

North West Sportshall Athletics League 2009 - 2010  
League Tables after Round Four  
6th December 2009

U/11 Girls	Round 1	Round 2	Round 3	Round 4	Total
Deeside	132	0	135	120	387
Crewe & Nantwich	124	130	0	115	369
West Cheshire	113	0	136	114	363
Halton & Frodsham	115	122.5	0	115	352.5
Liverpool	0	118	87.5	101	306.5
DASH	0	100	99.5	93	292.5
Southport / Waterloo	0	98.5	103.5	72	274
Sutton St Helens	88	87	0	50	225
Warrington	64	0	89.5	36	189.5
Handforth	0	25	0	0	25

U/11 Boys	Round 1	Round 2	Round 3	Round 4	Total
Crewe	139	138	0	125	402
Halton & Frodsham	125	130.5	0	111	366.5
DASH	0	120	136.5	106	362.5
West Cheshire	95.5	0	132	118	345.5
Liverpool	0	80.5	114	100.5	295
Deeside	110.5	0	94.5	31	236
Handforth	77.5	55	0	84	216.5
Southport / Waterloo	0	72	29	63.5	164.5
Warrington	61.5	0	52	0	113.5
Sutton St Helens	49	0	0	57	106

U/13 Girls	Round 1	Round 2	Round 3	Round 4	Total
Crewe & Nantwich	140	144	0	124	408
West Cheshire	128	0	138	120	386
Liverpool	0	122	132	104	358
Halton & Frodsham	117.5	119	0	101	337.5
Warrington	74	0	110	88	272
Southport / Waterloo	0	83	53	55	191
Sutton St Helens	58.5	74	0	35	167.5
Deeside	47	0	26	31	104
DASH	0	52	0	31	83

U/13 Boys	Round 1	Round 2	Round 3	Round 4	Total
West Cheshire	128	0	138	122	388
Crewe & Nantwich	126.5	132	0	124	382.5
Liverpool	0	86.5	123	110	319.5
DASH	0	125	78	63	266
Sutton St Helens	98.5	85.5	0	75	259
Warrington	93	0	82	0	175
Halton & Frodsham	18	33	0	53	104
Deeside	57	0	30	0	87
Southport / Waterloo	0	49	0	0	49

U/15 Girls	Round 1	Round 2	Round 3	Round 4	Total
West Cheshire	135.5	0	142	124	401.5
Crewe & Nantwich	133.5	141.5	0	122.5	397.5
Deeside	119	0	134	112.5	365.5
Warrington	95	0	82	78	255
Sutton St Helens	62.5	81.5	0	0	144
Halton & Frodsham	41.5	79.5	0	113	234
DASH	0	66.5	50	42	158.5

U/15 Boys	Round 1	Round 2	Round 3	Round 4	Total
West Cheshire	123	0	116	100	339
Crewe & Nantwich	84	95	0	124	303
Halton & Frodsham	78	69	0	72	219
Deeside	141	0	27	45	213
Dash	0	0	90	42	132
Warrington	30	0	0	52	82
Handforth	23	0	0	0	23



# Athlete Results

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	BibNo	Athlete	Team	Score	STJ	SB	SLJ	CP	2LR	4LR
1=	172	Libby Geary	DASH	30.0	10.0			10.0	10.0	
1=	254	Chloe Hughes	Deeside	30.0	12.0			6.0	12.0	
3	348	Rebecca Smith	Sutton St Helens	29.5			11.0		9.0	9.5
4	170	Lucy Cartlidge	DASH	23.5		10.5	9.0		4.0	
5	255	Charlotte Walters	Deeside	22.5	6.0	10.5			6.0	
6=	259	Tia Williams	Deeside	21.0		5.0	5.0	11.0		
6=	413	Ella Nicholls	Crewe & Nantwich AC	21.0			10.0		11.0	
8	171	Lucy Wylie	DASH	17.5	4.0			4.0		9.5
9	347	Alex Bottomley	Sutton St Helens	16.5				9.0	3.0	4.5
10	419	Monique Latham	Crewe & Nantwich AC	16.0	11.0				5.0	
11=	256	Millie Willians	Deeside	12.0						12.0
11=	258	Rachel Swash	Deeside	12.0			12.0			
11=	418	Mollie Bell	Crewe & Nantwich AC	12.0				12.0		
11=	420	Rachel Fifer	Crewe & Nantwich AC	12.0		12.0				
15=	411	Cara Gibbons	Crewe & Nantwich AC	11.0	5.0					6.0
15=	415	Eve Nickisson	Crewe & Nantwich AC	11.0			6.0	5.0		
15=	421	Sian Walker	Crewe & Nantwich AC	11.0						11.0
18	173	Ellie Ward	DASH	10.0		4.0	3.0			3.0
19	416	Georgia Edge	Crewe & Nantwich AC	6.0		6.0				
20	257	Mollie Gregorious	Deeside	4.5						4.5
21	349	Eleanor Ward	Sutton St Helens	4.0			4.0			
22=	412	Ella Barker	Crewe & Nantwich AC	0.0						
22=	414	Emily Ashman	Crewe & Nantwich AC	0.0						
22=	417	Maise Bell	Crewe & Nantwich AC	0.0						
22=	422	Alicia Hamer	Crewe & Nantwich AC	0.0						
22=	455	Rebecca Males	Crewe & Nantwich AC	0.0						

