

Competition Results

Competition:
East Sportshall Regional Final Under 15 Girls

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	691	551	70	70
2	Norfolk	639	519	60	60
3	Essex	584	494	40	50
4	Cambridgeshire	453	383	30	40
5	Suffolk	433	353	50	30

Athlete Results

Competition:

East Sportshall Regional Final Under 15 Girls

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Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	82	Hannah Mayne	Norfolk	147	50			49	48	
2	75	Grace Gentry	Hertfordshire	144		50	44		50	
3	76	Katie Liptrot	Hertfordshire	138		48		46		44
4	77	Ella Onyens	Hertfordshire	136	42		48		46	
5=	68	Funminiye Olajide	Essex	134		42	42			50
5=	85	Katie Daniels	Norfolk	134		44		49		41
7	79	Amy Thurgood	Hertfordshire	133	45			42		46
8	80	Petra Sijuwade	Hertfordshire	131	45			38		48
9	72	Megan Penfold	Essex	130		46	46			38
10	83	Lucy Koenigsberger	Norfolk	120	36		50			34
11=	69	Brogan Ravenall	Essex	119	40		38			41
11=	78	Shona Pybus	Hertfordshire	119		40	40		39	
13	84	Mia Hopson	Norfolk	118	48		34		36	
14	86	Isobel Holroyd	Norfolk	114		36	36		42	
15	87	Gabby Delarue	Norfolk	112		32		44		36
16	70	Amelia Day	Essex	111	38			29	44	
17	73	Jessica Whitbread	Essex	106	33			34	39	
18	67	Alice Thornton	Cambridgeshire	104		38		36		30
19	64	Ella Titman	Cambridgeshire	100		28		40	32	
20=	63	Harriet Bruce	Cambridgeshire	94	30		30		34	
20=	94	Scarlett Bailey	Suffolk	94		34	28			32
22	92	Nicole Humphrey	Suffolk	90		30		32	28	
23	90	Elizabeth Steward	Suffolk	88	28		32			28
24	62	Ella Brannigan	Cambridgeshire	85	33			26		26
25	91	Isobel Lancaster	Suffolk	81	26			29	26	
26	66	Ghazal Seidi	Cambridgeshire	78		24	24		30	
27	93	Amber Graham	Suffolk	76		26	26			24
28	89	Annabel Reynolds	Suffolk	72	24			24	24	
29=	61	Frannie Chapman	Cambridgeshire	0						
29=	65	Amy Cope	Cambridgeshire	0						
29=	71	Mia Chantree	Essex	0						
29=	74	Rhea Stavri	Essex	0						
29=	81	Madeline Hurley	Hertfordshire	0						
29=	95	Ellie Pitcher	Suffolk	0						

Team Results

Cambridgeshire (sky)

Competition:
East Sportshall Regional Final Under 15 Girls

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Date
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Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	691	551	70	70
2	Norfolk	639	519	60	60
3	Essex	584	494	40	50
4	Cambridgeshire	453	383	30	40
5	Suffolk	433	353	50	30

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
	61	Frannie Chapman	S	6.98	8.33	7.38		8.33		
	61	Frannie Chapman	VJ	43	40	42		43		
	62	Ella Brannigan	2LR	26.9				26.9	9=	33
	62	Ella Brannigan	SB	61				61	13	26
	62	Ella Brannigan	VJ	41	42	44		44	13	26
	63	Harriet Bruce	2LR	27.5				27.5	11	30
	63	Harriet Bruce	S	6.27	7.17	6.95		7.17	11	30
	63	Harriet Bruce	SLJ	1.98	1.96	2.03		2.03	9	34
	64	Ella Titman	4LR	59.9				59.9	12	28
	64	Ella Titman	SB	73				73	6	40
	64	Ella Titman	SLJ	1.93	1.98	1.93		1.98	10	32
	65	Amy Cope	SB	70				70		
	65	Amy Cope	VJ	35	39	38		39		
	66	Ghazal Seidi	4LR	1:02.2				1:02.2	14	24
	66	Ghazal Seidi	S	4.73	5.29	0.00		5.29	14	24
	66	Ghazal Seidi	SLJ	1.94	1.90	1.97		1.97	11	30
	67	Alice Thornton	4LR	56.5				56.5	7	38
	67	Alice Thornton	SB	66				66	8	36
	67	Alice Thornton	VJ	42	42	46		46	11	30

Team Results

Essex (red)

Competition:
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Date
30 Jan 2016

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1	Hertfordshire	691	551	70	70
2	Norfolk	639	519	60	60
3	Essex	584	494	40	50
4	Cambridgeshire	453	383	30	40
5	Suffolk	433	353	50	30

