

## Highwoods Suffolk Sportshall League

27 October 2011

Under 11 - Girls

			Red	Yellow	Green	Blue	Orange	Purple
			Northgate Juniors A	Heathlands	CATS	Colchester Harriers A	Northgate Juniors B	Holbrook
TRACK	Individual							
	Relay	Obstacle Relay	12	18	16		14	
		6 Lap Paarlaf	14	12	16	18		
		1 + 1 Lap Relay	18	14	12			16
		4 x 1 Lap Relay	18	12	16		14	
FIELD	Jumps	Speed Bounce	14.5	10	15.5		15	15
		Standing Long Jump	16	12	16		10	16
		Standing Triple Jump	13	10	17		15	15
	Throws	Chest Push	16	14			18	
		<b>Total</b>	<b>121.5</b>	<b>102</b>	<b>108.5</b>	<b>18</b>	<b>86</b>	<b>62</b>
	<b>Overall Position</b>		<b>1</b>	<b>3</b>	<b>2</b>	<b>6</b>	<b>4</b>	<b>5</b>

Suffolk Sportshall League			Track - Individual		Field - Jumps						Field - Throws	
27 October 2011			Under 11 - Girls		Speed Bounce		Standing Long Jump		Standing Triple Jump		Chest Push	
No	Name	Club	Bounces	Pos	Dist	Pos	Dist	Pos	Dist	Pos	Dist	Pos
5	LAUREN Roberts	Northgate Juniors B			1.36	B 5	3.63	B 4				
6	Jess Debenham	Northgate Juniors B	40	B 4					8	A 1		
7	Rhoda Oyebande	Northgate Juniors B	49	A 1					4.92	A 1		
8	Maddison Edwards	Northgate Juniors B			1.39	A 5			5			
1	Lonarra Youngs	Northgate Juniors A	48	A 2			4.24	A 4				
2	Maisy Armstrong	Northgate Juniors A	45	B 3	1.64	A 3						
3	Megan Hughes	Northgate Juniors A			1.63	B 1			7	A 2		
4	Deryn Baidoo	Northgate Juniors A					3.76	B 3	5	B 2		
9	Anais Houghton	Northgate Juniors B			1.30				6	B 1		
14	ellie Greenleaf	Heathlands	36	B 5					5	A 3		
15	Libby Batton	Heathlands			1.44	B 4	3.57	B 5				
16	Leena Mandray	Heathlands	46	A 5	1.62	A 4						
17	Isabel Pike	Heathlands					3.97	A 5	5	B 3		
25	Jasmine Marley	CATS	43		1.57	B 2	4.42					
52	Daisy Green	Holbrook	47	A 4	1.88	A 1	4.53	A 3				
51	Katie Cuddihy	Holbrook	47	B 1	1.53	B 3	4.43	B 2				
45	Grace Webster	CATS	26				3.50					
35	Amber Cairns	CATS	48	A 2	1.73	A 2	4.58	A 2				
43	Maisy waterson	CATS	25		1.18		2.98					
31	Lily Waterson	CATS	43		1.47		3.28					
44	Jennifer Palmer	CATS	35									
32	Marielle Molby	CATS	46	B 2			4.44	B 1				



Chest Push					
No	Name	Club	Dis (m)	Rank	Points
6	Jess Debenham	Northgate Juniors B	7.85	A 1	12
3	Megan Hughes	Northgate Juniors A	7.35	A 2	11
8	Maddison Edwards	Northgate Juniors B	5.30		
9	Anais Houghton	Northgate Juniors B	6.35	B 1	6
4	Deryn Baidoo	Northgate Juniors A	5.43	B 2	5
14	ellie Greenleaf	Heathlands	5.00	A 3	10
17	Isabel Pike	Heathlands	4.50	B 3	4
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

		Obstacle Relay		6 Lap Paarlauf		1 + 1 Lap Relay		4 x 1 Lap Relay	
Team		Time in secs	Rank / Points	Time in secs	Rank / Points	Time in secs	Rank / Points	Time in secs	Rank / Points
Red	Northgate Juniors A	100.80	4 12	86.20	3 14	25.40	1 18	52.80	1 18
Yellow	Heathlands	92.60	1 18	86.50	4 12	26.70	3 14	56.40	4 12
Green	CATS	92.70	2 16	85.20	2 16	27.70	4 12	53.20	2 16
Blue	Colchester Harriers A			84.50	1 18				
Orange	Northgate Juniors B	93.80	3 14					55.30	3 14
Purple	Holbrook					26.10	2 16		

