



Nearly 100 young athletes competed at the first round of the Essex Athletics Networks Sportshall competition, held at Chelmsford Sport & Athletics Centre, on Sunday 15th October 2017, with 25 volunteers helping make the event such a success. This is round 1 of 3, being organised by the Network this season.

The event, which is ideal winter indoor training for young athletes, saw representatives from Essex clubs and schools compete in track sprint events, as well as jumps and throws.

Sportshall Athletics is an indoor form of track and field for children between the ages of 4 and 16. It was created by George Bunner MBE to provide a safe and warm environment for young athletes to train during the cold and dark winter months.

Last Season Essex teams produced superb results at the East Region Sportshall Final topped by team victories for both Under 11 teams and individual Under15 All Rounder titles for Theo Adesina and Mia Chantree. Our Under 15 Girls Sportshall team were invited to compete in the National Final in Manchester, where they finished an impressive fifth, with Mia Chantree winning individual all-rounder bronze.

The Network hopes to build on this success, by selecting athletes from each of the 3 rounds of Sportshall competitions in October, November, and December to represent Essex at the East Combined Regional Final, at UEA, Norwich in March 2018

More details on the next round can be found at www.essexathleticsnetwork.org



Over Under Race - Girls

Sportshall

U11



Heat	Position	No.	Name	Club / School	Time
1		52	Kara Dacosta	Basildon AC	19.0
		56	Mia Barber	Basildon AC	20.1
		42	Phoebe Maynard	Priory	22.0

2		45	Emmie Fulker	Chelmsford AC	18.7
		90	Brooke Baker	Basildon AC	18.9
		99	Elizabeth Bodal Hansen	Maldon Crt	19.2
		54	Grace Curtis	Basildon AC	22.0

3		94	Ja'shayla Cousins-Okolie	Broadford	19.7
		75	Esther Adesiyan	Basildon AC	19.8
		86	Oluwatolaase Abbas	Thurrock	20.0
		60	Lucy Chapelhow	Thurrock	20.9

4		92	Chizara Okocha	Basildon AC	18.3
		85	Chloe Linnecar	Chelmsford AC	20.9
		100	Eloise Killick	Gidea Park	22.1
		112	Victoria Olowu	East Tilbury	22.6

5					

4 Lap Race - Girls

Sportshall

U13



Heat	Position	No.	Name	Club / School	Time
1	1	58	Sophie Nugent	Basildon AC	50.8
	2	50	Chloe Trew	Basildon AC	51.0
	3	19	Mabel Cowley	Basildon AC	53.0
	4	48	Katie Ennis	Havering AC	58.3

2	1	57	Heidi Aylen	Havering AC	53.2
	2	77	Gabrielle purdie	Havering AC	55.1
	3	72	Lauren Holmes	Basildon AC	57.4
	4				

3	1 **	64	Ariyanna McGee	Basildon AC	49.0
	2	84	Feyi Awosika	Grays High	58.4
	3	80	Molly Brooker	Cooper Coborn	60.8
	4				

4	1	111	Katie Roberts	Colchester AC	53.9
	2	107	Rebecca Lee	Basildon AC	54.8
	3	9	Eva Stewart	Braintree	55.9
	4				
	4				

4 Lap Race - Girls



U15

1	1 **	64	Ariyanna McGee	Basildon AC	49.0
	2				
	3				
	4				

2	1				
	2				
	3				

1 Lap Race - Girls

Sportshall

U11 only



Heat	Position		Name	Club / School	Time
1	1	12	Gaby Bilbie	Braintree	12.7
	2	34	Millie Trotter	Benfleet	12.7
	3	86	Oluwatolaase Abbas	Thurrock	13.6
	4				

2	1	25	Olivia Dougall	Grt Dunmow	13.0
	2	13	Sophie Dunlevey	St Cedds	13.2
	3	29	Hannah Gregory	Basildon AC	13.4
	4				

3	1	99	Elizabeth Bodal Hansen	Maldon Crt	12.6
	2	35	Holly Huett	Benfleet	12.7
	3	42	Phoebe Maynard	Priory	14.0
	4				

4	1	52	Kara Dacosta	Basildon AC	12.0
	2	45	Emmie Fulker	Chelmsford AC	12.7
	3	68	Kirby Jennings	Basildon AC	12.7
	4				

