

# Competition Results

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	477	28	30	26	24	30	28	30	26	30	28	28	30	27	28	28	30
2	Norfolk	Sky	459	30	22	28	26	22	30	27	28	28	30	24	27	30	25	26	28
3	Essex	Red	458	24	28	30	21	28	26	27	24	24	26	30	27	27	30	30	26
4	Suffolk	Maroon	401	20	25	20	30	25	24	20	30	22	20	26	24	22	22	24	24
5	Herts Pegasus	Orange	391	26	20	24	28	25	22	24	20	26	24	22	21	24	20	20	22
6	Bedfordshire	White	364	22	25	22	21	20	20	22	22	20	22	20	21	20	25	22	20

# Team Results

# Bedfordshire (white)

## Competition:

Sportshall East Fun in Athletics Under 11 Boys

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HSV

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22 Mar 2015

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	477	28	30	26	24	30	28	30	26	30	28	28	30	27	28	28	30
2	Norfolk	Sky	459	30	22	28	26	22	30	27	28	28	30	24	27	30	25	26	28
3	Essex	Red	458	24	28	30	21	28	26	27	24	24	26	30	27	27	30	30	26
4	Suffolk	Maroon	401	20	25	20	30	25	24	20	30	22	20	26	24	22	22	24	24
5	Herts Pegasus	Orange	391	26	20	24	28	25	22	24	20	26	24	22	21	24	20	20	22
6	Bedfordshire	White	364	22	25	22	21	20	20	22	22	20	22	20	21	20	25	22	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Dominic Grimshaw	SLJ	1.90	1.86	1.96		1.96	5
2	Ewan Bell	BT	15	11	15	13	54	5
2	Ewan Bell	STJ	0.00	4.40	4.30		4.40	17
3	Daniel May	BT	2	9	14	11	36	12
3	Daniel May	VJ	36	39	39		39	9
4	William Law	SB	39				39	17
4	William Law	VJ	31	30	29		31	18
6	Joshua Walker-Croft	CP	5.25	5.00	5.75		5.75	9
7	Desmond Agenbu	SB	41				41	16
7	Desmond Agenbu	SLJ	1.82	1.75	1.70		1.82	11
8	Ben Horan	SLJ	1.67	1.64	1.54		1.67	16
8	Ben Horan	TT	4	3	0	0	7	9=
9	Thomas Bowerman	CP	5.25	5.00	4.75		5.25	12
9	Thomas Bowerman	STJ	0.00	0.00	4.50		4.50	16
10	Nathan Litchfield	J	13	14	14		14	8
10	Nathan Litchfield	STJ	5.00	4.96	5.04		5.04	13
12	Daniel Mann	J	10	8	0		10	12
12	Daniel Mann	VJ	29	33	30		33	17

# Team Results

# Essex (red)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	477	28	30	26	24	30	28	30	26	30	28	28	30	27	28	28	30
2	Norfolk	Sky	459	30	22	28	26	22	30	27	28	28	30	24	27	30	25	26	28
3	Essex	Red	458	24	28	30	21	28	26	27	24	24	26	30	27	27	30	30	26
4	Suffolk	Maroon	401	20	25	20	30	25	24	20	30	22	20	26	24	22	22	24	24
5	Herts Pegasus	Orange	391	26	20	24	28	25	22	24	20	26	24	22	21	24	20	20	22
6	Bedfordshire	White	364	22	25	22	21	20	20	22	22	20	22	20	21	20	25	22	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Adam Penfold	BT	9	15	3	15	42	11
2	Arthur Day	STJ	5.92	5.86	5.86		5.92	1
3	Ben See	TT	4	4	0	2	10	7
4	Bradley James	BT	8	15	15	15	53	6
4	Bradley James	J	17	17	16		17	2
5	Daniel Lucking	J	15	15	15		15	4
5	Daniel Lucking	SB	51				51	8
6	Francis Omowanile	VJ	44	37	45		45	5
8	Joshua Oteng	SB	55				55	5
8	Joshua Oteng	STJ	5.03	5.11	4.80		5.11	11
9	Lenny Houston	BT	5	11	6	3	25	15
9	Lenny Houston	SLJ	1.70	1.73	1.75		1.75	15
10	Michael Adesiyan	SB	50				50	9=
10	Michael Adesiyan	SLJ	2.14	2.16	2.02		2.16	1
11	Nathan Hall	CP	6.50	6.25	7.00		7.00	2
11	Nathan Hall	STJ	5.70	5.73	5.76		5.76	2
12	Olamide Odupitan	VJ	44	43	48		48	3
14	Regan Lawrence	CP	7.25	6.75	6.75		7.25	1
14	Regan Lawrence	SLJ	1.96	1.96	2.03		2.03	2
15	Shaun Ebiwarebo	TT	2	2	5	2	11	4=
15	Shaun Ebiwarebo	VJ	47	49	47		49	1

