

North West Sportshall Athletics League 2009 - 2010

League Tables after Round Five

17th January 2010

U/11 Girls	Round 1	Round 2	Round 3	Round 4	Round 5	Total
Deeside	132	0	135	120	110	497
Crewe & Nantwich	124	130	0	115	126	495
West Cheshire	113	0	136	114	106.5	469.5
Halton & Frodsham	115	122.5	0	115	109.5	462
DASH	0	100	99.5	93	101	393.5
Liverpool	0	118	87.5	101	85	391.5
Southport / Waterloo	0	98.5	103.5	72	103	377
Sutton St Helens	88	87	0	50	0	225
Warrington	64	0	89.5	36	0	189.5
Handforth	0	25	0	0	51	76

U/11 Boys	Round 1	Round 2	Round 3	Round 4	Round 5	Total
Crewe	139	138	0	125	117.5	519.5
DASH	0	120	136.5	106	110.5	473
Halton & Frodsham	125	130.5	0	111	106	472.5
West Cheshire	95.5	0	132	118	120	465.5
Liverpool	0	80.5	114	100.5	95.5	390.5
Handforth	77.5	55	0	84	95	311.5
Deeside	110.5	0	94.5	31	53.5	289.5
Southport / Waterloo	0	72	29	63.5	56	220.5
Warrington	61.5	0	52	0	0	113.5
Sutton St Helens	49	0	0	57	0	106

U/13 Girls	Round 1	Round 2	Round 3	Round 4	Round 5	Total
Crewe & Nantwich	140	144	0	124	126	534
West Cheshire	128	0	138	120	112	498
Liverpool	0	122	132	104	105	463
Halton & Frodsham	117.5	119	0	101	111	448.5
Warrington	74	0	110	88	31	303
Sutton St Helens	58.5	74	0	35	32	199.5
Southport / Waterloo	0	83	53	55	0	191
DASH	0	52	0	31	49	132
Deeside	47	0	26	31	0	104

U/13 Boys	Round 1	Round 2	Round 3	Round 4	Round 5	Total
West Cheshire	128	0	138	122	123	511
Crewe & Nantwich	126.5	132	0	124	124	506.5
Liverpool	0	86.5	123	110	108	427.5
DASH	0	125	78	63	113	379
Sutton St Helens	98.5	85.5	0	75	68	327
Warrington	93	0	82	0	0	175
Halton & Frodsham	18	33	0	53	31	135
Deeside	57	0	30	0	26	113
Southport / Waterloo	0	49	0	0	0	49

U/15 Girls	Round 1	Round 2	Round 3	Round 4	Round 5	Total
Crewe & Nantwich	133.5	141.5	0	122.5	126	523.5
West Cheshire	135.5	0	142	124	120	521.5
Deeside	119	0	134	112.5	101	466.5
Halton & Frodsham	41.5	79.5	0	113	99	333
Warrington	95	0	82	78	41	296
DASH	0	66.5	50	42	64	222.5
Sutton St Helens	62.5	81.5	0	0	37	181

U/15 Boys	Round 1	Round 2	Round 3	Round 4	Round 5	Total
West Cheshire	123	0	116	100	100	439
Crewe & Nantwich	84	95		124	126	429
Halton & Frodsham	78	69		72	72	291
Deeside	141	0	27	45	0	213
Dash	0	0	90	42	43	175
Warrington	30	0	0	52	42	124
Handforth	23	0		0	0	23





# Athlete Results

**Competition:**  
NWSRD5-CREWE-U11B U11B

**Venue:**  
SHAVINGTON LS

**Date**  
17 Jan 2010

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	SB	SLJ	VJ	CP
1	69	James Cash	DASH	36.0	12.0	12.0		12.0		
2	94	Tom Botham	HANDFORTH	32.0	11.0	10.0			11.0	
3=	80	Jimmy Alderson	SOUTHPORT WATERLOO	28.0		9.0	9.0		10.0	
3=	81	Jamie Tipping	SOUTHPORT WATERLOO	28.0	9.0			9.0		10.0
5	18	Fred Dobberson	CREWE & NANTWICH	23.0		11.0			12.0	
6	97	Sam Short	HANDFORTH	21.0	6.0		11.0	4.0		
7	68	Andrew Bridgland	DASH	18.0					9.0	9.0
8	21	Jacob Fairleigh	CREWE & NANTWICH	16.5	5.0		5.5		6.0	
9	72	Alex Gibbons	DASH	16.0			12.0		4.0	
10	93	Alex Jackson	HANDFORTH	15.0				10.0	5.0	
11	71	Sam Doherty	DASH	14.5	4.0	5.0	5.5			
12	25	Luke Pickles	CREWE & NANTWICH	12.0						12.0
13=	15	Ben Jones	CREWE & NANTWICH	11.0				11.0		
13=	95	Harry Botham	HANDFORTH	11.0						11.0
15=	22	James Poole	CREWE & NANTWICH	10.0			10.0			
15=	27	Owen Porter	CREWE & NANTWICH	10.0	10.0					
17=	16	Ben Johnston	CREWE & NANTWICH	6.0		6.0				
17=	28	Sam Baldwin	CREWE & NANTWICH	6.0						6.0
17=	73	James Cullen	DASH	6.0				6.0		
20=	24	Lewis Palin	CREWE & NANTWICH	5.0				5.0		
20=	70	Adam Day	DASH	5.0						5.0
22	96	Jacob Chesterton	HANDFORTH	4.0						4.0
23=	17	Ewan Ashman	CREWE & NANTWICH	0.0						
23=	19	George Hancock	CREWE & NANTWICH	0.0						
23=	20	Jack Clark	CREWE & NANTWICH	0.0						
23=	23	Kian Nolan	CREWE & NANTWICH	0.0						
23=	26	Matt Hole	CREWE & NANTWICH	0.0						
23=	74	Thomas Wilson	DASH	0.0						

