

North West Sportshall Athletics League 2012 - 2013

League Tables after Round Three

9th December 2012

U11 Girls	Round 1	Round 2	Round 3	Total
Wirral	157.5	0	155	312.5
Halton & Frodsham	0	153	144.5	297.5
West Cheshire	144	0	138	282
Crewe & Nantwich	121.5	160	0	281.5
Macclesfield	121.5	0	121.5	243
Warrington	107	134	0	241
Southport / Waterloo	0	131	103.5	234.5
St Helens Sutton	118	0	113.5	231.5
Liverpool	79.5	87	0	166.5
Deeside	0	34	64	98
Handforth	0	0	34	34

U11 Boys	Round 1	Round 2	Round 3	Total
Wirral	155.5	0	158	313.5
Crewe & Nantwich	140	157	0	297
West Cheshire	147.5	0	143.5	291
Halton & Frodsham	0	147	126.5	273.5
St Helens Sutton	118.5	0	134	252.5
Macclesfield	125.5	0	108.5	234
Southport Waterloo	0	103	98.5	201.5
Liverpool	40	133	0	173
Handforth	0	113	57	170
Warrington	90	67	0	157
Deeside	0	0	19	19

U13 Girls	Round 1	Round 2	Round 3	Total
Crewe & Nantwich	150.5	161	0	311.5
St Helens Sutton	134	0	150	284
West Cheshire	137	0	135	272
Southport Waterloo	0	145.5	122.5	268
Halton & Frodsham	0	136	121.5	257.5
Wirral	110.5	0	142.5	253
Warrington	108.5	121	0	229.5
Macclesfield	112	0	53.5	165.5
Liverpool	92.5	41	0	133.5
Deeside	0	70.5	0	70.5

U13 Boys	Round 1	Round 2	Round 3	Total
Crewe & Nantwich	167	158	0	325
Halton & Frodsham	0	158.5	159	317.5
West Cheshire	145.5	0	147.5	293
St Helens Sutton	123	0	108.5	231.5
Warrington	73.5	139.5	0	213
Macclesfield	66	0	36.5	102.5
Southport Waterloo	0	67	34.5	101.5
Deeside	0	38	58	96
Liverpool	36	48	0	84
Handforth	0	0	66	66

U15 Girls	Round 1	Round 2	Round 3	Total
West Cheshire	163	0	163	326
Deeside	0	153	153.5	306.5
Crewe & Nantwich	157	119	0	276
Halton & Frodsham	0	140	100.5	240.5
Liverpool	75	90	0	165
Warrington	0	92	0	92
St Helens Sutton	74	0	0	74

U15 Boys	Round 1	Round 2	Round 3	Total
West Cheshire	168	0	168	336
Halton & Frodsham	0	110	79	189
Crewe & Nantwich	59	124	0	183
Warrington	30	111	0	141
St Helens Sutton	0	0	85	85

U15 Girls Individuals

Name	Club	Total
Kiera Grady	HFH	101
Kiera Summerhayes	Liv	100
Georgia Barlow	WC	92
Beth Louise Jones	C&N	88
Emily Ross	HFH	84
Emily Ball	WC	77
Tia Williams	Dee	67
Samhilda Megonigle	WC	63
Freya Taylor-Hatswell	C&N	62
Sarah Atkinson	Dee	61
Shaunnah Murphy	C&N	55
Rebecca Rotheram	SHS	45
Siwan Ifans	Dee	42
Katie Wiggins	Liv	42
Lauren Heathcote	C&N	41
Katie White	War	39
Olivier Brown	War	35
Libby Purchase	Dee	33
Chloe Hughes	Dee	32
Sophie Carter	WC	30

U15 Boys Individuals

Name	Club	Total
Ben Sutcliffe	HFH	98
Zac Barnsley	WC	96
Matthew Pagan	WC	88
Connor Austin	War	75
Ben Jones	C&N	59
Matthew Lamb	SHS	58
Dean Valentine	C&N	54
Harry Valentine	C&N	52
Sam Canning	War	44
Cameron Weaver	WC	40
Chris Harrop	WC	32
James McMahan	WC	32
James McDermot	HFH	28
Nathan Carns	SHS	27
Paul Higgins	HFH	23
Sam Cox	HFH	16

