

Aviva Sportshall UK Championships

West Midlands Regional Final
Perdiswell Leisure Centre, Worcester
Sunday 1 February 2009

Birmingham	purple
Herefordshire & Worcestershire	red
Shropshire	green
Staffordshire	orange
Warwickshire	grey



2009 Regional Finals

uk:athletics 


AVIVA

Competition Results

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	694	554	70	70
2	Shropshire	602	492	60	50
3	Warwickshire	542	482	0	60
4	Here'shire & Wor'shire	482	402	40	40
5	Staffordshire	454	374	50	30

Athlete Results

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	66	Ami Rutter	Birmingham	142		50		47		45
2	64	Jade Perry	Birmingham	140	42		50			48
3	62	Melisa Hanson	Birmingham	138		46	46		46	
4=	75	Kez Ogden	Shropshire	136	48			42	46	
4=	89	Eleanor Johnston	Warwickshire	136	44		42		50	
6	63	Danielle Georgiou	Birmingham	134	50		34			50
7	61	Katie Stainton	Birmingham	129		48		42	39	
8	77	Sophie Worrall	Shropshire	120		42	40			38
9=	80	Lucy Freeman	Shropshire	119		44		36	39	
9=	93	Mary Ann Okpoti	Warwickshire	119	46		32			41
11=	79	Nancy Ndure	Shropshire	117		38		34		45
11=	91	Anna O'leary	Warwickshire	117	31			50		36
13	65	Connie James	Birmingham	114	40			38	36	
14	85	Iona Glen	Staffordshire	112		40		31		41
15	94	Hannah Scales	Warwickshire	110		26	38		46	
16	92	Isobel Burn	Warwickshire	109		32		47	30	
17	72	Daisy Johnson	Here'shire & Wor'shire	107	37			28	42	
18	68	Emma Cook	Here'shire & Wor'shire	104	26		48			30
19	86	Lauren Saunder	Staffordshire	102		36		42		24
20	76	Kellie Stanyer	Shropshire	100	31		36		33	
21	69	Emma Davies	Here'shire & Wor'shire	97	37		30			30
22	71	Elizabeth Sliwa	Here'shire & Wor'shire	94		24	44			26
23	73	Izzy Billau	Here'shire & Wor'shire	93		34		26	33	
24	78	Fae Lester	Shropshire	92	34		24			34
25	70	Megan Walsh	Here'shire & Wor'shire	87		28		31	28	
26	87	Dan Norton	Staffordshire	82		30	22			30
27	84	Megan Bird	Staffordshire	78	28		26		24	
28	83	Hannah Jones	Staffordshire	74	24		28		22	
29	82	Lucy Law	Staffordshire	72	22			24	26	
30=	67	Eyitayo Titiloye	Birmingham	0						
30=	90	Cat Smith	Warwickshire	0						

Team Results

Birmingham (purple)

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	694	554	70	70
2	Shropshire	602	492	60	50
3	Warwickshire	542	482	0	60
4	Here'shire & Wor'shire	482	402	40	40
5	Staffordshire	454	374	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Katie Stainton	4LR	47.6				47.6	2	48
61	Katie Stainton	SB	82				82	4=	42
61	Katie Stainton	SLJ	2.24	2.16	0.00		2.24	6=	39
62	Melisa Hanson	4LR	48.1				48.1	3	46
62	Melisa Hanson	S	8.36	0.00	8.55		8.55	3	46
62	Melisa Hanson	SLJ	2.34	2.34	0.00		2.34	2=	46
63	Danielle Georgiou	2LR	22.4				22.4	1	50
63	Danielle Georgiou	S	7.07	6.82	6.97		7.07	9	34
63	Danielle Georgiou	VJ	61	61	59		61	1	50
64	Jade Perry	2LR	22.9				22.9	5	42
64	Jade Perry	S	10.17	10.89	11.05		11.05	1	50
64	Jade Perry	VJ	55	58	56		58	2	48
65	Connie James	2LR	23.0				23.0	6	40
65	Connie James	SB	81				81	7	38
65	Connie James	SLJ	2.12	2.16	2.16		2.16	8	36
66	Ami Rutter	4LR	47.0				47.0	1	50
66	Ami Rutter	SB	83				83	2=	47
66	Ami Rutter	VJ	56	54	54		56	3=	45

Team Results

Here'shire & Wor'shire (red)

