

Over Under Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	93	Lauren Holmes	Basildon	19.4
	2	236	Anna Lees	Basildon	19.7
	3	87	Charlotte Brooks	Gidea Park Pri	20.2
	4	88	Emily Pepper	Scotts Pri	20.8

4 Lap Race - Girls

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	117	Cassie Foreman	Chelmsford	50.4
	2	133	Isobel Griffiths	Chelmsford	50.7
	3	118	Chloe Trew	Basildon	52.0
	4				

2	1	138	Paige Robinson	Havering AC	53.2
	2	141	Sasha Whiley	Chelmsford	54.2
	3	135	Olivia Boachie	Havering AC	55.4
	4				

3	1	116	Ariyana McGee	Basildon	50.5
	2	143	Sophie Nugent	Basildon	53.0
	3	132	Holly Newman	Basildon	54.8
	4				

U15

1	1	146	Leisha Hunt	Thurrock	50.1
	2	147	Louise Potton	Chelmsford	51.8
	3	232	Abby Hillstead	Chelmsford	53.7
	4				

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position	No.	Name	Club / School	Time
1	1	101	Stephanie Okoro	Havering Sat Club	11.8
	2	96	Matilda Canty	Havering Sat Club	12.1
	3	97	Nneka Okoh	Chelmsford	12.7
	4	94	Mabel Cowley	Basildon	12.9

2	1	89	Freya Coley	Newland Spr	12.6
	2	99	Scarlett Saich-Peet	Basildon	12.9
	3	86	Carly Watts	Basildon	13.0
	4	92	Kirby Jennings	Basildon	13.1

3	1	103	Zoe Gregory	Benfleet	13.0
	2	91	Isabelle Bartlett	Havering Sat Club	13.1
	3	98	Ruby Parker	Braintree	13.1
	4	104	Zowie Dodge	Basildon	13.3

4	1	100	Sophie Matthews	Thurrock	12.9
	2	87	Charlotte Brooks	Gidea Park Pri	13.2
	3	88	Emily Pepper	Scotts Pri	13.4
	4				

5	1	233	Sophie McCallum	Basildon	12.4
	2	230	Olivia Vickers	Thurrock	12.7
	3	235	Georgia Finegold	Chelmsford	14.0

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position	No.	Name	Club / School	Time
1	1	141	Sasha Whiley	Chelmsford	1:24.1
	2	117	Cassie Foreman	Chelmsford	1:24.7
	3	140	Ruby Ham	Chelmsford	1:26.2
	4				

2	1	143	Sophie Nugent	Basildon	1:25.8
	2	115	Amelie Mason	Chelmsford	1:27.3
	3	239	Isobelle O'Connor	Havering AC	1:28.8
	4				

2 Lap Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	97	Nneka Okoh	Chelmsford	24.6
	2	90	Gaby Bilbie	Braintree	25.0
	3	93	Lauren Holmes	Basildon	26.3
	4				

2	1	96	Matilda Canty	Havering Sat Club	24.5
	2	89	Freya Coley	Newland Spr	24.7
	3	95	Maisie Fulker	Chelmsford	25.1
	4				

3	1	100	Sophie Matthews	Thurrock	25.6
	2	103	Zoe Gregory	Benfleet	26.1
	3	91	Isabelle Bartlett	Havering Sat Club	26.5
	4	98	Ruby Parker	Braintree	26.8

4	1	233	Sophie McCallum	Basildon	25.3
	2	94	Mabel Cowley	Basildon	26.2
	3	235	Georgia Finegold	Chelmsford	27.5
	4	238	Daisy Mower	Basildon	27.6

2 Lap Race - Girls



U13

1	1	134	Kate Baldwin	Chelmsford	23.4
	2	130	Evelyn Pope	Chelmsford	23.8
	3	131	Grace Iyinbor	Harlow	23.8
	4	136	Olivia Mayhew	Chelmsford	23.9

