

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Chest Push

Shot Putt




Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

No.	Name	Club/School	Trial			Best	
			1	2	3		
CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW							
U11G	45	Freya Coley	Chelmsford AC				6.25
U11G	8	Esther Adesiyen	Basildon AC				5.75
U11G	14	Grace Curtis	Basildon AC				5.50
U11G	51	Chizara Okocha	Basildon AC				5.50
U11G	3	Jessica Pugh	Braintree				5.25
U11G	6	Natalie Pepper	Braintree				5.25
U11G	20	Alice Begg	Colchester				5.00
U11G	4	Mia Barber	Basildon AC				4.75
U11G	19	Isabella Rickett	Colchester				4.00
LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW							
U13G	11	Uche Okpalauko	Havering AC				7.50
U13G	17	Emily Henderson	Colchester				6.00
U13G	38	Scarlett Saich-Peet	Basildon AC				6.00
U13G	18	Sophie Nugent	Basildon AC				5.75
U13G	41	Maisie Fulker	Chelmsford AC				5.75
U13G	46	Feyi Awosika	Basildon AC				5.00
U13G	39	Holly Newman	Basildon AC				5.00
U13G	16	Maddie Booty	Thurrock				4.25
U15G	49	Ruby Bridger	Thurrock				9.00
U15G	63	Solo Tawio	Thurrock				8.00
U15G	32	Olivia Mayhew	Chelmsford AC				7.50

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Standing Long Jump

Sportshall



Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	2	Gaby Bilbie	Braintree				1.98
U11G	51	Chizara Okocha	Basildon AC				1.94
U11G	31	Jessica Lunt	Chelmsford AC				1.82
U11G	52	Elizabeth Hansen	Maldon Ct				1.82
U11G	45	Freya Coley	Chelmsford AC				1.82
U11G	48	Olivia Dougall	Braintree				1.78
U11G	40	Emmie Fulker	Chelmsford AC				1.76
U11G	28	Millie Trotter	Benfleet				1.74
U11G	19	Isabella Rickett	Colchester				1.72
U11G	4	Mia Barber	Basildon AC				1.66
U11G	47	Emma Thrussell	Benfleet				1.64
U11G	44	Jessica Scotchmer	Colchester				1.54
U11G	25	Isla Harris	Basildon AC				1.52
U11G	2	Gaby Bilbie	Braintree				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Standing Long Jump

Sportshall



Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	41	Maisie Fulker	Chelmsford AC				2.14
U13G	38	Scarlett Saich-Peet	Basildon AC				2.12
U13G	53	Sophia Brindle					2.02
U13G	13	Elise Jennings	Basildon AC				2.00
U13G	7	Mabel Cowley	Basildon AC				2.00
U13G	60	Chloe Trew	Basildon AC				2.00
U13G	16	Maddie Booty	Thurrock				1.98
U13G	35	Lydia Stevenson	Basildon AC				1.90
U13G	10	Zoe Barnard	Basildon AC				1.66
U13G	46	Feyi Awosika	Basildon AC				1.65
U13G	17	Emily Henderson	Colchester				1.60
U13G	64	Ella Whitfield	Basildon AC				1.58
U15G	55	Millie Upton	Harlow				2.12
U15G	23	Ariyanna McGee	Basildon AC				2.08
U15G	29	Evelyn Pope	Chelmsford AC				2.00
U15G	5	Sophie Thickbroom	Basildon AC				1.92
U15G	32	Olivia Mayhew	Chelmsford AC				1.86
U15G	37	Missy Buxton	Colchester				1.86
U15G	56	Erin Anderson	Harlow				1.80

