

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|------|-------------|-----------|-------------|
|-----|-----|------|-------------|-----------|-------------|

Over Under Race - U11 Boys



Over Under Race - Under 11 Boys - race 1

| | | | | | |
|----|---|---------------|----------|------|------|
| 34 | 1 | Lewis Blow | Basildon | U11B | 21.0 |
| 32 | 2 | Joseph Hunt | Basildon | U11B | 21.6 |
| 31 | 3 | Jamie Sargent | Benfleet | U11B | 22.6 |

Over Under Race - Under 11 Boys - race 2

| | | | | | |
|----|---|-------------------|----------|------|------|
| 46 | 1 | Finnlay Lowe | Thurrock | U11B | 22.0 |
| 25 | 2 | Daniel Sowunmi | Thurrock | U11B | 22.3 |
| 72 | 3 | Funminiyi Olajide | Thurrock | U11G | 23.9 |

Over Under Race - Under 11 Boys - race 3

| | | | | | |
|----|---|----------------|--------------|------|------|
| 69 | 1 | Samuel Armsden | Basildon | U11B | 21.7 |
| 35 | 2 | Nathan Judd | Basildon | U11B | 22.0 |
| 45 | 3 | Oliver Pearson | Southend SSP | U11B | 22.0 |

Over Under Race - Under 11 Boys - OVERALL

| | | | | | |
|----|---|----------------|--------------|------|------|
| 34 | 1 | Lewis Blow | Basildon | U11B | 21.0 |
| 32 | 2 | Joseph Hunt | Basildon | U11B | 21.6 |
| 69 | 3 | Samuel Armsden | Basildon | U11B | 21.7 |
| 46 | 4 | Finnlay Lowe | Thurrock | U11B | 22.0 |
| 35 | 4 | Nathan Judd | Basildon | U11B | 22.0 |
| 45 | 4 | Oliver Pearson | Southend SSP | U11B | 22.0 |
| 25 | 7 | Daniel Sowunmi | Thurrock | U11B | 22.3 |
| 31 | 8 | Jamie Sargent | Benfleet | U11B | 22.6 |

1 Lap Race - U11 Boys



One Lap - Under 11 Boys - race 1

| | | | | | |
|----|---|------------------|------------|------|------|
| 36 | 1 | Ricardo Almeida | Benfleet | U11B | 12.9 |
| 30 | 2 | Jairzinho Morris | Havering M | U11B | 13.2 |
| 29 | 3 | Harry Sampson | Benfleet | U11B | 13.6 |
| 32 | 4 | Joseph Hunt | Basildon | U11B | 13.9 |

One Lap - Under 11 Boys - race 2

| | | | | | |
|----|---|-------------------|----------|------|------|
| 18 | 1 | Harry Worsfold | Thurrock | U11B | 13.1 |
| 72 | 2 | Funminiyi Olajide | Thurrock | U11G | 13.8 |
| 47 | 3 | Jack Wood-Bargent | Harlow | U11B | 13.8 |
| 68 | 4 | Owen Dodge | Basildon | U11B | 16.5 |

One Lap - Under 11 Boys - race 3

| | | | | | |
|----|---|------------------|--------------|------|------|
| 37 | 1 | Tom Keen | Braintree | U11B | 13.8 |
| 27 | 2 | Cameron McMeekin | Basildon | U11B | 14.0 |
| 45 | 3 | Oliver Pearson | Southend SSP | U11B | 14.1 |

One Lap - Under 11 Boys - race 4

| | | | | | |
|----|---|------------------|----------|------|------|
| 44 | 1 | Jamie Greenhalgh | Benfleet | U11B | 13.4 |
| 25 | 2 | Daniel Sowunmi | Thurrock | U11B | 13.9 |
| 43 | 3 | Ross Livingstone | Thurrock | U11B | 14.0 |



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One Lap - Under 11 Boys - OVERALL

| | | | | | |
|----|----|-------------------|--------------|------|------|
| 36 | 1 | Ricardo Almeida | Benfleet | U11B | 12.9 |
| 18 | 2 | Harry Worsfold | Thurrock | U11B | 13.1 |
| 30 | 3 | Jairzinho Morris | Havering M | U11B | 13.2 |
| 44 | 4 | Jamie Greenhalgh | Benfleet | U11B | 13.4 |
| 29 | 5 | Harry Sampson | Benfleet | U11B | 13.6 |
| 47 | 6 | Jack Wood-Bargent | Harlow | U11B | 13.8 |
| 37 | 6 | Tom Keen | Braintree | U11B | 13.8 |
| 32 | 9 | Joseph Hunt | Basildon | U11B | 13.9 |
| 25 | 9 | Daniel Sowunmi | Thurrock | U11B | 13.9 |
| 27 | 11 | Cameron McMeekin | Basildon | U11B | 14.0 |
| 43 | 11 | Ross Livingstone | Thurrock | U11B | 14.0 |
| 45 | 13 | Oliver Pearson | Southend SSP | U11B | 14.1 |
| 68 | 14 | Owen Dodge | Basildon | U11B | 16.5 |

2 Lap Race - U11 Boys



Two Lap - Under 11 Boys - race 1

| | | | | | |
|----|---|------------------|----------|------|------|
| 34 | 1 | Lewis Blow | Basildon | U11B | 26.5 |
| 29 | 2 | Harry Sampson | Benfleet | U11B | 26.9 |
| 46 | 3 | Finnlay Lowe | Thurrock | U11B | 27.9 |
| 27 | 4 | Cameron McMeekin | Basildon | U11B | 29.3 |