# Team Results

# CREWE & NANTWICH ()

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	SB	SLJ	VJ	CP
1	CREWE & NANTWICH		117.5	18.0	15.0	17.0	15.5	16.0	18.0	18.0
2	DASH		110.5	15.0	16.0	17.0	17.5	18.0	13.0	14.0
3	HANDFORTH		95.0	12.0	17.0	10.0	11.0	14.0	16.0	15.0
4	SOUTHPORT WATERLOO		56.0	0.0	9.0	9.0	9.0	9.0	10.0	10.0
5	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
15	Ben Jones	2LR	27.2				27.2		
15	Ben Jones	SLJ	1.91	1.95	0.00	0.00	1.95	2	11.0
15	Ben Jones	VJ	36	38	30	0	38		
16	Ben Johnston	2LR	26.0				26.0		
16	Ben Johnston	4LR	57.4				57.4	1	6.0
16	Ben Johnston	SB	45				45		
17	Ewan Ashman	2LR	27.0				27.0		
17	Ewan Ashman	SB	41				41		
17	Ewan Ashman	CP	5.50	6.00	5.75	0.00	6.00		
18	Fred Dobberson	2LR	26.5				26.5		
18	Fred Dobberson	4LR	56.1				56.1	2	11.0
18	Fred Dobberson	VJ	41	41	40	0	41	1	12.0
18	Fred Dobberson	CP	5.75	6.00	5.75	0.00	6.00		
19	George Hancock	2LR	29.8				29.8		
19	George Hancock	4LR	0.0				0.0		
19	George Hancock	CP	4.75	4.50	5.00	0.00	5.00		
20	Jack Clark	2LR	27.2				27.2		
20	Jack Clark	4LR	1:02.8				1:02.8		
20	Jack Clark	SLJ	1.41	1.46	1.56	0.00	1.56		
21	Jacob Fairleigh	2LR	25.8				25.8	2	5.0
21	Jacob Fairleigh	SB	48				48	1=	5.5
21	Jacob Fairleigh	VJ	40	38	37	0	40	1	6.0
22	James Poole	2LR	28.3				28.3		
22	James Poole	4LR	1:03.1				1:03.1		
22	James Poole	SB	49				49	3	10.0
23	Kian Nolan	2LR	28.5				28.5		
23	Kian Nolan	4LR	1:06.1				1:06.1		
23	Kian Nolan	SLJ	1.55	1.58	1.56	0.00	1.58		
24	Lewis Palin	2LR	25.9				25.9		

# Team Results

# CREWE & NANTWICH ()

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	SB	SLJ	VJ	CP
1	CREWE & NANTWICH		117.5	18.0	15.0	17.0	15.5	16.0	18.0	18.0
2	DASH		110.5	15.0	16.0	17.0	17.5	18.0	13.0	14.0
3	HANDFORTH		95.0	12.0	17.0	10.0	11.0	14.0	16.0	15.0
4	SOUTHPORT WATERLOO		56.0	0.0	9.0	9.0	9.0	9.0	10.0	10.0
5	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
24	Lewis Palin	4LR	1:04.1				1:04.1		
24	Lewis Palin	SLJ	1.68	1.61	1.75	0.00	1.75	2	5.0
25	Luke Pickles	2LR	27.2				27.2		
25	Luke Pickles	4LR	1:01.5				1:01.5		
25	Luke Pickles	CP	5.75	6.25	6.50	0.00	6.50	1	12.0
26	Matt Hole	2LR	26.5				26.5		
26	Matt Hole	4LR	1:00.4				1:00.4		
26	Matt Hole	SLJ	1.61	1.63	0.00	0.00	1.63		
27	Owen Porter	2LR	25.4				25.4	3	10.0
27	Owen Porter	SB	46				46		
27	Owen Porter	SLJ	1.61	1.69	1.59	0.00	1.69		
28	Sam Baldwin	2LR	28.6				28.6		
28	Sam Baldwin	4LR	1:07.3				1:07.3		
28	Sam Baldwin	CP	5.25	6.25	6.00	0.00	6.25	1	6.0