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Standing Triple Jump

Girls U11 / U13

Sportshall



	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	61	Faith Bower	Butts School				6.17
U11G	34	Zoe Gregory	Basildon AC				5.51
U11G	12	Kirby Jennings	Basildon AC				5.46
U11G	3	Jessica Pugh	Braintree				5.26
U11G	2	Gaby Bilbie	Braintree				5.19
U11G	8	Esther Adesiyan	Basildon AC				5.13
U11G	24	Abi Blackholly	Burnham County				5.09
U11G	50	Jessica Heath	Benfleet				5.01
U11G	58	Jashayla Cousins	Broadford Sch				4.99
U11G	36	Kara Dacosta	Basildon AC				4.66
U11G	20	Alice Begg	Colchester				4.08
U11G	4	Mia Barber	Basildon AC				3.91
U11G	42	Megan Hallett	Basildon AC				3.80
U11G	59	Sky Griffiths	Broadford Sch				3.17
U13G	11	Uche Okpalauko	Havering AC				7.54
U13G	13	Elise Jennings	Basildon AC				6.12
U13G	39	Holly Newman	Basildon AC				5.86
U13G	22	Zoe Whitaker	Chelmsford AC				5.85
U13G	16	Maddie Booty	Thurrock				5.73
U13G	7	Mabel Cowley	Basildon AC				5.72
U13G	1	Matilda Canty	Havering AC				5.51
U15G	49	Ruby Bridger	Thurrock				8.40
U15G	63	Solo Tawio	Thurrock				7.56
U15G	55	Millie Upton	Harlow				6.74
U15G	29	Evelyn Pope	Chelmsford AC				6.08
U15G	57	Lois Hale	Harlow				5.85
U15G	32	Olivia Mayhew	Chelmsford AC				5.33

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Vertical Jump

Girls U11/ U13 / U15

Sportshall



	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	61	Faith Bower	Butts School				47
U11G	50	Jessica Heath	Benfleet				41
U11G	52	Elizabeth Hansen	Maldon Ct				41
U11G	9	Hollie Martin-Whymark	Colchester				40
U11G	27	Holly Huett	Benfleet				38
U11G	15	Chloe Prosser	Colchester				36
U11G	44	Jessica Scotchmer	Colchester				36
U11G	45	Freya Coley	Chelmsford AC				32
U11G	33	Hannah Gregory	Benfleet				31
U11G	58	Jashayla Cousins	Broadford Sch				30
U11G	4	Mia Barber	Basildon AC				29
U11G	6	Natalie Pepper	Braintree				24
U13G	11	Uche Okpalauko	Havering AC				57
U13G	22	Zoe Whitaker	Chelmsford AC				50
U13G	41	Maisie Fulker	Chelmsford AC				50
U13G	39	Holly Newman	Basildon AC				49
U13G	16	Maddie Booty	Thurrock				49
U13G	53	Sophia Brindle					48
U13G	18	Sophie Nugent	Basildon AC				43
U13G	38	Scarlett Saich-Peet	Basildon AC				35
U13G	35	Lydia Stevenson	Basildon AC				35
U13G	46	Feyi Awosika	Basildon AC				31
U15G	23	Ariyanna McGee	Basildon AC				52
U15G	57	Lois Hale	Harlow				51
U15G	63	Solo Tawio	Thurrock				50
U11G	51	Chizara Okocha	Basildon AC				49
U15G	49	Ruby Bridger	Thurrock				49
U15G	29	Evelyn Pope	Chelmsford AC				48
U15G	56	Erin Anderson	Harlow				36

Hi Stepper

Sportshall



Girls U11

	No.	Name	Club/School	Trial
				1
U11G	36	Kara Dacosta	Basildon AC	14.4
U11G	40	Emmie Fulker	Chelmsford AC	14.5
U11G	34	Zoe Gregory	Basildon AC	14.7
U11G	8	Esther Adesiyan	Basildon AC	15.6
U11G	4	Mia Barber	Basildon AC	15.9
U11G	50	Jessica Heath	Benfleet	16.2
U11G	33	Hannah Gregory	Benfleet	16.2
U11G	59	Sky Griffiths	Broadford Sch	19.0
U11G	25	Isla Harris	Basildon AC	19.1

