

No.	Pos	Name	Club/School	Age Group	Performance
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Hurdles Race - U11 Boys



Hurdles Race - Under 11 Boys - race 1

71	1	Kyle Constable	Ardleigh Gn Jnr	U11B	16.00
39	2	Jamie Simmons	Thurrock	U11B	16.42
66	3	Victor Hughes	Thurrock	U11B	16.83
86	4	Samuel Armsden	Bas	U11B	16.96

Hurdles Race - Under 11 Boys - race 2

19	1	Judd Hayworth	Bas	U11B	16.36
73	2	Joseph Fogarty	Giffards Pri	U11B	16.76
28	3	Daniel Sowunmi	Thurrock	U11B	17.36
50	4	Joe Chappell	Benfleet	U11B	18.49

Hurdles Race - Under 11 Boys - OVERALL (rounded up to next tenth)

71	1	Kyle Constable	Ardleigh Gn Jnr	U11B	16.0
19	2	Judd Hayworth	Bas	U11B	16.4
39	3	Jamie Simmons	Thurrock	U11B	16.5
73	4	Joseph Fogarty	Giffards Pri	U11B	16.8
66	5	Victor Hughes	Thurrock	U11B	16.9
86	6	Samuel Armsden	Bas	U11B	17.0
28	7	Daniel Sowunmi	Thurrock	U11B	17.4
50	8	Joe Chappell	Benfleet	U11B	18.5

No.	Pos	Name	Club/School	Age Group	Performance
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1 Lap Race - U11 Boys



One Lap - Under 11 Boys - race 1

13	1	Daniel Knight	Thurrock	U11B	12.09
7	2	Ricardo Almeida	Benfleet	U11B	12.28
8	3	Harry Sampson	Benfleet	U11B	12.44
39	4	Jamie Simmons	Thurrock	U11B	13.18

One Lap - Under 11 Boys - race 2

23	1	Thomas May	Southend	U11B	12.97
30	2	Finnlay Lowe	Thurrock	U11B	13.38
40	3	Harry Parker	Thurrock	U11B	13.77
	4				

One Lap - Under 11 Boys - race 3

28	1	Daniel Sowunmi	Thurrock	U11B	13.33
56	2	Cameron McMeekin	Bas	U11B	13.50
38	3	Tom Keen	Braintree	U11B	13.7
63	4	Jamie Sargent	Benfleet	U11B	14.12

One Lap - Under 11 Boys - race 4

76	1	Harry Worsfold	Thurrock	U11B	12.04
77	2	Luke Boswell	Holly Trees Sch	U11B	12.36
64	3	Jamie Greenhalgh	Benfleet	U11B	12.58
72	4	Nathan Judd	Bas	U11B	13.49

One Lap - Under 11 Boys - OVERALL (rounded up to next tenth)

76	1	Harry Worsfold	Thurrock	U11B	12.1
13	2	Daniel Knight	Thurrock	U11B	12.1
7	3	Ricardo Almeida	Benfleet	U11B	12.3
77	4	Luke Boswell	Holly Trees Sch	U11B	12.4
8	5	Harry Sampson	Benfleet	U11B	12.5
64	6	Jamie Greenhalgh	Benfleet	U11B	12.6
23	7	Thomas May	Southend	U11B	13.0
39	8	Jamie Simmons	Thurrock	U11B	13.2
28	9	Daniel Sowunmi	Thurrock	U11B	13.4
30	10	Finnlay Lowe	Thurrock	U11B	13.4
72	11	Nathan Judd	Bas	U11B	13.5
56	12	Cameron McMeekin	Bas	U11B	13.5
38	13	Tom Keen	Braintree	U11B	13.7
40	14	Harry Parker	Thurrock	U11B	13.8
63	15	Jamie Sargent	Benfleet	U11B	14.2

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U11 Boys



Two Lap - Under 11 Boys - race 1

13	1	Daniel Knight	Thurrock	U11B	24.52
7	2	Ricardo Almeida	Benfleet	U11B	25.04
53	3	Ben Perryman	Bournes Gn Jnr	U11B	25.36
8	4	Harry Sampson	Benfleet	U11B	25.49

