

Team Results

Bedfordshire (white)

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	484	28	30	30	28	26	30	28	30	28	26	30	26	0	30	28	28
2	Herts Phoenix	Black	459	30	26	28	26	28	28	30	22	30	24	22	30	0	27	24	30
3	Essex	Red	436	25	24	24	24	30	26	26	26	24	28	24	28	0	27	26	22
4	Suffolk	Maroon	421	25	28	22	30	20	22	24	24	26	30	26	24	0	24	22	24
5	Cambridgeshire	Sky	398	22	22	26	20	23	24	20	28	20	22	28	20	0	21	30	26
6	Herts Pegasus	Orange	352	20	20	20	22	23	20	22	20	22	20	20	22	0	21	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
------	-------	-------	-------	-------	-------	------	---------

***** no results for this team *****

Team Results

Cambridgeshire (sky)

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	484	28	30	30	28	26	30	28	30	28	26	30	26	0	30	28	28
2	Herts Phoenix	Black	459	30	26	28	26	28	28	30	22	30	24	22	30	0	27	24	30
3	Essex	Red	436	25	24	24	24	30	26	26	26	24	28	24	28	0	27	26	22
4	Suffolk	Maroon	421	25	28	22	30	20	22	24	24	26	30	26	24	0	24	22	24
5	Cambridgeshire	Sky	398	22	22	26	20	23	24	20	28	20	22	28	20	0	21	30	26
6	Herts Pegasus	Orange	352	20	20	20	22	23	20	22	20	22	20	20	22	0	21	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Alex Mortimer	VJ	30	33	34		34	14
2	Kieran Still	BT	15	6	12	5	38	9
2	Kieran Still	VJ	30	29	28		30	16
3	Frederic Kastner	CP	7.25	7.75	6.50		7.75	1
3	Frederic Kastner	STJ	5.56	5.64	5.79		5.79	3
4	Theo Macon	J	12	11	13		13	8
4	Theo Macon	SLJ	1.98	2.13	2.10		2.13	2
5	Tooby Carrol	BT	3	5	5	6	19	15
5	Tooby Carrol	SLJ	1.89	1.84	1.81		1.89	11
6	Matthew Smith	SLJ	2.03	1.74	2.17		2.17	1
7	Tom Robinson	J	5	7	8		8	12
7	Tom Robinson	SB	49				49	9=
8	Nigel Coleman	BT	5	15	15	2	37	10
8	Nigel Coleman	STJ	5.74	5.52	5.73		5.74	6
9	Felix Miles	SB	40				40	17
9	Felix Miles	TT	4	4	0	0	8	4=
10	Jamie Campbell	VJ	33	34	32		34	13
11	Finlay Hobley	SB	47				47	12
11	Finlay Hobley	TT	4	3	0	0	7	6=
12	Herbie Hilliard	CP	5.25	5.50	5.75		5.75	9
12	Herbie Hilliard	STJ	5.09	5.26	5.11		5.26	14

Team Results

Essex (red)

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	484	28	30	30	28	26	30	28	30	28	26	30	26	0	30	28	28
2	Herts Phoenix	Black	459	30	26	28	26	28	28	30	22	30	24	22	30	0	27	24	30
3	Essex	Red	436	25	24	24	24	30	26	26	26	24	28	24	28	0	27	26	22
4	Suffolk	Maroon	421	25	28	22	30	20	22	24	24	26	30	26	24	0	24	22	24
5	Cambridgeshire	Sky	398	22	22	26	20	23	24	20	28	20	22	28	20	0	21	30	26
6	Herts Pegasus	Orange	352	20	20	20	22	23	20	22	20	22	20	20	22	0	21	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Kaesi Okoro	SB	51				51	4
1	Kaesi Okoro	STJ	5.21	5.22	4.66		5.22	15
2	Sebastian Alexandru	VJ	36	43	39		43	5
3	Zaz Ziepe	BT	15	15	15	9	54	1=
4	Teddy Matthews	SB	50				50	5=
4	Teddy Matthews	STJ	5.56	5.54	5.56		5.56	9
5	Ayomiposi Odupitan	BT	2	11	2	5	20	14
5	Ayomiposi Odupitan	SLJ	0.00	2.01	0.00		2.01	7
6	Zach Granger	BT	9	14	13	15	51	4
6	Zach Granger	TT	2	0	2	0	4	11=
7	Samuel Bernard	J	3	15	0		15	6
7	Samuel Bernard	VJ	45	42	47		47	4
8	James Radden	VJ	43	35	36		43	6
9	Owen Wright	TT	6	2	0	0	8	4=
10	Adam Bakler-Kugler	SLJ	2.00	1.82	2.02		2.02	5
11	Arthur Unstead	CP	5.75	5.75	5.75		5.75	8
11	Arthur Unstead	STJ	5.13	5.42	5.16		5.42	10
12	Oliver Fisher	J	18	9	13		18	5
12	Oliver Fisher	SB	45				45	13=
13	Daniel Headley	CP	6.25	6.75	6.00		6.75	6
13	Daniel Headley	SLJ	1.92	1.91	0.00		1.92	8