Two Lap - Under 11 Boys - race 2

| | | | | | |
|----|---|------------------|----------|------|------|
| 36 | 1 | Ricardo Almeida | Benfleet | U11B | 26.1 |
| 44 | 2 | Jamie Greenhalgh | Benfleet | U11B | 26.4 |
| 67 | 3 | Stephen Ayton | Basildon | U13B | 27.1 |
| 69 | 4 | Samuel Armsden | Basildon | U11B | 28.5 |

Two Lap - Under 11 Boys - race 3

| | | | | | |
|----|---|-------------------|-----------|------|------|
| 18 | 1 | Harry Worsfold | Thurrock | U11B | 25.7 |
| 28 | 2 | Freddie Trevanion | Braintree | U11B | 29.9 |
| 26 | 3 | Callum Mate | Basildon | U11B | 32.6 |

Two Lap - Under 11 Boys - OVERALL

| | | | | | |
|----|----|-------------------|-----------|------|------|
| 18 | 1 | Harry Worsfold | Thurrock | U11B | 25.7 |
| 36 | 2 | Ricardo Almeida | Benfleet | U11B | 26.1 |
| 44 | 3 | Jamie Greenhalgh | Benfleet | U11B | 26.4 |
| 34 | 4 | Lewis Blow | Basildon | U11B | 26.5 |
| 29 | 5 | Harry Sampson | Benfleet | U11B | 26.9 |
| 46 | 7 | Finnlay Lowe | Thurrock | U11B | 27.9 |
| 69 | 8 | Samuel Armsden | Basildon | U11B | 28.5 |
| 27 | 9 | Cameron McMeekin | Basildon | U11B | 29.3 |
| 28 | 10 | Freddie Trevanion | Braintree | U11B | 29.9 |
| 26 | 11 | Callum Mate | Basildon | U11B | 32.6 |

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Chest Push - U11 Boys

| | | | | Sportshall | |
|----|---|-------------------|--------------|-------------------|------|
| 30 | 1 | Jairzinho Morris | Havering M | U11B | 6.75 |
| 69 | 2 | Samuel Armsden | Basildon | U11B | 6.00 |
| 28 | 3 | Freddie Trevanion | Braintree | U11B | 5.50 |
| 25 | 4 | Daniel Sowunmi | Thurrock | U11B | 5.25 |
| 34 | 5 | Lewis Blow | Basildon | U11B | 5.25 |
| 35 | 6 | Nathan Judd | Basildon | U11B | 4.75 |
| 27 | 7 | Cameron McMeekin | Basildon | U11B | 4.50 |
| 68 | 8 | Owen Dodge | Basildon | U11B | 4.25 |
| 45 | 9 | Oliver Pearson | Southend SSP | U11B | 4.00 |

Vertical Jump - U11 Boys

| | | | | Sportshall | |
|----|---|-------------------|------------|-------------------|----|
| 30 | 1 | Jairzinho Morris | Havering M | U11B | 55 |
| 36 | 2 | Ricardo Almeida | Benfleet | U11B | 45 |
| 37 | 3 | Tom Keen | Braintree | U11B | 44 |
| 29 | 4 | Harry Sampson | Benfleet | U11B | 40 |
| 47 | 5 | Jack Wood-Bargent | Harlow | U11B | 39 |
| 28 | 6 | Freddie Trevanion | Braintree | U11B | 33 |
| 69 | 7 | Samuel Armsden | Basildon | U11B | 32 |
| 31 | 8 | Jamie Sargent | Benfleet | U11B | 30 |

Speed Bounce - U11 Boys

| | | | | Sportshall | |
|----|---|-------------------|-----------|-------------------|----|
| 28 | 1 | Freddie Trevanion | Braintree | U11B | 52 |
| 44 | 2 | Jamie Greenhalgh | Benfleet | U11B | 51 |
| 37 | 3 | Tom Keen | Braintree | U11B | 50 |
| 36 | 4 | Ricardo Almeida | Benfleet | U11B | 48 |
| 25 | 5 | Daniel Sowunmi | Thurrock | U11B | 45 |
| 32 | 6 | Joseph Hunt | Basildon | U11B | 40 |
| 26 | 7 | Callum Mate | Basildon | U11B | 35 |
| 47 | 8 | Jack Wood-Bargent | Harlow | U11B | 34 |

Standing Long Jump - U11 Boys

| | | | | Sportshall | |
|----|----|-------------------|--------------|-------------------|------|
| 30 | 1 | Jairzinho Morris | Havering M | U11B | 2.02 |
| 47 | 2 | Jack Wood-Bargent | Harlow | U11B | 1.84 |
| 28 | 3 | Freddie Trevanion | Braintree | U11B | 1.80 |
| 29 | 4 | Harry Sampson | Benfleet | U11B | 1.76 |
| 35 | 5 | Nathan Judd | Basildon | U11B | 1.76 |
| 18 | 6 | Harry Worsfold | Thurrock | U11B | 1.76 |
| 31 | 7 | Jamie Sargent | Benfleet | U11B | 1.64 |
| 27 | 8 | Cameron McMeekin | Basildon | U11B | 1.62 |
| 34 | 9 | Lewis Blow | Basildon | U11B | 1.52 |
| 43 | 10 | Ross Livingstone | Thurrock | U11B | 1.52 |
| 69 | 11 | Samuel Armsden | Basildon | U11B | 1.46 |
| 26 | 12 | Callum Mate | Basildon | U11B | 1.46 |
| 45 | 13 | Oliver Pearson | Southend SSP | U11B | 1.36 |
| 68 | 14 | Owen Dodge | Basildon | U11B | 1.22 |