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
68		Funminiyi Olajide	4LR	54.7				54.7	5	42
68		Funminiyi Olajide	S	9.28	9.27	8.87		9.28	5	42
68		Funminiyi Olajide	VJ	62	66	65		66	1	50
69		Brogan Ravenall	2LR	25.6				25.6	6	40
69		Brogan Ravenall	S	7.57	8.18	7.84		8.18	7	38
69		Brogan Ravenall	VJ	58	54	56		58	5=	41
70		Amelia Day	2LR	25.9				25.9	7	38
70		Amelia Day	SB	62				62	11=	29
70		Amelia Day	SLJ	2.15	2.29	2.27		2.29	4	44
71		Mia Chantree	SB	67				67		
71		Mia Chantree	SLJ	2.19	2.19	2.20		2.20		
72		Megan Penfold	4LR	54.5				54.5	3	46
72		Megan Penfold	S	9.38	10.19	9.37		10.19	3	46
72		Megan Penfold	VJ	51	51	56		56	7	38
73		Jessica Whitbread	2LR	26.9				26.9	9=	33
73		Jessica Whitbread	SB	64				64	9	34
73		Jessica Whitbread	SLJ	2.11	2.06	2.05		2.11	6=	39
74		Rhea Stavri	SLJ	0.00	0.00	0.00		0.00		

Team Results

Hertfordshire (black)

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1	Hertfordshire	691	551	70	70
2	Norfolk	639	519	60	60
3	Essex	584	494	40	50
4	Cambridgeshire	453	383	30	40
5	Suffolk	433	353	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
75	Grace Gentry	4LR	53.0				53.0	1	50
75	Grace Gentry	S	9.60	0.00	9.46		9.60	4	44
75	Grace Gentry	SLJ	2.36	2.40	2.37		2.40	1	50
76	Katie Liptrot	4LR	54.3				54.3	2	48
76	Katie Liptrot	SB	82				82	3	46
76	Katie Liptrot	VJ	59	50	48		59	4	44
77	Ella Onyens	2LR	25.5				25.5	5	42
77	Ella Onyens	S	10.17	10.34	10.00		10.34	2	48
77	Ella Onyens	SLJ	2.19	2.30	2.31		2.31	3	46
78	Shona Pybus	4LR	56.3				56.3	6	40
78	Shona Pybus	S	8.10	8.00	8.39		8.39	6	40
78	Shona Pybus	SLJ	2.05	2.04	2.11		2.11	6=	39
79	Amy Thurgood	2LR	25.3				25.3	3=	45
79	Amy Thurgood	SB	74				74	5	42
79	Amy Thurgood	VJ	62	61	61		62	3	46
80	Petra Sijuwade	2LR	25.3				25.3	3=	45
80	Petra Sijuwade	SB	70				70	7	38
80	Petra Sijuwade	VJ	62	60	65		65	2	48

Team Results

Norfolk (blue)

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East Sportshall Regional Final Under 15 Girls

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Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	691	551	70	70
2	Norfolk	639	519	60	60
3	Essex	584	494	40	50
4	Cambridgeshire	453	383	30	40
5	Suffolk	433	353	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
82	Hannah Mayne	2LR	24.9				24.9	1	50
82	Hannah Mayne	SB	83				83	1=	49
82	Hannah Mayne	SLJ	2.29	2.35	2.34		2.35	2	48
83	Lucy Koenigsberger	2LR	26.4				26.4	8	36
83	Lucy Koenigsberger	S	10.17	0.00	10.63		10.63	1	50
83	Lucy Koenigsberger	VJ	49	49	50		50	9	34
84	Mia Hopson	2LR	25.1				25.1	2	48
84	Mia Hopson	S	7.65	7.31	7.55		7.65	9	34
84	Mia Hopson	SLJ	2.10	2.06	2.08		2.10	8	36
85	Katie Daniels	4LR	54.6				54.6	4	44
85	Katie Daniels	SB	83				83	1=	49
85	Katie Daniels	VJ	55	58	57		58	5=	41
86	Isobel Holroyd	4LR	56.9				56.9	8	36
86	Isobel Holroyd	S	7.42	7.51	7.70		7.70	8	36
86	Isobel Holroyd	SLJ	2.17	2.23	2.24		2.24	5	42
87	Gabby Delarue	4LR	58.5				58.5	10	32
87	Gabby Delarue	SB	76				76	4	44
87	Gabby Delarue	VJ	54	51	50		54	8	36

Team Results

Suffolk (maroon)

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East Sportshall Regional Final Under 15 Girls