# Team Results

# Crewe & Nantwich AC (wbg)

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	STJ	SB	SLJ	CP	2LR	4LR
1	Deeside	WB	120.0	18.0	18.0	15.5	17.0	17.0	18.0	16.5
2	Crewe & Nantwich AC	WBG	115.0	15.0	16.0	18.0	16.0	17.0	16.0	17.0
3	DASH		93.0	12.0	14.0	14.5	12.0	14.0	14.0	12.5
4	Sutton St Helens	RW	50.0	0.0	0.0	0.0	15.0	9.0	12.0	14.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
411	Cara Gibbons	STJ	5.24	5.20	5.28	0.00	5.28	2	5.0
411	Cara Gibbons	2LR	26.2				26.2		
411	Cara Gibbons	4LR	59.1				59.1	1	6.0
412	Ella Barker	STJ	5.04	4.98	4.84	0.00	5.04		
412	Ella Barker	SB	40				40		
412	Ella Barker	2LR	26.0				26.0		
413	Ella Nicholls	SLJ	1.82	1.82	1.68	0.00	1.82	3	10.0
413	Ella Nicholls	CP	5.25	5.50	5.50	0.00	5.50		
413	Ella Nicholls	2LR	25.2				25.2	2	11.0
414	Emily Ashman	CP	3.75	4.00	4.50	0.00	4.50		
414	Emily Ashman	2LR	28.0				28.0		
414	Emily Ashman	4LR	1:04.1				1:04.1		
415	Eve Nickisson	SLJ	1.76	1.55	1.67	0.00	1.76	1	6.0
415	Eve Nickisson	CP	5.50	5.50	5.50	0.00	5.50	2	5.0
415	Eve Nickisson	2LR	0.0				0.0		
416	Georgia Edge	SB	42				42	1	6.0
416	Georgia Edge	2LR	29.0				29.0		
416	Georgia Edge	4LR	1:07.3				1:07.3		
417	Maise Bell	SLJ	0.00	1.28	1.17	0.00	1.28		
417	Maise Bell	2LR	27.0				27.0		
417	Maise Bell	4LR	1:03.3				1:03.3		
418	Mollie Bell	SB	41				41		
418	Mollie Bell	CP	6.00	6.25	6.25	0.00	6.25	1	12.0
418	Mollie Bell	2LR	26.5				26.5		
419	Monique Latham	STJ	5.66	5.62	5.52	0.00	5.66	2	11.0
419	Monique Latham	SLJ	1.65	1.66	1.73	0.00	1.73		
419	Monique Latham	2LR	26.1				26.1	2	5.0
420	Rachel Fifer	SB	48				48	1	12.0
420	Rachel Fifer	2LR	27.3				27.3		

# Team Results

# Crewe & Nantwich AC (wbg)

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	STJ	SB	SLJ	CP	2LR	4LR
1	Deeside	WB	120.0	18.0	18.0	15.5	17.0	17.0	18.0	16.5
2	Crewe & Nantwich AC	WBG	115.0	15.0	16.0	18.0	16.0	17.0	16.0	17.0
3	DASH		93.0	12.0	14.0	14.5	12.0	14.0	14.0	12.5
4	Sutton St Helens	RW	50.0	0.0	0.0	0.0	15.0	9.0	12.0	14.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
420	Rachel Fifer	4LR	1:00.6				1:00.6		
421	Sian Walker	STJ	4.72	4.94	5.15	0.00	5.15		
421	Sian Walker	2LR	25.7				25.7		
421	Sian Walker	4LR	58.8				58.8	2	11.0
422	Alicia Hamer	CP	0.00	0.00	0.00	0.00	0.00		
422	Alicia Hamer	2LR	0.0				0.0		
422	Alicia Hamer	4LR	0.0				0.0		
455	Rebecca Males	SLJ	1.35	1.40	1.43	0.00	1.43		
455	Rebecca Males	2LR	26.9				26.9		
455	Rebecca Males	4LR	1:02.1				1:02.1		

# Team Results

# Deeside (wb)

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	STJ	SB	SLJ	CP	2LR	4LR
1	Deeside	WB	120.0	18.0	18.0	15.5	17.0	17.0	18.0	16.5
2	Crewe & Nantwich AC	WBG	115.0	15.0	16.0	18.0	16.0	17.0	16.0	17.0
3	DASH		93.0	12.0	14.0	14.5	12.0	14.0	14.0	12.5
4	Sutton St Helens	RW	50.0	0.0	0.0	0.0	15.0	9.0	12.0	14.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
254	Chloe Hughes	STJ	5.90	5.95	5.92	0.00	5.95	1	12.0
254	Chloe Hughes	CP	5.75	5.75	5.75	0.00	5.75	1	6.0
254	Chloe Hughes	2LR	24.9				24.9	1	12.0
255	Charlotte Walters	STJ	5.46	5.25	5.22	0.00	5.46	1	6.0
255	Charlotte Walters	SB	45				45	2=	10.5
255	Charlotte Walters	2LR	25.1				25.1	1	6.0
256	Millie Willians	SLJ	1.44	1.48	1.53	0.00	1.53		
256	Millie Willians	CP	0.00	5.25	5.00	0.00	5.25		
256	Millie Willians	4LR	57.5				57.5	1	12.0
257	Mollie Gregorious	SLJ	1.64	1.60	1.57	0.00	1.64		
257	Mollie Gregorious	2LR	26.4				26.4		
257	Mollie Gregorious	4LR	1:02.1				1:02.1	2=	4.5
258	Rachel Swash	SB	36				36		
258	Rachel Swash	SLJ	1.70	1.83	1.86	0.00	1.86	1	12.0
258	Rachel Swash	2LR	26.1				26.1		
259	Tia Williams	SB	38				38	2	5.0
259	Tia Williams	SLJ	1.61	1.66	1.45	0.00	1.66	2	5.0
259	Tia Williams	CP	5.50	5.50	6.00	0.00	6.00	2	11.0