Team Results

Herts Phoenix (black)

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	484	28	30	30	28	26	30	28	30	28	26	30	26	0	30	28	28
2	Herts Phoenix	Black	459	30	26	28	26	28	28	30	22	30	24	22	30	0	27	24	30
3	Essex	Red	436	25	24	24	24	30	26	26	26	24	28	24	28	0	27	26	22
4	Suffolk	Maroon	421	25	28	22	30	20	22	24	24	26	30	26	24	0	24	22	24
5	Cambridgeshire	Sky	398	22	22	26	20	23	24	20	28	20	22	28	20	0	21	30	26
6	Herts Pegasus	Orange	352	20	20	20	22	23	20	22	20	22	20	20	22	0	21	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Reuben White	STJ	6.05	5.78	6.11		6.11	1
1	Reuben White	TT	2	0	1	2	5	9=
2	Samuel Zapico	SB	49				49	9=
2	Samuel Zapico	VJ	0	41	39		41	9
3	Beeshman Ramraj	CP	7.00	6.75	6.50		7.00	3
3	Beeshman Ramraj	SLJ	1.87	1.89	1.91		1.91	10
4	Troy Sullivan	BT	12	9	8	3	32	12
4	Troy Sullivan	J	18	15	19		19	1
5	Casey Hawtin	SB	52				52	3
5	Casey Hawtin	VJ	47	44	50		50	1
6	Toby Cracknell	STJ	5.25	4.96	5.39		5.39	11
7	Edward Richardson	BT	15	5	3	10	33	11
7	Edward Richardson	SLJ	1.80	1.83	1.89		1.89	12
8	Toyosi Siwoku	J	6	16	18		18	4
8	Toyosi Siwoku	STJ	4.92	5.23	5.70		5.70	7
9	Joseph Stewart	BT	5	8	14	3	30	13
9	Joseph Stewart	SLJ	1.85	1.80	1.85		1.85	13
10	Joshua Urquhart-Deane	CP	4.75	5.00	5.25		5.25	11
11	Cameron Bellingham	SB	45				45	13=
11	Cameron Bellingham	VJ	29	33	37		37	12
12	Sebbie Lees	TT	6	2	4	2	14	1

Team Results

Herts Pegasus (orange)

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	484	28	30	30	28	26	30	28	30	28	26	30	26	0	30	28	28
2	Herts Phoenix	Black	459	30	26	28	26	28	28	30	22	30	24	22	30	0	27	24	30
3	Essex	Red	436	25	24	24	24	30	26	26	26	24	28	24	28	0	27	26	22
4	Suffolk	Maroon	421	25	28	22	30	20	22	24	24	26	30	26	24	0	24	22	24
5	Cambridgeshire	Sky	398	22	22	26	20	23	24	20	28	20	22	28	20	0	21	30	26
6	Herts Pegasus	Orange	352	20	20	20	22	23	20	22	20	22	20	20	22	0	21	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Myles Presence	SB	42				42	16
1	Myles Presence	STJ	5.11	5.11	5.13		5.13	16
2	Max Berryman	BT	4	3	3	7	17	18
2	Max Berryman	J	14	6	13		14	7
3	Sam Jeffrey	SB	44				44	15
3	Sam Jeffrey	SLJ	1.65	1.64	1.65		1.65	16
4	Josh Jeffrey	TT	4	0	0	0	4	11=
4	Josh Jeffrey	VJ	26	29	0		29	18
5	Jack Sayer	BT	9	15	10	14	48	6
5	Jack Sayer	TT	4	0	0	1	5	9=
7	Oscar Drake	J	10	8	5		10	11
8	Callum Wright	SLJ	1.50	1.52	1.56		1.56	18
9	Mateo Viudez-Calzada	CP	5.00	5.75	5.25		5.75	10
9	Mateo Viudez-Calzada	VJ	32	30	33		33	15
11	Max Cracknell	BT	9	4	2	3	18	16=
11	Max Cracknell	VJ	28	30	22		30	17
12	Oliver Randall	SB	50				50	5=
12	Oliver Randall	SLJ	1.66	1.67	1.72		1.72	14

