

North West Sportshall Athletics League 2009 - 2010
League Tables after Round One
4th October 2009

U/11 Girls	Round 1	Total
Deeside	132	132
Crewe & Nantwich	124	124
Halton & Frodsham	115	115
West Cheshire	113	113
Sutton St Helens	88	88
Warrington	64	64

U/11 Boys	Round 1	Total
Crewe	139	139
Halton & Frodsham	125	125
Deeside	110.5	110.5
West Cheshire	95.5	95.5
Handforth	77.5	77.5
Warrington	61.5	61.5
Sutton St Helens	49	49

U/13 Girls	Round 1	Total
Crewe & Nantwich	140	140
West Cheshire	128	128
Halton & Frodsham	117.5	117.5
Warrington	74	74
Sutton St Helens	58.5	58.5
Deeside	47	47

U/13 Boys	Round 1	Total
West Cheshire	128	128
Crewe & Nantwich	126.5	126.5
Sutton St Helens	98.5	98.5
Warrington	93	93
Deeside	57	57
Halton & Frodsham	18	18

U/15 Girls	Round 1	Total
West Cheshire	135.5	135.5
Crewe & Nantwich	133.5	133.5
Deeside	119	119
Warrington	95	95
Sutton St Helens	62.5	62.5
Halton & Frodsham	41.5	41.5

U/15 Boys	Round 1	Total
Deeside	141	141
West Cheshire	123	123
Crewe & Nantwich	84	84
Halton & Frodsham	78	78
Warrington	30	30
Handforth	23	23

Athlete Results

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	CP	SB	SLJ	VJ
1	59	Chloe Hughes	Deeside	40.0	14.0		14.0		12.0	
2=	69	Annabel Kitchen	Halton and Frodsham	38.0	11.0	13.0			14.0	
2=	94	Kelly Chadwick	Warrington	38.0	12.0				13.0	13.0
4	8	Georgia Barlow	West Cheshire	33.0	13.0	14.0	6.0			
5	60	Charlotte Walters	Deeside	29.0	6.0			11.0		12.0
6	9	Olivia Williams	West Cheshire	27.0	5.0		13.0		9.0	
7	44	Cara Gibbons	Crewe and Nantwich	26.0		12.0				14.0
8	62	Millie Williams	Deeside	25.0		11.0	7.0			7.0
9	42	Ella Nicholls	Crewe and Nantwich	23.0	7.0				10.0	6.0
10	36	Monique Latham	Crewe and Nantwich	21.0	9.0	6.0			6.0	
11=	21	Rebecca Smith	Sutton St Helens	20.0					11.0	9.0
11=	92	Grace Croughan	Sutton St Helens	20.0			10.0	10.0		
13=	10	Sophie Baker	West Cheshire	18.0		4.0		14.0		
13=	18	Jessica Leonard	Sutton St Helens	18.0	10.0			3.0	5.0	
15	71	Georgia Massey	Halton and Frodsham	17.0	4.0	7.0		6.0		
16	70	Jenny Pyatt	Halton and Frodsham	16.0			12.0			4.0
17	95	Hannah Kirsop	Warrington	15.0	3.0		9.0		3.0	
18	13	Ella Robson	West Cheshire	14.0				4.0		10.0
19=	19	Alex Bottomley	Sutton St Helens	13.0		10.0	3.0			
19=	43	Ella Barker	Crewe and Nantwich	13.0				13.0		
21	73	Caitlin Ord	Halton and Frodsham	12.0				12.0		
22=	40	Eve Nickerson	Crewe and Nantwich	11.0			11.0			
22=	74	Alex Harding	Halton and Frodsham	11.0						11.0
22=	93	Morgan Barber	Warrington	11.0			2.0	9.0		
25=	35	Rachel Fifer	Crewe and Nantwich	7.0				7.0		
25=	65	Rachel Swash	Deeside	7.0					7.0	
27=	11	Sophie Carter	West Cheshire	5.0						5.0
27=	17	Hannah Strabrook	Sutton St Helens	5.0	2.0	3.0				
27=	37	Mollie Bell	Crewe and Nantwich	5.0			5.0			
27=	63	Abby Fraser	Deeside	5.0		5.0				
27=	68	Megan Ward	Deeside	5.0				5.0		
32=	15	Mia Rollins	West Cheshire	4.0					4.0	
32=	75	Charlie Harding	Halton and Frodsham	4.0			4.0			
34	20	Daniella Foulkes	Sutton St Helens	3.0						3.0
35	78	Charlotte King	Halton and Frodsham	2.0					2.0	
36=	12	April Kirk	West Cheshire	0.0						
36=	14	Sophie Davis	West Cheshire	0.0						
36=	16	Eleanor Moore	West Cheshire	0.0						
36=	38	Maisie Bell	Crewe and Nantwich	0.0						
36=	39	Georgia Edge	Crewe and Nantwich	0.0						
36=	41	Emily Ashman	Crewe and Nantwich	0.0						
36=	61	Tilly Owens	Deeside	0.0						
36=	64	Georgina Hardy	Deeside	0.0						
36=	66	Tia Williams	Deeside	0.0						
36=	67	Erin Parry	Deeside	0.0						
36=	72	Olivia Church	Halton and Frodsham	0.0						

Athlete Results

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	BibNo Athlete	Team	Score	2LR	4LR	CP	SB	SLJ	VJ
36=	76 Megan Aspinall	Halton and Frodsham	0.0						
36=	77 Megan Burkey	Halton and Frodsham	0.0						
36=	79 Ines Robinson	Halton and Frodsham	0.0						
36=	80 Sorcha Robinson	Halton and Frodsham	0.0						

Team Results

Crewe and Nantwich ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
35	Rachel Fifer	2LR	30.1				30.1		
35	Rachel Fifer	SB	49				49	1	7.0
35	Rachel Fifer	SLJ	1.52	0.00	1.44	0.00	1.52		
36	Monique Latham	2LR	28.1				28.1	6	9.0
36	Monique Latham	4LR	1:02.7				1:02.7	2	6.0
36	Monique Latham	SLJ	1.74	1.73	1.76	0.00	1.76	2	6.0
37	Mollie Bell	2LR	29.4				29.4		
37	Mollie Bell	CP	5.25	5.00	5.25	0.00	5.25	3	5.0
37	Mollie Bell	SB	49				49		
38	Maisie Bell	2LR	29.3				29.3		
38	Maisie Bell	4LR	1:05.4				1:05.4		
38	Maisie Bell	CP	4.00	5.00	4.50	0.00	5.00		
39	Georgia Edge	2LR	31.0				31.0		
39	Georgia Edge	4LR	1:10.0				1:10.0		
39	Georgia Edge	CP	3.75	4.00	4.00	0.00	4.00		
40	Eve Nickerson	2LR	28.4				28.4		
40	Eve Nickerson	CP	5.50	5.50	5.25	0.00	5.50	4	11.0
40	Eve Nickerson	SLJ	1.55	1.71	1.64	0.00	1.71		
41	Emily Ashman	2LR	30.8				30.8		
41	Emily Ashman	4LR	1:13.2				1:13.2		
41	Emily Ashman	SB	44				44		
42	Ella Nicholls	2LR	28.1				28.1	1	7.0
42	Ella Nicholls	SLJ	1.79	1.72	1.57	0.00	1.79	5	10.0
42	Ella Nicholls	VJ	35	35	39	0	39	2	6.0
43	Ella Barker	2LR	29.4				29.4		
43	Ella Barker	SB	52				52	2	13.0

Team Results

Crewe and Nantwich ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
43	Ella Barker	VJ	38	37	37	0	38		
44	Cara Gibbons	2LR	29.0				29.0		
44	Cara Gibbons	4LR	1:01.7				1:01.7	3	12.0
44	Cara Gibbons	VJ	48	48	49	0	49	1	14.0