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Hi Stepper - U11 Boys



| | | | | | |
|----|---|-------------------|-----------|------|------|
| 37 | 1 | Tom Keen | Braintree | U11B | 15.2 |
| 18 | 2 | Harry Worsfold | Thurrock | U11B | 15.3 |
| 28 | 3 | Freddie Trevanion | Braintree | U11B | 15.4 |
| 31 | 4 | Jamie Sargent | Benfleet | U11B | 17.0 |
| 43 | 5 | Ross Livingstone | Thurrock | U11B | 17.5 |
| 46 | 6 | Finnlay Lowe | Thurrock | U11B | 19.4 |

Standing Triple Jump - U11 Boys



| | | | | | |
|----|---|-------------------|-----------|------|------|
| 28 | 1 | Freddie Trevanion | Braintree | U11B | 5.52 |
| 37 | 2 | Tom Keen | Braintree | U11B | 5.12 |
| 46 | 3 | Finnlay Lowe | Thurrock | U11B | 4.58 |
| 44 | 4 | Jamie Greenhalgh | Benfleet | U11B | 4.50 |
| 32 | 5 | Joseph Hunt | Basildon | U11B | 4.48 |
| 26 | 6 | Callum Mate | Basildon | U11B | 4.34 |
| 35 | 7 | Nathan Judd | Basildon | U11B | 4.19 |
| 43 | 8 | Ross Livingstone | Thurrock | U11B | 4.12 |
| 68 | 9 | Owen Dodge | Basildon | U11B | 3.54 |

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2 Lap Race - U13 Boys



Two Lap - Under 13 Boys - race 1

| | | | | | |
|----|---|-----------------------|------------|------|------|
| 21 | 1 | Christian Stillabower | Basildon | U13B | 25.7 |
| 80 | 2 | Oliver Wiseman | Chelmsford | U13B | 25.8 |
| 79 | 3 | Joseph Raison | Havering M | U13B | 26.1 |

Two Lap - Under 13 Boys - race 2

| | | | | | |
|----|---|----------------------|------------|------|------|
| 77 | 1 | Charlie Teager-Neale | Basildon | U13B | 24.3 |
| 76 | 2 | Charlie Splarn | Thurrock | U13B | 24.5 |
| 81 | 3 | Sam Coombes | Chelmsford | U13B | 25.9 |

Two Lap - Under 13 Boys - race 3

| | | | | | |
|----|---|-------------------|----------|------|------|
| 78 | 1 | Jack Teager-Neale | Basildon | U13B | 24.6 |
| 82 | 2 | Thomas Wakeling | Thurrock | U13B | 26.9 |
| 39 | 3 | Jack Halford | Thurrock | U13B | 28.1 |

Two Lap - Under 13 Boys - OVERALL

| | | | | | |
|----|----|-----------------------|------------|------|------|
| 77 | 1 | Charlie Teager-Neale | Basildon | U13B | 24.3 |
| 76 | 2 | Charlie Splarn | Thurrock | U13B | 24.5 |
| 78 | 3 | Jack Teager-Neale | Basildon | U13B | 24.6 |
| 21 | 4 | Christian Stillabower | Basildon | U13B | 25.7 |
| 80 | 5 | Oliver Wiseman | Chelmsford | U13B | 25.8 |
| 81 | 6 | Sam Coombes | Chelmsford | U13B | 25.9 |
| 79 | 7 | Joseph Raison | Havering M | U13B | 26.1 |
| 82 | 8 | Thomas Wakeling | Thurrock | U13B | 26.9 |
| 67 | 9 | Stephen Ayton | Basildon | U13B | 27.1 |
| 39 | 10 | Jack Halford | Thurrock | U13B | 28.1 |

Ran with U11B

4 Lap Race - U13 Boys



Four Lap - Under 13 / Under 15 Boys - race 1

| | | | | | |
|----|---|---------------|------------|------|------|
| 24 | 1 | Connor Culham | Braintree | U15B | 52.9 |
| 19 | 2 | James Perkins | Basildon | U13B | 55.6 |
| 42 | 3 | Ollie Flynn | Tabor Coll | U13B | 57.1 |

Four Lap - Under 13 Boys - race 2

| | | | | | |
|----|---|---------------|----------|------|------|
| 67 | 1 | Stephen Ayton | Basildon | U13B | 64.1 |
|----|---|---------------|----------|------|------|

Four Lap - Under 13 Boys - OVERALL

| | | | | | |
|----|---|---------------|------------|------|------|
| 19 | 1 | James Perkins | Basildon | U13B | 55.6 |
| 42 | 2 | Ollie Flynn | Tabor Coll | U13B | 57.1 |
| 67 | 3 | Stephen Ayton | Basildon | U13B | 64.1 |

6 Lap Race - U13 Boys



Six Lap - Under 13 Boys - OVERALL

| | | | | | |
|----|---|---------------|------------|------|--------|
| 17 | 1 | Sam Rawlinson | Chelmsford | U13B | 1:24.0 |
| 19 | 2 | James Perkins | Basildon | U13B | 1:28.4 |



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Shot Putt - U13 Boys



| | | | | | |
|----|---|-----------------|------------|------|------|
| 76 | 1 | Charlie Splarn | Thurrock | U13B | 8.33 |
| 82 | 2 | Thomas Wakeling | Thurrock | U13B | 6.56 |
| 39 | 3 | Jack Halford | Thurrock | U13B | 5.86 |
| 42 | 4 | Ollie Flynn | Tabor Coll | U13B | 5.21 |
| 80 | 5 | Oliver Wiseman | Chelmsford | U13B | 5.08 |
| 17 | 6 | Sam Rawlinson | Chelmsford | U13B | 4.26 |