Team Results

Norfolk (lime)

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	484	28	30	30	28	26	30	28	30	28	26	30	26	0	30	28	28
2	Herts Phoenix	Black	459	30	26	28	26	28	28	30	22	30	24	22	30	0	27	24	30
3	Essex	Red	436	25	24	24	24	30	26	26	26	24	28	24	28	0	27	26	22
4	Suffolk	Maroon	421	25	28	22	30	20	22	24	24	26	30	26	24	0	24	22	24
5	Cambridgeshire	Sky	398	22	22	26	20	23	24	20	28	20	22	28	20	0	21	30	26
6	Herts Pegasus	Orange	352	20	20	20	22	23	20	22	20	22	20	20	22	0	21	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Barney Clarke	SB	53				53	1=
1	Barney Clarke	SLJ	2.10	2.12	2.06		2.12	3
2	Ethan Rattenbury	CP	7.25	6.50	7.00		7.25	2
3	Alex Scott	SB	50				50	5=
3	Alex Scott	STJ	5.49	5.77	5.56		5.77	5
4	Joe Machin	TT	6	1	0	0	7	6=
5	Billy Francis	VJ	41	41	40		41	8
6	Oliver Shipp	SLJ	1.86	1.92	1.90		1.92	9
7	Charlie Tunmore	SB	48				48	11
7	Charlie Tunmore	VJ	0	42	39		42	7
8	Daniel Coles	CP	6.50	7.00	5.75		7.00	4
8	Daniel Coles	STJ	5.45	5.61	5.52		5.61	8
9	Sam Nash	VJ	44	47	46		47	3
10	Malachi Komolafe	J	11	12	10		12	9
10	Malachi Komolafe	SLJ	1.92	2.00	2.01		2.01	6
11	Maximilian Brookes	BT	15	14	15	8	52	3
12	Charlie Pain	BT	14	15	15	5	49	5
12	Charlie Pain	J	16	18	16		18	3
13	Riley Bell	BT	5	2	2	9	18	16=
14	Kai Wiseman	STJ	5.31	5.59	5.77		5.77	4
14	Kai Wiseman	TT	6	4	2	1	13	2

Team Results

Suffolk (maroon)

Competition:

East Regional 2018 U11B

Venue:

UEA

Date

23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	2+2	MR	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	484	28	30	30	28	26	30	28	30	28	26	30	26	0	30	28	28
2	Herts Phoenix	Black	459	30	26	28	26	28	28	30	22	30	24	22	30	0	27	24	30
3	Essex	Red	436	25	24	24	24	30	26	26	26	24	28	24	28	0	27	26	22
4	Suffolk	Maroon	421	25	28	22	30	20	22	24	24	26	30	26	24	0	24	22	24
5	Cambridgeshire	Sky	398	22	22	26	20	23	24	20	28	20	22	28	20	0	21	30	26
6	Herts Pegasus	Orange	352	20	20	20	22	23	20	22	20	22	20	20	22	0	21	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Jack Lugo	SB	53				53	1=
2	Okeri Hembiri	STJ	5.28	5.12	4.95		5.28	12
3	Finlay Snowden	STJ	5.82	5.97	5.96		5.97	2
4	Jude Benson-Smith	SB	50				50	5=
4	Jude Benson-Smith	STJ	5.26	5.05	5.18		5.26	13
5	Tom Supple	BT	14	15	3	13	45	7
5	Tom Supple	VJ	0	47	48		48	2
6	Mario Salter	TT	4	3	0	0	7	6=
7	Alfie Caplin	CP	5.25	5.25	6.00		6.00	7
7	Alfie Caplin	SB	38				38	18
8	Ricky Nicholls	CP	6.75	6.25	6.50		6.75	5
8	Ricky Nicholls	SLJ	1.98	2.03	1.97		2.03	4
9	Josh Brabben	BT	15	14	15	10	54	1=
9	Josh Brabben	VJ	40	40	0		40	10
10	Charlie Hegarty	BT	9	15	6	9	39	8
10	Charlie Hegarty	TT	4	3	2	0	9	3
11	Bailey English-Sutton	J	19	18	12		19	2
11	Bailey English-Sutton	VJ	37	36	33		37	11
12	Liam Bridges	SLJ	1.66	1.61	0.00		1.66	15
13	Reuben Colbridge	J	9	9	10		10	10
13	Reuben Colbridge	SLJ	1.64	1.64	1.63		1.64	17

Results Sheet

Obstacle Relay

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	1:59.6	0.0	1:59.6	30.0
2	06	Norfolk	Lime	2:02.2	0.0	2:02.2	28.0
3=	03	Essex	Red	2:05.3	0.0	2:05.3	25.0
3=	07	Suffolk	Maroon	2:05.3	0.0	2:05.3	25.0
5	02	Cambridgeshire	Sky	2:09.4	0.0	2:09.4	22.0
6	05	Herts Pegasus	Orange	2:10.9	0.0	2:10.9	20.0

Results Sheet

1 + 1 Lap Relay

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	25.7	0.0	25.7	30.0
2	07	Suffolk	Maroon	25.8	0.0	25.8	28.0
3	04	Herts Phoenix	Black	25.9	0.0	25.9	26.0
4	03	Essex	Red	26.2	0.0	26.2	24.0
5	02	Cambridgeshire	Sky	26.4	0.0	26.4	22.0
6	05	Herts Pegasus	Orange	26.7	0.0	26.7	20.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	50.3	0.0	50.3	30.0
2	04	Herts Phoenix	Black	50.5	0.0	50.5	28.0
3	02	Cambridgeshire	Sky	51.2	0.0	51.2	26.0
4	03	Essex	Red	51.6	0.0	51.6	24.0
5	07	Suffolk	Maroon	52.3	0.0	52.3	22.0
6	05	Herts Pegasus	Orange	55.3	0.0	55.3	20.0

Results Sheet

6 Lap Paarlauf

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Suffolk	Maroon	1:24.2	0.0	1:24.2	30.0
2	06	Norfolk	Lime	1:25.1	0.0	1:25.1	28.0
3	04	Herts Phoenix	Black	1:26.3	0.0	1:26.3	26.0
4	03	Essex	Red	1:27.0	0.0	1:27.0	24.0
5	05	Herts Pegasus	Orange	1:27.4	0.0	1:27.4	22.0
6	02	Cambridgeshire	Sky	1:28.4	0.0	1:28.4	20.0

Results Sheet

Over and Under Relay

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	1:47.4	0.0	1:47.4	30.0
2	04	Herts Phoenix	Black	1:48.2	0.0	1:48.2	28.0
3	06	Norfolk	Lime	1:49.5	0.0	1:49.5	26.0
4=	02	Cambridgeshire	Sky	1:53.9	0.0	1:53.9	23.0
4=	05	Herts Pegasus	Orange	1:53.9	0.0	1:53.9	23.0
6	07	Suffolk	Maroon	1:55.2	0.0	1:55.2	20.0

Results Sheet

Hurdles Relay

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	57.8	0.0	57.8	30.0
2	04	Herts Phoenix	Black	58.4	0.0	58.4	28.0
3	03	Essex	Red	1:01.6	0.0	1:01.6	26.0
4	02	Cambridgeshire	Sky	1:04.2	0.0	1:04.2	24.0
5	07	Suffolk	Maroon	1:04.7	0.0	1:04.7	22.0
6	05	Herts Pegasus	Orange	1:05.9	0.0	1:05.9	20.0

