

Competition Results

Competition:
East Regional Final Under 13 Girls

Venue:
Hertfordshire Sports Village

Date
12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Team Results

Cambridgeshire (sky)

Competition:
East Regional Final Under 13 Girls

Venue:
Hertfordshire Sports Village

Date
12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Ella Reed	2LR	26.6	0.0			26.6	9	14
13	Ella Reed	SLJ	2.06	2.09	2.12	2.01	2.12	5	22
14	LILLY RUTTERFORD	2LR	28.4	0.0			28.4	10	12
15	JOLIE FRANKS	4LR	58.7	57.7			57.7	4	24
15	JOLIE FRANKS	VJ	45	45	41	45	45	10	12
16	LIZZY HARRISON	4LR	57.8	58.7			58.7	6	20
16	LIZZY HARRISON	SB	69				69	9	14
17	DANA FRASER	6LR	1:33.8				1:33.8	6	20
18	HANNAH CAMPBELL	6LR	1:33.0				1:33.0	5	22
18	HANNAH CAMPBELL	SB	85				85	1	30
19	COURTNEY CHRISTIAN	VJ	50	52	51	49	52	7	18
20	LUCY ENGLAND	STJ	5.06	4.96	4.96	5.02	5.06	10	12
21	MAISIE ISAAC	STJ	5.08	5.22	5.08	4.94	5.22	9	14
22	ELLIE LINNELL	SLJ	2.05	1.99	2.06	0.00	2.06	6	20
23	ALICE LORD	S	7.34	6.45	6.03	7.37	7.37	4	24
24	EMILY HART	S	6.48	6.05	5.71	5.53	6.48	6	20

Team Results

Essex (red)

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Cassie Foreman	6LR	1:34.3				1:34.3	7	18
25	Cassie Foreman	STJ	5.28	5.17	5.24	5.26	5.28	8	16
26	Shasha Whiley	6LR	1:31.6				1:31.6	3	26
27	Evelyn Pope	VJ	54	53	51	52	54	5	22
28	Paige Stephens	4LR	59.5	0.0			59.5	8	16
28	Paige Stephens	SLJ	1.90	1.98	1.95	1.96	1.98	7	18
29	Grace Iyinbor	VJ	49	49	49	50	50	9	14
30	Kate Baldwin	2LR	26.1	0.0			26.1	8	16
30	Kate Baldwin	SB	77				77	7	18
31	Ruby Ham	S	4.94	6.29	6.12	6.24	6.29	8	16
32	Funmi Adewole	2LR	26.0	0.0			26.0	7	18
33	Ariyana McGee	4LR	54.5	56.1			56.1	2	28
33	Ariyana McGee	SB	75				75	8	16
34	Olivia Mayhew	STJ	5.65	5.42	5.52	5.62	5.65	5	22
35	Omolola Kuponiyi	S	8.95	0.00	10.34	0.00	10.34	2	28
36	Millie Upton	SLJ	2.12	2.16	2.14	2.20	2.20	2	28

Team Results

Hertfordshire (black)

Competition:
East Regional Final Under 13 Girls

Venue:
Hertfordshire Sports Village

Date
12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Natalia Dunbar	2LR	25.4	25.5			25.5	3	26
37	Natalia Dunbar	STJ	6.12	5.98	6.29	6.02	6.29	2	28
38	Serena Thomas	4LR	1:03.9	0.0			1:03.9	10	12
38	Serena Thomas	SB	78				78	5=	21
39	Mia Macintosh	2LR	25.3	25.1			25.1	1	30
39	Mia Macintosh	VJ	50	54	51	53	54	6	20
40	Lydia Edwards	SLJ	1.79	1.84	1.71	1.69	1.84	9	14
41	Orla Foley	6LR	1:34.7				1:34.7	8	16
42	Mei-rose Laley	STJ	4.78	5.16	5.28	5.42	5.42	6	20
43	Clare Hudson	SLJ	1.94	0.00	1.75	1.80	1.94	8	16
44	Maisie Taylor	4LR	56.9	58.2			58.2	5	22
44	Maisie Taylor	S	5.93	6.25	6.18	5.48	6.25	9	14
45	Leah Bottomley	6LR	0.0				0.0		
45	Leah Bottomley	SB	79				79	4	24
46	niamh Kelly	6LR	1:34.8				1:34.8	9	14
47	Olivia Crawley	S	6.05	6.52	6.15	5.62	6.52	5	22
48	Kevwe Efemini	VJ	46	45	51	46	51	8	16

