

Competition Results

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	HS	BT	CP	J	SB	SLJ	STJ	TT	VJ
1	Herts Phoenix	Black	480	30	30	28	30	28	30	28	30	28	30	30	28	28	28	26	22	26
2	Essex	Red	454	26	28	26	27	24	28	26	26	26	24	28	26	26	30	28	25	30
3	Norfolk	Yellow	451	28	22	30	27	26	26	30	28	30	26	22	23	30	20	30	25	28
4	Suffolk	Blue	397	24	26	22	24	30	22	20	21	20	20	20	30	24	24	22	28	20
5=	Bedfordshire	White	384	20	24	24	20	22	20	22	24	22	22	25	20	21	22	24	30	22
5=	Herts Pegasus	Orange	384	22	20	20	22	20	24	24	21	24	28	25	23	21	26	20	20	24

Team Results

Bedfordshire (white)

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	480	30	30	28	30	28	30	28	30	28	30	30	28	28	28	26	22
2	Essex	Red	454	26	28	26	27	24	28	26	26	26	24	28	26	26	30	28	25
3	Norfolk	Yellow	451	28	22	30	27	26	26	30	28	30	26	22	23	30	20	30	25
4	Suffolk	Blue	397	24	26	22	24	30	22	20	21	20	20	20	30	24	24	22	28
5=	Bedfordshire	White	384	20	24	24	20	22	20	22	24	22	22	25	20	21	22	24	30
5=	Herts Pegasus	Orange	384	22	20	20	22	20	24	24	21	24	28	25	23	21	26	20	20
7	Cambridgeshire & Peterborough		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Zara Butler	CP	5.25	4.25	5.75		5.75	5
2	Kacie Anderson	BT	4	7	3	11	25	16=
2	Kacie Anderson	VJ	23	25	24		25	16
3	Millie Hawes	STJ	3.53	3.87	4.00		4.00	17
4	Amy Killick	CP	4.00	4.50	4.75		4.75	9
4	Amy Killick	STJ	4.16	4.21	0.00		4.21	14
5	Julia Bell	SB	38				38	18
5	Julia Bell	VJ	27	29	26		29	15
6	Romina Johnson	J	11	11	12		12	6
6	Romina Johnson	SB	50				50	10=
7	Dominika Domel	SB	50				50	10=
7	Dominika Domel	SLJ	1.67	1.68	1.68		1.68	13
8	Emily Watson	BT	6	6	15	3	30	14
8	Emily Watson	VJ	32	30	33		33	13
9	Lucy Dixon	BT	15	15	9	15	54	6
9	Lucy Dixon	TT	4	3	3	0	10	3=
10	Darcy Button	SLJ	1.48	1.48	1.58		1.58	17
11	Irene Kricks	TT	6	6	2	0	14	1
12	Emily Day	J	8	9	9		9	12
12	Emily Day	SLJ	1.70	1.66	1.62		1.70	12
13	Georgia Smith	STJ	5.46	5.26	5.18		5.46	6

Team Results

Essex (red)

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	480	30	30	28	30	28	30	28	30	28	30	30	28	28	28	26	22
2	Essex	Red	454	26	28	26	27	24	28	26	26	26	24	28	26	26	30	28	25
3	Norfolk	Yellow	451	28	22	30	27	26	26	30	28	30	26	22	23	30	20	30	25
4	Suffolk	Blue	397	24	26	22	24	30	22	20	21	20	20	20	30	24	24	22	28
5=	Bedfordshire	White	384	20	24	24	20	22	20	22	24	22	22	25	20	21	22	24	30
5=	Herts Pegasus	Orange	384	22	20	20	22	20	24	24	21	24	28	25	23	21	26	20	20
7	Cambridgeshire & Peterborough		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Elize Bonning	CP	5.50	6.25	6.25		6.25	3
1	Elize Bonning	STJ	5.90	5.89	5.97		5.97	2
2	Ella Wigul	VJ	42	44	43		44	7
3	Emily Knight	BT	15	4	11	15	45	8
4	Emma Ramsden	J	12	10	12		12	4=
5	Grace Griffiths	CP	0.00	0.00	5.75		5.75	6
5	Grace Griffiths	SLJ	1.88	2.00	1.84		2.00	4
6	Hannah Bardo	BT	11	3	9	6	29	15
6	Hannah Bardo	VJ	47	51	52		52	2
7	Isabelle Douglas-Ward	TT	6	1	3	0	10	3=
8	Jessica Krise	STJ	5.68	5.50	5.70		5.70	4
9	Jessica Welsh	SB	52				52	7=
9	Jessica Welsh	SLJ	2.04	2.06	2.00		2.06	3
10	Lizzie Agombar	J	11	8	9		11	8
10	Lizzie Agombar	STJ	5.33	5.38	0.00		5.38	7
11	Lottie Hinson	TT	1	4	1	0	6	8=
12	Ndidikama Okoh	SB	52				52	7=
13	Oluwatanmise Abbas	BT	15	15	15	12	57	5
13	Oluwatanmise Abbas	SLJ	2.09	2.07	2.10		2.10	1
14	Poppy Ellis	SB	55				55	3=
14	Poppy Ellis	VJ	49	50	52		52	3

