

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance	
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Over Under Race - U11 Boys



Over Under Race - Under 11 Boys - race 1

43	1	Samuel Armsden	Grange Primary	U11B	23.77
33	2	James Adams	Hav M	U11B	24.15
32	3	Jairzinho Morris	Nelmes Pri	U11B	24.75
44	4	Thomas Ray	Bas	U11B	25.24

Over Under Race - Under 11 Boys - race 2

38	1	Kyle Constable	Ardleigh Gn Jnr	U11B	19.71
119	2	Victor Hughes	Thurr	U11B	22.64
74	3	Cameron McMeekin	Bas	U11B	23.28

Over Under Race - Under 11 Boys - OVERALL (rounded up to next tenth)

38	1	Kyle Constable	Ardleigh Gn Jnr	U11B	19.8
119	2	Victor Hughes	Thurr	U11B	22.7
74	3	Cameron McMeekin	Bas	U11B	23.3
43	4	Samuel Armsden	Grange Primary	U11B	23.8
33	5	James Adams	Hav M	U11B	24.2
32	6	Jairzinho Morris	Nelmes Pri	U11B	24.8
44	7	Thomas Ray	Bas	U11B	25.3

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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1 Lap Race - U11 Boys



One Lap - Under 11 Boys - race 1

26	1	Daniel Knight	Thurr	U11B	11.72
39	2	Lewis Blow	Bas	U11B	12.72
28	3	Freddie Trevanion	Brain	U11B	15.12

One Lap - Under 11 Boys - race 2

30	1	Harry Worsfold	Thurr	U11B	12.21
37	2	Judd Hayworth	Bas	U11B	12.80
40	3	Matthew Cook	Scargill Jnr	U11B	14.52

One Lap - Under 11 Boys - race 3

41	1	Max Law	Hav M	U11B	12.35
36	2	Joseph Hunt	Bas	U11B	13.00
31	3	Henry Lay	Engayne Pri	U11B	15.34

One Lap - Under 11 Boys - race 4

32	1	Jairzinho Morris	Nelmes Pri	U11B	11.93
42	2	Ricardo Almeida	Benf	U11B	12.19

One Lap - Under 11 Boys - race 5

33	1	James Adams	Hav M	U11B	12.98
34	2	Jamie Simmons	Thurr	U11B	13.04
45	3	Tom Keen	Brain	U11B	13.23

One Lap - Under 11 Boys - race 6

29	1	Harry Sampson	Benf	U11B	11.90
122	2	Luke Boswell	Holly Trees	U11B	12.59
74	3	Cameron McMeekin	Bas	U11B	15.25

One Lap - Under 11 Boys - OVERALL (rounded up to next tenth)

26	1	Daniel Knight	Thurr	U11B	11.8
29	2	Harry Sampson	Benf	U11B	11.9
32	3	Jairzinho Morris	Nelmes Pri	U11B	12.0
42	4	Ricardo Almeida	Benf	U11B	12.2
30	5	Harry Worsfold	Thurr	U11B	12.3
41	6	Max Law	Hav M	U11B	12.4
122	7	Luke Boswell	Holly Trees	U11B	12.6
39	8	Lewis Blow	Bas	U11B	12.8
37	9	Judd Hayworth	Bas	U11B	12.8
33	10	James Adams	Hav M	U11B	13.0
36	11	Joseph Hunt	Bas	U11B	13.0
34	12	Jamie Simmons	Thurr	U11B	13.1
45	13	Tom Keen	Brain	U11B	13.3
40	14	Matthew Cook	Scargill Jnr	U11B	14.6
28	15	Freddie Trevanion	Brain	U11B	15.2
74	16	Cameron McMeekin	Bas	U11B	15.3
31	17	Henry Lay	Engayne Pri	U11B	15.4

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No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U11 Boys



Two Lap - Under 11 Boys - race 1

26	1	Daniel Knight	Thurr	U11B	23.87
29	2	Harry Sampson	Benf	U11B	24.26
28	3	Freddie Trevanion	Brain	U11B	25.09
27	4	Edward Laughlin	Hav M	U11B	25.34

Two Lap - Under 11 Boys - race 2

30	1	Harry Worsfold	Thurr	U11B	23.96
36	2	Joseph Hunt	Bas	U11B	26.38
34	3	Jamie Simmons	Thurr	U11B	28.05

Two Lap - Under 11 Boys - race 3

37	1	Judd Hayworth	Bas	U11B	25.90
44	2	Thomas Ray	Bas	U11B	27.20
31	3	Henry Lay	Engayne Pri	U11B	28.77

Two Lap - Under 11 Boys - race 4

39	1	Lewis Blow	Bas	U11B	24.99
119	2	Victor Hughes	Thurr	U11B	25.56
40	3	Matthew Cook	Scargill Jnr	U11B	25.60
43	4	Samuel Armsden	Grange Primary	U11B	26.80

Two Lap - Under 11 Boys - OVERALL (rounded up to next tenth)