Team Results

Norfolk (yellow)

Competition:
East Regional Final Under 13 Girls

Venue:
Hertfordshire Sports Village

Date
12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Holly Harrison	2LR	25.3	25.2			25.2	2	28
49	Holly Harrison	SLJ	2.16	2.21	2.09	2.19	2.21	1	30
50	Annabelle Joynson	2LR	25.7	25.6			25.6	4=	23
50	Annabelle Joynson	VJ	57	56	51	53	57	3	26
51	Eden Harrison	4LR	54.9	54.3			54.3	1	30
51	Eden Harrison	STJ	6.08	6.16	6.23	6.28	6.28	3	26
52	Louisa Johnstone	4LR	56.6	57.5			57.5	3	26
53	Isabelle Moore	6LR	1:28.8				1:28.8	1	30
53	Isabelle Moore	SLJ	2.15	2.18	2.16	2.18	2.18	3	26
54	Martha Bennet	6LR	1:30.4				1:30.4	2	28
54	Martha Bennet	S	7.55	7.46	7.42	7.66	7.66	3	26
55	Olivia Porter	VJ	55	55	55	53	55	4	24
56	Amber Scott	STJ	5.76	5.80	5.83	5.92	5.92	4	24
57	Grace Daniels	SB	78				78	5=	21
59	Zoe Powers	S	9.58	0.00	10.12	10.53	10.53	1	30
60	Ellis Steward	SB	80				80	3	26

Team Results

Suffolk (maroon)

Competition:
East Regional Final Under 13 Girls

Venue:
Hertfordshire Sports Village

Date
12 Feb 2017

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Yellow	704	70	70	70	70	51	56	58	56	47	56	50	50
2	Essex	Red	530	60	60	30	60	34	44	44	44	34	46	38	36
3	Hertfordshire	Black	525	50	50	60	50	56	34	30	36	45	30	48	36
4	Suffolk	Maroon	473	30	30	50	40	43	32	36	30	40	36	48	58
5	Cambridgeshire	Sky	448	40	40	40	30	26	44	42	44	44	42	26	30

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Mai Baboo	2LR	25.5	25.6			25.6	4=	23
61	Mai Baboo	VJ	62	62	60	61	62	1	30
62	Millie King	2LR	25.9	26.2			26.2	6	20
62	Millie King	VJ	58	57	57	57	58	2	28
63	Shamara Hammonds	4LR	59.7	0.0			59.7	9	14
63	Shamara Hammonds	SLJ	2.12	2.14	2.13	2.16	2.16	4	24
64	Connie King	4LR	58.9	0.0			58.9	7	18
64	Connie King	STJ	5.28	5.36	5.22	5.10	5.36	7	18
65	Abeni Beckham	6LR	1:32.5				1:32.5	4	24
65	Abeni Beckham	STJ	6.68	6.84	6.82	6.96	6.96	1	30
66	Oakley Amould	6LR	1:42.6				1:42.6	10	12
66	Oakley Amould	SB	58				58	10	12
67	Amber English	S	4.49	4.78	5.22	5.17	5.22	10	12
68	Kiera Kane	SB	81				81	2	28
69	Emily Bell	SLJ	1.64	1.65	1.54	1.54	1.65	10	12
70	Samantha Barnard	S	6.25	6.38	6.26	6.20	6.38	7	18

Results Sheet

Obstacle Relay

Competition:
East Regional Final Under 13 Girls

Venue:
Hertfordshire Sports Village

Date
12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	1:17.9	0.0	1:17.9	70.0
2	02	Essex	Red	1:20.9	0.0	1:20.9	60.0
3	03	Hertfordshire	Black	1:22.8	0.0	1:22.8	50.0
4	01	Cambridgeshire	Sky	1:24.9	0.0	1:24.9	40.0
5	05	Suffolk	Maroon	1:26.4	0.0	1:26.4	30.0

Results Sheet

4 x 1 Lap Relay

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	50.9	0.0	50.9	70.0
2	02	Essex	Red	51.9	0.0	51.9	60.0
3	03	Hertfordshire	Black	52.3	0.0	52.3	50.0
4	01	Cambridgeshire	Sky	54.0	0.0	54.0	40.0
5	05	Suffolk	Maroon	54.7	0.0	54.7	30.0