Team Results

Herts Phoenix (black)

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	480	30	30	28	30	28	30	28	30	28	30	30	28	28	28	26	22
2	Essex	Red	454	26	28	26	27	24	28	26	26	26	24	28	26	26	30	28	25
3	Norfolk	Yellow	451	28	22	30	27	26	26	30	28	30	26	22	23	30	20	30	25
4	Suffolk	Blue	397	24	26	22	24	30	22	20	21	20	20	20	30	24	24	22	28
5=	Bedfordshire	White	384	20	24	24	20	22	20	22	24	22	22	25	20	21	22	24	30
5=	Herts Pegasus	Orange	384	22	20	20	22	20	24	24	21	24	28	25	23	21	26	20	20
7	Cambridgeshire & Peterborough		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Daisy Creasey	BT	5	5	10	15	35	10=
1	Daisy Creasey	SLJ	1.74	1.88	1.84		1.88	7
2	Niamh Hartnett	STJ	5.67	5.80	5.55		5.80	3
3	Lily O'Hare	STJ	5.16	5.17	5.06		5.17	10
4	Lauren Simpson	CP	6.25	6.75	6.75		6.75	1
4	Lauren Simpson	VJ	45	47	49		49	4
5	Jennifer Arinze	SLJ	1.99	1.96	1.98		1.99	5
6	Imogen Poles	BT	15	15	15	15	60	1=
6	Imogen Poles	TT	2	2	0	2	6	8=
7	Millie Smith	J	3	10	10		10	10
7	Millie Smith	VJ	40	40	37		40	9
8	Molly Hobson	SB	54				54	5
8	Molly Hobson	STJ	5.23	5.18	5.30		5.30	8
9	Jemina Carr	VJ	38	38	38		38	11
10	Julianna Glinkowska	SB	55				55	3=
10	Julianna Glinkowska	SLJ	2.06	2.06	1.76		2.06	2
11	Katie Hegarty	CP	5.50	6.50	5.75		6.50	2
11	Katie Hegarty	SB	52				52	7=
12	Kathryn Rollins	BT	15	15	15	15	60	1=
12	Kathryn Rollins	J	12	14	12		14	1
14	Elsa Barnfather	TT	4	4	1	0	9	7

Team Results

Herts Pegasus (orange)

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East Regional FIA East Regional FIA Girls

