1.14.5
Raymond Banks	Surrey	1.14.8
James Oxlade	Bedfordshire	1.14.8
Mark Thorley	Gtr. Manchester	1.15.0
Kieran Flannery	Tyne and Wear	1.15.5
Ben Andrews	Gtr. Manchester	1.15.7
Stephen Martin	West Wales	1.15.7
Martyn Rooney	Surrey	1.15.8
Kyle Levrier	Isle of Wight	1.15.9
Jon Hoare	Avon	1.16.0
Michael Ward	Essex	1.16.1
Nicky Finlay	Fermanagh	1.17.4
Mark Bellaera	Avon	1.17.7
Adam Hancock	West Wales	1.17.9
Chris Gooda	Bedfordshire	1.18.0
Alistair Martin	Staffordshire	1.18.8
Carl Jones	Isle of Wight	1.20.5
Daniel Cheney	Dorset	1.21.6
Chris Boulton	Nottinghamshire	1.21.7
Sean Ryder	Staffordshire	1.21.7
Chris Breckon	Tyne and Wear	1.22.0
Jonathon Boyle	Dorset	1.22.7

Circuit Relay

Surrey	1.14.6
Isle of Wight	1.14.8
Fermanagh	1.16.0
Essex	1.18.0
Gtr. Manchester	1.18.9
Avon	1.20.3
Nottinghamshire	1.20.9
Bedford	1.21.4 pp
Dorset	1.21.6
West Wales	1.24.4
Tyne & Wear	1.25.7

Paarlauf

Fermanagh	1.31.2
Avon	1.31.3
Surrey	1.31.7
Nottinghamshire	1.32.0
Isle of Wight	1.33.5
West Wales	1.34.7
Essex	1.35.0
Gtr. Manchester	1.35.7
Tyne and Wear	1.37.0
Bedford	1.38.0
Stafford	1.41.1
Dorset	1.43.2

4 x 2 Lap Relay

Gtr. Manchester	1.25.2
Tyne and Wear	1.26.0
Fermanagh	1.26.5
Essex	1.26.8
Surrey	1.28.2
Avon	1.28.7
Staffordshire	1.28.8
Bedfordshire	1.29.2
West Wales	1.29.5
Nottinghamshire	1.30.6
Isle of Wight	1.30.6
Dorset	1.31.6

High Jump

Matt Johnson	Hampshire (Ind)	1.60
Lee Dinham	Staffordshire	1.55
Carl Jones	Isle of Wight	1.55
Ben Ferguson	Gtr. Manchester	1.45
Bobby Lyttle	Fermanagh	1.45
Nick Fradgley	Dorset	1.45
Paul Drewery	Isle of Wight	1.45
Adam Nash	Dorset	1.45
Stephen Martin	West Wales	1.40
Mark Boreham	Surrey	1.40
Ashley Thorpe	Nottinghamshire	1.40
David Pembroke	Bedfordshire	1.40
Matt French	Essex	1.45
Simon Hemmings	Essex	1.35
Adam Hancock	West Wales	1.35
Daniel Cash	Staffordshire	1.35
Paul Kane	Gtr. Manchester	1.35
Mark Noble	Fermanagh	1.35
Lewis Robson	Tyne and Wear	1.35
Dylan Dixon	Surrey	1.40
Dan Mock	Avon	1.30
Chris Goodall	Bedfordshire	1.30
Jamie Smith	Avon	1.30
Joseph Ciceron	Nottinghamshire	1.25

St. Long Jump

Craig Glanville	Tyne and Wear	2.54
James Taylor	Sussex (Ind)	2.53
Peter Madigan	Surrey	2.53
Ben Krauss	Dorset	2.41
James Warsop	Dorset	2.40
Ben Harrison	Essex	2.39
Tom Forbes	Staffordshire	2.37
Ryan Thomas	Surrey	2.37
Joel Powell	Avon	2.34
Ben Wood	Isle of Wight	2.30
Ben Davies	West Wales	2.29
Thomas Martin	Gtr. Manchester	2.27
Matthew Molan	Isle of Wight	2.27
Alistair Moore	Fermanagh	2.26
Chris Bruce	Fermanagh	2.24
Avran Arbuckle	Gtr. Manchester	2.23
Seyi Shodunke	Essex	2.19
James Harrison	Nottinghamshire	2.16
Chris Stappard	Tyne and Wear	2.14
Tom Jarvis	Bedfordshire	2.12
Jon Hoare	Avon	2.11
Chris Boulton	Nottinghamshire	2.08
Chris Day	West Wales	2.07
Sean Ryder	Staffordshire	1.98