# Team Results

# DASH ()

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	SB	SLJ	VJ	CP
1	CREWE & NANTWICH		117.5	18.0	15.0	17.0	15.5	16.0	18.0	18.0
2	DASH		110.5	15.0	16.0	17.0	17.5	18.0	13.0	14.0
3	HANDFORTH		95.0	12.0	17.0	10.0	11.0	14.0	16.0	15.0
4	SOUTHPORT WATERLOO		56.0	0.0	9.0	9.0	9.0	9.0	10.0	10.0
5	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68	Andrew Bridgland	2LR	26.8				26.8		
68	Andrew Bridgland	4LR	1:00.7				1:00.7		
68	Andrew Bridgland	VJ	32	31	33	0	33	4	9.0
68	Andrew Bridgland	CP	4.25	4.75	0.00	0.00	4.75	4	9.0
69	James Cash	2LR	24.9				24.9	1	12.0
69	James Cash	4LR	54.5				54.5	1	12.0
69	James Cash	SLJ	2.00	2.04	2.05	0.00	2.05	1	12.0
70	Adam Day	2LR	26.4				26.4		
70	Adam Day	4LR	1:00.0				1:00.0		
70	Adam Day	CP	4.25	4.50	4.25	0.00	4.50	2	5.0
71	Sam Doherty	2LR	26.2				26.2	3	4.0
71	Sam Doherty	4LR	57.5				57.5	2	5.0
71	Sam Doherty	SB	48				48	1=	5.5
71	Sam Doherty	SLJ	1.77	1.72	1.75	0.00	1.77		
72	Alex Gibbons	2LR	26.6				26.6		
72	Alex Gibbons	SB	52				52	1	12.0
72	Alex Gibbons	VJ	32	32	31	0	32	3	4.0
73	James Cullen	2LR	26.3				26.3		
73	James Cullen	SB	48				48		
73	James Cullen	SLJ	1.82	1.70	1.75	0.00	1.82	1	6.0
74	Thomas Wilson	2LR	27.8				27.8		
74	Thomas Wilson	SB	40				40		
74	Thomas Wilson	CP	4.25	3.75	0.00	0.00	4.25		

# Team Results

# HANDFORTH ()

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	SB	SLJ	VJ	CP
1	CREWE & NANTWICH		117.5	18.0	15.0	17.0	15.5	16.0	18.0	18.0
2	DASH		110.5	15.0	16.0	17.0	17.5	18.0	13.0	14.0
3	HANDFORTH		95.0	12.0	17.0	10.0	11.0	14.0	16.0	15.0
4	SOUTHPORT WATERLOO		56.0	0.0	9.0	9.0	9.0	9.0	10.0	10.0
5	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
93	Alex Jackson	4LR	0.0				0.0		
93	Alex Jackson	SLJ	1.73	1.61	1.65	0.00	1.73	3	10.0
93	Alex Jackson	VJ	34	35	31	0	35	2	5.0
94	Tom Botham	2LR	25.1				25.1	2	11.0
94	Tom Botham	4LR	59.4				59.4	3	10.0
94	Tom Botham	VJ	38	36	35	0	38	2	11.0
95	Harry Botham	2LR	29.0				29.0		
95	Harry Botham	SLJ	1.25	1.30	1.17	0.00	1.30		
95	Harry Botham	CP	4.00	4.75	4.75	0.00	4.75	2	11.0
96	Jacob Chesterton	SLJ	1.37	0.00	1.30	0.00	1.37		
96	Jacob Chesterton	VJ	31	30	27	0	31		
96	Jacob Chesterton	CP	4.25	4.00	4.00	0.00	4.25	3	4.0
97	Sam Short	2LR	25.3				25.3	1	6.0
97	Sam Short	SB	51				51	2	11.0
97	Sam Short	SLJ	1.65	0.00	1.53	0.00	1.65	3	4.0

# Team Results

# SOUTHPORT WATERLOO ()

**Competition:**  
NWSRD5-CREWE-U11B U11B

**Venue:**  
SHAVINGTON LS

**Date**  
17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	SB	SLJ	VJ	CP
1	CREWE & NANTWICH		117.5	18.0	15.0	17.0	15.5	16.0	18.0	18.0
2	DASH		110.5	15.0	16.0	17.0	17.5	18.0	13.0	14.0
3	HANDFORTH		95.0	12.0	17.0	10.0	11.0	14.0	16.0	15.0
4	SOUTHPORT WATERLOO		56.0	0.0	9.0	9.0	9.0	9.0	10.0	10.0
5	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
80	Jimmy Alderson	2LR	29.5				29.5		
80	Jimmy Alderson	4LR	1:05.4				1:05.4	4	9.0
80	Jimmy Alderson	SB	36				36	4	9.0
80	Jimmy Alderson	VJ	32	35	37	0	37	3	10.0
81	Jamie Tipping	2LR	29.1				29.1	4	9.0
81	Jamie Tipping	4LR	1:03.7				1:03.7		
81	Jamie Tipping	SLJ	1.34	1.20	1.28	0.00	1.34	4	9.0
81	Jamie Tipping	CP	3.50	4.75	4.75	0.00	4.75	3	10.0