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2 Feb 2014

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	480	30	30	28	30	28	30	28	30	28	30	30	28	28	28	26	22
2	Essex	Red	454	26	28	26	27	24	28	26	26	26	24	28	26	26	30	28	25
3	Norfolk	Yellow	451	28	22	30	27	26	26	30	28	30	26	22	23	30	20	30	25
4	Suffolk	Blue	397	24	26	22	24	30	22	20	21	20	20	20	30	24	24	22	28
5=	Bedfordshire	White	384	20	24	24	20	22	20	22	24	22	22	25	20	21	22	24	30
5=	Herts Pegasus	Orange	384	22	20	20	22	20	24	24	21	24	28	25	23	21	26	20	20
7	Cambridgeshire & Peterborough		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Lily Smith	VJ	32	0	34		34	12
2	Evie Reynolds	SLJ	1.84	1.84	1.86		1.86	8
3	Anna Kasoulis	SB	46				46	13=
3	Anna Kasoulis	VJ	0	39	39		39	10
4	Zarah Bastide	TT	4	1	0	0	5	11=
4	Zarah Bastide	VJ	28	29	26		29	14
5	Emily Mayes	BT	15	15	15	15	60	1=
5	Emily Mayes	STJ	4.15	4.15	4.06		4.15	15
6	Olivia Digby	J	10	12	12		12	4=
6	Olivia Digby	SB	46				46	13=
7	Libby Mardell-Lines	BT	6	8	4	15	33	12=
7	Libby Mardell-Lines	STJ	4.05	4.02	3.90		4.05	16
8	Charlotte Hobson	TT	3	0	2	0	5	11=
9	Jana-Sophia Mitreska-Tringoli	SB	46				46	13=
9	Jana-Sophia Mitreska-Tringoli	SLJ	1.76	1.76	1.76		1.76	11
10	Nadja Forrest	J	10	9	10		10	9
10	Nadja Forrest	STJ	0.00	4.28	4.22		4.28	12
11	Abbie Crouch	CP	5.25	5.75	6.00		6.00	4
12	Ruby Graves	CP	3.75	4.50	4.50		4.50	10
12	Ruby Graves	SLJ	1.16	1.64	1.64		1.64	15
13	Leah Laker-Jones	BT	3	15	15	15	48	7

Team Results

Norfolk (yellow)

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	480	30	30	28	30	28	30	28	30	28	30	30	28	28	28	26	22
2	Essex	Red	454	26	28	26	27	24	28	26	26	26	24	28	26	26	30	28	25
3	Norfolk	Yellow	451	28	22	30	27	26	26	30	28	30	26	22	23	30	20	30	25
4	Suffolk	Blue	397	24	26	22	24	30	22	20	21	20	20	20	30	24	24	22	28
5=	Bedfordshire	White	384	20	24	24	20	22	20	22	24	22	22	25	20	21	22	24	30
5=	Herts Pegasus	Orange	384	22	20	20	22	20	24	24	21	24	28	25	23	21	26	20	20
7	Cambridgeshire & Peterborough		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jazmin Edwards	SB	48				48	12
2	Serena Grace	SB	58				58	1
2	Serena Grace	VJ	48	45	0		48	5
3	Talia Barrett	BT	15	15	15	15	60	1=
3	Talia Barrett	TT	4	1	1	0	6	8=
4	Eden Harrison	J	12	9	10		12	7
4	Eden Harrison	SLJ	1.84	1.85	1.83		1.85	9
5	Shamara Harrison	BT	15	3	15	7	40	9
5	Shamara Harrison	CP	4.50	4.50	5.00		5.00	8
6	Femke Rosbergen	STJ	5.25	5.15	0.00		5.25	9
7	Alice Hill	STJ	5.46	5.67	5.53		5.67	5
8	Abby Flaxmer	CP	4.25	4.75	5.00		5.00	7
8	Abby Flaxmer	VJ	42	41	40		42	8
9	Eleanor Brown	STJ	6.26	6.09	6.00		6.26	1
10	Ellie Morgan	BT	15	10	5	3	33	12=
10	Ellie Morgan	J	10	8	9		10	11
11	Poppy Wynes	SB	57				57	2
11	Poppy Wynes	VJ	45	43	41		45	6
12	Zoe Powers	SLJ	1.96	1.94	1.98		1.98	6
12	Zoe Powers	TT	6	2	2	0	10	3=

Team Results

Suffolk (blue)