26	1	Daniel Knight	Thurr	U11B	23.9
30	2	Harry Worsfold	Thurr	U11B	24.0
29	3	Harry Sampson	Benf	U11B	24.3
39	4	Lewis Blow	Bas	U11B	25.0
28	5	Freddie Trevanion	Brain	U11B	25.1
27	6	Edward Laughlin	Hav M	U11B	25.4
119	7	Victor Hughes	Thurr	U11B	25.6
40	8	Matthew Cook	Scargill Jnr	U11B	25.6
37	9	Judd Hayworth	Bas	U11B	25.9
36	10	Joseph Hunt	Bas	U11B	26.4
43	11	Samuel Armsden	Grange Primary	U11B	26.8
44	12	Thomas Ray	Bas	U11B	27.2
34	13	Jamie Simmons	Thurr	U11B	28.1
31	14	Henry Lay	Engayne Pri	U11B	28.8

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Boys



Two Lap - Under 13 Boys - race 1

84	1	Sam Coombes	Chelm	U13B	24.20
83	2	Oliver Wiseman	Chelm	U13B	24.70
76	3	Bailey Ramsey	CCC Sch	U13B	25.83

Two Lap - Under 13 Boys - race 2

78	1	Harley Whittlestone	CCC Sch	U13B	24.38
89	2	Jack Earlam	CCC Sch	U13B	25.55
85	3	William Lynes	Brain	U13B	25.62

Two Lap - Under 13 Boys - race 3

123	1	Chris Agyeman	Woodford	U13B	22.54
50	2	Charlie Splarn	Thurr	U13B	23.28
98	3	Thomas Wakeling	Thurr	U13B	23.63

Two Lap - Under 13 Boys - race 4

80	1	Joseph Raison	Hav M	U13B	25.28
100	2	Kian Culham	Brain	U13B	26.09

Two Lap - Under 13 Boys - OVERALL (rounded up to next tenth)

123	1	Chris Agyeman	Woodford	U13B	22.6
50	2	Charlie Splarn	Thurr	U13B	23.3
98	3	Thomas Wakeling	Thurr	U13B	23.7
84	4	Sam Coombes	Chelm	U13B	24.2
78	5	Harley Whittlestone	CCC Sch	U13B	24.4
83	6	Oliver Wiseman	Chelm	U13B	24.7
80	7	Joseph Raison	Hav M	U13B	25.3
89	8	Jack Earlam	CCC Sch	U13B	25.6
85	9	William Lynes	Brain	U13B	25.7
76	10	Bailey Ramsey	CCC Sch	U13B	25.9
100	11	Kian Culham	Brain	U13B	26.1

4 Lap Race - U13 Boys



Four Lap - Under 13 Boys - race 1

79	1	James Perkins	Bas	U13B	51.00
83	2	Oliver Wiseman	Chelm	U13B	53.83
77	3	Billy Barker	CCC Sch	U13B	57.12

Four Lap - Under 13 Boys - race 2

81	1	Myles Peacham	Brain	U13B	51.82
89	2	Jack Earlam	CCC Sch	U13B	53.87
76	3	Bailey Ramsey	CCC Sch	U13B	56.93

Four Lap - Under 13 Boys - OVERALL (rounded up to next tenth)

79	1	James Perkins	Bas	U13B	51.0
81	2	Myles Peacham	Brain	U13B	51.9
83	3	Oliver Wiseman	Chelm	U13B	53.9
89	4	Jack Earlam	CCC Sch	U13B	53.9
76	5	Bailey Ramsey	CCC Sch	U13B	57.0
77	6	Billy Barker	CCC Sch	U13B	57.2

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No.	Pos	Name	Club/School	Age Group	Performance	
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6 Lap Race - U13 Boys



Six Lap - Under 13 Boys - race 1

79	1	James Perkins	Bas	U13B	1.19.70
82	2	Oliver Morter	Hav M	U13B	1.21.78
85	3	William Lynes	Brain	U13B	1.22.03

Six Lap - Under 13 Boys - race 2

46	1	Sam Rawlinson	Chelm	U13B	1.21.17
89	2	Jack Earlam	CCC Sch	U13B	1.28.78
77	3	Billy Barker	CCC Sch	U13B	1.29.25

Four Lap - Under 13 Boys - OVERALL (rounded up to next tenth)

79	1	James Perkins	Bas	U13B	1.19.7
46	2	Sam Rawlinson	Chelm	U13B	1.21.2
82	3	Oliver Morter	Hav M	U13B	1.21.8
85	4	William Lynes	Brain	U13B	1.22.1
89	5	Jack Earlam	CCC Sch	U13B	1.28.8
77	6	Billy Barker	CCC Sch	U13B	1.29.3

2 Lap Race - U15 Boys



Two Lap - Under 13 Boys

97	1	Matthew Owers	Hav M	U15B	22.6
49	2	Joe Hornsby	Brain	U15B	25.2
96	3	Morgan Thompson	Brain	U15B	25.5

4 Lap Race - U15 Boys



116	1	Conor Culham	Brain	U15B	47.5
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No.	Pos	Name	Club/School	Age Group	Performance
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Over Under Race - U11 Girls