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Team	Score	Individual	P8	4x2
1	Hertfordshire	691	551	70	70
2	Norfolk	639	519	60	60
3	Essex	584	494	40	50
4	Cambridgeshire	453	383	30	40
5	Suffolk	433	353	50	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
89	Annabel Reynolds	2LR	30.1				30.1	14	24
89	Annabel Reynolds	SB	60				60	14	24
89	Annabel Reynolds	SLJ	1.58	1.51	1.54		1.58	14	24
90	Elizabeth Steward	2LR	27.8				27.8	12	28
90	Elizabeth Steward	S	7.24	6.42	5.74		7.24	10	32
90	Elizabeth Steward	VJ	41	43	45		45	12	28
91	Isobel Lancaster	2LR	28.4				28.4	13	26
91	Isobel Lancaster	SB	62				62	11=	29
91	Isobel Lancaster	SLJ	1.62	1.68	1.68		1.68	13	26
92	Nicole Humphrey	4LR	59.3				59.3	11	30
92	Nicole Humphrey	SB	63				63	10	32
92	Nicole Humphrey	SLJ	0.00	1.92	1.91		1.92	12	28
93	Amber Graham	4LR	1:01.5				1:01.5	13	26
93	Amber Graham	S	5.36	5.53	5.07		5.53	13	26
93	Amber Graham	VJ	36	35	35		36	14	24
94	Scarlett Bailey	4LR	57.4				57.4	9	34
94	Scarlett Bailey	S	4.88	5.77	5.71		5.77	12	28
94	Scarlett Bailey	VJ	48	47	48		48	10	32
95	Ellie Pitcher	SB	62				62		

Results Sheet

2 Lap Race

Competition:

East Sportshall Regional Final Under 15 Girls

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Blue	82	Hannah Mayne	24.9	50
2	Norfolk	Blue	84	Mia Hopson	25.1	48
3=	Hertfordshire	Black	79	Amy Thurgood	25.3	45
3=	Hertfordshire	Black	80	Petra Sijuwade	25.3	45
5	Hertfordshire	Black	77	Ella Onyens	25.5	42
6	Essex	Red	69	Brogan Ravenall	25.6	40
7	Essex	Red	70	Amelia Day	25.9	38
8	Norfolk	Blue	83	Lucy Koenigsberger	26.4	36
9=	Cambridgeshire	Sky	62	Ella Brannigan	26.9	33
9=	Essex	Red	73	Jessica Whitbread	26.9	33
11	Cambridgeshire	Sky	63	Harriet Bruce	27.5	30
12	Suffolk	Maroon	90	Elizabeth Steward	27.8	28
13	Suffolk	Maroon	91	Isobel Lancaster	28.4	26
14	Suffolk	Maroon	89	Annabel Reynolds	30.1	24

Results Sheet

4 Lap Race

Competition:

East Sportshall Regional Final Under 15 Girls

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	75	Grace Gentry	53.0	50
2	Hertfordshire	Black	76	Katie Liptrot	54.3	48
3	Essex	Red	72	Megan Penfold	54.5	46
4	Norfolk	Blue	85	Katie Daniels	54.6	44
5	Essex	Red	68	Funminiye Olajide	54.7	42
6	Hertfordshire	Black	78	Shona Pybus	56.3	40
7	Cambridgeshire	Sky	67	Alice Thornton	56.5	38
8	Norfolk	Blue	86	Isobel Holroyd	56.9	36
9	Suffolk	Maroon	94	Scarlett Bailey	57.4	34
10	Norfolk	Blue	87	Gabby Delarue	58.5	32
11	Suffolk	Maroon	92	Nicole Humphrey	59.3	30
12	Cambridgeshire	Sky	64	Ella Titman	59.9	28
13	Suffolk	Maroon	93	Amber Graham	1:01.5	26
14	Cambridgeshire	Sky	66	Ghazal Seidi	1:02.2	24

Results Sheet

8 Lap Paarlauf

Competition:
East Sportshall Regional Final Under 15 Girls

Venue:
Hertfordshire Sports Village

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30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Black	1:46.1	0.0	1:46.1	70.0
2	04	Norfolk	Blue	1:51.8	0.0	1:51.8	60.0
3	05	Suffolk	Maroon	1:52.3	0.0	1:52.3	50.0
4	02	Essex	Red	1:53.5	0.0	1:53.5	40.0
5	01	Cambridgeshire	Sky	2:02.2	0.0	2:02.2	30.0

Results Sheet

4 x 2 Lap Relay

Competition:
East Sportshall Regional Final Under 15 Girls

Venue:
Hertfordshire Sports Village

Date
30 Jan 2016

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Hertfordshire	Black	1:40.4	0.0	1:40.4	70.0
2	04	Norfolk	Blue	1:41.2	0.0	1:41.2	60.0
3	02	Essex	Red	1:41.6	0.0	1:41.6	50.0
4	01	Cambridgeshire	Sky	1:48.6	0.0	1:48.6	40.0
5	05	Suffolk	Maroon	1:53.6	0.0	1:53.6	30.0

Results Sheet

Shot

Competition:

East Sportshall Regional Final Under 15 Girls

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Blue	83	Lucy Koenigsberger	10.63	50
2	Hertfordshire	Black	77	Ella Onyens	10.34	48
3	Essex	Red	72	Megan Penfold	10.19	46
4	Hertfordshire	Black	75	Grace Gentry	9.60	44
5	Essex	Red	68	Funminiye Olajide	9.28	42
6	Hertfordshire	Black	78	Shona Pybus	8.39	40
7	Essex	Red	69	Brogan Ravenall	8.18	38
8	Norfolk	Blue	86	Isobel Holroyd	7.70	36
9	Norfolk	Blue	84	Mia Hopson	7.65	34
10	Suffolk	Maroon	90	Elizabeth Steward	7.24	32
11	Cambridgeshire	Sky	63	Harriet Bruce	7.17	30
12	Suffolk	Maroon	94	Scarlett Bailey	5.77	28
13	Suffolk	Maroon	93	Amber Graham	5.53	26
14	Cambridgeshire	Sky	66	Ghazal Seidi	5.29	24
	Cambridgeshire	Sky	61	Frannie Chapman	8.33	0

Results Sheet

Speed Bounce

Competition:

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Hertfordshire Sports Village

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30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Total	Points
1=	Norfolk	Blue	82	Hannah Mayne	83	49
1=	Norfolk	Blue	85	Katie Daniels	83	49
3	Hertfordshire	Black	76	Katie Liptrot	82	46
4	Norfolk	Blue	87	Gabby Delarue	76	44
5	Hertfordshire	Black	79	Amy Thurgood	74	42
6	Cambridgeshire	Sky	64	Ella Titman	73	40
7	Hertfordshire	Black	80	Petra Sijuwade	70	38
8	Cambridgeshire	Sky	67	Alice Thornton	66	36
9	Essex	Red	73	Jessica Whitbread	64	34
10	Suffolk	Maroon	92	Nicole Humphrey	63	32
11=	Essex	Red	70	Amelia Day	62	29
11=	Suffolk	Maroon	91	Isobel Lancaster	62	29
13	Cambridgeshire	Sky	62	Ella Brannigan	61	26
14	Suffolk	Maroon	89	Annabel Reynolds	60	24
	Cambridgeshire	Sky	65	Amy Cope	70	0
	Essex	Red	71	Mia Chantree	67	0
	Suffolk	Maroon	95	Ellie Pitcher	62	0

Results Sheet

Standing Long Jump

Competition:

East Sportshall Regional Final Under 15 Girls

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	75	Grace Gentry	2.40	50
2	Norfolk	Blue	82	Hannah Mayne	2.35	48
3	Hertfordshire	Black	77	Ella Onyens	2.31	46
4	Essex	Red	70	Amelia Day	2.29	44
5	Norfolk	Blue	86	Isobel Holroyd	2.24	42
6=	Essex	Red	73	Jessica Whitbread	2.11	39
6=	Hertfordshire	Black	78	Shona Pybus	2.11	39
8	Norfolk	Blue	84	Mia Hopson	2.10	36
9	Cambridgeshire	Sky	63	Harriet Bruce	2.03	34
10	Cambridgeshire	Sky	64	Ella Titman	1.98	32
11	Cambridgeshire	Sky	66	Ghazal Seidi	1.97	30
12	Suffolk	Maroon	92	Nicole Humphrey	1.92	28
13	Suffolk	Maroon	91	Isobel Lancaster	1.68	26
14	Suffolk	Maroon	89	Annabel Reynolds	1.58	24
	Essex	Red	71	Mia Chantree	2.20	0
	Essex	Red	74	Rhea Stavri	0.00	0

Results Sheet

Vertical Jump

Competition:

East Sportshall Regional Final Under 15 Girls

Venue:

Hertfordshire Sports Village

Date

30 Jan 2016

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	68	Funminiyi Olajide	66	50
2	Hertfordshire	Black	80	Petra Sijuwade	65	48
3	Hertfordshire	Black	79	Amy Thurgood	62	46
4	Hertfordshire	Black	76	Katie Liptrot	59	44
5=	Essex	Red	69	Brogan Ravenall	58	41
5=	Norfolk	Blue	85	Katie Daniels	58	41
7	Essex	Red	72	Megan Penfold	56	38
8	Norfolk	Blue	87	Gabby Delarue	54	36
9	Norfolk	Blue	83	Lucy Koenigsberger	50	34
10	Suffolk	Maroon	94	Scarlett Bailey	48	32
11	Cambridgeshire	Sky	67	Alice Thornton	46	30
12	Suffolk	Maroon	90	Elizabeth Steward	45	28
13	Cambridgeshire	Sky	62	Ella Brannigan	44	26
14	Suffolk	Maroon	93	Amber Graham	36	24
	Cambridgeshire	Sky	61	Frannie Chapman	43	0
	Cambridgeshire	Sky	65	Amy Cope	39	0