# Team Results

# Herts Phoenix (black)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	477	28	30	26	24	30	28	30	26	30	28	28	30	27	28	28	30
2	Norfolk	Sky	459	30	22	28	26	22	30	27	28	28	30	24	27	30	25	26	28
3	Essex	Red	458	24	28	30	21	28	26	27	24	24	26	30	27	27	30	30	26
4	Suffolk	Maroon	401	20	25	20	30	25	24	20	30	22	20	26	24	22	22	24	24
5	Herts Pegasus	Orange	391	26	20	24	28	25	22	24	20	26	24	22	21	24	20	20	22
6	Bedfordshire	White	364	22	25	22	21	20	20	22	22	20	22	20	21	20	25	22	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Max Batty	J	15	12	12		15	6
1	Max Batty	SB	58				58	2=
2	Lewis Ambler	BT	12	15	9	15	51	8
2	Lewis Ambler	STJ	0.00	5.54	5.53		5.54	5
3	Ciaron Whatmore	TT	4	6	1	0	11	4=
4	Callum Stern	J	7	18	15		18	1
4	Callum Stern	STJ	5.45	5.56	5.76		5.76	3
5	Ben Cracknell	VJ	38	41	44		44	6
6	William Hughes	STJ	4.74	4.80	5.12		5.12	9
7	Conor Hunt	TT	6	6	3	2	17	1
7	Conor Hunt	VJ	37	35	39		39	10
8	Flynn Presence	SLJ	1.84	1.83	1.79		1.84	8
9	Noel Stanway	BT	15	7	15	15	52	7
9	Noel Stanway	VJ	34	37	36		37	12
10	Alistair Wilson	BT	14	15	15	15	59	3
10	Alistair Wilson	SLJ	1.83	1.75	1.70		1.83	10
11	Jude Barkey	SLJ	1.90	1.93	1.82		1.93	6
12	Andrew McCann	SB	50				50	9=
13	Louis Hepenstall	CP	6.25	0.00	6.25		6.25	5
13	Louis Hepenstall	SB	48				48	14
14	Max Watling	CP	6.00	6.75	5.75		6.75	4

# Team Results

# Herts Pegasus (orange)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	477	28	30	26	24	30	28	30	26	30	28	28	30	27	28	28	30
2	Norfolk	Sky	459	30	22	28	26	22	30	27	28	28	30	24	27	30	25	26	28
3	Essex	Red	458	24	28	30	21	28	26	27	24	24	26	30	27	27	30	30	26
4	Suffolk	Maroon	401	20	25	20	30	25	24	20	30	22	20	26	24	22	22	24	24
5	Herts Pegasus	Orange	391	26	20	24	28	25	22	24	20	26	24	22	21	24	20	20	22
6	Bedfordshire	White	364	22	25	22	21	20	20	22	22	20	22	20	21	20	25	22	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Alex Wilkinson	CP	5.25	5.50	5.50		5.50	10
1	Alex Wilkinson	SB	50				50	9=
2	Freddie Hare	SLJ	1.80	1.78	1.81		1.81	12
3	Nathan Farenden	BT	15	15	15	15	60	1=
3	Nathan Farenden	STJ	5.11	5.07	5.00		5.11	10
4	Daniel Norton	SB	50				50	9=
4	Daniel Norton	TT	4	2	0	2	8	8
5	Euan Woodliffe	BT	10	7	7	11	35	13
5	Euan Woodliffe	SLJ	1.83	1.73	1.75		1.83	9
6	Finn Isted	SB	53				53	7
7	George Grubb	CP	5.50	5.75	5.75		5.75	7
8	Thomas Bloom	J	12	12	12		12	9
8	Thomas Bloom	STJ	4.73	4.74	4.65		4.74	14
9	Harvey Dear	VJ	41	39	40		41	7
10	Isaac Taylor-Cummins	BT	5	5	5	2	17	16
10	Isaac Taylor-Cummins	TT	2	2	0	0	4	11
11	Vinnie Clarke	J	12	12	9		12	11
11	Vinnie Clarke	VJ	29	34	32		34	16
12	Zac Harris	VJ	32	35	35		35	14