2	1	118	Chloe Trew	Basildon	24.2
	2	119	Claudia Faiers	Chelmsford	24.7
	3	142	Scarlett Carter	Thurrock	24.7
	4	138	Paige Robinson	Havering AC	24.8

3	1	115	Amelie Mason	Chelmsford	25.1
	2	128	Elise Ingram	Unattached	25.5
	3	135	Olivia Boachie	Havering AC	25.7
	4				

4	1	237	Maisie Eaglesham	Chelmsford	24.8
	2	234	Melissa Davies	Havering Sat Club	25.2
	3	231	Jaimee Smith	Chelmsford	25.4
	4				

U15

1	1	144	Emily Foster	Chelmsford	22.3
	2	148	Mia Chantree	Chelmsford	22.9
	3	149	Ruby Bridger	Thurrock	23.5
	4	232	Abby Hillstead	Chelmsford	25.2

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	83	Thomas Greening	Havering Sat Club	18.7
	2	69	Isaac Wright	Basildon	19.1
	3	3	Ayomposi Odupitan	Braintree	19.2
	4	71	Jake Bolton	Basildon	20.3

2	1	6	Callum Basinger	Upminster Jnr	19.3
	2	19	Charlie Smith	E&H	19.6
	3	72	Liam Keevil	Basildon	20.3
	4	73	Lucas Gerchen	Basildon	21.3

3	1	79	Sam Ellis	Havering Sat Club	19.9
	2	84	Vincent James	St Josephs Upm	20.8
	3	81	Sasha Brown	Basildon	21.7
	4				

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	108	Michael Okoro	Havering AC	51.8
	2	112	Patrick McLean-Tattan	Havering AC	52.8
	3				
	4				

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	66	Dominic Alexandru	Haverling Sat Club	11.9
	2	75	Max Tarling	Chelmsford	12.3
	3	44	Cooper Mills	Chelmsford	12.7
	4	70	Jack Rayner	Braintree	14.1

2	1	69	Isaac Wright	Basildon	12.5
	2	71	Jake Bolton	Basildon	12.8
	3	63	Daniel Adams	Hutton All Sts	12.9
	4	2	Alexander Rawle	Haverling AC	14.2

3	1	3	Ayomposi Odupitan	Braintree	12.4
	2	74	Luke Adams	Basildon	12.5
	3	84	Vincent James	St Josephs Upm	13.2
	4	68	George Ham	Long Riding Sch	13.3

4	1	76	Mihnea Alexandru	St Josephs Upm	12.7
	2	77	Oliver Cash	Basildon	12.8
	3	79	Sam Ellis	Haverling Sat Club	12.8

5	1	85	Zac Ziepe	Braintree	12.4
	2	80	Sam Wilkins	Haverling Sat Club	13.2
	3	73	Lucas Gerchen	Basildon	13.7
	4				

6 Lap Race - Boys

U13

Heat	Position	No.	Name	Club / School	Time
1	1	111	Owen Adams	Basildon	1:06.5
	2	107	Leo Gerchen	Basildon	1:17.8
	3				
	4				

2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	66	Dominic Alexandru	Haverling Sat Club	24.0
	2	82	Teddy Matthews	Gidea Park Pri	24.4
	3	44	Cooper Mills	Chelmsford	24.4
	4	6	Callum Basinger	Upminster Jnr	25.9

2	1	83	Thomas Greening	Haverling Sat Club	24.5
	2	76	Mihnea Alexandru	St Josephs Upm	26.0
	3	67	Ethan Deal	Basildon	27.0
	4				

3	1	2	Alexander Rawle	Haverling AC	26.4
	2	68	George Ham	Long Riding Sch	26.4
	3	80	Sam Wilkins	Haverling Sat Club	27.6
	4				

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	108	Michael Okoro	Haverling AC	23.0
	2	106	Jakub Kowalski	Thurrock	23.4
	3	109	Olamide Odupitan	Braintree	23.8
	4				