# Team Results

# WARRINGTON ()

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	4LR	SB	SLJ	VJ	CP
1	CREWE & NANTWICH		117.5	18.0	15.0	17.0	15.5	16.0	18.0	18.0
2	DASH		110.5	15.0	16.0	17.0	17.5	18.0	13.0	14.0
3	HANDFORTH		95.0	12.0	17.0	10.0	11.0	14.0	16.0	15.0
4	SOUTHPORT WATERLOO		56.0	0.0	9.0	9.0	9.0	9.0	10.0	10.0
5	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Results Sheet

# 2 Lap Race

**Competition:**  
NWSRD5-CREWE-U11B U11B

**Venue:**  
SHAVINGTON LS

**Date**  
17 Jan 2010

Ranking	Team	Colour	Points
1	HANDFORTH		17.0
2	DASH		16.0
3	CREWE & NANTWICH		15.0
4	SOUTHPORT WATERLOO		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	DASH		69	James Cash	24.9	12.0
2	HANDFORTH		94	Tom Botham	25.1	11.0
3	CREWE & NANTWICH		27	Owen Porter	25.4	10.0
4	SOUTHPORT WATERLOO		81	Jamie Tipping	29.1	9.0
1	HANDFORTH		97	Sam Short	25.3	6.0
2	CREWE & NANTWICH		21	Jacob Fairleigh	25.8	5.0
3	DASH		71	Sam Doherty	26.2	4.0
	CREWE & NANTWICH		24	Lewis Palin	25.9	
	CREWE & NANTWICH		16	Ben Johnston	26.0	
	DASH		73	James Cullen	26.3	
	DASH		70	Adam Day	26.4	
	CREWE & NANTWICH		18	Fred Dobberson	26.5	
	CREWE & NANTWICH		26	Matt Hole	26.5	
	DASH		72	Alex Gibbons	26.6	
	DASH		68	Andrew Bridgland	26.8	
	CREWE & NANTWICH		17	Ewan Ashman	27.0	
	CREWE & NANTWICH		15	Ben Jones	27.2	
	CREWE & NANTWICH		25	Luke Pickles	27.2	
	CREWE & NANTWICH		20	Jack Clark	27.2	
	DASH		74	Thomas Wilson	27.8	
	CREWE & NANTWICH		22	James Poole	28.3	
	CREWE & NANTWICH		23	Kian Nolan	28.5	
	CREWE & NANTWICH		28	Sam Baldwin	28.6	
	HANDFORTH		95	Harry Botham	29.0	
	SOUTHPORT WATERLOO		80	Jimmy Alderson	29.5	
	CREWE & NANTWICH		19	George Hancock	29.8	

# Results Sheet

# 4 Lap Race

**Competition:**  
NWSRD5-CREWE-U11B U11B

**Venue:**  
SHAVINGTON LS

**Date**  
17 Jan 2010

Ranking	Team	Colour	Points
1=	CREWE & NANTWICH		17.0
1=	DASH		17.0
3	HANDFORTH		10.0
4	SOUTHPORT WATERLOO		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	DASH		69	James Cash	54.5	12.0
2	CREWE & NANTWICH		18	Fred Dobberson	56.1	11.0
3	HANDFORTH		94	Tom Botham	59.4	10.0
4	SOUTHPORT WATERLOO		80	Jimmy Alderson	1:05.4	9.0
1	CREWE & NANTWICH		16	Ben Johnston	57.4	6.0
2	DASH		71	Sam Doherty	57.5	5.0
	DASH		70	Adam Day	1:00.0	
	CREWE & NANTWICH		26	Matt Hole	1:00.4	
	DASH		68	Andrew Bridgland	1:00.7	
	CREWE & NANTWICH		25	Luke Pickles	1:01.5	
	CREWE & NANTWICH		20	Jack Clark	1:02.8	
	CREWE & NANTWICH		22	James Poole	1:03.1	
	SOUTHPORT WATERLOO		81	Jamie Tipping	1:03.7	
	CREWE & NANTWICH		24	Lewis Palin	1:04.1	
	CREWE & NANTWICH		23	Kian Nolan	1:06.1	
	CREWE & NANTWICH		28	Sam Baldwin	1:07.3	

# Results Sheet

# 4 x 2 Lap Relay

**Competition:**

NWSRD5-CREWE-U11B U11B

**Venue:**

SHAVINGTON LS

**Date**

17 Jan 2010

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	CREWE & NANTWICH		0.0	0.0	0.0	18.0
2	02	DASH		0.0	0.0	0.0	15.0
3	03	HANDFORTH		0.0	0.0	0.0	12.0

