

No.	Pos	Name	Club/School	Age Group	Performance
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### Over Under Race - U11 Boys



#### Over Under Race - Under 11 Boys - race 1

8	1	Jay Vassallo	Havering M	U11B	21.5
3	2	Freddie Trevanion	Braintree	U11B	21.7
57	3	Owen Adams	Basildon	U11B	22.5

#### Over Under Race - Under 11 Boys - race 2

M62	1	Aidan Cahill	Braintree	U11B	23.9
9	2	Max Polley	Havering M	U11B	25.7

#### Over Under Race - Under 11 Boys - OVERALL

8	1	Jay Vassallo	Havering M	U11B	21.5
3	2	Freddie Trevanion	Braintree	U11B	21.7
57	3	Owen Adams	Basildon	U11B	22.5
M62	4	Aidan Cahill	Braintree	U11B	23.9
9	5	Max Polley	Havering M	U11B	25.7

### 1 Lap Race - U11 Boys

#### One Lap - Under 11 Boys - race 1

10	1	Michael Adesiyan	Basildon	U11B	14.0
5	2	Henry Paul	Basildon	U11B	14.0

#### One Lap - Under 11 Boys - race 2

6	1	Jacob Knightbridge	Brentwood Prep	U11B	14.1
M64	2	Luis Beardsell	CATS	U11B	14.2
7	3	Jamie Simmons	Thurrock	U11B	14.7

#### One Lap - Under 11 Boys - OVERALL

10	1	Michael Adesiyan	Basildon	U11B	14.0
5	2	Henry Paul	Basildon	U11B	14.0
6	3	Jacob Knightbridge	Brentwood Prep	U11B	14.1
M64	4	Luis Beardsell	CATS	U11B	14.2
7	5	Jamie Simmons	Thurrock	U11B	14.7

No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U11 Boys



#### Two Lap - Under 11 Boys - race 1

5	1	Henry Paul	Basildon	U11B	28.0
8	2	Jay Vassallo	Havering M	U11B	29.2
2	3	Edward Clark	Basildon	U11B	29.8

#### Two Lap - Under 11 Boys - race 2

57	1	Owen Adams	Basildon	U11B	28.8
1	2	Aston Leaver	Brentwood Prep	U11B	28.9
9	3	Max Polley	Havering M	U11B	29.8

#### Two Lap - Under 11 Boys - race 3

M64	1	Luis Beardsell	CATS	U11B	28.7
7	2	Jamie Simmons	Thurrock	U11B	28.8
M62	3	Aidan Cahill	Braintree	U11B	29.6

#### Two Lap - Under 11 Boys - OVERALL

5	1	Henry Paul	Basildon	U11B	28.0
M64	2	Luis Beardsell	CATS	U11B	28.7
57	3	Owen Adams	Basildon	U11B	28.8
7	3	Jamie Simmons	Thurrock	U11B	28.8
1	5	Aston Leaver	Brentwood Prep	U11B	28.9
8	6	Jay Vassallo	Havering M	U11B	29.2
M62	7	Aidan Cahill	Braintree	U11B	29.6
2	8	Edward Clark	Basildon	U11B	29.8
9	8	Max Polley	Havering M	U11B	29.8

### Chest Push - U11 Boys

2	1	Edward Clark	Basildon	U11B	6.50
5	2	Henry Paul	Basildon	U11B	6.25
6	3	Jacob Knightbridge	Brentwood Prep	U11B	5.00

### Speed Bounce - U11 Boys

3	1	Freddie Trevanion	Braintree	U11B	54
11	2	Tom Keen	Braintree	U11B	53
8	3	Jay Vassallo	Havering M	U11B	50
10	4	Michael Adesiyen	Basildon	U11B	46
M62	5	Aidan Cahill	Braintree	U11B	44