Over Under Race - Under 11 Girls - race 1

10	1	Hannah Bardo	Chelm	U11G	20.32
4	2	Anna Noakes	Thurr	U11G	20.99
1	3	Abena Oteng	Grove Wood Pri	U11G	22.41
99	4	Olivia Mynett	Thurr	U11G	23.85

Over Under Race - Under 11 Girls - race 2

90	1	Jennie Madigan	Bas	U11G	21.56
5	2	Charlotte Fransham	Hav M	U11G	22.67
23	3	Sky Fay	Brain	U11G	22.77
2	4	Abigail Michelow	Bas	U11G	24.69

Over Under Race - Under 11 Girls - OVERALL (rounded up to next tenth)

10	1	Hannah Bardo	Chelm	U11G	20.4
4	2	Anna Noakes	Thurr	U11G	21.0
90	3	Jennie Madigan	Bas	U11G	21.6
1	4	Abena Oteng	Grove Wood Pri	U11G	22.5
5	5	Charlotte Fransham	Hav M	U11G	22.7
23	6	Sky Fay	Brain	U11G	22.8
99	7	Olivia Mynett	Thurr	U11G	23.9
2	8	Abigail Michelow	Bas	U11G	24.7

One Lap Race - U11 Girls



One Lap - Under 11 Girl - race 1

13	1	Jessica Smith	Thurr	U11G	12.72
8	2	Felicity Galbally	Bas	U11G	13.09
4	3	Anna Noakes	Thurr	U11G	13.40

One Lap - Under 11 Girl - race 2

10	1	Hannah Bardo	Chelm	U11G	12.54
5	2	Charlotte Fransham	Hav M	U11G	12.93
18	3	Millie Hodges	Hav M	U11G	13.00
17	4	Meredith Thompson	Brain	U11G	15.05

One Lap - Under 11 Girl - race 3

19	1	Molly Sweetman	Hav M	U11G	12.55
11	2	Hannah Panchal	Engayne Pri	U11G	12.96
16	3	Mary Carter	Upm Jnr	U11G	13.33
6	4	Charlotte McCoy	Brain	U11G	14.98

One Lap - Under 11 Girl - race 4

21	1	Phoebe Wiseman	Wentworth Pri	U11G	13.10
22	2	Sarah Blockley	Bas	U11G	13.13
7	3	Emily Kinder	Oakfields Sch	U11G	14.67

One Lap - Under 11 Girl - race 5

9	1	Grace Newson	Hav M	U11G	12.76
24	2	Jemma Clarke	Benf	U11G	13.34
25	3	Ella Wigul	Woodford	U11G	13.90
14	4	Joanna Wright	Upm Jnr	U11G	15.59

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No.	Pos	Name	Club/School	Age Group	Performance
One Lap - Under 11 Girl - race 6					
47	1	Robyn Alderman	Bas	U11G	12.63
75	2	Kiera Hornsby	Brain	U11G	13.05
48	3	Isabelle Douglas-Ward	Kents Hill Jnr	U11G	13.53
One Lap - Under 11 Girls - OVERALL (rounded up to next tenth)					
10	1	Hannah Bardo	Chelm	U11G	12.6
19	2	Molly Sweetman	Hav M	U11G	12.6
47	3	Robyn Alderman	Bas	U11G	12.7
13	4	Jessica Smith	Thurr	U11G	12.8
9	5	Grace Newson	Hav M	U11G	12.8
5	6	Charlotte Fransham	Hav M	U11G	13.0
11	7	Hannah Panchal	Engayne Pri	U11G	13.0
18	8	Millie Hodges	Hav M	U11G	13.0
75	9	Kiera Hornsby	Brain	U11G	13.1
8	10	Felicity Galbally	Bas	U11G	13.1
21	11	Phoebe Wiseman	Wentworth Pri	U11G	13.1
22	12	Sarah Blockley	Bas	U11G	13.2
16	13	Mary Carter	Upm Jnr	U11G	13.4
24	14	Jemma Clarke	Benf	U11G	13.4
4	15	Anna Noakes	Thurr	U11G	13.4
48	16	Isabelle Douglas-Ward	Kents Hill Jnr	U11G	13.6
25	17	Ella Wigul	Woodford	U11G	13.9
7	18	Emily Kinder	Oakfields Sch	U11G	14.7
6	19	Charlotte McCoy	Brain	U11G	15.0
17	20	Meredith Thompson	Brain	U11G	15.1
14	21	Joanna Wright	Upm Jnr	U11G	15.6

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No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U11 Girls



Two Lap - Under 11 Girls - race 1

8	1	Felicity Galbally	Bas	U11G	24.61
13	2	Jessica Smith	Thurr	U11G	24.91
20	3	Ndidikama Okoh	Chelm	U11G	25.84
1	4	Abena Oteng	Grove Wood Pri	U11G	25.89

Two Lap - Under 11 Girls - race 2

19	1	Molly Sweetman	Hav M	U11G	25.47
22	2	Sarah Blockley	Bas	U11G	25.68
118	3	Emily Kidd	Bas	U11G	26.00
3	4	Abigail Peacham	Brain	U11G	26.41