# Results Sheet

# Speed Bounce

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	DASH		17.5
2	CREWE & NANTWICH		15.5
3	HANDFORTH		11.0
4	SOUTHPORT WATERLOO		9.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	DASH		72	Alex Gibbons	52	12.0
2	HANDFORTH		97	Sam Short	51	11.0
3	CREWE & NANTWICH		22	James Poole	49	10.0
4	SOUTHPORT WATERLOO		80	Jimmy Alderson	36	9.0
1=	DASH		71	Sam Doherty	48	5.5
1=	CREWE & NANTWICH		21	Jacob Fairleigh	48	5.5
	DASH		73	James Cullen	48	
	CREWE & NANTWICH		27	Owen Porter	46	
	CREWE & NANTWICH		16	Ben Johnston	45	
	CREWE & NANTWICH		17	Ewan Ashman	41	
	DASH		74	Thomas Wilson	40	

# Results Sheet

# Standing Long Jump

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	DASH		18.0
2	CREWE & NANTWICH		16.0
3	HANDFORTH		14.0
4	SOUTHPORT WATERLOO		9.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	DASH		69	James Cash	2.05	12.0
2	CREWE & NANTWICH		15	Ben Jones	1.95	11.0
3	HANDFORTH		93	Alex Jackson	1.73	10.0
4	SOUTHPORT WATERLOO		81	Jamie Tipping	1.34	9.0
1	DASH		73	James Cullen	1.82	6.0
2	CREWE & NANTWICH		24	Lewis Palin	1.75	5.0
3	HANDFORTH		97	Sam Short	1.65	4.0
	DASH		71	Sam Doherty	1.77	
	CREWE & NANTWICH		27	Owen Porter	1.69	
	CREWE & NANTWICH		26	Matt Hole	1.63	
	CREWE & NANTWICH		23	Kian Nolan	1.58	
	CREWE & NANTWICH		20	Jack Clark	1.56	
	HANDFORTH		96	Jacob Chesterton	1.37	
	HANDFORTH		95	Harry Botham	1.30	

# Results Sheet

# Vertical Jump

**Competition:**  
NWSRD5-CREWE-U11B U11B

**Venue:**  
SHAVINGTON LS

**Date**  
17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	HANDFORTH		16.0
3	DASH		13.0
4	SOUTHPORT WATERLOO		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		18	Fred Dobberson	41	12.0
2	HANDFORTH		94	Tom Botham	38	11.0
3	SOUTHPORT WATERLOO		80	Jimmy Alderson	37	10.0
4	DASH		68	Andrew Bridgland	33	9.0
1	CREWE & NANTWICH		21	Jacob Fairleigh	40	6.0
2	HANDFORTH		93	Alex Jackson	35	5.0
3	DASH		72	Alex Gibbons	32	4.0
	CREWE & NANTWICH		15	Ben Jones	38	
	HANDFORTH		96	Jacob Chesterton	31	

# Results Sheet

# Chest Push

## Competition:

NWSRD5-CREWE-U11B U11B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	HANDFORTH		15.0
3	DASH		14.0
4	SOUTHPORT WATERLOO		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		25	Luke Pickles	6.50	12.0
2	HANDFORTH		95	Harry Botham	4.75	11.0
3	SOUTHPORT WATERLOO		81	Jamie Tipping	4.75	10.0
4	DASH		68	Andrew Bridgland	4.75	9.0
1	CREWE & NANTWICH		28	Sam Baldwin	6.25	6.0
2	DASH		70	Adam Day	4.50	5.0
3	HANDFORTH		96	Jacob Chesterton	4.25	4.0
	CREWE & NANTWICH		18	Fred Dobberson	6.00	
	CREWE & NANTWICH		17	Ewan Ashman	6.00	
	CREWE & NANTWICH		19	George Hancock	5.00	
	DASH		74	Thomas Wilson	4.25	



# Athlete Results

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	BibNo	Athlete	Team	Score	2LR	6LR	SB	SLJ	VJ	S
1	89	Jonny Ding	DASH	34.0	11.0		12.0			11.0
2	49	John Nwabueze	CREWE & NANTWICH	30.0	12.0	6.0			12.0	
3	91	Ross Macintosh	DASH	27.0	5.0			11.0	11.0	
4	92	David Ward	DASH	22.0		11.0	6.0		5.0	
5	50	William Matthews	CREWE & NANTWICH	18.0	6.0			12.0		
6	90	Mark Jackson	DASH	15.0		5.0		5.0		5.0
7=	51	Niall Clowes	CREWE & NANTWICH	12.0						12.0
7=	57	Sam Whitehead	CREWE & NANTWICH	12.0		12.0				
9=	52	Ralph Johnstone	CREWE & NANTWICH	11.0			11.0			
9=	53	Bailey Taylor	CREWE & NANTWICH	11.0			5.0	6.0		
11=	54	Patrick Fairlie	CREWE & NANTWICH	6.0					6.0	
11=	55	Ellis Creighton	CREWE & NANTWICH	6.0						6.0
13	56	Hepi Jolliffe	CREWE & NANTWICH	0.0						