2	1	200	Jay Harris	Thurrock	25.0
	2	113	Samson Wright	Basildon	25.7
	3	107	Leo Gerchen	Basildon	28.0
	4				

U15

1	1	114	Owen Dodge	Basildon	24.7
	2				
	3				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 13th November 2016

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg med ball)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
	104	Zowie Dodge	Basildon				5.75
	99	Scarlett Saich-Peet	Basildon				5.75
	103	Zoe Gregory	Benfleet				4.50
		LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW					
U13G	137	Omolola Kuponiyi	Havering AC				10.75
U13G	129	Ella Chantree	Chelmsford				7.50
U13G	136	Olivia Mayhew	Chelmsford				6.50
U13G	131	Grace Iyinbor	Harlow				6.50
U13G	141	Sasha Whiley	Chelmsford				6.25
U13G	138	Paige Robinson	Havering AC				6.25
U13G	234	Melissa Davies	Havering Sat Club				6.00
U13G	140	Ruby Ham	Chelmsford				5.75
U13G	128	Elise Ingram	Unattached				5.25
U13G	239	Isobelle O'Connor	Havering AC				5.00
U13G	231	Jaimee Smith	Chelmsford				4.75
U13G	142	Scarlett Carter	Thurrock				4.75
U13G	143	Sophie Nugent	Basildon				4.75
U15G	148	Mia Chantree	Chelmsford				9.00
U15G	149	Ruby Bridger	Thurrock				8.25
U15G	146	Leisha Hunt	Thurrock				7.75
U15G	144	Emily Foster	Chelmsford				7.00
U15G	232	Abby Hillstead	Chelmsford				5.75



Sportshall

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EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 13th November 2016

Standing Long Jump

Sportshall

Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	133	Isobel Griffiths	Chelmsford				1.98
U13G	134	Kate Baldwin	Chelmsford				1.96
U13G	231	Jaimee Smith	Chelmsford				1.92
U13G	237	Maisie Eaglesham	Chelmsford				1.92
U13G	130	Evelyn Pope	Chelmsford				1.88
U13G	115	Amelie Mason	Chelmsford				1.86
U13G	131	Grace Iyinbor	Harlow				1.86
U13G	140	Ruby Ham	Chelmsford				1.84
U13G	116	Ariyana McGee	Basildon				1.84
U13G	118	Chloe Trew	Basildon				1.84
U13G	135	Olivia Boachie	Haverling AC				1.80
U13G	119	Claudia Faiers	Chelmsford				1.78
U13G	141	Sasha Whiley	Chelmsford				1.78
U13G	234	Melissa Davies	Haverling Sat Club				1.76
U13G	142	Scarlett Carter	Thurrock				1.74
U13G	128	Elise Ingram	Unattached				1.70
U15G	148	Mia Chantree	Chelmsford				2.26
U15G	149	Ruby Bridger	Thurrock				2.22
U15G	146	Leisha Hunt	Thurrock				2.04
U15G	147	Louise Potton	Chelmsford				2.00
U15G	232	Abby Hillstead	Chelmsford				1.86

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 13th November 2016

Standing Triple Jump

Sportshall

Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	101	Stephanie Okoro	Haverling Sat Club				5.79
U11G	94	Mabel Cowley	Basildon				5.53
U11G	96	Matilda Canty	Haverling Sat Club				4.97
U11G	91	Isabelle Bartlett	Haverling Sat Club				4.94
U11G	236	Anna Lees	Basildon				4.77
U11G	233	Sophie McCallum	Basildon				4.76
U11G	92	Kirby Jennings	Basildon				4.73
U11G	86	Carly Watts	Basildon				4.70
U13G	134	Kate Baldwin	Chelmsford				5.71
U13G	239	Isobelle O'Connor	Haverling AC				5.67
U13G	117	Cassie Foreman	Chelmsford				5.66
U13G	133	Isobel Griffiths	Chelmsford				5.62
U13G	140	Ruby Ham	Chelmsford				5.57
U13G	132	Holly Newman	Basildon				5.46
U13G	136	Olivia Mayhew	Chelmsford				5.40
U13G	128	Elise Ingram	Unattached				5.34
U15G	148	Mia Chantree	Chelmsford				6.19
U15G	149	Ruby Bridger	Thurrock				6.16
U15G	144	Emily Foster	Chelmsford				5.73
U15G	146	Leisha Hunt	Thurrock				5.72