Two Lap - Under 11 Girls - race 3

9	1	Grace Newson	Hav M	U11G	24.79
18	2	Millie Hodges	Hav M	U11G	25.15
48	3	Isabelle Douglas-Ward	Kents Hill Jnr	U11G	26.09

Two Lap - Under 11 Girls - race 4

21	1	Phoebe Wiseman	Wentworth Pri	U11G	26.26
11	2	Hannah Panchal	Engayne Pri	U11G	26.42
16	3	Mary Carter	Upm Jnr	U11G	27.11
24	4	Jemma Clarke	Benf	U11G	27.21

Two Lap - Under 11 Girls - race 5

75	1	Kiera Hornsby	Brain	U11G	25.76
121	2	Hannah Shultz	Bas	U11G	26.38
120	3	Lydia Mwanza	Benyon Primary	U11G	26.83
94	4	Sophie Wetheridge	Bas	U11G	27.23

Two Lap - Under 11 Girls - race 6

47	1	Robyn Alderman	Bas	U11G	25.37
90	2	Jennie Madigan	Bas	U11G	27.38
93	3	Mae Wickham	Bas	U11G	27.7

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
Two Lap - Under 11 Girls - Overall (rounded up to next tenth)					
8	1	Felicity Galbally	Bas	U11G	24.7
9	2	Grace Newson	Hav M	U11G	24.8
13	3	Jessica Smith	Thurr	U11G	25.0
18	4	Millie Hodges	Hav M	U11G	25.2
47	5	Robyn Alderman	Bas	U11G	25.4
19	6	Molly Sweetman	Hav M	U11G	25.5
22	7	Sarah Blockley	Bas	U11G	25.7
75	8	Kiera Hornsby	Brain	U11G	25.8
20	9	Ndidikama Okoh	Chelm	U11G	25.9
1	10	Abena Oteng	Grove Wood Pri	U11G	25.9
118	11	Emily Kidd	Bas	U11G	26.0
48	12	Isabelle Douglas-Ward	Kents Hill Jnr	U11G	26.1
21	13	Phoebe Wiseman	Wentworth Pri	U11G	26.3
121	14	Hannah Shultz	Bas	U11G	26.4
3	15	Abigail Peacham	Brain	U11G	26.5
11	16	Hannah Panchal	Engayne Pri	U11G	26.5
120	17	Lydia Mwanza	Benyon Primary	U11G	26.9
16	18	Mary Carter	Upm Jnr	U11G	27.2
24	19	Jemma Clarke	Benf	U11G	27.3
94	20	Sophie Wetheridge	Bas	U11G	27.3
90	21	Jennie Madigan	Bas	U11G	27.4
93	22	Mae Wickham	Bas	U11G	27.7

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Girls



Two Lap - Under 13 Girls - race 1

64	1	Isobel McDonach	Hav M	U13G	23.25
65	2	Josie Waddams	Hav M	U13G	23.53
54	3	Amy Day	Chelm	U13G	23.9
55	4	Brogan Ravenall	S'end	U13G	24.21

Two Lap - Under 13 Girls race 2

63	1	Isabella Purdie	Hav M	U13G	23.96
70	2	Shannon Dooley	Hav M	U13G	24.46
69	3	Rochelle Constable	Hav M	U13G	24.67
62	4	Hollie King	Hav M	U13G	25.17

Two Lap - Under 13 Girls- race 3

61	1	Emily Spencer	Gt Baddow HS	U13G	24.08
67	2	Lucy Scrutton	Hav M	U13G	24.29
87	3	Jessie Norcott	Thurr	U13G	24.66

Two Lap - Under 13 Girls - race 4

72	1	Yasmin Robinson	Benf	U13G	24.30
71	2	Xanthe Davis	Brain	U13G	25.64
59	3	Elizabeth Adams	Hav M	U13G	26.45
51	4	Alys Frampton	Chelm	U13G	26.83

Two Lap - Under 13 Girls- race 5

68	1	Maddie Reynolds	Hav M	U13G	26.06
53	2	Amelia Owers	Hav M	U13G	28.20
52	3	Amelia Day	Hav M	U13G	29.10

Two Lap - Under 13 Girls - race 6

73	1	Grace Okunola	Thurr	U13G	23.71
88	2	Shannon Coombs	Thurr	U13G	25.01
95	3	Seniz Jessener	Thurr	U13G	25.37

Two Lap - Under 13 Girls OVERALL (rounded up to next tenth)

64	1	Isobel McDonach	Hav M	U13G	23.3
65	2	Josie Waddams	Hav M	U13G	23.6
73	3	Grace Okunola	Thurr	U13G	23.8
54	4	Amy Day	Chelm	U13G	23.9
63	5	Isabella Purdie	Hav M	U13G	24.0
61	6	Emily Spencer	Gt Baddow HS	U13G	24.1
55	7	Brogan Ravenall	S'end	U13G	24.3
67	8	Lucy Scrutton	Hav M	U13G	24.3
72	9	Yasmin Robinson	Benf	U13G	24.3
70	10	Shannon Dooley	Hav M	U13G	24.5
87	11	Jessie Norcott	Thurr	U13G	24.7
69	12	Rochelle Constable	Hav M	U13G	24.7
88	13	Shannon Coombs	Thurr	U13G	25.1
62	14	Hollie King	Hav M	U13G	25.2
95	15	Seniz Jessener	Thurr	U13G	25.4
71	16	Xanthe Davis	Brain	U13G	25.7
68	17	Maddie Reynolds	Hav M	U13G	26.1
59	18	Elizabeth Adams	Hav M	U13G	26.5
51	19	Alys Frampton	Chelm	U13G	26.9
53	20	Amelia Owers	Hav M	U13G	28.2
52	21	Amelia Day	Hav M	U13G	29.1