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Score	OR	1+1	2+2	4x1	P6	OU	HR	GP	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	480	30	30	28	30	28	30	28	30	28	30	30	28	28	28	26	22
2	Essex	Red	454	26	28	26	27	24	28	26	26	26	24	28	26	26	30	28	25
3	Norfolk	Yellow	451	28	22	30	27	26	26	30	28	30	26	22	23	30	20	30	25
4	Suffolk	Blue	397	24	26	22	24	30	22	20	21	20	20	20	30	24	24	22	28
5=	Bedfordshire	White	384	20	24	24	20	22	20	22	24	22	22	25	20	21	22	24	30
5=	Herts Pegasus	Orange	384	22	20	20	22	20	24	24	21	24	28	25	23	21	26	20	20
7	Cambridgeshire & Peterborough		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jemina Bestley	SB	53				53	6
1	Jemina Bestley	SLJ	1.60	1.14	1.58		1.60	16
2	Maisy Armstrong	SLJ	1.78	1.84	1.67		1.84	10
2	Maisy Armstrong	TT	6	3	2	0	11	2
3	Mai Baidoo	SLJ	1.65	1.48	1.58		1.65	14
4	Deryn Baidoo	J	11	12	12		12	3
4	Deryn Baidoo	VJ	52	51	50		52	1
5	Lionara Young	J	10	13	10		13	2
5	Lionara Young	STJ	0.00	4.35	5.00		5.00	11
6	Emily Bell	BT	3	6	15	11	35	10=
6	Emily Bell	CP	3.50	3.50	4.00		4.00	11
6	Emily Bell	STJ	3.50	3.18	3.32		3.50	18
7	Lilly May	STJ	4.23	4.00	4.04		4.23	13
8	Jenna King	SB	43				43	16=
9	Millie King	SB	43				43	16=
10	Emilia	BT	15	2	4	4	25	16=
10	Emilia	CP	3.75	0.00	3.75		3.75	12
11	Ellie Bamb	TT	6	2	2	0	10	3=

Results Sheet

Obstacle Relay

Competition:

East Regional FIA East Regional FIA Girls

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2 Feb 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	1:25.0	0.0	1:25.0	30.0
2	06	Norfolk	Yellow	1:27.8	0.0	1:27.8	28.0
3	03	Essex	Red	1:28.4	0.0	1:28.4	26.0
4	07	Suffolk	Blue	1:32.7	0.0	1:32.7	24.0
5	05	Herts Pegasus	Orange	1:36.3	0.0	1:36.3	22.0
6	01	Bedfordshire	White	1:36.8	0.0	1:36.8	20.0

Results Sheet

1 + 1 Lap Relay

Competition:
East Regional FIA East Regional FIA Girls

Venue:
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Date
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	26.2	0.0	26.2	30.0
2	03	Essex	Red	26.4	0.0	26.4	28.0
3	07	Suffolk	Blue	26.5	0.0	26.5	26.0
4	01	Bedfordshire	White	27.1	0.0	27.1	24.0
5	06	Norfolk	Yellow	27.5	0.0	27.5	22.0
6	05	Herts Pegasus	Orange	27.7	0.0	27.7	20.0

Results Sheet

2 + 2 Lap Relay

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Yellow	52.8	0.0	52.8	30.0
2	04	Herts Phoenix	Black	52.9	0.0	52.9	28.0
3	03	Essex	Red	53.0	0.0	53.0	26.0
4	01	Bedfordshire	White	54.6	0.0	54.6	24.0
5	07	Suffolk	Blue	55.8	0.0	55.8	22.0
6	05	Herts Pegasus	Orange	1:00.2	0.0	1:00.2	20.0

Results Sheet

4 x 1 Lap Relay

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	52.3	0.0	52.3	30.0
2=	03	Essex	Red	52.5	0.0	52.5	27.0
2=	06	Norfolk	Yellow	52.5	0.0	52.5	27.0
4	07	Suffolk	Blue	53.6	0.0	53.6	24.0
5	05	Herts Pegasus	Orange	58.2	0.0	58.2	22.0
6	01	Bedfordshire	White	59.7	0.0	59.7	20.0

Results Sheet

6 Lap Paarlauf

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Suffolk	Blue	1:24.3	0.0	1:24.3	30.0
2	04	Herts Phoenix	Black	1:25.5	0.0	1:25.5	28.0
3	06	Norfolk	Yellow	1:26.4	0.0	1:26.4	26.0
4	03	Essex	Red	1:26.7	0.0	1:26.7	24.0
5	01	Bedfordshire	White	1:27.7	0.0	1:27.7	22.0
6	05	Herts Pegasus	Orange	1:29.6	0.0	1:29.6	20.0

Results Sheet

Over and Under Relay

Competition:
East Regional FIA East Regional FIA Girls

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Date
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	1:15.6	0.0	1:15.6	30.0
2	03	Essex	Red	1:15.8	0.0	1:15.8	28.0
3	06	Norfolk	Yellow	1:21.7	0.0	1:21.7	26.0
4	05	Herts Pegasus	Orange	1:23.2	0.0	1:23.2	24.0
5	07	Suffolk	Blue	1:26.2	0.0	1:26.2	22.0
6	01	Bedfordshire	White	1:28.0	0.0	1:28.0	20.0