Team Results

Deeside ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
59	Chloe Hughes	2LR	26.7				26.7	1	14.0
59	Chloe Hughes	CP	5.75	5.75	5.75	0.00	5.75	1	14.0
59	Chloe Hughes	SLJ	1.98	1.86	1.95	0.00	1.98	3	12.0
60	Charlotte Walters	2LR	28.2				28.2	2	6.0
60	Charlotte Walters	SB	47				47	4	11.0
60	Charlotte Walters	VJ	45	44	43	0	45	3	12.0
61	Tilly Owens	2LR	29.1				29.1		
61	Tilly Owens	CP	4.25	4.75	4.75	0.00	4.75		
61	Tilly Owens	SLJ	1.62	1.56	1.56	0.00	1.62		
62	Millie Williams	4LR	1:03.7				1:03.7	4	11.0
62	Millie Williams	CP	5.50	5.25	5.25	0.00	5.50	1	7.0
62	Millie Williams	VJ	39	42	42	0	42	1	7.0
63	Abby Fraser	4LR	1:03.9				1:03.9	3	5.0
63	Abby Fraser	SB	40				40		
64	Georgina Hardy	4LR	1:07.0				1:07.0		
64	Georgina Hardy	SB	42				42		
64	Georgina Hardy	SLJ	1.66	1.68	1.75	0.00	1.75		
65	Rachel Swash	2LR	29.3				29.3		
65	Rachel Swash	SLJ	0.00	1.75	1.78	0.00	1.78	1	7.0
65	Rachel Swash	VJ	47	48	45	0	48		
66	Tia Williams	CP	5.50	0.00	0.00	0.00	5.50		
67	Erin Parry	2LR	31.6				31.6		
67	Erin Parry	VJ	24	0	30	0	30		
68	Megan Ward	4LR	1:09.6				1:09.6		
68	Megan Ward	SB	45				45	3	5.0

Team Results

Halton and Frodsham ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
69	Annabel Kitchen	2LR	27.2				27.2	4	11.0
69	Annabel Kitchen	4LR	1:00.9				1:00.9	2	13.0
69	Annabel Kitchen	SLJ	2.06	1.98	2.03	0.00	2.06	1	14.0
70	Jenny Pyatt	4LR	1:07.8				1:07.8		
70	Jenny Pyatt	CP	5.50	5.75	5.50	0.00	5.75	3	12.0
70	Jenny Pyatt	VJ	34	31	32	0	34	4	4.0
71	Georgia Massey	2LR	29.4				29.4	4	4.0
71	Georgia Massey	4LR	1:02.0				1:02.0	1	7.0
71	Georgia Massey	SB	48				48	2	6.0
72	Olivia Church	2LR	29.4				29.4		
72	Olivia Church	4LR	1:07.2				1:07.2		
72	Olivia Church	CP	4.00	3.50	4.00	0.00	4.00		
73	Caitlin Ord	2LR	27.9				27.9		
73	Caitlin Ord	4LR	1:04.7				1:04.7		
73	Caitlin Ord	SB	50				50	3	12.0
74	Alex Harding	2LR	30.1				30.1		
74	Alex Harding	4LR	1:07.5				1:07.5		
74	Alex Harding	SB	37				37		
74	Alex Harding	VJ	26	32	36	0	36	4	11.0
75	Charlie Harding	2LR	31.4				31.4		
75	Charlie Harding	4LR	1:07.7				1:07.7		
75	Charlie Harding	CP	3.75	4.50	4.50	0.00	4.50	4	4.0
75	Charlie Harding	SB	40				40		
76	Megan Aspinall	2LR	32.8				32.8		
76	Megan Aspinall	SLJ	1.33	1.29	1.29	0.00	1.33		
76	Megan Aspinall	VJ	26	27	24	0	27		

Team Results

Halton and Frodsham ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
77	Megan Burkey	2LR	32.1				32.1		
77	Megan Burkey	CP	3.75	3.25	3.75	0.00	3.75		
78	Charlotte King	4LR	1:17.2				1:17.2		
78	Charlotte King	SLJ	1.54	1.45	1.49	0.00	1.54	6	2.0
79	Ines Robinson	2LR	29.3				29.3		
79	Ines Robinson	4LR	1:05.2				1:05.2		
79	Ines Robinson	CP	4.25	4.25	0.00	0.00	4.25		
80	Sorcha Robinson	CP	3.50	3.75	3.75	0.00	3.75		

Team Results

Handforth ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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***** no results for this team *****

Team Results

Sutton St Helens ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
17	Hannah Strabrook	2LR	32.6				32.6	6	2.0
17	Hannah Strabrook	4LR	1:14.3				1:14.3	5	3.0
17	Hannah Strabrook	SB	38				38		
18	Jessica Leonard	2LR	27.3				27.3	5	10.0
18	Jessica Leonard	SB	43				43	5	3.0
18	Jessica Leonard	SLJ	1.74	1.75	1.57	0.00	1.75	3	5.0
19	Alex Bottomley	4LR	1:06.4				1:06.4	5	10.0
19	Alex Bottomley	CP	3.75	0.00	3.75	0.00	3.75	5	3.0
19	Alex Bottomley	VJ	24	26	27	0	27		
20	Daniella Foulkes	2LR	33.2				33.2		
20	Daniella Foulkes	SB	33				33		
20	Daniella Foulkes	VJ	30	31	28	0	31	5	3.0
21	Rebecca Smith	4LR	1:05.6				1:05.6		
21	Rebecca Smith	SLJ	1.74	1.73	1.84	0.00	1.84	4	11.0
21	Rebecca Smith	VJ	30	35	35	0	35	6	9.0
92	Grace Croughan	CP	4.25	0.00	0.00	0.00	4.25	5	10.0
92	Grace Croughan	SB	44				44	5	10.0

Team Results

Warrington ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
93	Morgan Barber	4LR	0.0				0.0		
93	Morgan Barber	CP	3.50	3.00	3.00	0.00	3.50	6	2.0
93	Morgan Barber	SB	33				33	6	9.0
94	Kelly Chadwick	2LR	27.2				27.2	3	12.0
94	Kelly Chadwick	SLJ	1.94	2.02	2.03	0.00	2.03	2	13.0
94	Kelly Chadwick	VJ	46	41	47	0	47	2	13.0
95	Hannah Kirsop	2LR	32.2				32.2	5	3.0
95	Hannah Kirsop	CP	3.75	3.75	3.75	0.00	3.75	6	9.0
95	Hannah Kirsop	SLJ	1.56	1.57	1.56	0.00	1.57	5	3.0

Team Results

West Cheshire ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
8	Georgia Barlow	2LR	27.0				27.0	2	13.0
8	Georgia Barlow	4LR	1:00.7				1:00.7	1	14.0
8	Georgia Barlow	CP	5.00	5.50	5.25	0.00	5.50	2	6.0
9	Olivia Williams	2LR	28.6				28.6	3	5.0
9	Olivia Williams	CP	4.75	5.75	5.75	0.00	5.75	2	13.0
9	Olivia Williams	SLJ	1.56	1.55	1.60	0.00	1.60	6	9.0
10	Sophie Baker	2LR	30.4				30.4		
10	Sophie Baker	4LR	1:08.7				1:08.7	4	4.0
10	Sophie Baker	CP	5.25	5.25	5.00	0.00	5.25		
10	Sophie Baker	SB	53				53	1	14.0
11	Sophie Carter	2LR	31.1				31.1		
11	Sophie Carter	4LR	1:08.6				1:08.6		
11	Sophie Carter	VJ	32	35	33	0	35	3	5.0
12	April Kirk	2LR	31.7				31.7		
12	April Kirk	SB	42				42		
12	April Kirk	SLJ	1.54	1.50	1.46	0.00	1.54		
13	Ella Robson	2LR	31.7				31.7		
13	Ella Robson	SB	44				44	4	4.0
13	Ella Robson	VJ	32	35	35	0	35	5	10.0
14	Sophie Davis	2LR	31.5				31.5		
14	Sophie Davis	4LR	1:07.6				1:07.6		
14	Sophie Davis	SB	44				44		
15	Mia Rollins	2LR	31.6				31.6		
15	Mia Rollins	4LR	1:10.5				1:10.5		
15	Mia Rollins	SLJ	1.55	1.51	1.58	0.00	1.58	4	4.0
16	Eleanor Moore	2LR	31.6				31.6		

Team Results

West Cheshire ()

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Score	4x2	2LR	4LR	CP	SB	SLJ	VJ
1	Deeside		132.0	21.0	20.0	16.0	21.0	16.0	19.0	19.0
2	Crewe and Nantwich		124.0	18.0	16.0	18.0	16.0	20.0	16.0	20.0
3	Halton and Frodsham		115.0	15.0	15.0	20.0	16.0	18.0	16.0	15.0
4	West Cheshire		113.0	12.0	18.0	18.0	19.0	18.0	13.0	15.0
5	Sutton St Helens		88.0	9.0	12.0	13.0	13.0	13.0	16.0	12.0
6	Warrington		64.0	0.0	15.0	0.0	11.0	9.0	16.0	13.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
16	Eleanor Moore	4LR	1:12.9				1:12.9		
16	Eleanor Moore	VJ	18	0	16	0	18		

