



SPORTSHALL

# Aviva Sportshall UK Championships Regional Finals 2010

## Ulster Final

Meadowbank Indoor Sports Arena, Magherafelt  
Thursday 11 March 2010

Antrim	yellow
Co. Tyrone (under 13 girls, under 15 girls)	purple
Co. Londonderry	sky
Derry City (under 15 girls)	grey
Donegal	green
East Belfast (under 13 girls, under 15 girls)	violet
Fermanagh (under 13 girls & boys, under 15 boys)	red

# Competition Results

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Fermanagh	red	675	60	50	70	70	58	42	38	43	44	46	58	48	48
2	Donegal	green	672	70	40	60	60	44	48	58	49	42	57	50	42	52
3	Antrim	yellow	598	50	70	40	50	48	50	40	48	44	38	20	54	46
4	Co. Londonderry	sky	453	0	60	50	40	34	28	48	28	54	27	22	40	22

# Team Results

# Antrim (yellow)

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Fermanagh	red	675	60	50	70	70	58	42	38	43	44	46	58	48	48
2	Donegal	green	672	70	40	60	60	44	48	58	49	42	57	50	42	52
3	Antrim	yellow	598	50	70	40	50	48	50	40	48	44	38	20	54	46
4	Co. Londonderry	sky	453	0	60	50	40	34	28	48	28	54	27	22	40	22

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Aaron Weir	4LR	46.7	45.3			45.3	1	30
1	Aaron Weir	HJ	1.44				1.44	1	30
2	Leon Devlin	2LR	22.9	23.3			23.3	5	22
2	Leon Devlin	STJ	6.96	6.90	7.00	6.92	7.00	2	28
3	Niall McNaughton	4LR	48.7	0.0			48.7	6	20
3	Niall McNaughton	S	6.50	0.00	6.90	7.00	7.00	7	18
4	Ryan Long	6LR	1:18.3				1:18.3	4	24
4	Ryan Long	SB	68				68	6	20
5	Ian Warwick	SLJ	1.62	1.52	1.68	1.62	1.68	6	20
6	Ryan Delargy	SB	64				64	7	18
7	Sean McCann	2LR	23.0	23.1			23.1	3	26
7	Sean McCann	SLJ	0.00	0.00	0.00	0.00	0.00		
8	Thomas Samway	6LR	1:31.5				1:31.5	8	16
8	Thomas Samway	HJ	1.30				1.30	7	18
9	Adam Laverty	STJ	5.96	6.16	6.16	6.26	6.26	3	26
10	Aiden Murray	VJ	48	48	48	45	48	3	26
11	Matthew Devine	VJ	39	44	38	42	44	6	20
12	Niall McCarry	S	8.26	8.33	8.20	8.12	8.33	3	26



# Team Results

# Donegal (green)

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Fermanagh	red	675	60	50	70	70	58	42	38	43	44	46	58	48	48
2	Donegal	green	672	70	40	60	60	44	48	58	49	42	57	50	42	52
3	Antrim	yellow	598	50	70	40	50	48	50	40	48	44	38	20	54	46
4	Co. Londonderry	sky	453	0	60	50	40	34	28	48	28	54	27	22	40	22

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Paudraig Byrne	4LR	49.2	50.1			50.1	5	22
25	Paudraig Byrne	HJ	1.30				1.30	4=	23
26	Paul Doherty	SB	72				72	2=	27
27	Conor Doherty	2LR	23.3	23.6			23.6	6	20
27	Conor Doherty	SB	76				76	1	30
28	Domnick Gallagher	S	7.67	7.60	7.25	7.38	7.67	5	22
29	Jason McGill	HJ	1.35				1.35	3	26
30	Kevin McGinley	STJ	5.58	5.60	5.46	5.36	5.60	6	20
31	Oisin Toal	6LR	1:16.4				1:16.4	1	30
31	Oisin Toal	SLJ	1.98	1.96	1.78	1.86	1.98	3	26
32	Darragh Toal	4LR	48.5	48.6			48.6	3	26
32	Darragh Toal	SLJ	1.86	0.00	1.76	1.82	1.86	4	24
33	Peter Gibbons	6LR	1:17.7				1:17.7	2	28
33	Peter Gibbons	S	6.23	7.27	0.00	0.00	7.27	6	20
34	Eoin Farrell	VJ	45	49	48	47	49	2	28
35	Niall Fogarty	2LR	22.9	23.2			23.2	4	24
35	Niall Fogarty	VJ	48	47	47	47	48	4	24
36	Fergus Cox	STJ	5.62	5.54	5.49	5.50	5.62	5	22