Results Sheet

Grand Prix

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	1:41.1	0.0	1:41.1	30.0
2	06	Norfolk	Lime	1:41.4	0.0	1:41.4	28.0
3	03	Essex	Red	1:41.8	0.0	1:41.8	26.0
4	07	Suffolk	Maroon	1:42.2	0.0	1:42.2	24.0
5	05	Herts Pegasus	Orange	1:44.7	0.0	1:44.7	22.0
6	02	Cambridgeshire	Sky	1:48.8	0.0	1:48.8	20.0

Results Sheet

Balance Test

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Suffolk	Maroon	138	30
2	Essex	Red	125	28
3	Norfolk	Lime	119	26
4	Herts Phoenix	Black	95	24
5	Cambridgeshire	Sky	94	22
6	Herts Pegasus	Orange	83	20

Ranking	Team	Colour	BibNo	Name	Total
1=	Essex	Red	3	Zaz Ziepe	54
1=	Suffolk	Maroon	9	Josh Brabben	54
3	Norfolk	Lime	11	Maximilian Brookes	52
4	Essex	Red	6	Zach Granger	51
5	Norfolk	Lime	12	Charlie Pain	49
6	Herts Pegasus	Orange	5	Jack Sayer	48
7	Suffolk	Maroon	5	Tom Supple	45
8	Suffolk	Maroon	10	Charlie Hegarty	39
9	Cambridgeshire	Sky	2	Kiean Still	38
10	Cambridgeshire	Sky	8	Nigel Coleman	37
11	Herts Phoenix	Black	7	Edward Richardson	33
12	Herts Phoenix	Black	4	Troy Sullivan	32
13	Herts Phoenix	Black	9	Joseph Stewart	30
14	Essex	Red	5	Ayomiposi Odupitan	20
15	Cambridgeshire	Sky	5	Tooby Carrol	19
16=	Herts Pegasus	Orange	11	Max Cracknell	18
16=	Norfolk	Lime	13	Riley Bell	18
18	Herts Pegasus	Orange	2	Max Berryman	17

Results Sheet

Chest Push

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Norfolk	Lime	14.25	30
2	Cambridgeshire	Sky	13.50	28
3	Suffolk	Maroon	12.75	26
4	Essex	Red	12.50	24
5	Herts Phoenix	Black	12.25	22
6	Herts Pegasus	Orange	5.75	20

Ranking	Team	Colour	BibNo	Name	Best
1	Cambridgeshire	Sky	3	Frederic Kastner	7.75
2	Norfolk	Lime	2	Ethan Rattenbury	7.25
3	Herts Phoenix	Black	3	Beeshman Ramraj	7.00
4	Norfolk	Lime	8	Daniel Coles	7.00
5	Suffolk	Maroon	8	Ricky Nicholls	6.75
6	Essex	Red	13	Daniel Headley	6.75
7	Suffolk	Maroon	7	Alfie Caplin	6.00
8	Essex	Red	11	Arthur Unstead	5.75
9	Cambridgeshire	Sky	12	Herbie Hilliard	5.75
10	Herts Pegasus	Orange	9	Mateo Viudez-Calzada	5.75
11	Herts Phoenix	Black	10	Joshua Urquhart-Deane	5.25

Results Sheet

Javelin

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	37	30
2	Essex	Red	33	28
3	Norfolk	Lime	30	26
4	Suffolk	Maroon	29	24
5	Herts Pegasus	Orange	24	22
6	Cambridgeshire	Sky	21	20

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	Black	4	Troy Sullivan	19
2	Suffolk	Maroon	11	Bailey English-Sutton	19
3	Norfolk	Lime	12	Charlie Pain	18
4	Herts Phoenix	Black	8	Toyosi Siwoku	18
5	Essex	Red	12	Oliver Fisher	18
6	Essex	Red	7	Samuel Bernard	15
7	Herts Pegasus	Orange	2	Max Berryman	14
8	Cambridgeshire	Sky	4	Theo Macon	13
9	Norfolk	Lime	10	Malachi Komolafe	12
10	Suffolk	Maroon	13	Reuben Colbridge	10
11	Herts Pegasus	Orange	7	Oscar Drake	10
12	Cambridgeshire	Sky	7	Tom Robinson	8