Results Sheet

2 Lap Race

Competition:

nwl1 U11G

Venue:

wigan

Date

25 Mar 2009

Ranking	Team	Colour	Points
1	Deeside		20.0
2	West Cheshire		18.0
3	Crewe and Nantwich		16.0
4=	Halton and Frodsham		15.0
4=	Warrington		15.0
6	Sutton St Helens		12.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside		59	Chloe Hughes	26.7	14.0
2	West Cheshire		8	Georgia Barlow	27.0	13.0
3	Warrington		94	Kelly Chadwick	27.2	12.0
4	Halton and Frodsham		69	Annabel Kitchen	27.2	11.0
5	Sutton St Helens		18	Jessica Leonard	27.3	10.0
6	Crewe and Nantwich		36	Monique Latham	28.1	9.0
1	Crewe and Nantwich		42	Ella Nicholls	28.1	7.0
2	Deeside		60	Charlotte Walters	28.2	6.0
3	West Cheshire		9	Olivia Williams	28.6	5.0
4	Halton and Frodsham		71	Georgia Massey	29.4	4.0
5	Warrington		95	Hannah Kirsop	32.2	3.0
6	Sutton St Helens		17	Hannah Strabrook	32.6	2.0
	Halton and Frodsham		73	Caitlin Ord	27.9	
	Crewe and Nantwich		40	Eve Nickerson	28.4	
	Crewe and Nantwich		44	Cara Gibbons	29.0	
	Deeside		61	Tilly Owens	29.1	
	Crewe and Nantwich		38	Maisie Bell	29.3	
	Deeside		65	Rachel Swash	29.3	
	Halton and Frodsham		79	Ines Robinson	29.3	
	Crewe and Nantwich		43	Ella Barker	29.4	
	Crewe and Nantwich		37	Mollie Bell	29.4	
	Halton and Frodsham		72	Olivia Church	29.4	
	Crewe and Nantwich		35	Rachel Fifer	30.1	
	Halton and Frodsham		74	Alex Harding	30.1	
	West Cheshire		10	Sophie Baker	30.4	
	Crewe and Nantwich		41	Emily Ashman	30.8	
	Crewe and Nantwich		39	Georgia Edge	31.0	
	West Cheshire		11	Sophie Carter	31.1	
	Halton and Frodsham		75	Charlie Harding	31.4	
	West Cheshire		14	Sophie Davis	31.5	
	West Cheshire		16	Eleanor Moore	31.6	
	Deeside		67	Erin Parry	31.6	
	West Cheshire		15	Mia Rollins	31.6	
	West Cheshire		13	Ella Robson	31.7	

Results Sheet

2 Lap Race

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Points
1	Deeside		20.0
2	West Cheshire		18.0
3	Crewe and Nantwich		16.0
4=	Halton and Frodsham		15.0
4=	Warrington		15.0
6	Sutton St Helens		12.0

Ranking	Team	Colour	BibNo	Name	Best	Points
	West Cheshire		12	April Kirk	31.7	
	Halton and Frodsham		77	Megan Burkey	32.1	
	Halton and Frodsham		76	Megan Aspinall	32.8	
	Sutton St Helens		20	Daniella Foulkes	33.2	

Results Sheet

4 Lap Race

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Points
1	Halton and Frodsham		20.0
2=	Crewe and Nantwich		18.0
2=	West Cheshire		18.0
4	Deeside		16.0
5	Sutton St Helens		13.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	West Cheshire		8	Georgia Barlow	1:00.7	14.0
2	Halton and Frodsham		69	Annabel Kitchen	1:00.9	13.0
3	Crewe and Nantwich		44	Cara Gibbons	1:01.7	12.0
4	Deeside		62	Millie Williams	1:03.7	11.0
5	Sutton St Helens		19	Alex Bottomley	1:06.4	10.0
1	Halton and Frodsham		71	Georgia Massey	1:02.0	7.0
2	Crewe and Nantwich		36	Monique Latham	1:02.7	6.0
3	Deeside		63	Abby Fraser	1:03.9	5.0
4	West Cheshire		10	Sophie Baker	1:08.7	4.0
5	Sutton St Helens		17	Hannah Strabrook	1:14.3	3.0
	Halton and Frodsham		73	Caitlin Ord	1:04.7	
	Halton and Frodsham		79	Ines Robinson	1:05.2	
	Crewe and Nantwich		38	Maisie Bell	1:05.4	
	Sutton St Helens		21	Rebecca Smith	1:05.6	
	Deeside		64	Georgina Hardy	1:07.0	
	Halton and Frodsham		72	Olivia Church	1:07.2	
	Halton and Frodsham		74	Alex Harding	1:07.5	
	West Cheshire		14	Sophie Davis	1:07.6	
	Halton and Frodsham		75	Charlie Harding	1:07.7	
	Halton and Frodsham		70	Jenny Pyatt	1:07.8	
	West Cheshire		11	Sophie Carter	1:08.6	
	Deeside		68	Megan Ward	1:09.6	
	Crewe and Nantwich		39	Georgia Edge	1:10.0	
	West Cheshire		15	Mia Rollins	1:10.5	
	West Cheshire		16	Eleanor Moore	1:12.9	
	Crewe and Nantwich		41	Emily Ashman	1:13.2	
	Halton and Frodsham		78	Charlotte King	1:17.2	

Results Sheet

4 x 2 Lap Relay

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Deeside		0.0	1:53.1	1:53.1	21.0
2	01	Crewe and Nantwich		0.0	1:53.2	1:53.2	18.0
3	03	Halton and Frodsham		0.0	1:56.1	1:56.1	15.0
4	07	West Cheshire		0.0	1:57.0	1:57.0	12.0
5	05	Sutton St Helens		0.0	2:04.3	2:04.3	9.0

Results Sheet

Chest Push

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Points
1	Deeside		21.0
2	West Cheshire		19.0
3=	Crewe and Nantwich		16.0
3=	Halton and Frodsham		16.0
5	Sutton St Helens		13.0
6	Warrington		11.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside		59	Chloe Hughes	5.75	14.0
2	West Cheshire		9	Olivia Williams	5.75	13.0
3	Halton and Frodsham		70	Jenny Pyatt	5.75	12.0
4	Crewe and Nantwich		40	Eve Nickerson	5.50	11.0
5	Sutton St Helens		92	Grace Croughan	4.25	10.0
6	Warrington		95	Hannah Kirsop	3.75	9.0
1	Deeside		62	Millie Williams	5.50	7.0
2	West Cheshire		8	Georgia Barlow	5.50	6.0
3	Crewe and Nantwich		37	Mollie Bell	5.25	5.0
4	Halton and Frodsham		75	Charlie Harding	4.50	4.0
5	Sutton St Helens		19	Alex Bottomley	3.75	3.0
6	Warrington		93	Morgan Barber	3.50	2.0
	Deeside		66	Tia Williams	5.50	
	West Cheshire		10	Sophie Baker	5.25	
	Crewe and Nantwich		38	Maisie Bell	5.00	
	Deeside		61	Tilly Owens	4.75	
	Halton and Frodsham		79	Ines Robinson	4.25	
	Halton and Frodsham		72	Olivia Church	4.00	
	Crewe and Nantwich		39	Georgia Edge	4.00	
	Halton and Frodsham		77	Megan Burkey	3.75	
	Halton and Frodsham		80	Sorcha Robinson	3.75	

Results Sheet

Speed Bounce

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		20.0
2=	Halton and Frodsham		18.0
2=	West Cheshire		18.0
4	Deeside		16.0
5	Sutton St Helens		13.0
6	Warrington		9.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	West Cheshire		10	Sophie Baker	53	14.0
2	Crewe and Nantwich		43	Ella Barker	52	13.0
3	Halton and Frodsham		73	Caitlin Ord	50	12.0
4	Deeside		60	Charlotte Walters	47	11.0
5	Sutton St Helens		92	Grace Croughan	44	10.0
6	Warrington		93	Morgan Barber	33	9.0
1	Crewe and Nantwich		35	Rachel Fifer	49	7.0
2	Halton and Frodsham		71	Georgia Massey	48	6.0
3	Deeside		68	Megan Ward	45	5.0
4	West Cheshire		13	Ella Robson	44	4.0
5	Sutton St Helens		18	Jessica Leonard	43	3.0
	Crewe and Nantwich		37	Mollie Bell	49	
	Crewe and Nantwich		41	Emily Ashman	44	
	West Cheshire		14	Sophie Davis	44	
	Deeside		64	Georgina Hardy	42	
	West Cheshire		12	April Kirk	42	
	Deeside		63	Abby Fraser	40	
	Halton and Frodsham		75	Charlie Harding	40	
	Sutton St Helens		17	Hannah Strabrook	38	
	Halton and Frodsham		74	Alex Harding	37	
	Sutton St Helens		20	Daniella Foulkes	33	