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No.	Pos	Name	Club/School	Age Group	Performance
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4 Lap Race - U13 Girls

Sportshall

Four Lap - Under 13 Girls- race 1

57	1	Elena March	Thurr	U13G	50.93
72	2	Yasmin Robinson	Benf	U13G	53.27
68	3	Maddie Reynolds	Hav M	U13G	55.19
62	4	Hollie King	Hav M	U13G	56.2

Four Lap - Under 13 Girls- race 2

91	1	Katie Dawson	Hav M	U15G	51.91
60	2	Ellie Sheppard	Chelm	U13G	53.51
66	3	Lucy Brown	Bas	U13G	53.77
71	4	Xanthe Davis	Brain	U13G	53.98

Four Lap - Under 13 Girls- race 3

88	1	Shannon Coombs	Thurr	U13G	52.02
63	2	Isabella Purdie	Hav M	U13G	52.65
86	3	Sampritha Sivakumar	Bas	U13G	53.53

Four Lap - Under 13 Girls OVERALL (rounded up to next tenth)

57	1	Elena March	Thurr	U13G	51.0
91	2	Katie Dawson	Hav M	U15G	52.0
88	3	Shannon Coombs	Thurr	U13G	52.1
63	4	Isabella Purdie	Hav M	U13G	52.7
72	5	Yasmin Robinson	Benf	U13G	53.3
60	6	Ellie Sheppard	Chelm	U13G	53.6
86	7	Sampritha Sivakumar	Bas	U13G	53.6
66	8	Lucy Brown	Bas	U13G	53.8
71	9	Xanthe Davis	Brain	U13G	54.0
68	10	Maddie Reynolds	Hav M	U13G	55.2
62	11	Hollie King	Hav M	U13G	56.2

6 Lap Race - U13 Girls

Sportshall

Six Lap - Under 13 Girls

56	1	Courtney Gordon	Brain	U13G	1.30.2
58	2	Eliza Elvidge	Benf	U13G	1.33.0
66	3	Lucy Brown	Bas	U13G	1.34.2

(times as taken at 6 laps, athletes ran 7 laps due to an error)

2 Lap Race - U15 Girls

Sportshall

Two Lap - Under 15 Girls

92	1	Chenice Constable	Hav M	U15G	23.4
91	2	Katie Dawson	Hav M	U15G	24.0

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No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Boys



32	1	Jairzinho Morris	Nelmes Pri	U11B	6.50
41	2	Max Law	Hav M	U11B	6.50
26	3	Daniel Knight	Thurr	U11B	6.50
34	4	Jamie Simmons	Thurr	U11B	5.75
33	5	James Adams	Hav M	U11B	5.75
31	6	Henry Lay	Engayne Pri	U11B	5.50
39	7	Lewis Blow	Bas	U11B	5.25
44	8	Thomas Ray	Bas	U11B	5.00
74	9	Cameron McMeekin	Bas	U11B	4.75

Vertical Jump - U11 Boys



38	1	Kyle Constable	Ardleigh Gn Jnr	U11B	46
42	2	Ricardo Almeida	Benf	U11B	44
45	3	Tom Keen	Brain	U11B	39
27	4	Edward Laughlin	Hav M	U11B	36
119	5	Victor Hughes	Thurr	U11B	35

Speed Bounce - U11 Boys



41	1	Max Law	Hav M	U11B	58
27	2	Edward Laughlin	Hav M	U11B	54
38	3	Kyle Constable	Ardleigh Gn Jnr	U11B	52
119	4	Victor Hughes	Thurr	U11B	48
40	5	Matthew Cook	Scargill Jnr	U11B	47
30	6	Harry Worsfold	Thurr	U11B	45
122	7	Luke Boswell	Holly Trees	U11B	42
36	8	Joseph Hunt	Bas	U11B	41
37	9	Judd Hayworth	Bas	U11B	40
42	10	Ricardo Almeida	Benf	U11B	40
29	11	Harry Sampson	Benf	U11B	39
43	12	Samuel Armsden	Grange Primary	U11B	36

