

North West Sportshall Athletics League 2012 - 2013

League Tables after Round Three

9th December 2012

U11 Girls	Round 1	Round 2	Round 3	Total
Wirral	157.5	0	155	312.5
Halton & Frodsham	0	153	144.5	297.5
West Cheshire	144	0	138	282
Crewe & Nantwich	121.5	160	0	281.5
Macclesfield	121.5	0	121.5	243
Warrington	107	134	0	241
Southport / Waterloo	0	131	103.5	234.5
St Helens Sutton	118	0	113.5	231.5
Liverpool	79.5	87	0	166.5
Deeside	0	34	64	98
Handforth	0	0	34	34

U11 Boys	Round 1	Round 2	Round 3	Total
Wirral	155.5	0	158	313.5
Crewe & Nantwich	140	157	0	297
West Cheshire	147.5	0	143.5	291
Halton & Frodsham	0	147	126.5	273.5
St Helens Sutton	118.5	0	134	252.5
Macclesfield	125.5	0	108.5	234
Southport Waterloo	0	103	98.5	201.5
Liverpool	40	133	0	173
Handforth	0	113	57	170
Warrington	90	67	0	157
Deeside	0	0	19	19

U13 Girls	Round 1	Round 2	Round 3	Total
Crewe & Nantwich	150.5	161	0	311.5
St Helens Sutton	134	0	150	284
West Cheshire	137	0	135	272
Southport Waterloo	0	145.5	122.5	268
Halton & Frodsham	0	136	121.5	257.5
Wirral	110.5	0	142.5	253
Warrington	108.5	121	0	229.5
Macclesfield	112	0	53.5	165.5
Liverpool	92.5	41	0	133.5
Deeside	0	70.5	0	70.5

U13 Boys	Round 1	Round 2	Round 3	Total
Crewe & Nantwich	167	158	0	325
Halton & Frodsham	0	158.5	159	317.5
West Cheshire	145.5	0	147.5	293
St Helens Sutton	123	0	108.5	231.5
Warrington	73.5	139.5	0	213
Macclesfield	66	0	36.5	102.5
Southport Waterloo	0	67	34.5	101.5
Deeside	0	38	58	96
Liverpool	36	48	0	84
Handforth	0	0	66	66

U15 Girls	Round 1	Round 2	Round 3	Total
West Cheshire	163	0	163	326
Deeside	0	153	153.5	306.5
Crewe & Nantwich	157	119	0	276
Halton & Frodsham	0	140	100.5	240.5
Liverpool	75	90	0	165
Warrington	0	92	0	92
St Helens Sutton	74	0	0	74

U15 Boys	Round 1	Round 2	Round 3	Total
West Cheshire	168	0	168	336
Halton & Frodsham	0	110	79	189
Crewe & Nantwich	59	124	0	183
Warrington	30	111	0	141
St Helens Sutton	0	0	85	85

U15 Girls Individuals

Name	Club	Total
Kiera Grady	HFH	101
Kiera Summerhayes	Liv	100
Georgia Barlow	WC	92
Beth Louise Jones	C&N	88
Emily Ross	HFH	84
Emily Ball	WC	77
Tia Williams	Dee	67
Samhilda Megonigle	WC	63
Freya Taylor-Hatswell	C&N	62
Sarah Atkinson	Dee	61
Shaunnah Murphy	C&N	55
Rebecca Rotheram	SHS	45
Siwan Ifans	Dee	42
Katie Wiggins	Liv	42
Lauren Heathcote	C&N	41
Katie White	War	39
Olivier Brown	War	35
Libby Purchase	Dee	33
Chloe Hughes	Dee	32
Sophie Carter	WC	30

U15 Boys Individuals

Name	Club	Total
Ben Sutcliffe	HFH	98
Zac Barnsley	WC	96
Matthew Pagan	WC	88
Connor Austin	War	75
Ben Jones	C&N	59
Matthew Lamb	SHS	58
Dean Valentine	C&N	54
Harry Valentine	C&N	52
Sam Canning	War	44
Cameron Weaver	WC	40
Chris Harrop	WC	32
James McMahan	WC	32
James McDermot	HFH	28
Nathan Carns	SHS	27
Paul Higgins	HFH	23
Sam Cox	HFH	16

