

Team Results

Cambridgeshire (sky)

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	2+2	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	475	30	28	30	28	30	30	28	26	30	28	24	27	0	30	30	26
2	Essex	Red	447	25	26	28	24	28	28	26	30	28	20	26	24	0	28	26	24
3	Herts Phoenix	Black	428	25	22	24	30	26	24	30	28	22	30	22	27	0	24	22	22
4	Suffolk	Maroon	416	20	30	22	26	22	26	22	22	24	22	28	30	0	22	24	30
5	Cambridgeshire	Sky	415	28	24	26	22	20	22	20	20	26	26	30	21	0	26	28	28
6	Herts Pegasus	Orange	369	22	20	20	20	24	20	24	24	20	24	20	21	0	20	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Isabella Axelsson	SLJ	1.95	1.99	1.95		1.99	5
2	Polina Frakina	CP	6.25	6.75	6.50		6.75	1
2	Polina Frakina	SLJ	1.97	1.88	1.97		1.97	6
3	Isabella Kimberley	SLJ	1.81	1.92	1.87		1.92	8
3	Isabella Kimberley	TT	6	4	3	0	13	2=
4	Lola Gaches	VJ	34	33	31		34	14
5	Moria Howard	SB	51				51	7=
5	Moria Howard	STJ	6.09	5.69	6.12		6.12	2
6	Hollie Baynes	VJ	36	38	0		38	10
7	Catriona Beaton	J	9	8	11		11	8
7	Catriona Beaton	STJ	0.00	4.16	4.56		4.56	18
8	Isabel Beeson	SB	43				43	14
8	Isabel Beeson	TT	2	2	1	2	7	7
9	Ella Watson	J	10	10	10		10	9
9	Ella Watson	SB	53				53	4=
10	Kiera Hazell	CP	6.00	0.00	5.50		6.00	4
10	Kiera Hazell	STJ	5.43	5.28	5.30		5.43	5
12	Faith Perkins	BT	4	5	15	4	28	13
13	Zola Day	BT	13	15	15	15	58	5
14	Mel Guest	BT	15	5	15	4	39	9=
14	Mel Guest	VJ	0	28	27		28	18

Team Results

Essex (red)

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	2+2	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	475	30	28	30	28	30	30	28	26	30	28	24	27	0	30	30	26
2	Essex	Red	447	25	26	28	24	28	28	26	30	28	20	26	24	0	28	26	24
3	Herts Phoenix	Black	428	25	22	24	30	26	24	30	28	22	30	22	27	0	24	22	22
4	Suffolk	Maroon	416	20	30	22	26	22	26	22	22	24	22	28	30	0	22	24	30
5	Cambridgeshire	Sky	415	28	24	26	22	20	22	20	20	26	26	30	21	0	26	28	28
6	Herts Pegasus	Orange	369	22	20	20	20	24	20	24	24	20	24	20	21	0	20	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Kara Dacosta	J	11	8	11		11	4
2	Chizara Okocha	SLJ	1.88	1.86	1.90		1.90	9
3	Hollie Martin-Whitmark	BT	15	5	7	12	39	9=
3	Hollie Martin-Whitmark	VJ	45	44	43		45	5
4	Gabriella Bilbie	SLJ	2.00	1.98	1.99		2.00	4
4	Gabriella Bilbie	TT	6	2	4	0	12	4=
5	Emmie Faulkner	SB	52				52	6
5	Emmie Faulkner	VJ	39	37	38		39	9
6	Faith Bower	BT	1	6	15	3	25	15
6	Faith Bower	STJ	5.16	5.15	5.42		5.42	6
7	Kirby Jennings	SB	48				48	10=
7	Kirby Jennings	STJ	5.22	5.13	5.06		5.22	11
8	Ester Adesiyan	J	10	9	11		11	7
8	Ester Adesiyan	SLJ	1.82	1.96	1.87		1.96	7
9	Zoe Gregory	STJ	4.84	5.11	5.13		5.13	13
10	Freya Coley	CP	5.75	6.00	6.00		6.00	3
10	Freya Coley	VJ	42	44	44		44	6
12	Holly Huett	SB	48				48	10=
12	Holly Huett	TT	4	2	1	2	9	6
13	Elizabeth Bodal Hansen	BT	3	15	3	15	36	11
13	Elizabeth Bodal Hansen	CP	5.25	5.25	5.50		5.50	7