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	694	554	70	70
2	Shropshire	602	492	60	50
3	Warwickshire	542	482	0	60
4	Here'shire & Wor'shire	482	402	40	40
5	Staffordshire	454	374	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68	Emma Cook	2LR	25.1				25.1	13	26
68	Emma Cook	S	9.19	9.15	0.00		9.19	2	48
68	Emma Cook	VJ	46	46	45		46	10=	30
69	Emma Davies	2LR	23.4				23.4	7=	37
69	Emma Davies	S	6.92	6.79	6.51		6.92	11	30
69	Emma Davies	VJ	45	46	46		46	10=	30
70	Megan Walsh	4LR	51.9				51.9	12	28
70	Megan Walsh	SB	71				71	10=	31
70	Megan Walsh	SLJ	1.92	1.96	1.90		1.96	12	28
71	Elizabeth Sliwa	4LR	55.1				55.1	14	24
71	Elizabeth Sliwa	S	7.60	7.78	7.34		7.78	4	44
71	Elizabeth Sliwa	VJ	44	41	42		44	13	26
72	Daisy Johnson	2LR	23.4				23.4	7=	37
72	Daisy Johnson	SB	70				70	12	28
72	Daisy Johnson	SLJ	2.28	2.16	2.22		2.28	5	42
73	Izzy Billau	4LR	50.7				50.7	9	34
73	Izzy Billau	SB	68				68	13	26
73	Izzy Billau	SLJ	1.92	2.08	2.08		2.08	9=	33

Team Results

Shropshire (green)

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	694	554	70	70
2	Shropshire	602	492	60	50
3	Warwickshire	542	482	0	60
4	Here'shire & Wor'shire	482	402	40	40
5	Staffordshire	454	374	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Kez Ogden	2LR	22.5				22.5	2	48
75	Kez Ogden	SB	82				82	4=	42
75	Kez Ogden	SLJ	2.26	2.34	2.28		2.34	2=	46
76	Kellie Stanyer	2LR	23.8				23.8	10=	31
76	Kellie Stanyer	S	7.12	5.46	5.55		7.12	8	36
76	Kellie Stanyer	SLJ	2.02	2.08	2.02		2.08	9=	33
77	Sophie Worrall	4LR	49.0				49.0	5	42
77	Sophie Worrall	S	7.48	7.42	6.45		7.48	6	40
77	Sophie Worrall	VJ	54	53	52		54	7	38
78	Fae Lester	2LR	23.6				23.6	9	34
78	Fae Lester	S	0.00	6.54	5.92		6.54	14	24
78	Fae Lester	VJ	48	49	46		49	9	34
79	Nancy Ndure	4LR	49.9				49.9	7	38
79	Nancy Ndure	SB	74				74	9	34
79	Nancy Ndure	VJ	52	53	56		56	3=	45
80	Lucy Freeman	4LR	48.4				48.4	4	44
80	Lucy Freeman	SB	78				78	8	36
80	Lucy Freeman	SLJ	2.20	2.24	2.18		2.24	6=	39

Team Results

Staffordshire (orange)

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

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Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Score	Individual	P8	4x2
1	Birmingham	694	554	70	70
2	Shropshire	602	492	60	50
3	Warwickshire	542	482	0	60
4	Here'shire & Wor'shire	482	402	40	40
5	Staffordshire	454	374	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
82	Lucy Law	2LR	25.9				25.9	15	22
82	Lucy Law	SB	65				65	14	24
82	Lucy Law	SLJ	1.94	1.84	1.90		1.94	13	26
83	Hannah Jones	2LR	25.4				25.4	14	24
83	Hannah Jones	S	6.56	6.58	6.48		6.58	12	28
83	Hannah Jones	SLJ	1.62	1.60	1.72		1.72	15	22
84	Megan Bird	2LR	24.9				24.9	12	28
84	Megan Bird	S	5.76	6.24	6.57		6.57	13	26
84	Megan Bird	SLJ	1.90	1.84	1.82		1.90	14	24
85	Iona Glen	4LR	49.4				49.4	6	40
85	Iona Glen	SB	71				71	10=	31
85	Iona Glen	VJ	53	55	53		55	5=	41
86	Lauren Saunder	4LR	50.3				50.3	8	36
86	Lauren Saunder	SB	82				82	4=	42
86	Lauren Saunder	VJ	38	37	35		38	14	24
87	Dan Norton	4LR	51.5				51.5	11	30
87	Dan Norton	S	5.08	4.47	4.47		5.08	15	22
87	Dan Norton	VJ	46	36	34		46	10=	30

