

Competition Results

Competition:
Welsh Final Under 15 Girls

Venue:
Cwmbran

Date
1 Mar 2015

Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Athlete Results

Competition:
Welsh Final Under 15 Girls

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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	157	Savannah Evans	Powys	145		50		46	49	
2	139	Bethanie M Holmes	North East Wales	136		46	46			44
3=	125	Bethany Randall	Dyfed	132	48		50		34	
3=	153	Ashlyn Brown	Powys	132	42			46		44
5	123	Niamh Rees	Dyfed	129	50			46		33
6	93	Tirion Evans	Cardiff & the Vale	128	42		38			48
7	156	Megan Davies	Powys	127		48	40			39
8	126	Josie Sivak	Dyfed	126		42	44		40	
9	155	Lucy Hinkley	Powys	119	32			41	46	
10	154	Helen Evans	Powys	115	42		34			39
11	127	Katya Makuka	Dyfed	114		35		29		50
12	124	Olivia Williamo	Dyfed	113	36			41		36
13	95	Jordan Meek	Cardiff & the Vale	112	46		26		40	
14	147	Emily Ridges	North West Wales	111		28		50		33
15=	94	Megan Hodgson	Cardiff & the Vale	110	38		36		36	
15=	97	Laura Annetts	Cardiff & the Vale	110		40		26		44
17	138	Charlotte Meikle	North East Wales	108		44	24		40	
18	158	Kate Jones	Powys	105		24	32		49	
19	89	Alana Rees	Afan Nedd Tawe	100		32		24	44	
20	144	Hatte Bullock	North West Wales	95	20		48			27
21	86	Ellie D'Auria	Afan Nedd Tawe	91	26			33	32	
22=	96	Emily Calvert	Cardiff & the Vale	90		30		33		27
22=	133	Stephani Hall	Glamorgan Valleys	90	30		42			18
24=	130	Eve Thompson	Glamorgan Valleys	88	28			37		23
24=	149	Shanon Jones	North West Wales	88		38	22		28	
26	148	Megan Williams	North West Wales	87		35		29		23
27	141	Lowri Allman	North East Wales	82	24		28			30
28	145	Sara Rodrigues	North West Wales	79	18			37	24	
29	140	Seren Walklate	North East Wales	74	34			20		20
30	134	Toni Baylon	Glamorgan Valleys	72		22	20		30	
31	146	Elan Parry	North West Wales	68	16		30		22	
32	142	Hollie Pike	North East Wales	66	22			18	26	
33	136	Yasmin Kerton	Glamorgan Valleys	64		26		22		16
34	137	Isabelle Reay	North East Wales	56		20		16	20	
35=	131	Karin Gibbons	Glamorgan Valleys	0						
35=	132	Ffion Cushing	Glamorgan Valleys	0						
35=	135	Shauna Yemm	Glamorgan Valleys	0						

Team Results

Afan Nedd Tawe (white)

Competition:
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Cwmbran

Date
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Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
86	Ellie D'Auria	2LR	28.6				28.6	13	26
86	Ellie D'Auria	SB	70				70	9=	33
86	Ellie D'Auria	SLJ	1.88	1.87	1.85		1.88	10	32
89	Alana Rees	4LR	1:01.0				1:01.0	10	32
89	Alana Rees	SB	67				67	14	24
89	Alana Rees	SLJ	2.03	2.02	2.13		2.13	4	44

Team Results

Cardiff & the Vale (maroon)

Competition:
Welsh Final Under 15 Girls

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Date
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Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
93	Tirion Evans	2LR	26.9				26.9	4=	42
93	Tirion Evans	S	5.05	7.12	7.73		7.73	7	38
93	Tirion Evans	VJ	56	54	53		56	2	48
94	Megan Hodgson	2LR	27.0				27.0	7	38
94	Megan Hodgson	S	7.70	7.55	7.24		7.70	8	36
94	Megan Hodgson	SLJ	2.08	2.07	2.02		2.08	8	36
95	Jordan Meek	2LR	26.8				26.8	3	46
95	Jordan Meek	S	5.54	6.92	6.48		6.92	13	26
95	Jordan Meek	SLJ	2.10	2.07	2.12		2.12	5=	40
96	Emily Calvert	4LR	1:01.9				1:01.9	11	30
96	Emily Calvert	SB	70				70	9=	33
96	Emily Calvert	VJ	45	45	45		45	12=	27
97	Laura Annetts	4LR	59.8				59.8	6	40
97	Laura Annetts	SB	68				68	13	26
97	Laura Annetts	VJ	53	54	54		54	3=	44

