

Competition Results

Competition:

NWL Final 2010 Under 11 Girls

Venue:

Kingsway Leisure Centre

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x1 | P6 | OU | GP | 2+2 | CP | J | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|-----|----|----|----|-----|----|----|----|-----|-----|----|
| 1 | West Cheshire | | 282 | 24 | 30 | 28 | 0 | 30 | 30 | 30 | 30 | 26 | 24 | 30 |
| 2 | Crewe and Nantwich | | 275 | 30 | 28 | 30 | 0 | 26 | 27 | 26 | 28 | 24 | 30 | 26 |
| 3 | Halton and Frodsham | | 265 | 28 | 26 | 26 | 0 | 28 | 27 | 24 | 26 | 30 | 28 | 22 |
| 4 | Deeside | | 242 | 26 | 24 | 24 | 0 | 20 | 24 | 28 | 20 | 22 | 26 | 28 |
| 5 | Liverpool | | 228 | 22 | 22 | 22 | 0 | 24 | 22 | 22 | 24 | 28 | 22 | 20 |
| 6 | DASH | | 208 | 20 | 20 | 20 | 0 | 22 | 20 | 20 | 22 | 20 | 20 | 24 |

Team Results

Crewe and Nantwich ()

Competition:

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| Ranking | Team | Colour | Score | 4x1 | P6 | OU | GP | 2+2 | CP | J | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|-----|----|----|----|-----|----|----|----|-----|-----|----|
| 1 | West Cheshire | | 282 | 24 | 30 | 28 | 0 | 30 | 30 | 30 | 30 | 26 | 24 | 30 |
| 2 | Crewe and Nantwich | | 275 | 30 | 28 | 30 | 0 | 26 | 27 | 26 | 28 | 24 | 30 | 26 |
| 3 | Halton and Frodsham | | 265 | 28 | 26 | 26 | 0 | 28 | 27 | 24 | 26 | 30 | 28 | 22 |
| 4 | Deeside | | 242 | 26 | 24 | 24 | 0 | 20 | 24 | 28 | 20 | 22 | 26 | 28 |
| 5 | Liverpool | | 228 | 22 | 22 | 22 | 0 | 24 | 22 | 22 | 24 | 28 | 22 | 20 |
| 6 | DASH | | 208 | 20 | 20 | 20 | 0 | 22 | 20 | 20 | 22 | 20 | 20 | 24 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|----------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Cara Gibbons | STJ | 5.76 | 5.72 | 5.25 | | 5.76 | 4 |
| 1 | Cara Gibbons | VJ | 43 | 43 | 44 | | 44 | 3 |
| 2 | Ella Barker | SB | 54 | | | | 54 | 1= |
| 2 | Ella Barker | VJ | 42 | 39 | 41 | | 42 | 6 |
| 3 | Ella Nicholls | SLJ | 1.69 | 1.73 | 1.73 | | 1.73 | 6 |
| 5 | Emily Ashman | J | 13 | 12 | 11 | | 13 | 5 |
| 6 | Eve Nickerson | CP | 6.25 | 6.00 | 6.00 | | 6.25 | 1 |
| 6 | Eve Nickerson | J | 13 | 12 | 13 | | 13 | 4 |
| 9 | Mollie Bell | CP | 5.50 | 5.00 | 5.25 | | 5.50 | 8 |
| 10 | Monique Latham | SLJ | 1.76 | 1.83 | 1.86 | | 1.86 | 4 |
| 10 | Monique Latham | STJ | 6.17 | 6.16 | 6.12 | | 6.17 | 1 |
| 12 | Rachel Fifer | SB | 48 | | | | 48 | 6 |

Team Results

DASH ()

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|---------|---------------------|--------|-------|-----|----|----|----|-----|----|----|----|-----|-----|----|
| 1 | West Cheshire | | 282 | 24 | 30 | 28 | 0 | 30 | 30 | 30 | 30 | 26 | 24 | 30 |
| 2 | Crewe and Nantwich | | 275 | 30 | 28 | 30 | 0 | 26 | 27 | 26 | 28 | 24 | 30 | 26 |
| 3 | Halton and Frodsham | | 265 | 28 | 26 | 26 | 0 | 28 | 27 | 24 | 26 | 30 | 28 | 22 |
| 4 | Deeside | | 242 | 26 | 24 | 24 | 0 | 20 | 24 | 28 | 20 | 22 | 26 | 28 |
| 5 | Liverpool | | 228 | 22 | 22 | 22 | 0 | 24 | 22 | 22 | 24 | 28 | 22 | 20 |
| 6 | DASH | | 208 | 20 | 20 | 20 | 0 | 22 | 20 | 20 | 22 | 20 | 20 | 24 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|---|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Ruby Cockburn | SLJ | 1.65 | 1.66 | 1.70 | | 1.70 | 8 |
| 1 | Ruby Cockburn | STJ | 5.25 | 5.38 | 5.47 | | 5.47 | 8 |
| 2 | Lucy Wylie | STJ | 4.66 | 4.74 | 4.52 | | 4.74 | 12 |
| 3 | Libby Geary | CP | 4.25 | 4.25 | 4.25 | | 4.25 | 10 |
| 3 | Libby Geary | VJ | 33 | 37 | 36 | | 37 | 9 |
| 4 | Ellie Ward | J | 9 | 10 | 8 | | 10 | 10 |
| 4 | Ellie Ward | SB | 43 | | | | 43 | 10= |
| 5 | Ruth Hardy | SLJ | 1.37 | 1.43 | 1.47 | | 1.47 | 12 |
| 6 | Emily Butterworth | CP | 0.00 | 4.00 | 4.25 | | 4.25 | 12 |
| 6 | Emily Butterworth | J | 6 | 5 | 6 | | 6 | 12 |
| 7 | Lucy Sharp | VJ | 37 | 32 | 38 | | 38 | 7 |
| 8 | Charlotte Foster | SB | 44 | | | | 44 | 9 |

Team Results

Deeside ()

Competition:

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| Ranking | Team | Colour | Score | 4x1 | P6 | OU | GP | 2+2 | CP | J | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|-----|----|----|----|-----|----|----|----|-----|-----|----|
| 1 | West Cheshire | | 282 | 24 | 30 | 28 | 0 | 30 | 30 | 30 | 30 | 26 | 24 | 30 |
| 2 | Crewe and Nantwich | | 275 | 30 | 28 | 30 | 0 | 26 | 27 | 26 | 28 | 24 | 30 | 26 |
| 3 | Halton and Frodsham | | 265 | 28 | 26 | 26 | 0 | 28 | 27 | 24 | 26 | 30 | 28 | 22 |
| 4 | Deeside | | 242 | 26 | 24 | 24 | 0 | 20 | 24 | 28 | 20 | 22 | 26 | 28 |
| 5 | Liverpool | | 228 | 22 | 22 | 22 | 0 | 24 | 22 | 22 | 24 | 28 | 22 | 20 |
| 6 | DASH | | 208 | 20 | 20 | 20 | 0 | 22 | 20 | 20 | 22 | 20 | 20 | 24 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|---|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Chloe Hughes | J | 13 | 13 | 15 | | 15 | 2 |
| 1 | Chloe Hughes | STJ | 5.98 | 5.85 | 5.84 | | 5.98 | 2 |
| 2 | Charlotte Walters | STJ | 5.26 | 5.25 | 5.27 | | 5.27 | 10 |
| 2 | Charlotte Walters | VJ | 42 | 42 | 43 | | 43 | 5 |
| 3 | Millie Williams | CP | 5.00 | 5.00 | 5.00 | | 5.00 | 9 |
| 3 | Millie Williams | SB | 45 | | | | 45 | 8 |
| 4 | Tilly Owens | SLJ | 1.55 | 1.62 | 1.58 | | 1.62 | 10 |
| 5 | Molly Gregorious | SB | 40 | | | | 40 | 12 |
| 7 | Tia Williams | CP | 5.50 | 5.50 | 5.75 | | 5.75 | 5 |
| 7 | Tia Williams | J | 12 | 12 | 10 | | 12 | 7 |
| 8 | Rachel Swash | SLJ | 1.82 | 1.85 | 1.80 | | 1.85 | 5 |
| 8 | Rachel Swash | VJ | 46 | 45 | 45 | | 46 | 2 |

Team Results

Halton and Frodsham ()

Competition:

NWL Final 2010 Under 11 Girls

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Kingsway Leisure Centre

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x1 | P6 | OU | GP | 2+2 | CP | J | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|-----|----|----|----|-----|----|----|----|-----|-----|----|
| 1 | West Cheshire | | 282 | 24 | 30 | 28 | 0 | 30 | 30 | 30 | 30 | 26 | 24 | 30 |
| 2 | Crewe and Nantwich | | 275 | 30 | 28 | 30 | 0 | 26 | 27 | 26 | 28 | 24 | 30 | 26 |
| 3 | Halton and Frodsham | | 265 | 28 | 26 | 26 | 0 | 28 | 27 | 24 | 26 | 30 | 28 | 22 |
| 4 | Deeside | | 242 | 26 | 24 | 24 | 0 | 20 | 24 | 28 | 20 | 22 | 26 | 28 |
| 5 | Liverpool | | 228 | 22 | 22 | 22 | 0 | 24 | 22 | 22 | 24 | 28 | 22 | 20 |
| 6 | DASH | | 208 | 20 | 20 | 20 | 0 | 22 | 20 | 20 | 22 | 20 | 20 | 24 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|----------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Caitlin Ord | SLJ | 1.51 | 1.51 | 1.60 | | 1.60 | 11 |
| 2 | Annabel Kitchen | SLJ | 1.99 | 2.05 | 2.06 | | 2.06 | 1 |
| 2 | Annabel Kitchen | STJ | 5.96 | 5.86 | 5.93 | | 5.96 | 3 |
| 3 | Michaela Campbell | CP | 5.50 | 5.75 | 2.25 | | 5.75 | 6 |
| 3 | Michaela Campbell | STJ | 5.60 | 5.61 | 5.69 | | 5.69 | 5 |
| 4 | Jenny Pyatt | J | 8 | 13 | 10 | | 13 | 6 |
| 4 | Jenny Pyatt | SB | 50 | | | | 50 | 3= |
| 5 | Georgia Massey | SB | 49 | | | | 49 | 5 |
| 7 | Alex Harding | SLJ | 0.00 | 0.00 | 0.00 | | 0.00 | |
| 7 | Alex Harding | VJ | 23 | 22 | 25 | | 25 | 11 |
| 9 | Molly Clarke | VJ | 34 | 38 | 34 | | 38 | 8 |
| 10 | Kiera Brady-Williams | CP | 5.75 | 5.75 | 6.00 | | 6.00 | 2 |
| 10 | Kiera Brady-Williams | J | 11 | 12 | 10 | | 12 | 9 |