Kingsway **NWL 2012/2013**

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Under 11 - Girls

			Deeside	Halton and Frodsham	Handforth	Macclesfield	Southport / Waterloo	St Helens Sutton	West Cheshire	Wirral
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	10	21	12	21	12	17	16	24
		4 Lap Race	10	19		19	16	14	22.5	23.5
	<b>Relay</b>	4 x 2 Lap Relay		24		15	12	9	18	21
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	13	15	9	17	20	24	17	20
		Standing Long Jump	10	22		17	15	17	19	24
		Standing Triple Jump	11	20	13	17	14	14	23	23
	<b>Throws</b>	Chest Push	10	23.5		15.5	14.5	18.5	22.5	19.5
		<b>Total</b>	<b>64</b>	<b>144.5</b>	<b>34</b>	<b>121.5</b>	<b>103.5</b>	<b>113.5</b>	<b>138</b>	<b>155</b>
	<b>Overall Position</b>	7	2	8	4	6	5	3	1	



NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws					
9 December 2011			Under 11 - Girls				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Standing Triple Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos		
260	Clara Edler	Handforth	28.70	A 5			41	A 8			4.99	A 4						



NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws					
9 December 2011			Under 11 - Girls				2 Lap Race		4 Lap Race		Speed Bounce		Standing Long Jump		Standing Triple Jump		Chest Push	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos		
75	Alicia Woodhouse	St Helens Sutton			68.70	N S					4.26	N S						
76	Amy Barrow	St Helens Sutton	33.40	N S			46	N S										
77	Bethany Haughey	St Helens Sutton	28.50	A 4			50	N S										
80	Elle Doyle	St Helens Sutton	29.90	B 5											3.75	N S		
81	Emma Farrugia	St Helens Sutton			67.80	A 6					4.46	N S		4.50	N S			
82	Grace Terry	St Helens Sutton			75.90	B 6					3.54	N S						
83	Jennifer Green	St Helens Sutton							1.75	B 4	4.52	N S						
84	Kaitlin Naylor	St Helens Sutton	29.00	N S			55	A 1			4.79	B 5						
85	Katie Lang	St Helens Sutton							1.68	N S	4.56	N S						
86	Elizabeth Tracey	St Helens Sutton	30.30	N S	71.40	N S			1.55	N S								
87	Lucy Price	St Helens Sutton	29.80	N S			51	B 1	1.54	N S								
88	Olivia Milow	St Helens Sutton	32.00	N S							4.23	N S		5.25	A 4			
89	Rebecca Houghton	St Helens Sutton			69.40	N S					3.90	N S		5.00	B 3			
90	Rhianna Carns	St Helens Sutton	35.40	N S			31	N S										
91	Summer Givin	St Helens Sutton	31.20	N S					1.40	N S								
92	Jessica Smith	St Helens Sutton	29.70	N S					1.77	A 5	4.77	N S						
93	Ellie Benson	St Helens Sutton	29.70	N S							4.81	A 7		5.50	N S			
94	Cameron Gardiner	St Helens Sutton	29.70	N S										6.00	N S			
259	Jessica Durrance	St Helens Sutton	31.60	N S										3.50	N S			















		<b>4 x 2 Lap Relay</b>	
<b>Team</b>	<b>Time in secs</b>	<b>Rank /</b>	<b>Points</b>
Deeside			
Halton and Frodsham	71.90	1	24
Handforth			
Macclesfield	76.30	4	15
Southport / Waterloo	121.00	5	12
St Helens Sutton	121.10	6	9
West Cheshire	75.90	3	18
Wirral	75.60	2	21

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9 December 2011

Under 13 - Girls

			Halton and Frodsham	Macclesfield	Southport / Waterloo	St Helens Sutton	West Cheshire	Wirral
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	17.5	15	16	22	21	22.5
		6 Lap Race	19		24	19	19	19
	<b>Relay</b>	4 x 2 Lap Relay	15		12	18	21	24
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	19	19.5	18.5	24	19	14
		Standing Long Jump	18		18	23	18	23
		Standing Triple Jump	16	19	14	24	22	16
	<b>Throws</b>	Shot Put	17		20	20	15	24
<b>Total</b>			<b>121.5</b>	<b>53.5</b>	<b>122.5</b>	<b>150</b>	<b>135</b>	<b>142.5</b>
<b>Overall Position</b>			5	6	4	1	3	2







NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws	
9 December 2011 Under 13 - Girls			2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Standing Triple Jump		Shot Put	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Dist	Pos	Dist	Pos
223	Niamh Lewis	Macclesfield	28.60	B 5			74	A 3			5.22	B 3		
242	Lydia Hatton	Macclesfield	28.10	A 6			67	B 3			5.54	A 4		
253	Emma Alderson	Southport / Waterloo			87.30	A 1	74	A 3					3.95	N S
254	Alex Bunclarke	Southport / Waterloo	29.20	N S	101.20	B 1	65	B 4					5.69	A 3
255	Lily Edwards	Southport / Waterloo	27.00	A 4					2.17	A 3	6.04	A 3		
256	Eleanor Kenny	Southport / Waterloo	30.30	B 6					1.81	B 5			4.36	B 3