Kingsway NWL 2012/2013

9 December 2011

Under 11 - Boys

			Deeside	Halton and Frodsham	Handforth	Macclesfield	Southport / Waterloo	St Helens Sutton	West Cheshire	Wirral
TRACK	Individual	2 Lap Race		17.5	13	19	17.5	17	18.5	23.5
		4 Lap Race	10	14		16	20	20	20	24
	Relay	4 x 2 Lap Relay		15		12	9	18	24	21
FIELD	Jumps	Speed Bounce	9	16	13	16	13	22	20	24
		Standing Long Jump		24	15.5	14.5	12	18	20	22
		Vertical Jump		19.5		12	15	24	20	20.5
	Throws	Chest Push		20.5	15.5	19	12	15	21	23
		<b>Total</b>	<b>19</b>	<b>126.5</b>	<b>57</b>	<b>108.5</b>	<b>98.5</b>	<b>134</b>	<b>143.5</b>	<b>158</b>
		<b>Overall Position</b>	9	4	7	5	6	3	2	1



NWL 2012/2013			Track - Individual				Field - Jumps					Field - Throws		
9 December 2011 Under 11 - Boys			2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos
190	Ewan	West Cheshire	28.70	B 2			49	A 3	1.82	N S				
288	Max	West Cheshire	28.20	A 5	61.20	B 2					36	B 4		
200	Michael	West Cheshire	27.50	N S	64.80	N S	45	B 3						
197	Jude	West Cheshire	29.10	N S	66.70	N S			1.62	N S				
192	Tom	West Cheshire	29.10	N S					1.72	N S			5	B 4
194	Ben	West Cheshire	30.20	N S	64.60	N S			1.41	N S				
193	Liam	West Cheshire	29.80	N S	64.70	N S							5	N S
191	Adam	West Cheshire	28.40	N S	62.60	N S			1.83	B 3	33	N S		
199	Nathan	West Cheshire	29.90	N S	67.50	N S	33	N S						
198	Daniel	West Cheshire	29.00	N S	64.80	N S	42	N S						
195	Lucas	West Cheshire	31.60	N S	75.80	N S							4	N S
196	Ben	West Cheshire	30.20	N S	66.20	N S			1.88	A 3				
300	Jake	West Cheshire	31.80	N S	67.20	N S			1.41	N S				
189	William	West Cheshire			60.50	A 4					48	A 2	7	A 1
158	Lloyd Peacock	Deeside			71.60	A 7	29	A 8	1.50	N S				

NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws					
9 December 2011			Under 11 - Boys				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
101	Ben Guttridge	Halton and Frodsham	28.70	B 2							45	A 3	6.00	A 3				
102	Dean Rix	Halton and Frodsham	28.40	A 6			40	B 4	1.68	N S								
103	Adam Hodgkinson	Halton and Frodsham	30.10	N S					1.88	B 1	37	B 3						
104	Harvey Cook	Halton and Frodsham	30.50	N S	70.30	B 6							5.50	N S				
105	Max Hardy	Halton and Frodsham	30.70	N S					1.32	N S			5.50	B 2				
106	Scott Hampson	Halton and Frodsham	33.40	N S					1.48	N S	32	N S						
107	Chris Hill	Halton and Frodsham	32.40	N S			31	N S					4.50	N S				
108	Jadon Allen	Halton and Frodsham	29.50	N S			43	N S	2.02	A 1								
109	Callum Herod	Halton and Frodsham	30.50	N S			40	A 6					3.50	N S				
110	Alfie Maratonio	Halton and Frodsham	31.10	N S			39	N S	1.48	N S								
113	Jamie Southerton	Halton and Frodsham	33.30	N S			35	N S	1.44	N S								
114	Aiden Larkin	Halton and Frodsham	44.20	N S	98.10	N S			1.03	N S								
115	Adam Unsworth	Halton and Frodsham	29.90	N S	70.40	N S			1.44	N S								
116	Jamie Cartwright	Halton and Frodsham	36.80	N S					1.36	N S			4.50	N S				
117	Joshua Myler	Halton and Frodsham	33.30	N S	80.30	N S			1.47	N S								
122	Tom Hurst	Halton and Frodsham	31.30	N S	69.60	A 6							3.75	N S				
279	Oscar Stone	Handforth	29.00	A 7					1.78	B 5			5.50	A 4				
296	Ben Mail	Handforth	30.70	N S					1.59	N S			4.00	N S				
297	Sam Thompson	Handforth	29.50	B 6			48	A 4	1.55	N S								

NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws						
9 December 2011			Under 11 - Boys																
No	Name	Club	2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Chest Push						
			Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos					
298	Sam Firth	Handforth	32.70	N	S					1.82	A	5			4.50	B	8		
281	Morgan Frith	Macclesfield				63.70	A	5	39	N	S			42	A	5	5.50	A	4
282	Jack Croker	Macclesfield				67.40	N	S				1.53	B	6	3	N	S		
283	James Wilson	Macclesfield	27.50	A	3							1.82	A	5			5.50	B	2
284	Cameron Dow	Macclesfield				65.30	N	S	38	B	5								
285	Leo Thomas	Macclesfield	28.90	B	4				45	A	5						5.00	N	5
286	James Foxton	Macclesfield				69.80	B	5				1.50	N	S	31	N	S		
287	Tom Warnke	Macclesfield	29.00	N	S												5.00	N	5
289	Jame Honor	Southport / Waterloo	27.90	N	S	59.80	A	2	38	A	7	1.43	N	S	34	B	5		



















		<b>4 x 2 Lap Relay</b>	
<b>Team</b>	<b>Time in secs</b>	<b>Rank /</b>	<b>Points</b>
Deeside			
Halton and Frodsham	115.10	4	15
Handforth			
Macclesfield	115.70	5	12
Southport / Waterloo	115.90	6	9
St Helens Sutton	114.00	3	18
West Cheshire	112.60	1	24
Wirral	112.80	2	21

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Under 13 - Boys

			Deeside	Halton and Frodsham	Handforth	Macclesfield	Southport / Waterloo	St Helens Sutton	West Cheshire	Wirral
TRACK	Individual	2 Lap Race	17	22.5	18	11	10	19.5	23	
		6 Lap Race	22	23				13	21	
	Relay	4 x 2 Lap Relay		24					21	
FIELD	Jumps	Speed Bounce		24				20	22	
		Standing Long Jump	19	24	11.5		13	21	18.5	
		Vertical Jump		22.5	21.5	11.5	11.5	22	18	
	Throws	Shot Put		19	15	14		13	24	
<b>Total</b>			<b>58</b>	<b>159</b>	<b>66</b>	<b>36.5</b>	<b>34.5</b>	<b>108.5</b>	<b>147.5</b>	
<b>Overall Position</b>			5	1	4	6	7	3	2	











NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws		
9 December 2011			Under 13 - Boys												
No	Name	Club	2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Shot Put		
			Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos	
161	Joseph Wood	St Helens Sutton					63	B 3			31	N S	4.80	A 4	
162	Christopher Lamb	St Helens Sutton	26.50	A 2					2.12	A 2	51	A 1			
163	David Barrow	St Helens Sutton	29.20	B 4			66	A 3	1.75	N S					
165	Alex Vinton	St Helens Sutton			101.50	A 4			1.81	B 3	38	B 3			
168	Taylor Kearns	West Cheshire	26.30	A 1							40	A 4	7.25	A 1	

NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws					
9 December 2011			Under 13 - Boys				2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Vertical Jump		Shot Put	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Height	Pos	Dist	Pos				
169	Ewan Brandon	West Cheshire	27.80	B 2			70	A 2	1.84	A 5								
170	Finnian Bowyer	West Cheshire	29.10	N S	105.20	N S					37	B 4						
171	Will Robinson	West Cheshire	27.80	N S			64	B 2	1.84	B 2								
172	Tom Harrop	West Cheshire	28.30	N S	104.80	B 2							5.70	N S				
174	Ethan Milligan	West Cheshire	29.40	N S	108.20	N S	54	N S										
175	Jack Goodall	West Cheshire			99.20	N S					32	N S	6.90	B 1				
173	Joseph Morrison	West Cheshire	28.50	N S	93.60	A 3			1.75	N S								
126	Erin Brennan	Wirral			93.10	A 2	64	N S	1.95	B 1								

2 Lap Race					
No	Name	Club	Time	Rank	Points
159	Josh Ablett	Deeside	27	A 4	13
299	Nicholas Edler	Handforth	27.4	A 5	12
169	Ewan Brandon	West Cheshire	27.8	B 2	7
163	David Barrow	St Helens Sutton	29.2	B 4	5
280	Joshua Carey	Macclesfield	30.5	A 6	11
295	Tom Harrison	Southport / Waterloo	31	A 7	10
168	Taylor Kearns	West Cheshire	26.3	A 1	16
125	Luke Southerton	Halton and Frodsham	26.5	A 2	14.5
162	Christopher Lamb	St Helens Sutton	26.5	A 2	14.5
129	Luca Tron	Halton and Frodsham	26.5	B 1	8
188	Will Downes	Handforth	28.3	B 3	6
160	Aled Williams	Deeside	30	B 5	4