# Team Results

# CREWE & NANTWICH ()

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		124.0	18.0	18.0	18.0	16.0	18.0	18.0	18.0
2	DASH		113.0	15.0	16.0	16.0	18.0	16.0	16.0	16.0
3=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	SOUTHPORT WATERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	John Nwabueze	2LR	23.9				23.9	1	12.0
49	John Nwabueze	6LR	1:39.5				1:39.5	1	6.0
49	John Nwabueze	SLJ	2.36	2.36	2.23	0.00	2.36		
49	John Nwabueze	VJ	59	62	58	0	62	1	12.0
49	John Nwabueze	S	0.00	5.57	8.30	0.00	8.30		
50	William Matthews	2LR	24.5				24.5	1	6.0
50	William Matthews	SLJ	2.09	2.18	2.07	0.00	2.18	1	12.0
50	William Matthews	VJ	42	45	43	0	45		
51	Niall Clowes	S	8.93	8.54	8.86	0.00	8.93	1	12.0
52	Ralph Johnstone	2LR	24.8				24.8		
52	Ralph Johnstone	SB	72				72	2	11.0
52	Ralph Johnstone	SLJ	1.79	1.69	1.75	0.00	1.79		
52	Ralph Johnstone	VJ	41	41	38	0	41		
53	Bailey Taylor	2LR	0.0				0.0		
53	Bailey Taylor	SB	68				68	2	5.0
53	Bailey Taylor	SLJ	1.81	1.87	1.84	0.00	1.87	1	6.0
54	Patrick Fairlie	2LR	24.8				24.8		
54	Patrick Fairlie	SB	64				64		
54	Patrick Fairlie	SLJ	1.86	1.85	1.86	0.00	1.86		
54	Patrick Fairlie	VJ	44	43	45	0	45	1	6.0
55	Ellis Creighton	2LR	0.0				0.0		
55	Ellis Creighton	S	5.58	5.79	5.53	0.00	5.79	1	6.0
56	Hepi Jolliffee	2LR	26.7				26.7		
56	Hepi Jolliffee	SB	64				64		
56	Hepi Jolliffee	SLJ	0.00	1.71	0.00	0.00	1.71		
56	Hepi Jolliffee	S	5.46	5.77	0.00	0.00	5.77		
57	Sam Whitehead	2LR	26.4				26.4		
57	Sam Whitehead	6LR	1:37.2				1:37.2	1	12.0

# Team Results

# DASH ()

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		124.0	18.0	18.0	18.0	16.0	18.0	18.0	18.0
2	DASH		113.0	15.0	16.0	16.0	18.0	16.0	16.0	16.0
3=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	SOUTHPORT WATERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
89	Jonny Ding	2LR	24.1				24.1	2	11.0
89	Jonny Ding	SB	82				82	1	12.0
89	Jonny Ding	S	6.72	6.61	6.05	0.00	6.72	2	11.0
90	Mark Jackson	6LR	1:57.4				1:57.4	2	5.0
90	Mark Jackson	SLJ	1.66	1.56	1.64	0.00	1.66	2	5.0
90	Mark Jackson	S	3.91	4.13	3.98	0.00	4.13	2	5.0
91	Ross Macintosh	2LR	26.4				26.4	2	5.0
91	Ross Macintosh	SLJ	1.91	1.89	1.87	0.00	1.91	2	11.0
91	Ross Macintosh	VJ	33	38	29	0	38	2	11.0
92	David Ward	6LR	1:52.8				1:52.8	2	11.0
92	David Ward	SB	78				78	1	6.0
92	David Ward	VJ	27	33	30	0	33	2	5.0

# Team Results

# HANDFORTH ()

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		124.0	18.0	18.0	18.0	16.0	18.0	18.0	18.0
2	DASH		113.0	15.0	16.0	16.0	18.0	16.0	16.0	16.0
3=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	SOUTHPORT WATERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# SOUTHPORT WATERLOO ()

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		124.0	18.0	18.0	18.0	16.0	18.0	18.0	18.0
2	DASH		113.0	15.0	16.0	16.0	18.0	16.0	16.0	16.0
3=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	SOUTHPORT WATERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# WARRINGTON ()

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		124.0	18.0	18.0	18.0	16.0	18.0	18.0	18.0
2	DASH		113.0	15.0	16.0	16.0	18.0	16.0	16.0	16.0
3=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	SOUTHPORT WATERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
3=	WARRINGTON		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Results Sheet

# 2 Lap Race

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		16.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		49	John Nwabueze	23.9	12.0
2	DASH		89	Jonny Ding	24.1	11.0
1	CREWE & NANTWICH		50	William Matthews	24.5	6.0
2	DASH		91	Ross Macintosh	26.4	5.0
	CREWE & NANTWICH		54	Patrick Fairlie	24.8	
	CREWE & NANTWICH		52	Ralph Johnstone	24.8	
	CREWE & NANTWICH		57	Sam Whitehead	26.4	
	CREWE & NANTWICH		56	Hepi Jolliffe	26.7	

# Results Sheet

# 6 Lap Time Trial

**Competition:**

NWSRD5-CREWE-U13B U13B

**Venue:**

SHAVINGTON LS

**Date**

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		16.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		57	Sam Whitehead	1:37.2	12.0
2	DASH		92	David Ward	1:52.8	11.0
1	CREWE & NANTWICH		49	John Nwabueze	1:39.5	6.0
2	DASH		90	Mark Jackson	1:57.4	5.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Code	Team	Colour
1	01	CREWE & NANTWICH	
2	02	DASH	