Standing Long Jump - U13 Boys



| | | | | | |
|----|---|-----------------------|------------|------|------|
| 21 | 1 | Christian Stillabower | Basildon | U13B | 1.98 |
| 80 | 2 | Oliver Wiseman | Chelmsford | U13B | 1.96 |
| 78 | 3 | Jack Teager-Neale | Basildon | U13B | 1.96 |
| 76 | 4 | Charlie Splarn | Thurrock | U13B | 1.96 |
| 77 | 5 | Charlie Teager-Neale | Basildon | U13B | 1.94 |
| 79 | 6 | Joseph Raison | Havering M | U13B | 1.80 |
| 17 | 7 | Sam Rawlinson | Chelmsford | U13B | 1.74 |

Speed Bounce - U13 Boys



| | | | | | |
|----|---|-----------------------|------------|------|----|
| 81 | 1 | Sam Coombes | Chelmsford | U13B | 80 |
| 77 | 2 | Charlie Teager-Neale | Basildon | U13B | 77 |
| 42 | 3 | Ollie Flynn | Tabor Coll | U13B | 76 |
| 78 | 4 | Jack Teager-Neale | Basildon | U13B | 73 |
| 79 | 5 | Joseph Raison | Havering M | U13B | 67 |
| 19 | 6 | James Perkins | Basildon | U13B | 66 |
| 21 | 7 | Christian Stillabower | Basildon | U13B | 65 |
| 67 | 8 | Stephen Ayton | Basildon | U13B | 63 |



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Standing Triple Jump - U13 Boys

| | | | | | |
|----|---|-------------------|------------|------|------|
| 78 | 1 | Jack Teager-Neale | Basildon | U13B | 5.67 |
| 42 | 2 | Ollie Flynn | Tabor Coll | U13B | 5.52 |
| 67 | 2 | Stephen Ayton | Basildon | U13B | 4.70 |

High Jump - U13 Boys

| | | | | | |
|----|---|----------------|------------|------|------|
| 80 | 1 | Oliver Wiseman | Chelmsford | U13B | 1.12 |
| 17 | 2 | Sam Rawlinson | Chelmsford | U13B | 1.12 |
| 19 | 3 | James Perkins | Basildon | U13B | 1.09 |
| 39 | 4 | Jack Halford | Thurrock | U13B | 1.03 |
| 81 | 5 | Sam Coombes | Chelmsford | U13B | 1.00 |

Vertical Jump - U13 Boys

| | | | | | |
|----|---|-----------------------|------------|------|----|
| 76 | 1 | Charlie Splarn | Thurrock | U13B | 60 |
| 21 | 2 | Christian Stillabower | Basildon | U13B | 47 |
| 77 | 3 | Charlie Teager-Neale | Basildon | U13B | 46 |
| 79 | 4 | Joseph Raison | Havering M | U13B | 46 |
| 81 | 5 | Sam Coombes | Chelmsford | U13B | 42 |
| 82 | 6 | Thomas Wakeling | Thurrock | U13B | 41 |
| 39 | 7 | Jack Halford | Thurrock | U13B | 40 |



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2 Lap Race - U15 Boys



Two Lap - Under 15 Boys

| | | | | | |
|----|---|-----------------|-----------|------|------|
| 23 | 1 | Randy Chuttur | Braintree | U15B | 25.3 |
| 22 | 2 | Warren Chuttur | Braintree | U15B | 25.3 |
| 96 | 3 | Morgan Thompson | Braintree | U15B | 27.5 |

4 Lap Race - U15 Boys



Four Lap - Under 15 Boys

| | | | | | |
|----|---|---------------|-----------|------|------|
| 24 | 1 | Connor Culham | Braintree | U15B | 52.9 |
|----|---|---------------|-----------|------|------|

Shot Putt - U15 Boys



| | | | | | |
|----|---|-----------------|-----------|------|------|
| 20 | 1 | Alex Camp | Braintree | U15B | 8.00 |
| 24 | 2 | Connor Culham | Braintree | U15B | 7.35 |
| 96 | 3 | Morgan Thompson | Braintree | U15B | 6.25 |

Speed Bounce - U15 Boys



| | | | | | |
|----|---|-----------------|-----------|------|----|
| 24 | 1 | Connor Culham | Braintree | U15B | 79 |
| 22 | 2 | Warren Chuttur | Braintree | U15B | 74 |
| 23 | 3 | Randy Chuttur | Braintree | U15B | 68 |
| 96 | 4 | Morgan Thompson | Braintree | U15B | 60 |

Standing Long Jump - U15 Boys



| | | | | | |
|----|---|-----------------|-----------|------|------|
| 24 | 1 | Connor Culham | Braintree | U15B | 2.08 |
| 96 | 2 | Morgan Thompson | Braintree | U15B | 2.06 |
| 23 | 3 | Randy Chuttur | Braintree | U15B | 2.06 |

Standing Triple Jump - U15 Boys



| | | | | | |
|----|---|----------------|-----------|------|------|
| 22 | 1 | Warren Chuttur | Braintree | U15B | 6.35 |
| 23 | 2 | Randy Chuttur | Braintree | U15B | 6.30 |



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Over Under Race - U11 Girls

Over Under Race - Under 11 Girls - race 1

| | | | | | |
|----|---|------------------------|------------|------|------|
| 5 | 1 | Hannah Bardo | Chelmsford | U11G | 20.0 |
| 8 | 2 | Jennie Madigan | Basildon | U11G | 22.2 |
| 16 | 3 | Victoria Walsh Herranz | Basildon | U11G | 22.3 |
| 11 | 4 | Meredith Thompson | Braintree | U11G | 23.8 |