Team Results

Herts Phoenix (black)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	2+2	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	475	30	28	30	28	30	30	28	26	30	28	24	27	0	30	30	26
2	Essex	Red	447	25	26	28	24	28	28	26	30	28	20	26	24	0	28	26	24
3	Herts Phoenix	Black	428	25	22	24	30	26	24	30	28	22	30	22	27	0	24	22	22
4	Suffolk	Maroon	416	20	30	22	26	22	26	22	22	24	22	28	30	0	22	24	30
5	Cambridgeshire	Sky	415	28	24	26	22	20	22	20	20	26	26	30	21	0	26	28	28
6	Herts Pegasus	Orange	369	22	20	20	20	24	20	24	24	20	24	20	21	0	20	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	D'arcy Wright	SB	54				54	2=
1	D'arcy Wright	SLJ	1.73	1.77	1.75		1.77	12=
2	Zoe Demetriou	J	12	13	13		13	3
2	Zoe Demetriou	SB	53				53	4=
3	Caitlin Ryan	STJ	5.43	5.48	5.44		5.48	3
4	Caite Reid	BT	15	15	15	15	60	1=
4	Caite Reid	VJ	45	0	46		46	4
5	Imogen List	J	11	10	10		11	5=
6	Isabella Stewart	SLJ	1.75	1.77	1.73		1.77	12=
7	Grace Wake	CP	5.25	5.00	5.25		5.25	8
7	Grace Wake	VJ	42	38	31		42	8
8	Nessa Critchley	TT	6	4	3	0	13	2=
8	Nessa Critchley	VJ	35	35	35		35	12
9	Evie Wake	SB	38				38	18
9	Evie Wake	STJ	5.25	5.20	5.21		5.25	9
10	Amelie Tongue	CP	4.25	5.00	5.00		5.00	10
10	Amelie Tongue	STJ	4.84	4.80	4.85		4.85	15
12	Amelie Frizelle	BT	15	4	15	15	49	8
12	Amelie Frizelle	SLJ	1.67	1.58	1.63		1.67	16
13	Freya L Brown	BT	15	15	15	12	57	6
13	Freya L Brown	TT	2	1	0	0	3	10=

Team Results

Herts Pegasus (orange)

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	2+2	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	475	30	28	30	28	30	30	28	26	30	28	24	27	0	30	30	26
2	Essex	Red	447	25	26	28	24	28	28	26	30	28	20	26	24	0	28	26	24
3	Herts Phoenix	Black	428	25	22	24	30	26	24	30	28	22	30	22	27	0	24	22	22
4	Suffolk	Maroon	416	20	30	22	26	22	26	22	22	24	22	28	30	0	22	24	30
5	Cambridgeshire	Sky	415	28	24	26	22	20	22	20	20	26	26	30	21	0	26	28	28
6	Herts Pegasus	Orange	369	22	20	20	20	24	20	24	24	20	24	20	21	0	20	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Caitlin Fisher	STJ	4.74	4.69	4.59		4.74	16
1	Caitlin Fisher	TT	6	4	2	0	12	4=
3	Ella Little	BT	7	3	7	2	19	17
3	Ella Little	STJ	4.66	4.42	4.26		4.66	17
5	Annabel Grainger	SB	39				39	16=
5	Annabel Grainger	VJ	33	33	30		33	15
7	Zara Bell	BT	15	15	15	15	60	1=
7	Zara Bell	VJ	33	0	0		33	16
8	Daisy Murdoch	SLJ	1.39	1.30	1.23		1.39	18
10	Molly Gray	CP	4.75	5.00	4.50		5.00	11
10	Molly Gray	STJ	4.92	4.78	5.10		5.10	14
12	Ella Chandler	SLJ	1.51	1.44	1.55		1.55	17
12	Ella Chandler	TT	6	2	6	2	16	1
14	Mary Barratt	J	8	6	10		10	12
14	Mary Barratt	SB	47				47	13
15	Katie Broom	CP	4.75	4.75	4.25		4.75	12
15	Katie Broom	SB	41				41	15
16	Willow Thomas	BT	10	7	6	4	27	14
16	Willow Thomas	VJ	30	29	32		32	17
17	Freya Lane	J	10	10	11		11	5=
17	Freya Lane	SLJ	1.53	1.51	1.71		1.71	15