Team Results

Liverpool ()

Competition:

NWL Final 2010 Under 11 Girls

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Kingsway Leisure Centre

Date

7 Mar 2010

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|---------|---------------------|--------|-------|-----|----|----|----|-----|----|----|----|-----|-----|----|
| 1 | West Cheshire | | 282 | 24 | 30 | 28 | 0 | 30 | 30 | 30 | 30 | 26 | 24 | 30 |
| 2 | Crewe and Nantwich | | 275 | 30 | 28 | 30 | 0 | 26 | 27 | 26 | 28 | 24 | 30 | 26 |
| 3 | Halton and Frodsham | | 265 | 28 | 26 | 26 | 0 | 28 | 27 | 24 | 26 | 30 | 28 | 22 |
| 4 | Deeside | | 242 | 26 | 24 | 24 | 0 | 20 | 24 | 28 | 20 | 22 | 26 | 28 |
| 5 | Liverpool | | 228 | 22 | 22 | 22 | 0 | 24 | 22 | 22 | 24 | 28 | 22 | 20 |
| 6 | DASH | | 208 | 20 | 20 | 20 | 0 | 22 | 20 | 20 | 22 | 20 | 20 | 24 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|---|------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Emily Rowe | CP | 4.25 | 4.25 | 3.75 | | 4.25 | 11 |
| 1 | Emily Rowe | J | 8 | 7 | 7 | | 8 | 11 |
| 2 | Anna Rowe | J | 9 | 12 | 12 | | 12 | 8 |
| 2 | Anna Rowe | SLJ | 1.93 | 1.98 | 2.01 | | 2.01 | 2 |
| 3 | Bethany Banks | SB | 43 | | | | 43 | 10= |
| 3 | Bethany Banks | STJ | 5.04 | 4.94 | 5.18 | | 5.18 | 11 |
| 4 | Sophie Wakefield | STJ | 5.36 | 5.62 | 5.52 | | 5.62 | 6 |
| 4 | Sophie Wakefield | VJ | 37 | 35 | 35 | | 37 | 10 |
| 5 | Abbie Oliver | SB | 47 | | | | 47 | 7 |
| 5 | Abbie Oliver | SLJ | 1.57 | 1.62 | 1.62 | | 1.62 | 9 |
| 5 | Abbie Oliver | VJ | 0 | 0 | 0 | | 0 | |
| 6 | Lydia Jones | CP | 5.50 | 4.75 | 5.50 | | 5.50 | 7 |

Team Results

West Cheshire ()

Competition:

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7 Mar 2010

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|---------|---------------------|--------|-------|-----|----|----|----|-----|----|----|----|-----|-----|----|
| 1 | West Cheshire | | 282 | 24 | 30 | 28 | 0 | 30 | 30 | 30 | 30 | 26 | 24 | 30 |
| 2 | Crewe and Nantwich | | 275 | 30 | 28 | 30 | 0 | 26 | 27 | 26 | 28 | 24 | 30 | 26 |
| 3 | Halton and Frodsham | | 265 | 28 | 26 | 26 | 0 | 28 | 27 | 24 | 26 | 30 | 28 | 22 |
| 4 | Deeside | | 242 | 26 | 24 | 24 | 0 | 20 | 24 | 28 | 20 | 22 | 26 | 28 |
| 5 | Liverpool | | 228 | 22 | 22 | 22 | 0 | 24 | 22 | 22 | 24 | 28 | 22 | 20 |
| 6 | DASH | | 208 | 20 | 20 | 20 | 0 | 22 | 20 | 20 | 22 | 20 | 20 | 24 |

| | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking |
|----|-------------------|-------|-------|-------|-------|-------|------|---------|
| 1 | Georgia Barlow | VJ | 41 | 44 | 38 | | 44 | 4 |
| 2 | Samilla McGonigle | STJ | 5.34 | 5.43 | 5.47 | | 5.47 | 7 |
| 2 | Samilla McGonigle | VJ | 0 | 46 | 51 | | 51 | 1 |
| 3 | Olivia Williams | J | 14 | 16 | 15 | | 16 | 1 |
| 3 | Olivia Williams | STJ | 5.31 | 5.31 | 5.41 | | 5.41 | 9 |
| 4 | Sophie Baker | J | 13 | 14 | 13 | | 14 | 3 |
| 4 | Sophie Baker | SB | 54 | | | | 54 | 1= |
| 5 | Molly Sharples | SB | 50 | | | | 50 | 3= |
| 9 | Dominika Sodecuk | CP | 5.00 | 5.00 | 6.00 | | 6.00 | 4 |
| 9 | Dominika Sodecuk | SLJ | 1.89 | 0.00 | 1.89 | | 1.89 | 3 |
| 10 | Hattie Williams | CP | 5.25 | 5.50 | 6.00 | | 6.00 | 3 |
| 10 | Hattie Williams | SLJ | 1.73 | 1.62 | 1.68 | | 1.73 | 7 |

Results Sheet

4 x 1 Lap Relay

Competition:
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Date
7 Mar 2010

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|---------------------|--------|------|-------|-------------|--------|
| 1 | 01 | Crewe and Nantwich | | 0.0 | 54.9 | 54.9 | 30.0 |
| 2 | 04 | Halton and Frodsham | | 0.0 | 55.1 | 55.1 | 28.0 |
| 3 | 03 | Deeside | | 0.0 | 55.3 | 55.3 | 26.0 |
| 4 | 06 | West Cheshire | | 0.0 | 56.5 | 56.5 | 24.0 |
| 5 | 05 | Liverpool | | 0.0 | 58.1 | 58.1 | 22.0 |
| 6 | 02 | DASH | | 0.0 | 59.5 | 59.5 | 20.0 |

Results Sheet

6 Lap Paarlauf

Competition:
NWL Final 2010 Under 11 Girls

Venue:
Kingsway Leisure Centre

Date
7 Mar 2010

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|---------------------|--------|------|--------|-------------|--------|
| 1 | 06 | West Cheshire | | 0.0 | 1:25.4 | 1:25.4 | 30.0 |
| 2 | 01 | Crewe and Nantwich | | 0.0 | 1:27.2 | 1:27.2 | 28.0 |
| 3 | 04 | Halton and Frodsham | | 0.0 | 1:27.7 | 1:27.7 | 26.0 |
| 4 | 03 | Deeside | | 0.0 | 1:29.1 | 1:29.1 | 24.0 |
| 5 | 05 | Liverpool | | 0.0 | 1:40.5 | 1:40.5 | 22.0 |
| 6 | 02 | DASH | | 0.0 | 1:42.2 | 1:42.2 | 20.0 |

Results Sheet

Over and Under Relay

Competition:
NWL Final 2010 Under 11 Girls

Venue:
Kingsway Leisure Centre

Date
7 Mar 2010

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|---------------------|--------|------|--------|-------------|--------|
| 1 | 01 | Crewe and Nantwich | | 0.0 | 1:16.5 | 1:16.5 | 30.0 |
| 2 | 06 | West Cheshire | | 0.0 | 1:22.2 | 1:22.2 | 28.0 |
| 3 | 04 | Halton and Frodsham | | 0.0 | 1:23.3 | 1:23.3 | 26.0 |
| 4 | 03 | Deeside | | 0.0 | 1:24.3 | 1:24.3 | 24.0 |
| 5 | 05 | Liverpool | | 0.0 | 1:26.1 | 1:26.1 | 22.0 |
| 6 | 02 | DASH | | 0.0 | 1:26.5 | 1:26.5 | 20.0 |

Results Sheet

Chest Push

Competition:
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Venue:
Kingsway Leisure Centre

Date
7 Mar 2010

| Ranking | Team | Colour | Total | Points |
|---------|---------------------|--------|-------|--------|
| 1 | West Cheshire | | 12.00 | 30 |
| 2= | Crewe and Nantwich | | 11.75 | 27 |
| 2= | Halton and Frodsham | | 11.75 | 27 |
| 4 | Deeside | | 10.75 | 24 |
| 5 | Liverpool | | 9.75 | 22 |
| 6 | DASH | | 8.50 | 20 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|---------------------|--------|-------|----------------------|------|
| 1 | Crewe and Nantwich | | 6 | Eve Nickerson | 6.25 |
| 2 | Halton and Frodsham | | 10 | Kiera Brady-Williams | 6.00 |
| 3 | West Cheshire | | 10 | Hattie Williams | 6.00 |
| 4 | West Cheshire | | 9 | Dominika Sodecuk | 6.00 |
| 5 | Deeside | | 7 | Tia Williams | 5.75 |
| 6 | Halton and Frodsham | | 3 | Michaela Campbell | 5.75 |
| 7 | Liverpool | | 6 | Lydia Jones | 5.50 |
| 8 | Crewe and Nantwich | | 9 | Mollie Bell | 5.50 |
| 9 | Deeside | | 3 | Millie Williams | 5.00 |
| 10 | DASH | | 3 | Libby Geary | 4.25 |
| 11 | Liverpool | | 1 | Emily Rowe | 4.25 |
| 12 | DASH | | 6 | Emily Butterworth | 4.25 |

Results Sheet

Javelin

Competition:
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Date
7 Mar 2010

| Ranking | Team | Colour | Total | Points |
|---------|---------------------|--------|-------|--------|
| 1 | West Cheshire | | 30 | 30 |
| 2 | Deeside | | 27 | 28 |
| 3 | Crewe and Nantwich | | 26 | 26 |
| 4 | Halton and Frodsham | | 25 | 24 |
| 5 | Liverpool | | 20 | 22 |
| 6 | DASH | | 16 | 20 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|---------------------|--------|-------|----------------------|------|
| 1 | West Cheshire | | 3 | Olivia Williams | 16 |
| 2 | Deeside | | 1 | Chloe Hughes | 15 |
| 3 | West Cheshire | | 4 | Sophie Baker | 14 |
| 4 | Crewe and Nantwich | | 6 | Eve Nickerson | 13 |
| 5 | Crewe and Nantwich | | 5 | Emily Ashman | 13 |
| 6 | Halton and Frodsham | | 4 | Jenny Pyatt | 13 |
| 7 | Deeside | | 7 | Tia Williams | 12 |
| 8 | Liverpool | | 2 | Anna Rowe | 12 |
| 9 | Halton and Frodsham | | 10 | Kiera Brady-Williams | 12 |
| 10 | DASH | | 4 | Ellie Ward | 10 |
| 11 | Liverpool | | 1 | Emily Rowe | 8 |
| 12 | DASH | | 6 | Emily Butterworth | 6 |