Results Sheet

Hurdles Relay

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Yellow	1:00.8	0.0	1:00.8	30.0
2	04	Herts Phoenix	Black	1:01.6	0.0	1:01.6	28.0
3	03	Essex	Red	1:04.7	0.0	1:04.7	26.0
4	05	Herts Pegasus	Orange	1:07.0	0.0	1:07.0	24.0
5	01	Bedfordshire	White	1:10.0	0.0	1:10.0	22.0
6	07	Suffolk	Blue	1:11.5	0.0	1:11.5	20.0

Results Sheet

Grand Prix

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

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2 Feb 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	59.2	0.0	59.2	30.0
2	06	Norfolk	Yellow	1:03.0	0.0	1:03.0	28.0
3	03	Essex	Red	1:03.2	0.0	1:03.2	26.0
4	01	Bedfordshire	White	1:09.1	0.0	1:09.1	24.0
5=	05	Herts Pegasus	Orange	1:09.4	0.0	1:09.4	21.0
5=	07	Suffolk	Blue	1:09.4	0.0	1:09.4	21.0

Results Sheet

Balance Test

Competition:
East Regional FIA East Regional FIA Girls

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HSV

Date
2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	155	30
2	Herts Pegasus	Orange	141	28
3	Norfolk	Yellow	133	26
4	Essex	Red	131	24
5	Bedfordshire	White	109	22
6	Suffolk	Blue	60	20

Ranking	Team	Colour	BibNo	Name	Total
1=	Herts Phoenix	Black	6	Imogen Poles	60
1=	Herts Phoenix	Black	12	Kathryn Rollins	60
1=	Herts Pegasus	Orange	5	Emily Mayes	60
1=	Norfolk	Yellow	3	Talia Barrett	60
5	Essex	Red	13	Oluwatumise Abbas	57
6	Bedfordshire	White	9	Lucy Dixon	54
7	Herts Pegasus	Orange	13	Leah Laker-Jones	48
8	Essex	Red	3	Emily Knight	45
9	Norfolk	Yellow	5	Shamara Harrison	40
10=	Herts Phoenix	Black	1	Daisy Creasey	35
10=	Suffolk	Blue	6	Emily Bell	35
12=	Herts Pegasus	Orange	7	Libby Mardell-Lines	33
12=	Norfolk	Yellow	10	Ellie Morgan	33
14	Bedfordshire	White	8	Emily Watson	30
15	Essex	Red	6	Hannah Bardo	29
16=	Bedfordshire	White	2	Kacie Anderson	25
16=	Suffolk	Blue	10	Emilia	25

Results Sheet

Chest Push

Competition:
East Regional FIA East Regional FIA Girls

Venue:
HSV

Date
2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	13.25	30
2	Essex	Red	12.00	28
3=	Bedfordshire	White	10.50	25
3=	Herts Pegasus	Orange	10.50	25
5	Norfolk	Yellow	10.00	22
6	Suffolk	Blue	7.75	20

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	Black	4	Lauren Simpson	6.75
2	Herts Phoenix	Black	11	Katie Hegarty	6.50
3	Essex	Red	1	Elize Bonning	6.25
4	Herts Pegasus	Orange	11	Abbie Crouch	6.00
5	Bedfordshire	White	1	Zara Butler	5.75
6	Essex	Red	5	Grace Griffiths	5.75
7	Norfolk	Yellow	8	Abby Flaxmer	5.00
8	Norfolk	Yellow	5	Shamara Harrison	5.00
9	Bedfordshire	White	4	Amy Killick	4.75
10	Herts Pegasus	Orange	12	Ruby Graves	4.50
11	Suffolk	Blue	6	Emily Bell	4.00
12	Suffolk	Blue	10	Emilia	3.75

Results Sheet

Javelin

Competition:
East Regional FIA East Regional FIA Girls

Venue:
HSV

Date
2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Suffolk	Blue	25	30
2	Herts Phoenix	Black	24	28
3	Essex	Red	23	26
4=	Herts Pegasus	Orange	22	23
4=	Norfolk	Yellow	22	23
6	Bedfordshire	White	21	20