### Standing Long Jump - U11 Boys

10	1	Michael Adesiyen	Basildon	U11B	2.01
3	2	Freddie Trevanion	Braintree	U11B	1.82
11	3	Tom Keen	Braintree	U11B	1.74
M62	4	Aidan Cahill	Braintree	U11B	1.62
9	5	Max Polley	Havering M	U11B	1.58
F64	6	Sky Fay	Braintree	U11G	1.55
1	7	Aston Leaver	Brentwood Prep	U11B	1.54
57	8	Owen Adams	Basildon	U11B	1.53
6	9	Jacob Knightbridge	Brentwood Prep	U11B	1.51

No.	Pos	Name	Club/School	Age Group	Performance
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### Standing Triple Jump - U11 Boys



3	1	Freddie Trevanion	Braintree	U11B	5.69
11	2	Tom Keen	Braintree	U11B	5.40
5	3	Henry Paul	Basildon	U11B	5.21
2	4	Edward Clark	Basildon	U11B	5.09

### Hi Stepper - U11 Boys

11	1	Tom Keen	Braintree	U11B	13.7
3	2	Freddie Trevanion	Braintree	U11B	14.3
M62	3	Aidan Cahill	Braintree	U11B	14.7
7	4	Jamie Simmons	Thurrock	U11B	16.6

### Vertical Jump - U11 Boys

7	1	Jamie Simmons	Thurrock	U11B	35
2	2	Edward Clark	Basildon	U11B	35
8	3	Jay Vassallo	Havering M	U11B	35

### Target Throw - U11 Boys

6	1	Jacob Knightbridge	Brentwood Prep	U11B	15
9	2	Max Polley	Havering M	U11B	14
1	3	Aston Leaver	Brentwood Prep	U11B	12
57	3	Owen Adams	Basildon	U11B	12
M64	3	Luis Beardsell	CATS	U11B	12

No.	Pos	Name	Club/School	Age Group	Performance
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## 2 Lap Race - U13 Boys

Sportshall

### Two Lap - Under 13 Boys - race 1

19	1	William Adeyeye	Thurrock	U13B	25.2
12	2	Aaron Wong	Thurrock	U13B	26.3
M61	3	Finley Hall	Boswells	U13B	27.2

### Two Lap - Under 13 Boys - race 2

16	1	Rafiq Mackie	Thurrock	U13B	25.9
M65	2	George Abbott	Maltings Acad	U13B	26.2
17	3	Reilly Tripp	Thurrock	U13B	29.9

### Two Lap - Under 13 Boys - OVERALL

19	1	William Adeyeye	Thurrock	U13B	25.2
16	2	Rafiq Mackie	Thurrock	U13B	25.9
M65	3	George Abbott	Maltings Acad	U13B	26.2
12	4	Aaron Wong	Thurrock	U13B	26.3
M61	5	Finley Hall	Boswells	U13B	27.2
17	6	Reilly Tripp	Thurrock	U13B	29.9

## 4 Lap Race - U13 Boys

### Four Lap - Under 13 Boys - Race 1

M61	1	Finley Hall	Boswells	U13B	59.5
M63	2	Callum Cahill	Braintree	U13B	66.7

## 6 Lap Race - U13 Boys

### Six Lap - Under 13 Boys - OVERALL

M58	1	Sam Rawlinson	Chelmsford	U13B	1:27.9
15	2	Liam Chivers	Thurrock	U13B	1:35.0

No.	Pos	Name	Club/School	Age Group	Performance
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### Shot Putt - U13 Boys



19	1	William Adeyeye	Thurrock	U13B	12.14
12	2	Aaron Wong	Thurrock	U13B	7.79
M61	3	Finley Hall	Boswells	U13B	7.30
15	4	Liam Chivers	Thurrock	U13B	6.45
14	5	Kian Culham	Braintree	U13B	5.66
17	6	Reilly Tripp	Thurrock	U13B	4.70
M63	7	Callum Cahill	Braintree	U13B	4.37
13	8	Callum Mate	Basildon	U13B	4.04