Two Lap - Under 11 Boys - race 2

15	1	Finn O'Reilly	St Teresas Sch	U11B	25.18
66	2	Victor Hughes	Thurrock	U11B	25.65
19	3	Judd Hayworth	Bas	U11B	26.13

Two Lap - Under 11 Boys - race 3

76	1	Harry Worsfold	Thurrock	U11B	24.81
30	2	Finnlay Lowe	Thurrock	U11B	27.07
86	3	Samuel Armsden	Bas	U11B	28.03

Two Lap - Under 11 Boys - race 4

64	1	Jamie Greenhalgh	Benfleet	U11B	25.74
73	2	Joseph Fogarty	Giffards Pri	U11B	27.79
56	3	Cameron McMeekin	Bas	U11B	27.91
63	4	Jamie Sargent	Benfleet	U11B	28.51

Two Lap - Under 11 Boys - race 5

23	1	Thomas May	Southend	U11B	26.17
40	2	Harry Parker	Thurrock	U11B	27.19
50	3	Joe Chappell	Benfleet	U11B	29.15

Two Lap - Under 11 Boys - OVERALL (rounded up to next tenth)

13	1	Daniel Knight	Thurrock	U11B	24.6
76	2	Harry Worsfold	Thurrock	U11B	24.9
7	3	Ricardo Almeida	Benfleet	U11B	25.1
15	4	Finn O'Reilly	St Teresas Sch	U11B	25.2
53	5	Ben Perryman	Bournes Gn Jnr	U11B	25.4
8	6	Harry Sampson	Benfleet	U11B	25.5
66	7	Victor Hughes	Thurrock	U11B	25.7
64	8	Jamie Greenhalgh	Benfleet	U11B	25.8
19	9	Judd Hayworth	Bas	U11B	26.2
23	10	Thomas May	Southend	U11B	26.2
30	11	Finnlay Lowe	Thurrock	U11B	27.1
40	12	Harry Parker	Thurrock	U11B	27.2
73	13	Joseph Fogarty	Giffards Pri	U11B	27.8
56	14	Cameron McMeekin	Bas	U11B	28.0
86	15	Samuel Armsden	Bas	U11B	28.1
63	16	Jamie Sargent	Benfleet	U11B	28.6
50	17	Joe Chappell	Benfleet	U11B	29.2

No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Boys

Sportshall

13	1	Daniel Knight	Thurrock	U11B	6.75
86	2	Samuel Armsden	Bas	U11B	6.00
73	3	Joseph Fogarty	Giffards Pri	U11B	6.00
19	4	Judd Hayworth	Bas	U11B	5.50
56	5	Cameron McMeekin	Bas	U11B	5.50
30	6	Finnlay Lowe	Thurrock	U11B	5.25
72	7	Nathan Judd	Bas	U11B	4.75
40	8	Harry Parker	Thurrock	U11B	4.75
50	9	Joe Chappell	Benfleet	U11B	4.50

Vertical Jump - U11 Boys

Sportshall

71	1	Kyle Constable	Arleigh Gn Jnr	U11B	43
7	2	Ricardo Almeida	Benfleet	U11B	42
8	3	Harry Sampson	Benfleet	U11B	38
53	4	Ben Perryman	Bournes Gn Jnr	U11B	37
38	5	Tom Keen	Braintree	U11B	36
66	6	Victor Hughes	Thurrock	U11B	34
63	7	Jamie Sargent	Benfleet	U11B	32
86	8	Samuel Armsden	Bas	U11B	32

Speed Bounce - U11 Boys

Sportshall

71	1	Kyle Constable	Arleigh Gn Jnr	U11B	52
53	2	Ben Perryman	Bournes Gn Jnr	U11B	48
23	3	Thomas May	Southend	U11B	47
7	4	Ricardo Almeida	Benfleet	U11B	45
38	4	Tom Keen	Braintree	U11B	45
15	6	Finn O'Reilly	St Teresas Sch	U11B	44
64	6	Jamie Greenhalgh	Benfleet	U11B	44
66	8	Victor Hughes	Thurrock	U11B	41
77	8	Luke Boswell	Holly Trees Sch	U11B	41
8	10	Harry Sampson	Benfleet	U11B	39
63	11	Jamie Sargent	Benfleet	U11B	34