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Long Jump - U11 Boys

Sportshall

32	1	Jairzinho Morris	Nelmes Pri	U11B	2.02
38	2	Kyle Constable	Ardleigh Gn Jnr	U11B	1.84
41	3	Max Law	Hav M	U11B	1.76
29	4	Harry Sampson	Benf	U11B	1.74
26	5	Daniel Knight	Thurr	U11B	1.66
42	6	Ricardo Almeida	Benf	U11B	1.62
30	7	Harry Worsfold	Thurr	U11B	1.55
40	8	Matthew Cook	Scargill Jnr	U11B	1.54
37	9	Judd Hayworth	Bas	U11B	1.52
45	10	Tom Keen	Brain	U11B	1.48
36	11	Joseph Hunt	Bas	U11B	1.48
34	12	Jamie Simmons	Thurr	U11B	1.47
122	13	Luke Boswell	Holly Trees	U11B	1.42
31	14	Henry Lay	Engayne Pri	U11B	1.39
43	15	Samuel Armsden	Grange Primary	U11B	1.37
44	16	Thomas Ray	Bas	U11B	1.35
74	17	Cameron McMeekin	Bas	U11B	1.35
39	18	Lewis Blow	Bas	U11B	1.32

Hi Stepper - U11 Boys

Sportshall

28	1	Freddie Trevanion	Brain	U11B	31.7
45	2	Tom Keen	Brain	U11B	32.7

Standing Triple Jump - U11 Boys

Sportshall

28	1	Freddie Trevanion	Brain	U11B	5.62
41	2	Max Law	Hav M	U11B	5.40

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Girls



2	1	Abigail Michelow	Bas	U11G	5.00
75	2	Kiera Hornsby	Brain	U11G	5.00
3	3	Abigail Peacham	Brain	U11G	4.75
121	4	Hannah Shultz	Bas	U11G	4.50
93	5	Mae Wickham	Bas	U11G	4.50
6	6	Charlotte McCoy	Brain	U11G	4.25
48	7	Isabelle Douglas-Ward	Kents Hill Jnr	U11G	4.25

Speed Bounce - U11 Girls



3	1	Abigail Peacham	Brain	U11G	52
1	2	Abena Oteng	Grove Wood Pri	U11G	50
20	2	Ndidikama Okoh	Chelm	U11G	50
8	4	Felicity Galbally	Bas	U11G	48
19	4	Molly Sweetman	Hav M	U11G	48
9	6	Grace Newson	Hav M	U11G	46
13	6	Jessica Smith	Thurr	U11G	46
18	6	Millie Hodges	Hav M	U11G	46
47	6	Robyn Alderman	Bas	U11G	46
121	6	Hannah Shultz	Bas	U11G	46
5	11	Charlotte Fransham	Hav M	U11G	45
21	12	Phoebe Wiseman	Wentworth Pri	U11G	44
90	13	Jennie Madigan	Bas	U11G	43
94	13	Sophie Wetheridge	Bas	U11G	43
2	15	Abigail Michelow	Bas	U11G	42
14	15	Joanna Wright	Upm Jnr	U11G	42
25	15	Ella Wigul	Woodford	U11G	42
118	15	Emily Kidd	Bas	U11G	42
17	19	Meredith Thompson	Brain	U11G	41
22	19	Sarah Blockley	Bas	U11G	41
23	19	Sky Fay	Brain	U11G	41
99	22	Olivia Mynett	Thurr	U11G	38
11	23	Hannah Panchal	Engayne Pri	U11G	37
93	24	Mae Wickham	Bas	U11G	34
7	25	Emily Kinder	Oakfields Sch	U11G	31

Standing Triple Jump - U11 Girls



23	1	Sky Fay	Brain	U11G	5.93
20	2	Ndidikama Okoh	Chelm	U11G	5.17
16	3	Mary Carter	Upm Jnr	U11G	4.79
120	4	Lydia Mwanza	Benyon Primary	U11G	4.78
94	5	Sophie Wetheridge	Bas	U11G	3.82

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Long Jump - U11 Girls



1	1	Abena Oteng	Grove Wood Pri	U11G	1.76
4	2	Anna Noakes	Thurr	U11G	1.69
20	3	Ndidikama Okoh	Chelm	U11G	1.65
5	4	Charlotte Fransham	Hav M	U11G	1.63
3	5	Abigail Peacham	Brain	U11G	1.61
47	6	Robyn Alderman	Bas	U11G	1.56
9	7	Grace Newson	Hav M	U11G	1.55
21	8	Phoebe Wiseman	Wentworth Pri	U11G	1.54
19	9	Molly Sweetman	Hav M	U11G	1.52
8	10	Felicity Galbally	Bas	U11G	1.50
118	11	Emily Kidd	Bas	U11G	1.46
2	12	Abigail Michelow	Bas	U11G	1.44
75	13	Kiera Hornsby	Brain	U11G	1.38
48	14	Isabelle Douglas-Ward	Kents Hill Jnr	U11G	1.38
25	15	Ella Wigul	Woodford	U11G	1.38
7	16	Emily Kinder	Oakfields Sch	U11G	1.36
94	17	Sophie Wetheridge	Bas	U11G	1.36
93	18	Mae Wickham	Bas	U11G	1.32
90	19	Jennie Madigan	Bas	U11G	1.32
24	20	Jemma Clarke	Benf	U11G	1.31
6	21	Charlotte McCoy	Brain	U11G	1.30
17	22	Meredith Thompson	Brain	U11G	1.19