### Standing Long Jump - U13 Boys

19	1	William Adeyeye	Thurrock	U13B	2.63
12	2	Aaron Wong	Thurrock	U13B	2.26
16	3	Rafiq Mackie	Thurrock	U13B	2.21
M61	4	Finley Hall	Boswells	U13B	1.84
15	5	Liam Chivers	Thurrock	U13B	1.71
M65	6	George Abbott	Maltings Acad	U13B	1.69
17	7	Reilly Tripp	Thurrock	U13B	1.65
M58	8	Sam Rawlinson	Chelmsford	U13B	1.62
13	9	Callum Mate	Basildon	U13B	1.46

### Speed Bounce - U13 Boys

14	1	Kian Culham	Braintree	U13B	93
M58	2	Sam Rawlinson	Chelmsford	U13B	72
15	3	Liam Chivers	Thurrock	U13B	69
M63	4	Callum Cahill	Braintree	U13B	65
13	5	Callum Mate	Basildon	U13B	60
17	6	Reilly Tripp	Thurrock	U13B	59
M65	7	George Abbott	Maltings Acad	U13B	52

### Standing Triple Jump - U13 Boys

M65	1	George Abbott	Maltings Acad	U13B	5.33
13	2	Callum Mate	Basildon	U13B	4.78

### Vertical Jump - U13 Boys

12	1	Aaron Wong	Thurrock	U13B	59
16	2	Rafiq Mackie	Thurrock	U13B	54
M58	3	Sam Rawlinson	Chelmsford	U13B	43

No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U15 Boys

# Sportshall

#### Two Lap - Under 15 Boys - Race 1

M60	1	Nweike Nwabude	Thurrock	U15B	24.5
18	2	Samuel Ekunola	Thurrock	U15B	24.8
21	3	Charlie Splarn	Thurrock	U15B	25.3

#### Two Lap - Under 15 Boys - Race 2

M59	1	Abdul Mackie	Thurrock	U15B	25.9
20	2	Alex Dargan-Bloss	Thurrock	U15B	26.7

#### Two Lap - Under 15 Boys - OVERALL

M60	1	Nweike Nwabude	Thurrock	U15B	24.5
18	2	Samuel Ekunola	Thurrock	U15B	24.8
21	3	Charlie Splarn	Thurrock	U15B	25.3
M59	4	Abdul Mackie	Thurrock	U15B	25.9
20	5	Alex Dargan-Bloss	Thurrock	U15B	26.7

### 4 Lap Race - U15 Boys

#### Two Lap - Under 15 Boys - Race 1

22	1	Conor Culham	Braintree	U15B	54.3
20	2	Alex Dargan-Bloss	Thurrock	U15B	61.5

### Shot Putt - U15 Boys

21	1	Charlie Splarn	Thurrock	U15B	10.16
22	2	Conor Culham	Braintree	U15B	9.66
20	3	Alex Dargan-Bloss	Thurrock	U15B	9.29

### Standing Long Jump - U15 Boys

18	1	Samuel Ekunola	Thurrock	U15B	2.54
M60	2	Nweike Nwabude	Thurrock	U15B	2.48
M59	3	Abdul Mackie	Thurrock	U15B	2.18
21	4	Charlie Splarn	Thurrock	U15B	2.15
22	5	Conor Culham	Braintree	U15B	2.14
20	6	Alex Dargan-Bloss	Thurrock	U15B	1.94

### Vertical Jump - U15 Boys

18	1	Samuel Ekunola	Thurrock	U15B	71
M60	2	Nweike Nwabude	Thurrock	U15B	66
21	3	Charlie Splarn	Thurrock	U15B	57
M59	4	Abdul Mackie	Thurrock	U15B	54

### Standing Triple Jump - U15 Boys

18	1	Samuel Ekunola	Thurrock	U15B	7.27
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No.	Pos	Name	Club/School	Age Group	Performance
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### Over Under Race - U11 Girls



#### Over Under Race - Under 11 Girls - race 1

32	1	Hannah Bardo	Chelmsford	U11G	21.4
34	2	Isabelle Douglas-Ward	Basildon	U11G	22.1
25	3	Ella Wigul	Woodford	U11G	22.7