# Team Results

# Sutton St Helens (rw)

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	STJ	SB	SLJ	CP	2LR	4LR
1	Deeside	WB	120.0	18.0	18.0	15.5	17.0	17.0	18.0	16.5
2	Crewe & Nantwich AC	WBG	115.0	15.0	16.0	18.0	16.0	17.0	16.0	17.0
3	DASH		93.0	12.0	14.0	14.5	12.0	14.0	14.0	12.5
4	Sutton St Helens	RW	50.0	0.0	0.0	0.0	15.0	9.0	12.0	14.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
347	Alex Bottomley	CP	4.00	4.25	4.00	0.00	4.25	4	9.0
347	Alex Bottomley	2LR	28.3				28.3	4	3.0
347	Alex Bottomley	4LR	1:02.1				1:02.1	2=	4.5
348	Rebecca Smith	SLJ	1.69	1.85	1.65	0.00	1.85	2	11.0
348	Rebecca Smith	2LR	26.7				26.7	4	9.0
348	Rebecca Smith	4LR	59.6				59.6	3=	9.5
349	Eleanor Ward	SLJ	1.28	1.41	1.43	0.00	1.43	3	4.0
349	Eleanor Ward	2LR	30.6				30.6		
349	Eleanor Ward	4LR	1:10.5				1:10.5		

# Team Results

# Handforth ()

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	STJ	SB	SLJ	CP	2LR	4LR
1	Deeside	WB	120.0	18.0	18.0	15.5	17.0	17.0	18.0	16.5
2	Crewe & Nantwich AC	WBG	115.0	15.0	16.0	18.0	16.0	17.0	16.0	17.0
3	DASH		93.0	12.0	14.0	14.5	12.0	14.0	14.0	12.5
4	Sutton St Helens	RW	50.0	0.0	0.0	0.0	15.0	9.0	12.0	14.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Comp No Name**

**Event**

**Perf1**

**Perf2**

**Perf3**

**Perf4**

**Best**

**Ranking**

**Points**

\*\*\*\*\* no results for this team \*\*\*\*\*



# Team Results

# DASH ()

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	STJ	SB	SLJ	CP	2LR	4LR
1	Deeside	WB	120.0	18.0	18.0	15.5	17.0	17.0	18.0	16.5
2	Crewe & Nantwich AC	WBG	115.0	15.0	16.0	18.0	16.0	17.0	16.0	17.0
3	DASH		93.0	12.0	14.0	14.5	12.0	14.0	14.0	12.5
4	Sutton St Helens	RW	50.0	0.0	0.0	0.0	15.0	9.0	12.0	14.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
170	Lucy Cartlidge	SB	45				45	2=	10.5
170	Lucy Cartlidge	SLJ	1.58	1.54	1.56	0.00	1.58	4	9.0
170	Lucy Cartlidge	2LR	27.3				27.3	3	4.0
171	Lucy Wylie	STJ	4.40	4.40	4.30	0.00	4.40	3	4.0
171	Lucy Wylie	CP	4.00	3.75	3.75	0.00	4.00	3	4.0
171	Lucy Wylie	4LR	59.6				59.6	3=	9.5
172	Libby Geary	STJ	4.46	4.44	4.40	0.00	4.46	3	10.0
172	Libby Geary	CP	4.00	4.50	4.25	0.00	4.50	3	10.0
172	Libby Geary	2LR	26.3				26.3	3	10.0
173	Ellie Ward	SB	37				37	3	4.0
173	Ellie Ward	SLJ	1.26	1.34	1.15	0.00	1.34	4	3.0
173	Ellie Ward	4LR	1:07.4				1:07.4	4	3.0

# Results Sheet

# Standing Triple Jump

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Deeside	WB	18.0
2	Crewe & Nantwich AC	WBG	16.0
3	DASH		14.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside	WB	254	Chloe Hughes	5.95	12.0
2	Crewe & Nantwich AC	WBG	419	Monique Latham	5.66	11.0
3	DASH		172	Libby Geary	4.46	10.0
1	Deeside	WB	255	Charlotte Walters	5.46	6.0
2	Crewe & Nantwich AC	WBG	411	Cara Gibbons	5.28	5.0
3	DASH		171	Lucy Wylie	4.40	4.0
	Crewe & Nantwich AC	WBG	421	Sian Walker	5.15	
	Crewe & Nantwich AC	WBG	412	Ella Barker	5.04	

# Results Sheet

# Speed Bounce

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC	WBG	18.0
2	Deeside	WB	15.5
3	DASH		14.5

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Crewe & Nantwich AC	WBG	420	Rachel Fifer	48	12.0
2=	Deeside	WB	255	Charlotte Walters	45	10.5
2=	DASH		170	Lucy Cartlidge	45	10.5
1	Crewe & Nantwich AC	WBG	416	Georgia Edge	42	6.0
2	Deeside	WB	259	Tia Williams	38	5.0
3	DASH		173	Ellie Ward	37	4.0
	Crewe & Nantwich AC	WBG	418	Mollie Bell	41	
	Crewe & Nantwich AC	WBG	412	Ella Barker	40	
	Deeside	WB	258	Rachel Swash	36	

# Results Sheet

# Standing Long Jump

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Deeside	WB	17.0
2	Crewe & Nantwich AC	WBG	16.0
3	Sutton St Helens	RW	15.0
4	DASH		12.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside	WB	258	Rachel Swash	1.86	12.0
2	Sutton St Helens	RW	348	Rebecca Smith	1.85	11.0
3	Crewe & Nantwich AC	WBG	413	Ella Nicholls	1.82	10.0
4	DASH		170	Lucy Cartlidge	1.58	9.0
1	Crewe & Nantwich AC	WBG	415	Eve Nickisson	1.76	6.0
2	Deeside	WB	259	Tia Williams	1.66	5.0
3	Sutton St Helens	RW	349	Eleanor Ward	1.43	4.0
4	DASH		173	Ellie Ward	1.34	3.0
	Crewe & Nantwich AC	WBG	419	Monique Latham	1.73	
	Deeside	WB	257	Mollie Gregorious	1.64	
	Deeside	WB	256	Millie Willians	1.53	
	Crewe & Nantwich AC	WBG	455	Rebecca Males	1.43	
	Crewe & Nantwich AC	WBG	417	Maise Bell	1.28	