5	1	106	Katie Middleton	Chelmsford AC	13.2
	2	105	Megan Hallett	Basildon AC	14.1
	3	100	Eloise Killick	Gidea Park	14.8
	4				

6	1	10	Jess Pugh	Braintree	13.0
	2	112	Victoria Olowu	East Tilbury	13.4
	3	1	Natalie Pepper	Braintree	13.5
	4	101	Emma Thrussell	Benfleet	13.6

6 Lap Race - Girls

Sportshall

u13 only



Heat	Position		Name	Club / School	Time
1	1	30	Matilda Canty	Havering AC	80.3
	2	53	Freya Long	Havering AC	84.0
	3	98	Isobelle O'Connor	Havering AC	86.0
	4	111	Katie Roberts	Colchester AC	91.7

2 Lap Race - Girls

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	52	Kara Dacosta	Basildon AC	23.9
	2	22	Freya Coley	Chelmsford AC	24.0
	3	12	Gaby Bilbie	Braintree	24.6
	4	60	Lucy Chapelhow	Thurrock	27.5

2	1	10	Jess Pugh	Braintree	25.5
	2	25	Olivia Dougall	Grt Dunmow	26.1
	3	56	Mia Barber	Basildon AC	27.0
	4	1	Natalie Pepper	Braintree	27.1

3	1	35	Holly Huett	Benfleet	25.2
	2	90	Brooke Baker	Basildon AC	25.7
	3	101	Emma Thrussell	Benfleet	26.6
	4	94	Ja'shayla Cousins-Okolie	Broadford	27.0

4	1	28	Zoe Gregory	Basildon AC	25.3
	2	34	Millie Trotter	Benfleet	25.7
	3	112	Victoria Olowu	East Tilbury	26.8
	4	105	Megan Hallett	Basildon AC	27.7

2 Lap Race - Girls

Sportshall

U13



1	1	78	Uche Okpalauko	Havering AC	22.7
	2	15	Stephanie Okoro	Havering AC	22.9
	3	3	Maddie Booty	Thurrock	23.6
	4				

2	1	69	Elise Jennings	Basildon AC	23.8
	2	84	Feyi Awosika	Grays High	26.0
	3	80	Molly Brooker	Cooper Coborn	28.9
	4				

3	1	43	Chloe maynard	Chelmsford AC	24.8
	2	77	Gabrielle purdie	Havering AC	25.4
	3	31	Ruby Parker	Braintree	25.7
	4				

4	1	59	Zoe Whitaker	Chelmsford AC	23.4
	2	58	Sophie Nugent	Basildon AC	24.8
	3	57	Heidi Aylen	Havering AC	24.8
	4	66	Carly Watts	Basildon AC	26.8

5	1	46	Maisie Fulker	Chelmsford AC	25.0
	2	55	Scarlett Saich-Peet	Basildon AC	26.0
	3	70	Megan Cook	Havering AC	26.8
	4				

6	1	30	Matilda Canty	Havering AC	23.9
	2	108	Daisy Donoghue	Basildon AC	24.3
	3	107	Rebecca Lee	Basildon AC	25.0
	4				

2 Lap Race - Girls

U15



1	1	87	Oluloyunmise Abbas	Thurrock	22.7
	2	23	Funmi Adewole	Thurrock	23.3
	3	71	Evelyn Pope	Chelmsford AC	23.6
	4				
2	1	2	Hannah Bardo	Chelmsford AC	23.7
	2	95	Charlie Friend	Chelmsford AC	24.6
	3				
	4				

Over Under Race - Boys

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	16	Kaesi Okoro	Havering AC	17.8
	2	97	James Radden	Gidea Park	18.6
	3	39	Ayomiposi Odupitan	Braintree	19.9
	4				

2	1	113	Vincent James	St Josephs	19.6
	2	63	Harry McGee	Basildon AC	20.1
	3	32	Dylan Robins	Elm Green Prep	20.9
	4	40	Oscar Hastings	Braintree	21.3

4 Lap Race - Boys

Sportshall

U13



Heat	Position		Name	Club / School	Time
1	1	27	Tobi Ekerin	Basildon AC	54.3
	2	88	Noel Moore	Cooper Coborn	54.6
	3	33	Joshua Lee-Prime	Havering AC	55.3
	4		<i>athletes stopped a lap early due to a misunderstanding and restarted last lap</i>		