Results Sheet

2 Lap Race

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Hertfordshire	Black	56
2	Norfolk	Yellow	51
3	Suffolk	Maroon	43
4	Essex	Red	34
5	Cambridgeshire	Sky	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	39	Mia Macintosh	25.1	30
2	Norfolk	Yellow	49	Holly Harrison	25.2	28
3	Hertfordshire	Black	37	Natalia Dunbar	25.5	26
4=	Norfolk	Yellow	50	Annabelle Joynson	25.6	23
4=	Suffolk	Maroon	61	Mai Baboo	25.6	23
6	Suffolk	Maroon	62	Millie King	26.2	20
7	Essex	Red	32	Funmi Adewole	26.0	18
8	Essex	Red	30	Kate Baldwin	26.1	16
9	Cambridgeshire	Sky	13	Ella Reed	26.6	14
10	Cambridgeshire	Sky	14	LILLY RUTTERFORD	28.4	12

Results Sheet

4 Lap Race

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	56
2=	Cambridgeshire	Sky	44
2=	Essex	Red	44
4	Hertfordshire	Black	34
5	Suffolk	Maroon	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Yellow	51	Eden Harrison	54.3	30
2	Essex	Red	33	Ariyana McGee	56.1	28
3	Norfolk	Yellow	52	Louisa Johnstone	57.5	26
4	Cambridgeshire	Sky	15	JOLIE FRANKS	57.7	24
5	Hertfordshire	Black	44	Maisie Taylor	58.2	22
6	Cambridgeshire	Sky	16	LIZZY HARRISON	58.7	20
7	Suffolk	Maroon	64	Connie King	58.9	18
8	Essex	Red	28	Paige Stephens	59.5	16
9	Suffolk	Maroon	63	Shamara Hammonds	59.7	14
10	Hertfordshire	Black	38	Serena Thomas	1:03.9	12

Results Sheet

6 Lap Time Trial

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	58
2	Essex	Red	44
3	Cambridgeshire	Sky	42
4	Suffolk	Maroon	36
5	Hertfordshire	Black	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Yellow	53	Isabelle Moore	1:28.8	30
2	Norfolk	Yellow	54	Martha Bennet	1:30.4	28
3	Essex	Red	26	Shasha Whiley	1:31.6	26
4	Suffolk	Maroon	65	Abeni Beckham	1:32.5	24
5	Cambridgeshire	Sky	18	HANNAH CAMPBELL	1:33.0	22
6	Cambridgeshire	Sky	17	DANA FRASER	1:33.8	20
7	Essex	Red	25	Cassie Foreman	1:34.3	18
8	Hertfordshire	Black	41	Orla Foley	1:34.7	16
9	Hertfordshire	Black	46	niamh Kelly	1:34.8	14
10	Suffolk	Maroon	66	Oakley Amould	1:42.6	12
	Hertfordshire	Black	45	Leah Bottomley	0.0	0

Results Sheet

8 Lap Paarlauf

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	1:47.1	0.0	1:47.1	70.0
2	03	Hertfordshire	Black	1:51.0	0.0	1:51.0	60.0
3	05	Suffolk	Maroon	1:52.1	0.0	1:52.1	50.0
4	01	Cambridgeshire	Sky	1:54.3	0.0	1:54.3	40.0
5	02	Essex	Red	1:55.4	0.0	1:55.4	30.0

Results Sheet

4 x 2 Lap Relay

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	1:42.5	0.0	1:42.5	70.0
2	02	Essex	Red	1:43.8	0.0	1:43.8	60.0
3	03	Hertfordshire	Black	1:44.2	0.0	1:44.2	50.0
4	05	Suffolk	Maroon	1:45.6	0.0	1:45.6	40.0
5	01	Cambridgeshire	Sky	1:47.3	0.0	1:47.3	30.0