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Target Throw



Girls U11

No.	Name	Club/School	Total Points
U11G 36	Kara Dacosta	Basildon AC	13
U11G 48	Olivia Dougall	Braintree	9
U11G 42	Megan Hallett	Basildon AC	9
U11G 4	Mia Barber	Basildon AC	9
U11G 8	Esther Adesiyan	Basildon AC	9
U11G 33	Hannah Gregory	Benfleet	7
U11G 12	Kirby Jennings	Basildon AC	7
U11G 31	Jessica Lunt	Chelmsford AC	6
U11G 59	Sky Griffiths	Broadford Sch	6
U11G 52	Elizabeth Hansen	Maldon Ct	6
U11G 25	Isla Harris	Basildon AC	4

Speed Bounce

Sportshall



Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	27	Holly Huett	Benfleet	50
U11G	2	Gaby Bilbie	Braintree	49
U11G	19	Isabella Rickett	Colchester	49
U11G	12	Kirby Jennings	Basildon AC	49
U11G	52	Elizabeth Hansen	Maldon Ct	48
U11G	51	Chizara Okocha	Basildon AC	47
U11G	58	Jashayla Cousins	Broadford Sch	46
U11G	36	Kara Dacosta	Basildon AC	45
U11G	28	Millie Trotter	Benfleet	44
U11G	14	Grace Curtis	Basildon AC	43
U11G	4	Mia Barber	Basildon AC	40
U11G	9	Hollie Martin-Whymark	Colchester	39
U11G	8	Esther Adesiyan	Basildon AC	37
U11G	47	Emma Thrussell	Benfleet	36

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Speed Bounce

Sportshall



Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	7	Mabel Cowley	Basildon AC	78
U13G	1	Matilda Canty	Havering AC	76
U13G	13	Elise Jennings	Basildon AC	75
U13G	43	Lauren Holmes	Basildon AC	71
U13G	53	Sophia Brindle		70
U13G	60	Chloe Trew	Basildon AC	67
U13G	10	Zoe Barnard	Basildon AC	65
U13G	64	Ella Whitfield	Basildon AC	64
U13G	35	Lydia Stevenson	Basildon AC	62
U15G	57	Lois Hale	Harlow	80
U15G	23	Ariyanna McGee	Basildon AC	77
U15G	56	Erin Anderson	Harlow	70
U15G	55	Millie Upton	Harlow	70
U15G	5	Sophie Thickbroom	Basildon AC	64
U15G	37	Missy Buxton	Colchester	60

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Chest Push

Shot Putt




Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11B	137	Oscar Shearing	Upminster Jnr				7.25
U11B	122	Oreofeoluwa Adepegba	Thurrock				7.25
U11B	142	Arthur Unstead	Basildon AC				7.00
U11B	141	Oliver Fisher	Southgreen				7.00
U11B	120	Teddy Matthews	Havering AC				6.25
U11B	124	Harry Bohannan	Basildon AC				5.50
U11B	121	Bhramav Rajesh	Colchester				5.50
U11B	128	Harry McGee	Basildon AC				5.25
U11B	155	Zach Granger					5.00
U11B	149	James Brinton-Quinn	Gidea Park				5.00
U11B	148	Jonathan Pearson					4.50
		LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW					
U13B	135	Samson Wright	Basildon AC				7.25
U13B	114	Dominic Alexandru	Havering AC				5.50
U13B	136	Liam Keevil	Basildon AC				5.25
U13B	144	Ethan Deal	Basildon AC				4.50
U13B	125	Thomas Greening	Havering AC				3.75
U13B	146	Alex Santos	Basildon AC				3.75
U15B	154	Daniel Ogutuga	Thurrock				13.25
U15B	123	Oreofeoluwa Adepegba	Thurrock				9.50
U15B	152	Gbenga Adewole	Thurrock				6.25

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Standing Long Jump

Sportshall



Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	116	Olamide Odupitan	Braintree				2.22
U13B	145	Alex Rawle	Havering AC				1.86
U13B	114	Dominic Alexandru	Havering AC				2.24
U13B	136	Liam Keevil	Basildon AC				1.50
U13B	146	Alex Santos	Basildon AC				1.86
U13B	150	Benedict Heath	Benfleet				1.94
U13B	126	Tobi Ekerin	Basildon AC				1.96
U13B	144	Ethan Deal	Basildon AC				1.60
U15B	154	Daniel Ogutuga	Thurrock				2.50
U15B	131	Michael Okoro	Havering AC				2.34
U15B	123	Oreofeoluwa Adepegba	Thurrock				2.30
U15B	152	Gbenga Adewole	Thurrock				1.80

