

2 April 2014

Penrith Leisure Centre

		White		Black		Red		Light Blue		Dark Blue		Green		White		Black	
		Allerdale		Carlisle		Copeland		Eden		Furness		South Lakeland		Allerdale		Carlisle	
		Seaton		Stanwix		St James		North Lakes		Askham Village		St Margaret and St Mary CofE		Dearham		Scotby CofE	
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
Track	Obstacle Relay	12	18	24	24	16	12	6	4	22	20			14	10	10	22
	1 + 1 Lap Relay	18	12	24	22	10	14	20	18	8	16			22	8	14	24
	2 + 2 Lap Relay	22	12	24	16	14	22	20	8	6	24			8	20	16	14
	6 Lap Paarlaufer / Under Relay																
	4 x 1 Lap Relay	22	12	24	24	14	16	12	10	18	22			4	4	16	20
Field	Chest Push	20	22	10	16	22	24	6	12	16	12			24	6	20	20
	Speed Bounce	22	18	16	10	10	14	4	8	18	24			12	6	22	18
	Standing Long Jump	12	12	24	18	14	16	4	6	20	20			18	8	8	14
	Standing Triple Jump	16	24	24	4	8	16	4	14	20	22			14	20	12	10
	Vertical Jump	10	16	24	24	22	12	8	10	22	22			16	20	14	20
	Soft Javelin	20	22	6	12	10	14	12	24	14	16			22	18	8	10
Total		174	168	200	170	140	160	96	114	164	198			154	120	140	172
Combined Total		342		370		300		210		362				274		312	
Combined Position		3		1		5		9		2				8		4	
Virtual Total		1020		1026		981		873		1074				1017		949	
Virtual Team Award																	

For more information on the Sportshall pathway go to [www.sportshall.org](http://www.sportshall.org)



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ATHLETICS



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		Red		Light Blue		Dark Blue		Green									
		Copeland		Eden		Furness		South Lakeland									
		Valley		Beaconside		South Walney		St Thomas									
		Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
Track	Obstacle Relay	4	8	22	14	18	16	10	6								
	1 + 1 Lap Relay	6	4	12	22	4	12	16	6								
	2 + 2 Lap Relay	12	4	4	20	18	6	10	10								
	6 Lap Paarlaf																
	Over / Under Relay																
	4 x 1 Lap Relay	8	8	6	16	20	18	10	6								
Field	Chest Push	16	4	8	16	4	8	12	20								
	Speed Bounce	6	12	14	22	24	4	8	22								
	Standing Long Jump	16	4	12	24	22	22	6	10								
	Standing Triple Jump	10	12	6	6	22	18	18	8								
	Vertical Jump	8	4	12	14	18	6	8	10								
	Soft Javelin	20	8	16	22	24	8	6	4								
<b>Total</b>		106	68	112	176	174	118	104	102								
<b>Combined Total</b>		174		288		292		206									
<b>Combined Position</b>		11		7		6		10									
<b>Virtual Total</b>		866		979		990		873									
<b>Virtual Team Award</b>																	

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## Girls Track Events

Girls		Obstacle Relay		1 + 1 Lap Relay		2 + 2 Lap Relay		6 Lap Paarlauf		Over / Under Relay		4 x 1 Lap Relay				
Colour	Team	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	
White	Dearham	97.7	6	28.8	2	61.4	9		0		0	63.1	11		0	
			14		22		8		0		0		4		0	0
Black	Scotby CofE	101	8	29.9	6	58.2	5		0		0	59.1	5		0	
			10		14		16		0		0		16		0	0
Red	Valley	105.5	11	32	10	59.5	7		0		0	61.9	9		0	
			4		6		12		0		0		8		0	0
Light Blue	Beaconside	96.2	2	30.2	7	63	11		0		0	62.5	10		0	
			22		12		4		0		0		6		0	0
Dark Blue	South Walney	96.4	4	33	11	57.6	4		0		0	56.6	3		0	
			18		4		18		0		0		20		0	0
Green	St Thomas	101	8	29.6	5	61.1	8		0		0	61.5	8		0	
			10		16		10		0		0		10		0	0