Results Sheet

Shot

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	56
2=	Cambridgeshire	Sky	44
2=	Essex	Red	44
4	Hertfordshire	Black	36
5	Suffolk	Maroon	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Yellow	59	Zoe Powers	10.53	30
2	Essex	Red	35	Omolola Kuponiyi	10.34	28
3	Norfolk	Yellow	54	Martha Bennet	7.66	26
4	Cambridgeshire	Sky	23	ALICE LORD	7.37	24
5	Hertfordshire	Black	47	Olivia Crawley	6.52	22
6	Cambridgeshire	Sky	24	EMILY HART	6.48	20
7	Suffolk	Maroon	70	Samantha Barnard	6.38	18
8	Essex	Red	31	Ruby Ham	6.29	16
9	Hertfordshire	Black	44	Maisie Taylor	6.25	14
10	Suffolk	Maroon	67	Amber English	5.22	12

Results Sheet

Speed Bounce

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	47
2	Hertfordshire	Black	45
3	Cambridgeshire	Sky	44
4	Suffolk	Maroon	40
5	Essex	Red	34

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Cambridgeshire	Sky	18	HANNAH CAMPBELL	85	30
2	Suffolk	Maroon	68	Kiera Kane	81	28
3	Norfolk	Yellow	60	Ellis Steward	80	26
4	Hertfordshire	Black	45	Leah Bottomley	79	24
5=	Hertfordshire	Black	38	Serena Thomas	78	21
5=	Norfolk	Yellow	57	Grace Daniels	78	21
7	Essex	Red	30	Kate Baldwin	77	18
8	Essex	Red	33	Ariyana McGee	75	16
9	Cambridgeshire	Sky	16	LIZZY HARRISON	69	14
10	Suffolk	Maroon	66	Oakley Amould	58	12

Results Sheet

Standing Long Jump

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	56
2	Essex	Red	46
3	Cambridgeshire	Sky	42
4	Suffolk	Maroon	36
5	Hertfordshire	Black	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Yellow	49	Holly Harrison	2.21	30
2	Essex	Red	36	Millie Upton	2.20	28
3	Norfolk	Yellow	53	Isabelle Moore	2.18	26
4	Suffolk	Maroon	63	Shamara Hammonds	2.16	24
5	Cambridgeshire	Sky	13	Ella Reed	2.12	22
6	Cambridgeshire	Sky	22	ELLIE LINNELL	2.06	20
7	Essex	Red	28	Paige Stephens	1.98	18
8	Hertfordshire	Black	43	Clare Hudson	1.94	16
9	Hertfordshire	Black	40	Lydia Edwards	1.84	14
10	Suffolk	Maroon	69	Emily Bell	1.65	12

Results Sheet

Standing Triple Jump

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Norfolk	Yellow	50
2=	Hertfordshire	Black	48
2=	Suffolk	Maroon	48
4	Essex	Red	38
5	Cambridgeshire	Sky	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	65	Abeni Beckham	6.96	30
2	Hertfordshire	Black	37	Natalia Dunbar	6.29	28
3	Norfolk	Yellow	51	Eden Harrison	6.28	26
4	Norfolk	Yellow	56	Amber Scott	5.92	24
5	Essex	Red	34	Olivia Mayhew	5.65	22
6	Hertfordshire	Black	42	Mei-rose Laley	5.42	20
7	Suffolk	Maroon	64	Connie King	5.36	18
8	Essex	Red	25	Cassie Foreman	5.28	16
9	Cambridgeshire	Sky	21	MAISIE ISAAC	5.22	14
10	Cambridgeshire	Sky	20	LUCY ENGLAND	5.06	12

Results Sheet

Vertical Jump

Competition:

East Regional Final Under 13 Girls

Venue:

Hertfordshire Sports Village

Date

12 Feb 2017

Ranking	Team	Colour	Points
1	Suffolk	Maroon	58
2	Norfolk	Yellow	50
3=	Essex	Red	36
3=	Hertfordshire	Black	36
5	Cambridgeshire	Sky	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	61	Mai Baboo	62	30
2	Suffolk	Maroon	62	Millie King	58	28
3	Norfolk	Yellow	50	Annabelle Joynson	57	26
4	Norfolk	Yellow	55	Olivia Porter	55	24
5	Essex	Red	27	Evelyn Pope	54	22
6	Hertfordshire	Black	39	Mia Macintosh	54	20
7	Cambridgeshire	Sky	19	COURTNEY CHRISTIAN	52	18
8	Hertfordshire	Black	48	Kevwe Efemini	51	16
9	Essex	Red	29	Grace Iyinbor	50	14
10	Cambridgeshire	Sky	15	JOLIE FRANKS	45	12