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Long Jump - U11 Boys

Sportshall

13	1	Daniel Knight	Thurrock	U11B	2.00
71	1	Kyle Constable	Ardleigh Gn Jnr	U11B	2.00
53	3	Ben Perryman	Bournes Gn Jnr	U11B	1.95
8	4	Harry Sampson	Benfleet	U11B	1.95
72	5	Nathan Judd	Bas	U11B	1.90
15	6	Finn O'Reilly	St Teresas Sch	U11B	1.90
63	7	Jamie Sargent	Benfleet	U11B	1.85
76	8	Harry Worsfold	Thurrock	U11B	1.85
38	9	Tom Keen	Braintree	U11B	1.80
73	10	Joseph Fogarty	Giffards Pri	U11B	1.80
77	11	Luke Boswell	Holly Trees Sch	U11B	1.75
39	12	Jamie Simmons	Thurrock	U11B	1.75
28	13	Daniel Sowunmi	Thurrock	U11B	1.65
56	14	Cameron McMeekin	Bas	U11B	1.60
40	15	Harry Parker	Thurrock	U11B	1.60
50	16	Joe Chappell	Benfleet	U11B	1.60
23	17	Thomas May	Southend	U11B	1.55

Hi Stepper - U11 Boys

Sportshall

76	1	Harry Worsfold	Thurrock	U11B	31.6
39	2	Jamie Simmons	Thurrock	U11B	35.4
38	3	Tom Keen	Braintree	U11B	36.4
28	4	Daniel Sowunmi	Thurrock	U11B	39.2

Standing Triple Jump - U11 Boys

Sportshall

15	1	Finn O'Reilly	St Teresas Sch	U11B	5.24
64	2	Jamie Greenhalgh	Benfleet	U11B	5.14
38	3	Tom Keen	Braintree	U11B	4.90
30	4	Finnlay Lowe	Thurrock	U11B	4.42
19	5	Judd Hayworth	Bas	U11B	4.16
72	6	Nathan Judd	Bas	U11B	3.92

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Boys



Two Lap - Under 13 Boys - race 1

87	1	Charlie Splarn	Thurr	U13B	24.16
83	2	Jasper Wiblin	Shoeburyness HS	U13B	24.25
81	3	Josh Boswell	Anglo European Sch	U13B	26.65

Two Lap - Under 13 Boys - race 2

41	1	Sam Coombes	Chelms	U13B	24.93
82	2	Stephen Ayton	Bas	U13B	27.08
49	3	Kian Culham	Braintree	U13B	27.47

Two Lap - Under 13 Boys - OVERALL (rounded up to next tenth)

87	1	Charlie Splarn	Thurr	U13B	24.2
83	2	Jasper Wiblin	Shoeburyness HS	U13B	24.3
41	3	Sam Coombes	Chelms	U13B	25.0
81	4	Josh Boswell	Anglo European Sch	U13B	26.7
82	5	Stephen Ayton	Bas	U13B	27.1
49	6	Kian Culham	Braintree	U13B	27.5

6 Lap Race - U13 Boys



Six Lap - Under 13 Boys - race 1

59	1	Sam Rawlinson	Chelms	U13B	1:26.0
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Shot Putt - U13 Boys



87	1	Charlie Splarn	Thurr	U13B	7.65
59	2	Sam Rawlinson	Chelms	U13B	4.12
49	3	Kian Culham	Braintree	U13B	3.90

Speed Bounce - U13 Boys



41	1	Sam Coombes	Chelms	U13B	77
49	2	Kian Culham	Braintree	U13B	74
9	3	Ellis Rankin	Benfleet	U13B	66
83	4	Jasper Wiblin	Shoeburyness HS	U13B	64
82	5	Stephen Ayton	Bas	U13B	64