Speed Bounce

Boys U11 (20 secs)

Sportshall



	No.	Name	Club/School	Trial
				1
U11B	130	Kaesi Okoro	Havering AC	55
U11B	139	James Radden	Gidea Park	52
U11B	132	Dylan Robins	Braintree	52
U11B	133	Adam Bakler-Kugler	Basildon AC	48
U11B	129	Owen Wright	Basildon AC	46
U11B	118	Harrison Leek	Colchester	44
U11B	143	Daniel Adams	Basildon AC	42
U11B	137	Oscar Shearing	Upminster Jnr	42
U11B	148	Jonathan Pearson		35
U11B	128	Harry McGee	Basildon AC	33

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 12th November 2017

Speed Bounce



Boys U13 / U15 (30 secs)



	No.	Name	Club/School	Trial
				1
U13B	151	Noel Moore	Coopers	65
U13B	145	Alex Rawle	Havering AC	65
U13B	144	Ethan Deal	Basildon AC	64
U13B	116	Olamide Odupitan	Braintree	64
U13B	134	Isaac Wright	Basildon AC	63
U13B	150	Benedict Heath	Benfleet	62
U13B	126	Tobi Ekerin	Basildon AC	61
U13B	119	Elija Munashe Browne	Havering AC	61
U13B	146	Alex Santos	Basildon AC	60
U15B	131	Michael Okoro	Havering AC	61

Over Under Race - Girls



U11



Heat	Position	No.	Name	Club / School	Time
1		36	Kara Dacosta	Basildon AC	17.6
		40	Emmie Fulker	Chelmsford AC	18.8
		52	Elizabeth Hansen	Maldon Ct	19.3
		31	Jessica Lunt	Chelmsford AC	20.7

2		3	Jessica Pugh	Braintree	20.2
		24	Abi Blackholly	Burnham County	20.4
		25	Isla Harris	Basildon AC	21.3
		42	Megan Hallett	Basildon AC	23.3

3		52	Elizabeth Hansen	Maldon Ct	18.8
		61	Faith Bower	Butts School	18.8
		8	Esther Adesiyun	Basildon AC	20.2

4		58	Jashayla Cousins	Broadford Sch	19.6
		4	Mia Barber	Basildon AC	20.1
		59	Sky Griffiths	Broadford Sch	27.6

5					

4 Lap Race - Girls



U13



Heat	Position	No.	Name	Club / School	Time
1	1	18	Sophie Nugent	Basildon AC	51.7
	2	16	Maddie Booty	Thurrock	51.8
	3	7	Mabel Cowley	Basildon AC	55.8
	4	10	Zoe Barnard	Basildon AC	58.4

2	1	53	Sophia Brindle		49.5
	2	60	Chloe Trew	Basildon AC	51.2
	3	41	Maisie Fulker	Chelmsford AC	52.7
	4	39	Holly Newman	Basildon AC	53.3

3	1				
	2				
	3				
	4				

4 Lap Race - Girls

Sportshall



U15

1	1	49	Ruby Bridger	Thurrock	49.1
	2	57	Lois Hale	Harlow	51.3
	3	37	Missy Buxton	Colchester	57
	4				

2	1	23	Ariyanna McGee	Basildon AC	48.6
	2	63	Solo Tawio	Thurrock	49.9
	3	5	Sophie Thickbroom	Basildon AC	56.5
	4				

1 Lap Race - Girls

Sportshall

U11 only



Heat	Position	No.	Name	Club / School	Time
1	1	34	Zoe Gregory	Basildon AC	12.5
	2	19	Isabella Rickett	Colchester	12.7
	3	2	Gaby Bilbie	Braintree	12.9
	4	6	Natalie Pepper	Braintree	13.5

