

# Competition Results

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	673	70	70	50	70	54	54	46	44	53	54	52	56
2	Norfolk	Sky	617	60	60	60	60	54	48	50	48	43	46	46	42
3	Essex	Red	588	50	50	70	50	35	40	50	54	51	42	52	44
4	Cambridgeshire & Peterborough	Yellow	354	30	30	30	30	22	38	22	34	28	30	26	34
5	Suffolk	Maroon	344	40	20	40	20	23	26	38	30	25	22	28	32
6	Bedfordshire	White	328	20	40	20	40	40	22	22	18	28	34	24	20

# Team Results

# Bedfordshire (white)

## Competition:

Sportshall East Regional Final 2015 Under 13 Boys

## Venue:

HSV

## Date

22 Mar 2015

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	673	70	70	50	70	54	54	46	44	53	54	52	56
2	Norfolk	Sky	617	60	60	60	60	54	48	50	48	43	46	46	42
3	Essex	Red	588	50	50	70	50	35	40	50	54	51	42	52	44
4	Cambridgeshire & Peterborough	Yellow	354	30	30	30	30	22	38	22	34	28	30	26	34
5	Suffolk	Maroon	344	40	20	40	20	23	26	38	30	25	22	28	32
6	Bedfordshire	White	328	20	40	20	40	40	22	22	18	28	34	24	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
101	Harry Bell	S	5.04	5.07	5.29	5.29	5.29		
102	Max Rose	4LR	1:02.3	0.0			1:02.3	12	8
102	Max Rose	VJ	35	35	33	32	35	12	8
103	Daniel Boulder	6LR	1:34.4				1:34.4	10	12
103	Daniel Boulder	SB	55				55	12	8
104	Joe Bidlake-Hull	S	3.16	3.52	3.59	3.76	3.76	12	8
105	Albie Whittemore	S	4.54	4.90	4.93	4.94	4.94	11	10
106	Ollie Miller	2LR	25.3	0.0			25.3	7	18
106	Ollie Miller	STJ	5.64	5.48	5.86	5.72	5.86	9	14
107	Henry Dickinson	4LR	57.9	0.0			57.9	9	14
107	Henry Dickinson	SLJ	1.71	1.94	1.88	1.86	1.94	9	14
108	Josh Nectoux Holkham	VJ	37	38	33	32	38	10	12
109	Stephen Simmons	2LR	24.6	25.0			25.0	5	22
109	Stephen Simmons	SB	79				79	6	20
110	Aiden Brennan	STJ	5.12	5.46	5.32	5.58	5.58	11	10
111	Travis O'Connell	SLJ	1.91	2.02	1.93	1.96	2.02	6	20
112	Oliver Hoxey-Smith	6LR	1:39.7				1:39.7	11	10

# Team Results

# Cambridgeshire & Peterborough (yellow)

## Competition:

Sportshall East Regional Final 2015 Under 13 Boys

## Venue:

HSV

## Date

22 Mar 2015

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	673	70	70	50	70	54	54	46	44	53	54	52	56
2	Norfolk	Sky	617	60	60	60	60	54	48	50	48	43	46	46	42
3	Essex	Red	588	50	50	70	50	35	40	50	54	51	42	52	44
4	Cambridgeshire & Peterborough	Yellow	354	30	30	30	30	22	38	22	34	28	30	26	34
5	Suffolk	Maroon	344	40	20	40	20	23	26	38	30	25	22	28	32
6	Bedfordshire	White	328	20	40	20	40	40	22	22	18	28	34	24	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
113	Jacob Park	2LR	26.7	0.0			26.7	11	10
113	Jacob Park	STJ	6.20	6.10	6.14	6.18	6.20	7	18
114	Jack Dagleish	2LR	25.9	0.0			25.9	10	12
114	Jack Dagleish	SLJ	1.53	1.62	1.70	1.68	1.70	12	8
115	Ethan Martin	4LR	55.2	56.0			56.0	6	20
115	Ethan Martin	VJ	47	47	49	46	49	6	20
116	Oisin Murphy	4LR	56.8	0.0			56.8	7	18
116	Oisin Murphy	STJ	0.00	5.40	5.38	5.34	5.40	12	8
117	OJ Parmenter	6LR	1:32.5				1:32.5	9	14
117	OJ Parmenter	SLJ	1.99	1.93	1.98	2.03	2.03	5	22
118	Bobby Dickson	6LR	1:45.4				1:45.4	12	8
119	Jamie Francklin	VJ	45	42	44	38	45	9	14
120	Jolyon Glynn	S	8.48	8.41	7.33	8.35	8.48	5	22
121	David J Hayns	SB	78				78	7=	17
122	Caleb Plant	SB	68				68	10=	11
123	Felix Standing	S	4.74	4.86	4.41	5.24	5.24	10	12