Team Results

Dyfed (blue)

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Date
1 Mar 2015

Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
123	Niamh Rees	2LR	26.6				26.6	1	50
123	Niamh Rees	SB	78				78	2=	46
123	Niamh Rees	VJ	49	49	49		49	9=	33
124	Olivia Williamo	2LR	27.2				27.2	8	36
124	Olivia Williamo	SB	75				75	5=	41
124	Olivia Williamo	VJ	50	49	50		50	8	36
125	Bethany Randall	2LR	26.7				26.7	2	48
125	Bethany Randall	S	8.65	8.83	9.04		9.04	1	50
125	Bethany Randall	SLJ	2.02	2.00	2.06		2.06	9	34
126	Josie Sivak	4LR	59.5				59.5	5	42
126	Josie Sivak	S	7.51	8.31	7.67		8.31	4	44
126	Josie Sivak	SLJ	2.04	2.12	2.09		2.12	5=	40
127	Katya Makuka	4LR	1:00.8				1:00.8	8=	35
127	Katya Makuka	SB	69				69	11=	29
127	Katya Makuka	VJ	59	54	57		59	1	50

Team Results

Glamorgan Valleys (yellow)

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1 Mar 2015

Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
130	Eve Thompson	2LR	28.5				28.5	12	28
130	Eve Thompson	SB	72				72	7=	37
130	Eve Thompson	VJ	43	32	39		43	14=	23
132	Ffion Cushing	S	4.42	5.20	0.00		5.20		
132	Ffion Cushing	SLJ	1.36	1.37	1.40		1.40		
133	Stephani Hall	2LR	28.4				28.4	11	30
133	Stephani Hall	S	8.27	8.08	7.90		8.27	5	42
133	Stephani Hall	VJ	39	40	0		40	17	18
134	Toni Baylon	4LR	1:08.9				1:08.9	15	22
134	Toni Baylon	S	5.42	5.87	0.00		5.87	16	20
134	Toni Baylon	SLJ	1.79	1.82	1.81		1.82	11	30
135	Shauna Yemm	SB	48				48		
135	Shauna Yemm	SLJ	1.31	1.32	1.36		1.36		
136	Yasmin Kerton	4LR	1:02.9				1:02.9	13	26
136	Yasmin Kerton	SB	66				66	15	22
136	Yasmin Kerton	VJ	39	38	37		39	18	16

Team Results

North East Wales (green)

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Welsh Final Under 15 Girls

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Date
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Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
137	Isabelle Reay	4LR	1:19.1				1:19.1	16	20
137	Isabelle Reay	SB	40				40	18	16
137	Isabelle Reay	SLJ	1.21	1.22	1.26		1.26	16	20
138	Charlotte Meikle	4LR	57.3				57.3	4	44
138	Charlotte Meikle	S	6.56	0.00	6.75		6.75	14	24
138	Charlotte Meikle	SLJ	2.10	2.12	2.06		2.12	5=	40
139	Bethanie M Holmes	4LR	57.2				57.2	3	46
139	Bethanie M Holmes	S	8.34	8.57	7.35		8.57	3	46
139	Bethanie M Holmes	VJ	54	50	54		54	3=	44
140	Seren Walklate	2LR	27.4				27.4	9	34
140	Seren Walklate	SB	63				63	16	20
140	Seren Walklate	VJ	41	42	40		42	16	20
141	Lowri Allman	2LR	28.8				28.8	14	24
141	Lowri Allman	S	6.94	6.75	7.03		7.03	12	28
141	Lowri Allman	VJ	42	46	46		46	11	30
142	Hollie Pike	2LR	28.9				28.9	15	22
142	Hollie Pike	SB	61				61	17	18
142	Hollie Pike	SLJ	1.69	1.58	1.64		1.69	13	26

Team Results

North West Wales (red)