Results Sheet

Speed Bounce

Competition:
NWL Final 2010 Under 11 Girls

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| Ranking | Team | Colour | Total | Points |
|---------|---------------------|--------|-------|--------|
| 1 | West Cheshire | | 104 | 30 |
| 2 | Crewe and Nantwich | | 102 | 28 |
| 3 | Halton and Frodsham | | 99 | 26 |
| 4 | Liverpool | | 90 | 24 |
| 5 | DASH | | 87 | 22 |
| 6 | Deeside | | 85 | 20 |

| Ranking | Team | Colour | BibNo | Name | Total |
|---------|---------------------|--------|-------|------------------|-------|
| 1= | Crewe and Nantwich | | 2 | Ella Barker | 54 |
| 1= | West Cheshire | | 4 | Sophie Baker | 54 |
| 3= | Halton and Frodsham | | 4 | Jenny Pyatt | 50 |
| 3= | West Cheshire | | 5 | Molly Sharples | 50 |
| 5 | Halton and Frodsham | | 5 | Georgia Massey | 49 |
| 6 | Crewe and Nantwich | | 12 | Rachel Fifer | 48 |
| 7 | Liverpool | | 5 | Abbie Oliver | 47 |
| 8 | Deeside | | 3 | Millie Williams | 45 |
| 9 | DASH | | 8 | Charlotte Foster | 44 |
| 10= | DASH | | 4 | Ellie Ward | 43 |
| 10= | Liverpool | | 3 | Bethany Banks | 43 |
| 12 | Deeside | | 5 | Molly Gregorious | 40 |

Results Sheet

Standing Long Jump

Competition:
NWL Final 2010 Under 11 Girls

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| Ranking | Team | Colour | Total | Points |
|---------|---------------------|--------|-------|--------|
| 1 | Halton and Frodsham | | 3.66 | 30 |
| 2 | Liverpool | | 3.63 | 28 |
| 3 | West Cheshire | | 3.62 | 26 |
| 4 | Crewe and Nantwich | | 3.59 | 24 |
| 5 | Deeside | | 3.47 | 22 |
| 6 | DASH | | 3.17 | 20 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|---------------------|--------|-------|------------------|------|
| 1 | Halton and Frodsham | | 2 | Annabel Kitchen | 2.06 |
| 2 | Liverpool | | 2 | Anna Rowe | 2.01 |
| 3 | West Cheshire | | 9 | Dominika Sodecuk | 1.89 |
| 4 | Crewe and Nantwich | | 10 | Monique Latham | 1.86 |
| 5 | Deeside | | 8 | Rachel Swash | 1.85 |
| 6 | Crewe and Nantwich | | 3 | Ella Nicholls | 1.73 |
| 7 | West Cheshire | | 10 | Hattie Williams | 1.73 |
| 8 | DASH | | 1 | Ruby Cockburn | 1.70 |
| 9 | Liverpool | | 5 | Abbie Oliver | 1.62 |
| 10 | Deeside | | 4 | Tilly Owens | 1.62 |
| 11 | Halton and Frodsham | | 1 | Caitlin Ord | 1.60 |
| 12 | DASH | | 5 | Ruth Hardy | 1.47 |
| | Halton and Frodsham | | 7 | Alex Harding | 0.00 |

Results Sheet

Standing Triple Jump

Competition:

NWL Final 2010 Under 11 Girls

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| Ranking | Team | Colour | Total | Points |
|---------|---------------------|--------|-------|--------|
| 1 | Crewe and Nantwich | | 11.93 | 30 |
| 2 | Halton and Frodsham | | 11.65 | 28 |
| 3 | Deeside | | 11.25 | 26 |
| 4 | West Cheshire | | 10.88 | 24 |
| 5 | Liverpool | | 10.80 | 22 |
| 6 | DASH | | 10.21 | 20 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|---------------------|--------|-------|-------------------|------|
| 1 | Crewe and Nantwich | | 10 | Monique Latham | 6.17 |
| 2 | Deeside | | 1 | Chloe Hughes | 5.98 |
| 3 | Halton and Frodsham | | 2 | Annabel Kitchen | 5.96 |
| 4 | Crewe and Nantwich | | 1 | Cara Gibbons | 5.76 |
| 5 | Halton and Frodsham | | 3 | Michaela Campbell | 5.69 |
| 6 | Liverpool | | 4 | Sophie Wakefield | 5.62 |
| 7 | West Cheshire | | 2 | Samilla McGonigle | 5.47 |
| 8 | DASH | | 1 | Ruby Cockburn | 5.47 |
| 9 | West Cheshire | | 3 | Olivia Williams | 5.41 |
| 10 | Deeside | | 2 | Charlotte Walters | 5.27 |
| 11 | Liverpool | | 3 | Bethany Banks | 5.18 |
| 12 | DASH | | 2 | Lucy Wylie | 4.74 |

Results Sheet

Vertical Jump

Competition:
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7 Mar 2010

| Ranking | Team | Colour | Total | Points |
|---------|---------------------|--------|-------|--------|
| 1 | West Cheshire | | 95 | 30 |
| 2 | Deeside | | 89 | 28 |
| 3 | Crewe and Nantwich | | 86 | 26 |
| 4 | DASH | | 75 | 24 |
| 5 | Halton and Frodsham | | 63 | 22 |
| 6 | Liverpool | | 37 | 20 |

| Ranking | Team | Colour | BibNo | Name | Best |
|---------|---------------------|--------|-------|-------------------|------|
| 1 | West Cheshire | | 2 | Samilla McGonigle | 51 |
| 2 | Deeside | | 8 | Rachel Swash | 46 |
| 3 | Crewe and Nantwich | | 1 | Cara Gibbons | 44 |
| 4 | West Cheshire | | 1 | Georgia Barlow | 44 |
| 5 | Deeside | | 2 | Charlotte Walters | 43 |
| 6 | Crewe and Nantwich | | 2 | Ella Barker | 42 |
| 7 | DASH | | 7 | Lucy Sharp | 38 |
| 8 | Halton and Frodsham | | 9 | Molly Clarke | 38 |
| 9 | DASH | | 3 | Libby Geary | 37 |
| 10 | Liverpool | | 4 | Sophie Wakefield | 37 |
| 11 | Halton and Frodsham | | 7 | Alex Harding | 25 |
| | Liverpool | | 5 | Abbie Oliver | 0 |

Results Sheet

2 + 2 Lap Relay

Competition:
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Date
7 Mar 2010

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|---------------------|--------|------|-------|-------------|--------|
| 1 | 06 | West Cheshire | | 0.0 | 54.0 | 54.0 | 30.0 |
| 2 | 04 | Halton and Frodsham | | 0.0 | 55.4 | 55.4 | 28.0 |
| 3 | 01 | Crewe and Nantwich | | 0.0 | 55.5 | 55.5 | 26.0 |
| 4 | 05 | Liverpool | | 0.0 | 58.1 | 58.1 | 24.0 |
| 5 | 02 | DASH | | 0.0 | 59.2 | 59.2 | 22.0 |
| 6 | 03 | Deeside | | 0.0 | 59.4 | 59.4 | 20.0 |

Competition Results

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | Crewe and Nantwich | | 172.0 | 21.0 | 14.0 | 20.0 | 18.0 | 20.0 | 21.0 | 21.0 | 17.0 | 20.0 |
| 2 | Halton and Frodsham | | 157.0 | 15.0 | 16.0 | 19.0 | 18.0 | 14.0 | 19.0 | 19.0 | 19.0 | 18.0 |
| 3 | West Cheshire | | 155.5 | 18.0 | 21.0 | 15.0 | 16.0 | 18.0 | 14.5 | 13.0 | 21.0 | 19.0 |
| 4 | Liverpool | | 142.0 | 12.0 | 15.0 | 18.0 | 20.0 | 18.0 | 17.0 | 17.0 | 15.0 | 10.0 |
| 5 | Warrington | | 80.5 | 0.0 | 19.0 | 10.0 | 0.0 | 15.0 | 10.5 | 15.0 | 0.0 | 11.0 |

Team Results

Crewe and Nantwich ()

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | Crewe and Nantwich | | 172.0 | 21.0 | 14.0 | 20.0 | 18.0 | 20.0 | 21.0 | 21.0 | 17.0 | 20.0 |
| 2 | Halton and Frodsham | | 157.0 | 15.0 | 16.0 | 19.0 | 18.0 | 14.0 | 19.0 | 19.0 | 19.0 | 18.0 |
| 3 | West Cheshire | | 155.5 | 18.0 | 21.0 | 15.0 | 16.0 | 18.0 | 14.5 | 13.0 | 21.0 | 19.0 |
| 4 | Liverpool | | 142.0 | 12.0 | 15.0 | 18.0 | 20.0 | 18.0 | 17.0 | 17.0 | 15.0 | 10.0 |
| 5 | Warrington | | 80.5 | 0.0 | 19.0 | 10.0 | 0.0 | 15.0 | 10.5 | 15.0 | 0.0 | 11.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|------------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 144 | Georgia Pickles | 6LR | 1:34.4 | | | | 1:34.4 | 3 | 12.0 |
| 144 | Georgia Pickles | SLJ | 2.14 | 2.18 | 2.23 | 0.00 | 2.23 | 1 | 14.0 |
| 144 | Georgia Pickles | STJ | 5.92 | 5.92 | 6.03 | 0.00 | 6.03 | 3 | 5.0 |
| 145 | Katie Lennon | 6LR | 1:40.0 | | | | 1:40.0 | 2 | 6.0 |
| 145 | Katie Lennon | SB | 83 | | | | 83 | 1 | 7.0 |
| 146 | Freya Taylor-Hatswell | 4LR | 58.2 | | | | 58.2 | 2 | 13.0 |
| 146 | Freya Taylor-Hatswell | SB | 88 | | | | 88 | 1 | 14.0 |
| 147 | Abby Duce | STJ | 6.36 | 6.20 | 6.53 | 0.00 | 6.53 | 3 | 12.0 |
| 147 | Abby Duce | VJ | 51 | 55 | 54 | 0 | 55 | 2 | 13.0 |
| 148 | Alice Simmons | 2LR | 27.7 | | | | 27.7 | 5 | 3.0 |
| 148 | Alice Simmons | SLJ | 2.03 | 2.11 | 2.06 | 0.00 | 2.11 | 1 | 7.0 |
| 149 | Georgia Perris-Redding | 2LR | 27.1 | | | | 27.1 | 4 | 11.0 |
| 149 | Georgia Perris-Redding | S | 6.94 | 7.25 | 7.34 | 0.00 | 7.34 | 1 | 7.0 |
| 150 | India Perris-Redding | 2LR | 28.4 | | | | 28.4 | | |
| 150 | India Perris-Redding | SLJ | 1.74 | 1.86 | 1.81 | 0.00 | 1.86 | | |
| 151 | Shaunnah Murphy | 4LR | 1:00.0 | | | | 1:00.0 | 1 | 7.0 |
| 151 | Shaunnah Murphy | S | 7.96 | 8.26 | 8.36 | 0.00 | 8.36 | 2 | 13.0 |
| 151 | Shaunnah Murphy | VJ | 48 | 45 | 47 | 0 | 48 | 1 | 7.0 |
| 152 | Rebecca Boardman | 2LR | 0.0 | | | | 0.0 | | |
| 152 | Rebecca Boardman | STJ | 5.55 | 5.46 | 5.53 | 0.00 | 5.55 | | |
| 153 | Jess Croft | 2LR | 29.9 | | | | 29.9 | | |
| 153 | Jess Croft | SLJ | 1.94 | 1.96 | 1.94 | 0.00 | 1.96 | | |
| 154 | Annie Huntbach | 2LR | 0.0 | | | | 0.0 | | |
| 154 | Annie Huntbach | SB | 74 | | | | 74 | | |
| 154 | Annie Huntbach | STJ | 5.76 | 5.76 | 5.65 | 0.00 | 5.76 | | |
| 155 | Emma Hassall | 2LR | 29.6 | | | | 29.6 | | |
| 155 | Emma Hassall | SB | 81 | | | | 81 | | |