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	Black	12	Kathryn Rollins	14
2	Suffolk	Blue	5	Lionara Young	13
3	Suffolk	Blue	4	Deryn Baidoo	12
4=	Essex	Red	4	Emma Ramsden	12
4=	Herts Pegasus	Orange	6	Olivia Digby	12
6	Bedfordshire	White	6	Romina Johnson	12
7	Norfolk	Yellow	4	Eden Harrison	12
8	Essex	Red	10	Lizzie Agombar	11
9	Herts Pegasus	Orange	10	Nadja Forrest	10
10	Herts Phoenix	Black	7	Millie Smith	10
11	Norfolk	Yellow	10	Ellie Morgan	10
12	Bedfordshire	White	12	Emily Day	9

Results Sheet

Speed Bounce

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	163	30
2	Herts Phoenix	Black	161	28
3	Essex	Red	159	26
4	Suffolk	Blue	139	24
5=	Bedfordshire	White	138	21
5=	Herts Pegasus	Orange	138	21

Ranking	Team	Colour	BibNo	Name	Total
1	Norfolk	Yellow	2	Serena Grace	58
2	Norfolk	Yellow	11	Poppy Wynes	57
3=	Essex	Red	14	Poppy Ellis	55
3=	Herts Phoenix	Black	10	Julianna Glinkowska	55
5	Herts Phoenix	Black	8	Molly Hobson	54
6	Suffolk	Blue	1	Jemina Bestley	53
7=	Essex	Red	9	Jessica Welsh	52
7=	Essex	Red	12	Ndidikama Okoh	52
7=	Herts Phoenix	Black	11	Katie Hegarty	52
10=	Bedfordshire	White	6	Romina Johnson	50
10=	Bedfordshire	White	7	Dominika Domel	50
12	Norfolk	Yellow	1	Jazmin Edwards	48
13=	Herts Pegasus	Orange	3	Anna Kasoulis	46
13=	Herts Pegasus	Orange	6	Olivia Digby	46
13=	Herts Pegasus	Orange	9	Jana-Sophia Mitreska-Tring	46
16=	Suffolk	Blue	8	Jenna King	43
16=	Suffolk	Blue	9	Millie King	43
18	Bedfordshire	White	5	Julia Bell	38

Results Sheet

Standing Long Jump

Competition:
East Regional FIA East Regional FIA Girls

Venue:
HSV

Date
2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Essex	Red	6.16	30
2	Herts Phoenix	Black	5.93	28
3	Herts Pegasus	Orange	5.26	26
4	Suffolk	Blue	5.09	24
5	Bedfordshire	White	4.96	22
6	Norfolk	Yellow	3.83	20

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	13	Oluwatumise Abbas	2.10
2	Herts Phoenix	Black	10	Julianna Glinkowska	2.06
3	Essex	Red	9	Jessica Welsh	2.06
4	Essex	Red	5	Grace Griffiths	2.00
5	Herts Phoenix	Black	5	Jennifer Arinze	1.99
6	Norfolk	Yellow	12	Zoe Powers	1.98
7	Herts Phoenix	Black	1	Daisy Creasey	1.88
8	Herts Pegasus	Orange	2	Evie Reynolds	1.86
9	Norfolk	Yellow	4	Eden Harrison	1.85
10	Suffolk	Blue	2	Maisy Armstrong	1.84
11	Herts Pegasus	Orange	9	Jana-Sophia Mitreska-Tring	1.76
12	Bedfordshire	White	12	Emily Day	1.70
13	Bedfordshire	White	7	Dominika Domel	1.68
14	Suffolk	Blue	3	Mai Baidoo	1.65
15	Herts Pegasus	Orange	12	Ruby Graves	1.64
16	Suffolk	Blue	1	Jemina Bestley	1.60
17	Bedfordshire	White	10	Darcy Button	1.58

Results Sheet

Standing Triple Jump

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	17.18	30
2	Essex	Red	17.05	28
3	Herts Phoenix	Black	16.27	26
4	Bedfordshire	White	13.67	24
5	Suffolk	Blue	12.73	22
6	Herts Pegasus	Orange	12.48	20