Heat	Final	Performance	Points
0.0	0.0	0.0	18.0
0.0	0.0	0.0	15.0

# Results Sheet

# Speed Bounce

**Competition:**  
NWSRD5-CREWE-U13B U13B

**Venue:**  
SHAVINGTON LS

**Date**  
17 Jan 2010

Ranking	Team	Colour	Points
1	DASH		18.0
2	CREWE & NANTWICH		16.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	DASH		89	Jonny Ding	82	12.0
2	CREWE & NANTWICH		52	Ralph Johnstone	72	11.0
1	DASH		92	David Ward	78	6.0
2	CREWE & NANTWICH		53	Bailey Taylor	68	5.0
	CREWE & NANTWICH		56	Hepi Jolliffee	64	
	CREWE & NANTWICH		54	Patrick Fairlie	64	

# Results Sheet

# Standing Long Jump

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		16.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		50	William Matthews	2.18	12.0
2	DASH		91	Ross Macintosh	1.91	11.0
1	CREWE & NANTWICH		53	Bailey Taylor	1.87	6.0
2	DASH		90	Mark Jackson	1.66	5.0
	CREWE & NANTWICH		49	John Nwabueze	2.36	
	CREWE & NANTWICH		54	Patrick Fairlie	1.86	
	CREWE & NANTWICH		52	Ralph Johnstone	1.79	
	CREWE & NANTWICH		56	Hepi Jolliffe	1.71	

# Results Sheet

# Vertical Jump

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		16.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		49	John Nwabueze	62	12.0
2	DASH		91	Ross Macintosh	38	11.0
1	CREWE & NANTWICH		54	Patrick Fairlie	45	6.0
2	DASH		92	David Ward	33	5.0
	CREWE & NANTWICH		50	William Matthews	45	
	CREWE & NANTWICH		52	Ralph Johnstone	41	

# Results Sheet

# Shot

## Competition:

NWSRD5-CREWE-U13B U13B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		16.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		51	Niall Clowes	8.93	12.0
2	DASH		89	Jonny Ding	6.72	11.0
1	CREWE & NANTWICH		55	Ellis Creighton	5.79	6.0
2	DASH		90	Mark Jackson	4.13	5.0
	CREWE & NANTWICH		49	John Nwabueze	8.30	
	CREWE & NANTWICH		56	Hepi Jolliffe	5.77	



# Athlete Results

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	BibNo	Athlete	Team	Score	2LR	6LR	SB	SLJ	VJ	S
1	59	Adam Howell	CREWE & NANTWICH	48.0	12.0	12.0		12.0	12.0	
2	75	Jamie Macintosh	DASH	43.0	10.0		11.0	11.0	11.0	
3	84	Scott Rearden	WARRINGTON	42.0	11.0			10.0	10.0	11.0
4	58	Shane Mellor	CREWE & NANTWICH	30.0	6.0			6.0	6.0	12.0
5	60	Fraser Ashman	CREWE & NANTWICH	24.0		6.0	12.0			6.0
6	61	Will Simmons	CREWE & NANTWICH	6.0			6.0			

# Team Results

# CREWE & NANTWICH ()

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		126.0	18.0	18.0	18.0	18.0	18.0	18.0	18.0
2	DASH		43.0	0.0	10.0	0.0	11.0	11.0	11.0	0.0
3	WARRINGTON		42.0	0.0	11.0	0.0	0.0	10.0	10.0	11.0
4=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	SOUTHPORT WARTERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
58	Shane Mellor	2LR	23.1				23.1	1	6.0
58	Shane Mellor	SLJ	2.40	2.41	2.37	0.00	2.41	1	6.0
58	Shane Mellor	VJ	66	62	64	0	66	1	6.0
58	Shane Mellor	S	9.91	10.15	10.10	0.00	10.15	1	12.0
59	Adam Howell	2LR	21.9				21.9	1	12.0
59	Adam Howell	6LR	1:30.6				1:30.6	1	12.0
59	Adam Howell	SLJ	2.57	2.62	2.57	0.00	2.62	1	12.0
59	Adam Howell	VJ	68	65	0	0	68	1	12.0
59	Adam Howell	S	9.57	9.44	9.53	0.00	9.57		
60	Fraser Ashman	2LR	0.0				0.0		
60	Fraser Ashman	6LR	1:50.0				1:50.0	1	6.0
60	Fraser Ashman	SB	69				69	1	12.0
60	Fraser Ashman	S	10.14	10.05	9.91	0.00	10.14	1	6.0
61	Will Simmons	2LR	0.0				0.0		
61	Will Simmons	SB	65				65	1	6.0
61	Will Simmons	SLJ	2.16	2.18	2.18	0.00	2.18		
61	Will Simmons	VJ	49	51	49	0	51		
61	Will Simmons	S	0.00	0.00	6.77	0.00	6.77		