2	1	9	Hollie Martin-Whymark	Colchester	12.6
	2	48	Olivia Dougall	Braintree	12.7
	3	12	Kirby Jennings	Basildon AC	13
	4	14	Grace Curtis	Basildon AC	13.2

3	1	36	Kara Dacosta	Basildon AC	11.9
	2	27	Holly Huett	Benfleet	12.5
	3	47	Emma Thrussell	Benfleet	13.5
	4				

4	1	52	Elizabeth Hansen	Maldon Ct	12.5
	2	44	Jessica Scotchmer	Colchester	12.6
	3	28	Millie Trotter	Benfleet	12.8
	4	20	Alice Begg	Colchester	12.9

5	1	51	Chizara Okocha	Basildon AC	12.2
	2	40	Emmie Fulker	Chelmsford AC	12.6
	3	61	Faith Bower	Butts School	12.8
	4	31	Jessica Lunt	Chelmsford AC	13.2

6	1				
	2				
	3				
	4				

6 Lap Race - Girls

Sportshall

u13 only



Heat	Position	No.	Name	Club / School	Time
1	1	1	Matilda Canty	Havering AC	81.2
	2	64	Ella Whitfield	Basildon AC	89.7
	3				
	4				

2 Lap Race - Girls
Sportshall
U11


Heat	Position	No.	Name	Club / School	Time
1	1	19	Isabella Rickett	Colchester	24.7
	2	27	Holly Huett	Benfleet	24.7
	3	25	Isla Harris	Basildon AC	28.2
	4				

2	1	33	Hannah Gregory	Benfleet	26.5
	2	24	Abi Blackholly	Burnham County	27.1
	3	14	Grace Curtis	Basildon AC	27.2
	4	20	Alice Begg	Colchester	27.4

3	1	9	Hollie Martin-Whymark	Colchester	24.9
	2	28	Millie Trotter	Benfleet	25.1
	3	3	Jessica Pugh	Braintree	26.1
	4	6	Natalie Pepper	Braintree	27.5

4	1	36	Kara Dacosta	Basildon AC	24.0
	2	34	Zoe Gregory	Basildon AC	25.2
	3	2	Gaby Bilbie	Braintree	25.9
	4	50	Jessica Heath	Benfleet	26.5

5	1	48	Olivia Dougall	Braintree	25.8
	2	47	Emma Thrussell	Benfleet	27.2
	3	42	Megan Hallett	Basildon AC	30.1
	4				

6	1	45	Freya Coley	Chelmsford AC	24.7
	2	52	Elizabeth Hansen	Maldon Ct	25.5
	3	44	Jessica Scotchmer	Colchester	25.9
	4				

2 Lap Race - Girls
Sportshall
U13


1	1	13	Elise Jennings	Basildon AC	23.7
	2	46	Feyi Awosika	Basildon AC	24.8
	3	7	Mabel Cowley	Basildon AC	25.3
	4	43	Lauren Holmes	Basildon AC	27.4

2	1	11	Uche Okpalauko	Havering AC	23.3
	2	18	Sophie Nugent	Basildon AC	25.3
	3	17	Emily Henderson	Colchester	26.1
	4				

3	1	22	Zoe Whitaker	Chelmsford AC	23.9
	2	41	Maisie Fulker	Chelmsford AC	24.6
	3	38	Scarlett Saich-Peet	Basildon AC	25.4
	4				

4	1	60	Chloe Trew	Basildon AC	23.6
	2	64	Ella Whitfield	Basildon AC	26
	3	35	Lydia Stevenson	Basildon AC	26.8
	4				

2 Lap Race - Girls

Sportshall



U15

1	1	54	Funmi Adewole	Thurrock	23.6
	2	29	Evelyn Pope	Chelmsford AC	24
	3	32	Olivia Mayhew	Chelmsford AC	25.0
	4				
2	1	57	Lois Hale	Harlow	24.1
	2	56	Erin Anderson	Harlow	24.8
	3	55	Millie Upton	Harlow	25.1
	4				