# Team Results

# Essex (red)

## Competition:

Sportshall East Regional Final 2015 Under 13 Boys

## Venue:

HSV

## Date

22 Mar 2015

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	673	70	70	50	70	54	54	46	44	53	54	52	56
2	Norfolk	Sky	617	60	60	60	60	54	48	50	48	43	46	46	42
3	Essex	Red	588	50	50	70	50	35	40	50	54	51	42	52	44
4	Cambridgeshire & Peterborough	Yellow	354	30	30	30	30	22	38	22	34	28	30	26	34
5	Suffolk	Maroon	344	40	20	40	20	23	26	38	30	25	22	28	32
6	Bedfordshire	White	328	20	40	20	40	40	22	22	18	28	34	24	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
125	Ben Kuson	2LR	25.0	25.0			25.0	6	20
125	Ben Kuson	VJ	45	46	46	46	46	8	16
126	Finley Hall	S	8.40	8.42	8.73	8.27	8.73	4	24
127	George Abbott	2LR	25.6	0.0			25.6	8=	15
127	George Abbott	SB	83				83	2	28
129	Jamie Simmons	4LR	58.7	0.0			58.7	10	12
129	Jamie Simmons	SLJ	1.80	1.93	1.97	1.93	1.97	7	18
131	Kyle Constable	SB	81				81	4=	23
132	Matthew Dennett	S	9.72	10.02	10.14	10.48	10.48	1	30
133	Ola Bello	SLJ	2.10	2.14	2.09	2.08	2.14	4	24
134	Stephen Penaflor	4LR	52.8	51.8			51.8	2	28
134	Stephen Penaflor	VJ	55	56	56	57	57	2	28
135	Theo Adesina	6LR	1:25.5				1:25.5	3	26
135	Theo Adesina	STJ	7.18	7.10	7.18	7.58	7.58	1	30
136	Zak Herlihy	6LR	1:26.0				1:26.0	4	24
136	Zak Herlihy	STJ	6.06	6.38	6.12	6.32	6.38	5	22

# Team Results

# Hertfordshire (black)

## Competition:

Sportshall East Regional Final 2015 Under 13 Boys

## Venue:

HSV

## Date

22 Mar 2015

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	673	70	70	50	70	54	54	46	44	53	54	52	56
2	Norfolk	Sky	617	60	60	60	60	54	48	50	48	43	46	46	42
3	Essex	Red	588	50	50	70	50	35	40	50	54	51	42	52	44
4	Cambridgeshire & Peterborough	Yellow	354	30	30	30	30	22	38	22	34	28	30	26	34
5	Suffolk	Maroon	344	40	20	40	20	23	26	38	30	25	22	28	32
6	Bedfordshire	White	328	20	40	20	40	40	22	22	18	28	34	24	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
137	Ike Haseinbe	4LR	54.8	55.6			55.6	4	24
137	Ike Haseinbe	STJ	6.63	6.58	6.38	0.00	6.63	4	24
138	Jean Claude Aka	2LR	24.0	23.9			23.9	1	30
138	Jean Claude Aka	SLJ	2.24	2.26	2.25	2.24	2.26	2	28
139	Daniel Kessi	VJ	58	62	66	62	66	1	30
140	Joshua Horleston	SB	84				84	1	30
141	David Keffi	2LR	25.0	24.7			24.7	4	24
141	David Keffi	S	9.70	10.04	10.13	10.32	10.32	3	26
142	Hayden Williams	6LR	1:29.6				1:29.6	7	18
142	Hayden Williams	SB	81				81	4=	23
143	Semba Bwalya	4LR	54.8	51.8			51.8	1	30
143	Semba Bwalya	SLJ	2.15	2.10	2.12	2.04	2.15	3	26
144	Edward Gomwaite	6LR	1:24.4				1:24.4	2	28
144	Edward Gomwaite	VJ	49	53	54	55	55	3	26
145	Josiah Barker	STJ	6.85	6.80	7.20	7.12	7.20	2	28
146	Jason List	S	5.90	6.65	5.72	6.52	6.65	7	18