Over Under Race - Under 11 Girls - race 2

| | | | | | |
|----|---|-------------------|---------------|------|------|
| 48 | 1 | Abena Oteng | Grosvenor Pri | U11G | 19.8 |
| 2 | 2 | Amy Nash | Havering M | U11G | 20.2 |
| 49 | 3 | Sophie Wetheridge | Basildon | U11G | 23.8 |

Over Under Race - Under 11 Girls - OVERALL

| | | | | | |
|----|---|------------------------|---------------|------|------|
| 48 | 1 | Abena Oteng | Grosvenor Pri | U11G | 19.8 |
| 5 | 2 | Hannah Bardo | Chelmsford | U11G | 20.0 |
| 2 | 3 | Amy Nash | Havering M | U11G | 20.2 |
| 8 | 4 | Jennie Madigan | Basildon | U11G | 22.2 |
| 16 | 5 | Victoria Walsh Herranz | Basildon | U11G | 22.3 |
| 11 | 6 | Meredith Thompson | Braintree | U11G | 23.8 |
| 49 | 7 | Sophie Wetheridge | Basildon | U11G | 23.8 |
| 72 | 8 | Funminiyi Olajide | Thurrock | U11G | 23.9 |

Ran with U11B

One Lap Race - U11 Girls

One Lap - Under 11 Girl - race 1

| | | | | | |
|----|---|----------------|------------|------|------|
| 9 | 1 | Jessica Smith | Thurrock | U11G | 12.8 |
| 5 | 2 | Hannah Bardo | Chelmsford | U11G | 13.2 |
| 6 | 3 | Hannah Smith | Braintree | U11G | 13.3 |
| 12 | 4 | Molly Sweetman | Havering M | U11G | 13.3 |

One Lap - Under 11 Girl - race 2

| | | | | | |
|----|---|-----------------|------------|------|------|
| 14 | 1 | Phoebe Wiseman | Chelmsford | U11G | 13.5 |
| 15 | 2 | Poppy Goldsmith | Basildon | U11G | 13.8 |
| 10 | 3 | Lois Gordon | Braintree | U11G | 13.9 |
| 3 | 4 | Ella Wigul | Woodford | U11G | 13.9 |

One Lap - Under 11 Girl - race 3

| | | | | | |
|----|---|------------------------|----------|------|------|
| 38 | 1 | Felicity Galbally | Basildon | U11G | 13.3 |
| 16 | 2 | Victoria Walsh Herranz | Basildon | U11G | 13.9 |
| 70 | 3 | Olivia Mynott | Thurrock | U11G | 13.9 |

One Lap - Under 11 Girl - race 4

| | | | | | |
|---|---|-----------------|------------------|------|------|
| 4 | 1 | Grace Griffiths | Upminster Jnr | U11G | 14.5 |
| 1 | 2 | Amelie Astley | St Michael's Sch | U11G | 16.4 |



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| One Lap - Under 11 Girls - OVERALL | | | | | | |
| 9 | 1 | Jessica Smith | Thurrock | U11G | 12.8 | |
| 5 | 2 | Hannah Bardo | Chelmsford | U11G | 13.2 | |
| 6 | 3 | Hannah Smith | Braintree | U11G | 13.3 | |
| 12 | 3 | Molly Sweetman | Havering M | U11G | 13.3 | |
| 38 | 3 | Felicity Galbally | Basildon | U11G | 13.3 | |
| 14 | 6 | Phoebe Wiseman | Chelmsford | U11G | 13.5 | |
| 15 | 7 | Poppy Goldsmith | Basildon | U11G | 13.8 | |
| 72 | 7 | Funminiyi Olajide | Thurrock | U11G | 13.8 | Ran with U11B |
| 10 | 9 | Lois Gordon | Braintree | U11G | 13.9 | |
| 3 | 9 | Ella Wigul | Woodford | U11G | 13.9 | |
| 16 | 9 | Victoria Walsh Herranz | Basildon | U11G | 13.9 | |
| 70 | 12 | Olivia Mynott | Thurrock | U11G | 13.9 | |
| 4 | 13 | Grace Griffiths | Upminster Jnr | U11G | 14.5 | |
| 1 | 14 | Amelie Astley | St Michael's Sch | U11G | 16.4 | |

2 Lap Race - U11 Girls



| | | | | | | |
|---|----|-------------------|------------|------|------|--|
| Two Lap - Under 11 Girls - race 1 | | | | | | |
| 9 | 1 | Jessica Smith | Thurrock | U11G | 26.3 | |
| 14 | 2 | Phoebe Wiseman | Chelmsford | U11G | 26.8 | |
| 12 | 3 | Molly Sweetman | Havering M | U11G | 27.1 | |
| 13 | 4 | Ndidikama Okoh | Chelmsford | U11G | 28.2 | |
| Two Lap - Under 11 Girls - race 2 | | | | | | |
| 15 | 1 | Poppy Goldsmith | Basildon | U11G | 27.8 | |
| 49 | 2 | Sophie Wetheridge | Basildon | U11G | 28.9 | |
| 10 | 3 | Lois Gordon | Braintree | U11G | 28.9 | |
| 8 | 4 | Jennie Madigan | Basildon | U11G | 29.2 | |
| Two Lap - Under 11 Girls - race 3 | | | | | | |
| 38 | 1 | Felicity Galbally | Basildon | U11G | 26.3 | |
| 71 | 2 | Megan Penfold | Orion | U11G | 26.9 | |
| Two Lap - Under 11 Girls - Overall | | | | | | |
| 9 | 1 | Jessica Smith | Thurrock | U11G | 26.3 | |
| 38 | 1 | Felicity Galbally | Basildon | U11G | 26.3 | |
| 14 | 3 | Phoebe Wiseman | Chelmsford | U11G | 26.8 | |
| 71 | 4 | Megan Penfold | Orion | U11G | 26.9 | |
| 12 | 5 | Molly Sweetman | Havering M | U11G | 27.1 | |
| 15 | 6 | Poppy Goldsmith | Basildon | U11G | 27.8 | |
| 13 | 7 | Ndidikama Okoh | Chelmsford | U11G | 28.2 | |
| 49 | 8 | Sophie Wetheridge | Basildon | U11G | 28.9 | |
| 10 | 9 | Lois Gordon | Braintree | U11G | 28.9 | |
| 8 | 10 | Jennie Madigan | Basildon | U11G | 29.2 | |