Vertical Jump - U11 Girls



18	1	Millie Hodges	Hav M	U11G	47
25	2	Ella Wigul	Woodford	U11G	46
13	3	Jessica Smith	Thurr	U11G	45
10	4	Hannah Bardo	Chelm	U11G	44
99	5	Olivia Mynett	Thurr	U11G	37
22	6	Sarah Blockley	Bas	U11G	36
11	7	Hannah Panchal	Engayne Pri	U11G	35
121	8	Hannah Shultz	Bas	U11G	35
118	9	Emily Kidd	Bas	U11G	31
17	10	Meredith Thompson	Brain	U11G	30
14	11	Joanna Wright	Upm Jnr	U11G	28

Hi Stepper - U11 Girls



120	1	Lydia Mwanza	Benyon Primary	U11G	33.6
10	2	Hannah Bardo	Chelm	U11G	35.6
23	3	Sky Fay	Brain	U11G	35.7
99	4	Olivia Mynett	Thurr	U11G	35.8
4	5	Anna Noakes	Thurr	U11G	36.8
16	6	Mary Carter	Upm Jnr	U11G	37.0
14	7	Joanna Wright	Upm Jnr	U11G	37.7
24	8	Jemma Clarke	Benf	U11G	38.1
7	9	Emily Kinder	Oakfields Sch	U11G	41.3

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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Shot Putt - U13 Boys



50	1	Charlie Splarn	Thurr	U13B	7.78
78	2	Harley Whittlestone	CCC Sch	U13B	6.91
98	3	Thomas Wakeling	Thurr	U13B	6.59
83	4	Oliver Wiseman	Chelm	U13B	5.09
79	5	James Perkins	Bas	U13B	4.94
84	6	Sam Coombes	Chelm	U13B	4.90
46	7	Sam Rawlinson	Chelm	U13B	4.59
100	8	Kian Culham	Brain	U13B	4.32
80	9	Joseph Raison	Hav M	U13B	3.05

Speed Bounce - U13 Boys



100	1	Kian Culham	Brain	U13B	80
81	2	Myles Peacham	Brain	U13B	74
77	3	Billy Barker	CCC Sch	U13B	72
84	4	Sam Coombes	Chelm	U13B	69
76	5	Bailey Ramsey	CCC Sch	U13B	64
82	6	Oliver Morte	Hav M	U13B	64
78	7	Harley Whittlestone	CCC Sch	U13B	63
123	8	Chris Agyeman	Woodford	U13B	60
89	9	Jack Earlam	CCC Sch	U13B	59
85	9	William Lynes	Brain	U13B	54

Standing Long Jump - U13 Boys



123	1	Chris Agyeman	Woodford	U13B	2.01
83	2	Oliver Wiseman	Chelm	U13B	1.76
80	3	Joseph Raison	Hav M	U13B	1.60
85	4	William Lynes	Brain	U13B	1.44
100	5	Kian Culham	Brain	U13B	1.28

Standing Triple Jump - U13 Boys



50	1	Charlie Splarn	Thurr	U13B	7.06
123	2	Chris Agyeman	Woodford	U13B	7.00
98	3	Thomas Wakeling	Thurr	U13B	6.98
78	4	Harley Whittlestone	CCC Sch	U13B	6.90
81	5	Myles Peacham	Brain	U13B	6.64
82	6	Oliver Morte	Hav M	U13B	6.56
89	7	Jack Earlam	CCC Sch	U13B	6.20
77	8	Billy Barker	CCC Sch	U13B	5.98
80	9	Joseph Raison	Hav M	U13B	5.91
46	10	Sam Rawlinson	Chelm	U13B	5.62

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance	
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High Jump - U13 Boys



79	1=	James Perkins	Bas	U13B	1.15
46	1=	Sam Rawlinson	Chelm	U13B	1.15
81	3	Myles Peacham	Brain	U13B	1.15
82	4	Oliver Morter	Hav M	U13B	1.15

Vertical Jump - U13 Boys



50	1	Charlie Splarn	Thurr	U13B	55
98	2	Thomas Wakeling	Thurr	U13B	49
76	3	Bailey Ramsey	CCC Sch	U13B	45
80	4	Joseph Raison	Hav M	U13B	42
84	5	Sam Coombes	Chelm	U13B	39

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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Shot Putt - U13 Girls



64	1	Isobel McDonach	Hav M	U13G	6.95
66	2	Lucy Brown	Bas	U13G	6.53
67	3	Lucy Scrutton	Hav M	U13G	6.14
65	4	Josie Waddams	Hav M	U13G	6.10
88	5	Shannon Coombs	Thurr	U13G	5.74
87	6	Jessie Norcott	Thurr	U13G	5.66
57	7	Elena March	Thurr	U13G	5.58
71	8	Xanthe Davis	Brain	U13G	5.41
55	9	Brogan Ravenall	S'end	U13G	5.38
70	10	Shannon Dooley	Hav M	U13G	5.31
61	11	Emily Spencer	Gt Baddow HS	U13G	5.30
59	12	Elizabeth Adams	Hav M	U13G	5.21
54	13	Amy Day	Chelm	U13G	5.06
53	14	Amelia Owers	Hav M	U13G	5.00
58	15	Eliza Elvidge	Benf	U13G	4.72
51	16	Alys Frampton	Chelm	U13G	4.59
68	17	Maddie Reynolds	Hav M	U13G	4.32

