

## Kingsway NWL Round 3

8 December 2011

Under 11 - Girls

			Crewe & Nantwich	Halton & Frodsham	Handforth	Macclesfield	Southport Waterloo	St Helens Sutton
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	22	19.5	16	21.5	16	16
		4 Lap Race	22	19		19	24	16
	<b>Relay</b>	4 x 2 Lap Relay	24	18		12	21	15
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	23	16		23	20	18
		Standing Long Jump	17	22		22	17	22
		Standing Triple Jump	20	15	16	20	22	18
	<b>Throws</b>	Chest Push	19	17	16	21	23	15
		<b>Total</b>	<b>147</b>	<b>126.5</b>	<b>48</b>	<b>138.5</b>	<b>143</b>	<b>120</b>
<b>Overall Position</b>		<b>1</b>	<b>4</b>	<b>6</b>	<b>3</b>	<b>2</b>	<b>5</b>	

















Kingsway NWL Round 3

8 December 2011

Under 13 - Girls

			Crewe & Nantwich	Halton & Frodsham	Handforth	Macclesfield	Southport Waterloo	St Helens Sutton
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	23	19	15	23	12	19
		6 Lap Race	21	22		23	13	12
	<b>Relay</b>	4 x 2 Lap Relay	24	21		18		15
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	20.5	19.5	12	23	11	21
		Standing Long Jump	21	21	12	18		24
		Standing Triple Jump	21	22	11	21	12	20
	<b>Throws</b>	Shot Put	18	21	12	23		22
<b>Total</b>			<b>148.5</b>	<b>145.5</b>	<b>62</b>	<b>149</b>	<b>48</b>	<b>133</b>
<b>Overall Position</b>			<b>2</b>	<b>3</b>	<b>5</b>	<b>1</b>	<b>6</b>	<b>4</b>





2 Lap Race					
No	Name	Club	Time	Rank	Points
75	Josie Elliot	Macclesfield	26.6	A 1	16
50	Caitlin Britton	Crewe & Nantwich	26.8	A 2	15
9	Elizabeth Wright	Halton & Frodsham	27	A 3	14
88	Lauren Marshall	St Helens Sutton	27.5	B 3	6
155	Jessica Dean	Southport Waterloo	28.4	A 5	12
158	Morgan Keep	Handforth	37.9	B 5	4
59	Ruka Shonibare	Crewe & Nantwich	27	B 1	8
89	Mia Langton	St Helens Sutton	27.1	A 4	13
74	Lydia Hatton	Macclesfield	27.4	B 2	7
10	Elouise Angus	Halton & Frodsham	27.7	B 4	5
157	Megan Branthwaite	Handforth	28.9	A 6	11

2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
52	Hannah Whelan	Crewe & Nantwich	28	N S	
51	Evie Shorthouse	Crewe & Nantwich	28.3	N S	
14	Rachel Hardman	Halton & Frodsham	28.5	N S	
85	Ellie Farrell	St Helens Sutton	29.5	N S	
56	Lauren Roe	Crewe & Nantwich	30	N S	
90	Olivia Milow	St Helens Sutton	31.3	N S	
58	Matilda Hargreaves	Crewe & Nantwich	27.5	N S	
60	Tia Campbell	Crewe & Nantwich	27.6	N S	
92	Rebecca Houghton	St Helens Sutton	29.3	N S	
12	Charlotte Allen	Halton & Frodsham	29.6	N S	
54	Holly Illingworth	Crewe & Nantwich	30.8	N S	
84	Elizabeth Griffiths	St Helens Sutton	30.9	N S	
49	Beth Linder-Arrowsmith	Crewe & Nantwich	27.4	N S	
18	Holly Hickey	Halton & Frodsham	28.4	N S	
87	Kaitlin Naylor	St Helens Sutton	28.8	N S	
61	Zoe Leydon	Crewe & Nantwich	28.9	N S	
16	Jessica Heatley	Halton & Frodsham	29.4	N S	
57	Maddie Baxter	Crewe & Nantwich	29.5	N S	
53	Hollie Campbell	Crewe & Nantwich	27.8	N S	
21	Rebecca Fenelon	Halton & Frodsham	28.3	N S	
11	Emilia Povall Clarke	Halton & Frodsham	28.6	N S	
91	Rebecca Brown	St Helens Sutton	29.3	N S	
20	Skye Marsh	Halton & Frodsham	29.7	N S	
17	May Mallon	Halton & Frodsham	28.5	N S	
19	Hannah Boyd	Halton & Frodsham	29.7	N S	
93	Emily Watts	St Helens Sutton	29.8	N S	
55	Jennifer Palin	Crewe & Nantwich	30.2	N S	
48	Ashley Angles	Crewe & Nantwich	32	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
9	Elizabeth Wright	Halton & Frodsham	94.4	A 1	16
77	Shona Williams	Macclesfield	97.5	B 1	8
61	Zoe Leydon	Crewe & Nantwich	99	B 2	7
86	Jordan Pilkington	St Helens Sutton	99.5	A 5	12
76	Eve Cobey	Macclesfield	94.8	A 2	15
59	Ruka Shonibare	Crewe & Nantwich	97.6	A 3	14
10	Elouise Angus	Halton & Frodsham	99.1	B 3	6
155	Jessica Dean	Southport Waterloo	99.2	A 4	13