Results Sheet

Standing Long Jump

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Points
1	Deeside		19.0
2=	Crewe and Nantwich		16.0
2=	Halton and Frodsham		16.0
2=	Sutton St Helens		16.0
2=	Warrington		16.0
6	West Cheshire		13.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Halton and Frodsham		69	Annabel Kitchen	2.06	14.0
2	Warrington		94	Kelly Chadwick	2.03	13.0
3	Deeside		59	Chloe Hughes	1.98	12.0
4	Sutton St Helens		21	Rebecca Smith	1.84	11.0
5	Crewe and Nantwich		42	Ella Nicholls	1.79	10.0
6	West Cheshire		9	Olivia Williams	1.60	9.0
1	Deeside		65	Rachel Swash	1.78	7.0
2	Crewe and Nantwich		36	Monique Latham	1.76	6.0
3	Sutton St Helens		18	Jessica Leonard	1.75	5.0
4	West Cheshire		15	Mia Rollins	1.58	4.0
5	Warrington		95	Hannah Kirsop	1.57	3.0
6	Halton and Frodsham		78	Charlotte King	1.54	2.0
	Deeside		64	Georgina Hardy	1.75	
	Crewe and Nantwich		40	Eve Nickerson	1.71	
	Deeside		61	Tilly Owens	1.62	
	West Cheshire		12	April Kirk	1.54	
	Crewe and Nantwich		35	Rachel Fifer	1.52	
	Halton and Frodsham		76	Megan Aspinall	1.33	

Results Sheet

Vertical Jump

Competition:
nwl1 U11G

Venue:
wigan

Date
25 Mar 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		20.0
2	Deeside		19.0
3=	Halton and Frodsham		15.0
3=	West Cheshire		15.0
5	Warrington		13.0
6	Sutton St Helens		12.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		44	Cara Gibbons	49	14.0
2	Warrington		94	Kelly Chadwick	47	13.0
3	Deeside		60	Charlotte Walters	45	12.0
4	Halton and Frodsham		74	Alex Harding	36	11.0
5	West Cheshire		13	Ella Robson	35	10.0
6	Sutton St Helens		21	Rebecca Smith	35	9.0
1	Deeside		62	Millie Williams	42	7.0
2	Crewe and Nantwich		42	Ella Nicholls	39	6.0
3	West Cheshire		11	Sophie Carter	35	5.0
4	Halton and Frodsham		70	Jenny Pyatt	34	4.0
5	Sutton St Helens		20	Daniella Foulkes	31	3.0
	Deeside		65	Rachel Swash	48	
	Crewe and Nantwich		43	Ella Barker	38	
	Deeside		67	Erin Parry	30	
	Halton and Frodsham		76	Megan Aspinall	27	
	Sutton St Helens		19	Alex Bottomley	27	
	West Cheshire		16	Eleanor Moore	18	

Athlete Results

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	BibNo	Athlete	Team	Score	2LR	6LR	S	SB	SLJ	VJ
1	46	Georgia Pickles	Crewe and Nantwich	39.5	11.5	14.0			14.0	
2	26	Amy Williams	West Cheshire	39.0	14.0		13.0		12.0	
3=	50	Abby Duce	Crewe and Nantwich	35.0			14.0		7.0	14.0
3=	172	Laura Turley	Deeside	35.0	13.0		9.0		13.0	
5	25	Bethany Baxter	Sutton St Helens	34.5	11.5		12.0		11.0	
6	81	Jess Wright	Halton and Frodsham	34.0	7.0	13.0		14.0		
7	98	Lucy Deakin	Warrington	28.0	9.0		10.0		9.0	
8	82	Emily Pearson	Halton and Frodsham	27.0	10.0	7.0			10.0	
9	99	Jasmine King	Warrington	25.0		11.0		10.0		4.0
10	24	Sally Ashton	Sutton St Helens	24.0	3.0			12.0		9.0
11	97	Lauren McDonnell	Warrington	21.0	5.0		5.0			11.0
12	51	Shaunnah Murphy	Crewe and Nantwich	20.5			7.0	6.5		7.0
13	31	Chloe Hunt	West Cheshire	19.0		6.0				13.0
14	45	Katie Lennon	Crewe and Nantwich	18.0		5.0		13.0		
15=	30	Tess Corr	West Cheshire	12.0		12.0				
15=	173	Grace Hallows	Deeside	12.0						12.0
17=	27	Charlotte Williamson	West Cheshire	11.0				11.0		
17=	87	Sian Ellis	Halton and Frodsham	11.0			11.0			
19=	29	Laura Jones	West Cheshire	10.0	4.0					6.0
19=	88	Katie Dinsdale	Halton and Frodsham	10.0						10.0
21	84	Kate Morgan	Halton and Frodsham	9.0			4.0			5.0
22	83	Emily Ross	Halton and Frodsham	6.5				6.5		
23=	32	Emilee Durkin	West Cheshire	6.0					6.0	
23=	33	Sophie Percival	West Cheshire	6.0			6.0			
23=	47	Georgie Perris-Redding	Crewe and Nantwich	6.0	6.0					
26=	28	Emily Wood	West Cheshire	5.0				5.0		
26=	85	Skye Richards	Halton and Frodsham	5.0					5.0	
28=	34	India Cotgreave	West Cheshire	0.0						
28=	48	India Perris-Redding	Crewe and Nantwich	0.0						
28=	49	Rebecca Boardman	Crewe and Nantwich	0.0						
28=	52	Jessica Croft	Crewe and Nantwich	0.0						
28=	86	Eve Bellard	Halton and Frodsham	0.0						
28=	89	Kiera Grady	Halton and Frodsham	0.0						
28=	96	Laura Shields	Warrington	0.0						

Team Results

Crewe and Nantwich ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
45	Katie Lennon	6LR	1:44.2				1:44.2	3	5.0
45	Katie Lennon	SB	83				83	2	13.0
46	Georgia Pickles	2LR	26.6				26.6	3=	11.5
46	Georgia Pickles	6LR	1:33.5				1:33.5	1	14.0
46	Georgia Pickles	SLJ	2.07	2.11	2.16	0.00	2.16	1	14.0
47	Georgie Perris-Redding	2LR	27.0				27.0	2	6.0
47	Georgie Perris-Redding	SLJ	1.92	1.92	1.93	0.00	1.93		
47	Georgie Perris-Redding	VJ	41	43	39	0	43		
48	India Perris-Redding	2LR	28.8				28.8		
48	India Perris-Redding	6LR	1:47.9				1:47.9		
48	India Perris-Redding	SB	66				66		
49	Rebecca Boardman	2LR	28.5				28.5		
49	Rebecca Boardman	S	0.00	0.00	4.65	0.00	4.65		
49	Rebecca Boardman	SB	70				70		
50	Abby Duce	2LR	28.5				28.5		
50	Abby Duce	S	7.10	7.86	0.00	0.00	7.86	1	14.0
50	Abby Duce	SLJ	1.96	1.84	2.04	0.00	2.04	1	7.0
50	Abby Duce	VJ	54	52	55	0	55	1	14.0
51	Shaunnah Murphy	2LR	27.3				27.3		
51	Shaunnah Murphy	S	6.18	6.47	6.92	0.00	6.92	1	7.0
51	Shaunnah Murphy	SB	72				72	1=	6.5
51	Shaunnah Murphy	VJ	53	50	51	0	53	1	7.0
52	Jessica Croft	2LR	30.1				30.1		
52	Jessica Croft	SB	0				0		
52	Jessica Croft	SLJ	1.67	1.71	1.73	0.00	1.73		

Team Results

Deeside ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
172	Laura Turley	2LR	26.6				26.6	2	13.0
172	Laura Turley	S	5.62	5.90	5.70	0.00	5.90	6	9.0
172	Laura Turley	SLJ	2.00	1.99	2.13	0.00	2.13	2	13.0
173	Grace Hallows	6LR	0.0				0.0		
173	Grace Hallows	SB	0				0		
173	Grace Hallows	VJ	42	41	41	0	42	3	12.0