Team Results

Warwickshire (grey)

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

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1	Birmingham	694	554	70	70
2	Shropshire	602	492	60	50
3	Warwickshire	542	482	0	60
4	Here'shire & Wor'shire	482	402	40	40
5	Staffordshire	454	374	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
89	Eleanor Johnston	2LR	22.7				22.7	4	44
89	Eleanor Johnston	S	7.25	7.01	7.57		7.57	5	42
89	Eleanor Johnston	SLJ	2.30	2.28	2.40		2.40	1	50
90	Cat Smith	4LR	50.9				50.9		
90	Cat Smith	VJ	47	49	47		49		
91	Anna O'leary	2LR	23.8				23.8	10=	31
91	Anna O'leary	SB	89				89	1	50
91	Anna O'leary	VJ	51	49	52		52	8	36
92	Isobel Burn	4LR	50.8				50.8	10	32
92	Isobel Burn	SB	83				83	2=	47
92	Isobel Burn	SLJ	1.92	2.00	1.98		2.00	11	30
93	Mary Ann Okpoti	2LR	22.6				22.6	3	46
93	Mary Ann Okpoti	S	6.95	6.92	6.88		6.95	10	32
93	Mary Ann Okpoti	VJ	54	55	52		55	5=	41
94	Hannah Scales	4LR	52.9				52.9	13	26
94	Hannah Scales	S	6.79	6.75	7.21		7.21	7	38
94	Hannah Scales	SLJ	2.34	2.34	2.28		2.34	2=	46

Results Sheet

2 Lap Race

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	purple	63	Danielle Georgiou	22.4	50
2	Shropshire	green	75	Kez Ogden	22.5	48
3	Warwickshire	grey	93	Mary Ann Okpoti	22.6	46
4	Warwickshire	grey	89	Eleanor Johnston	22.7	44
5	Birmingham	purple	64	Jade Perry	22.9	42
6	Birmingham	purple	65	Connie James	23.0	40
7=	Here'shire & Wor'shire	red	69	Emma Davies	23.4	37
7=	Here'shire & Wor'shire	red	72	Daisy Johnson	23.4	37
9	Shropshire	green	78	Fae Lester	23.6	34
10=	Shropshire	green	76	Kellie Stanyer	23.8	31
10=	Warwickshire	grey	91	Anna O'leary	23.8	31
12	Staffordshire	orange	84	Megan Bird	24.9	28
13	Here'shire & Wor'shire	red	68	Emma Cook	25.1	26
14	Staffordshire	orange	83	Hannah Jones	25.4	24
15	Staffordshire	orange	82	Lucy Law	25.9	22

Results Sheet

4 Lap Race

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	purple	66	Ami Rutter	47.0	50
2	Birmingham	purple	61	Katie Stainton	47.6	48
3	Birmingham	purple	62	Melisa Hanson	48.1	46
4	Shropshire	green	80	Lucy Freeman	48.4	44
5	Shropshire	green	77	Sophie Worrall	49.0	42
6	Staffordshire	orange	85	Iona Glen	49.4	40
7	Shropshire	green	79	Nancy Ndure	49.9	38
8	Staffordshire	orange	86	Lauren Saunder	50.3	36
9	Here'shire & Wor'shire	red	73	Izzy Billau	50.7	34
10	Warwickshire	grey	92	Isobel Burn	50.8	32
11	Staffordshire	orange	87	Dan Norton	51.5	30
12	Here'shire & Wor'shire	red	70	Megan Walsh	51.9	28
13	Warwickshire	grey	94	Hannah Scales	52.9	26
14	Here'shire & Wor'shire	red	71	Elizabeth Sliwa	55.1	24
	Warwickshire	grey	90	Cat Smith	50.9	0

Results Sheet

8 Lap Paarlauf

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	purple	1:34.6	0.0	1:34.6	70.0
2	03	Shropshire	green	1:38.4	0.0	1:38.4	60.0
3	04	Staffordshire	orange	1:39.8	0.0	1:39.8	50.0
4	02	Here'shire & Wor'shire	red	1:41.1	0.0	1:41.1	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	purple	1:29.1	0.0	1:29.1	70.0
2	05	Warwickshire	grey	1:31.0	0.0	1:31.0	60.0
3	03	Shropshire	green	1:32.3	0.0	1:32.3	50.0
4	02	Here'shire & Wor'shire	red	1:36.8	0.0	1:36.8	40.0
5	04	Staffordshire	orange	1:37.5	0.0	1:37.5	30.0