# Team Results

# Norfolk (sky)

## Competition:

Sportshall East Regional Final 2015 Under 13 Boys

## Venue:

HSV

## Date

22 Mar 2015

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	673	70	70	50	70	54	54	46	44	53	54	52	56
2	Norfolk	Sky	617	60	60	60	60	54	48	50	48	43	46	46	42
3	Essex	Red	588	50	50	70	50	35	40	50	54	51	42	52	44
4	Cambridgeshire & Peterborough	Yellow	354	30	30	30	30	22	38	22	34	28	30	26	34
5	Suffolk	Maroon	344	40	20	40	20	23	26	38	30	25	22	28	32
6	Bedfordshire	White	328	20	40	20	40	40	22	22	18	28	34	24	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
151	Jamie Brown	2LR	25.0	24.5			24.5	3	26
151	Jamie Brown	S	6.58	6.94	6.65	0.00	6.94	6	20
152	Nathan Smalls	2LR	24.3	24.2			24.2	2	28
152	Nathan Smalls	SLJ	2.24	2.26	2.34	2.26	2.34	1	30
153	Leroy Honey	4LR	54.5	55.2			55.2	3	26
153	Leroy Honey	SLJ	1.84	1.94	1.88	1.92	1.94	8	16
154	Mason Higby	4LR	56.3	55.6			55.6	5	22
154	Mason Higby	S	9.82	10.39	10.42	10.21	10.42	2	28
155	Toby Robinson	6LR	1:28.6				1:28.6	6	20
155	Toby Robinson	VJ	47	45	45	47	47	7	18
156	Charlie Williams	6LR	1:23.1				1:23.1	1	30
156	Charlie Williams	STJ	0.00	7.10	6.98	7.13	7.13	3	26
157	Rio Ward	SB	82				82	3	26
158	Tristan Mclellan	STJ	6.19	6.25	6.15	6.05	6.25	6	20
159	Harry Waterfield	SB	78				78	7=	17
160	Alex Simpson	VJ	50	51	52	54	54	4	24

# Team Results

# Suffolk (maroon)

## Competition:

Sportshall East Regional Final 2015 Under 13 Boys

## Venue:

HSV

## Date

22 Mar 2015

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Hertfordshire	Black	673	70	70	50	70	54	54	46	44	53	54	52	56
2	Norfolk	Sky	617	60	60	60	60	54	48	50	48	43	46	46	42
3	Essex	Red	588	50	50	70	50	35	40	50	54	51	42	52	44
4	Cambridgeshire & Peterborough	Yellow	354	30	30	30	30	22	38	22	34	28	30	26	34
5	Suffolk	Maroon	344	40	20	40	20	23	26	38	30	25	22	28	32
6	Bedfordshire	White	328	20	40	20	40	40	22	22	18	28	34	24	20

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
163	Theo Blake	2LR	26.8	0.0			26.8	12	8
163	Theo Blake	S	5.37	5.29	5.39	3.24	5.39	9	14
164	Callum Hopson	2LR	25.6	0.0			25.6	8=	15
164	Callum Hopson	SB	71				71	9	14
165	Alec Wilson	4LR	57.3	0.0			57.3	8	16
165	Alec Wilson	S	5.54	5.50	5.49	5.14	5.54	8	16
166	Joshua Kent	4LR	1:00.2	0.0			1:00.2	11	10
166	Joshua Kent	SB	68				68	10=	11
167	Tai Elvin-Andrews	6LR	1:30.4				1:30.4	8	16
167	Tai Elvin-Andrews	STJ	5.97	6.05	5.95	5.90	6.05	8	16
168	Jamie Besford	6LR	1:28.4				1:28.4	5	22
168	Jamie Besford	STJ	5.70	5.54	5.50	5.50	5.70	10	12
169	Leo Joscelyne	SLJ	1.70	1.83	1.71	1.85	1.85	10	12
170	Ethan Myles	VJ	50	48	48	50	50	5	22
172	Jayden Solomon	VJ	36	28	33	32	36	11	10
173	Jack Hayes	SLJ	1.75	1.73	1.60	1.65	1.75	11	10