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Yellow	9	Eleanor Brown	6.26
2	Essex	Red	1	Elize Bonning	5.97
3	Herts Phoenix	Black	2	Niamh Hartnett	5.80
4	Essex	Red	8	Jessica Krise	5.70
5	Norfolk	Yellow	7	Alice Hill	5.67
6	Bedfordshire	White	13	Georgia Smith	5.46
7	Essex	Red	10	Lizzie Agombar	5.38
8	Herts Phoenix	Black	8	Molly Hobson	5.30
9	Norfolk	Yellow	6	Femke Rosbergen	5.25
10	Herts Phoenix	Black	3	Lily O'Hare	5.17
11	Suffolk	Blue	5	Lionara Young	5.00
12	Herts Pegasus	Orange	10	Nadja Forrest	4.28
13	Suffolk	Blue	7	Lilly May	4.23
14	Bedfordshire	White	4	Amy Killick	4.21
15	Herts Pegasus	Orange	5	Emily Mayes	4.15
16	Herts Pegasus	Orange	7	Libby Mardell-Lines	4.05
17	Bedfordshire	White	3	Millie Hawes	4.00
18	Suffolk	Blue	6	Emily Bell	3.50

Results Sheet

Target Throw

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Bedfordshire	White	24	30
2	Suffolk	Blue	21	28
3=	Essex	Red	16	25
3=	Norfolk	Yellow	16	25
5	Herts Phoenix	Black	15	22
6	Herts Pegasus	Orange	10	20

Ranking	Team	Colour	BibNo	Name	Total
1	Bedfordshire	White	11	Irene Kricks	14
2	Suffolk	Blue	2	Maisy Armstrong	11
3=	Bedfordshire	White	9	Lucy Dixon	10
3=	Essex	Red	7	Isabelle Douglas-Ward	10
3=	Norfolk	Yellow	12	Zoe Powers	10
3=	Suffolk	Blue	11	Ellie Bamb	10
7	Herts Phoenix	Black	14	Elsa Barnfather	9
8=	Essex	Red	11	Lottie Hinson	6
8=	Herts Phoenix	Black	6	Imogen Poles	6
8=	Norfolk	Yellow	3	Talia Barrett	6
11=	Herts Pegasus	Orange	4	Zarah Bastide	5
11=	Herts Pegasus	Orange	8	Charlotte Hobson	5

Results Sheet

Vertical Jump

Competition:
East Regional FIA East Regional FIA Girls

Venue:
HSV

Date
2 Feb 2014

Ranking	Team	Colour	Total	Points
1	Essex	Red	148	30
2	Norfolk	Yellow	135	28
3	Herts Phoenix	Black	127	26
4	Herts Pegasus	Orange	102	24
5	Bedfordshire	White	87	22
6	Suffolk	Blue	52	20

Ranking	Team	Colour	BibNo	Name	Best
1	Suffolk	Blue	4	Deryn Baidoo	52
2	Essex	Red	6	Hannah Bardo	52
3	Essex	Red	14	Poppy Ellis	52
4	Herts Phoenix	Black	4	Lauren Simpson	49
5	Norfolk	Yellow	2	Serena Grace	48
6	Norfolk	Yellow	11	Poppy Wynes	45
7	Essex	Red	2	Ella Wigul	44
8	Norfolk	Yellow	8	Abby Flaxmer	42
9	Herts Phoenix	Black	7	Millie Smith	40
10	Herts Pegasus	Orange	3	Anna Kasoulis	39
11	Herts Phoenix	Black	9	Jemina Carr	38
12	Herts Pegasus	Orange	1	Lily Smith	34
13	Bedfordshire	White	8	Emily Watson	33
14	Herts Pegasus	Orange	4	Zarah Bastide	29
15	Bedfordshire	White	5	Julia Bell	29
16	Bedfordshire	White	2	Kacie Anderson	25

Results Sheet

Hi-Stepper

Competition:

East Regional FIA East Regional FIA Girls

Venue:

HSV

Date

2 Feb 2014

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Yellow	39.4	0.0	39.4	30.0
2	04	Herts Phoenix	Black	40.2	0.0	40.2	28.0
3	03	Essex	Red	42.0	0.0	42.0	26.0
4	05	Herts Pegasus	Orange	42.5	0.0	42.5	24.0
5	01	Bedfordshire	White	44.3	0.0	44.3	22.0
6	07	Suffolk	Blue	45.0	0.0	45.0	20.0