2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
172	Tom Harrop	West Cheshire	28.3	N S	
173	Joseph Morrison	West Cheshire	28.5	N S	
128	Daniel Fenelon	Halton and Frodsham	29.5	N S	
130	Ben Wallace	Halton and Frodsham	30.8	N S	
171	Will Robinson	West Cheshire	27.8	N S	
132	James Ennis	Halton and Frodsham	28.6	N S	
170	Finnian Bowyer	West Cheshire	29.1	N S	
174	Ethan Milligan	West Cheshire	29.4	N S	
131	Tom Kimpton	Halton and Frodsham	30.6	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
159	Josh Ablett	Deeside	92.2	A 1	16
173	Joseph Morrison	West Cheshire	93.6	A 3	14
127	Chris Larkin	Halton and Frodsham	95.2	B 1	8
165	Alex Virton	St Helens Sutton	101.5	A 4	13
172	Tom Harrop	West Cheshire	104.8	B 2	7
160	Aled Williams	Deeside	112.4	B 3	6
126	Jacob Birtles	Halton and Frodsham	93.1	A 2	15

6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
175	Jack Goodall	West Cheshire	99.2	N S	
170	Finnian Bowyer	West Cheshire	105.2	N S	
174	Ethan Milligan	West Cheshire	108.2	N S	

Individual Track 3					
No	Name	Club	Time	Rank	Points

Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	



Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
127	Chris Larkin	Halton and Frodsham	46	B 1	8
125	Luke Southerton	Halton and Frodsham	47	A 2	14.5
188	Will Downes	Handforth	40	B 2	7
299	Nicholas Edler	Handforth	47	A 2	14.5
280	Joshua Carey	Macclesfield	32	A 5	11.5
295	Tom Harrison	Southport / Waterloo	32	A 5	11.5
162	Christopher Lamb	St Helens Sutton	51	A 1	16
165	Alex Virton	St Helens Sutton	38	B 3	6
168	Taylor Keams	West Cheshire	40	A 4	13
170	Finnian Bowyer	West Cheshire	37	B 4	5
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	
129	Luca Tron	Halton and Frodsham	42	N S	
161	Joseph Wood	St Helens Sutton	31	N S	
175	Jack Goodall	West Cheshire	32	N S	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)	NS			

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	





		<b>4 x 2 Lap Relay</b>	
<b>Team</b>	<b>Time in secs</b>	<b>Rank /</b>	<b>Points</b>
Deeside			
Halton and Frodsham	109.40	1	24
Handforth			
Macclesfield			
Southport / Waterloo			
St Helens Sutton			
West Cheshire	112.30	2	21
Wirral			

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9 December 2011

Under 15 - Boys

		Deeside	Halton and Frodsham	Handforth	Macclesfield	Southport / Waterloo	St Helens Sutton	West Cheshire	Wirral
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	21				15	24	
		6 Lap Race						24	
	<b>Relay</b>							24	
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	22				20	24	
		Standing Long Jump	21				21	24	
		Vertical Jump	15				14	24	
	<b>Throws</b>	Shot Put					15	24	
<b>Total</b>			<b>79</b>				<b>85</b>	<b>168</b>	
<b>Overall Position</b>			<b>3</b>				<b>2</b>	<b>1</b>	















2 Lap Race					
No	Name	Club	Time	Rank	Points
154	Matthew Pagan	West Cheshire	23.5	A 1	16
153	Zac Barnsley	West Cheshire	23.7	B 1	8
167	Matthew Lamb	St Helens Sutton	24.6	A 2	15
187	Ben Sutcliffe	Halton and Frodsham	24.9	A 3	14
186	James McDermott	Halton and Frodsham	28.4	B 2	7
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

6 Lap Race					
No	Name	Club	Time	Rank	Points
155	Chris Harrop	West Cheshire	87.3	A 1	16
156	Cameron Weaver	West Cheshire	89.1	B 1	8
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	



Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
153	Zac Barnsley	West Cheshire	58	B 1	8
157	James McMahan	West Cheshire	65	A 1	16
187	Ben Sutcliffe	Halon and Frodsham	64	A 2	15
167	Matthew Lamb	St Helens Sutton	63	A 3	14
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	
154	Matthew Pagan	West Cheshire	53	N S	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)	NS			

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)	NS	

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put						
No	Name	Club	Dis (m)	Rank	Points	
166	Nathan Carns	St Helens Sutton	4.34	A 2	15	
153	Zac Barnsley	West Cheshire	9.54	B 1	8	
157	James McMahan	West Cheshire	10.61	A 1	16	
Shot Put - Non Scoring						
No	Name	Club	Dis (m)	NS		
155	Chris Harrop	West Cheshire	5.22	N S		

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

		8 Lap Paarlauf	
Team	Time in secs	Rank /	Points
Deeside			
Halton and Frodsham			
Handforth			
Macclesfield			
Southport / Waterloo			
St Helens Sutton			
West Cheshire	100.00	1	24
Wirral			