# Results Sheet

# Obstacle Relay

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Hertfordshire	Black	1:19.3	0.0	1:19.3	70.0
2	05	Norfolk	Sky	1:20.9	0.0	1:20.9	60.0
3	03	Essex	Red	1:24.9	0.0	1:24.9	50.0
4	06	Suffolk	Maroon	1:28.6	0.0	1:28.6	40.0
5	02	Cambridgeshire & Peterborough	Yellow	1:29.0	0.0	1:29.0	30.0
6	01	Bedfordshire	White	1:37.3	0.0	1:37.3	20.0



# Results Sheet

# 4 x 1 Lap Relay

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Hertfordshire	Black	48.8	0.0	48.8	70.0
2	05	Norfolk	Sky	49.8	0.0	49.8	60.0
3	03	Essex	Red	50.2	0.0	50.2	50.0
4	01	Bedfordshire	White	51.7	0.0	51.7	40.0
5	02	Cambridgeshire & Peterborough	Yellow	53.9	0.0	53.9	30.0
6	06	Suffolk	Maroon	54.2	0.0	54.2	20.0

# Results Sheet

# 2 Lap Race

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1=	Hertfordshire	Black	54
1=	Norfolk	Sky	54
3	Bedfordshire	White	40
4	Essex	Red	35
5	Suffolk	Maroon	23
6	Cambridgeshire & Peterborough	Yellow	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	138	Jean Claude Aka	23.9	30
2	Norfolk	Sky	152	Nathan Smalls	24.2	28
3	Norfolk	Sky	151	Jamie Brown	24.5	26
4	Hertfordshire	Black	141	David Keffi	24.7	24
5	Bedfordshire	White	109	Stephen Simmons	25.0	22
6	Essex	Red	125	Ben Kuson	25.0	20
7	Bedfordshire	White	106	Ollie Miller	25.3	18
8=	Essex	Red	127	George Abbott	25.6	15
8=	Suffolk	Maroon	164	Callum Hopson	25.6	15
10	Cambridgeshire & Peterborough	Yellow	114	Jack Dalgleish	25.9	12
11	Cambridgeshire & Peterborough	Yellow	113	Jacob Park	26.7	10
12	Suffolk	Maroon	163	Theo Blake	26.8	8

# Results Sheet

# 4 Lap Race

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1	Hertfordshire	Black	54
2	Norfolk	Sky	48
3	Essex	Red	40
4	Cambridgeshire & Peterborough	Yellow	38
5	Suffolk	Maroon	26
6	Bedfordshire	White	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	143	Semba Bwalya	51.8	30
2	Essex	Red	134	Stephen Penaflo	51.8	28
3	Norfolk	Sky	153	Leroy Honey	55.2	26
4	Hertfordshire	Black	137	Ike Haseinbe	55.6	24
5	Norfolk	Sky	154	Mason Higby	55.6	22
6	Cambridgeshire & Peterborough	Yellow	115	Ethan Martin	56.0	20
7	Cambridgeshire & Peterborough	Yellow	116	Oisin Murphy	56.8	18
8	Suffolk	Maroon	165	Alec Wilson	57.3	16
9	Bedfordshire	White	107	Henry Dickinson	57.9	14
10	Essex	Red	129	Jamie Simmons	58.7	12
11	Suffolk	Maroon	166	Joshua Kent	1:00.2	10
12	Bedfordshire	White	102	Max Rose	1:02.3	8