# Team Results

# Norfolk (sky)

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Sportshall East Fun in Athletics Under 11 Boys

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	477	28	30	26	24	30	28	30	26	30	28	28	30	27	28	28	30
2	Norfolk	Sky	459	30	22	28	26	22	30	27	28	28	30	24	27	30	25	26	28
3	Essex	Red	458	24	28	30	21	28	26	27	24	24	26	30	27	27	30	30	26
4	Suffolk	Maroon	401	20	25	20	30	25	24	20	30	22	20	26	24	22	22	24	24
5	Herts Pegasus	Orange	391	26	20	24	28	25	22	24	20	26	24	22	21	24	20	20	22
6	Bedfordshire	White	364	22	25	22	21	20	20	22	22	20	22	20	21	20	25	22	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Harvey Flynn	TT	2	6	2	1	11	4=
2	Jake Hart	SB	58				58	2=
2	Jake Hart	SLJ	1.86	1.82	1.79		1.86	7
3	Jacob Brown	BT	15	15	15	10	55	4
3	Jacob Brown	VJ	43	44	46		46	4
4	Conrad Winter	J	15	15	14		15	5
4	Conrad Winter	SLJ	1.72	1.79	1.74		1.79	14
5	Dillon Dennis	CP	5.00	5.25	5.00		5.25	11
5	Dillon Dennis	VJ	48	42	47		48	2
6	Luke Fox	SB	57				57	4
6	Luke Fox	TT	6	4	4	0	14	2
7	Michael Langley	BT	15	8	10	15	48	9
7	Michael Langley	STJ	5.28	5.26	5.32		5.32	7
8	Daniel Williams	BT	15	15	15	15	60	1=
8	Daniel Williams	VJ	39	35	41		41	8
9	Henry Whall	SLJ	1.80	1.77	1.74		1.80	13
10	Austin Feeley	SB	60				60	1
10	Austin Feeley	STJ	4.77	4.85	5.10		5.10	12
11	Luke Walker	CP	6.00	6.25	6.00		6.25	6
12	Josh Page	STJ	5.58	5.42	5.50		5.58	4
13	Barnaby Taylor	J	12	17	17		17	3

# Team Results

# Suffolk (maroon)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Herts Phoenix	Black	477	28	30	26	24	30	28	30	26	30	28	28	30	27	28	28	30
2	Norfolk	Sky	459	30	22	28	26	22	30	27	28	28	30	24	27	30	25	26	28
3	Essex	Red	458	24	28	30	21	28	26	27	24	24	26	30	27	27	30	30	26
4	Suffolk	Maroon	401	20	25	20	30	25	24	20	30	22	20	26	24	22	22	24	24
5	Herts Pegasus	Orange	391	26	20	24	28	25	22	24	20	26	24	22	21	24	20	20	22
6	Bedfordshire	White	364	22	25	22	21	20	20	22	22	20	22	20	21	20	25	22	20