#### Over Under Race - Under 11 Girls - race 2

24	1	Charlotte McCoy	Braintree	U11G	22.5
38	2	Ndidikama Okoh	Chelmsford	U11G	22.6
F62	3	Faith Bond	Braintree	U11G	24.3

#### Over Under Race - Under 11 Girls - race 3

35	1	Leisha Hunt	Braintree	U11G	22.3
29	2	Evelyn Pope	Perryfields Jnr	U11G	24.1
F64	3	Sky Fay	Braintree	U11G	24.1
33	4	Hannah Louise Rodgers	Colch H	U11G	26.0

#### Over Under Race - Under 11 Girls - OVERALL

32	1	Hannah Bardo	Chelmsford	U11G	21.4
34	2	Isabelle Douglas-Ward	Basildon	U11G	22.1
35	3	Leisha Hunt	Braintree	U11G	22.3
24	4	Charlotte McCoy	Braintree	U11G	22.5
38	5	Ndidikama Okoh	Chelmsford	U11G	22.6
25	6	Ella Wigul	Woodford	U11G	22.7
29	7	Evelyn Pope	Perryfields Jnr	U11G	24.1
F64	7	Sky Fay	Braintree	U11G	24.1
F62	9	Faith Bond	Braintree	U11G	24.3
33	10	Hannah Louise Rodgers	Colch H	U11G	26.0

# ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

## Braintree, Saturday 23rd November 2013

No.	Pos	Name	Club/School	Age Group	Performance
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### One Lap Race - U11 Girls



#### One Lap - Under 11 Girl - race 1

37	1	Lottie Hinson	Basildon	U11G	14.0
34	2	Isabelle Douglas-Ward	Basildon	U11G	14.1
27	3	Emily Knight	Thurrock	U11G	14.5
F62	4	Faith Bond	Braintree	U11G	15.1

#### One Lap - Under 11 Girl - race 2

28	1	Emma Ramsden	Basildon	U11G	14.0
F65	2	Rachel Carter	Braintree	U11G	14.7
31	3	Grace Griffiths	Havering M	U11G	15.5

#### One Lap - Under 11 Girl - race 3

39	1	Oluwatumise Abbas	Thurrock	U11G	14.0
24	2	Charlotte McCoy	Braintree	U11G	14.7
26	3	Emily Cox	Thurrock	U11G	15.8

#### One Lap - Under 11 Girls - OVERALL

37	1	Lottie Hinson	Basildon	U11G	14.0
28	1	Emma Ramsden	Basildon	U11G	14.0
39	1	Oluwatumise Abbas	Thurrock	U11G	14.0
34	4	Isabelle Douglas-Ward	Basildon	U11G	14.1
27	5	Emily Knight	Thurrock	U11G	14.5
F65	6	Rachel Carter	Braintree	U11G	14.7
24	6	Charlotte McCoy	Braintree	U11G	14.7
F62	8	Faith Bond	Braintree	U11G	15.1
31	9	Grace Griffiths	Havering M	U11G	15.5
26	10	Emily Cox	Thurrock	U11G	15.8



No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U11 Girls



#### Two Lap - Under 11 Girls - race 1

28	1	Emma Ramsden	Basildon	U11G	27.7
37	2	Lottie Hinson	Basildon	U11G	27.8
39	3	Oluwatumise Abbas	Thurrock	U11G	27.8
27	4	Emily Knight	Thurrock	U11G	29.7

#### Two Lap - Under 11 Girls - race 2

35	1	Leisha Hunt	Braintree	U11G	29.2
30	2	Georgia Tombs	Braintree	U11G	29.4
31	3	Grace Griffiths	Havering M	U11G	30.3
F62	4	Faith Bond	Braintree	U11G	31.0

#### Two Lap - Under 11 Girls - race 3

38	1	Ndidikama Okoh	Chelmsford	U11G	29.7
23	2	Angelina Caulfield	Braintree	U11G	31.8
33	3	Hannah Louise Rodgers	Colch H	U11G	33.3
26	4	Emily Cox	Thurrock	U11G	34.1