2	1	91	Reece Malcolm	Havering AC	52.8
	2	18	Dominic Alexandru	Havering AC	55.3
	3				
	4				

U15

1	1	79	Somto Okpalauko	Havering AC	47.0
	2	76	Daniel Houchell	Basildon AC	49.9
	3	24	Gbenga Adewole	Thurrock	54.0

1 Lap Race - Boys

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	16	Kaesi Okoro	Havering AC	11.9
	2	17	Sebastian Alexandru	Havering AC	12.2
	3	39	Ayomiposi Odupitan	Braintree	12.8
	4	40	Oscar Hastings	Braintree	13.3

2	1	37	Zac Ziepe	Grt Dunmow	12.2
	2	49	Teddy Matthews	Gidea Park	12.7
	3	5	Jack Rayner	Braintree	13.6
	4				

3	1	62	Arthur Unstead	Basildon AC	12.8
	2	63	Harry McGee	Basildon AC	13.7
	3	83	James Brinton-Quinn	Gidea Park	14.2
	4				

4	1	102	Adam Bakler-Kugler	Basildon AC	13.0
	2	73	Jimi Braund	Gidea Park	13.8
	3	109	Ibrahim Sheikh	Gidea Park	15.8

5	1	26	Jack Dougall	Grt Dunmow	12.6
	2	110	Zane Frost	Mountnessing	13.6
	3	103	Josh Mophew	Mountnessing	14.8
	4	104	Joe Mophew	Mountnessing	15.1

6 Lap Race - Boys

U13



Heat	Position		Name	Club / School	Time
1	1	88	Noel Moore	Cooper Coborn	1.26.5
	2	20	Elija Munashe Browne	Havering AC	1.26.5
	3	74	Alastair Moscuza	Braintree	1.27.0
	4				

2	1				
	2				
	3				
	4				

3	1				
	2				
	3				
	4				

2 Lap Race - Boys

Sportshall

U11



Heat	Position		Name	Club / School	Time
1	1	26	Jack Dougall	Grt Dunmow	24.7
	2	97	James Radden	Gidea Park	25.0
	3	36	Oscar Shearing	Upminster Jnr	26.3
	4	32	Dylan Robins	Elm Green Prep	27.3

2	1	49	Teddy Matthews	Gidea Park	24.1
	2	8	Jonathan Pearson	Upminster Jnr	25.1
	3	17	Sebastian Alexandru	Havering AC	25.2
	4	102	Adam Bakler-Kugler	Basildon AC	26.8

3	1	37	Zac Ziepe	Grt Dunmow	25.2
	2	67	Owen Wright	Basildon AC	26.4
	3	73	Jimi Braund	Gidea Park	28.6
	4				

2 Lap Race - Boys

Sportshall

U13



Heat	Position		Name	Club / School	Time
1	1	38	Olamide Odupitan	Braintree	23.3
	2	27	Tobi Ekerin	Basildon AC	24.7
	3	33	Joshua Lee-Prime	Havering AC	25.1
	4	20	Elija Munashe Browne	Havering AC	25.5

2	1	18	Dominic Alexandru	Havering AC	23.7
	2	81	Isaac Wright	Basildon AC	25.0
	3	96	Alex Santos	Basildon AC	25.6
	4	44	Liam Keevil	Basildon AC	27.3

3	1	82	Samson Wright	Basildon AC	24.9
	2	91	Reece Malcolm	Havering AC	24.9
	3	93	Ethan Deal	Basildon AC	26.7
	4	65	Ben Miles	Havering AC	28.2

4	1				
	2				
	3				
	4				

U15

1	1	14	Michael Okoro	Havering AC	22.1
	2	4	Samuel Toomey	Chelmsford AC	22.5
	3	61	Jakub Kowalski	Thurrock	22.7
	4	21	Thomas Coley	Chelmsford AC	23.0