# Results Sheet

# Chest Push

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1=	Crewe & Nantwich AC	WBG	17.0
1=	Deeside	WB	17.0
3	DASH		14.0
4	Sutton St Helens	RW	9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC	WBG	418	Mollie Bell	6.25	12.0
2	Deeside	WB	259	Tia Williams	6.00	11.0
3	DASH		172	Libby Geary	4.50	10.0
4	Sutton St Helens	RW	347	Alex Bottomley	4.25	9.0
1	Deeside	WB	254	Chloe Hughes	5.75	6.0
2	Crewe & Nantwich AC	WBG	415	Eve Nickisson	5.50	5.0
3	DASH		171	Lucy Wylie	4.00	4.0
	Crewe & Nantwich AC	WBG	413	Ella Nicholls	5.50	
	Deeside	WB	256	Millie Willians	5.25	
	Crewe & Nantwich AC	WBG	414	Emily Ashman	4.50	

# Results Sheet

# 2 Lap Race

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Deeside	WB	18.0
2	Crewe & Nantwich AC	WBG	16.0
3	DASH		14.0
4	Sutton St Helens	RW	12.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside	WB	254	Chloe Hughes	24.9	12.0
2	Crewe & Nantwich AC	WBG	413	Ella Nicholls	25.2	11.0
3	DASH		172	Libby Geary	26.3	10.0
4	Sutton St Helens	RW	348	Rebecca Smith	26.7	9.0
1	Deeside	WB	255	Charlotte Walters	25.1	6.0
2	Crewe & Nantwich AC	WBG	419	Monique Latham	26.1	5.0
3	DASH		170	Lucy Cartlidge	27.3	4.0
4	Sutton St Helens	RW	347	Alex Bottomley	28.3	3.0
	Crewe & Nantwich AC	WBG	421	Sian Walker	25.7	
	Crewe & Nantwich AC	WBG	412	Ella Barker	26.0	
	Deeside	WB	258	Rachel Swash	26.1	
	Crewe & Nantwich AC	WBG	411	Cara Gibbons	26.2	
	Deeside	WB	257	Mollie Gregorious	26.4	
	Crewe & Nantwich AC	WBG	418	Mollie Bell	26.5	
	Crewe & Nantwich AC	WBG	455	Rebecca Males	26.9	
	Crewe & Nantwich AC	WBG	417	Maise Bell	27.0	
	Crewe & Nantwich AC	WBG	420	Rachel Fifer	27.3	
	Crewe & Nantwich AC	WBG	414	Emily Ashman	28.0	
	Crewe & Nantwich AC	WBG	416	Georgia Edge	29.0	
	Sutton St Helens	RW	349	Eleanor Ward	30.6	

# Results Sheet

# 4 Lap Race

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC	WBG	17.0
2	Deeside	WB	16.5
3	Sutton St Helens	RW	14.0
4	DASH		12.5

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside	WB	256	Millie Willians	57.5	12.0
2	Crewe & Nantwich AC	WBG	421	Sian Walker	58.8	11.0
3=	DASH		171	Lucy Wylie	59.6	9.5
3=	Sutton St Helens	RW	348	Rebecca Smith	59.6	9.5
1	Crewe & Nantwich AC	WBG	411	Cara Gibbons	59.1	6.0
2=	Deeside	WB	257	Mollie Gregorious	1:02.1	4.5
2=	Sutton St Helens	RW	347	Alex Bottomley	1:02.1	4.5
4	DASH		173	Ellie Ward	1:07.4	3.0
	Crewe & Nantwich AC	WBG	420	Rachel Fifer	1:00.6	
	Crewe & Nantwich AC	WBG	455	Rebecca Males	1:02.1	
	Crewe & Nantwich AC	WBG	417	Maise Bell	1:03.3	
	Crewe & Nantwich AC	WBG	414	Emily Ashman	1:04.1	
	Crewe & Nantwich AC	WBG	416	Georgia Edge	1:07.3	
	Sutton St Helens	RW	349	Eleanor Ward	1:10.5	

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

NW Sportshall Rd4 Crewe Under 11 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Code	Team	Colour
1	02	Deeside	WB
2	01	Crewe & Nantwich AC	WBG
3	05	DASH	

Heat	Final	Performance	Points
0.0	0.0	0.0	18.0
0.0	0.0	0.0	15.0
0.0	0.0	0.0	12.0





# Athlete Results

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	BibNo	Athlete	Team	Score	SLJ	S	SB	STJ	2LR	6LR
1=	346	Bethany Baxter	Sutton St Helens	35.0		11.0		12.0	12.0	
1=	442	Abby Duce	Crewe & Nantwich AC	35.0	12.0	12.0		11.0		
3=	174	Charlotte Hall	DASH	31.0	10.0		11.0	10.0		
3=	260	Sophie Rowlands	Deeside	31.0	11.0	10.0			10.0	
5=	435	Katie Lennon	Crewe & Nantwich AC	18.0			6.0			12.0
5=	440	Freya Taylor-Hatswell	Crewe & Nantwich AC	18.0			12.0			6.0
7	438	Alice Simmons	Crewe & Nantwich AC	17.0	6.0				11.0	
8=	437	Hannah Morgan-Wynne	Crewe & Nantwich AC	6.0		6.0				
8=	444	Alex Leigh	Crewe & Nantwich AC	6.0				6.0		
8=	445	Georgie Perris-Redding	Crewe & Nantwich AC	6.0					6.0	
11=	436	Emma Hassall	Crewe & Nantwich AC	0.0						
11=	439	Rachel Joliffe	Crewe & Nantwich AC	0.0						
11=	441	Jessica Croft	Crewe & Nantwich AC	0.0						
11=	443	Annie Huntbach	Crewe & Nantwich AC	0.0						
11=	446	India Perris-Redding	Crewe & Nantwich AC	0.0						