Results Sheet

Speed Bounce

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Norfolk	Lime	151	30
2=	Essex	Red	146	27
2=	Herts Phoenix	Black	146	27
4	Suffolk	Maroon	141	24
5=	Cambridgeshire	Sky	136	21
5=	Herts Pegasus	Orange	136	21

Ranking	Team	Colour	BibNo	Name	Total
1=	Norfolk	Lime	1	Barney Clarke	53
1=	Suffolk	Maroon	1	Jack Lugo	53
3	Herts Phoenix	Black	5	Casey Hawtin	52
4	Essex	Red	1	Kaesi Okoro	51
5=	Essex	Red	4	Teddy Matthews	50
5=	Herts Pegasus	Orange	12	Oliver Randall	50
5=	Norfolk	Lime	3	Alex Scott	50
5=	Suffolk	Maroon	4	Jude Benson-Smith	50
9=	Cambridgeshire	Sky	7	Tom Robinson	49
9=	Herts Phoenix	Black	2	Samuel Zapico	49
11	Norfolk	Lime	7	Charlie Tunmore	48
12	Cambridgeshire	Sky	11	Finlay Hobley	47
13=	Essex	Red	12	Oliver Fisher	45
13=	Herts Phoenix	Black	11	Cameron Bellingham	45
15	Herts Pegasus	Orange	3	Sam Jeffrey	44
16	Herts Pegasus	Orange	1	Myles Presence	42
17	Cambridgeshire	Sky	9	Felix Miles	40
18	Suffolk	Maroon	7	Alfie Caplin	38

Results Sheet

Standing Long Jump

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Cambridgeshire	Sky	6.19	30
2	Norfolk	Lime	6.05	28
3	Essex	Red	5.95	26
4	Herts Phoenix	Black	5.65	24
5	Suffolk	Maroon	5.33	22
6	Herts Pegasus	Orange	4.93	20

Ranking	Team	Colour	BibNo	Name	Best
1	Cambridgeshire	Sky	6	Matthew Smith	2.17
2	Cambridgeshire	Sky	4	Theo Macon	2.13
3	Norfolk	Lime	1	Barney Clarke	2.12
4	Suffolk	Maroon	8	Ricky Nicholls	2.03
5	Essex	Red	10	Adam Bakler-Kugler	2.02
6	Norfolk	Lime	10	Malachi Komolafe	2.01
7	Essex	Red	5	Ayomiposi Odupitan	2.01
8	Essex	Red	13	Daniel Headley	1.92
9	Norfolk	Lime	6	Oliver Shipp	1.92
10	Herts Phoenix	Black	3	Beeshman Ramraj	1.91
11	Cambridgeshire	Sky	5	Tooby Carrol	1.89
12	Herts Phoenix	Black	7	Edward Richardson	1.89
13	Herts Phoenix	Black	9	Joseph Stewart	1.85
14	Herts Pegasus	Orange	12	Oliver Randall	1.72
15	Suffolk	Maroon	12	Liam Bridges	1.66
16	Herts Pegasus	Orange	3	Sam Jeffrey	1.65
17	Suffolk	Maroon	13	Reuben Colbridge	1.64
18	Herts Pegasus	Orange	8	Callum Wright	1.56

Results Sheet

Standing Triple Jump

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	17.20	30
2	Norfolk	Lime	17.15	28
3	Cambridgeshire	Sky	16.79	26
4	Suffolk	Maroon	16.51	24
5	Essex	Red	16.20	22
6	Herts Pegasus	Orange	5.13	20

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	Black	1	Reuben White	6.11
2	Suffolk	Maroon	3	Finlay Snowden	5.97
3	Cambridgeshire	Sky	3	Frederic Kastner	5.79
4	Norfolk	Lime	14	Kai Wiseman	5.77
5	Norfolk	Lime	3	Alex Scott	5.77
6	Cambridgeshire	Sky	8	Nigel Coleman	5.74
7	Herts Phoenix	Black	8	Toyosi Siwoku	5.70
8	Norfolk	Lime	8	Daniel Coles	5.61
9	Essex	Red	4	Teddy Matthews	5.56
10	Essex	Red	11	Arthur Unstead	5.42
11	Herts Phoenix	Black	6	Toby Cracknell	5.39
12	Suffolk	Maroon	2	Okeri Hembiri	5.28
13	Suffolk	Maroon	4	Jude Benson-Smith	5.26
14	Cambridgeshire	Sky	12	Herbie Hilliard	5.26
15	Essex	Red	1	Kaesi Okoro	5.22
16	Herts Pegasus	Orange	1	Myles Presence	5.13