## Girls Field Events

Girls		Chest Push		Speed Bounce		Standing Long Jump		Standing Triple Jump		Vertical Jump		Soft Javelin				
Colour	Team	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	
White	Dearham	1	6.25	12.5	51.00	89	1.70	3.34	4.68	9.1	34.00	76	13.00	25	0	0
		2	6.25	1	38.00	7	1.64	4	4.42	6	42.00	5	12.00	2	0	0
		3		24		12		18		14		16		22		0
Black	Scotby CofE	1	6.00	11.5	43.00	94	1.64	3.02	4.36	8.69	36.00	72	9.00	17	0	0
		2	5.50	3	51.00	2	1.38	9	4.33	7	36.00	6	8.00	9	0	0
		3		20		22		8		12		14		8		0
Red	Valley	1	6.25	11.25	47.00	80	1.58	3.18	4.68	8.62	29.00	62	9.00	24	0	0
		2	5.00	5	33.00	10	1.60	5	3.94	8	33.00	9	15.00	3	0	0
		3		16		6		16		10		8		20		0
Light Blue	Beaconside	1	5.25	10	41.00	91	1.54	3.06	3.92	8.18	38.00	71	13.00	23	0	0
		2	4.75	9	50.00	6	1.52	7	4.26	10	33.00	7	10.00	5	0	0
		3		8		14		12		6		12		16		0
Dark Blue	South Walney	1	3.50	8.25	54.00	106	1.82	3.44	4.50	9.78	38.00	78	11.00	27	0	0
		2	4.75	11	52.00	1	1.62	2	5.28	2	40.00	4	16.00	1	0	0
		3		4		24		22		22		18		24		0
Green	St Thomas	1	6.50	11	41.00	82	1.64	2.98	4.82	9.28	30.00	62	8.00	16	0	0
		2	4.50	7	41	9	1.34	10	4.46	4	32	9	8	10	0	0
		3		12		8		6		18		8		6		0



### Boys Track Events

Boys		Obstacle Relay		1 + 1 Lap Relay		2 + 2 Lap Relay		6 Lap Paarlauf		Over / Under Relay		4 x 1 Lap Relay			
Colour	Team	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points	Time (in secs) or position	Position / Points
White	Dearham	92.1	8	28.4	9	54.5	3		0		0	64.6	11		0
			10		8		20		0		0		4		0
Black	Scooby CofE	89.1	2	26.9	1	55	6		0		0	56.1	3		0
			22		24		14		0		0		20		0
Red	Valley	93.6	9	29.8	11	59	11		0		0	59.4	9		0
			8		4		4		0		0		8		0
Light Blue	Beaconside	91.1	6	27.1	2	54.5	3		0		0	56.9	5		0
			14		22		20		0		0		16		0
Dark Blue	South Walney	90.1	5	28.2	7	56.8	10		0		0	56.3	4		0
			16		12		6		0		0		18		0
Green	St Thomas	95.6	10	29.3	10	56.1	8		0		0	59.9	10		0
			6		6		10		0		0		6		0

### Boys Field Events

Boys		Chest Push		Speed Bounce		Standing Long Jump		Standing Triple Jump		Vertical Jump		Soft Javelin				
Colour	Team	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	Best Performances	Total / Position / Points	
White	Dearham	1	5.00	11.25	45.00	85	1.76	3.24	5.45	10.25	41.00	77	20.00	34	0	0
		2	6.25	10	40.00	10	1.48	9	4.80	3	36.00	3	14.00	4	0	0
		3		6		6		8		20		20		18		0
Black	Scooby CofE	1	6.00	12.25	41.00	93	1.76	3.44	4.51	9.23	44.00	77	12.00	27	0	0
		2	6.25	3	52.00	4	1.68	6	4.72	8	33.00	3	15.00	8	0	0
		3		20		18		14		10		20		10		0
Red	Valley	1	6.00	11	47.00	89	1.30	2.88	4.68	9.44	31.00	57	9.00	25	0	0
		2	5.00	11	42.00	7	1.58	11	4.76	7	26.00	11	16.00	9	0	0
		3		4		12		4		12		4		8		0
Light Blue	Beaconside	1	6.50	12	50.00	99	1.90	3.76	4.54	9.06	38.00	74	18.00	36	0	0
		2	5.50	5	49.00	2	1.86	1	4.52	10	36.00	6	18.00	2	0	0
		3		16		22		24		6		14		22		0
Dark Blue	South Walney	1	6.25	11.5	40.00	83	1.94	3.72	4.56	9.86	33.00	60	12.00	25	0	0
		2	5.25	9	43.00	11	1.78	2	5.30	4	27.00	10	13.00	9	0	0
		3		8		4		22		18		6		8		0
Green	St Thomas	1	6.00	12.25	57.00	99	1.62	3.28	5.22	9.14	30.00	61	9.00	20	0	0
		2	6.25	3	42	2	1.66	8	3.92	9	31	8	11	11	0	0
		3		20		22		10		8		10		4		0