# Team Results

# Fermanagh (red)

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Score	OR	P8	4x1	4x2	2LR	4LR	6LR	HJ	S	SB	SLJ	STJ	VJ
1	Fermanagh	red	675	60	50	70	70	58	42	38	43	44	46	58	48	48
2	Donegal	green	672	70	40	60	60	44	48	58	49	42	57	50	42	52
3	Antrim	yellow	598	50	70	40	50	48	50	40	48	44	38	20	54	46
4	Co. Londonderry	sky	453	0	60	50	40	34	28	48	28	54	27	22	40	22

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Adrian Podgorski	2LR	22.0	22.1			22.1	1	30
37	Adrian Podgorski	STJ	6.70	6.88	7.07	7.01	7.07	1	30
38	Ruari McCaffrey	2LR	22.3	22.4			22.4	2	28
38	Ruari McCaffrey	S	5.58	5.94	6.77	6.42	6.77	8	16
39	Luke Corrigan	4LR	48.2	49.5			49.5	4	24
39	Luke Corrigan	VJ	43	41	42	40	43	7	18
40	Edward Boyd	6LR	1:21.0				1:21.0	7	18
40	Edward Boyd	SB	69				69	5	22
41	Marw McCaffrey	6LR	1:20.7				1:20.7	6	20
41	Marw McCaffrey	HJ	1.30				1.30	4=	23
42	Keelan Kelly	4LR	49.4	0.0			49.4	7	18
42	Keelan Kelly	S	7.32	7.73	8.34	7.76	8.34	2	28
43	Winston Moran	SB	70				70	4	24
44	Jebriil Bago	VJ	48	50	47	48	50	1	30
45	Kurtis McCaffrey	STJ	5.50	5.53	5.43	5.38	5.53	7	18
46	Cahill McBride	SLJ	2.04	2.06	2.10	2.05	2.10	1	30
47	Josh Crudden	SLJ	2.00	1.98	2.00	2.06	2.06	2	28
48	Andrew Hutchinson	HJ	1.30				1.30	6	20

# Results Sheet

# Obstacle Relay

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Donegal	green	1:19.3	0.0	1:19.3	70.0
2	04	Fermanagh	red	1:21.0	0.0	1:21.0	60.0
3	01	Antrim	yellow	1:27.6	0.0	1:27.6	50.0

# Results Sheet

# 2 Lap Race

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Fermanagh	red	58
2	Antrim	yellow	48
3	Donegal	green	44
4	Co. Londonderry	sky	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Fermanagh	red	37	Adrian Podgorski	22.1	30
2	Fermanagh	red	38	Ruari McCaffrey	22.4	28
3	Antrim	yellow	7	Sean McCann	23.1	26
4	Donegal	green	35	Niall Fogarty	23.2	24
5	Antrim	yellow	2	Leon Devlin	23.3	22
6	Donegal	green	27	Conor Doherty	23.6	20
7	Co. Londonderry	sky	18	Coby Mason	24.4	18
8	Co. Londonderry	sky	21	Joseph Quigley	24.7	16



# Results Sheet

# 4 Lap Race

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Antrim	yellow	50
2	Donegal	green	48
3	Fermanagh	red	42
4	Co. Londonderry	sky	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Antrim	yellow	1	Aaron Weir	45.3	30
2	Co. Londonderry	sky	13	Adam Henry	45.6	28
3	Donegal	green	32	Darragh Toal	48.6	26
4	Fermanagh	red	39	Luke Corrigan	49.5	24
5	Donegal	green	25	Paudraig Byrne	50.1	22
6	Antrim	yellow	3	Niall McNaughton	48.7	20
7	Fermanagh	red	42	Keelan Kelly	49.4	18

# Results Sheet

# 6 Lap Time Trial

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Donegal	green	58
2	Co. Londonderry	sky	48
3	Antrim	yellow	40
4	Fermanagh	red	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Donegal	green	31	Oisin Toal	1:16.4	30
2	Donegal	green	33	Peter Gibbons	1:17.7	28
3	Co. Londonderry	sky	14	Jamie Holmes	1:18.2	26
4	Antrim	yellow	4	Ryan Long	1:18.3	24
5	Co. Londonderry	sky	19	Kyle Beggs	1:18.8	22
6	Fermanagh	red	41	Marw McCaffrey	1:20.7	20
7	Fermanagh	red	40	Edward Boyd	1:21.0	18
8	Antrim	yellow	8	Thomas Samway	1:31.5	16

# Results Sheet

# 8 Lap Paarlauf

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Antrim	yellow	1:33.5	0.0	1:33.5	70.0
2	02	Co. Londonderry	sky	1:34.6	0.0	1:34.6	60.0
3	04	Fermanagh	red	1:38.2	0.0	1:38.2	50.0
4	03	Donegal	green	1:38.8	0.0	1:38.8	40.0