Team Results

West Cheshire ()

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | Crewe and Nantwich | | 172.0 | 21.0 | 14.0 | 20.0 | 18.0 | 20.0 | 21.0 | 21.0 | 17.0 | 20.0 |
| 2 | Halton and Frodsham | | 157.0 | 15.0 | 16.0 | 19.0 | 18.0 | 14.0 | 19.0 | 19.0 | 19.0 | 18.0 |
| 3 | West Cheshire | | 155.5 | 18.0 | 21.0 | 15.0 | 16.0 | 18.0 | 14.5 | 13.0 | 21.0 | 19.0 |
| 4 | Liverpool | | 142.0 | 12.0 | 15.0 | 18.0 | 20.0 | 18.0 | 17.0 | 17.0 | 15.0 | 10.0 |
| 5 | Warrington | | 80.5 | 0.0 | 19.0 | 10.0 | 0.0 | 15.0 | 10.5 | 15.0 | 0.0 | 11.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|----------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 117 | Sophie Percival | S | 0.00 | 6.75 | 5.64 | 0.00 | 6.75 | 2 | 6.0 |
| 117 | Sophie Percival | STJ | 5.57 | 5.55 | 5.51 | 0.00 | 5.57 | | |
| 118 | Amy Williams | 2LR | 26.2 | | | | 26.2 | 1 | 14.0 |
| 118 | Amy Williams | S | 7.89 | 8.25 | 8.06 | 0.00 | 8.25 | 3 | 12.0 |
| 118 | Amy Williams | STJ | 6.63 | 6.57 | 6.37 | 0.00 | 6.63 | 1 | 14.0 |
| 119 | Charlotte Williamson | 2LR | 27.1 | | | | 27.1 | 1 | 7.0 |
| 119 | Charlotte Williamson | SB | 67 | | | | 67 | 4 | 4.0 |
| 119 | Charlotte Williamson | STJ | 6.04 | 6.04 | 5.88 | 0.00 | 6.04 | | |
| 120 | Laura Jones | 4LR | 1:07.7 | | | | 1:07.7 | 4 | 4.0 |
| 120 | Laura Jones | SLJ | 1.70 | 1.78 | 1.73 | 0.00 | 1.78 | | |
| 120 | Laura Jones | VJ | 41 | 40 | 43 | 0 | 43 | 3 | 5.0 |
| 121 | Chloe Hunt | 4LR | 1:00.2 | | | | 1:00.2 | 4 | 11.0 |
| 121 | Chloe Hunt | STJ | 6.23 | 6.10 | 0.00 | 0.00 | 6.23 | 1 | 7.0 |
| 121 | Chloe Hunt | VJ | 55 | 51 | 57 | 0 | 57 | 1 | 14.0 |
| 122 | Emily Wood | 6LR | 1:37.6 | | | | 1:37.6 | 4 | 11.0 |
| 122 | Emily Wood | SB | 69 | | | | 69 | 4= | 10.5 |
| 122 | Emily Wood | SLJ | 1.73 | 1.77 | 1.78 | 0.00 | 1.78 | 5 | 3.0 |
| 123 | Ellen McMahon | SB | 62 | | | | 62 | | |
| 123 | Ellen McMahon | SLJ | 1.55 | 1.54 | 1.48 | 0.00 | 1.55 | | |
| 124 | Sally Pickering | 6LR | 1:40.6 | | | | 1:40.6 | 3 | 5.0 |
| 124 | Sally Pickering | SB | 67 | | | | 67 | | |
| 124 | Sally Pickering | SLJ | 1.76 | 1.78 | 1.78 | 0.00 | 1.78 | 5 | 10.0 |

Team Results

Liverpool ()

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | Crewe and Nantwich | | 172.0 | 21.0 | 14.0 | 20.0 | 18.0 | 20.0 | 21.0 | 21.0 | 17.0 | 20.0 |
| 2 | Halton and Frodsham | | 157.0 | 15.0 | 16.0 | 19.0 | 18.0 | 14.0 | 19.0 | 19.0 | 19.0 | 18.0 |
| 3 | West Cheshire | | 155.5 | 18.0 | 21.0 | 15.0 | 16.0 | 18.0 | 14.5 | 13.0 | 21.0 | 19.0 |
| 4 | Liverpool | | 142.0 | 12.0 | 15.0 | 18.0 | 20.0 | 18.0 | 17.0 | 17.0 | 15.0 | 10.0 |
| 5 | Warrington | | 80.5 | 0.0 | 19.0 | 10.0 | 0.0 | 15.0 | 10.5 | 15.0 | 0.0 | 11.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|-----------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 156 | Abigail Linney | 6LR | 1:34.2 | | | | 1:34.2 | 2 | 13.0 |
| 156 | Abigail Linney | SB | 69 | | | | 69 | | |
| 157 | Charlotte Evans | 6LR | 1:39.6 | | | | 1:39.6 | 1 | 7.0 |
| 157 | Charlotte Evans | SB | 71 | | | | 71 | 3 | 5.0 |
| 158 | Lydia Helsby | 2LR | 28.7 | | | | 28.7 | | |
| 158 | Lydia Helsby | SLJ | 1.84 | 1.78 | 1.85 | 0.00 | 1.85 | | |
| 158 | Lydia Helsby | VJ | 37 | 38 | 0 | 0 | 38 | 5 | 10.0 |
| 159 | Rachael Lee | 2LR | 27.4 | | | | 27.4 | 3 | 5.0 |
| 159 | Rachael Lee | SLJ | 1.90 | 1.97 | 1.95 | 0.00 | 1.97 | 3 | 5.0 |
| 160 | Laura Truman | 4LR | 59.4 | | | | 59.4 | 3 | 12.0 |
| 160 | Laura Truman | S | 5.91 | 4.93 | 5.53 | 0.00 | 5.91 | 4 | 4.0 |
| 160 | Laura Truman | STJ | 6.25 | 6.44 | 6.43 | 0.00 | 6.44 | 4 | 11.0 |
| 161 | Brogan Cushion | 2LR | 0.0 | | | | 0.0 | | |
| 161 | Brogan Cushion | SLJ | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | |
| 161 | Brogan Cushion | VJ | 0 | 0 | 0 | 0 | 0 | | |
| 162 | Emily Laing | 4LR | 1:01.9 | | | | 1:01.9 | 2 | 6.0 |
| 162 | Emily Laing | S | 8.85 | 8.79 | 9.11 | 0.00 | 9.11 | 1 | 14.0 |
| 162 | Emily Laing | STJ | 5.81 | 5.94 | 5.88 | 0.00 | 5.94 | 4 | 4.0 |
| 163 | Pagan Booton | 2LR | 27.2 | | | | 27.2 | 5 | 10.0 |
| 163 | Pagan Booton | SB | 81 | | | | 81 | 3 | 12.0 |
| 163 | Pagan Booton | SLJ | 1.95 | 1.98 | 2.06 | 0.00 | 2.06 | 3 | 12.0 |
| 164 | Leah Benson | SB | 66 | | | | 66 | | |
| 164 | Leah Benson | STJ | 5.55 | 5.43 | 5.49 | 0.00 | 5.55 | | |

Team Results

Halton and Frodsham ()

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | Crewe and Nantwich | | 172.0 | 21.0 | 14.0 | 20.0 | 18.0 | 20.0 | 21.0 | 21.0 | 17.0 | 20.0 |
| 2 | Halton and Frodsham | | 157.0 | 15.0 | 16.0 | 19.0 | 18.0 | 14.0 | 19.0 | 19.0 | 19.0 | 18.0 |
| 3 | West Cheshire | | 155.5 | 18.0 | 21.0 | 15.0 | 16.0 | 18.0 | 14.5 | 13.0 | 21.0 | 19.0 |
| 4 | Liverpool | | 142.0 | 12.0 | 15.0 | 18.0 | 20.0 | 18.0 | 17.0 | 17.0 | 15.0 | 10.0 |
| 5 | Warrington | | 80.5 | 0.0 | 19.0 | 10.0 | 0.0 | 15.0 | 10.5 | 15.0 | 0.0 | 11.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|-----------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 129 | Alice Linton | 2LR | 29.5 | | | | 29.5 | | |
| 129 | Alice Linton | S | 7.02 | 7.01 | 7.43 | 0.00 | 7.43 | 4 | 11.0 |
| 129 | Alice Linton | STJ | 5.31 | 5.04 | 5.47 | 0.00 | 5.47 | | |
| 130 | Kiera Grady | 2LR | 29.9 | | | | 29.9 | | |
| 130 | Kiera Grady | SB | 61 | | | | 61 | | |
| 130 | Kiera Grady | SLJ | 1.20 | 1.23 | 1.20 | 0.00 | 1.23 | | |
| 131 | Sian Ellis | 4LR | 1:02.6 | | | | 1:02.6 | 3 | 5.0 |
| 131 | Sian Ellis | S | 0.00 | 5.39 | 4.22 | 0.00 | 5.39 | 5 | 3.0 |
| 131 | Sian Ellis | SLJ | 1.75 | 1.84 | 1.84 | 0.00 | 1.84 | | |
| 132 | Emily Ross | 6LR | 1:41.9 | | | | 1:41.9 | 4 | 4.0 |
| 132 | Emily Ross | SB | 80 | | | | 80 | 2 | 6.0 |
| 132 | Emily Ross | STJ | 5.36 | 5.45 | 5.37 | 0.00 | 5.45 | | |
| 133 | Kate Merrill | 6LR | 1:33.6 | | | | 1:33.6 | 1 | 14.0 |
| 133 | Kate Merrill | SB | 73 | | | | 73 | | |
| 133 | Kate Merrill | VJ | 45 | 44 | 44 | 0 | 45 | 2 | 6.0 |
| 134 | Martha Cottrell | 2LR | 27.5 | | | | 27.5 | 4 | 4.0 |
| 134 | Martha Cottrell | SLJ | 2.04 | 1.99 | 2.06 | 0.00 | 2.06 | 2 | 13.0 |
| 134 | Martha Cottrell | STJ | 6.20 | 5.88 | 6.03 | 0.00 | 6.20 | 2 | 6.0 |
| 135 | Emily Pearson | 2LR | 27.0 | | | | 27.0 | 3 | 12.0 |
| 135 | Emily Pearson | SLJ | 2.04 | 1.99 | 2.04 | 0.00 | 2.04 | 2 | 6.0 |
| 135 | Emily Pearson | VJ | 48 | 46 | 47 | 0 | 48 | 3 | 12.0 |
| 136 | Jess Wright | 4LR | 56.7 | | | | 56.7 | 1 | 14.0 |
| 136 | Jess Wright | SB | 83 | | | | 83 | 2 | 13.0 |
| 136 | Jess Wright | STJ | 6.24 | 6.31 | 6.54 | 0.00 | 6.54 | 2 | 13.0 |