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Sportshall

No.	Name	Club/School	Trial
			1
95	Maisie Fulker	Chelmsford	30.3
86	Carly Watts	Basildon	31.7
91	Isabelle Bartlett	Havering Sat Club	34.9
	Incorrect distances - long		

Sportshall

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EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 13th November 2016

Speed Bounce

Sportshall

Girls U11 (20 secs)

No.	Name	Club/School	Trial 1
U11G 93	Lauren Holmes	Basildon	52
U11G 236	Anna Lees	Basildon	52
U11G 96	Matilda Canty	Havering Sat Club	50
U11G 92	Kirby Jennings	Basildon	49
U11G 94	Mabel Cowley	Basildon	49
U11G 97	Nneka Okoh	Chelmsford	49
U11G 230	Olivia Vickers	Thurrock	49
U11G 101	Stephanie Okoro	Havering Sat Club	48
U11G 90	Gaby Bilbie	Braintree	47
U11G 98	Ruby Parker	Braintree	47
U11G 103	Zoe Gregory	Benfleet	45
U11G 238	Daisy Mower	Basildon	45
U11G 87	Charlotte Brooks	Gidea Park Pri	43
U11G 100	Sophie Matthews	Thurrock	43
U11G 88	Emily Pepper	Scotts Pri	35

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13G 239	Isabelle O'Connor	Havering AC	76
U13G 117	Cassie Foreman	Chelmsford	71
U13G 118	Chloe Trew	Basildon	67
U13G 119	Claudia Faiers	Chelmsford	67
U13G 132	Holly Newman	Basildon	67
U13G 133	Isobel Griffiths	Chelmsford	66
U13G 116	Ariyana McGee	Basildon	65
U13G 135	Olivia Boachie	Havering AC	65
U13G 115	Amelie Mason	Chelmsford	63
U13G 130	Evelyn Pope	Chelmsford	61
U13G 237	Maisie Eaglesham	Chelmsford	59
U15G 147	Louise Potton	Chelmsford	67



Sportshall

Boys U13 - 3.25kg / U15 - 4kg

CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW



Sportshall

[illegible]



Sportshall

[illegible]



Sportshall

[illegible]



Sportshall

U11B

U11B

U11B

U11B

U11B

U11B

U11B

1113B

1113B

1115B

CTCE

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 13th November 2016

Hi Stepper

Sportshall

Boys U11

No.	Name	Club/School	Trial 1
U11B 19	Charlie Smith	E&H	30.0
U11B 83	Thomas Greening	Havering Sat Club	30.3
U11B 71	Jake Bolton	Basildon	31.4
U11B 72	Liam Keevil	Basildon	33.9
U11B 67	Ethan Deal	Basildon	36.5
	Incorrect distances - long		

Target Throw

Sportshall

Boys U11

No.	Name	Club/School	Total Points
U11B 80	Sam Wilkins	Havering Sat Club	14
U11B 77	Oliver Cash	Basildon	12
U11B 63	Daniel Adams	Hutton All Sts	11
U11B 84	Vincent James	St Josephs Upm	10
U11B 74	Luke Adams	Basildon	10
U11B 81	Sasha Brown	Basildon	9
U11B 3	Ayomposi Odupitan	Braintree	7
U11B 85	Zac Ziepe	Braintree	5



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