Over Under Race - Boys

Sportshall

U11



Heat	Position	No.	Name	Club / School	Time
1	1	117	Ayomiposi Odupitan	Braintree	17.9
	2	120	Teddy Matthews	Havering AC	18.3
	3	128	Harry McGee	Basildon AC	18.9
	4	132	Dylan Robins	Braintree	20.5

2	1	139	James Radden	Gidea Park	18.1
	2	129	Owen Wright	Basildon AC	19.0
	3	155	Zach Granger		19.5
	4	141	Oliver Fisher	Southgreen	20.8

4 Lap Race - Boys

Sportshall

U13



Heat	Position	No.	Name	Club / School	Time
1	1	126	Tobi Ekerin	Basildon AC	53.1
	2	151	Noel Moore	Coopers	53.2
	3	150	Benedict Heath	Benfleet	54.9
	4				

2	1	119	Elija Munashe Browne	Havering AC	53.1
	2	145	Alex Rawle	Havering AC	57.7
	3				
	4				

U15

1	1				
	2				
	3				

1 Lap Race - Boys

U11



Heat	Position	No.	Name	Club / School	Time
1	1	117	Ayomiposi Odupitan	Braintree	12.3
	2	118	Harrison Leek	Colchester	13.1
	3	128	Harry McGee	Basildon AC	13.2
	4	121	Bhramav Rajesh	Colchester	14.1

2	1	130	Kaesi Okoro	Havering AC	12.2
	2	115	Sebastian Alexandru	Havering AC	12.3
	3	127	Jimi Braund	Gidea Park	13.3
	4				

3	1	122	Oreofeoluwa Adepegba	Thurrock	13.0
	2	133	Adam Bakler-Kugler	Basildon AC	13.1
	3	155	Zach Granger		13.1
	4				

4	1	142	Arthur Unstead	Basildon AC	12.6
	2	143	Daniel Adams	Basildon AC	12.8
	3	124	Harry Bohannan	Basildon AC	13.1

6 Lap Race - Boys

U13



Heat	Position	No.	Name	Club / School	Time
1	1	151	Noel Moore	Coopers	86.01
	2				
	3				
	4				

2	1				
	2				
	3				
	4				

2 Lap Race - Boys

Sportshall



U11

Heat	Position	No.	Name	Club / School	Time
1	1	120	Teddy Matthews	Havering AC	23.8
	2	130	Kaesi Okoro	Havering AC	24.6
	3	137	Oscar Shearing	Upminster Jnr	25.5
	4	127	Jimi Braund	Gidea Park	27.2

2	1	139	James Radden	Gidea Park	24.7
	2	142	Arthur Unstead	Basildon AC	25.8
	3	122	Oreofeoluwa Adepegba	Thurrock	25.9
	4	118	Harrison Leek	Colchester	26.1

3	1	115	Sebastian Alexandru	Havering AC	24.7
	2	148	Jonathan Pearson		25.3
	3				
	4				

4	1	155	Zach Granger		27.3
	2	121	Bhramav Rajesh	Colchester	28.1
	3	149	James Brinton-Quinn	Gidea Park	28.5
	4				

2 Lap Race - Boys

Sportshall



U13

Heat	Position	No.	Name	Club / School	Time
1	1	126	Tobi Ekerin	Basildon AC	24.6
	2	125	Thomas Greening	Havering AC	24.9
	3	144	Ethan Deal	Basildon AC	27.8
	4	136	Liam Keevil	Basildon AC	29.7

2	1	135	Samson Wright	Basildon AC	23.6
	2	116	Olamide Odupitan	Braintree	23.8
	3	134	Isaac Wright	Basildon AC	27.1
	4				

3	1	114	Dominic Alexandru	Havering AC	23.5
	2	119	Elija Munashe Browne	Havering AC	24.6
	3				
	4				

U15

1	1	154	Daniel Ogutuga	Thurrock	21.7
	2	131	Michael Okoro	Havering AC	22.1
	3	123	Oreofeoluwa Adepegba	Thurrock	23.4
	4				