Team Results

Warrington ()

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | Crewe and Nantwich | | 172.0 | 21.0 | 14.0 | 20.0 | 18.0 | 20.0 | 21.0 | 21.0 | 17.0 | 20.0 |
| 2 | Halton and Frodsham | | 157.0 | 15.0 | 16.0 | 19.0 | 18.0 | 14.0 | 19.0 | 19.0 | 19.0 | 18.0 |
| 3 | West Cheshire | | 155.5 | 18.0 | 21.0 | 15.0 | 16.0 | 18.0 | 14.5 | 13.0 | 21.0 | 19.0 |
| 4 | Liverpool | | 142.0 | 12.0 | 15.0 | 18.0 | 20.0 | 18.0 | 17.0 | 17.0 | 15.0 | 10.0 |
| 5 | Warrington | | 80.5 | 0.0 | 19.0 | 10.0 | 0.0 | 15.0 | 10.5 | 15.0 | 0.0 | 11.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 170 | Abbie Bircumshaw | 4LR | 1:02.1 | | | | 1:02.1 | 5 | 10.0 |
| 170 | Abbie Bircumshaw | SB | 69 | | | | 69 | 4= | 10.5 |
| 170 | Abbie Bircumshaw | VJ | 40 | 41 | 41 | 0 | 41 | 4 | 11.0 |
| 171 | Lauren McDonnell | 2LR | 26.8 | | | | 26.8 | 2 | 13.0 |
| 171 | Lauren McDonnell | S | 5.88 | 6.09 | 5.62 | 0.00 | 6.09 | 3 | 5.0 |
| 171 | Lauren McDonnell | SLJ | 1.68 | 1.89 | 1.76 | 0.00 | 1.89 | 4 | 11.0 |
| 172 | Lucy Deakin | 2LR | 27.3 | | | | 27.3 | 2 | 6.0 |
| 172 | Lucy Deakin | S | 5.74 | 6.12 | 5.37 | 0.00 | 6.12 | 5 | 10.0 |
| 172 | Lucy Deakin | SLJ | 1.86 | 1.76 | 1.80 | 0.00 | 1.86 | 4 | 4.0 |

Results Sheet

2 Lap Race

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | West Cheshire | | 21.0 |
| 2 | Warrington | | 19.0 |
| 3 | Halton and Frodsham | | 16.0 |
| 4 | Liverpool | | 15.0 |
| 5 | Crewe and Nantwich | | 14.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|------------------------|------|--------|
| 1 | West Cheshire | | 118 | Amy Williams | 26.2 | 14.0 |
| 2 | Warrington | | 171 | Lauren McDonnell | 26.8 | 13.0 |
| 3 | Halton and Frodsham | | 135 | Emily Pearson | 27.0 | 12.0 |
| 4 | Crewe and Nantwich | | 149 | Georgia Perris-Redding | 27.1 | 11.0 |
| 5 | Liverpool | | 163 | Pagan Booton | 27.2 | 10.0 |
| 1 | West Cheshire | | 119 | Charlotte Williamson | 27.1 | 7.0 |
| 2 | Warrington | | 172 | Lucy Deakin | 27.3 | 6.0 |
| 3 | Liverpool | | 159 | Rachael Lee | 27.4 | 5.0 |
| 4 | Halton and Frodsham | | 134 | Martha Cottrell | 27.5 | 4.0 |
| 5 | Crewe and Nantwich | | 148 | Alice Simmons | 27.7 | 3.0 |
| | Crewe and Nantwich | | 150 | India Perris-Redding | 28.4 | |
| | Liverpool | | 158 | Lydia Helsby | 28.7 | |
| | Halton and Frodsham | | 129 | Alice Linton | 29.5 | |
| | Crewe and Nantwich | | 155 | Emma Hassall | 29.6 | |
| | Crewe and Nantwich | | 153 | Jess Croft | 29.9 | |
| | Halton and Frodsham | | 130 | Kiera Grady | 29.9 | |

Results Sheet

4 Lap Race

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Crewe and Nantwich | | 20.0 |
| 2 | Halton and Frodsham | | 19.0 |
| 3 | Liverpool | | 18.0 |
| 4 | West Cheshire | | 15.0 |
| 5 | Warrington | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|-----------------------|--------|--------|
| 1 | Halton and Frodsham | | 136 | Jess Wright | 56.7 | 14.0 |
| 2 | Crewe and Nantwich | | 146 | Freya Taylor-Hatswell | 58.2 | 13.0 |
| 3 | Liverpool | | 160 | Laura Truman | 59.4 | 12.0 |
| 4 | West Cheshire | | 121 | Chloe Hunt | 1:00.2 | 11.0 |
| 5 | Warrington | | 170 | Abbie Bircumshaw | 1:02.1 | 10.0 |
| 1 | Crewe and Nantwich | | 151 | Shaunnah Murphy | 1:00.0 | 7.0 |
| 2 | Liverpool | | 162 | Emily Laing | 1:01.9 | 6.0 |
| 3 | Halton and Frodsham | | 131 | Sian Ellis | 1:02.6 | 5.0 |
| 4 | West Cheshire | | 120 | Laura Jones | 1:07.7 | 4.0 |

Results Sheet

6 Lap Time Trial

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Liverpool | | 20.0 |
| 2= | Crewe and Nantwich | | 18.0 |
| 2= | Halton and Frodsham | | 18.0 |
| 4 | West Cheshire | | 16.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|-----------------|--------|--------|
| 1 | Halton and Frodsham | | 133 | Kate Merrill | 1:33.6 | 14.0 |
| 2 | Liverpool | | 156 | Abigail Linney | 1:34.2 | 13.0 |
| 3 | Crewe and Nantwich | | 144 | Georgia Pickles | 1:34.4 | 12.0 |
| 4 | West Cheshire | | 122 | Emily Wood | 1:37.6 | 11.0 |
| 1 | Liverpool | | 157 | Charlotte Evans | 1:39.6 | 7.0 |
| 2 | Crewe and Nantwich | | 145 | Katie Lennon | 1:40.0 | 6.0 |
| 3 | West Cheshire | | 124 | Sally Pickering | 1:40.6 | 5.0 |
| 4 | Halton and Frodsham | | 132 | Emily Ross | 1:41.9 | 4.0 |

Results Sheet

4 x 2 Lap Relay

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|---------------------|--------|------|--------|-------------|--------|
| 1 | 01 | Crewe and Nantwich | | 0.0 | 1:47.5 | 1:47.5 | 21.0 |
| 2 | 02 | West Cheshire | | 0.0 | 1:48.7 | 1:48.7 | 18.0 |
| 3 | 04 | Halton and Frodsham | | 0.0 | 1:48.8 | 1:48.8 | 15.0 |
| 4 | 03 | Liverpool | | 0.0 | 1:50.2 | 1:50.2 | 12.0 |

Results Sheet

Shot

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Crewe and Nantwich | | 20.0 |
| 2= | West Cheshire | | 18.0 |
| 2= | Liverpool | | 18.0 |
| 4 | Warrington | | 15.0 |
| 5 | Halton and Frodsham | | 14.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|------------------------|------|--------|
| 1 | Liverpool | | 162 | Emily Laing | 9.11 | 14.0 |
| 2 | Crewe and Nantwich | | 151 | Shaunnah Murphy | 8.36 | 13.0 |
| 3 | West Cheshire | | 118 | Amy Williams | 8.25 | 12.0 |
| 4 | Halton and Frodsham | | 129 | Alice Linton | 7.43 | 11.0 |
| 5 | Warrington | | 172 | Lucy Deakin | 6.12 | 10.0 |
| 1 | Crewe and Nantwich | | 149 | Georgia Perris-Redding | 7.34 | 7.0 |
| 2 | West Cheshire | | 117 | Sophie Percival | 6.75 | 6.0 |
| 3 | Warrington | | 171 | Lauren McDonnell | 6.09 | 5.0 |
| 4 | Liverpool | | 160 | Laura Truman | 5.91 | 4.0 |
| 5 | Halton and Frodsham | | 131 | Sian Ellis | 5.39 | 3.0 |

Results Sheet

Speed Bounce

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Crewe and Nantwich | | 21.0 |
| 2 | Halton and Frodsham | | 19.0 |
| 3 | Liverpool | | 17.0 |
| 4 | West Cheshire | | 14.5 |
| 5 | Warrington | | 10.5 |

| Ranking | Team | Colour | BibNo | Name | Total | Points |
|---------|---------------------|--------|-------|-----------------------|-------|--------|
| 1 | Crewe and Nantwich | | 146 | Freya Taylor-Hatswell | 88 | 14.0 |
| 2 | Halton and Frodsham | | 136 | Jess Wright | 83 | 13.0 |
| 3 | Liverpool | | 163 | Pagan Booton | 81 | 12.0 |
| 4= | West Cheshire | | 122 | Emily Wood | 69 | 10.5 |
| 4= | Warrington | | 170 | Abbie Bircumshaw | 69 | 10.5 |
| 1 | Crewe and Nantwich | | 145 | Katie Lennon | 83 | 7.0 |
| 2 | Halton and Frodsham | | 132 | Emily Ross | 80 | 6.0 |
| 3 | Liverpool | | 157 | Charlotte Evans | 71 | 5.0 |
| 4 | West Cheshire | | 119 | Charlotte Williamson | 67 | 4.0 |
| | Crewe and Nantwich | | 155 | Emma Hassall | 81 | |
| | Crewe and Nantwich | | 154 | Annie Huntbach | 74 | |
| | Halton and Frodsham | | 133 | Kate Merrill | 73 | |
| | Liverpool | | 156 | Abigail Linney | 69 | |
| | West Cheshire | | 124 | Sally Pickering | 67 | |
| | Liverpool | | 164 | Leah Benson | 66 | |
| | West Cheshire | | 123 | Ellen McMahon | 62 | |
| | Halton and Frodsham | | 130 | Kiera Grady | 61 | |