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Chest Push

Shot Putt



Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

No.	Name	Club/School	Trial			Best
			1	2	3	
CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW						
U11G	22	Freya Coley	Chelmsford AC			6.25
U11G	54	Grace Curtis	Basildon AC			5.75
U11G	1	Natalie Pepper	Braintree			5.50
U11G	90	Brooke Baker	Basildon AC			5.50
U11G	10	Jess Pugh	Braintree			5.50
U11G	28	Zoe Gregory	Basildon AC			5.25
U11G	94	Ja'shayla Cousins-Okolie	Broadford			5.25
U11G	60	Lucy Chapelhow	Thurrock			5.25
U11G	68	Kirby Jennings	Basildon AC			4.75
U11G	25	Olivia Dougall	Grt Dunmow			4.75
U11G	101	Emma Thrussell	Benfleet			4.00
U11G	100	Eloise Killick	Gidea Park			3.75
LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW						
U13G	78	Uche Okpalauko	Havering AC			6.75
U13G	108	Daisy Donoghue	Basildon AC			6.00
U13G	55	Scarlett Saich-Peet	Basildon AC			5.50
U13G	48	Katie Ennis	Havering AC			5.50
U13G	58	Sophie Nugent	Basildon AC			5.25
U13G	46	Maisie Fulker	Chelmsford AC			5.25
U13G	69	Elise Jennings	Basildon AC			4.25
U13G	69	Elise Jennings	Basildon AC			4.25
U13G	84	Feyi Awosika	Grays High			4.00
U15G	2	Hannah Bardo	Chelmsford AC			8.75

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Standing Long Jump

Sportshall

Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	12	Gaby Bilbie	Braintree				1.94
U11G	92	Chizara Okocha	Basildon AC				1.88
U11G	75	Esther Adesiyan	Basildon AC				1.86
U11G	106	Katie Middleton	Chelmsford AC				1.82
U11G	22	Freya Coley	Chelmsford AC				1.80
U11G	90	Brooke Baker	Basildon AC				1.80
U11G	52	Kara Dacosta	Basildon AC				1.76
U11G	45	Emmie Fulker	Chelmsford AC				1.75
U11G	34	Millie Trotter	Benfleet				1.69
U11G	60	Lucy Chapelhow	Thurrock				1.68
U11G	25	Olivia Dougall	Grt Dunmow				1.68
U11G	86	Oluwatolaase Abbas	Thurrock				1.68
U11G	34	Millie Trotter	Benfleet				1.68
U11G	54	Grace Curtis	Basildon AC				1.66
U11G	56	Mia Barber	Basildon AC				1.66
U11G	28	Zoe Gregory	Basildon AC				1.65
U11G	101	Emma Thrussell	Benfleet				1.60
U11G	13	Sophie Dunlevey	St Cedds				1.56
U11G	1	Natalie Pepper	Braintree				1.48
U11G	85	Chloe Linnecar	Chelmsford AC				1.46
U11G	29	Hannah Gregory	Basildon AC				1.43
U11G	42	Phoebe Maynard	Priory				1.38
U11G	105	Megan Hallett	Basildon AC				1.10

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Standing Long Jump

Sportshall

Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	78	Uche Okpalauko	Havering AC				2.14
U13G	46	Maisie Fulker	Chelmsford AC				2.14
U13G	15	Stephanie Okoro	Havering AC				2.12
U13G	69	Elise Jennings	Basildon AC				2.00
U13G	43	Chloe maynard	Chelmsford AC				2.00
U13G	3	Maddie Booty	Thurrock				1.98
U13G	53	Freya Long	Havering AC				1.96
U13G	19	Mabel Cowley	Basildon AC				1.92
U13G	9	Eva Stewart	Braintree				1.88
U13G	50	Chloe Trew	Basildon AC				1.86
U13G	98	Isobelle O'Connor	Havering AC				1.84
U13G	111	Katie Roberts	Colchester AC				1.80
U13G	31	Ruby Parker	Braintree				1.78
U13G	108	Daisy Donoghue	Basildon AC				1.78
U13G	57	Heidi Aylen	Havering AC				1.76
U13G	77	Gabrielle purdie	Havering AC				1.70
U13G	70	Megan Cook	Havering AC				1.68
U13G	80	Molly Brooker	Cooper Coborn				1.58
U13G	84	Feyi Awosika	Grays High				1.54
U13G	72	Lauren Holmes	Basildon AC				1.48
U15G	2	Hannah Bardo	Chelmsford AC				2.10
U15G	64	Ariyanna McGee	Basildon AC				2.08
U15G	71	Evelyn Pope	Chelmsford AC				2.08
U15G	95	Charlie Friend	Chelmsford AC				2.02
U15G	23	Funmi Adewole	Thurrock				1.94