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Joel Burgess	STJ	5.25	5.25	5.28		5.28	8
1	Joel Burgess	TT	6	4	2	0	12	3
2	Finn Howes	J	12	10	12		12	10
2	Finn Howes	SB	50				50	9=
3	Benjamin Cone	SB	54				54	6
3	Benjamin Cone	TT	4	1	1	1	7	9=
4	Theo Hudson	CP	6.25	7.00	6.25		7.00	3
4	Theo Hudson	SLJ	1.93	1.92	1.96		1.96	3
5	Isaac Phillips	CP	5.50	5.75	5.50		5.75	8
5	Isaac Phillips	STJ	4.42	4.58	4.68		4.68	15
6	Tom Spurgeon	SB	45				45	15
6	Tom Spurgeon	SLJ	1.47	1.46	1.45		1.47	17
8	Chase Hodds	BT	3	3	3	3	12	17
8	Chase Hodds	VJ	34	33	37		37	13
9	Jack Fayers	J	11	11	15		15	7
9	Jack Fayers	SLJ	1.91	1.93	1.96		1.96	4
10	Brandon Carter	BT	15	9	15	4	43	10
10	Brandon Carter	VJ	38	29	36		38	11
11	Ben Diaby	BT	3	3	5	15	26	14
11	Ben Diaby	VJ	32	33	35		35	15
13	Barney McCallum	STJ	5.47	5.38	5.38		5.47	6

# Results Sheet

# Obstacle Relay

**Competition:**  
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**Venue:**  
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**Date**  
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Norfolk	Sky	1:24.9	0.0	1:24.9	30.0
2	03	Herts Phoenix	Black	1:25.5	0.0	1:25.5	28.0
3	04	Herts Pegasus	Orange	1:30.3	0.0	1:30.3	26.0
4	02	Essex	Red	1:30.4	0.0	1:30.4	24.0
5	01	Bedfordshire	White	1:31.0	0.0	1:31.0	22.0
6	06	Suffolk	Maroon	1:31.3	0.0	1:31.3	20.0



# Results Sheet

# 1 + 1 Lap Relay

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**Date**  
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	Black	25.8	0.0	25.8	30.0
2	02	Essex	Red	26.2	0.0	26.2	28.0
3=	01	Bedfordshire	White	26.8	0.0	26.8	25.0
3=	06	Suffolk	Maroon	26.8	0.0	26.8	25.0
5	05	Norfolk	Sky	27.4	0.0	27.4	22.0
6	04	Herts Pegasus	Orange	27.9	0.0	27.9	20.0

# Results Sheet

# 4 x 1 Lap Relay

**Competition:**  
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**Date**  
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	50.8	0.0	50.8	30.0
2	05	Norfolk	Sky	51.4	0.0	51.4	28.0
3	03	Herts Phoenix	Black	51.9	0.0	51.9	26.0
4	04	Herts Pegasus	Orange	53.6	0.0	53.6	24.0
5	01	Bedfordshire	White	54.1	0.0	54.1	22.0
6	06	Suffolk	Maroon	54.3	0.0	54.3	20.0

# Results Sheet

# 6 Lap Paarlauf

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Suffolk	Maroon	1:21.8	0.0	1:21.8	30.0
2	04	Herts Pegasus	Orange	1:23.1	0.0	1:23.1	28.0
3	05	Norfolk	Sky	1:23.2	0.0	1:23.2	26.0
4	03	Herts Phoenix	Black	1:23.5	0.0	1:23.5	24.0
5=	01	Bedfordshire	White	1:25.4	0.0	1:25.4	21.0
5=	02	Essex	Red	1:25.4	0.0	1:25.4	21.0

# Results Sheet

# Over and Under Relay

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	Black	1:12.4	0.0	1:12.4	30.0
2	02	Essex	Red	1:13.2	0.0	1:13.2	28.0
3=	04	Herts Pegasus	Orange	1:14.2	0.0	1:14.2	25.0
3=	06	Suffolk	Maroon	1:14.2	0.0	1:14.2	25.0
5	05	Norfolk	Sky	1:17.9	0.0	1:17.9	22.0
6	01	Bedfordshire	White	1:21.8	0.0	1:21.8	20.0

# Results Sheet

# Hurdles Relay

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	05	Norfolk	Sky	58.2	0.0	58.2	30.0
2	03	Herts Phoenix	Black	58.5	0.0	58.5	28.0
3	02	Essex	Red	58.8	0.0	58.8	26.0
4	06	Suffolk	Maroon	59.3	0.0	59.3	24.0
5	04	Herts Pegasus	Orange	1:00.9	0.0	1:00.9	22.0
6	01	Bedfordshire	White	1:03.6	0.0	1:03.6	20.0