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Rayleigh, Saturday 24th November 2012

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|------|-------------|-----------|-------------|
|-----|-----|------|-------------|-----------|-------------|

Chest Push - U11 Girls

Sportshall

| | | | | | |
|----|---|------------------------|------------------|------|------|
| 48 | 1 | Abena Oteng | Grosvenor Pri | U11G | 7.25 |
| 10 | 2 | Lois Gordon | Braintree | U11G | 5.75 |
| 16 | 3 | Victoria Walsh Herranz | Basildon | U11G | 5.00 |
| 11 | 4 | Meredith Thompson | Braintree | U11G | 4.50 |
| 1 | 5 | Amelie Astley | St Michael's Sch | U11G | 4.25 |

Speed Bounce - U11 Girls

Sportshall

| | | | | | |
|----|----|-------------------|---------------|------|----|
| 2 | 1 | Amy Nash | Havering M | U11G | 63 |
| 12 | 2 | Molly Sweetman | Havering M | U11G | 55 |
| 6 | 2 | Hannah Smith | Braintree | U11G | 55 |
| 9 | 4 | Jessica Smith | Thurrock | U11G | 52 |
| 38 | 4 | Felicity Galbally | Basildon | U11G | 52 |
| 48 | 6 | Abena Oteng | Grosvenor Pri | U11G | 50 |
| 4 | 7 | Grace Griffiths | Upminster Jnr | U11G | 49 |
| 13 | 7 | Ndidikama Okoh | Chelmsford | U11G | 49 |
| 3 | 7 | Ella Wigul | Woodford | U11G | 49 |
| 14 | 10 | Phoebe Wiseman | Chelmsford | U11G | 47 |
| 8 | 11 | Jennie Madigan | Basildon | U11G | 44 |
| 70 | 12 | Olivia Mynott | Thurrock | U11G | 40 |
| 49 | 12 | Sophie Wetheridge | Basildon | U11G | 40 |

Standing Long Jump - U11 Girls

Sportshall

| | | | | | |
|----|----|-----------------------|------------------|------|------|
| 72 | 1 | Funminiyi Olajide | Thurrock | U11G | 1.88 |
| 48 | 2 | Abena Oteng | Grosvenor Pri | U11G | 1.84 |
| 6 | 3 | Hannah Smith | Braintree | U11G | 1.82 |
| 71 | 4 | Megan Penfold | Orion | U11G | 1.82 |
| 2 | 5 | Amy Nash | Havering M | U11G | 1.82 |
| 4 | 6 | Grace Griffiths | Upminster Jnr | U11G | 1.80 |
| 5 | 7 | Hannah Bardo | Chelmsford | U11G | 1.74 |
| 15 | 8 | Poppy Goldsmith | Basildon | U11G | 1.72 |
| 3 | 9 | Ella Wigul | Woodford | U11G | 1.70 |
| 10 | 10 | Lois Gordon | Braintree | U11G | 1.68 |
| 14 | 11 | Phoebe Wiseman | Chelmsford | U11G | 1.66 |
| 1 | 12 | Amelie Astley | St Michael's Sch | U11G | 1.66 |
| 38 | 13 | Felicity Galbally | Basildon | U11G | 1.64 |
| 7 | 14 | Isabelle Douglas-Ward | Basildon | U11G | 1.57 |
| 12 | 15 | Molly Sweetman | Havering M | U11G | 1.55 |
| 11 | 16 | Meredith Thompson | Braintree | U11G | 1.34 |

Standing Triple Jump - U11 Girls

Sportshall

| | | | | | |
|----|---|------------------------|------------|------|------|
| 6 | 1 | Hannah Smith | Braintree | U11G | 5.42 |
| 71 | 2 | Megan Penfold | Orion | U11G | 5.32 |
| 13 | 3 | Ndidikama Okoh | Chelmsford | U11G | 4.91 |
| 8 | 4 | Jennie Madigan | Basildon | U11G | 4.74 |
| 10 | 5 | Lois Gordon | Braintree | U11G | 4.37 |
| 16 | 6 | Victoria Walsh Herranz | Basildon | U11G | 4.29 |

ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Rayleigh, Saturday 24th November 2012

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|------|-------------|-----------|-------------|
|-----|-----|------|-------------|-----------|-------------|