#### Two Lap - Under 11 Girls - Overall

28	1	Emma Ramsden	Basildon	U11G	27.7
37	2	Lottie Hinson	Basildon	U11G	27.8
39	2	Oluwatumise Abbas	Thurrock	U11G	27.8
35	4	Leisha Hunt	Braintree	U11G	29.2
30	5	Georgia Tombs	Braintree	U11G	29.4
27	6	Emily Knight	Thurrock	U11G	29.7
38	6	Ndidikama Okoh	Chelmsford	U11G	29.7
31	8	Grace Griffiths	Havering M	U11G	30.3
F62	9	Faith Bond	Braintree	U11G	31.0
23	10	Angelina Caulfield	Braintree	U11G	31.8
33	11	Hannah Louise Rodgers	Colch H	U11G	33.3
26	12	Emily Cox	Thurrock	U11G	34.1

No.	Pos	Name	Club/School	Age Group	Performance
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### Chest Push - U11 Girls

**Sportshall**

31	1	Grace Griffiths	Havering M	U11G	6.25
35	2	Leisha Hunt	Braintree	U11G	5.75
32	3	Hannah Bardo	Chelmsford	U11G	5.50
26	4	Emily Cox	Thurrock	U11G	4.00

### Speed Bounce - U11 Girls

38	1	Ndidikama Okoh	Chelmsford	U11G	53
37	2	Lottie Hinson	Basildon	U11G	51
30	3	Georgia Tombs	Braintree	U11G	47
F65	4	Rachel Carter	Braintree	U11G	43
35	5	Leisha Hunt	Braintree	U11G	42
33	6	Hannah Louise Rodgers	Colch H	U11G	41
29	7	Evelyn Pope	Perryfields Jnr	U11G	40
23	8	Angelina Caulfield	Braintree	U11G	38

### Standing Long Jump - U11 Girls

39	1	Oluwatumise Abbas	Thurrock	U11G	1.97
32	2	Hannah Bardo	Chelmsford	U11G	1.92
31	3	Grace Griffiths	Havering M	U11G	1.85
28	4	Emma Ramsden	Basildon	U11G	1.73
25	5	Ella Wigul	Woodford	U11G	1.73
34	6	Isabelle Douglas-Ward	Basildon	U11G	1.66
24	7	Charlotte McCoy	Braintree	U11G	1.64
29	8	Evelyn Pope	Perryfields Jnr	U11G	1.54
27	9	Emily Knight	Thurrock	U11G	1.50
F62	10	Faith Bond	Braintree	U11G	1.49
23	11	Angelina Caulfield	Braintree	U11G	1.39

### Standing Triple Jump - U11 Girls

F64	1	Sky Fay	Braintree	U11G	5.54
38	2	Ndidikama Okoh	Chelmsford	U11G	5.26
F65	3	Rachel Carter	Braintree	U11G	4.97
30	4	Georgia Tombs	Braintree	U11G	4.89

No.	Pos	Name	Club/School	Age Group	Performance
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## Vertical Jump - U11 Girls

## Sportshall

32	1	Hannah Bardo	Chelmsford	U11G	52
F64	2	Sky Fay	Braintree	U11G	46
25	3	Ella Wigul	Woodford	U11G	45
F65	4	Rachel Carter	Braintree	U11G	39
30	5	Georgia Tombs	Braintree	U11G	38
35	6	Leisha Hunt	Braintree	U11G	38
37	7	Lottie Hinson	Basildon	U11G	37
24	8	Charlotte McCoy	Braintree	U11G	35
33	9	Hannah Louise Rodgers	Colch H	U11G	34
26	10	Emily Cox	Thurrock	U11G	26