Standing Long Jump - U13 Boys



87	1	Charlie Splarn	Thurr	U13B	2.05
83	2	Jasper Wiblin	Shoeburyness HS	U13B	1.90
59	3	Sam Rawlinson	Chelms	U13B	1.85
81	4	Josh Boswell	Anglo European Sch	U13B	1.75
9	5	Ellis Rankin	Benfleet	U13B	1.65
49	6	Kian Culham	Braintree	U13B	1.45

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Triple Jump - U13 Boys



82	1	Stephen Ayton	Bas	U13B	4.56
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High Jump - U13 Boys



59	1	Sam Rawlinson	Chelms	U13B	1.20
41	2	Sam Coombes	Chelms	U13B	1.11
81	3	Josh Boswell	Anglo European Sch	U13B	1.05

Vertical Jump - U13 Boys



87	1	Charlie Splarn	Thurr	U13B	49
41	2	Sam Coombes	Chelms	U13B	38

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U15 Boys

Sportshall

Two Lap - Under 13 Boys

54	1	Matthew Owers	Hav M	U15B	23.3
46	2	Randy Chuttur	Tabor Sci Coll	U15B	23.4
45	3	Warren Chuttur	Tabor Sci Coll	U15B	28.2

4 Lap Race - U15 Boys

Sportshall

48	1	Conor Culham	Braintree	U15B	50.4
45	2	Warren Chuttur	Tabor Sci Coll	U15B	51.1

Shot Putt - U15 Boys

Sportshall

48	1	Conor Culham	Braintree	U15B	7.71
54	2	Matthew Owers	Hav M	U15B	7.12

Speed Bounce - U15 Boys

Sportshall

45	1	Warren Chuttur	Tabor Sci Coll	U15B	77
48	2	Conor Culham	Braintree	U15B	76
46	3	Randy Chuttur	Tabor Sci Coll	U15B	68

Standing Long Jump - U15 Boys

Sportshall

54	1	Matthew Owers	Hav M	U15B	2.25
48	2	Conor Culham	Braintree	U15B	2.15
46	3	Randy Chuttur	Tabor Sci Coll	U15B	2.10

Standing Triple Jump - U15 Boys

Sportshall

54	1	Matthew Owers	Hav M	U15B	6.9
46	2	Randy Chuttur	Tabor Sci Coll	U15B	6.32
45	3	Warren Chuttur	Tabor Sci Coll	U15B	6.22

No.	Pos	Name	Club/School	Age Group	Performance
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Hurdles Race - U11 Girls



Hurdles Race - Under 11 Girls - race 1

58	1	Abena Oteng	Groveswood Pri	U11G	15.37
12	2	Hannah Bardo	Chelms	U11G	16.20
36	3	Amy Nash	Hav M	U11G	16.49
52	4	Isabelle Douglas-Ward	Bas	U11G	17.25

Hurdles Race - Under 11 Girls - race 2

70	1	Eleanor Benjamin-White	Groveswood Pri	U11G	16.65
78	2	Jennie Madigan	Bas	U11G	17.43
51	3	Victoria Walsh-Herranz	Bas	U11G	18.40
24	4	Amy Poulter	Bas	U11G	20.29

Hurdles Race - Under 11 Girls - OVERALL (rounded up to next tenth)

58	1	Abena Oteng	Groveswood Pri	U11G	15.4
12	2	Hannah Bardo	Chelms	U11G	16.2
36	3	Amy Nash	Hav M	U11G	16.5
70	4	Eleanor Benjamin-White	Groveswood Pri	U11G	16.7
52	5	Isabelle Douglas-Ward	Bas	U11G	17.3
78	6	Jennie Madigan	Bas	U11G	17.5
51	7	Victoria Walsh-Herranz	Bas	U11G	18.4
24	8	Amy Poulter	Bas	U11G	20.3

One Lap Race - U11 Girls



One Lap - Under 11 Girl - race 1

31	1	Jessica Smith	Thurrock	U11G	12.08
16	2	Molly Sweetman	Hav M	U11G	12.46
12	3	Hannah Bardo	Chelms	U11G	13.01