# Results Sheet

# 4 x 1 Lap Relay

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Fermanagh	red	46.6	0.0	46.6	70.0
2	03	Donegal	green	46.9	0.0	46.9	60.0
3	02	Co. Londonderry	sky	47.4	0.0	47.4	50.0
4	01	Antrim	yellow	50.7	0.0	50.7	40.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Fermanagh	red	1:31.7	0.0	1:31.7	70.0
2	03	Donegal	green	1:32.4	0.0	1:32.4	60.0
3	01	Antrim	yellow	1:34.2	0.0	1:34.2	50.0
4	02	Co. Londonderry	sky	1:34.5	0.0	1:34.5	40.0

# Results Sheet

# High Jump

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Donegal	green	49
2	Antrim	yellow	48
3	Fermanagh	red	43
4	Co. Londonderry	sky	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Antrim	yellow	1	Aaron Weir	1.44	30
2	Co. Londonderry	sky	17	Michael Mullin	1.41	28
3	Donegal	green	29	Jason McGill	1.35	26
4=	Donegal	green	25	Paudraig Byrne	1.30	23
4=	Fermanagh	red	41	Marw McCaffrey	1.30	23
6	Fermanagh	red	48	Andrew Hutchinson	1.30	20
7	Antrim	yellow	8	Thomas Samway	1.30	18

# Results Sheet

# Shot

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Co. Londonderry	sky	54
2=	Antrim	yellow	44
2=	Fermanagh	red	44
4	Donegal	green	42

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Co. Londonderry	sky	16	James McGurk	8.77	30
2	Fermanagh	red	42	Keelan Kelly	8.34	28
3	Antrim	yellow	12	Niall McCarry	8.33	26
4	Co. Londonderry	sky	15	Rory McKenna	7.73	24
5	Donegal	green	28	Domnick Gallagher	7.67	22
6	Donegal	green	33	Peter Gibbons	7.27	20
7	Antrim	yellow	3	Niall McNaughton	7.00	18
8	Fermanagh	red	38	Ruari McCaffrey	6.77	16

# Results Sheet

# Speed Bounce

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Donegal	green	57
2	Fermanagh	red	46
3	Antrim	yellow	38
4	Co. Londonderry	sky	27

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Donegal	green	27	Conor Doherty	76	30
2=	Co. Londonderry	sky	19	Kyle Beggs	72	27
2=	Donegal	green	26	Paul Doherty	72	27
4	Fermanagh	red	43	Winston Moran	70	24
5	Fermanagh	red	40	Edward Boyd	69	22
6	Antrim	yellow	4	Ryan Long	68	20
7	Antrim	yellow	6	Ryan Delargy	64	18



# Results Sheet

# Standing Long Jump

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Fermanagh	red	58
2	Donegal	green	50
3	Co. Londonderry	sky	22
4	Antrim	yellow	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Fermanagh	red	46	Cahill McBride	2.10	30
2	Fermanagh	red	47	Josh Crudden	2.06	28
3	Donegal	green	31	Oisin Toal	1.98	26
4	Donegal	green	32	Darragh Toal	1.86	24
5	Co. Londonderry	sky	14	Jamie Holmes	1.82	22
6	Antrim	yellow	5	Ian Warwick	1.68	20
	Antrim	yellow	7	Sean McCann	0.00	0
	Co. Londonderry	sky	21	Joseph Quigley	0.00	0

# Results Sheet

# Standing Triple Jump

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Antrim	yellow	54
2	Fermanagh	red	48
3	Donegal	green	42
4	Co. Londonderry	sky	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Fermanagh	red	37	Adrian Podgorski	7.07	30
2	Antrim	yellow	2	Leon Devlin	7.00	28
3	Antrim	yellow	9	Adam Lavery	6.26	26
4	Co. Londonderry	sky	20	Jack Stewart	6.18	24
5	Donegal	green	36	Fergus Cox	5.62	22
6	Donegal	green	30	Kevin McGinley	5.60	20
7	Fermanagh	red	45	Kurtis McCaffrey	5.53	18
8	Co. Londonderry	sky	13	Adam Henry	5.38	16

# Results Sheet

# Vertical Jump

## Competition:

ASHA-Ulster Final Under 13 Boys

## Venue:

Meadowbank Indoor Sports Arena

## Date

11 Mar 2010

Ranking	Team	Colour	Points
1	Donegal	green	52
2	Fermanagh	red	48
3	Antrim	yellow	46
4	Co. Londonderry	sky	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Fermanagh	red	44	Jebril Bago	50	30
2	Donegal	green	34	Eoin Farrell	49	28
3	Antrim	yellow	10	Aiden Murray	48	26
4	Donegal	green	35	Niall Fogarty	48	24
5	Co. Londonderry	sky	18	Coby Mason	45	22
6	Antrim	yellow	11	Matthew Devine	44	20
7	Fermanagh	red	39	Luke Corrigan	43	18