Team Results

Halton and Frodsham ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
81	Jess Wright	2LR	26.9				26.9	1	7.0
81	Jess Wright	6LR	1:35.3				1:35.3	2	13.0
81	Jess Wright	SB	87				87	1	14.0
82	Emily Pearson	2LR	26.7				26.7	5	10.0
82	Emily Pearson	6LR	1:38.2				1:38.2	1	7.0
82	Emily Pearson	SLJ	1.96	1.97	1.99	0.00	1.99	5	10.0
83	Emily Ross	2LR	28.9				28.9		
83	Emily Ross	6LR	1:40.1				1:40.1		
83	Emily Ross	SB	72				72	1=	6.5
83	Emily Ross	SLJ	1.69	1.67	1.74	0.00	1.74		
84	Kate Morgan	2LR	30.0				30.0		
84	Kate Morgan	6LR	1:42.6				1:42.6		
84	Kate Morgan	S	5.71	5.66	5.72	0.00	5.72	4	4.0
84	Kate Morgan	VJ	38	39	0	0	39	3	5.0
85	Skye Richards	2LR	29.5				29.5		
85	Skye Richards	SLJ	1.58	1.63	1.77	0.00	1.77	3	5.0
85	Skye Richards	VJ	36	36	34	0	36		
86	Eve Bellard	2LR	30.5				30.5		
86	Eve Bellard	6LR	1:54.6				1:54.6		
86	Eve Bellard	S	3.09	3.53	4.03	0.00	4.03		
87	Sian Ellis	2LR	28.0				28.0		
87	Sian Ellis	6LR	1:40.8				1:40.8		
87	Sian Ellis	S	6.74	6.27	6.70	0.00	6.74	4	11.0
87	Sian Ellis	SB	67				67		
88	Katie Dinsdale	2LR	32.0				32.0		
88	Katie Dinsdale	6LR	1:42.1				1:42.1		

Team Results

Halton and Frodsham ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
88	Katie Dinsdale	S	4.69	4.59	4.47	0.00	4.69		
88	Katie Dinsdale	VJ	38	41	40	0	41	5	10.0
89	Kiera Grady	6LR	1:54.6				1:54.6		
89	Kiera Grady	SB	56				56		
89	Kiera Grady	SLJ	1.38	1.32	1.27	0.00	1.38		

Team Results

Handforth ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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***** no results for this team *****

Team Results

Sutton St Helens ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
24	Sally Ashton	2LR	29.2				29.2	5	3.0
24	Sally Ashton	SB	82				82	3	12.0
24	Sally Ashton	VJ	37	37	37	0	37	6	9.0
25	Bethany Baxter	2LR	26.6				26.6	3=	11.5
25	Bethany Baxter	S	7.04	7.14	6.44	0.00	7.14	3	12.0
25	Bethany Baxter	SLJ	2.02	2.08	1.99	0.00	2.08	4	11.0

Team Results

Warrington ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
96	Laura Shields	6LR	0.0				0.0		
96	Laura Shields	SB	0				0		
96	Laura Shields	SLJ	0.00	0.00	0.00	0.00	0.00		
97	Lauren McDonnell	2LR	27.7				27.7	3	5.0
97	Lauren McDonnell	S	6.15	6.16	6.18	0.00	6.18	3	5.0
97	Lauren McDonnell	VJ	41	40	39	0	41	4	11.0
98	Lucy Deakin	2LR	26.9				26.9	6	9.0
98	Lucy Deakin	S	6.31	5.95	5.58	0.00	6.31	5	10.0
98	Lucy Deakin	SLJ	1.88	1.89	1.86	0.00	1.89	6	9.0
99	Jasmine King	6LR	1:42.8				1:42.8	4	11.0
99	Jasmine King	SB	58				58	5	10.0
99	Jasmine King	VJ	33	36	28	0	36	4	4.0

Team Results

West Cheshire ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
26	Amy Williams	2LR	26.2				26.2	1	14.0
26	Amy Williams	S	7.84	7.28	6.57	0.00	7.84	2	13.0
26	Amy Williams	SLJ	2.06	2.12	0.00	0.00	2.12	3	12.0
27	Charlotte Williamson	2LR	27.3				27.3		
27	Charlotte Williamson	SB	72				72	4	11.0
27	Charlotte Williamson	SLJ	1.84	1.82	1.74	0.00	1.84		
28	Emily Wood	2LR	28.6				28.6		
28	Emily Wood	SB	67				67	3	5.0
28	Emily Wood	VJ	36	35	31	0	36		
29	Laura Jones	2LR	28.8				28.8	4	4.0
29	Laura Jones	S	6.08	6.05	6.25	0.00	6.25		
29	Laura Jones	VJ	40	41	44	0	44	2	6.0
30	Tess Corr	6LR	1:40.5				1:40.5	3	12.0
30	Tess Corr	S	4.33	4.16	3.97	0.00	4.33		
30	Tess Corr	SB	63				63		
31	Chloe Hunt	6LR	1:43.4				1:43.4	2	6.0
31	Chloe Hunt	SLJ	1.97	1.86	1.87	0.00	1.97		
31	Chloe Hunt	VJ	42	47	45	0	47	2	13.0
32	Emilee Durkin	2LR	29.3				29.3		
32	Emilee Durkin	6LR	0.0				0.0		
32	Emilee Durkin	SLJ	1.94	2.00	2.00	0.00	2.00	2	6.0
33	Sophie Percival	2LR	30.2				30.2		
33	Sophie Percival	6LR	1:50.0				1:50.0		
33	Sophie Percival	S	6.65	0.00	6.83	0.00	6.83	2	6.0
34	India Cotgreave	2LR	30.6				30.6		
34	India Cotgreave	SB	57				57		

Team Results

West Cheshire ()

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	Crewe and Nantwich		140.0	21.0	17.5	19.0	21.0	19.5	21.0	21.0
2	West Cheshire		126.0	18.0	18.0	18.0	19.0	16.0	18.0	19.0
3	Halton and Frodsham		117.5	15.0	17.0	20.0	15.0	20.5	15.0	15.0
4	Warrington		74.0	0.0	14.0	11.0	15.0	10.0	9.0	15.0
5	Sutton St Helens		58.5	0.0	14.5	0.0	12.0	12.0	11.0	9.0
6	Deeside		47.0	0.0	13.0	0.0	9.0	0.0	13.0	12.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
34	India Cotgreave	SLJ	1.60	1.49	1.53	0.00	1.60		

Results Sheet

2 Lap Race

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	West Cheshire		18.0
2	Crewe and Nantwich		17.5
3	Halton and Frodsham		17.0
4	Sutton St Helens		14.5
5	Warrington		14.0
6	Deeside		13.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	West Cheshire		26	Amy Williams	26.2	14.0
2	Deeside		172	Laura Turley	26.6	13.0
3=	Sutton St Helens		25	Bethany Baxter	26.6	11.5
3=	Crewe and Nantwich		46	Georgia Pickles	26.6	11.5
5	Halton and Frodsham		82	Emily Pearson	26.7	10.0
6	Warrington		98	Lucy Deakin	26.9	9.0
1	Halton and Frodsham		81	Jess Wright	26.9	7.0
2	Crewe and Nantwich		47	Georgie Perris-Redding	27.0	6.0
3	Warrington		97	Lauren McDonnell	27.7	5.0
4	West Cheshire		29	Laura Jones	28.8	4.0
5	Sutton St Helens		24	Sally Ashton	29.2	3.0
	Crewe and Nantwich		51	Shaunnah Murphy	27.3	
	West Cheshire		27	Charlotte Williamson	27.3	
	Halton and Frodsham		87	Sian Ellis	28.0	
	Crewe and Nantwich		49	Rebecca Boardman	28.5	
	Crewe and Nantwich		50	Abby Duce	28.5	
	West Cheshire		28	Emily Wood	28.6	
	Crewe and Nantwich		48	India Perris-Redding	28.8	
	Halton and Frodsham		83	Emily Ross	28.9	
	West Cheshire		32	Emilee Durkin	29.3	
	Halton and Frodsham		85	Skye Richards	29.5	
	Halton and Frodsham		84	Kate Morgan	30.0	
	Crewe and Nantwich		52	Jessica Croft	30.1	
	West Cheshire		33	Sophie Percival	30.2	
	Halton and Frodsham		86	Eve Bellard	30.5	
	West Cheshire		34	India Cotgreave	30.6	
	Halton and Frodsham		88	Katie Dinsdale	32.0	

Results Sheet

6 Lap Time Trial

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Halton and Frodsham		20.0
2	Crewe and Nantwich		19.0
3	West Cheshire		18.0
4	Warrington		11.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		46	Georgia Pickles	1:33.5	14.0
2	Halton and Frodsham		81	Jess Wright	1:35.3	13.0
3	West Cheshire		30	Tess Corr	1:40.5	12.0
4	Warrington		99	Jasmine King	1:42.8	11.0
1	Halton and Frodsham		82	Emily Pearson	1:38.2	7.0
2	West Cheshire		31	Chloe Hunt	1:43.4	6.0
3	Crewe and Nantwich		45	Katie Lennon	1:44.2	5.0
	Halton and Frodsham		83	Emily Ross	1:40.1	
	Halton and Frodsham		87	Sian Ellis	1:40.8	
	Halton and Frodsham		88	Katie Dinsdale	1:42.1	
	Halton and Frodsham		84	Kate Morgan	1:42.6	
	Crewe and Nantwich		48	India Perris-Redding	1:47.9	
	West Cheshire		33	Sophie Percival	1:50.0	
	Halton and Frodsham		89	Kiera Grady	1:54.6	
	Halton and Frodsham		86	Eve Bellard	1:54.6	

