

Norfolk Sportshall Athletics League

League Fixture 3 of 3
Sat 16 December 2006
UEA Sportspark, Norwich

Results

www.NorfolkSportshall.org.uk

Norfolk sports:hall League Team Result Sheet

Date & Venue

UEA

16/12/06

U11 Boys	2 lap	4 lap	2 Lap Hurdles	SLJ	SBT	V/J	Speed Bounce	Paarlauf Relay	Obstacle Relay	Total	Position
Ryston	10	10	10	10	9	10	10	10	9	88	1
Conac O	9	9	9	7	7	9	6	9	10	75	2
Gt.Yarmouth	8	8	8	9	7	9	7	5	7	68	3
Dereham J	5	4	6	6	9	6	8	6	8	58	4
West Norfolk K	6	7	5	9	10	5	2	8	5	57	5
NRR	7	5	3	4	7	4	9	7	4	50	6
DISS	2	6	7	5	7	7	4	0	6	44	7
Dereham D	3	3	4	3	3	3	5	4	3	31	8
West Norfolk N	4	2	2	2	2	2	3	3	0	20	9

Norfolk sports:hall League Team Result Sheet

Date & Venue

UEA

16/12/06

U11 Girls	2 lap	4 lap	2 Lap Hurdles	SLJ	SBT	V/J	Speed Bounce	Paarlauf Relay	Obstacle Relay	Total	Position
Conac O	10	7	10	9	10	9	10	10	10	85	1
Diss S	9	8	8	10	9	10	8	8	9	79	2
Conac Z	8	10	9	6	8	8	3	9	0	61	3
NRR	7	9	5	8	8	6	6	6	6	61	3
Ryston	6	5	6	8	4	7	9	7	8	60	5
Dereham J	2	6	2	4	6	5	7	0	7	39	6
Diss A	4	4	4	5	3	4	5	4	0	33	7
West Norfolk	5	0	7	3	5	0	0	5	0	25	8
Thetford	3	0	3	2	0	4	5	0	0	17	9
Gt.Yarmouth	0	0	0	0	0	0	0	0	0	0	10

Norfolk sports:hall League Team Result Sheet

Date & Venue
16/12/06

UEA

U13 BOYS	2 lap	4 lap	6 Lap	2 Lap Hurdles	SLJ	STJ	Shot	V/J	Speed Bounce	4x2 Lap Relay	Obstacle Relay	Total	Position
Conac	10	9	10	10	8	9	10	10	10	10	10	106	1
Diss	7	10	9	8	9	10	9	9	9	9	8	97	2
Gt.Yarmouth	9	0	8	9	10	8	8	8	7	0	9	76	3
Ryston	8	6	0	0	7	7	0	7	0	0	0	35	4
Thetford	5	7	0	0	6	0	0	0	8	0	0	26	5
Dereham	6	8	0	0	5	0	0	0	6	0	0	25	6
												0	7

Norfolk sports:hall League Team Result Sheet

Date & Venue

UEA

16/12/06

U13 Girls	2 lap	4 lap	6 Lap	2 Lap Hurdles	SLJ	STJ	Shot	V/J	Speed Bounce	4x2 Lap Relay	Obstacle Relay	Total	Position
Conac O	10	10	10	10	10	10	10	10	9	10	10	109	1
Conac Z	9	5	8	8	9	8	9	7	10	8	8	89	2
West Norfolk	8	9	9	5	7	0	8	10	6	9	9	80	3
Ryston	7	6	7	9	0	9	7	8	7	7	7	74	4
NRR	5	8	7	7	5	7	6	6	5	6	5	67	5
Gt.Yarmouth	6	4	0	6	6	0	0	5	4	0	6	37	6
Diss	0	7	5	4	8	0	0	0	8	0	0	32	7
Thetford	4	3	0	0	4	6	0	0	0	0	0	17	7

Issue 2

Norfolk Sportshall League 2006

Under 15 Girls Challenge

Venue	UEA	2	4	Speed	Vertical	Standing	Shot	Total
Date	16/12/06	Lap	Lap	Bounce	Jump	Long Jump	Put	

Position	No.	Name	2 Lap		4 Lap		Speed Bounce		Vertical Jump		Standing Long Jump		Shot Put		Total
1	280	laura green conac	23.8	18	55.4	15	88	20	56	20	2.09	19	6.75	19	111
				18		33		53		73		92		111	111
2	288	mimi denmark conac	23.8	18	50.9	19	85	19	41	16	2.07	17	7.58	20	109
				18		37		56		72		89		109	109
3	278	shanice burch wnac	23.1	20	50	20	84	18	44	18	2.01	15	5.8	15	106
				20		40		58		76		91		106	106
4	285	chloe smith conac	24.1	16	50.9	18	70	14	55	19	2.19	20	6.52	18	105
				16		34		48		67		87		105	105
5	282	victoria borrmann ryston	23.7	19	51.5	17	79	16	40	15	2.08	18	6.27	17	102
				19		36		52		67		85		102	102
6	289	sophie poyner conac	24.1	16	53.8	16	57	12	39	14	2.05	16	5.93	16	90
				16		32		44		58		74		90	90
7	284	chloe crisp conac	25.2	14	57.6	14	72	15	43	17	1.78	14	5.49	14	88
				14		28		43		60		74		88	88
8	293	erica sullivan nrr	26.4	13	58.6	13	80	17	35	13	1.72	13	4.32	13	82
				13		26		43		56		69		82	82
9	286	laura rout diss					62	13	34	12	1.68	12			37
				0		0		13		25		37		37	37

Norfolk Sportshall League 2006

Under 15 Boys Challenge

Venue	UEA	2	4	Speed	Triple	Standing	Shot	Total
Date	16/12/06	Lap	Lap	Bounce	Jump	Long Jump	Put	

Position	No.	Name	2 Lap		4 Lap		Speed Bounce		Triple Jump		Standing Long Jump		Shot Put		Total
1	287	daniel beebby ryston	23	19	48.6	19	73	19	7.24	19	2.23	16	6.89	18	110
			19	38	57	76	92	110	110						
2	277	gordon coe diss	23.3	18	51.9	18	62	15	7.1	18	2.58	19	12.31	20	108
			18	36	51	69	88	108	108						
3	291	josh chaplain-barton wnac	22.5	20	47.6	20	64	18	5.9	16	2.27	17	6.37	14	105
			20	40	58	74	91	105	105						
4	281	adam howard conac	24.7	14	55.6	13	64	18	7.49	20	2.58	20	6.87	17	102
			14	27	45	65	85	102	102						
5	276	wesley attew gydac	24	16	54.2	15	74	20	6.74	17	2.27	18	6.14	13	99
			16	31	51	68	86	99	99						
6	279	max burrows diss	23.4	17	52.3	17	63	16	5.9	15	2.02	14	8.58	19	98
			17	34	50	65	79	98	98						
7	283	ben johnson gydac	25.7	13	54.1	16	56	14	5.76	14	1.97	13	6.62	16	86
			13	29	43	57	16	86	86						
8	292	duncan jay nrr	24.5	15	55.5	14	51	13	5.48	12	1.86	12	6.44	15	81
			15	29	42	54	66	81	81						
9	290	robert taylor ryston	26	12	59.6	12	51	13	5.48	13	2.09	15	5.62	12	77
			12	24	37	50	65	77	77						