# Team Results

# Crewe & Nantwich AC ()

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	SLJ	S	SB	STJ	2LR	6LR
1	Crewe & Nantwich AC		124.0	18.0	18.0	18.0	18.0	17.0	17.0	18.0
2	Sutton St Helens		35.0	0.0	0.0	11.0	0.0	12.0	12.0	0.0
3=	DASH		31.0	0.0	10.0	0.0	11.0	10.0	0.0	0.0
3=	Deeside		31.0	0.0	11.0	10.0	0.0	0.0	10.0	0.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
435	Katie Lennon	SB	85				85	1	6.0
435	Katie Lennon	2LR	25.0				25.0		
435	Katie Lennon	6LR	1:28.0				1:28.0	1	12.0
436	Emma Hassall	SB	78				78		
436	Emma Hassall	STJ	5.36	5.28	5.44	0.00	5.44		
436	Emma Hassall	2LR	26.6				26.6		
437	Hannah Morgan-Wynne	S	7.08	6.73	5.91	0.00	7.08	1	6.0
437	Hannah Morgan-Wynne	SB	69				69		
437	Hannah Morgan-Wynne	2LR	26.0				26.0		
438	Alice Simmons	SLJ	2.01	2.02	1.97	0.00	2.02	1	6.0
438	Alice Simmons	STJ	5.20	5.12	5.22	0.00	5.22		
438	Alice Simmons	2LR	24.4				24.4	2	11.0
439	Rachel Joliffe	SLJ	0.00	0.00	0.00	0.00	0.00		
439	Rachel Joliffe	S	0.00	0.00	0.00	0.00	0.00		
439	Rachel Joliffe	2LR	0.0				0.0		
440	Freya Taylor-Hatswell	SB	87				87	1	12.0
440	Freya Taylor-Hatswell	2LR	24.3				24.3		
440	Freya Taylor-Hatswell	6LR	1:30.4				1:30.4	1	6.0
441	Jessica Croft	SLJ	1.86	1.82	1.78	0.00	1.86		
441	Jessica Croft	SB	68				68		
441	Jessica Croft	2LR	26.9				26.9		
442	Abby Duce	SLJ	2.15	2.10	2.10	0.00	2.15	1	12.0
442	Abby Duce	S	7.17	7.60	6.95	0.00	7.60	1	12.0
442	Abby Duce	STJ	0.00	6.28	6.22	0.00	6.28	2	11.0
442	Abby Duce	2LR	24.9				24.9		
443	Annie Huntbach	S	5.46	5.67	6.00	0.00	6.00		
443	Annie Huntbach	SB	71				71		
443	Annie Huntbach	2LR	25.2				25.2		
443	Annie Huntbach	6LR	1:33.7				1:33.7		

# Team Results

# Crewe & Nantwich AC ()

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	SLJ	S	SB	STJ	2LR	6LR
1	Crewe & Nantwich AC		124.0	18.0	18.0	18.0	18.0	17.0	17.0	18.0
2	Sutton St Helens		35.0	0.0	0.0	11.0	0.0	12.0	12.0	0.0
3=	DASH		31.0	0.0	10.0	0.0	11.0	10.0	0.0	0.0
3=	Deeside		31.0	0.0	11.0	10.0	0.0	0.0	10.0	0.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
444	Alex Leigh	SLJ	2.02	1.98	1.99	0.00	2.02		
444	Alex Leigh	STJ	6.12	6.18	6.18	0.00	6.18	1	6.0
445	Georgie Perris-Redding	S	6.40	5.97	0.00	0.00	6.40		
445	Georgie Perris-Redding	STJ	5.58	5.54	5.56	0.00	5.58		
445	Georgie Perris-Redding	2LR	24.6				24.6	1	6.0
446	India Perris-Redding	SLJ	1.65	1.59	1.61	0.00	1.65		
446	India Perris-Redding	2LR	25.6				25.6		
446	India Perris-Redding	6LR	1:34.9				1:34.9		

# Team Results

# Deeside ()

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	SLJ	S	SB	STJ	2LR	6LR
1	Crewe & Nantwich AC		124.0	18.0	18.0	18.0	18.0	17.0	17.0	18.0
2	Sutton St Helens		35.0	0.0	0.0	11.0	0.0	12.0	12.0	0.0
3=	DASH		31.0	0.0	10.0	0.0	11.0	10.0	0.0	0.0
3=	Deeside		31.0	0.0	11.0	10.0	0.0	0.0	10.0	0.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
260	Sophie Rowlands	SLJ	1.85	1.60	1.74	0.00	1.85	2	11.0
260	Sophie Rowlands	S	0.00	4.31	0.00	0.00	4.31	3	10.0
260	Sophie Rowlands	2LR	26.6				26.6	3	10.0

# Team Results

# Sutton St Helens ()

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	SLJ	S	SB	STJ	2LR	6LR
1	Crewe & Nantwich AC		124.0	18.0	18.0	18.0	18.0	17.0	17.0	18.0
2	Sutton St Helens		35.0	0.0	0.0	11.0	0.0	12.0	12.0	0.0
3=	DASH		31.0	0.0	10.0	0.0	11.0	10.0	0.0	0.0
3=	Deeside		31.0	0.0	11.0	10.0	0.0	0.0	10.0	0.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
346	Bethany Baxter	S	6.74	6.49	7.31	0.00	7.31	2	11.0
346	Bethany Baxter	STJ	6.04	6.36	6.48	0.00	6.48	1	12.0
346	Bethany Baxter	2LR	24.2				24.2	1	12.0