# Results Sheet

# Grand Prix

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
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**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	Black	56.2	0.0	56.2	30.0
2=	02	Essex	Red	1:00.9	0.0	1:00.9	27.0
2=	05	Norfolk	Sky	1:00.9	0.0	1:00.9	27.0
4	04	Herts Pegasus	Orange	1:02.2	0.0	1:02.2	24.0
5	01	Bedfordshire	White	1:03.5	0.0	1:03.5	22.0
6	06	Suffolk	Maroon	1:06.3	0.0	1:06.3	20.0

# Results Sheet

# Balance Test

**Competition:**  
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Ranking	Team	Colour	Total	Points
1	Norfolk	Sky	163	30
2	Herts Phoenix	Black	162	28
3	Essex	Red	120	26
4	Herts Pegasus	Orange	112	24
5	Bedfordshire	White	90	22
6	Suffolk	Maroon	81	20

Ranking	Team	Colour	BibNo	Name	Total
1=	Herts Pegasus	Orange	3	Nathan Farenden	60
1=	Norfolk	Sky	8	Daniel Williams	60
3	Herts Phoenix	Black	10	Alistair Wilson	59
4	Norfolk	Sky	3	Jacob Brown	55
5	Bedfordshire	White	2	Ewan Bell	54
6	Essex	Red	4	Bradley James	53
7	Herts Phoenix	Black	9	Noel Stanway	52
8	Herts Phoenix	Black	2	Lewis Ambler	51
9	Norfolk	Sky	7	Michael Langley	48
10	Suffolk	Maroon	10	Brandon Carter	43
11	Essex	Red	1	Adam Penfold	42
12	Bedfordshire	White	3	Daniel May	36
13	Herts Pegasus	Orange	5	Euan Woodliffe	35
14	Suffolk	Maroon	11	Ben Diaby	26
15	Essex	Red	9	Lenny Houston	25
16	Herts Pegasus	Orange	10	Isaac Taylor-Cummins	17
17	Suffolk	Maroon	8	Chase Hodds	12

# Results Sheet

# Chest Push

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

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HSV

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Ranking	Team	Colour	Total	Points
1	Essex	Red	14.25	30
2	Herts Phoenix	Black	13.00	28
3	Suffolk	Maroon	12.75	26
4	Norfolk	Sky	11.50	24
5	Herts Pegasus	Orange	11.25	22
6	Bedfordshire	White	11.00	20

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	14	Regan Lawrence	7.25
2	Essex	Red	11	Nathan Hall	7.00
3	Suffolk	Maroon	4	Theo Hudson	7.00
4	Herts Phoenix	Black	14	Max Watling	6.75
5	Herts Phoenix	Black	13	Louis Hepenstall	6.25
6	Norfolk	Sky	11	Luke Walker	6.25
7	Herts Pegasus	Orange	7	George Grubb	5.75
8	Suffolk	Maroon	5	Isaac Phillips	5.75
9	Bedfordshire	White	6	Joshua Walker-Croft	5.75
10	Herts Pegasus	Orange	1	Alex Wilkinson	5.50
11	Norfolk	Sky	5	Dillon Dennis	5.25
12	Bedfordshire	White	9	Thomas Bowerman	5.25



# Results Sheet

# Javelin

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	33	30
2=	Essex	Red	32	27
2=	Norfolk	Sky	32	27
4	Suffolk	Maroon	27	24
5=	Bedfordshire	White	24	21
5=	Herts Pegasus	Orange	24	21

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	Black	4	Callum Stern	18
2	Essex	Red	4	Bradley James	17
3	Norfolk	Sky	13	Barnaby Taylor	17
4	Essex	Red	5	Daniel Lucking	15
5	Norfolk	Sky	4	Conrad Winter	15
6	Herts Phoenix	Black	1	Max Batty	15
7	Suffolk	Maroon	9	Jack Fayers	15
8	Bedfordshire	White	10	Nathan Litchfield	14
9	Herts Pegasus	Orange	8	Thomas Bloom	12
10	Suffolk	Maroon	2	Finn Howes	12
11	Herts Pegasus	Orange	11	Vinnie Clarke	12
12	Bedfordshire	White	12	Daniel Mann	10