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Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
144	Hatte Bullock	2LR	29.0				29.0	16	20
144	Hatte Bullock	S	8.56	8.97	8.60		8.97	2	48
144	Hatte Bullock	VJ	43	44	45		45	12=	27
145	Sara Rodrigues	2LR	29.7				29.7	17	18
145	Sara Rodrigues	SB	72				72	7=	37
145	Sara Rodrigues	SLJ	1.47	1.50	1.40		1.50	14	24
146	Elan Parry	2LR	31.3				31.3	18	16
146	Elan Parry	S	6.98	6.55	7.13		7.13	11	30
146	Elan Parry	SLJ	1.31	1.38	1.44		1.44	15	22
147	Emily Ridges	4LR	1:02.0				1:02.0	12	28
147	Emily Ridges	SB	81				81	1	50
147	Emily Ridges	VJ	47	49	46		49	9=	33
148	Megan Williams	4LR	1:00.8				1:00.8	8=	35
148	Megan Williams	SB	69				69	11=	29
148	Megan Williams	VJ	43	39	41		43	14=	23
149	Shanon Jones	4LR	1:00.4				1:00.4	7	38
149	Shanon Jones	S	5.36	5.56	5.96		5.96	15	22
149	Shanon Jones	SLJ	1.63	1.70	1.74		1.74	12	28

Team Results

Powys (bottle green)

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Ranking	Team	Score	Individual	P8	4x2
1	Powys	643	523	70	50
2	Dyfed	571	501	0	70
3	Cardiff & the Vale	500	460	0	40
4	North West Wales	471	381	60	30
5	North East Wales	460	400	0	60
6	Glamorgan Valleys	384	314	50	20
7	Afan Nedd Tawe	191	191	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
153	Ashlyn Brown	2LR	26.9				26.9	4=	42
153	Ashlyn Brown	SB	78				78	2=	46
153	Ashlyn Brown	VJ	51	54	52		54	3=	44
154	Helen Evans	2LR	26.9				26.9	4=	42
154	Helen Evans	S	6.60	6.75	7.45		7.45	9	34
154	Helen Evans	VJ	52	53	49		53	6=	39
155	Lucy Hinkley	2LR	27.8				27.8	10	32
155	Lucy Hinkley	SB	75				75	5=	41
155	Lucy Hinkley	SLJ	2.14	2.10	2.14		2.14	3	46
156	Megan Davies	4LR	56.0				56.0	2	48
156	Megan Davies	S	7.65	7.85	8.05		8.05	6	40
156	Megan Davies	VJ	51	53	51		53	6=	39
157	Savannah Evans	4LR	55.9				55.9	1	50
157	Savannah Evans	SB	78				78	2=	46
157	Savannah Evans	SLJ	2.14	2.03	2.22		2.22	1=	49
158	Kate Jones	4LR	1:06.4				1:06.4	14	24
158	Kate Jones	S	6.97	7.28	7.40		7.40	10	32
158	Kate Jones	SLJ	2.22	2.19	2.22		2.22	1=	49

Results Sheet

2 Lap Race

Competition:
Welsh Final Under 15 Girls

Venue:
Cwmbran

Date
1 Mar 2015

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Blue	123	Niamh Rees	26.6	50
2	Dyfed	Blue	125	Bethany Randall	26.7	48
3	Cardiff & the Vale	Maroon	95	Jordan Meek	26.8	46
4=	Cardiff & the Vale	Maroon	93	Tirion Evans	26.9	42
4=	Powys	Bottle Green	153	Ashlyn Brown	26.9	42
4=	Powys	Bottle Green	154	Helen Evans	26.9	42
7	Cardiff & the Vale	Maroon	94	Megan Hodgson	27.0	38
8	Dyfed	Blue	124	Olivia Williamo	27.2	36
9	North East Wales	Green	140	Seren Walklate	27.4	34
10	Powys	Bottle Green	155	Lucy Hinkley	27.8	32
11	Glamorgan Valleys	Yellow	133	Stephani Hall	28.4	30
12	Glamorgan Valleys	Yellow	130	Eve Thompson	28.5	28
13	Afan Nedd Tawe	White	86	Ellie D'Auria	28.6	26
14	North East Wales	Green	141	Lowri Allman	28.8	24
15	North East Wales	Green	142	Hollie Pike	28.9	22
16	North West Wales	Red	144	Hatte Bullock	29.0	20
17	North West Wales	Red	145	Sara Rodrigues	29.7	18
18	North West Wales	Red	146	Elan Parry	31.3	16