NWL 2012/2013			Track - Individual				Field - Jumps					Field - Throws		
9 December 2011 Under 13 - Girls			2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Standing Triple Jump		Shot Put	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Dist	Pos	Dist	Pos
41	Emma Rowlands	Wirral	28.00	N S							5.21	A 5	5.78	N S
45	Emily Darroch	Wirral	26.30	A 1					2.32	A 1				
39	Obi Curry	Wirral			101.10	A 4	56	B 6	1.99	N S				
42	Erin Davies	Wirral			104.70	B 3	65	A 6						
40	Corrin Davies	Wirral									3.89	B 5	4.85	N S
43	Zita Aspell	Wirral							1.55	N S			7.20	A 1
44	Ella Johnson	Wirral	27.60	B 2					2.14	B 2			6.44	B 1

2 Lap Race					
No	Name	Club	Time	Rank	Points
95	Alice Barnsley	West Cheshire	26.3	A 1	15.5
45	Emily Darroch	Wirral	26.3	A 1	15.5
255	Lilly Edwards	Southport / Waterloo	27	A 4	13
214	Emily Smith	St Helens Sutton	27.3	B 1	8
65	Alex Hurst	Halton and Frodsham	27.6	A 5	12
223	Niamh Lewis	Macclesfield	28.6	B 5	4
222	Zoe Pye	St Helens Sutton	26.5	A 3	14
44	Ella Johnson	Wirral	27.6	B 2	7
242	Lydia Hatton	Macclesfield	28.1	A 6	11
97	Emma Howe	West Cheshire	28.3	B 3	5.5
211	Natasha Treharne	Halton and Frodsham	28.3	B 3	5.5
256	Eleanor Kenny	Southport / Waterloo	30.3	B 6	3

2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
64	Elizabeth Wright	Halton and Frodsham	27.3	N S	
218	Mia Langton	St Helens Sutton	28.4	N S	
98	Abbi Williams	West Cheshire	28.8	N S	
254	Alex Bunclarke	Southport / Waterloo	29.2	N S	
67	Abbey Wilson	Halton and Frodsham	30	N S	
216	Megan Ablett	St Helens Sutton	31.4	N S	
215	Erin Makin	St Helens Sutton	27.8	N S	
41	Emma Rowlands	Wirral	28	N S	
243	Grace Wilding	Halton and Frodsham	29	N S	
68	Lexie Graves	Halton and Frodsham	30.1	N S	
63	Hannah Boyde	Halton and Frodsham	30.2	N S	
220	Rosie Dyer	St Helens Sutton	34.1	N S	
62	Rebeccan Fenelon	Halton and Frodsham	28.7	N S	
213	Ellie Farrell	St Helens Sutton	29.1	N S	
66	Sophie Ferguson	Halton and Frodsham	29.2	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
253	Emma Alderson	Southport / Waterloo	87.3	A 1	16
64	Elizabeth Wright	Halton and Frodsham	95.3	A 3	14
39	Obi Curry	Wirral	101.1	A 4	13
222	Zoe Pye	St Helens Sutton	104.4	B 2	7
98	Abbi Williams	West Cheshire	106	B 5	4
96	Sophie Hemmingbrough	West Cheshire	95	A 2	15
254	Alex Bunclarke	Southport / Waterloo	101.2	B 1	8
212	Caitlin Young	St Helens Sutton	103.6	A 5	12
42	Erin Davies	Wirral	104.7	B 3	6
244	Ellie Tron	Halton and Frodsham	105.3	B 4	5

6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
245	Chelsey Fairclough	Halton and Frodsham	119	N S	
219	Natalie Tait	St Helens Sutton	112.3	N S	

Individual Track 3					
No	Name	Club	Time	Rank	Points

Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	







		<b>4 x 2 Lap Relay</b>	
<b>Team</b>	<b>Time in secs</b>	<b>Rank /</b>	<b>Points</b>
Deeside			
Halton and Frodsham	110.31	4	15
Handforth			
Macclesfield			
Southport / Waterloo	112.80	5	12
St Helens Sutton	110.30	3	18
West Cheshire	109.20	2	21
Wirral	108.80	1	24

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Under 15 - Girls

			Deeside	Halton and Frodsham	West Cheshire
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	21.5	20.5	24
		6 Lap Race	21	16	23
	<b>Relay</b>	4 x 2 Lap Relay	21		24
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce	21	16	23
		Standing Long Jump	24	14	22
		Standing Triple Jump	23	14	23
	<b>Throws</b>	Shot Put	22	20	24
		<b>Total</b>	<b>153.5</b>	<b>100.5</b>	<b>163</b>
	<b>Overall Position</b>	<b>2</b>	<b>3</b>	<b>1</b>	