Results Sheet

Standing Long Jump

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Crewe and Nantwich | | 21.0 |
| 2 | Halton and Frodsham | | 19.0 |
| 3 | Liverpool | | 17.0 |
| 4 | Warrington | | 15.0 |
| 5 | West Cheshire | | 13.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|----------------------|------|--------|
| 1 | Crewe and Nantwich | | 144 | Georgia Pickles | 2.23 | 14.0 |
| 2 | Halton and Frodsham | | 134 | Martha Cottrell | 2.06 | 13.0 |
| 3 | Liverpool | | 163 | Pagan Booton | 2.06 | 12.0 |
| 4 | Warrington | | 171 | Lauren McDonnell | 1.89 | 11.0 |
| 5 | West Cheshire | | 124 | Sally Pickering | 1.78 | 10.0 |
| 1 | Crewe and Nantwich | | 148 | Alice Simmons | 2.11 | 7.0 |
| 2 | Halton and Frodsham | | 135 | Emily Pearson | 2.04 | 6.0 |
| 3 | Liverpool | | 159 | Rachael Lee | 1.97 | 5.0 |
| 4 | Warrington | | 172 | Lucy Deakin | 1.86 | 4.0 |
| 5 | West Cheshire | | 122 | Emily Wood | 1.78 | 3.0 |
| | Crewe and Nantwich | | 153 | Jess Croft | 1.96 | |
| | Crewe and Nantwich | | 150 | India Perris-Redding | 1.86 | |
| | Liverpool | | 158 | Lydia Helsby | 1.85 | |
| | Halton and Frodsham | | 131 | Sian Ellis | 1.84 | |
| | West Cheshire | | 120 | Laura Jones | 1.78 | |
| | West Cheshire | | 123 | Ellen McMahon | 1.55 | |
| | Halton and Frodsham | | 130 | Kiera Grady | 1.23 | |

Results Sheet

Standing Triple Jump

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | West Cheshire | | 21.0 |
| 2 | Halton and Frodsham | | 19.0 |
| 3 | Crewe and Nantwich | | 17.0 |
| 4 | Liverpool | | 15.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|----------------------|------|--------|
| 1 | West Cheshire | | 118 | Amy Williams | 6.63 | 14.0 |
| 2 | Halton and Frodsham | | 136 | Jess Wright | 6.54 | 13.0 |
| 3 | Crewe and Nantwich | | 147 | Abby Duce | 6.53 | 12.0 |
| 4 | Liverpool | | 160 | Laura Truman | 6.44 | 11.0 |
| 1 | West Cheshire | | 121 | Chloe Hunt | 6.23 | 7.0 |
| 2 | Halton and Frodsham | | 134 | Martha Cottrell | 6.20 | 6.0 |
| 3 | Crewe and Nantwich | | 144 | Georgia Pickles | 6.03 | 5.0 |
| 4 | Liverpool | | 162 | Emily Laing | 5.94 | 4.0 |
| | West Cheshire | | 119 | Charlotte Williamson | 6.04 | |
| | Crewe and Nantwich | | 154 | Annie Huntbach | 5.76 | |
| | West Cheshire | | 117 | Sophie Percival | 5.57 | |
| | Liverpool | | 164 | Leah Benson | 5.55 | |
| | Crewe and Nantwich | | 152 | Rebecca Boardman | 5.55 | |
| | Halton and Frodsham | | 129 | Alice Linton | 5.47 | |
| | Halton and Frodsham | | 132 | Emily Ross | 5.45 | |

Results Sheet

Vertical Jump

Competition:

North West League Final 2010 Under 13 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Crewe and Nantwich | | 20.0 |
| 2 | West Cheshire | | 19.0 |
| 3 | Halton and Frodsham | | 18.0 |
| 4 | Warrington | | 11.0 |
| 5 | Liverpool | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|------------------|------|--------|
| 1 | West Cheshire | | 121 | Chloe Hunt | 57 | 14.0 |
| 2 | Crewe and Nantwich | | 147 | Abby Duce | 55 | 13.0 |
| 3 | Halton and Frodsham | | 135 | Emily Pearson | 48 | 12.0 |
| 4 | Warrington | | 170 | Abbie Bircumshaw | 41 | 11.0 |
| 5 | Liverpool | | 158 | Lydia Helsby | 38 | 10.0 |
| 1 | Crewe and Nantwich | | 151 | Shaunnah Murphy | 48 | 7.0 |
| 2 | Halton and Frodsham | | 133 | Kate Merrill | 45 | 6.0 |
| 3 | West Cheshire | | 120 | Laura Jones | 43 | 5.0 |

Competition Results

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | West Cheshire | | 179.0 | 21.0 | 21.0 | 20.0 | 21.0 | 19.0 | 18.0 | 20.0 | 19.0 | 20.0 |
| 2 | Crewe and Nantwich | | 170.0 | 18.0 | 19.0 | 19.0 | 16.0 | 20.0 | 18.0 | 19.0 | 21.0 | 20.0 |
| 3 | Deeside | | 152.0 | 15.0 | 17.0 | 17.0 | 19.0 | 18.0 | 15.0 | 18.0 | 16.0 | 17.0 |
| 4 | Halton and Frodsham | | 119.0 | 12.0 | 11.0 | 12.0 | 12.0 | 10.0 | 21.0 | 15.0 | 16.0 | 10.0 |
| 5 | Warrington | | 106.0 | 9.0 | 14.0 | 10.0 | 10.0 | 15.0 | 10.0 | 13.0 | 10.0 | 15.0 |

Team Results

Crewe and Nantwich ()

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | West Cheshire | | 179.0 | 21.0 | 21.0 | 20.0 | 21.0 | 19.0 | 18.0 | 20.0 | 19.0 | 20.0 |
| 2 | Crewe and Nantwich | | 170.0 | 18.0 | 19.0 | 19.0 | 16.0 | 20.0 | 18.0 | 19.0 | 21.0 | 20.0 |
| 3 | Deeside | | 152.0 | 15.0 | 17.0 | 17.0 | 19.0 | 18.0 | 15.0 | 18.0 | 16.0 | 17.0 |
| 4 | Halton and Frodsham | | 119.0 | 12.0 | 11.0 | 12.0 | 12.0 | 10.0 | 21.0 | 15.0 | 16.0 | 10.0 |
| 5 | Warrington | | 106.0 | 9.0 | 14.0 | 10.0 | 10.0 | 15.0 | 10.0 | 13.0 | 10.0 | 15.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|---------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 137 | Aimee Addis | 4LR | 55.8 | | | | 55.8 | 1 | 14.0 |
| 137 | Aimee Addis | SB | 80 | | | | 80 | 2 | 13.0 |
| 137 | Aimee Addis | STJ | 7.00 | 6.45 | 7.02 | 0.00 | 7.02 | 1 | 7.0 |
| 138 | Katie Matthews | 6LR | 1:36.5 | | | | 1:36.5 | 4 | 11.0 |
| 138 | Katie Matthews | S | 9.22 | 9.75 | 10.00 | 0.00 | 10.00 | 2 | 13.0 |
| 138 | Katie Matthews | VJ | 58 | 55 | 56 | 0 | 58 | 2 | 13.0 |
| 139 | Lisa James | 2LR | 26.3 | | | | 26.3 | 2 | 13.0 |
| 139 | Lisa James | SLJ | 2.25 | 2.21 | 2.32 | 0.00 | 2.32 | 3 | 5.0 |
| 139 | Lisa James | STJ | 7.14 | 7.16 | 6.95 | 0.00 | 7.16 | 1 | 14.0 |
| 140 | Gemma Valentine | 2LR | 27.1 | | | | 27.1 | 2 | 6.0 |
| 140 | Gemma Valentine | SLJ | 2.41 | 2.23 | 2.29 | 0.00 | 2.41 | 1 | 14.0 |
| 140 | Gemma Valentine | VJ | 50 | 53 | 53 | 0 | 53 | 1 | 7.0 |
| 141 | Georgina Emery | 4LR | 1:04.5 | | | | 1:04.5 | 3 | 5.0 |
| 141 | Georgina Emery | 6LR | 1:47.7 | | | | 1:47.7 | 3 | 5.0 |
| 141 | Georgina Emery | SB | 0 | | | | 0 | | |
| 141 | Georgina Emery | STJ | 5.90 | 5.73 | 5.75 | 0.00 | 5.90 | | |
| 142 | Emily Townsend | 6LR | 0.0 | | | | 0.0 | | |
| 142 | Emily Townsend | SB | 74 | | | | 74 | 3 | 5.0 |
| 142 | Emily Townsend | SLJ | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | | |
| 143 | Stephanie Creighton | S | 8.47 | 8.85 | 8.43 | 0.00 | 8.85 | 1 | 7.0 |

Team Results

West Cheshire ()