6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
13	Chelsey Fairclough	Halton & Frodsham	103.2	N S	
54	Holly Illingworth	Crewe & Nantwich	103.9	N S	
22	Millie Buckley Downes	Halton & Frodsham	104.2	N S	
15	Maddy Lea	Halton & Frodsham	104.8	N S	

Individual Track 3					
No	Name	Club	Time	Rank	Points

Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	

Speed Bounce					
No	Name	Club	Bounces	Rank	Points
47	Amelia Atkinson	Crewe & Nantwich	67		
61	Zoe Leydon	Crewe & Nantwich	70	B 2	6.5
55	Jennifer Palin	Crewe & Nantwich	77	A 3	14
50	Caitlin Britton	Crewe & Nantwich	66		
11	Emilia Povall Clarke	Halton & Frodsham	70	B 2	6.5
20	Skye Marsh	Halton & Frodsham	67		
17	May Mallon	Halton & Frodsham	70		
21	Rebecca Fenelon	Halton & Frodsham	72	A 4	13
157	Megan Branthwaite	Handforth	61	A 5	12
76	Eve Cobey	Macclesfield	78	A 2	15
77	Shona Williams	Macclesfield	76	B 1	8
155	Jessica Dean	Southport Waterloo	57	A 6	11
85	Ellie Farrell	St Helens Sutton	65	B 4	5
87	Kaitlin Naylor	St Helens Sutton	79	A 1	16
92	Rebecca Houghton	St Helens Sutton	61		
93	Emily Watts	St Helens Sutton	65		

Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	
58	Matilda Hargreaves	Crewe & Nantwich	63	N S	
48	Ashley Angles	Crewe & Nantwich	43	N S	
56	Lauren Roe	Crewe & Nantwich	62	N S	
53	Hollie Campbell	Crewe & Nantwich	67	N S	
15	Maddy Lea	Halton & Frodsham	63	N S	
22	Millie Buckley Downes	Halton & Frodsham	71	N S	
19	Hannah Boyd	Halton & Frodsham	56	N S	
54	Holly Illingworth	Crewe & Nantwich	53	N S	
60	Tia Campbell	Crewe & Nantwich	64	N S	

