

# **Norfolk Sportshall Athletics League**

League Fixture 1 of 3  
Sat 7 October 2006  
UEA Sportspark, Norwich

## **BOYS Results**

[www.NorfolkSportshall.org.uk](http://www.NorfolkSportshall.org.uk)

# Norfolk sports:hall League Team Result Sheet

Date & Venue

UEA

07/10/06

<b>U11 Boys</b>	2 lap	4 lap	2 Lap Hurdles	SLJ	SBT	V/J	Speed Bounce	Paarlauf Relay	Obstacle Relay	Total	Position
Conac O	10	9	9	9	6	10	8	10	8	<b>79</b>	<b>1</b>
NRR	6	5	7	6	9	6	10	8	7	<b>64</b>	<b>2</b>
Ryston	7	10	10	10	8	0	9	9	0	<b>63</b>	<b>3</b>
Gt.Yarmouth	9	6	5	8	4	9	6	6	10	<b>63</b>	<b>3</b>
Dereham J	5	7	4	5	7	8	7	5	9	<b>57</b>	<b>5</b>
Dereham D	4	8	6	4	6	7	5	4	6	<b>50</b>	<b>6</b>
West Norfolk	8	0	8	7	10	0	0	8	0	<b>41</b>	<b>7</b>

**Under 11 Boys 2 Lap**

	A	B	TOTAL	POINTS	
CONAC		25.8	26.8	52.6	10
GYDAC		25.3	28	53.3	9
WEST NORF		28.8	26.4	55.2	8
RYSTON		27.4	28.5	55.9	7
NRR		26.1	29.9	56	6
DEREHAM J		28.2	30	58.2	5
DEREHAM D		30.6	29.5	60.1	4

**Under 11 Boys 4 Lap**

	A	B	TOTAL	POINTS	
RYSTON		56	61.9	117.9	10
CONAC		57.5	60.7	118.2	9
DEREHAM D		57.2	64.5	121.7	8
DEREHAM J		60.1	62.3	122.4	7
GYDAC		57.8	66.1	123.9	6
NRR		63.9	65.9	129.8	5
			0	0	0

**Under 11 Boys 2 Lap Hurdles**

	A	B	TOTAL	POINTS	
RYSTON		28.1	30.3	58.4	10
CONAC		30.4	30.3	60.7	9
WEST NORF		33.7	29.3	63	8
NRR		32.8	30.7	63.5	7
DEREHAM D		32.8	32.8	65.6	6
GYDAC		30.2	35.8	66	5
DEREHAM J		34.9	31.6	66.5	4

**Under 11 Boys Standing Long Jump**

	A	B	TOTAL	POINTS	
RYSTON		1.92	1.78	3.7	10
CONAC		1.76	1.74	3.5	9
GYDAC		1.88	1.56	3.44	8
WEST NORF		1.58	1.78	3.36	7
NRR		1.62	1.62	3.24	6
DEREHAM J		1.62	1.48	3.1	5
DEREHAM D		1.58	1.28	2.86	4

**Under 11 Boys Speed Bounce**

	A	B	TOTAL	POINTS	
NRR		49	50	99	10
RYSTON		49	48	97	9
CONAC		52	42	94	8

Under 11 Boys - UEA 7 October 2006

DEREHAM J	48	45	93	7
GYDAC	52	35	87	6
DEREHAM D	39	46	85	5
			0	0

**Under 11 Boys Seated Ball Throw**

	A	B	TOTAL	POINTS
WEST NORF	6.25	5.75	12	10
NRR	4.75	5	9.75	9
RYSTON	5	4.5	9.5	8
DEREHAM J	5.5	3.75	9.25	7
CONAC	4	4.75	8.75	6
DEREHAM D	5.75	3	8.75	6
GYDAC	4.75	3.75	8.5	4

**Under 11 Boys Vertical Jump**

	A	B	TOTAL	POINTS
CONAC	38	38	76	10
GYDAC	46	21	67	9
DEREHAM J	33	30	63	8
DEREHAM D	28	29	57	7
NRR	28	25	53	6
RYSTON			0	0
			0	0

**Under 11 Boys PAARLAUF**

	A	B	TOTAL	POINTS
CONAC	80.8		80.8	10
RYSTON	81.5		81.5	9
NRR	83.8		83.8	8
WEST NORF	83.8		83.8	8
GYDAC	86.1		86.1	6
DEREHAM J	90.9		90.9	5
DEREHAM D	91.3		91.3	4