One Lap - Under 11 Girl - race 2

4	1	Felicity Galbally	Bas	U11G	12.74
52	2	Isabelle Douglas-Ward	Bas	U11G	13.04
74	3	Chloe Jordan	Edwards Hall Sch	U11G	13.08

One Lap - Under 11 Girl - race 3

75	1	Ella Wigul	Woodford Gn	U11G	13.33
51	2	Victoria Walsh-Herranz	Bas	U11G	13.64
17	3	Emily Kinder	Oakfields	U11G	14.64
24	4	Amy Poulter	Bas	U11G	15.72

One Lap - Under 11 Girl - race 4

43	1	Hannah Smith	Braintree	U11G	12.68
10	2	Melody Rankin	Benfleet	U11G	12.86
29	3	Poppy Goldsmith	Bas	U11G	13.10
84	4	Lydia Wiblin	Bournes Gn Jnr	U11G	13.31

ESSEX ATHLETICS NETWORK -

Sportshall Indoor Athletics Competition

Southend High School for Girls, Saturday 10th November 2012



No.	Pos	Name	Club/School	Age Group	Performance
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One Lap - Under 11 Girls - OVERALL (rounded up to next tenth)

31	1	Jessica Smith	Thurrock	U11G	12.1
16	2	Molly Sweetman	Hav M	U11G	12.5
43	3	Hannah Smith	Braintree	U11G	12.7
4	4	Felicity Galbally	Bas	U11G	12.8
10	5	Melody Rankin	Benfleet	U11G	12.9
12	6	Hannah Bardo	Chelms	U11G	13.1
52	7	Isabelle Douglas-Ward	Bas	U11G	13.1
74	8	Chloe Jordan	Edwards Hall Sch	U11G	13.1
29	9	Poppy Goldsmith	Bas	U11G	13.1
84	10	Lydia Wiblin	Bournes Gn Jnr	U11G	13.4
75	11	Ella Wigul	Woodford Gn	U11G	13.4
51	12	Victoria Walsh-Herranz	Bas	U11G	13.7
17	13	Emily Kinder	Oakfields	U11G	14.7
24	14	Amy Poulter	Bas	U11G	15.8

2 Lap Race - U11 Girls



Two Lap - Under 11 Girls - race 1

16	1	Molly Sweetman	Hav M	U11G	25.31
4	2	Felicity Galbally	Bas	U11G	25.54
31	3	Jessica Smith	Thurrock	U11G	25.65

Two Lap - Under 11 Girls - race 2

20	1	Ndidikama Okoh	Chelms	U11G	26.21
29	2	Poppy Goldsmith	Bas	U11G	26.36
78	3	Jennie Madigan	Bas	U11G	27.31

Two Lap - Under 11 Girls - race 3

74	1	Chloe Jordan	Edwards Hall Sch	U11G	26.50
80	2	Megan Penfold	Orion Harriers	U11G	26.70
85	3	Lily Yates	Bas	U11G	29.01

Two Lap - Under 11 Girls - Overall (rounded up to next tenth)

16	1	Molly Sweetman	Hav M	U11G	25.4
4	2	Felicity Galbally	Bas	U11G	25.6
31	3	Jessica Smith	Thurrock	U11G	25.7
20	4	Ndidikama Okoh	Chelms	U11G	26.3
29	5	Poppy Goldsmith	Bas	U11G	26.4
74	6	Chloe Jordan	Edwards Hall Sch	U11G	26.5
80	7	Megan Penfold	Orion Harriers	U11G	26.7
78	8	Jennie Madigan	Bas	U11G	27.4
85	9	Lily Yates	Bas	U11G	29.1

No.	Pos	Name	Club/School	Age Group	Performance
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Chest Push - U11 Girls



58	1	Abena Oteng	Groveswood Pri	U11G	7.50
85	2	Lily Yates	Bas	U11G	7.25
70	3	Eleanor Benjamin-White	Groveswood Pri	U11G	6.00