# Results Sheet

# Speed Bounce

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Total	Points
1	Norfolk	Sky	175	30
2=	Essex	Red	156	27
2=	Herts Phoenix	Black	156	27
4	Herts Pegasus	Orange	153	24
5	Suffolk	Maroon	149	22
6	Bedfordshire	White	80	20

Ranking	Team	Colour	BibNo	Name	Total
1	Norfolk	Sky	10	Austin Feeley	60
2=	Herts Phoenix	Black	1	Max Batty	58
2=	Norfolk	Sky	2	Jake Hart	58
4	Norfolk	Sky	6	Luke Fox	57
5	Essex	Red	8	Joshua Oteng	55
6	Suffolk	Maroon	3	Benjamin Cone	54
7	Herts Pegasus	Orange	6	Finn Isted	53
8	Essex	Red	5	Daniel Lucking	51
9=	Essex	Red	10	Michael Adesiyan	50
9=	Herts Phoenix	Black	12	Andrew McCann	50
9=	Herts Pegasus	Orange	1	Alex Wilkinson	50
9=	Herts Pegasus	Orange	4	Daniel Norton	50
9=	Suffolk	Maroon	2	Finn Howes	50
14	Herts Phoenix	Black	13	Louis Hepenstall	48
15	Suffolk	Maroon	6	Tom Spurgeon	45
16	Bedfordshire	White	7	Desmond Agenbu	41
17	Bedfordshire	White	4	William Law	39

# Results Sheet

# Standing Long Jump

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Total	Points
1	Essex	Red	5.94	30
2	Herts Phoenix	Black	5.60	28
3=	Bedfordshire	White	5.45	25
3=	Norfolk	Sky	5.45	25
5	Suffolk	Maroon	5.39	22
6	Herts Pegasus	Orange	3.64	20

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	10	Michael Adesiyan	2.16
2	Essex	Red	14	Regan Lawrence	2.03
3	Suffolk	Maroon	4	Theo Hudson	1.96
4	Suffolk	Maroon	9	Jack Fayers	1.96
5	Bedfordshire	White	1	Dominic Grimshaw	1.96
6	Herts Phoenix	Black	11	Jude Barkey	1.93
7	Norfolk	Sky	2	Jake Hart	1.86
8	Herts Phoenix	Black	8	Flynn Presence	1.84
9	Herts Pegasus	Orange	5	Euan Woodliffe	1.83
10	Herts Phoenix	Black	10	Alistair Wilson	1.83
11	Bedfordshire	White	7	Desmond Agenbu	1.82
12	Herts Pegasus	Orange	2	Freddie Hare	1.81
13	Norfolk	Sky	9	Henry Whall	1.80
14	Norfolk	Sky	4	Conrad Winter	1.79
15	Essex	Red	9	Lenny Houston	1.75
16	Bedfordshire	White	8	Ben Horan	1.67
17	Suffolk	Maroon	6	Tom Spurgeon	1.47

# Results Sheet

# Standing Triple Jump

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Total	Points
1	Essex	Red	16.79	30
2	Herts Phoenix	Black	16.42	28
3	Norfolk	Sky	16.00	26
4	Suffolk	Maroon	15.43	24
5	Bedfordshire	White	13.94	22
6	Herts Pegasus	Orange	9.85	20