# Team Results

# Handforth ()

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	SLJ	S	SB	STJ	2LR	6LR
1	Crewe & Nantwich AC		124.0	18.0	18.0	18.0	18.0	17.0	17.0	18.0
2	Sutton St Helens		35.0	0.0	0.0	11.0	0.0	12.0	12.0	0.0
3=	DASH		31.0	0.0	10.0	0.0	11.0	10.0	0.0	0.0
3=	Deeside		31.0	0.0	11.0	10.0	0.0	0.0	10.0	0.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Comp No Name**

**Event**

**Perf1**

**Perf2**

**Perf3**

**Perf4**

**Best Ranking**

**Points**

\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# DASH ()

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	SLJ	S	SB	STJ	2LR	6LR
1	Crewe & Nantwich AC		124.0	18.0	18.0	18.0	18.0	17.0	17.0	18.0
2	Sutton St Helens		35.0	0.0	0.0	11.0	0.0	12.0	12.0	0.0
3=	DASH		31.0	0.0	10.0	0.0	11.0	10.0	0.0	0.0
3=	Deeside		31.0	0.0	11.0	10.0	0.0	0.0	10.0	0.0
5	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
174	Charlotte Hall	SLJ	1.62	1.54	1.68	0.00	1.68	3	10.0
174	Charlotte Hall	SB	63				63	2	11.0
174	Charlotte Hall	STJ	4.84	4.88	4.90	0.00	4.90	3	10.0



# Results Sheet

# Standing Long Jump

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		18.0
2	Deeside		11.0
3	DASH		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC		442	Abby Duce	2.15	12.0
2	Deeside		260	Sophie Rowlands	1.85	11.0
3	DASH		174	Charlotte Hall	1.68	10.0
1	Crewe & Nantwich AC		438	Alice Simmons	2.02	6.0
	Crewe & Nantwich AC		444	Alex Leigh	2.02	
	Crewe & Nantwich AC		441	Jessica Croft	1.86	
	Crewe & Nantwich AC		446	India Perris-Redding	1.65	

# Results Sheet

# Shot

**Competition:**  
NWSRD4-CREWE Under 13 Girls

**Venue:**  
Shavington LS

**Date**  
6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		18.0
2	Sutton St Helens		11.0
3	Deeside		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC		442	Abby Duce	7.60	12.0
2	Sutton St Helens		346	Bethany Baxter	7.31	11.0
3	Deeside		260	Sophie Rowlands	4.31	10.0
1	Crewe & Nantwich AC		437	Hannah Morgan-Wynne	7.08	6.0
	Crewe & Nantwich AC		445	Georgie Perris-Redding	6.40	
	Crewe & Nantwich AC		443	Annie Huntbach	6.00	

# Results Sheet

# Speed Bounce

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		18.0
2	DASH		11.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Crewe & Nantwich AC		440	Freya Taylor-Hatswell	87	12.0
2	DASH		174	Charlotte Hall	63	11.0
1	Crewe & Nantwich AC		435	Katie Lennon	85	6.0
	Crewe & Nantwich AC		436	Emma Hassall	78	
	Crewe & Nantwich AC		443	Annie Huntbach	71	
	Crewe & Nantwich AC		437	Hannah Morgan-Wynne	69	
	Crewe & Nantwich AC		441	Jessica Croft	68	

# Results Sheet

# Standing Triple Jump

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		17.0
2	Sutton St Helens		12.0
3	DASH		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Sutton St Helens		346	Bethany Baxter	6.48	12.0
2	Crewe & Nantwich AC		442	Abby Duce	6.28	11.0
3	DASH		174	Charlotte Hall	4.90	10.0
1	Crewe & Nantwich AC		444	Alex Leigh	6.18	6.0
	Crewe & Nantwich AC		445	Georgie Perris-Redding	5.58	
	Crewe & Nantwich AC		436	Emma Hassall	5.44	
	Crewe & Nantwich AC		438	Alice Simmons	5.22	

# Results Sheet

# 2 Lap Race

**Competition:**  
NWSRD4-CREWE Under 13 Girls

**Venue:**  
Shavington LS

**Date**  
6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		17.0
2	Sutton St Helens		12.0
3	Deeside		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Sutton St Helens		346	Bethany Baxter	24.2	12.0
2	Crewe & Nantwich AC		438	Alice Simmons	24.4	11.0
3	Deeside		260	Sophie Rowlands	26.6	10.0
1	Crewe & Nantwich AC		445	Georgie Perris-Redding	24.6	6.0
	Crewe & Nantwich AC		440	Freya Taylor-Hatswell	24.3	
	Crewe & Nantwich AC		442	Abby Duce	24.9	
	Crewe & Nantwich AC		435	Katie Lennon	25.0	
	Crewe & Nantwich AC		443	Annie Huntbach	25.2	
	Crewe & Nantwich AC		446	India Perris-Redding	25.6	
	Crewe & Nantwich AC		437	Hannah Morgan-Wynne	26.0	
	Crewe & Nantwich AC		436	Emma Hassall	26.6	
	Crewe & Nantwich AC		441	Jessica Croft	26.9	

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
NWSRD4-CREWE Under 13 Girls

**Venue:**  
Shavington LS

**Date**  
6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		18.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC		435	Katie Lennon	1:28.0	12.0
1	Crewe & Nantwich AC		440	Freya Taylor-Hatswell	1:30.4	6.0
	Crewe & Nantwich AC		443	Annie Huntbach	1:33.7	
	Crewe & Nantwich AC		446	India Perris-Redding	1:34.9	

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

NWSRD4-CREWE Under 13 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Code	Team	Colour
1	01	Crewe & Nantwich AC	