Results Sheet

Shot

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	purple	64	Jade Perry	11.05	50
2	Here'shire & Wor'shire	red	68	Emma Cook	9.19	48
3	Birmingham	purple	62	Melisa Hanson	8.55	46
4	Here'shire & Wor'shire	red	71	Elizabeth Sliwa	7.78	44
5	Warwickshire	grey	89	Eleanor Johnston	7.57	42
6	Shropshire	green	77	Sophie Worrall	7.48	40
7	Warwickshire	grey	94	Hannah Scales	7.21	38
8	Shropshire	green	76	Kellie Stanyer	7.12	36
9	Birmingham	purple	63	Danielle Georgiou	7.07	34
10	Warwickshire	grey	93	Mary Ann Okpoti	6.95	32
11	Here'shire & Wor'shire	red	69	Emma Davies	6.92	30
12	Staffordshire	orange	83	Hannah Jones	6.58	28
13	Staffordshire	orange	84	Megan Bird	6.57	26
14	Shropshire	green	78	Fae Lester	6.54	24
15	Staffordshire	orange	87	Dan Norton	5.08	22

Results Sheet

Speed Bounce

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Warwickshire	grey	91	Anna O'leary	89	50
2=	Birmingham	purple	66	Ami Rutter	83	47
2=	Warwickshire	grey	92	Isobel Burn	83	47
4=	Birmingham	purple	61	Katie Stainton	82	42
4=	Shropshire	green	75	Kez Ogden	82	42
4=	Staffordshire	orange	86	Lauren Saunder	82	42
7	Birmingham	purple	65	Connie James	81	38
8	Shropshire	green	80	Lucy Freeman	78	36
9	Shropshire	green	79	Nancy Ndure	74	34
10=	Here'shire & Wor'shire	red	70	Megan Walsh	71	31
10=	Staffordshire	orange	85	Iona Glen	71	31
12	Here'shire & Wor'shire	red	72	Daisy Johnson	70	28
13	Here'shire & Wor'shire	red	73	Izzy Billau	68	26
14	Staffordshire	orange	82	Lucy Law	65	24

Results Sheet

Standing Long Jump

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Warwickshire	grey	89	Eleanor Johnston	2.40	50
2=	Birmingham	purple	62	Melisa Hanson	2.34	46
2=	Shropshire	green	75	Kez Ogden	2.34	46
2=	Warwickshire	grey	94	Hannah Scales	2.34	46
5	Here'shire & Wor'shire	red	72	Daisy Johnson	2.28	42
6=	Birmingham	purple	61	Katie Stainton	2.24	39
6=	Shropshire	green	80	Lucy Freeman	2.24	39
8	Birmingham	purple	65	Connie James	2.16	36
9=	Here'shire & Wor'shire	red	73	Izzy Billau	2.08	33
9=	Shropshire	green	76	Kellie Stanyer	2.08	33
11	Warwickshire	grey	92	Isobel Burn	2.00	30
12	Here'shire & Wor'shire	red	70	Megan Walsh	1.96	28
13	Staffordshire	orange	82	Lucy Law	1.94	26
14	Staffordshire	orange	84	Megan Bird	1.90	24
15	Staffordshire	orange	83	Hannah Jones	1.72	22

Results Sheet

Vertical Jump

Competition:

ASHA-West Midlands Regional Final Under 15 Girls

Venue:

Perdiswell Leisure Centre, Worcester

Date

1 Feb 2009

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	purple	63	Danielle Georgiou	61	50
2	Birmingham	purple	64	Jade Perry	58	48
3=	Birmingham	purple	66	Ami Rutter	56	45
3=	Shropshire	green	79	Nancy Ndure	56	45
5=	Staffordshire	orange	85	Iona Glen	55	41
5=	Warwickshire	grey	93	Mary Ann Okpoti	55	41
7	Shropshire	green	77	Sophie Worrall	54	38
8	Warwickshire	grey	91	Anna O'leary	52	36
9	Shropshire	green	78	Fae Lester	49	34
10=	Here'shire & Wor'shire	red	68	Emma Cook	46	30
10=	Here'shire & Wor'shire	red	69	Emma Davies	46	30
10=	Staffordshire	orange	87	Dan Norton	46	30
13	Here'shire & Wor'shire	red	71	Elizabeth Sliwa	44	26
14	Staffordshire	orange	86	Lauren Saunder	38	24
	Warwickshire	grey	90	Cat Smith	49	0