Results Sheet

4 x 2 Lap Relay

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Crewe and Nantwich		0.0	1:48.4	1:48.4	21.0
2	07	West Cheshire		0.0	1:50.2	1:50.2	18.0
3	03	Halton and Frodsham		0.0	1:51.7	1:51.7	15.0

Results Sheet

Shot

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		21.0
2	West Cheshire		19.0
3=	Halton and Frodsham		15.0
3=	Warrington		15.0
5	Sutton St Helens		12.0
6	Deeside		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		50	Abby Duce	7.86	14.0
2	West Cheshire		26	Amy Williams	7.84	13.0
3	Sutton St Helens		25	Bethany Baxter	7.14	12.0
4	Halton and Frodsham		87	Sian Ellis	6.74	11.0
5	Warrington		98	Lucy Deakin	6.31	10.0
6	Deeside		172	Laura Turley	5.90	9.0
1	Crewe and Nantwich		51	Shaunnah Murphy	6.92	7.0
2	West Cheshire		33	Sophie Percival	6.83	6.0
3	Warrington		97	Lauren McDonnell	6.18	5.0
4	Halton and Frodsham		84	Kate Morgan	5.72	4.0
	West Cheshire		29	Laura Jones	6.25	
	Halton and Frodsham		88	Katie Dinsdale	4.69	
	Crewe and Nantwich		49	Rebecca Boardman	4.65	
	West Cheshire		30	Tess Corr	4.33	
	Halton and Frodsham		86	Eve Bellard	4.03	

Results Sheet

Speed Bounce

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Halton and Frodsham		20.5
2	Crewe and Nantwich		19.5
3	West Cheshire		16.0
4	Sutton St Helens		12.0
5	Warrington		10.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Halton and Frodsham		81	Jess Wright	87	14.0
2	Crewe and Nantwich		45	Katie Lennon	83	13.0
3	Sutton St Helens		24	Sally Ashton	82	12.0
4	West Cheshire		27	Charlotte Williamson	72	11.0
5	Warrington		99	Jasmine King	58	10.0
1=	Halton and Frodsham		83	Emily Ross	72	6.5
1=	Crewe and Nantwich		51	Shaunnah Murphy	72	6.5
3	West Cheshire		28	Emily Wood	67	5.0
	Crewe and Nantwich		49	Rebecca Boardman	70	
	Halton and Frodsham		87	Sian Ellis	67	
	Crewe and Nantwich		48	India Perris-Redding	66	
	West Cheshire		30	Tess Corr	63	
	West Cheshire		34	India Cotgreave	57	
	Halton and Frodsham		89	Kiera Grady	56	

Results Sheet

Standing Long Jump

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		21.0
2	West Cheshire		18.0
3	Halton and Frodsham		15.0
4	Deeside		13.0
5	Sutton St Helens		11.0
6	Warrington		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		46	Georgia Pickles	2.16	14.0
2	Deeside		172	Laura Turley	2.13	13.0
3	West Cheshire		26	Amy Williams	2.12	12.0
4	Sutton St Helens		25	Bethany Baxter	2.08	11.0
5	Halton and Frodsham		82	Emily Pearson	1.99	10.0
6	Warrington		98	Lucy Deakin	1.89	9.0
1	Crewe and Nantwich		50	Abby Duce	2.04	7.0
2	West Cheshire		32	Emilee Durkin	2.00	6.0
3	Halton and Frodsham		85	Skye Richards	1.77	5.0
	West Cheshire		31	Chloe Hunt	1.97	
	Crewe and Nantwich		47	Georgie Perris-Redding	1.93	
	West Cheshire		27	Charlotte Williamson	1.84	
	Halton and Frodsham		83	Emily Ross	1.74	
	Crewe and Nantwich		52	Jessica Croft	1.73	
	West Cheshire		34	India Cotgreave	1.60	
	Halton and Frodsham		89	Kiera Grady	1.38	

Results Sheet

Vertical Jump

Competition:
NWL1 Under 13 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		21.0
2	West Cheshire		19.0
3=	Halton and Frodsham		15.0
3=	Warrington		15.0
5	Deeside		12.0
6	Sutton St Helens		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		50	Abby Duce	55	14.0
2	West Cheshire		31	Chloe Hunt	47	13.0
3	Deeside		173	Grace Hallows	42	12.0
4	Warrington		97	Lauren McDonnell	41	11.0
5	Halton and Frodsham		88	Katie Dinsdale	41	10.0
6	Sutton St Helens		24	Sally Ashton	37	9.0
1	Crewe and Nantwich		51	Shaunnah Murphy	53	7.0
2	West Cheshire		29	Laura Jones	44	6.0
3	Halton and Frodsham		84	Kate Morgan	39	5.0
4	Warrington		99	Jasmine King	36	4.0
	Crewe and Nantwich		47	Georgie Perris-Redding	43	
	Halton and Frodsham		85	Skye Richards	36	
	West Cheshire		28	Emily Wood	36	

Athlete Results

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	BibNo	Athlete	Team	Score	2LR	6LR	S	SB	SLJ	VJ
1	54	Aimme Addis	Crewe and Nantwich	48.5	14.0	14.0		13.5	7.0	
2	166	Ellie Badhams	Deeside	42.0		5.0	13.0		12.0	12.0
3	90	Emma Scott	Halton and Frodsham	41.5	10.0	12.0		10.5	9.0	
4	1	Alice McMahon	West Cheshire	41.0	13.0				14.0	14.0
5=	162	Charlotte Eves	Warrington	37.0	11.0		10.0		11.0	5.0
5=	164	Emma Steele	Warrington	37.0		10.0		12.0	4.0	11.0
7=	23	Tricia Spark	Sutton St Helens	27.0			12.0	5.0	10.0	
7=	56	Gemma Valentine	Crewe and Nantwich	27.0	7.0				13.0	7.0
9	53	Katie Matthews	Crewe and Nantwich	24.0			11.0			13.0
10	22	Louis Hayes	Sutton St Helens	23.5				10.5	3.0	10.0
11	4	Laura Rigby	West Cheshire	22.0	5.0			7.0	6.0	4.0
12=	5	Jenni Potter	West Cheshire	17.0		11.0	6.0			
12=	167	Amy Crocombe	Deeside	17.0	6.0				5.0	6.0
14	165	Rhian Williams	Deeside	16.0	12.0			4.0		
15	2	Kelly Baker	West Cheshire	14.0			14.0			
16	6	Jenna Sheehey	West Cheshire	13.5				13.5		
17	168	Beth Sargent	Deeside	13.0		13.0				
18	100	Holly McCurrie	Warrington	12.0	4.0		5.0	3.0		
19	171	Bryony Burton	Deeside	9.0				9.0		
20=	7	Ellen Collins	West Cheshire	7.0		7.0				
20=	170	Hayley Nuttall	Deeside	7.0			7.0			
22=	55	Emily Townsend	Crewe and Nantwich	6.0				6.0		
22=	58	Lauren Whittaker	Crewe and Nantwich	6.0		6.0				
24	57	Georgina Emery	Crewe and Nantwich	4.0			4.0			
25=	3	Emma Johnson	West Cheshire	0.0						
25=	163	Jodie Ellis	Warrington	0.0						
25=	169	Megan Brooke Jones	Deeside	0.0						

Team Results

Crewe and Nantwich ()

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	West Cheshire		135.5	21.0	18.0	18.0	20.0	20.5	20.0	18.0
2	Crewe and Nantwich		133.5	18.0	21.0	20.0	15.0	19.5	20.0	20.0
3	Deeside		119.0	15.0	18.0	18.0	20.0	13.0	17.0	18.0
4	Warrington		95.0	9.0	15.0	10.0	15.0	15.0	15.0	16.0
5	Sutton St Helens		62.5	12.0	0.0	0.0	12.0	15.5	13.0	10.0
6	Halton and Frodsham		41.5	0.0	10.0	12.0	0.0	10.5	9.0	0.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
53	Katie Matthews	S	8.12	8.91	8.48	0.00	8.91	4	11.0
53	Katie Matthews	VJ	54	56	56	0	56	2	13.0
54	Aimme Addis	2LR	25.0				25.0	1	14.0
54	Aimme Addis	6LR	1:37.8				1:37.8	1	14.0
54	Aimme Addis	SB	79				79	1=	13.5
54	Aimme Addis	SLJ	2.20	2.23	2.24	0.00	2.24	1	7.0
55	Emily Townsend	2LR	29.0				29.0		
55	Emily Townsend	SB	70				70	2	6.0
55	Emily Townsend	SLJ	1.78	1.68	1.80	0.00	1.80		
56	Gemma Valentine	2LR	26.8				26.8	1	7.0
56	Gemma Valentine	S	5.97	6.56	6.04	0.00	6.56		
56	Gemma Valentine	SLJ	2.22	2.28	2.22	0.00	2.28	2	13.0
56	Gemma Valentine	VJ	51	56	51	0	56	1	7.0
57	Georgina Emery	S	6.89	6.99	6.69	0.00	6.99	4	4.0
57	Georgina Emery	SB	68				68		
57	Georgina Emery	SLJ	1.84	1.83	1.87	0.00	1.87		
58	Lauren Whittaker	2LR	30.2				30.2		
58	Lauren Whittaker	6LR	1:46.9				1:46.9	2	6.0
58	Lauren Whittaker	VJ	33	32	0	0	33		