Speed Bounce - U11 Girls



36	1	Amy Nash	Hav M	U11G	57
43	2	Hannah Smith	Braintree	U11G	54
4	3	Felicity Galbally	Bas	U11G	52
16	4	Molly Sweetman	Hav M	U11G	51
20	5	Ndidikama Okoh	Chelms	U11G	50
58	5	Abena Oteng	Groveswood Pri	U11G	50
31	7	Jessica Smith	Thurrock	U11G	45
75	7	Ella Wigul	Woodford Gn	U11G	45
74	7	Chloe Jordan	Edwards Hall Sch	U11G	45
29	10	Poppy Goldsmith	Bas	U11G	44
84	10	Lydia Wiblin	Bournes Gn Jnr	U11G	44
24	12	Amy Poulter	Bas	U11G	40
78	12	Jennie Madigan	Bas	U11G	40
52	14	Isabelle Douglas-Ward	Bas	U11G	36
70	14	Eleanor Benjamin-White	Groveswood Pri	U11G	36
17	16	Emily Kinder	Oakfields	U11G	26

Standing Triple Jump - U11 Girls



80	1	Megan Penfold	Orion Harriers	U11G	5.28
43	2	Hannah Smith	Braintree	U11G	5.27
20	3	Ndidikama Okoh	Chelms	U11G	5.24
70	4	Eleanor Benjamin-White	Groveswood Pri	U11G	4.83
85	5	Lily Yates	Bas	U11G	4.62

No.	Pos	Name	Club/School	Age Group	Performance
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Standing Long Jump - U11 Girls

Sportshall

43	1	Hannah Smith	Braintree	U11G	2.05
58	2	Abena Oteng	Groewood Pri	U11G	2.00
20	3	Ndidikama Okoh	Chelms	U11G	1.95
80	4	Megan Penfold	Orion Harriers	U11G	1.95
29	5	Poppy Goldsmith	Bas	U11G	1.80
75	5	Ella Wigul	Woodford Gn	U11G	1.80
36	7	Amy Nash	Hav M	U11G	1.80
74	8	Chloe Jordan	Edwards Hall Sch	U11G	1.80
4	9	Felicity Galbally	Bas	U11G	1.80
52	10	Isabelle Douglas-Ward	Bas	U11G	1.65
78	10	Jennie Madigan	Bas	U11G	1.65
85	12	Lily Yates	Bas	U11G	1.55
17	13	Emily Kinder	Oakfields	U11G	1.50
24	14	Amy Poulter	Bas	U11G	1.25

Vertical Jump - U11 Girls

Sportshall

75	1	Ella Wigul	Woodford Gn	U11G	45
43	2	Hannah Smith	Braintree	U11G	43
31	3	Jessica Smith	Thurrock	U11G	42
58	4	Abena Oteng	Groewood Pri	U11G	41
12	5	Hannah Bardo	Chelms	U11G	40
16	6	Molly Sweetman	Hav M	U11G	36
84	7	Lydia Wiblin	Bournes Gn Jnr	U11G	33
51	8	Victoria Walsh-Herranz	Bas	U11G	32

Hi Stepper - U11 Girls

Sportshall

43	1	Hannah Smith	Braintree	U11G	30.1
36	2	Amy Nash	Hav M	U11G	31.1
80	3	Megan Penfold	Orion Harriers	U11G	31.6
12	4	Hannah Bardo	Chelms	U11G	38.5
17	5	Emily Kinder	Oakfields	U11G	39.1
51	6	Victoria Walsh-Herranz	Bas	U11G	40.1

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U13 Girls



Two Lap - Under 13 Girls - race 1

33	1	Josie Waddams	Hav M	U13G	24.01
21	2	Amy Day	Chelms	U13G	24.11
35	3	Emily Spencer	Gt Baddow HS	U13G	24.28
6	4	Isabella Purdie	Hav M	U13G	25.10

Two Lap - Under 13 Girls race 2

37	1	Holly Nash	Hav M	U13G	24.52
1	2	Yasmin Robinson	Benfleet	U13G	24.68
32	3	Jessica Norcott	Thurrock	U13G	25.18
69	4	Rochelle Constable	Hav M	U13G	25.44