Results Sheet

4 Lap Race

Competition:
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	Bottle Green	157	Savannah Evans	55.9	50
2	Powys	Bottle Green	156	Megan Davies	56.0	48
3	North East Wales	Green	139	Bethanie M Holmes	57.2	46
4	North East Wales	Green	138	Charlotte Meikle	57.3	44
5	Dyfed	Blue	126	Josie Sivak	59.5	42
6	Cardiff & the Vale	Maroon	97	Laura Annetts	59.8	40
7	North West Wales	Red	149	Shanon Jones	1:00.4	38
8=	Dyfed	Blue	127	Katya Makuka	1:00.8	35
8=	North West Wales	Red	148	Megan Williams	1:00.8	35
10	Afan Nedd Tawe	White	89	Alana Rees	1:01.0	32
11	Cardiff & the Vale	Maroon	96	Emily Calvert	1:01.9	30
12	North West Wales	Red	147	Emily Ridges	1:02.0	28
13	Glamorgan Valleys	Yellow	136	Yasmin Kerton	1:02.9	26
14	Powys	Bottle Green	158	Kate Jones	1:06.4	24
15	Glamorgan Valleys	Yellow	134	Toni Baylon	1:08.9	22
16	North East Wales	Green	137	Isabelle Reay	1:19.1	20

Results Sheet

8 Lap Paarlauf

Competition:
Welsh Final Under 15 Girls

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Cwmbran

Date
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Powys	Bottle Green	1:52.3	0.0	1:52.3	70.0
2	06	North West Wales	Red	1:59.8	0.0	1:59.8	60.0
3	04	Glamorgan Valleys	Yellow	2:03.8	0.0	2:03.8	50.0

Results Sheet

4 x 2 Lap Relay

Competition:
Welsh Final Under 15 Girls

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Cwmbran

Date
1 Mar 2015

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Dyfed	Blue	1:47.0	0.0	1:47.0	70.0
2	05	North East Wales	Green	1:47.2	0.0	1:47.2	60.0
3	07	Powys	Bottle Green	1:50.0	0.0	1:50.0	50.0
4	02	Cardiff & the Vale	Maroon	1:50.4	0.0	1:50.4	40.0
5	06	North West Wales	Red	1:55.6	0.0	1:55.6	30.0
6	04	Glamorgan Valleys	Yellow	2:03.6	0.0	2:03.6	20.0

Results Sheet

Shot

Competition:
Welsh Final Under 15 Girls

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Cwmbran

Date
1 Mar 2015

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Blue	125	Bethany Randall	9.04	50
2	North West Wales	Red	144	Hatte Bullock	8.97	48
3	North East Wales	Green	139	Bethanie M Holmes	8.57	46
4	Dyfed	Blue	126	Josie Sivak	8.31	44
5	Glamorgan Valleys	Yellow	133	Stephani Hall	8.27	42
6	Powys	Bottle Green	156	Megan Davies	8.05	40
7	Cardiff & the Vale	Maroon	93	Tirion Evans	7.73	38
8	Cardiff & the Vale	Maroon	94	Megan Hodgson	7.70	36
9	Powys	Bottle Green	154	Helen Evans	7.45	34
10	Powys	Bottle Green	158	Kate Jones	7.40	32
11	North West Wales	Red	146	Elan Parry	7.13	30
12	North East Wales	Green	141	Lowri Allman	7.03	28
13	Cardiff & the Vale	Maroon	95	Jordan Meek	6.92	26
14	North East Wales	Green	138	Charlotte Meikle	6.75	24
15	North West Wales	Red	149	Shanon Jones	5.96	22
16	Glamorgan Valleys	Yellow	134	Toni Baylon	5.87	20
	Glamorgan Valleys	Yellow	132	Ffion Cushing	5.20	0