## Hi Stepper - U11 Girls

34	1	Isabelle Douglas-Ward	Basildon	U11G	14.2
25	2	Ella Wigul	Woodford	U11G	15.4
28	3	Emma Ramsden	Basildon	U11G	16.3
F64	4	Sky Fay	Braintree	U11G	16.4
39	5	Oluwatumise Abbas	Thurrock	U11G	16.5

## Target Throw - U11 Girls

23	1	Angelina Caulfield	Braintree	U11G	13
27	2	Emily Knight	Thurrock	U11G	9

No.	Pos	Name	Club/School	Age Group	Performance
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### 2 Lap Race - U13 Girls



#### Two Lap - Under 13 Girls - race 1

47	1	Isobel McDonach	Havering M	U13G	25.9
43	2	Ellie Bartram-Sheppard	Chelmsford	U13G	26.3
44	3	Evie Howe	Basildon	U13G	27.1
52	4	Molly Sweetman	Havering M	U13G	28.1

#### Two Lap - Under 13 Girls race 2

48	1	Jessica Whitbread	Thurrock	U13G	27.3
51	2	Millie Hodges	Havering M	U13G	27.6
40	3	Anna Wardell	Basildon	U13G	28.4
F61	4	Chloe Jordan	Braintree	U13G	28.5

#### Two Lap - Under 13 Girls- race 3

49	1	Lauren Strutt	Colch H	U13G	27.4
46	2	Hannah Smith	Braintree	U13G	28.6
42	3	Ellenor Chaplin	Chelmsford	U13G	28.6

#### Two Lap - Under 13 Girls - race 4

F66	1	Liberty Griffin	Maltings Acad	U13G	28.1
F59	2	Jessica Hopkins	Maltings Acad	U13G	28.8
F60	3	Ellie Jordan	Braintree	U13G	29.2

#### Two Lap - Under 13 Girls OVERALL

47	1	Isobel McDonach	Havering M	U13G	25.9
43	2	Ellie Bartram-Sheppard	Chelmsford	U13G	26.3
44	3	Evie Howe	Basildon	U13G	27.1
48	4	Jessica Whitbread	Thurrock	U13G	27.3
49	5	Lauren Strutt	Col H	U13G	27.4
51	6	Millie Hodges	Havering M	U13G	27.6
52	7	Molly Sweetman	Havering M	U13G	28.1
F66	7	Liberty Griffin	Maltings Acad	U13G	28.1
40	9	Anna Wardell	Basildon	U13G	28.4
F61	10	Chloe Jordan	Braintree	U13G	28.5
46	11	Hannah Smith	Braintree	U13G	28.6
42	11	Ellenor Chaplin	Chelmsford	U13G	28.6
F59	13	Jessica Hopkins	Maltings Acad	U13G	28.8
F60	14	Ellie Jordan	Braintree	U13G	29.2

No.	Pos	Name	Club/School	Age Group	Performance
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## 4 Lap Race - U13 Girls

Sportshall

### Four Lap - Under 13 Girls- race 1

52	1	Molly Sweetman	Havering M	U13G	59.1
43	2	Ellie Bartram-Sheppard	Chelmsford	U13G	60.1

### Four Lap - Under 13 Girls- race 2

F61	1	Chloe Jordan	Braintree	U13G	61.6
40	2	Anna Wardell	Basildon	U13G	62.0
45	3	Hannah Paton	Havering M	U13G	66.1

### Four Lap - Under 13 Girls OVERALL

52	1	Molly Sweetman	Havering M	U13G	59.1
43	2	Ellie Bartram-Sheppard	Chelmsford	U13G	60.1
F61	3	Chloe Jordan	Braintree	U13G	61.6
40	4	Anna Wardell	Basildon	U13G	62.0
45	5	Hannah Paton	Havering M	U13G	66.1

## 6 Lap Race - U13 Girls

### Six Lap - Under 13 Girls - Race 1

F58	1	Kiera Bainsfair	Basildon	U13G	1:34.5
41	2	Daisy Partridge	Braintree	U13G	1:35.2