**Under 11 Boys OBSTACLE**

	A	B	TOTAL	POINTS
GYDAC	92		92	10
DEREHAM J	92.4		92.4	9
CONAC	94.1		94.1	8
NRR	98.4		98.4	7
DEREHAM D	100.2		100.2	6
RYSTON			0	0

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UEA

<b>U13 BOYS</b>	2 lap	4 lap	6 Lap	2 Lap Hurdles	SLJ	STJ	Shot	V/J	Speed Bounce	4x2 Lap Relay	Obstacle Relay	Total	Position
Conac	10	10	10	10	10	10	10	10	10	10	10	<b>110</b>	<b>1</b>
Dereham	8	8	9	9	7	0	9	7	9	0	0	<b>66</b>	<b>2</b>
Gt.Yarmouth	7	6	8	0	0	0	8	9	7	0	0	<b>45</b>	<b>3</b>
Ryston	10	9	0	0	9	0	0	8	8	0	0	<b>44</b>	<b>4</b>
Thetford	6	7	0	0	8	0	0	0	6	0	0	<b>27</b>	<b>5</b>
												<b>0</b>	<b>6</b>
												<b>0</b>	<b>7</b>

**Under 13 Boys 2 Lap**

	A	B	TOTAL	POINTS
CONAC	24.4	25.7	50.1	10
RYSTON	24.4	25.7	50.1	10
DEREHAM J	25.7	28.9	54.6	8
GYDAC	25.9		25.9	7
THET	26		26	6
			0	0
			0	0

**Under 13 Boys 4 Lap**

	A	B	TOTAL	POINTS
CONAC	54.3	56.6	110.9	10
RYSTON	58.1	55.2	113.3	9
DEREHAM J	56.5		56.5	8
THET	57.5		57.5	7
GYDAC	66		66	6
			0	0
			0	0

**Under 13 Boys 2 Lap Hurdles**

	A	B	TOTAL	POINTS
CONAC	24.5	27.2	51.7	10
DEREHAM J	27.2	37.3	64.5	9
RYSTON			0	0
GYDAC			0	0
THET			0	0
			0	0
			0	0

**Under 13 Boys 6 Lap**

	A	B	TOTAL	POINTS
CONAC	78.3	80.6	158.9	10
DEREHAM J	91.3		91.3	9
GYDAC	91.5		91.5	8
RYSTON			0	0
THET			0	0
			0	0
			0	0

**Under 13 Boys Speed Bounce**

	A	B	TOTAL	POINTS
CONAC	71	77	148	10
DEREHAM J	67	73	140	9
RYSTON	76		76	8

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GYDAC	68	68	7
THET	65	65	6
		0	0
		0	0

**Under 13 Boys Vertical Jump**

	A	B	TOTAL	POINTS
CONAC	49	40	89	10
GYDAC	43		43	9
RYSTON	38		38	8
DEREHAM J	37		37	7
THET			0	
			0	
			0	0

**Under 13 Boys Standing Triple Jump**

	A	B	TOTAL	POINTS
CONAC	6.54	5.79	12.33	10
RYSTON			0	0
DEREHAM J			0	0
GYDAC			0	0
THET			0	0
			0	0
			0	0
			0	0

**Under 13 Boys Standing Long Jump**

	A	B	TOTAL	POINTS
CONAC	2.24	1.88	4.12	10
RYSTON	1.79	1.6	3.39	9
THET	1.8		1.8	8
DEREHAM J	1.78		1.78	7
GYDAC			0	0
			0	0
			0	0
			0	0
			0	0

**Under 13 Boys Shot**

	A	B	TOTAL	POINTS
CONAC	5.6	5.38	10.98	10
DEREHAM	5.93	4.4	10.33	9
GYDAC	5		5	8
			0	
			0	
			0	
			0	
			0	0

**Under 13 Boys 4 x 2 Relay**

	A	B	TOTAL	POINTS
CONAC	96.5		96.5	10

Under 13 Boys - UEA 7 October 2006

RYSTON	0	0
DEREHAM J	0	0
GYDAC	0	0
THET	0	0
	0	0
	0	0
	0	0
	0	0

	<b>Under 13 Boys      Obstacle Relay</b>		TOTAL	POINTS
	A	B		
CONAC	76.8		76.8	10
RYSTON			0	0
DEREHAM J			0	0
GYDAC			0	0
THET			0	0
			0	0
			0	0
			0	0