Two Lap - Under 13 Girls- race 3

65	1	Mayi Hughes	Hav M	U13G	24.50
27	2	Seniz Jessener	Thurrock	U13G	24.71
34	3	Hollie King	Hav M	U13G	25.62

Two Lap - Under 13 Girls - race 4

2	1	Caitlin O'Reilly	Ipswich HSFG	U13G	24.01
57	2	Emily Crown	Hav M	U13G	26.48
26	3	Chloe Nation	Benfleet	U13G	29.96

Two Lap - Under 13 Girls- race 5

14	1	Ellenor Chaplin	Chelms	U13G	26.15
44	2	Alys Frampton	Chelms	U13G	26.87
55	3	Amelia Owers	Hav M	U13G	27.72

Two Lap - Under 13 Girls - race 6

79	1	Grace Okunola	Thurr	U13G	23.54
22	2	Brogan Ravenall	Southend	U13G	24.21

Two Lap - Under 13 Girls OVERALL (rounded up to next tenth)

79	1	Grace Okunola	Thurr	U13G	23.6
33	2	Josie Waddams	Hav M	U13G	24.1
2	2	Caitlin O'Reilly	Ipswich HSFG	U13G	24.1
21	4	Amy Day	Chelms	U13G	24.2
22	5	Brogan Ravenall	Southend	U13G	24.3
35	6	Emily Spencer	Gt Baddow HS	U13G	24.3
65	7	Mayi Hughes	Hav M	U13G	24.5
37	8	Holly Nash	Hav M	U13G	24.6
1	9	Yasmin Robinson	Benfleet	U13G	24.7
27	10	Seniz Jessener	Thurrock	U13G	24.8
6	11	Isabella Purdie	Hav M	U13G	25.1
32	12	Jessica Norcott	Thurrock	U13G	25.2
69	13	Rochelle Constable	Hav M	U13G	25.5
34	14	Hollie King	Hav M	U13G	25.7
14	15	Ellenor Chaplin	Chelms	U13G	26.2
57	16	Emily Crown	Hav M	U13G	26.5
44	17	Alys Frampton	Chelms	U13G	26.9
55	18	Amelia Owers	Hav M	U13G	27.8
26	19	Chloe Nation	Benfleet	U13G	30.0

No.	Pos	Name	Club/School	Age Group	Performance
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4 Lap Race - U13 Girls

Four Lap - Under 13 Girls- race 1

No.	Pos	Name	Club/School	Age Group	Performance
61	1	Elena March	Thurrock	U13G	52.0
6	2	Isabella Purdie	Hav M	U13G	54.9
57	3	Emily Crown	Hav M	U13G	60.1
26	4	Chloe Nation	Benfleet	U13G	63.1



6 Lap Race - U13 Girls

Six Lap - Under 13 Girls

No.	Pos	Name	Club/School	Age Group	Performance
61	1	Elena March	Thurrock	U13G	1:25.0
3	2	Eliza Elvidge	Benfleet	U13G	1:27.8



Shot Putt - U13 Girls

No.	Pos	Name	Club/School	Age Group	Performance
65	1	Mayi Hughes	Hav M	U13G	7.18
61	2	Elena March	Thurrock	U13G	6.74
22	3	Brogan Ravenall	Southend	U13G	6.10
3	4	Eliza Elvidge	Benfleet	U13G	5.90
35	5	Emily Spencer	Gt Baddow HS	U13G	5.63
32	6	Jessica Norcott	Thurrock	U13G	5.39
21	7	Amy Day	Chelms	U13G	5.29
55	8	Amelia Owers	Hav M	U13G	4.93
14	9	Ellenor Chaplin	Chelms	U13G	4.53