Results Sheet

Speed Bounce

Competition:
Welsh Final Under 15 Girls

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Cwmbran

Date
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Ranking	Team	Colour	BibNo	Name	Total	Points
1	North West Wales	Red	147	Emily Ridges	81	50
2=	Dyfed	Blue	123	Niamh Rees	78	46
2=	Powys	Bottle Green	153	Ashlyn Brown	78	46
2=	Powys	Bottle Green	157	Savannah Evans	78	46
5=	Dyfed	Blue	124	Olivia Williamo	75	41
5=	Powys	Bottle Green	155	Lucy Hinkley	75	41
7=	Glamorgan Valleys	Yellow	130	Eve Thompson	72	37
7=	North West Wales	Red	145	Sara Rodrigues	72	37
9=	Afan Nedd Tawe	White	86	Ellie D'Auria	70	33
9=	Cardiff & the Vale	Maroon	96	Emily Calvert	70	33
11=	Dyfed	Blue	127	Katya Makuka	69	29
11=	North West Wales	Red	148	Megan Williams	69	29
13	Cardiff & the Vale	Maroon	97	Laura Annetts	68	26
14	Afan Nedd Tawe	White	89	Alana Rees	67	24
15	Glamorgan Valleys	Yellow	136	Yasmin Kerton	66	22
16	North East Wales	Green	140	Seren Walklate	63	20
17	North East Wales	Green	142	Hollie Pike	61	18
18	North East Wales	Green	137	Isabelle Reay	40	16
	Glamorgan Valleys	Yellow	135	Shauna Yemm	48	0

Results Sheet

Standing Long Jump

Competition:
Welsh Final Under 15 Girls

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Cwmbran

Date
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Ranking	Team	Colour	BibNo	Name	Best	Points
1=	Powys	Bottle Green	157	Savannah Evans	2.22	49
1=	Powys	Bottle Green	158	Kate Jones	2.22	49
3	Powys	Bottle Green	155	Lucy Hinkley	2.14	46
4	Afan Nedd Tawe	White	89	Alana Rees	2.13	44
5=	Cardiff & the Vale	Maroon	95	Jordan Meek	2.12	40
5=	Dyfed	Blue	126	Josie Sivak	2.12	40
5=	North East Wales	Green	138	Charlotte Meikle	2.12	40
8	Cardiff & the Vale	Maroon	94	Megan Hodgson	2.08	36
9	Dyfed	Blue	125	Bethany Randall	2.06	34
10	Afan Nedd Tawe	White	86	Ellie D'Auria	1.88	32
11	Glamorgan Valleys	Yellow	134	Toni Baylon	1.82	30
12	North West Wales	Red	149	Shanon Jones	1.74	28
13	North East Wales	Green	142	Hollie Pike	1.69	26
14	North West Wales	Red	145	Sara Rodrigues	1.50	24
15	North West Wales	Red	146	Elan Parry	1.44	22
16	North East Wales	Green	137	Isabelle Reay	1.26	20
	Glamorgan Valleys	Yellow	132	Ffion Cushing	1.40	0
	Glamorgan Valleys	Yellow	135	Shauna Yemm	1.36	0

Results Sheet

Vertical Jump

Competition:
Welsh Final Under 15 Girls

Venue:
Cwmbran

Date
1 Mar 2015

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Blue	127	Katya Makuka	59	50
2	Cardiff & the Vale	Maroon	93	Tirion Evans	56	48
3=	Cardiff & the Vale	Maroon	97	Laura Annetts	54	44
3=	North East Wales	Green	139	Bethanie M Holmes	54	44
3=	Powys	Bottle Green	153	Ashlyn Brown	54	44
6=	Powys	Bottle Green	154	Helen Evans	53	39
6=	Powys	Bottle Green	156	Megan Davies	53	39
8	Dyfed	Blue	124	Olivia Williamo	50	36
9=	Dyfed	Blue	123	Niamh Rees	49	33
9=	North West Wales	Red	147	Emily Ridges	49	33
11	North East Wales	Green	141	Lowri Allman	46	30
12=	Cardiff & the Vale	Maroon	96	Emily Calvert	45	27
12=	North West Wales	Red	144	Hatte Bullock	45	27
14=	Glamorgan Valleys	Yellow	130	Eve Thompson	43	23
14=	North West Wales	Red	148	Megan Williams	43	23
16	North East Wales	Green	140	Seren Walklate	42	20
17	Glamorgan Valleys	Yellow	133	Stephani Hall	40	18
18	Glamorgan Valleys	Yellow	136	Yasmin Kerton	39	16