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | West Cheshire | | 179.0 | 21.0 | 21.0 | 20.0 | 21.0 | 19.0 | 18.0 | 20.0 | 19.0 | 20.0 |
| 2 | Crewe and Nantwich | | 170.0 | 18.0 | 19.0 | 19.0 | 16.0 | 20.0 | 18.0 | 19.0 | 21.0 | 20.0 |
| 3 | Deeside | | 152.0 | 15.0 | 17.0 | 17.0 | 19.0 | 18.0 | 15.0 | 18.0 | 16.0 | 17.0 |
| 4 | Halton and Frodsham | | 119.0 | 12.0 | 11.0 | 12.0 | 12.0 | 10.0 | 21.0 | 15.0 | 16.0 | 10.0 |
| 5 | Warrington | | 106.0 | 9.0 | 14.0 | 10.0 | 10.0 | 15.0 | 10.0 | 13.0 | 10.0 | 15.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|---------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 102 | Alice McMahon | 2LR | 25.6 | | | | 25.6 | 1 | 14.0 |
| 102 | Alice McMahon | SLJ | 2.38 | 2.35 | 2.34 | 0.00 | 2.38 | 2 | 13.0 |
| 102 | Alice McMahon | VJ | 60 | 59 | 57 | 0 | 60 | 1 | 14.0 |
| 110 | Kelly Baker | 2LR | 26.5 | | | | 26.5 | 1 | 7.0 |
| 110 | Kelly Baker | S | 10.82 | 10.89 | 11.17 | 0.00 | 11.17 | 1 | 14.0 |
| 110 | Kelly Baker | STJ | 6.35 | 6.01 | 6.07 | 0.00 | 6.35 | | |
| 111 | Olivia Montez-Brown | 6LR | 1:32.3 | | | | 1:32.3 | 1 | 14.0 |
| 111 | Olivia Montez-Brown | SLJ | 2.35 | 2.23 | 2.32 | 0.00 | 2.35 | 1 | 7.0 |
| 111 | Olivia Montez-Brown | STJ | 6.95 | 0.00 | 7.05 | 0.00 | 7.05 | 2 | 13.0 |
| 112 | Jenna Sheehy | 4LR | 57.4 | | | | 57.4 | 2 | 13.0 |
| 112 | Jenna Sheehy | SB | 79 | | | | 79 | 3 | 12.0 |
| 112 | Jenna Sheehy | STJ | 6.30 | 6.09 | 6.14 | 0.00 | 6.30 | | |
| 113 | Laura Rigby | 4LR | 59.1 | | | | 59.1 | 1 | 7.0 |
| 113 | Laura Rigby | SB | 72 | | | | 72 | | |
| 113 | Laura Rigby | VJ | 44 | 42 | 45 | 0 | 45 | 2 | 6.0 |
| 114 | Jenni Potter | SB | 65 | | | | 65 | | |
| 114 | Jenni Potter | SLJ | 2.08 | 2.06 | 2.10 | 0.00 | 2.10 | | |
| 115 | Emma Johnson | SB | 76 | | | | 76 | 2 | 6.0 |
| 115 | Emma Johnson | SLJ | 1.73 | 1.74 | 1.83 | 0.00 | 1.83 | | |
| 116 | Alice Jennings | 6LR | 1:33.2 | | | | 1:33.2 | 1 | 7.0 |
| 116 | Alice Jennings | S | 8.01 | 8.43 | 8.22 | 0.00 | 8.43 | 3 | 5.0 |
| 116 | Alice Jennings | STJ | 6.54 | 6.61 | 6.46 | 0.00 | 6.61 | 2 | 6.0 |

Team Results

Deeside ()

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | West Cheshire | | 179.0 | 21.0 | 21.0 | 20.0 | 21.0 | 19.0 | 18.0 | 20.0 | 19.0 | 20.0 |
| 2 | Crewe and Nantwich | | 170.0 | 18.0 | 19.0 | 19.0 | 16.0 | 20.0 | 18.0 | 19.0 | 21.0 | 20.0 |
| 3 | Deeside | | 152.0 | 15.0 | 17.0 | 17.0 | 19.0 | 18.0 | 15.0 | 18.0 | 16.0 | 17.0 |
| 4 | Halton and Frodsham | | 119.0 | 12.0 | 11.0 | 12.0 | 12.0 | 10.0 | 21.0 | 15.0 | 16.0 | 10.0 |
| 5 | Warrington | | 106.0 | 9.0 | 14.0 | 10.0 | 10.0 | 15.0 | 10.0 | 13.0 | 10.0 | 15.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|--------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 101 | Rhian Williams | 2LR | 26.5 | | | | 26.5 | 3 | 12.0 |
| 101 | Rhian Williams | STJ | 5.94 | 6.00 | 6.10 | 0.00 | 6.10 | 3 | 5.0 |
| 103 | Hayley Nuttall | S | 8.45 | 8.66 | 8.59 | 0.00 | 8.66 | 2 | 6.0 |
| 104 | Bryony Burton | SB | 71 | | | | 71 | 4 | 4.0 |
| 105 | Georgia Bates | 6LR | 1:35.8 | | | | 1:35.8 | 2 | 6.0 |
| 105 | Georgia Bates | SLJ | 2.23 | 2.35 | 2.35 | 0.00 | 2.35 | 3 | 12.0 |
| 105 | Georgia Bates | VJ | 48 | 51 | 48 | 0 | 51 | 3 | 12.0 |
| 106 | Amy Crocombe | 4LR | 1:01.5 | | | | 1:01.5 | 2 | 6.0 |
| 106 | Amy Crocombe | STJ | 6.03 | 6.23 | 6.17 | 0.00 | 6.23 | 4 | 11.0 |
| 106 | Amy Crocombe | VJ | 45 | 42 | 43 | 0 | 45 | 3 | 5.0 |
| 107 | Eleanor Badhams | 4LR | 59.0 | | | | 59.0 | 4 | 11.0 |
| 107 | Eleanor Badhams | S | 7.59 | 9.35 | 9.38 | 0.00 | 9.38 | 3 | 12.0 |
| 107 | Eleanor Badhams | SLJ | 2.22 | 2.34 | 2.31 | 0.00 | 2.34 | 2 | 6.0 |
| 108 | Megan Brooke-Jones | 2LR | 27.5 | | | | 27.5 | 3 | 5.0 |
| 108 | Megan Brooke-Jones | SB | 59 | | | | 59 | | |
| 109 | Kathryn Roberts | 6LR | 1:32.8 | | | | 1:32.8 | 2 | 13.0 |
| 109 | Kathryn Roberts | SB | 77 | | | | 77 | 4 | 11.0 |

Team Results

Halton and Frodsham ()

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | West Cheshire | | 179.0 | 21.0 | 21.0 | 20.0 | 21.0 | 19.0 | 18.0 | 20.0 | 19.0 | 20.0 |
| 2 | Crewe and Nantwich | | 170.0 | 18.0 | 19.0 | 19.0 | 16.0 | 20.0 | 18.0 | 19.0 | 21.0 | 20.0 |
| 3 | Deeside | | 152.0 | 15.0 | 17.0 | 17.0 | 19.0 | 18.0 | 15.0 | 18.0 | 16.0 | 17.0 |
| 4 | Halton and Frodsham | | 119.0 | 12.0 | 11.0 | 12.0 | 12.0 | 10.0 | 21.0 | 15.0 | 16.0 | 10.0 |
| 5 | Warrington | | 106.0 | 9.0 | 14.0 | 10.0 | 10.0 | 15.0 | 10.0 | 13.0 | 10.0 | 15.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|-------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 125 | Emma Pyatt | 6LR | 1:36.2 | | | | 1:36.2 | 3 | 12.0 |
| 125 | Emma Pyatt | STJ | 5.50 | 5.33 | 5.45 | 0.00 | 5.50 | 4 | 4.0 |
| 125 | Emma Pyatt | VJ | 34 | 41 | 39 | 0 | 41 | 5 | 10.0 |
| 126 | Amy Pearson | 2LR | 26.7 | | | | 26.7 | 4 | 11.0 |
| 126 | Amy Pearson | SB | 81 | | | | 81 | 1 | 7.0 |
| 126 | Amy Pearson | SLJ | 2.21 | 2.25 | 2.26 | 0.00 | 2.26 | 4 | 11.0 |
| 127 | Emma Scott | 4LR | 58.4 | | | | 58.4 | 3 | 12.0 |
| 127 | Emma Scott | SB | 84 | | | | 84 | 1 | 14.0 |
| 127 | Emma Scott | SLJ | 1.98 | 2.05 | 2.08 | 0.00 | 2.08 | 4 | 4.0 |
| 128 | Amy Wright | 2LR | 0.0 | | | | 0.0 | | |
| 128 | Amy Wright | S | 7.36 | 7.22 | 7.39 | 0.00 | 7.39 | 5 | 10.0 |
| 128 | Amy Wright | STJ | 6.25 | 6.47 | 6.45 | 0.00 | 6.47 | 3 | 12.0 |

Team Results

Warrington ()

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Score | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|---------------------|--------|-------|------|------|------|------|------|------|------|------|------|
| 1 | West Cheshire | | 179.0 | 21.0 | 21.0 | 20.0 | 21.0 | 19.0 | 18.0 | 20.0 | 19.0 | 20.0 |
| 2 | Crewe and Nantwich | | 170.0 | 18.0 | 19.0 | 19.0 | 16.0 | 20.0 | 18.0 | 19.0 | 21.0 | 20.0 |
| 3 | Deeside | | 152.0 | 15.0 | 17.0 | 17.0 | 19.0 | 18.0 | 15.0 | 18.0 | 16.0 | 17.0 |
| 4 | Halton and Frodsham | | 119.0 | 12.0 | 11.0 | 12.0 | 12.0 | 10.0 | 21.0 | 15.0 | 16.0 | 10.0 |
| 5 | Warrington | | 106.0 | 9.0 | 14.0 | 10.0 | 10.0 | 15.0 | 10.0 | 13.0 | 10.0 | 15.0 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|----------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 166 | Jodie Ellis | 2LR | 31.8 | | | | 31.8 | 4 | 4.0 |
| 166 | Jodie Ellis | S | 5.86 | 5.76 | 0.00 | 0.00 | 5.86 | 4 | 4.0 |
| 166 | Jodie Ellis | VJ | 42 | 41 | 36 | 0 | 42 | 4 | 4.0 |
| 167 | Holly McCurrie | 4LR | 1:11.1 | | | | 1:11.1 | 5 | 10.0 |
| 167 | Holly McCurrie | S | 6.12 | 7.27 | 7.83 | 0.00 | 7.83 | 4 | 11.0 |
| 167 | Holly McCurrie | STJ | 5.43 | 5.25 | 5.32 | 0.00 | 5.43 | 5 | 10.0 |
| 168 | Charlotte Eves | 2LR | 27.7 | | | | 27.7 | 5 | 10.0 |
| 168 | Charlotte Eves | SLJ | 2.00 | 2.05 | 2.00 | 0.00 | 2.05 | 5 | 10.0 |
| 168 | Charlotte Eves | VJ | 44 | 43 | 44 | 0 | 44 | 4 | 11.0 |
| 169 | Emma Steele | 6LR | 1:54.2 | | | | 1:54.2 | 5 | 10.0 |
| 169 | Emma Steele | SB | 76 | | | | 76 | 5 | 10.0 |
| 169 | Emma Steele | SLJ | 1.99 | 2.00 | 2.02 | 0.00 | 2.02 | 5 | 3.0 |