Vertical Jump - U11 Girls



| | | | | | |
|----|---|-------------------|------------------|------|----|
| 3 | 1 | Ella Wigul | Woodford | U11G | 51 |
| 9 | 2 | Jessica Smith | Thurrock | U11G | 45 |
| 13 | 3 | Ndidikama Okoh | Chelmsford | U11G | 43 |
| 6 | 4 | Hannah Smith | Braintree | U11G | 42 |
| 70 | 5 | Olivia Mynott | Thurrock | U11G | 38 |
| 1 | 6 | Amelie Astley | St Michael's Sch | U11G | 30 |
| 10 | 7 | Lois Gordon | Braintree | U11G | 23 |
| 4 | 8 | Grace Griffiths | Upminster Jnr | U11G | 20 |
| 11 | 9 | Meredith Thompson | Braintree | U11G | 20 |

Hi Stepper - U11 Girls



| | | | | | |
|----|----|-----------------------|------------|------|------|
| 2 | 1 | Amy Nash | Havering M | U11G | 14.1 |
| 6 | 2 | Hannah Smith | Braintree | U11G | 14.2 |
| 71 | 3 | Megan Penfold | Orion | U11G | 14.4 |
| 38 | 4 | Felicity Galbally | Basildon | U11G | 15.3 |
| 5 | 5 | Hannah Bardo | Chelmsford | U11G | 15.4 |
| 3 | 6 | Ella Wigul | Woodford | U11G | 16.6 |
| 70 | 7 | Olivia Mynott | Thurrock | U11G | 16.9 |
| 15 | 8 | Poppy Goldsmith | Basildon | U11G | 17.0 |
| 7 | 9 | Isabelle Douglas-Ward | Basildon | U11G | 18.5 |
| 49 | 10 | Sophie Wetheridge | Basildon | U11G | 19.1 |



ESSEX ATHLETICS NETWORK - SPORTSHALL COMPETITION

Rayleigh, Saturday 24th November 2012

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|------|-------------|-----------|-------------|
|-----|-----|------|-------------|-----------|-------------|

2 Lap Race - U13 Girls



Two Lap - Under 13 Girls - race 1

| | | | | | |
|----|---|-----------------|------------|------|------|
| 62 | 1 | Josie Waddams | Havering M | U13G | 24.8 |
| 53 | 2 | Brogan Ravenall | Southend | U13G | 25.1 |
| 91 | 3 | Katie Dawson | Havering M | U15G | 25.5 |
| 52 | 4 | Amy Day | Chelmsford | U13G | 25.5 |

Two Lap - Under 13 Girls race 2

| | | | | | |
|----|---|----------------|------------|------|------|
| 64 | 1 | Seniz Jessener | Thurrock | U13G | 25.8 |
| 58 | 2 | Hollie King | Havering M | U13G | 27.2 |
| 56 | 3 | Ellie Sheppard | Chelmsford | U13G | 27.3 |
| 57 | 4 | Emily Crown | Havering M | U13G | 27.5 |

Two Lap - Under 13 Girls- race 3

| | | | | | |
|----|---|-----------------|------------|------|------|
| 66 | 1 | Isobel McDonach | Havering M | U13G | 24.8 |
| 59 | 2 | Holly Nash | Havering M | U13G | 26.1 |
| 51 | 3 | Alys Frampton | Chelmsford | U13G | 27.8 |
| | 4 | | | | |

Two Lap - Under 13 Girls - race 4

| | | | | | |
|----|---|----------------|----------|------|------|
| 50 | 1 | Grace Okunola | Thurrock | U13G | 24.9 |
| 41 | 2 | Shannon Coombs | Thurrock | U13G | 25.6 |

Two Lap - Under 13 Girls OVERALL

| | | | | | |
|----|----|-----------------|------------|------|------|
| 62 | 1 | Josie Waddams | Havering M | U13G | 24.8 |
| 66 | 1 | Isobel McDonach | Havering M | U13G | 24.8 |
| 50 | 3 | Grace Okunola | Thurrock | U13G | 24.9 |
| 53 | 4 | Brogan Ravenall | Southend | U13G | 25.1 |
| 52 | 5 | Amy Day | Chelmsford | U13G | 25.5 |
| 41 | 6 | Shannon Coombs | Thurrock | U13G | 25.6 |
| 64 | 7 | Seniz Jessener | Thurrock | U13G | 25.8 |
| 59 | 8 | Holly Nash | Havering M | U13G | 26.1 |
| 58 | 9 | Hollie King | Havering M | U13G | 27.2 |
| 56 | 10 | Ellie Sheppard | Chelmsford | U13G | 27.3 |
| 57 | 11 | Emily Crown | Havering M | U13G | 27.5 |
| 51 | 12 | Alys Frampton | Chelmsford | U13G | 27.8 |

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|------|-------------|-----------|-------------|
|-----|-----|------|-------------|-----------|-------------|

4 Lap Race - U13 Girls



Four Lap - Under 13 Girls- race 1

| | | | | | |
|----|---|-----------------|------------|------|------|
| 55 | 1 | Elena March | Thurrock | U13G | 54.8 |
| 60 | 2 | Isabella Purdie | Havering M | U13G | 58.0 |
| 54 | 3 | Daisy Partridge | Braintree | U13G | 60.7 |

Four Lap - Under 13 Girls- race 2

| | | | | | |
|----|---|----------------|------------|------|------|
| 41 | 1 | Shannon Coombs | Thurrock | U13G | 57.7 |
| 63 | 2 | Lucy Brown | Basildon | U13G | 57.8 |
| 57 | 3 | Emily Crown | Havering M | U13G | 59.2 |

Four Lap - Under 13 Girls OVERALL

| | | | | | |
|----|---|-----------------|------------|------|------|
| 55 | 1 | Elena March | Thurrock | U13G | 54.8 |
| 41 | 2 | Shannon Coombs | Thurrock | U13G | 57.7 |
| 63 | 3 | Lucy Brown | Basildon | U13G | 57.8 |
| 60 | 4 | Isabella Purdie | Havering M | U13G | 58.0 |
| 57 | 5 | Emily Crown | Havering M | U13G | 59.2 |
| 54 | 6 | Daisy Partridge | Braintree | U13G | 60.7 |