# Team Results

# DASH ()

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		126.0	18.0	18.0	18.0	18.0	18.0	18.0	18.0
2	DASH		43.0	0.0	10.0	0.0	11.0	11.0	11.0	0.0
3	WARRINGTON		42.0	0.0	11.0	0.0	0.0	10.0	10.0	11.0
4=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	SOUTHPORT WARTERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Jamie Macintosh	2LR	24.7				24.7	3	10.0
75	Jamie Macintosh	SB	66				66	2	11.0
75	Jamie Macintosh	SLJ	2.22	2.22	2.22	0.00	2.22	2	11.0
75	Jamie Macintosh	VJ	47	51	48	0	51	2	11.0

# Team Results

# HANDFORTH ()

**Competition:**  
NWSRD5-CREWE-U15B U15B

**Venue:**  
SHAVINGTON LS

**Date**  
17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		126.0	18.0	18.0	18.0	18.0	18.0	18.0	18.0
2	DASH		43.0	0.0	10.0	0.0	11.0	11.0	11.0	0.0
3	WARRINGTON		42.0	0.0	11.0	0.0	0.0	10.0	10.0	11.0
4=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	SOUTHPORT WARTERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# SOUTHPORT WARTERLOO ()

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		126.0	18.0	18.0	18.0	18.0	18.0	18.0	18.0
2	DASH		43.0	0.0	10.0	0.0	11.0	11.0	11.0	0.0
3	WARRINGTON		42.0	0.0	11.0	0.0	0.0	10.0	10.0	11.0
4=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	SOUTHPORT WARTERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# WARRINGTON ()

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Score	4x2	2LR	6LR	SB	SLJ	VJ	S
1	CREWE & NANTWICH		126.0	18.0	18.0	18.0	18.0	18.0	18.0	18.0
2	DASH		43.0	0.0	10.0	0.0	11.0	11.0	11.0	0.0
3	WARRINGTON		42.0	0.0	11.0	0.0	0.0	10.0	10.0	11.0
4=	HANDFORTH		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
4=	SOUTHPORT WARTERLOO		0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
84	Scott Rearden	2LR	23.7				23.7	2	11.0
84	Scott Rearden	SLJ	2.17	2.17	2.19	0.00	2.19	3	10.0
84	Scott Rearden	VJ	43	0	0	0	43	3	10.0
84	Scott Rearden	S	6.46	0.00	6.50	0.00	6.50	2	11.0

# Results Sheet

# 2 Lap Race

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	WARRINGTON		11.0
3	DASH		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		59	Adam Howell	21.9	12.0
2	WARRINGTON		84	Scott Rearden	23.7	11.0
3	DASH		75	Jamie Macintosh	24.7	10.0
1	CREWE & NANTWICH		58	Shane Mellor	23.1	6.0

# Results Sheet

# 6 Lap Time Trial

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		59	Adam Howell	1:30.6	12.0
1	CREWE & NANTWICH		60	Fraser Ashman	1:50.0	6.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Code	Team	Colour
1	01	CREWE & NANTWICH	

Heat	Final	Performance	Points
0.0	0.0	0.0	18.0

# Results Sheet

# Speed Bounce

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		11.0

Ranking	Team	Colour	BibNo	Name	Total	Points
1	CREWE & NANTWICH		60	Fraser Ashman	69	12.0
2	DASH		75	Jamie Macintosh	66	11.0
1	CREWE & NANTWICH		61	Will Simmons	65	6.0

# Results Sheet

# Standing Long Jump

**Competition:**

NWSRD5-CREWE-U15B U15B

**Venue:**

SHAVINGTON LS

**Date**

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		11.0
3	WARRINGTON		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		59	Adam Howell	2.62	12.0
2	DASH		75	Jamie Macintosh	2.22	11.0
3	WARRINGTON		84	Scott Rearden	2.19	10.0
1	CREWE & NANTWICH		58	Shane Mellor	2.41	6.0
	CREWE & NANTWICH		61	Will Simmons	2.18	

# Results Sheet

# Vertical Jump

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	DASH		11.0
3	WARRINGTON		10.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		59	Adam Howell	68	12.0
2	DASH		75	Jamie Macintosh	51	11.0
3	WARRINGTON		84	Scott Rearden	43	10.0
1	CREWE & NANTWICH		58	Shane Mellor	66	6.0
	CREWE & NANTWICH		61	Will Simmons	51	

# Results Sheet

# Shot

## Competition:

NWSRD5-CREWE-U15B U15B

## Venue:

SHAVINGTON LS

## Date

17 Jan 2010

Ranking	Team	Colour	Points
1	CREWE & NANTWICH		18.0
2	WARRINGTON		11.0

Ranking	Team	Colour	BibNo	Name	Best	Points
1	CREWE & NANTWICH		58	Shane Mellor	10.15	12.0
2	WARRINGTON		84	Scott Rearden	6.50	11.0
1	CREWE & NANTWICH		60	Fraser Ashman	10.14	6.0
	CREWE & NANTWICH		59	Adam Howell	9.57	
	CREWE & NANTWICH		61	Will Simmons	6.77	