Results Sheet

2 Lap Race

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | West Cheshire | | 21.0 |
| 2 | Crewe and Nantwich | | 19.0 |
| 3 | Deeside | | 17.0 |
| 4 | Warrington | | 14.0 |
| 5 | Halton and Frodsham | | 11.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|--------------------|------|--------|
| 1 | West Cheshire | | 102 | Alice McMahon | 25.6 | 14.0 |
| 2 | Crewe and Nantwich | | 139 | Lisa James | 26.3 | 13.0 |
| 3 | Deeside | | 101 | Rhian Williams | 26.5 | 12.0 |
| 4 | Halton and Frodsham | | 126 | Amy Pearson | 26.7 | 11.0 |
| 5 | Warrington | | 168 | Charlotte Eves | 27.7 | 10.0 |
| 1 | West Cheshire | | 110 | Kelly Baker | 26.5 | 7.0 |
| 2 | Crewe and Nantwich | | 140 | Gemma Valentine | 27.1 | 6.0 |
| 3 | Deeside | | 108 | Megan Brooke-Jones | 27.5 | 5.0 |
| 4 | Warrington | | 166 | Jodie Ellis | 31.8 | 4.0 |

Results Sheet

4 Lap Race

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | West Cheshire | | 20.0 |
| 2 | Crewe and Nantwich | | 19.0 |
| 3 | Deeside | | 17.0 |
| 4 | Halton and Frodsham | | 12.0 |
| 5 | Warrington | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|-----------------|--------|--------|
| 1 | Crewe and Nantwich | | 137 | Aimee Addis | 55.8 | 14.0 |
| 2 | West Cheshire | | 112 | Jenna Sheehy | 57.4 | 13.0 |
| 3 | Halton and Frodsham | | 127 | Emma Scott | 58.4 | 12.0 |
| 4 | Deeside | | 107 | Eleanor Badhams | 59.0 | 11.0 |
| 5 | Warrington | | 167 | Holly McCurrie | 1:11.1 | 10.0 |
| 1 | West Cheshire | | 113 | Laura Rigby | 59.1 | 7.0 |
| 2 | Deeside | | 106 | Amy Crocombe | 1:01.5 | 6.0 |
| 3 | Crewe and Nantwich | | 141 | Georgina Emery | 1:04.5 | 5.0 |

Results Sheet

6 Lap Time Trial

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | West Cheshire | | 21.0 |
| 2 | Deeside | | 19.0 |
| 3 | Crewe and Nantwich | | 16.0 |
| 4 | Halton and Frodsham | | 12.0 |
| 5 | Warrington | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|---------------------|--------|--------|
| 1 | West Cheshire | | 111 | Olivia Montez-Brown | 1:32.3 | 14.0 |
| 2 | Deeside | | 109 | Kathryn Roberts | 1:32.8 | 13.0 |
| 3 | Halton and Frodsham | | 125 | Emma Pyatt | 1:36.2 | 12.0 |
| 4 | Crewe and Nantwich | | 138 | Katie Matthews | 1:36.5 | 11.0 |
| 5 | Warrington | | 169 | Emma Steele | 1:54.2 | 10.0 |
| 1 | West Cheshire | | 116 | Alice Jennings | 1:33.2 | 7.0 |
| 2 | Deeside | | 105 | Georgia Bates | 1:35.8 | 6.0 |
| 3 | Crewe and Nantwich | | 141 | Georgina Emery | 1:47.7 | 5.0 |

Results Sheet

4 x 2 Lap Relay

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|---------------------|--------|------|--------|-------------|--------|
| 1 | 02 | West Cheshire | | 0.0 | 1:41.7 | 1:41.7 | 21.0 |
| 2 | 01 | Crewe and Nantwich | | 0.0 | 1:42.5 | 1:42.5 | 18.0 |
| 3 | 03 | Deeside | | 0.0 | 1:45.8 | 1:45.8 | 15.0 |
| 4 | 04 | Halton and Frodsham | | 0.0 | 1:53.1 | 1:53.1 | 12.0 |
| 5 | 05 | Warrington | | 0.0 | 2:00.0 | 2:00.0 | 9.0 |

Results Sheet

Shot

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Crewe and Nantwich | | 20.0 |
| 2 | West Cheshire | | 19.0 |
| 3 | Deeside | | 18.0 |
| 4 | Warrington | | 15.0 |
| 5 | Halton and Frodsham | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|---------------------|-------|--------|
| 1 | West Cheshire | | 110 | Kelly Baker | 11.17 | 14.0 |
| 2 | Crewe and Nantwich | | 138 | Katie Matthews | 10.00 | 13.0 |
| 3 | Deeside | | 107 | Eleanor Badhams | 9.38 | 12.0 |
| 4 | Warrington | | 167 | Holly McCurrie | 7.83 | 11.0 |
| 5 | Halton and Frodsham | | 128 | Amy Wright | 7.39 | 10.0 |
| 1 | Crewe and Nantwich | | 143 | Stephanie Creighton | 8.85 | 7.0 |
| 2 | Deeside | | 103 | Hayley Nuttall | 8.66 | 6.0 |
| 3 | West Cheshire | | 116 | Alice Jennings | 8.43 | 5.0 |
| 4 | Warrington | | 166 | Jodie Ellis | 5.86 | 4.0 |

Results Sheet

Speed Bounce

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Halton and Frodsham | | 21.0 |
| 2= | Crewe and Nantwich | | 18.0 |
| 2= | West Cheshire | | 18.0 |
| 4 | Deeside | | 15.0 |
| 5 | Warrington | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Total | Points |
|---------|---------------------|--------|-------|--------------------|-------|--------|
| 1 | Halton and Frodsham | | 127 | Emma Scott | 84 | 14.0 |
| 2 | Crewe and Nantwich | | 137 | Aimee Addis | 80 | 13.0 |
| 3 | West Cheshire | | 112 | Jenna Sheehy | 79 | 12.0 |
| 4 | Deeside | | 109 | Kathryn Roberts | 77 | 11.0 |
| 5 | Warrington | | 169 | Emma Steele | 76 | 10.0 |
| 1 | Halton and Frodsham | | 126 | Amy Pearson | 81 | 7.0 |
| 2 | West Cheshire | | 115 | Emma Johnson | 76 | 6.0 |
| 3 | Crewe and Nantwich | | 142 | Emily Townsend | 74 | 5.0 |
| 4 | Deeside | | 104 | Bryony Burton | 71 | 4.0 |
| | West Cheshire | | 113 | Laura Rigby | 72 | |
| | West Cheshire | | 114 | Jenni Potter | 65 | |
| | Deeside | | 108 | Megan Brooke-Jones | 59 | |

Results Sheet

Standing Long Jump

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | West Cheshire | | 20.0 |
| 2 | Crewe and Nantwich | | 19.0 |
| 3 | Deeside | | 18.0 |
| 4 | Halton and Frodsham | | 15.0 |
| 5 | Warrington | | 13.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|---------------------|------|--------|
| 1 | Crewe and Nantwich | | 140 | Gemma Valentine | 2.41 | 14.0 |
| 2 | West Cheshire | | 102 | Alice McMahon | 2.38 | 13.0 |
| 3 | Deeside | | 105 | Georgia Bates | 2.35 | 12.0 |
| 4 | Halton and Frodsham | | 126 | Amy Pearson | 2.26 | 11.0 |
| 5 | Warrington | | 168 | Charlotte Eves | 2.05 | 10.0 |
| 1 | West Cheshire | | 111 | Olivia Montez-Brown | 2.35 | 7.0 |
| 2 | Deeside | | 107 | Eleanor Badhams | 2.34 | 6.0 |
| 3 | Crewe and Nantwich | | 139 | Lisa James | 2.32 | 5.0 |
| 4 | Halton and Frodsham | | 127 | Emma Scott | 2.08 | 4.0 |
| 5 | Warrington | | 169 | Emma Steele | 2.02 | 3.0 |
| | West Cheshire | | 114 | Jenni Potter | 2.10 | |
| | West Cheshire | | 115 | Emma Johnson | 1.83 | |

Results Sheet

Standing Triple Jump

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1 | Crewe and Nantwich | | 21.0 |
| 2 | West Cheshire | | 19.0 |
| 3= | Deeside | | 16.0 |
| 3= | Halton and Frodsham | | 16.0 |
| 5 | Warrington | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|---------------------|------|--------|
| 1 | Crewe and Nantwich | | 139 | Lisa James | 7.16 | 14.0 |
| 2 | West Cheshire | | 111 | Olivia Montez-Brown | 7.05 | 13.0 |
| 3 | Halton and Frodsham | | 128 | Amy Wright | 6.47 | 12.0 |
| 4 | Deeside | | 106 | Amy Crocombe | 6.23 | 11.0 |
| 5 | Warrington | | 167 | Holly McCurrie | 5.43 | 10.0 |
| 1 | Crewe and Nantwich | | 137 | Aimee Addis | 7.02 | 7.0 |
| 2 | West Cheshire | | 116 | Alice Jennings | 6.61 | 6.0 |
| 3 | Deeside | | 101 | Rhian Williams | 6.10 | 5.0 |
| 4 | Halton and Frodsham | | 125 | Emma Pyatt | 5.50 | 4.0 |
| | West Cheshire | | 110 | Kelly Baker | 6.35 | |
| | West Cheshire | | 112 | Jenna Sheehy | 6.30 | |
| | Crewe and Nantwich | | 141 | Georgina Emery | 5.90 | |

Results Sheet

Vertical Jump

Competition:

North West League Final 2010 Under 15 Girls

Venue:

Kingsway, Widnes

Date

7 Mar 2010

| Ranking | Team | Colour | Points |
|---------|---------------------|--------|--------|
| 1= | Crewe and Nantwich | | 20.0 |
| 1= | West Cheshire | | 20.0 |
| 3 | Deeside | | 17.0 |
| 4 | Warrington | | 15.0 |
| 5 | Halton and Frodsham | | 10.0 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|---------------------|--------|-------|-----------------|------|--------|
| 1 | West Cheshire | | 102 | Alice McMahon | 60 | 14.0 |
| 2 | Crewe and Nantwich | | 138 | Katie Matthews | 58 | 13.0 |
| 3 | Deeside | | 105 | Georgia Bates | 51 | 12.0 |
| 4 | Warrington | | 168 | Charlotte Eves | 44 | 11.0 |
| 5 | Halton and Frodsham | | 125 | Emma Pyatt | 41 | 10.0 |
| 1 | Crewe and Nantwich | | 140 | Gemma Valentine | 53 | 7.0 |
| 2 | West Cheshire | | 113 | Laura Rigby | 45 | 6.0 |
| 3 | Deeside | | 106 | Amy Crocombe | 45 | 5.0 |
| 4 | Warrington | | 166 | Jodie Ellis | 42 | 4.0 |