## Shot Putt - U13 Girls

F59	1	Jessica Hopkins	Maltings Acad	U13G	7.80
47	2	Isobel McDonach	Havering M	U13G	7.75
51	3	Millie Hodges	Havering M	U13G	5.90
48	4	Jessica Whitbread	Thurrock	U13G	5.90
42	5	Ellenor Chaplin	Chelmsford	U13G	5.62
45	6	Hannah Paton	Havering M	U13G	5.26

## Speed Bounce - U13 Girls

47	1	Isobel McDonach	Havering M	U13G	90
52	2	Molly Sweetman	Havering M	U13G	81
43	3	Ellie Bartram-Sheppard	Chelmsford	U13G	80
46	4	Hannah Smith	Braintree	U13G	75
44	5	Evie Howe	Basildon	U13G	74
51	6	Millie Hodges	Havering M	U13G	73
40	7	Anna Wardell	Basildon	U13G	70
F58	8	Kiera Bainsfair	Basildon	U13G	69
F61	9	Chloe Jordan	Braintree	U13G	67
49	10	Lauren Strutt	Colch H	U13G	65
42	11	Ellenor Chaplin	Chelmsford	U13G	61
F60	12	Ellie Jordan	Braintree	U13G	58
41	13	Daisy Partridge	Braintree	U13G	54

No.	Pos	Name	Club/School	Age Group	Performance
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### Standing Long Jump - U13 Girls



48	1	Jessica Whitbread	Thurrock	U13G	2.01
47	2	Isobel McDonach	Havering M	U13G	1.98
F59	2	Jessica Hopkins	Maltings Acad	U13G	1.77
42	4	Ellenor Chaplin	Chelmsford	U13G	1.75
F61	5	Chloe Jordan	Braintree	U13G	1.75
F66	6	Liberty Griffin	Maltings Acad	U13G	1.55
F60	7	Ellie Jordan	Braintree	U13G	1.46

### Standing Triple Jump - U13 Girls

44	1	Evie Howe	Basildon	U13G	6.10
41	2	Daisy Partridge	Braintree	U13G	6.09
46	3	Hannah Smith	Braintree	U13G	5.55
49	4	Lauren Strutt	Colch H	U13G	5.43
F58	5	Kiera Bainsfair	Basildon	U13G	4.95
F60	6	Ellie Jordan	Braintree	U13G	4.65

### Vertical Jump - U13 Girls

44	1	Evie Howe	Basildon	U13G	62
43	2	Ellie Bartram-Sheppard	Chelmsford	U13G	56
F58	3	Kiera Bainsfair	Basildon	U13G	55
46	4	Hannah Smith	Braintree	U13G	53
41	5	Daisy Partridge	Braintree	U13G	53
F59	6	Jessica Hopkins	Maltings Acad	U13G	49
51	7	Millie Hodges	Havering M	U13G	47
45	8	Hannah Paton	Havering M	U13G	43
40	9	Anna Wardell	Basildon	U13G	43
49	10	Lauren Strutt	Colch H	U13G	43
52	11	Molly Sweetman	Havering M	U13G	42
F66	12	Liberty Griffin	Maltings Acad	U13G	38

No.	Pos	Name	Club/School	Age Group	Performance
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## 2 Lap Race - U15 Girls

Sportshall

### Two Lap - Under 15 Girls

54	1	Amy Day	Chelmsford	U15G	26.0
56	2	Seniz Jessener	Thurrock	U15G	26.2

## 4 Lap Race - U15 Girls

### Four Lap - Under 15 Girls - race 1

54	1	Amy Day	Chelmsford	U15G	59.2
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## Shot - U15 Girls

56	1	Seniz Jessener	Thurrock	U15G	7.02
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## Standing Long Jump - U15 Girls

56	1	Seniz Jessener	Thurrock	U15G	1.97
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## Standing Triple Jump - U15 Girls

54	1	Amy Day	Chelmsford	U15G	6.11
56	2	Seniz Jessener	Thurrock	U15G	5.35

## Speed Bounce - U15 Girls

54	1	Amy Day	Chelmsford	U15G	70
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