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Under 13 - Girls

			Green	Blue
			Colchester & Tendring	Colchester Harriers A
<b>TRACK</b>	<b>Individual</b>	2 Lap Race	17	12
	<b>Relay</b>	Obstacle Relay	18	
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce		12
		Standing Long Jump	18	
		Standing Triple Jump	12	
		Vertical Jump	17	12
	<b>Throws</b>	Shot Put	18	
		<b>Total</b>	<b>100</b>	<b>36</b>
		<b>Overall Position</b>	<b>1</b>	<b>2</b>



2 Lap Race					
No	Name	Club	Time	Rank	Points
23	Rebecca Jeggo	Colchester Harriers A	24.7	A 1	12
34	Sophie Clinch	Colchester & Tendring	26.2	A 2	11
28	Georgina Morris	Colchester & Tendring	26.7	B 1	6
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

6 Lap Race					
No	Name	Club	Time	Rank	Points
6 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	





Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
34	Sophie Clinch	Colchester & Tendring	43	A 2	11
28	Georgina Morris	Colchester & Tendring	37	B 1	6
29	Ellie Jade Clarke	Colchester & Tendring	35		
23	Rebecca Jeggo	Colchester Harriers A	47	A 1	12
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)		NS

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
28	Georgina Morris	Colchester & Tendring	4.20	B 1	6
29	Ellie Jade Clarke	Colchester & Tendring	4.40	A 1	12
34	Sophie Clinch	Colchester & Tendring			
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

		<b>Obstacle Relay</b>	
	<b>Team</b>	<b>Time in secs</b>	<b>Rank / Points</b>
<b>Green</b>	<b>Colchester &amp; Tending</b>	82.00	1
			18

## Highwoods Suffolk Sportshall League

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Under 15 - Girls

		Green
		Colchester & Tendring
<b>TRACK</b>	<b>Individual</b>	2 Lap Race 6
	<b>Relay</b>	Obstacle Relay 9
		8 Lap Paarlauf 9
<b>FIELD</b>	<b>Jumps</b>	Speed Bounce 9
		Standing Long Jump
		Standing Triple Jump
		Vertical Jump 9
<b>Throws</b>	<b>Throws</b>	Shot Put 9
		<b>Total</b> 51
<b>Overall Position</b>		<b>1</b>



2 Lap Race					
No	Name	Club	Time	Rank	Points
42	Caitin O'reilly	Colchester & Tendring	24.3	A 1	6
2 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

4 Lap Race					
No	Name	Club	Time	Rank	Points
4 Lap Race - Non Scoring					
No	Name	Club	Time	NS	

Individual Track 3					
No	Name	Club	Time	Rank	Points
Individual Track 3 - Non Scoring					
No	Name	Club	Time	NS	





Vertical Jump					
No	Name	Club	Distance (cm)	Rank	Points
33	Aoife Kennedy	Colchester & Tendring	36		
36	Amy Mann	Colchester & Tendring	44	B 1	3
42	Caitlin O'reilly	Colchester & Tendring	47	A 1	6
Vertical Jump - Non Scoring					
No	Name	Club	Distance (cm)	NS	

High Jump							
No	Name	Club	Distance (m)	Final Faults	Total Faults	Rank	Points
High Jump - Non Scoring							
No	Name	Club	Distance (m)			NS	

Jumps 6					
No	Name	Club	Distance (m)	Rank	Points
Jumps 6 - Non Scoring					
No	Name	Club	Distance (m)		NS

Chest Push					
No	Name	Club	Dis (m)	Rank	Points
Chest Push - Non Scoring					
No	Name	Club	Dis (m)	NS	

Shot Put					
No	Name	Club	Dis (m)	Rank	Points
37	Katie Rowe	Colchester & Tendring	5.29	A 1	6
33	Aoife Kennedy	Colchester & Tendring	4.02	B 1	3
Shot Put - Non Scoring					
No	Name	Club	Dis (m)	NS	

Soft Javelin					
No	Name	Club	Dis (m)	Rank	Points
Soft Javelin - Non Scoring					
No	Name	Club	Dis (m)	NS	

		Obstacle Relay		8 Lap PaarlauF	
	Team	Time in secs	Rank / Points	Time in secs	Rank / Points
Green	Colchester & Tendring	80.00	1	105.70	1
			9		9