Standing Long Jump						
No	Name	Club	Distance (m)	Rank	Points	
59	Ruka Shonibare	Crewe & Nantwich	1.95			
51	Evie Shorthouse	Crewe & Nantwich	1.97	B 2	7	
53	Hollie Campbell	Crewe & Nantwich	1.91			
52	Hannah Whelan	Crewe & Nantwich	2.00	A 3	14	
18	Holly Hickey	Halton & Frodsham	2.07	A 2	15	
12	Charlotte Allen	Halton & Frodsham	1.89	B 3	6	
19	Hannah Boyd	Halton & Frodsham	1.81			
20	Skye Marsh	Halton & Frodsham	1.89			
157	Megan Branthwaite	Handforth	1.66	A 5	12	
75	Josie Elliot	Macclesfield	1.94	A 4	13	
76	Eve Cobey	Macclesfield	1.88	B 4	5	
88	Lauren Marshall	St Helens Sutton	2.08	A 1	16	
89	Mia Langton	St Helens Sutton	2.06	B 1	8	
84	Elizabeth Griffiths	St Helens Sutton	1.78			
91	Rebecca Brown	St Helens Sutton	1.84			

Standing Long Jump - Non Scoring						
No	Name	Club	Distance (m)	NS		
47	Amelia Atkinson	Crewe & Nantwich				
48	Ashley Angles	Crewe & Nantwich				
55	Jennifer Palin	Crewe & Nantwich				
60	Tia Campbell	Crewe & Nantwich				
57	Maddie Baxter	Crewe & Nantwich				
56	Lauren Roe	Crewe & Nantwich				
13	Chelsey Fairclough	Halton & Frodsham				
16	Jessica Heatley	Halton & Frodsham				
87	Kaitlin Naylor	St Helens Sutton				
90	Olivia Milow	St Helens Sutton				
93	Emily Watts	St Helens Sutton				

Standing Triple Jump						
No	Name	Club	Distance (m)	Rank	Points	
50	Caitlin Britton	Crewe & Nantwich	5.50	B 3	6	
52	Hannah Whelan	Crewe & Nantwich	5.20			
49	Beth Linder-Arrowsmith	Crewe & Nantwich	5.32			
51	Evie Shorthouse	Crewe & Nantwich	5.99	A 2	15	
18	Holly Hickey	Halton & Frodsham	5.78	B 1	8	
10	Elouise Angus	Halton & Frodsham	5.93	A 3	14	
21	Rebecca Fenelon	Halton & Frodsham	5.53			
11	Emilia Povall Clarke	Halton & Frodsham	5.02			
158	Morgan Keep	Handforth	3.13	A 6	11	
74	Lydia Hutton	Macclesfield	6.04	A 1	16	
77	Shona Williams	Macclesfield	5.40	B 4	5	
155	Jessica Dean	Southport Waterloo	4.85	A 5	12	
88	Lauren Marshall	St Helens Sutton	5.27			
89	Mia Langton	St Helens Sutton	5.51	B 2	7	
86	Jordan Pilkington	St Helens Sutton	5.86	A 4	13	
84	Elizabeth Griffiths	St Helens Sutton	4.97			

Standing Triple Jump - Non Scoring						
No	Name	Club	Distance (m)	NS		
85	Ellie Farrell	St Helens Sutton	4.99	N S		
14	Rachel Hardman	Halton & Frodsham	5.19	N S		
22	Millie Buckley Downes	Halton & Frodsham	4.88	N S		

Vertical Jump						
No	Name	Club	Distance (cm)	Rank	Points	
Vertical Jump - Non Scoring						
No	Name	Club	Distance (cm)	NS		

High Jump								
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points	
High Jump - Non Scoring								
No	Name	Club	Distance (m)	NS				

Jumps 6						
No	Name	Club	Distance (m)	Rank	Points	
Jumps 6 - Non Scoring						
No	Name	Club	Distance (m)	NS		







Kingsway NWL Round 3

8 December 2011

Under 15 - Girls

			Crewe & Nantwich	Halton & Frodsham	Handforth	Macclesfield	Southport Waterloo	St Helens Sutton
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	24	14				22
		6 Lap Race	23					23
	<b>Relay</b>	4 x 2 Lap Relay	24					21
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	24					22
		Standing Long Jump	22	14				24
		Standing Triple Jump	24	14				22
	<b>Throws</b>	Shot Put	22	16				22
<b>Total</b>			<b>163</b>	<b>58</b>				<b>156</b>
<b>Overall Position</b>			<b>1</b>	<b>3</b>				<b>2</b>