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1=	Essex	Red	50
1=	Norfolk	Sky	50
3	Hertfordshire	Black	46
4	Suffolk	Maroon	38
5=	Bedfordshire	White	22
5=	Cambridgeshire & Peterborough	Yellow	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Sky	156	Charlie Williams	1:23.1	30
2	Hertfordshire	Black	144	Edward Gomwaite	1:24.4	28
3	Essex	Red	135	Theo Adesina	1:25.5	26
4	Essex	Red	136	Zak Herlihy	1:26.0	24
5	Suffolk	Maroon	168	Jamie Besford	1:28.4	22
6	Norfolk	Sky	155	Toby Robinson	1:28.6	20
7	Hertfordshire	Black	142	Hayden Williams	1:29.6	18
8	Suffolk	Maroon	167	Tai Elvin-Andrews	1:30.4	16
9	Cambridgeshire & Peterborough	Yellow	117	OJ Parmenter	1:32.5	14
10	Bedfordshire	White	103	Daniel Boulder	1:34.4	12
11	Bedfordshire	White	112	Oliver Hoxey-Smith	1:39.7	10
12	Cambridgeshire & Peterborough	Yellow	118	Bobby Dickson	1:45.4	8

# Results Sheet

# 8 Lap Paarlauf

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	1:44.8	0.0	1:44.8	70.0
2	05	Norfolk	Sky	1:47.1	0.0	1:47.1	60.0
3	04	Hertfordshire	Black	1:48.6	0.0	1:48.6	50.0
4	06	Suffolk	Maroon	1:51.6	0.0	1:51.6	40.0
5	02	Cambridgeshire & Peterborough	Yellow	1:54.0	0.0	1:54.0	30.0
6	01	Bedfordshire	White	1:54.6	0.0	1:54.6	20.0

# Results Sheet

# 4 x 2 Lap Relay

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Hertfordshire	Black	1:37.1	0.0	1:37.1	70.0
2	05	Norfolk	Sky	1:39.4	0.0	1:39.4	60.0
3	03	Essex	Red	1:41.3	0.0	1:41.3	50.0
4	01	Bedfordshire	White	1:42.6	0.0	1:42.6	40.0
5	02	Cambridgeshire & Peterborough	Yellow	1:45.6	0.0	1:45.6	30.0
6	06	Suffolk	Maroon	1:46.5	0.0	1:46.5	20.0

# Results Sheet

# Shot

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1	Essex	Red	54
2	Norfolk	Sky	48
3	Hertfordshire	Black	44
4	Cambridgeshire & Peterborough	Yellow	34
5	Suffolk	Maroon	30
6	Bedfordshire	White	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	132	Matthew Dennett	10.48	30
2	Norfolk	Sky	154	Mason Higby	10.42	28
3	Hertfordshire	Black	141	David Keffi	10.32	26
4	Essex	Red	126	Finley Hall	8.73	24
5	Cambridgeshire & Peterborough	Yellow	120	Jolyon Glynn	8.48	22
6	Norfolk	Sky	151	Jamie Brown	6.94	20
7	Hertfordshire	Black	146	Jason List	6.65	18
8	Suffolk	Maroon	165	Alec Wilson	5.54	16
9	Suffolk	Maroon	163	Theo Blake	5.39	14
10	Cambridgeshire & Peterborough	Yellow	123	Felix Standing	5.24	12
11	Bedfordshire	White	105	Albie Whittemore	4.94	10
12	Bedfordshire	White	104	Joe Bidlake-Hull	3.76	8
	Bedfordshire	White	101	Harry Bell	5.29	0

# Results Sheet

# Speed Bounce

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1	Hertfordshire	Black	53
2	Essex	Red	51
3	Norfolk	Sky	43
4=	Bedfordshire	White	28
4=	Cambridgeshire & Peterborough	Yellow	28
6	Suffolk	Maroon	25