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Standing Triple Jump

Sportshall

Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	68	Kirby Jennings	Basildon AC				5.44
U11G	10	Jess Pugh	Braintree				5.10
U11G	94	Ja'shayla Cousins-Okolie	Broadford				5.04
U11G	85	Chloe Linnecar	Chelmsford AC				4.68
U13G	69	Elise Jennings	Basildon AC				6.14
U13G	15	Stephanie Okoro	Havering AC				6.08
U13G	59	Zoe Whitaker	Chelmsford AC				5.76
U13G	19	Mabel Cowley	Basildon AC				5.74
U13G	98	Isobelle O'Connor	Havering AC				5.56
U13G	53	Freya Long	Havering AC				5.44
U13G	30	Matilda Canty	Havering AC				5.32
U13G	55	Scarlett Saich-Peet	Basildon AC				5.08
U13G	9	Eva Stewart	Braintree				5.02
U13G	48	Katie Ennis	Havering AC				4.98
U13G	66	Carly Watts	Basildon AC				4.96
U15G	87	Oluloyaunmise Abbas	Thurrock				7.46

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Vertical Jump

Sportshall

Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	22	Freya Coley	Chelmsford AC				44
U11G	12	Gaby Bilbie	Braintree				44
U11G	52	Kara Dacosta	Basildon AC				41
U11G	106	Katie Middleton	Chelmsford AC				39
U11G	13	Sophie Dunlevey	St Cedds				37
U11G	68	Kirby Jennings	Basildon AC				35
U11G	35	Holly Huett	Benfleet				34
U11G	56	Mia Barber	Basildon AC				32
U13G	78	Uche Okpalauko	Havering AC				64
U13G	46	Maisie Fulker	Chelmsford AC				50
U13G	59	Zoe Whitaker	Chelmsford AC				50
U13G	3	Maddie Booty	Thurrock				46
U13G	43	Chloe maynard	Chelmsford AC				44
U13G	58	Sophie Nugent	Basildon AC				41
U13G	55	Scarlett Saich-Peet	Basildon AC				36
U13G	31	Ruby Parker	Braintree				36
U13G	66	Carly Watts	Basildon AC				34
U15G	87	Oluloyanmise Abbas	Thurrock				63
U15G	2	Hannah Bardo	Chelmsford AC				61
U15G	23	Funmi Adewole	Thurrock				53
U15G	71	Evelyn Pope	Chelmsford AC				52
U15G	64	Ariyanna McGee	Basildon AC				46
U15G	95	Charlie Friend	Chelmsford AC				45

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Hi Stepper

Sportshall

Girls U11

	No.	Name	Club/School	Trial
				1
U11G	92	Chizara Okocha	Basildon AC	14.7
U11G	52	Kara Dacosta	Basildon AC	15.0
U11G	45	Emmie Fulker	Chelmsford AC	15.0
U11G	56	Mia Barber	Basildon AC	15.2
U11G	28	Zoe Gregory	Basildon AC	15.6
U11G	85	Chloe Linnecar	Chelmsford AC	16.5
U11G	75	Esther Adesiyan	Basildon AC	17.1
U11G	100	Eloise Killick	Gidea Park	17.5
U11G	29	Hannah Gregory	Basildon AC	17.5
U11G	105	Megan Hallett	Basildon AC	17.8
U11G	1	Natalie Pepper	Braintree	18.7
U11G	86	Oluwatolaase Abbas	Thurrock	19.3

Target Throw

Sportshall

Girls U11

	No.	Name	Club/School	Total Points
U11G	99	Elizabeth Bodal Hansen	Maldon Crt	11
U11G	68	Kirby Jennings	Basildon AC	11
U11G	56	Mia Barber	Basildon AC	10
U11G	52	Kara Dacosta	Basildon AC	10
U11G	29	Hannah Gregory	Basildon AC	5

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Speed Bounce



Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	12	Gaby Bilbie	Braintree	46
U11G	35	Holly Huett	Benfleet	46
U11G	52	Kara Dacosta	Basildon AC	45
U11G	99	Elizabeth Bodal Hansen	Maldon Crt	43
U11G	56	Mia Barber	Basildon AC	42
U11G	106	Katie Middleton	Chelmsford AC	40
U11G	34	Millie Trotter	Benfleet	39
U11G	42	Phoebe Maynard	Priory	37
U11G	13	Sophie Dunlevey	St Cedds	34
U11G	112	Victoria Olowu	East Tilbury	34