6 Lap Race - U13 Girls



Six Lap - Under 13 Girls

| | | | | | |
|----|---|-------------|----------|------|--------|
| 55 | 1 | Elena March | Thurrock | U13G | 1:29.3 |
| 63 | 2 | Lucy Brown | Basildon | U13G | 1:30.3 |

Shot Putt - U13 Girls



| | | | | | |
|----|---|-----------------|------------|------|------|
| 66 | 1 | Isobel McDonach | Havering M | U13G | 7.65 |
| 62 | 2 | Josie Waddams | Havering M | U13G | 7.38 |
| 63 | 3 | Lucy Brown | Basildon | U13G | 6.56 |
| 53 | 4 | Brogan Ravenall | Southend | U13G | 5.86 |
| 60 | 5 | Isabella Purdie | Havering M | U13G | 5.75 |
| 41 | 6 | Shannon Coombs | Thurrock | U13G | 5.68 |
| 40 | 7 | Jessie Norcott | Thurrock | U13G | 5.62 |
| 54 | 8 | Daisy Partridge | Braintree | U13G | 5.61 |
| 52 | 9 | Amy Day | Chelmsford | U13G | 5.44 |

Speed Bounce - U13 Girls



| | | | | | |
|----|----|-----------------|------------|------|----|
| 54 | 1 | Daisy Partridge | Braintree | U13G | 84 |
| 56 | 2 | Ellie Sheppard | Chelmsford | U13G | 82 |
| 66 | 3 | Isobel McDonach | Havering M | U13G | 79 |
| 50 | 3 | Grace Okunola | Thurrock | U13G | 79 |
| 52 | 5 | Amy Day | Chelmsford | U13G | 75 |
| 59 | 5 | Holly Nash | Havering M | U13G | 75 |
| 58 | 7 | Hollie King | Havering M | U13G | 73 |
| 57 | 8 | Emily Crown | Havering M | U13G | 68 |
| 41 | 8 | Shannon Coombs | Thurrock | U13G | 68 |
| 51 | 10 | Alys Frampton | Chelmsford | U13G | 66 |

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|------|-------------|-----------|-------------|
|-----|-----|------|-------------|-----------|-------------|

Standing Long Jump - U13 Girls

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|-----------------|-------------|-----------|-------------|
| 53 | 1 | Brogan Ravenall | Southend | U13G | 2.06 |
| 50 | 2 | Grace Okunola | Thurrock | U13G | 2.02 |
| 60 | 3 | Isabella Purdie | Havering M | U13G | 1.95 |
| 41 | 4 | Shannon Coombs | Thurrock | U13G | 1.92 |
| 64 | 5 | Seniz Jessener | Thurrock | U13G | 1.84 |
| 54 | 6 | Daisy Partridge | Braintree | U13G | 1.72 |
| 40 | 7 | Jessie Norcott | Thurrock | U13G | 1.72 |
| 58 | 8 | Hollie King | Havering M | U13G | 1.66 |
| 57 | 9 | Emily Crown | Havering M | U13G | 1.64 |
| 51 | 10 | Alys Frampton | Chelmsford | U13G | 1.56 |
| 56 | 11 | Ellie Sheppard | Chelmsford | U13G | 1.54 |

Sportshall

Standing Triple Jump - U13 Girls

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|-----------------|-------------|-----------|-------------|
| 52 | 1 | Amy Day | Chelmsford | U13G | 5.83 |
| 66 | 2 | Isobel McDonach | Havering M | U13G | 5.71 |
| 59 | 3 | Holly Nash | Havering M | U13G | 5.51 |
| 62 | 4 | Josie Waddams | Havering M | U13G | 5.48 |
| 54 | 5 | Daisy Partridge | Braintree | U13G | 5.47 |
| 60 | 6 | Isabella Purdie | Havering M | U13G | 5.28 |
| 51 | 7 | Alys Frampton | Chelmsford | U13G | 4.93 |

Sportshall

High Jump - U13 Girls

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|---------------|-------------|-----------|-------------|
| 62 | 1 | Josie Waddams | Havering M | U13G | 1.24 |
| 59 | 2 | Holly Nash | Havering M | U13G | 1.24 |
| 63 | 3 | Lucy Brown | Basildon | U13G | 1.18 |

Sportshall

Vertical Jump - U13 Girls

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|-----------------|-------------|-----------|-------------|
| 50 | 1 | Grace Okunola | Thurrock | U13G | 57 |
| 64 | 2 | Seniz Jessener | Thurrock | U13G | 55 |
| 53 | 3 | Brogan Ravenall | Southend | U13G | 54 |
| 58 | 4 | Hollie King | Havering M | U13G | 46 |
| 56 | 5 | Ellie Sheppard | Chelmsford | U13G | 40 |

Sportshall

2 Lap Race - U15 Girls

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|--------------|-------------|-----------|-------------|
| 91 | 1 | Katie Dawson | Havering M | U15G | 25.5 |

Sportshall

Speed Bounce - U15 Girls

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|--------------|-------------|-----------|-------------|
| 91 | 1 | Katie Dawson | Havering M | U15G | 80 |

Sportshall

Vertical Jump - U15 Girls

| No. | Pos | Name | Club/School | Age Group | Performance |
|-----|-----|--------------|-------------|-----------|-------------|
| 91 | 1 | Katie Dawson | Havering M | U15G | 47 |

Sportshall