Heat	Final	Performance	Points
0.0	0.0	0.0	18.0





# Athlete Results

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	BibNo	Athlete	Team	Score	S	SLJ	STJ	SB	2LR	6LR
1	175	Eleanor Hall	DASH	42.0		10.0	10.0	12.0	10.0	
2	264	Georgia Bates	Deeside	40.0	11.0	12.0	11.0			6.0
3	423	Aimee Addis	Crewe & Nantwich AC	35.0				11.0	12.0	12.0
4	425	Gemma Valentine	Crewe & Nantwich AC	23.0		11.0	6.0		6.0	
5	263	Kathryn Roberts	Deeside	21.0				10.0		11.0
6	426	Lisa James	Crewe & Nantwich AC	18.0		6.0	12.0			
7	262	Amy Crocombe	Deeside	15.0	5.0	5.0	5.0			
8	424	Katie Matthews	Crewe & Nantwich AC	12.0	12.0					
9	261	Rhian Williams	Deeside	11.0					11.0	
10	428	Stephanie Creighton	Crewe & Nantwich AC	6.0	6.0					
11=	266	Bryony Burton	Deeside	5.5				5.5		
11=	427	Georgina Emery	Crewe & Nantwich AC	5.5				5.5		
13=	265	Megan Brooke-Jones	Deeside	5.0					5.0	
13=	429	Lauren Whittaker	Crewe & Nantwich AC	5.0						5.0

# Team Results

# Crewe & Nantwich AC ()

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	S	SLJ	STJ	SB	2LR	6LR
1	Crewe & Nantwich AC		122.5	18.0	18.0	17.0	18.0	16.5	18.0	17.0
2	Deeside		112.5	15.0	16.0	17.0	16.0	15.5	16.0	17.0
3	DASH		42.0	0.0	0.0	10.0	10.0	12.0	10.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
423	Aimee Addis	STJ	6.64	0.00	6.72	0.00	6.72		
423	Aimee Addis	SB	80				80	2	11.0
423	Aimee Addis	2LR	23.1				23.1	1	12.0
423	Aimee Addis	6LR	1:20.7				1:20.7	1	12.0
424	Katie Matthews	S	8.73	8.63	8.28	0.00	8.73	1	12.0
425	Gemma Valentine	S	0.00	6.20	0.00	0.00	6.20		
425	Gemma Valentine	SLJ	2.20	2.30	2.25	0.00	2.30	2	11.0
425	Gemma Valentine	STJ	6.74	0.00	6.36	0.00	6.74	1	6.0
425	Gemma Valentine	2LR	24.4				24.4	1	6.0
426	Lisa James	S	6.88	7.12	7.13	0.00	7.13		
426	Lisa James	SLJ	2.24	2.24	2.24	0.00	2.24	1	6.0
426	Lisa James	STJ	6.98	7.00	7.10	0.00	7.10	1	12.0
427	Georgina Emery	S	6.79	6.88	6.51	0.00	6.88		
427	Georgina Emery	SLJ	1.80	1.83	1.84	0.00	1.84		
427	Georgina Emery	SB	70				70	1=	5.5
427	Georgina Emery	2LR	25.8				25.8		
428	Stephanie Creighton	S	7.75	8.46	8.06	0.00	8.46	1	6.0
429	Lauren Whittaker	SLJ	1.72	1.72	1.73	0.00	1.73		
429	Lauren Whittaker	SB	61				61		
429	Lauren Whittaker	2LR	27.6				27.6		
429	Lauren Whittaker	6LR	1:36.1				1:36.1	2	5.0

# Team Results

# Deeside ()

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	S	SLJ	STJ	SB	2LR	6LR
1	Crewe & Nantwich AC		122.5	18.0	18.0	17.0	18.0	16.5	18.0	17.0
2	Deeside		112.5	15.0	16.0	17.0	16.0	15.5	16.0	17.0
3	DASH		42.0	0.0	0.0	10.0	10.0	12.0	10.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
261	Rhian Williams	S	0.00	0.00	0.00	0.00	0.00		
261	Rhian Williams	SLJ	2.02	2.04	1.96	0.00	2.04		
261	Rhian Williams	STJ	5.90	5.94	5.98	0.00	5.98		
261	Rhian Williams	2LR	24.2				24.2	2	11.0
262	Amy Crocombe	S	7.22	6.89	7.07	0.00	7.22	2	5.0
262	Amy Crocombe	SLJ	2.01	2.06	1.99	0.00	2.06	2	5.0
262	Amy Crocombe	STJ	5.86	5.98	6.10	0.00	6.10	2	5.0
262	Amy Crocombe	2LR	0.0				0.0		
263	Kathryn Roberts	STJ	6.06	6.02	6.02	0.00	6.06		
263	Kathryn Roberts	SB	75				75	3	10.0
263	Kathryn Roberts	6LR	1:21.4				1:21.4	2	11.0
264	Georgia Bates	S	7.49	8.29	7.45	0.00	8.29	2	11.0
264	Georgia Bates	SLJ	2.34	2.32	2.28	0.00	2.34	1	12.0
264	Georgia Bates	STJ	6.64	6.62	0.00	0.00	6.64	2	11.0
264	Georgia Bates	2LR	0.0				0.0		
264	Georgia Bates	6LR	1:30.5				1:30.5	1	6.0
265	Megan Brooke-Jones	SLJ	2.04	2.02	2.04	0.00	2.04		
265	Megan Brooke-Jones	SB	69				69		
265	Megan Brooke-Jones	2LR	24.7				24.7	2	5.0
266	Bryony Burton	S	3.63	4.81	5.11	0.00	5.11		
266	Bryony Burton	SB	70				70	1=	5.5

# Team Results

# Sutton St Helens ()

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	S	SLJ	STJ	SB	2LR	6LR
1	Crewe & Nantwich AC		122.5	18.0	18.0	17.0	18.0	16.5	18.0	17.0
2	Deeside		112.5	15.0	16.0	17.0	16.0	15.5	16.0	17.0
3	DASH		42.0	0.0	0.0	10.0	10.0	12.0	10.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Comp No Name**