Speed Bounce - U13 Girls



60	1	Ellie Sheppard	Chelm	U13G	76
64	1	Isobel McDonach	Hav M	U13G	76
69	3	Rochelle Constable	Hav M	U13G	75
63	4	Isabella Purdie	Hav M	U13G	73
73	4	Grace Okunola	Thurr	U13G	73
54	6	Amy Day	Chelm	U13G	72
86	7	Sampritha Sivakumar	Bas	U13G	70
95	8	Seniz Jessener	Thurr	U13G	69
56	9	Courtney Gordon	Brain	U13G	64
62	10	Hollie King	Hav M	U13G	63
70	11	Shannon Dooley	Hav M	U13G	57
52	12	Amelia Day	Hav M	U13G	42

Standing Long Jump - U13 Girls



69	1	Rochelle Constable	Hav M	U13G	1.92
64	2	Isobel McDonach	Hav M	U13G	1.88
55	3	Brogan Ravenall	S'end	U13G	1.87
63	4	Isabella Purdie	Hav M	U13G	1.85
57	5	Elena March	Thurr	U13G	1.80
62	6	Hollie King	Hav M	U13G	1.77
86	7	Sampritha Sivakumar	Bas	U13G	1.77
67	8	Lucy Scrutton	Hav M	U13G	1.73
58	9	Eliza Elvidge	Benf	U13G	1.72
72	10	Yasmin Robinson	Benf	U13G	1.67
68	11	Maddie Reynolds	Hav M	U13G	1.66
88	12	Shannon Coombs	Thurr	U13G	1.62
60	13	Ellie Sheppard	Chelm	U13G	1.62
56	14	Courtney Gordon	Brain	U13G	1.56
51	15	Alys Frampton	Chelm	U13G	1.41
53	16	Amelia Owers	Hav M	U13G	1.24

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Upminster, Saturday 20th October 2012

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Triple Jump - U13 Girls



54	1	Amy Day	Chelm	U13G	6.94
61	2	Emily Spencer	Gt Baddow HS	U13G	5.76
52	3	Amelia Day	Hav M	U13G	4.87

High Jump - U13 Girls



57	1	Elena March	Thurr	U13G	1.30
66	2	Lucy Brown	Bas	U13G	1.30
65	3	Josie Waddams	Hav M	U13G	1.25
67	4	Lucy Scrutton	Hav M	U13G	1.25
58	5	Eliza Elvidge	Benf	U13G	1.20
59	6	Elizabeth Adams	Hav M	U13G	1.20
51	7	Alys Frampton	Chelm	U13G	1.05

Vertical Jump - U13 Girls



73	1	Grace Okunola	Thurr	U13G	59
69	2	Rochelle Constable	Hav M	U13G	51
95	3	Seniz Jessener	Thurr	U13G	50
61	4	Emily Spencer	Gt Baddow HS	U13G	50
65	5	Josie Waddams	Hav M	U13G	48
60	6	Ellie Sheppard	Chelm	U13G	47
55	7	Brogan Ravenall	S'end	U13G	43
70	8	Shannon Dooley	Hav M	U13G	42
87	9	Jessie Norcott	Thurr	U13G	40
56	10	Courtney Gordon	Brain	U13G	37
53	11	Amelia Owers	Hav M	U13G	33
52	12	Amelia Day	Hav M	U13G	29

No.	Pos	Name	Club/School	Age Group	Performance
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Shot Putt - U15 Boys



116	1	Conor Culham	Brain	U15B	8.03
117	2	Alex Camp	Brain	U15B	7.72
97	3	Matthew Owers	Hav M	U15B	7.12
49	4	Joe Hornsby	Brain	U15B	5.62
96	5	Morgan Thompson	Brain	U15B	5.23

Speed Bounce - U15 Boys



116	1	Conor Culham	Brain	U15B	74
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Standing Long Jump - U15 Boys



97	1	Matthew Owers	Hav M	U15B	2.00
116	2	Conor Culham	Brain	U15B	1.99
96	3	Morgan Thompson	Brain	U15B	1.89
49	4	Joe Hornsby	Brain	U15B	1.88

Standing Triple Jump - U15 Boys



97	1	Matthew Owers	Hav M	U15B	7.67
49	2	Joe Hornsby	Brain	U15B	7.14
96	3	Morgan Thompson	Brain	U15B	6.81

Speed Bounce - U15 Girls



92	1	Chenice Constable	Hav M	U15G	78
91	2	Katie Dawson	Hav M	U15G	69

Standing Long Jump - U15 Girls



92	1	Chenice Constable	Hav M	U15G	2.03
91	2	Katie Dawson	Hav M	U15G	1.15

Vertical Jump - U15 Girls



92	1	Chenice Constable	Hav M	U15G	60
91	2	Katie Dawson	Hav M	U15G	47