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Hertfordshire	Black	140	Joshua Horleston	84	30
2	Essex	Red	127	George Abbott	83	28
3	Norfolk	Sky	157	Rio Ward	82	26
4=	Essex	Red	131	Kyle Constable	81	23
4=	Hertfordshire	Black	142	Hayden Williams	81	23
6	Bedfordshire	White	109	Stephen Simmons	79	20
7=	Cambridgeshire & Peterborough	Yellow	121	David J Hayns	78	17
7=	Norfolk	Sky	159	Harry Waterfield	78	17
9	Suffolk	Maroon	164	Callum Hopson	71	14
10=	Cambridgeshire & Peterborough	Yellow	122	Caleb Plant	68	11
10=	Suffolk	Maroon	166	Joshua Kent	68	11
12	Bedfordshire	White	103	Daniel Boulder	55	8



# Results Sheet

# Standing Long Jump

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1	Hertfordshire	Black	54
2	Norfolk	Sky	46
3	Essex	Red	42
4	Bedfordshire	White	34
5	Cambridgeshire & Peterborough	Yellow	30
6	Suffolk	Maroon	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Sky	152	Nathan Smalls	2.34	30
2	Hertfordshire	Black	138	Jean Claude Aka	2.26	28
3	Hertfordshire	Black	143	Semba Bwalya	2.15	26
4	Essex	Red	133	Ola Bello	2.14	24
5	Cambridgeshire & Peterborough	Yellow	117	OJ Parmenter	2.03	22
6	Bedfordshire	White	111	Travis O'Connell	2.02	20
7	Essex	Red	129	Jamie Simmons	1.97	18
8	Norfolk	Sky	153	Leroy Honey	1.94	16
9	Bedfordshire	White	107	Henry Dickinson	1.94	14
10	Suffolk	Maroon	169	Leo Joscelyne	1.85	12
11	Suffolk	Maroon	173	Jack Hayes	1.75	10
12	Cambridgeshire & Peterborough	Yellow	114	Jack Dalglish	1.70	8

# Results Sheet

# Standing Triple Jump

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1=	Essex	Red	52
1=	Hertfordshire	Black	52
3	Norfolk	Sky	46
4	Suffolk	Maroon	28
5	Cambridgeshire & Peterborough	Yellow	26
6	Bedfordshire	White	24

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	135	Theo Adesina	7.58	30
2	Hertfordshire	Black	145	Josiah Barker	7.20	28
3	Norfolk	Sky	156	Charlie Williams	7.13	26
4	Hertfordshire	Black	137	Ike Haseinbe	6.63	24
5	Essex	Red	136	Zak Herlihy	6.38	22
6	Norfolk	Sky	158	Tristan Mclellan	6.25	20
7	Cambridgeshire & Peterborough	Yellow	113	Jacob Park	6.20	18
8	Suffolk	Maroon	167	Tai Elvin-Andrews	6.05	16
9	Bedfordshire	White	106	Ollie Miller	5.86	14
10	Suffolk	Maroon	168	Jamie Besford	5.70	12
11	Bedfordshire	White	110	Aiden Brennan	5.58	10
12	Cambridgeshire & Peterborough	Yellow	116	Oisin Murphy	5.40	8

# Results Sheet

# Vertical Jump

**Competition:**  
Sportshall East Regional Final 2015 Under 13 Boys

**Venue:**  
HSV

**Date**  
22 Mar 2015

Ranking	Team	Colour	Points
1	Hertfordshire	Black	56
2	Essex	Red	44
3	Norfolk	Sky	42
4	Cambridgeshire & Peterborough	Yellow	34
5	Suffolk	Maroon	32
6	Bedfordshire	White	20

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	139	Daniel Kessi	66	30
2	Essex	Red	134	Stephen Penaflor	57	28
3	Hertfordshire	Black	144	Edward Gomwaite	55	26
4	Norfolk	Sky	160	Alex Simpson	54	24
5	Suffolk	Maroon	170	Ethan Myles	50	22
6	Cambridgeshire & Peterborough	Yellow	115	Ethan Martin	49	20
7	Norfolk	Sky	155	Toby Robinson	47	18
8	Essex	Red	125	Ben Kuson	46	16
9	Cambridgeshire & Peterborough	Yellow	119	Jamie Francklin	45	14
10	Bedfordshire	White	108	Josh Nectoux Holkham	38	12
11	Suffolk	Maroon	172	Jayden Solomon	36	10
12	Bedfordshire	White	102	Max Rose	35	8