Team Results

Deeside ()

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	West Cheshire		135.5	21.0	18.0	18.0	20.0	20.5	20.0	18.0
2	Crewe and Nantwich		133.5	18.0	21.0	20.0	15.0	19.5	20.0	20.0
3	Deeside		119.0	15.0	18.0	18.0	20.0	13.0	17.0	18.0
4	Warrington		95.0	9.0	15.0	10.0	15.0	15.0	15.0	16.0
5	Sutton St Helens		62.5	12.0	0.0	0.0	12.0	15.5	13.0	10.0
6	Halton and Frodsham		41.5	0.0	10.0	12.0	0.0	10.5	9.0	0.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
165	Rhian Williams	2LR	26.3				26.3	3	12.0
165	Rhian Williams	SB	60				60	4	4.0
165	Rhian Williams	SLJ	1.99	2.03	2.05	0.00	2.05		
165	Rhian Williams	VJ	46	42	46	0	46		
166	Ellie Badhams	6LR	1:53.5				1:53.5	3	5.0
166	Ellie Badhams	S	9.29	8.80	8.84	0.00	9.29	2	13.0
166	Ellie Badhams	SB	0				0		
166	Ellie Badhams	SLJ	2.22	2.16	2.22	0.00	2.22	3	12.0
166	Ellie Badhams	VJ	48	49	48	0	49	3	12.0
167	Amy Crocombe	2LR	27.7				27.7	2	6.0
167	Amy Crocombe	S	8.24	8.09	7.89	0.00	8.24		
167	Amy Crocombe	SLJ	2.08	2.04	1.99	0.00	2.08	3	5.0
167	Amy Crocombe	VJ	48	48	48	0	48	2	6.0
168	Beth Sargent	6LR	1:38.6				1:38.6	2	13.0
169	Megan Brooke Jones	2LR	27.2				27.2		
169	Megan Brooke Jones	SB	58				58		
169	Megan Brooke Jones	VJ	0	0	0	0	0		
170	Hayley Nuttall	S	8.88	9.22	8.83	0.00	9.22	1	7.0
171	Bryony Burton	S	5.80	5.61	5.09	0.00	5.80		
171	Bryony Burton	SB	60				60	6	9.0
171	Bryony Burton	VJ	31	26	29	0	31		

Team Results

Halton and Frodsham ()

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	West Cheshire		135.5	21.0	18.0	18.0	20.0	20.5	20.0	18.0
2	Crewe and Nantwich		133.5	18.0	21.0	20.0	15.0	19.5	20.0	20.0
3	Deeside		119.0	15.0	18.0	18.0	20.0	13.0	17.0	18.0
4	Warrington		95.0	9.0	15.0	10.0	15.0	15.0	15.0	16.0
5	Sutton St Helens		62.5	12.0	0.0	0.0	12.0	15.5	13.0	10.0
6	Halton and Frodsham		41.5	0.0	10.0	12.0	0.0	10.5	9.0	0.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
90	Emma Scott	2LR	27.3				27.3	5	10.0
90	Emma Scott	6LR	1:39.0				1:39.0	3	12.0
90	Emma Scott	SB	75				75	4=	10.5
90	Emma Scott	SLJ	1.94	1.88	1.96	0.00	1.96	6	9.0

Team Results

Handforth ()

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	West Cheshire		135.5	21.0	18.0	18.0	20.0	20.5	20.0	18.0
2	Crewe and Nantwich		133.5	18.0	21.0	20.0	15.0	19.5	20.0	20.0
3	Deeside		119.0	15.0	18.0	18.0	20.0	13.0	17.0	18.0
4	Warrington		95.0	9.0	15.0	10.0	15.0	15.0	15.0	16.0
5	Sutton St Helens		62.5	12.0	0.0	0.0	12.0	15.5	13.0	10.0
6	Halton and Frodsham		41.5	0.0	10.0	12.0	0.0	10.5	9.0	0.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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***** no results for this team *****

Team Results

Sutton St Helens ()

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	West Cheshire		135.5	21.0	18.0	18.0	20.0	20.5	20.0	18.0
2	Crewe and Nantwich		133.5	18.0	21.0	20.0	15.0	19.5	20.0	20.0
3	Deeside		119.0	15.0	18.0	18.0	20.0	13.0	17.0	18.0
4	Warrington		95.0	9.0	15.0	10.0	15.0	15.0	15.0	16.0
5	Sutton St Helens		62.5	12.0	0.0	0.0	12.0	15.5	13.0	10.0
6	Halton and Frodsham		41.5	0.0	10.0	12.0	0.0	10.5	9.0	0.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
22	Louis Hayes	SB	75				75	4=	10.5
22	Louis Hayes	SLJ	1.72	1.78	1.76	0.00	1.78	5	3.0
22	Louis Hayes	VJ	35	35	37	0	37	5	10.0
23	Tricia Spark	S	8.92	8.85	8.63	0.00	8.92	3	12.0
23	Tricia Spark	SB	63				63	3	5.0
23	Tricia Spark	SLJ	0.00	1.84	1.97	0.00	1.97	5	10.0

Team Results

Warrington ()

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	West Cheshire		135.5	21.0	18.0	18.0	20.0	20.5	20.0	18.0
2	Crewe and Nantwich		133.5	18.0	21.0	20.0	15.0	19.5	20.0	20.0
3	Deeside		119.0	15.0	18.0	18.0	20.0	13.0	17.0	18.0
4	Warrington		95.0	9.0	15.0	10.0	15.0	15.0	15.0	16.0
5	Sutton St Helens		62.5	12.0	0.0	0.0	12.0	15.5	13.0	10.0
6	Halton and Frodsham		41.5	0.0	10.0	12.0	0.0	10.5	9.0	0.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
100	Holly McCurrie	2LR	30.4				30.4	4	4.0
100	Holly McCurrie	S	7.13	7.03	0.00	0.00	7.13	3	5.0
100	Holly McCurrie	SB	55				55	5	3.0
100	Holly McCurrie	SLJ	1.92	1.85	1.87	0.00	1.92		
162	Charlotte Eves	2LR	27.3				27.3	4	11.0
162	Charlotte Eves	S	7.99	7.74	7.07	0.00	7.99	5	10.0
162	Charlotte Eves	SLJ	1.96	1.99	2.02	0.00	2.02	4	11.0
162	Charlotte Eves	VJ	44	41	42	0	44	3	5.0
163	Jodie Ellis	6LR	0.0				0.0		
163	Jodie Ellis	S	5.52	5.43	5.73	0.00	5.73		
163	Jodie Ellis	SB	46				46		
163	Jodie Ellis	SLJ	1.58	1.48	1.54	0.00	1.58		
164	Emma Steele	6LR	1:57.4				1:57.4	5	10.0
164	Emma Steele	SB	76				76	3	12.0
164	Emma Steele	SLJ	2.00	2.00	1.95	0.00	2.00	4	4.0
164	Emma Steele	VJ	46	44	48	0	48	4	11.0

Team Results

West Cheshire ()