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	15	Stephanie Okoro	Havering AC	81
U13G	98	Isobelle O'Connor	Havering AC	81
U13G	19	Mabel Cowley	Basildon AC	76
U13G	108	Daisy Donoghue	Basildon AC	76
U13G	30	Matilda Canty	Havering AC	72
U13G	72	Lauren Holmes	Basildon AC	72
U13G	53	Freya Long	Havering AC	70
U13G	48	Katie Ennis	Havering AC	69
U13G	50	Chloe Trew	Basildon AC	66
U13G	3	Maddie Booty	Thurrock	65
U13G	66	Carly Watts	Basildon AC	64
U13G	77	Gabrielle purdie	Havering AC	64
U13G	111	Katie Roberts	Colchester AC	63
U13G	31	Ruby Parker	Braintree	61
U13G	57	Heidi Aylen	Havering AC	61
U13G	43	Chloe maynard	Chelmsford AC	60
U13G	59	Zoe Whitaker	Chelmsford AC	56
U13G	9	Eva Stewart	Braintree	54
U13G	70	Megan Cook	Havering AC	53
U13G	80	Molly Brooker	Cooper Coborn	52
U15G	64	Ariyanna McGee	Basildon AC	85
U15G	95	Charlie Friend	Chelmsford AC	59
U15G	71	Evelyn Pope	Chelmsford AC	52

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Chest Push

Shot Putt



Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

No.	Name	Club/School	Trial			Best	
			1	2	3		
CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW							
U11B	36	Oscar Shearing	Upminster Jnr				6.50
U11B	62	Arthur Unstead	Basildon AC				5.75
U11B	67	Owen Wright	Basildon AC				5.25
U11B	83	James Brinton-Quinn	Gidea Park				4.75
U11B	63	Harry McGee	Basildon AC				4.75
U11B	26	Jack Dougall	Grt Dunmow				4.50
U11B	109	Ibrahim Sheikh	Gidea Park				4.25
LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW							
U13B	11	Tommy Bullard	Basildon AC				8.50
U13B	82	Samson Wright	Basildon AC				7.50
U13B	18	Dominic Alexandru	Havering AC				5.50
U13B	44	Liam Keevil	Basildon AC				5.25
U13B	88	Noel Moore	Cooper Coborn				4.75
U13B	93	Ethan Deal	Basildon AC				4.50
U15B	61	Jakub Kowalski	Thurrock				8.50
U15B	24	Gbenga Adewole	Thurrock				6.75
U15B	14	Michael Okoro	Havering AC				6.50

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	39	Ayomiposi Odupitan	Braintree				2.06
U11B	62	Arthur Unstead	Basildon AC				1.94
U11B	49	Teddy Matthews	Gidea Park				1.84
U11B	102	Adam Bakler-Kugler	Basildon AC				1.82
U11B	16	Kaesi Okoro	Havering AC				1.80
U11B	97	James Radden	Gidea Park				1.80
U11B	17	Sebastian Alexandru	Havering AC				1.76
U11B	5	Jack Rayner	Braintree				1.70
U11B	63	Harry McGee	Basildon AC				1.66
U11B	40	Oscar Hastings	Braintree				1.64
U11B	73	Jimi Braund	Gidea Park				1.64
U11B	67	Owen Wright	Basildon AC				1.62
U11B	32	Dylan Robins	Elm Green Prep				1.60
U11B	8	Jonathan Pearson	Upminster Jnr				1.60
U11B	37	Zac Ziepe	Grt Dunmow				1.56
U11B	83	James Brinton-Quinn	Gidea Park				1.50
U11B	113	Vincent James	St Josephs				1.50
U11B	103	Josh Morphew	Mountnessing				1.34
U11B	109	Ibrahim Sheikh	Gidea Park				1.18
U11B	104	Joe Morphew	Mountnessing				1.17

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Standing Long Jump

Sportshall

Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	38	Olamide Odupitan	Braintree				2.22
U13B	18	Dominic Alexandru	Havering AC				2.20
U13B	27	Tobi Ekerin	Basildon AC				1.94
U13B	96	Alex Santos	Basildon AC				1.93
U13B	91	Reece Malcolm	Havering AC				1.90
U13B	74	Alastair Moscuza	Braintree				1.76
U13B	93	Ethan Deal	Basildon AC				1.75
U13B	65	Ben Miles	Havering AC				1.60
U13B	44	Liam Keevil	Basildon AC				1.50
U15B	79	Somto Okpalauko	Havering AC				2.44
U15B	61	Jakub Kowalski	Thurrock				2.40
U15B	14	Michael Okoro	Havering AC				2.30
U15B	24	Gbenga Adewole	Thurrock				1.85