NWL 2012/2013			Track - Individual				Field - Jumps						Field - Throws					
9 December 2011			Under 15 - Girls				2 Lap Race		6 Lap Race		Speed Bounce		Standing Long Jump		Standing Triple Jump		Shot Put	
No	Name	Club	Time	Pos	Time	Pos	Bounces	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos		
99	Tia Williams	Deeside					61	A 3	2.13	B 1					7.92	A 2		
100	Chloe Hughes	Deeside							2.32	A 1			6.51	A 1	5.03	N S		
201	Siwan Ifans	Deeside			97.50	A 3							5.03	N S				
202	Sarah Atkinson	Deeside	26.90	A 2									5.66	N S	6.36	B 2		
203	Catrin Owen	Deeside	31.80	N S														
204	Courtney Price	Deeside													4.40	N S		
205	Libby Purchase	Deeside			105.50	B 2	54	B 2	1.83	N S								
206	Sally Butler	Deeside	27.40	N S					1.91	N S								
207	Anna Woodward	Deeside	27.30	B 2									5.78	B 2				









2 Lap Race					
No	Name	Club	Time	Rank	Points
69	Georgia Barlow	West Cheshire	26	A 1	16
70	Samhilda Megonigle	West Cheshire	26.9	B 1	8
225	Kiara Grady	Halton and Frodsham	26.9	A 2	14.5
202	Sarah Atkinson	Deeside	26.9	A 2	14.5
207	Anna Woodward	Deeside	27.3	B 2	7
224	Emily Ross	Halton and Frodsham	29.4	B 3	6
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	
71	Emily Ball	West Cheshire	26.9	N S	
74	Vanessa Ozeemelam	West Cheshire	27.4	N S	
206	Sally Butler	Deeside	27.4	N S	
73	Victoria Smith	West Cheshire	27.6	N S	
203	Catrin Owen	Deeside	31.8	N S	

6 Lap Race					
No	Name	Club	Time	Rank	Points
225	Kiara Grady	Halton and Frodsham	91.8	A 1	16
69	Georgia Barlow	West Cheshire	93.1	A 2	15
72	Sophie Carter	West Cheshire	96.6	B 1	8
201	Siwan Ifans	Deeside	97.5	A 3	14
205	Libby Purchase	Deeside	105.5	B 2	7
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	



Speed Bounce					
No	Name	Club	Bounces	Rank	Points
99	Tia Williams	Deeside	61	A 3	14
205	Libby Purchase	Deeside	54	B 2	7
224	Emily Ross	Halton and Frodsham	76	A 1	16
72	Sophie Carter	West Cheshire	71	B 1	8
69	Georgia Barlow	West Cheshire	72	A 2	15
Speed Bounce - Non Scoring					
No	Name	Club	Bounces	NS	
73	Victoria Smith	West Cheshire	65	N S	
74	Vanessa Ozeemelam	West Cheshire	61	N S	

Standing Long Jump						
No	Name	Club	Distance (m)	Rank	Points	
100	Chloe Hughes	Deeside	2.32	A 1	16	
99	Tia Williams	Deeside	2.13	B 1	8	
225	Klara Grady	Halton and Frodsham	1.82	A 3	14	
71	Emily Ball	West Cheshire	2.26	A 2	15	
72	Sophie Carter	West Cheshire	2.10	B 2	7	
Standing Long Jump - Non Scoring						
No	Name	Club	Distance (m)	NS		
206	Sally Butler	Deeside	1.91	N S		
205	Libby Purchase	Deeside	1.83	N S		
74	Vanessa Ozeemelam	West Cheshire	2.00	N S		

Standing Triple Jump					
No	Name	Club	Distance (m)	Rank	Points
224	Emily Ross	Halton and Frodsham	5.57	A 3	14
69	Georgia Barlow	West Cheshire	5.83	B 1	8
70	Samhilda Megonigle	West Cheshire	6.34	A 2	15
100	Chloe Hughes	Deeside	6.51	A 1	16
207	Anna Woodward	Deeside	5.78	B 2	7
Standing Triple Jump - Non Scoring					
No	Name	Club	Distance (m)	NS	
201	Siwan Ifans	Deeside	5.03	N S	
202	Sarah Atkinson	Deeside	5.66	N S	



		4 x 2 Lap Relay	
Team	Time in secs	Rank /	Points
Deeside	108.40	2	21
Halton and Frodsham			
Handforth			
Macclesfield			
Southport / Waterloo			
St Helens Sutton			
West Cheshire	107.20	1	24
Wirral			