**Event**

**Perf1**

**Perf2**

**Perf3**

**Perf4**

**Best**

**Ranking**

**Points**

\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# Handforth ()

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	S	SLJ	STJ	SB	2LR	6LR
1	Crewe & Nantwich AC		122.5	18.0	18.0	17.0	18.0	16.5	18.0	17.0
2	Deeside		112.5	15.0	16.0	17.0	16.0	15.5	16.0	17.0
3	DASH		42.0	0.0	0.0	10.0	10.0	12.0	10.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

**Comp No Name**

**Event**

**Perf1**

**Perf2**

**Perf3**

**Perf4**

**Best**

**Ranking**

**Points**

\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# DASH ()

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Score	4x2	S	SLJ	STJ	SB	2LR	6LR
1	Crewe & Nantwich AC		122.5	18.0	18.0	17.0	18.0	16.5	18.0	17.0
2	Deeside		112.5	15.0	16.0	17.0	16.0	15.5	16.0	17.0
3	DASH		42.0	0.0	0.0	10.0	10.0	12.0	10.0	0.0
4=	Handforth		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	Sutton St Helens		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
175	Eleanor Hall	SLJ	2.02	1.99	1.96	0.00	2.02	3	10.0
175	Eleanor Hall	STJ	6.08	6.12	6.24	0.00	6.24	3	10.0
175	Eleanor Hall	SB	82				82	1	12.0
175	Eleanor Hall	2LR	26.4				26.4	3	10.0

# Results Sheet

# Shot

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		18.0
2	Deeside		16.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC		424	Katie Matthews	8.73	12.0
2	Deeside		264	Georgia Bates	8.29	11.0
1	Crewe & Nantwich AC		428	Stepheanie Creighton	8.46	6.0
2	Deeside		262	Amy Crocombe	7.22	5.0
	Crewe & Nantwich AC		426	Lisa James	7.13	
	Crewe & Nantwich AC		427	Georgina Emery	6.88	
	Crewe & Nantwich AC		425	Gemma Valentine	6.20	
	Deeside		266	Bryony Burton	5.11	

# Results Sheet

# Standing Long Jump

**Competition:**  
NWSRD4-CREWE Under 15 Girls

**Venue:**  
Shavington LS

**Date**  
6 Dec 2009

Ranking	Team	Colour	Points
1=	Crewe & Nantwich AC		17.0
1=	Deeside		17.0
3	DASH		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Deeside		264	Georgia Bates	2.34	12.0
2	Crewe & Nantwich AC		425	Gemma Valentine	2.30	11.0
3	DASH		175	Eleanor Hall	2.02	10.0
1	Crewe & Nantwich AC		426	Lisa James	2.24	6.0
2	Deeside		262	Amy Crocombe	2.06	5.0
	Deeside		265	Megan Brooke-Jones	2.04	
	Deeside		261	Rhian Williams	2.04	
	Crewe & Nantwich AC		427	Georgina Emery	1.84	
	Crewe & Nantwich AC		429	Lauren Whittaker	1.73	



# Results Sheet

# Standing Triple Jump

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		18.0
2	Deeside		16.0
3	DASH		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC		426	Lisa James	7.10	12.0
2	Deeside		264	Georgia Bates	6.64	11.0
3	DASH		175	Eleanor Hall	6.24	10.0
1	Crewe & Nantwich AC		425	Gemma Valentine	6.74	6.0
2	Deeside		262	Amy Crocombe	6.10	5.0
	Crewe & Nantwich AC		423	Aimee Addis	6.72	
	Deeside		263	Kathryn Roberts	6.06	
	Deeside		261	Rhian Williams	5.98	

# Results Sheet

# Speed Bounce

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		16.5
2	Deeside		15.5
3	DASH		12.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	DASH		175	Eleanor Hall	82	12.0
2	Crewe & Nantwich AC		423	Aimee Addis	80	11.0
3	Deeside		263	Kathryn Roberts	75	10.0
1=	Deeside		266	Bryony Burton	70	5.5
1=	Crewe & Nantwich AC		427	Georgina Emery	70	5.5
	Deeside		265	Megan Brooke-Jones	69	
	Crewe & Nantwich AC		429	Lauren Whittaker	61	

# Results Sheet

# 2 Lap Race

**Competition:**  
NWSRD4-CREWE Under 15 Girls

**Venue:**  
Shavington LS

**Date**  
6 Dec 2009

Ranking	Team	Colour	Points
1	Crewe & Nantwich AC		18.0
2	Deeside		16.0
3	DASH		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC		423	Aimee Addis	23.1	12.0
2	Deeside		261	Rhian Williams	24.2	11.0
3	DASH		175	Eleanor Hall	26.4	10.0
1	Crewe & Nantwich AC		425	Gemma Valentine	24.4	6.0
2	Deeside		265	Megan Brooke-Jones	24.7	5.0
	Crewe & Nantwich AC		427	Georgina Emery	25.8	
	Crewe & Nantwich AC		429	Lauren Whittaker	27.6	

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
NWSRD4-CREWE Under 15 Girls

**Venue:**  
Shavington LS

**Date**  
6 Dec 2009

Ranking	Team	Colour	Points
1=	Crewe & Nantwich AC		17.0
1=	Deeside		17.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Crewe & Nantwich AC		423	Aimee Addis	1:20.7	12.0
2	Deeside		263	Kathryn Roberts	1:21.4	11.0
1	Deeside		264	Georgia Bates	1:30.5	6.0
2	Crewe & Nantwich AC		429	Lauren Whittaker	1:36.1	5.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

NWSRD4-CREWE Under 15 Girls

## Venue:

Shavington LS

## Date

6 Dec 2009

Ranking	Code	Team	Colour
1	01	Crewe & Nantwich AC	
2	02	Deeside	

Heat	Final	Performance	Points
0.0	0.0	0.0	18.0
0.0	0.0	0.0	15.0