Results Sheet

Target Throw

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Norfolk	Lime	20	30
2	Herts Phoenix	Black	19	28
3	Suffolk	Maroon	16	26
4	Cambridgeshire	Sky	15	24
5	Essex	Red	12	22
6	Herts Pegasus	Orange	9	20

Ranking	Team	Colour	BibNo	Name	Total
1	Herts Phoenix	Black	12	Sebbie Lees	14
2	Norfolk	Lime	14	Kai Wiseman	13
3	Suffolk	Maroon	10	Charlie Hegarty	9
4=	Cambridgeshire	Sky	9	Felix Miles	8
4=	Essex	Red	9	Owen Wright	8
6=	Cambridgeshire	Sky	11	Finlay Hobley	7
6=	Norfolk	Lime	4	Joe Machin	7
6=	Suffolk	Maroon	6	Mario Salter	7
9=	Herts Phoenix	Black	1	Reuben White	5
9=	Herts Pegasus	Orange	5	Jack Sayer	5
11=	Essex	Red	6	Zach Granger	4
11=	Herts Pegasus	Orange	4	Josh Jeffrey	4

Results Sheet

Vertical Jump

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Essex	Red	133	30
2	Norfolk	Lime	130	28
3	Herts Phoenix	Black	128	26
4	Suffolk	Maroon	125	24
5	Cambridgeshire	Sky	98	22
6	Herts Pegasus	Orange	92	20

Ranking	Team	Colour	BibNo	Name	Best
1	Herts Phoenix	Black	5	Casey Hawtin	50
2	Suffolk	Maroon	5	Tom Supple	48
3	Norfolk	Lime	9	Sam Nash	47
4	Essex	Red	7	Samuel Bernard	47
5	Essex	Red	2	Sebastian Alexandru	43
6	Essex	Red	8	James Radden	43
7	Norfolk	Lime	7	Charlie Tunmore	42
8	Norfolk	Lime	5	Billy Francis	41
9	Herts Phoenix	Black	2	Samuel Zapico	41
10	Suffolk	Maroon	9	Josh Brabben	40
11	Suffolk	Maroon	11	Bailey English-Sutton	37
12	Herts Phoenix	Black	11	Cameron Bellingham	37
13	Cambridgeshire	Sky	10	Jamie Campbell	34
14	Cambridgeshire	Sky	1	Alex Mortimer	34
15	Herts Pegasus	Orange	9	Mateo Viudez-Calzada	33
16	Cambridgeshire	Sky	2	Kiean Still	30
17	Herts Pegasus	Orange	11	Max Cracknell	30
18	Herts Pegasus	Orange	4	Josh Jeffrey	29

Results Sheet

2 + 2 Lap Relay

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	50.3	0.0	50.3	30.0
2	02	Cambridgeshire	Sky	51.9	0.0	51.9	28.0
3	03	Essex	Red	53.0	0.0	53.0	26.0
4	07	Suffolk	Maroon	53.8	0.0	53.8	24.0
5	04	Herts Phoenix	Black	54.9	0.0	54.9	22.0
6	05	Herts Pegasus	Orange	57.5	0.0	57.5	20.0

Results Sheet

Medley Relay

Competition:
East Regional 2018 U11B

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	38.0	0.0	38.0	30.0
2	06	Norfolk	Lime	39.0	0.0	39.0	28.0
3	07	Suffolk	Maroon	40.4	0.0	40.4	26.0
4	03	Essex	Red	41.8	0.0	41.8	24.0
5	05	Herts Pegasus	Orange	44.0	0.0	44.0	22.0
6	02	Cambridgeshire	Sky	45.6	0.0	45.6	20.0