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	2	Arthur Day	5.92
2	Essex	Red	11	Nathan Hall	5.76
3	Herts Phoenix	Black	4	Callum Stern	5.76
4	Norfolk	Sky	12	Josh Page	5.58
5	Herts Phoenix	Black	2	Lewis Ambler	5.54
6	Suffolk	Maroon	13	Barney McCallum	5.47
7	Norfolk	Sky	7	Michael Langley	5.32
8	Suffolk	Maroon	1	Joel Burgess	5.28
9	Herts Phoenix	Black	6	William Hughes	5.12
10	Herts Pegasus	Orange	3	Nathan Farenden	5.11
11	Essex	Red	8	Joshua Oteng	5.11
12	Norfolk	Sky	10	Austin Feeley	5.10
13	Bedfordshire	White	10	Nathan Litchfield	5.04
14	Herts Pegasus	Orange	8	Thomas Bloom	4.74
15	Suffolk	Maroon	5	Isaac Phillips	4.68
16	Bedfordshire	White	9	Thomas Bowerman	4.50
17	Bedfordshire	White	2	Ewan Bell	4.40

# Results Sheet

# Target Throw

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	28	30
2	Norfolk	Sky	25	28
3	Essex	Red	21	26
4	Suffolk	Maroon	19	24
5	Herts Pegasus	Orange	12	22
6	Bedfordshire	White	7	20

Ranking	Team	Colour	BibNo	Name	Total
1	Herts Phoenix	Black	7	Conor Hunt	17
2	Norfolk	Sky	6	Luke Fox	14
3	Suffolk	Maroon	1	Joel Burgess	12
4=	Essex	Red	15	Shaun Ebiwarebo	11
4=	Herts Phoenix	Black	3	Ciaron Whatmore	11
4=	Norfolk	Sky	1	Harvey Flynn	11
7	Essex	Red	3	Ben See	10
8	Herts Pegasus	Orange	4	Daniel Norton	8
9=	Bedfordshire	White	8	Ben Horan	7
9=	Suffolk	Maroon	3	Benjamin Cone	7
11	Herts Pegasus	Orange	10	Isaac Taylor-Cummins	4

# Results Sheet

# Vertical Jump

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Total	Points
1	Essex	Red	142	30
2	Norfolk	Sky	135	28
3	Herts Phoenix	Black	120	26
4=	Herts Pegasus	Orange	110	23
4=	Suffolk	Maroon	110	23
6	Bedfordshire	White	103	20

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	15	Shaun Ebiwarebo	49
2	Norfolk	Sky	5	Dillon Dennis	48
3	Essex	Red	12	Olamide Odupitan	48
4	Norfolk	Sky	3	Jacob Brown	46
5	Essex	Red	6	Francis Omowanile	45
6	Herts Phoenix	Black	5	Ben Cracknell	44
7	Herts Pegasus	Orange	9	Harvey Dear	41
8	Norfolk	Sky	8	Daniel Williams	41
9	Bedfordshire	White	3	Daniel May	39
10	Herts Phoenix	Black	7	Conor Hunt	39
11	Suffolk	Maroon	10	Brandon Carter	38
12	Herts Phoenix	Black	9	Noel Stanway	37
13	Suffolk	Maroon	8	Chase Hodds	37
14	Herts Pegasus	Orange	12	Zac Harris	35
15	Suffolk	Maroon	11	Ben Diaby	35
16	Herts Pegasus	Orange	11	Vinnie Clarke	34
17	Bedfordshire	White	12	Daniel Mann	33
18	Bedfordshire	White	4	William Law	31

# Results Sheet

# 2 + 2 Lap Relay

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Suffolk	Maroon	51.4	0.0	51.4	30.0
2	05	Norfolk	Sky	52.1	0.0	52.1	28.0
3	03	Herts Phoenix	Black	54.0	0.0	54.0	26.0
4	02	Essex	Red	54.4	0.0	54.4	24.0
5	01	Bedfordshire	White	55.1	0.0	55.1	22.0
6	04	Herts Pegasus	Orange	56.4	0.0	56.4	20.0

# Results Sheet

# Medley Relay

**Competition:**  
Sportshall East Fun in Athletics Under 11 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Herts Phoenix	Black	38.9	0.0	38.9	30.0
2	05	Norfolk	Sky	40.4	0.0	40.4	28.0
3	04	Herts Pegasus	Orange	40.6	0.0	40.6	26.0
4	02	Essex	Red	41.2	0.0	41.2	24.0
5	06	Suffolk	Maroon	43.9	0.0	43.9	22.0
6	01	Bedfordshire	White	48.8	0.0	48.8	20.0