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Score	4x2	2LR	6LR	S	SB	SLJ	VJ
1	West Cheshire		135.5	21.0	18.0	18.0	20.0	20.5	20.0	18.0
2	Crewe and Nantwich		133.5	18.0	21.0	20.0	15.0	19.5	20.0	20.0
3	Deeside		119.0	15.0	18.0	18.0	20.0	13.0	17.0	18.0
4	Warrington		95.0	9.0	15.0	10.0	15.0	15.0	15.0	16.0
5	Sutton St Helens		62.5	12.0	0.0	0.0	12.0	15.5	13.0	10.0
6	Halton and Frodsham		41.5	0.0	10.0	12.0	0.0	10.5	9.0	0.0
7	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Alice McMahon	2LR	25.3				25.3	2	13.0
1	Alice McMahon	SLJ	2.26	2.24	2.33	0.00	2.33	1	14.0
1	Alice McMahon	VJ	52	56	57	0	57	1	14.0
2	Kelly Baker	2LR	26.3				26.3		
2	Kelly Baker	S	8.95	9.49	9.94	0.00	9.94	1	14.0
2	Kelly Baker	VJ	41	43	43	0	43		
3	Emma Johnson	2LR	28.3				28.3		
3	Emma Johnson	S	6.20	6.11	6.27	0.00	6.27		
3	Emma Johnson	SB	74				74		
4	Laura Rigby	2LR	29.0				29.0	3	5.0
4	Laura Rigby	SB	75				75	1	7.0
4	Laura Rigby	SLJ	2.07	2.08	2.07	0.00	2.08	2	6.0
4	Laura Rigby	VJ	43	43	42	0	43	4	4.0
5	Jenni Potter	6LR	1:39.5				1:39.5	4	11.0
5	Jenni Potter	S	7.34	7.18	6.57	0.00	7.34	2	6.0
5	Jenni Potter	SLJ	2.02	2.02	2.07	0.00	2.07		
6	Jenna Sheehey	2LR	26.1				26.1		
6	Jenna Sheehey	SB	79				79	1=	13.5
6	Jenna Sheehey	SLJ	2.02	2.04	1.88	0.00	2.04		
7	Ellen Collins	6LR	1:40.4				1:40.4	1	7.0
7	Ellen Collins	SB	62				62		

Results Sheet

2 Lap Race

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		21.0
2=	Deeside		18.0
2=	West Cheshire		18.0
4	Warrington		15.0
5	Halton and Frodsham		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		54	Aimme Addis	25.0	14.0
2	West Cheshire		1	Alice McMahon	25.3	13.0
3	Deeside		165	Rhian Williams	26.3	12.0
4	Warrington		162	Charlotte Eves	27.3	11.0
5	Halton and Frodsham		90	Emma Scott	27.3	10.0
1	Crewe and Nantwich		56	Gemma Valentine	26.8	7.0
2	Deeside		167	Amy Crocombe	27.7	6.0
3	West Cheshire		4	Laura Rigby	29.0	5.0
4	Warrington		100	Holly McCurrie	30.4	4.0
	West Cheshire		6	Jenna Sheehey	26.1	
	West Cheshire		2	Kelly Baker	26.3	
	Deeside		169	Megan Brooke Jones	27.2	
	West Cheshire		3	Emma Johnson	28.3	
	Crewe and Nantwich		55	Emily Townsend	29.0	
	Crewe and Nantwich		58	Lauren Whittaker	30.2	

Results Sheet

6 Lap Time Trial

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		20.0
2=	Deeside		18.0
2=	West Cheshire		18.0
4	Halton and Frodsham		12.0
5	Warrington		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe and Nantwich		54	Aimme Addis	1:37.8	14.0
2	Deeside		168	Beth Sargent	1:38.6	13.0
3	Halton and Frodsham		90	Emma Scott	1:39.0	12.0
4	West Cheshire		5	Jenni Potter	1:39.5	11.0
5	Warrington		164	Emma Steele	1:57.4	10.0
1	West Cheshire		7	Ellen Collins	1:40.4	7.0
2	Crewe and Nantwich		58	Lauren Whittaker	1:46.9	6.0
3	Deeside		166	Ellie Badhams	1:53.5	5.0

Results Sheet

4 x 2 Lap Relay

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	West Cheshire		0.0	1:43.7	1:43.7	21.0
2	01	Crewe and Nantwich		0.0	1:46.8	1:46.8	18.0
3	02	Deeside		0.0	1:47.3	1:47.3	15.0
4	05	Sutton St Helens		0.0	1:49.1	1:49.1	12.0
5	06	Warrington		0.0	1:59.4	1:59.4	9.0

Results Sheet

Shot

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1=	Deeside		20.0
1=	West Cheshire		20.0
3=	Crewe and Nantwich		15.0
3=	Warrington		15.0
5	Sutton St Helens		12.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	West Cheshire		2	Kelly Baker	9.94	14.0
2	Deeside		166	Ellie Badhams	9.29	13.0
3	Sutton St Helens		23	Tricia Spark	8.92	12.0
4	Crewe and Nantwich		53	Katie Matthews	8.91	11.0
5	Warrington		162	Charlotte Eves	7.99	10.0
1	Deeside		170	Hayley Nuttall	9.22	7.0
2	West Cheshire		5	Jenni Potter	7.34	6.0
3	Warrington		100	Holly McCurrie	7.13	5.0
4	Crewe and Nantwich		57	Georgina Emery	6.99	4.0
	Deeside		167	Amy Crocombe	8.24	
	Crewe and Nantwich		56	Gemma Valentine	6.56	
	West Cheshire		3	Emma Johnson	6.27	
	Deeside		171	Bryony Burton	5.80	
	Warrington		163	Jodie Ellis	5.73	

Results Sheet

Speed Bounce

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	West Cheshire		20.5
2	Crewe and Nantwich		19.5
3	Sutton St Helens		15.5
4	Warrington		15.0
5	Deeside		13.0
6	Halton and Frodsham		10.5

Ranking	Team	Colour	BibNo	Name	Total	Points
1=	Crewe and Nantwich		54	Aimme Addis	79	13.5
1=	West Cheshire		6	Jenna Sheehey	79	13.5
3	Warrington		164	Emma Steele	76	12.0
4=	Halton and Frodsham		90	Emma Scott	75	10.5
4=	Sutton St Helens		22	Louis Hayes	75	10.5
6	Deeside		171	Bryony Burton	60	9.0
1	West Cheshire		4	Laura Rigby	75	7.0
2	Crewe and Nantwich		55	Emily Townsend	70	6.0
3	Sutton St Helens		23	Tricia Spark	63	5.0
4	Deeside		165	Rhian Williams	60	4.0
5	Warrington		100	Holly McCurrie	55	3.0
	West Cheshire		3	Emma Johnson	74	
	Crewe and Nantwich		57	Georgina Emery	68	
	West Cheshire		7	Ellen Collins	62	
	Deeside		169	Megan Brooke Jones	58	
	Warrington		163	Jodie Ellis	46	

Results Sheet

Standing Long Jump

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1=	Crewe and Nantwich		20.0
1=	West Cheshire		20.0
3	Deeside		17.0
4	Warrington		15.0
5	Sutton St Helens		13.0
6	Halton and Frodsham		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	West Cheshire		1	Alice McMahon	2.33	14.0
2	Crewe and Nantwich		56	Gemma Valentine	2.28	13.0
3	Deeside		166	Ellie Badhams	2.22	12.0
4	Warrington		162	Charlotte Eves	2.02	11.0
5	Sutton St Helens		23	Tricia Spark	1.97	10.0
6	Halton and Frodsham		90	Emma Scott	1.96	9.0
1	Crewe and Nantwich		54	Aimme Addis	2.24	7.0
2	West Cheshire		4	Laura Rigby	2.08	6.0
3	Deeside		167	Amy Crocombe	2.08	5.0
4	Warrington		164	Emma Steele	2.00	4.0
5	Sutton St Helens		22	Louis Hayes	1.78	3.0
	West Cheshire		5	Jenni Potter	2.07	
	Deeside		165	Rhian Williams	2.05	
	West Cheshire		6	Jenna Sheehey	2.04	
	Warrington		100	Holly McCurrie	1.92	
	Crewe and Nantwich		57	Georgina Emery	1.87	
	Crewe and Nantwich		55	Emily Townsend	1.80	
	Warrington		163	Jodie Ellis	1.58	

Results Sheet

Vertical Jump

Competition:
NWL1 Under 15 Girls

Venue:
Kingsway

Date
4 Oct 2009

Ranking	Team	Colour	Points
1	Crewe and Nantwich		20.0
2=	Deeside		18.0
2=	West Cheshire		18.0
4	Warrington		16.0
5	Sutton St Helens		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	West Cheshire		1	Alice McMahon	57	14.0
2	Crewe and Nantwich		53	Katie Matthews	56	13.0
3	Deeside		166	Ellie Badhams	49	12.0
4	Warrington		164	Emma Steele	48	11.0
5	Sutton St Helens		22	Louis Hayes	37	10.0
1	Crewe and Nantwich		56	Gemma Valentine	56	7.0
2	Deeside		167	Amy Crocombe	48	6.0
3	Warrington		162	Charlotte Eves	44	5.0
4	West Cheshire		4	Laura Rigby	43	4.0
	Deeside		165	Rhian Williams	46	
	West Cheshire		2	Kelly Baker	43	
	Crewe and Nantwich		58	Lauren Whittaker	33	
	Deeside		171	Bryony Burton	31	