Speed Bounce - U13 Girls

No.	Pos	Name	Club/School	Age Group	Performance
69	1	Rochelle Constable	Hav M	U13G	84
79	2	Grace Okunola	Thurr	U13G	81
37	3	Holly Nash	Hav M	U13G	80
2	4	Caitlin O'Reilly	Ipswich HSFG	U13G	78
21	4	Amy Day	Chelms	U13G	76
6	6	Isabella Purdie	Hav M	U13G	68
34	6	Hollie King	Hav M	U13G	68
1	8	Yasmin Robinson	Benfleet	U13G	67
44	9	Alys Frampton	Chelms	U13G	65
57	10	Emily Crown	Hav M	U13G	62
26	11	Chloe Nation	Benfleet	U13G	61
14	12	Ellenor Chaplin	Chelms	U13G	60



No.	Pos	Name	Club/School	Age Group	Performance
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Standing Long Jump - U13 Girls

Sportshall

33	1	Josie Waddams	Hav M	U13G	2.10
22	2	Brogan Ravenall	Southend	U13G	2.10
6	3	Isabella Purdie	Hav M	U13G	2.05
79	4	Grace Okunola	Thurr	U13G	2.05
2	5	Caitlin O'Reilly	Ipswich HSFG	U13G	2.00
69	6	Rochelle Constable	Hav M	U13G	1.95
34	7	Hollie King	Hav M	U13G	1.90
1	8	Yasmin Robinson	Benfleet	U13G	1.90
27	9	Seniz Jessener	Thurrock	U13G	1.75
14	10	Ellenor Chaplin	Chelms	U13G	1.65
57	11	Emily Crown	Hav M	U13G	1.60
44	12	Alys Frampton	Chelms	U13G	1.55
26	13	Chloe Nation	Benfleet	U13G	1.45

Standing Triple Jump - U13 Girls

Sportshall

65	1	Mayi Hughes	Hav M	U13G	6.12
21	2	Amy Day	Chelms	U13G	6.06
37	3	Holly Nash	Hav M	U13G	5.95
35	4	Emily Spencer	Gt Baddow HS	U13G	5.67
3	5	Eliza Elvidge	Benfleet	U13G	5.04
44	6	Alys Frampton	Chelms	U13G	5.00
55	7	Amelia Owers	Hav M	U13G	4.39

High Jump - U13 Girls

Sportshall

37	1	Holly Nash	Hav M	U13G	1.28
61	2	Elena March	Thurrock	U13G	1.25
33	3	Josie Waddams	Hav M	U13G	1.25
65	4	Mayi Hughes	Hav M	U13G	1.19
3	5	Eliza Elvidge	Benfleet	U13G	1.19

Vertical Jump - U13 Girls

Sportshall

79	1	Grace Okunola	Thurr	U13G	57
33	2	Josie Waddams	Hav M	U13G	49
69	3	Rochelle Constable	Hav M	U13G	49
22	4	Brogan Ravenall	Southend	U13G	49
27	5	Seniz Jessener	Thurrock	U13G	48
35	6	Emily Spencer	Gt Baddow HS	U13G	47
2	7	Caitlin O'Reilly	Ipswich HSFG	U13G	47
1	8	Yasmin Robinson	Benfleet	U13G	44
32	9	Jessica Norcott	Thurrock	U13G	40
6	10	Isabella Purdie	Hav M	U13G	37
34	11	Hollie King	Hav M	U13G	35
55	12	Amelia Owers	Hav M	U13G	35

No.	Pos	Name	Club/School	Age Group	Performance
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2 Lap Race - U15 Girls

Sportshall

Two Lap - Under 15 Girls

67	1	Michelle Hughes	Hav M	U15G	23.0
68	2	Chenice Constable	Hav M	U15G	24.9

4 Lap Race - U15 Girls

Sportshall

Four Lap - Under 15 Girls

67	1	Michelle Hughes	Hav M	U15G	51.9
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Speed Bounce - U15 Girls

Sportshall

67	1	Michelle Hughes	Hav M	U15G	79
68	2	Chenice Constable	Hav M	U15G	77

Standing Long Jump - U15 Girls

Sportshall

68	1	Chenice Constable	Hav M	U15G	2.25
67	2	Michelle Hughes	Hav M	U15G	1.95

Vertical Jump - U15 Girls

Sportshall

68	1	Chenice Constable	Hav M	U15G	56
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