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Standing Triple Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	62	Arthur Unstead	Basildon AC				4.86
U13B	82	Samson Wright	Basildon AC				6.90
U13B	11	Tommy Bullard	Basildon AC				5.06
U13B	20	Elija Munashe Browne	Havering AC				4.50
U13B	96	Alex Santos	Basildon AC				4.22
U15B	61	Jakub Kowalski	Thurrock				7.14

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Vertical Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	62	Arthur Unstead	Basildon AC				44
U11B	39	Ayomiposi Odupitan	Braintree				37
U11B	26	Jack Dougall	Grt Dunmow				37
U11B	36	Oscar Shearing	Upminster Jnr				35
U13B	82	Samson Wright	Basildon AC				54
U13B	74	Alastair Moscuzza	Braintree				44
U13B	81	Isaac Wright	Basildon AC				44
U13B	11	Tommy Bullard	Basildon AC				42
U13B	88	Noel Moore	Cooper Coborn				42
U13B	38	Olamide Odupitan	Braintree				41
U13B	33	Joshua Lee-Prime	Havering AC				33
U13B	65	Ben Miles	Havering AC				33
U13B	44	Liam Keevil	Basildon AC				30
U15B	79	Somto Okpalauko	Havering AC				64
U15B	14	Michael Okoro	Havering AC				51
U15B	4	Samuel Toomey	Chelmsford AC				51
U15B	21	Thomas Coley	Chelmsford AC				41

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Hi Stepper

Sportshall

Boys U11

	No.	Name	Club/School	Trial
				1
U11B	5	Jack Rayner	Braintree	14.9
U11B	67	Owen Wright	Basildon AC	15.0
U11B	83	James Brinton-Quinn	Gidea Park	15.0
U11B	73	Jimi Braund	Gidea Park	15.3
U11B	32	Dylan Robins	Elm Green Prep	15.7
U11B	62	Arthur Unstead	Basildon AC	15.8
U11B	63	Harry McGee	Basildon AC	16.5
U13B	20	Elija Munashe Browne	Havering AC	16.7

Target Throw

Sportshall

Boys U11

	No.	Name	Club/School	Total Points
U11B	113	Vincent James	St Josephs	12
U11B	39	Ayomiposi Odupitan	Braintree	11
U11B	109	Ibrahim Sheikh	Gidea Park	11
U11B	40	Oscar Hastings	Braintree	10
U11B	8	Jonathan Pearson	Upminster Jnr	8
U11B	103	Josh Morphew	Mountnessing	5
U11B	62	Arthur Unstead	Basildon AC	5
U11B	104	Joe Morphew	Mountnessing	4
U13B	20	Elija Munashe Browne	Havering AC	13

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Speed Bounce

Boys U11 (20 secs)



	No.	Name	Club/School	Trial
				1
U11B	97	James Radden	Gidea Park	53
U11B	49	Teddy Matthews	Gidea Park	53
U11B	16	Kaesi Okoro	Havering AC	49
U11B	32	Dylan Robins	Elm Green Prep	48
U11B	67	Owen Wright	Basildon AC	46
U11B	17	Sebastian Alexandru	Havering AC	45
U11B	36	Oscar Shearing	Upminster Jnr	44
U11B	110	Zane Frost	Mountnessing	42
U11B	37	Zac Ziepe	Grt Dunmow	41
U11B	103	Josh Morphew	Mountnessing	30
U11B	104	Joe Morphew	Mountnessing	18

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 15th October 2017

Speed Bounce

Sportshall

Boys U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13B	91	Reece Malcolm	Havering AC	65
U13B	74	Alastair Moscuzza	Braintree	64
U13B	38	Olamide Odupitan	Braintree	62
U13B	20	Elija Munashe Browne	Havering AC	58
U13B	65	Ben Miles	Havering AC	58
U13B	93	Ethan Deal	Basildon AC	58
U13B	33	Joshua Lee-Prime	Havering AC	57
U13B	27	Tobi Ekerin	Basildon AC	57
U13B	81	Isaac Wright	Basildon AC	50
U13B	96	Alex Santos	Basildon AC	50