St. Triple Jump

Nadum Onhuha	Gtr. Manchester	8.72 UKR
Chris Dobbas	Isle of Wight	7.62
Michael Emezie	South Wales (Ind)	7.42
Andrew Lindley	Gtr. Manchester	7.32
Alan Hassall	Staffordshire	7.27
Tom Walker	Avon	7.20
Karl Hall	Nottinghamshire	7.19
Gavin McGuire	Fermanagh	7.19
John Williams	Surrey	7.10
Augustus Bovell	Essex	7.08
Matthew Rees	West Wales	6.83
Kyle Levrier	Isle of Wight	6.68
Darren Turlukowski	Nottinghamshire	6.58
James McAuley	Fermanagh	6.55
Tom Cheetham	Dorset	6.54
Andrew O'Connor	Surrey	6.54
Daniel Williams	West Wales	6.47
Josh Abbey	Bedfordshire	6.46
Charlie Cossins	Avon	6.45
Giuseppa Marabese	Bedfordshire	6.44
James Pearson	Staffordshire	6.42
Kieran Flannery	Tyne and Wear	6.33
Daniel Cheney	Dorset	6.21
Lee Tressider	Essex	6.20
Adrian Briggs	Tyne and Wear	6.20

Vertical Jump

Ayo Awosika	Essex	64
Mahedi Hussain	Staffordshire	63
Brian Kayigi	Essex	58
Justin Golding	Isle of Wight	57
James Oxlade	Bedfordshire	56
Paul McGowan	Fermanagh	55
Aled Rees	West Wales	53
Leroy Powell	Avon	52
Alex Whitehead	West Wales	52
Tim Davis	Isle of Wight	52
Joe Ive	Surrey	50
Nick Finlay	Fermanagh	50
Michael Bancroft	Gtr. Manchester	49
Abam Melia	Surrey	49
Joseph Wayman	Nottinghamshire	46
Duncan Rogers	Tyne and Wear	45
Alistair Martin	Staffordshire	45
Liam Brehme	Dorset	44
Stephen Keetley	Nottinghamshire	43
Tim Catton	Dorset	39
Ian Draycott	Bedfordshire	37
Nick Milliner	Avon	37
Zak Scott	Tyne and Wear	35
Matthew Procter	Gtr. Manchester	32

Shot

David Price	Flintshire (Ind)	13.46
Daniel Hepplewhite	Dorset	13.05
Richard Parker	Staffordshire	12.61
John Gilmurray	Fermanagh	11.94
Terry O'Leary	Essex	11.04
Daniel Bayliss	Nottinghamshire	10.93
Stewart Arbuthnot	Dorset	10.92
Andrew Huston	Gtr. Manchester	10.92
Natham Simon	Surrey	10.83
Daniel Griffiths	West Wales	10.60
Daniel Barton-Smith	Isle of Wight	10.13
Kevin McCrossan	Avon	10.06
Raymond Banks	Surrey	10.03
Tom Riddlesdell	Isle of Wight	9.94
Rottcha Acierno	Nottinghamshire	9.80
Scott Keating	Essex	9.75
Shane Codd	Bedfordshire	9.71
Darren Logan	Fermanagh	9.52
Alun Hyland	Gtr. Manchester	9.50
Lee Winks	Avon	9.42
Lee Charlton	Tyne and Wear	9.05
Alun Harris	West Wales	9.00
Ken Taylor	Staffordshire	7.16
Paul Larkin	Tyne and Wear	7.02

TEAM POSITIONS

Fermanagh	451
Surrey	412
Gtr. Manchester	382
Essex	362
Avon	342
Isle of Wight	329
Nottingham	257
Tyne and Wear	242
Stafford	230
West Wales	209
Dorset	185
Bedford	177

UKR = UK Record