Team Results

Norfolk (lime)

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Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	2+2	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	475	30	28	30	28	30	30	28	26	30	28	24	27	0	30	30	26
2	Essex	Red	447	25	26	28	24	28	28	26	30	28	20	26	24	0	28	26	24
3	Herts Phoenix	Black	428	25	22	24	30	26	24	30	28	22	30	22	27	0	24	22	22
4	Suffolk	Maroon	416	20	30	22	26	22	26	22	22	24	22	28	30	0	22	24	30
5	Cambridgeshire	Sky	415	28	24	26	22	20	22	20	20	26	26	30	21	0	26	28	28
6	Herts Pegasus	Orange	369	22	20	20	20	24	20	24	24	20	24	20	21	0	20	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Isabelle Mardle	BT	15	15	15	15	60	1=
1	Isabelle Mardle	SLJ	2.09	2.16	2.11		2.16	1
2	Serena Akomah	SLJ	1.97	2.07	2.00		2.07	3
3	Isabelle Rushmere	SLJ	1.72	1.69	1.74		1.74	14
4	Caitlin Bell	SB	57				57	1
4	Caitlin Bell	VJ	49	49	46		49	1
6	Jennifer Allen	SB	50				50	9
6	Jennifer Allen	STJ	5.16	5.22	5.07		5.22	10
7	Gracie Calvert	J	8	9	10		10	10=
7	Gracie Calvert	STJ	5.34	5.48	5.44		5.48	4
8	Erica Gara-George	SB	51				51	7=
9	Annabelle Hill	BT	2	4	3	15	24	16
9	Annabelle Hill	TT	4	0	0	0	4	8=
10	Sophia Pickering	J	14	11	13		14	2
10	Sophia Pickering	VJ	44	47	49		49	2
11	Lily Mae Coote	BT	15	15	15	15	60	1=
11	Lily Mae Coote	CP	5.25	0.00	5.25		5.25	9
12	Amy Watker	CP	0.00	5.75	5.50		5.75	6
12	Amy Watker	STJ	5.01	5.22	5.31		5.31	8
13	Freya Chapman	TT	2	0	0	0	2	12
14	Grace Greenalf	VJ	46	42	45		46	3

Team Results

Suffolk (maroon)

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East Regional 2018 U11G

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Date
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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	GP	MR	2+2	BT	CP	J	ST	SB	SLJ	STJ
1	Norfolk	Lime	475	30	28	30	28	30	30	28	26	30	28	24	27	0	30	30	26
2	Essex	Red	447	25	26	28	24	28	28	26	30	28	20	26	24	0	28	26	24
3	Herts Phoenix	Black	428	25	22	24	30	26	24	30	28	22	30	22	27	0	24	22	22
4	Suffolk	Maroon	416	20	30	22	26	22	26	22	22	24	22	28	30	0	22	24	30
5	Cambridgeshire	Sky	415	28	24	26	22	20	22	20	20	26	26	30	21	0	26	28	28
6	Herts Pegasus	Orange	369	22	20	20	20	24	20	24	24	20	24	20	21	0	20	20	20
7	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Agatha Gouldby	CP	5.75	6.50	6.00		6.50	2
1	Agatha Gouldby	STJ	5.37	5.22	5.22		5.37	7
2	Tia Duncan	SLJ	1.81	1.71	1.76		1.81	11
3	Ruby Benson - Smith	BT	1	2	7	7	17	18
4	Ana Colbridge	BT	15	15	15	5	50	7
5	Rebecca Sinden	SB	54				54	2=
5	Rebecca Sinden	VJ	35	34	0		35	13
6	Cadence Calver-Brown	SB	48				48	10=
6	Cadence Calver-Brown	TT	0	4	0	0	4	8=
7	Blythe Boreham	SLJ	1.88	1.71	1.76		1.88	10
8	Adeline Faro	J	8	9	10		10	10=
8	Adeline Faro	VJ	42	38	44		44	7
9	Lana Inniss	SLJ	2.08	2.02	2.12		2.12	2
10	Lily Vinyard	VJ	36	37	37		37	11
11	Eirylys Baidoo	BT	2	8	9	15	34	12
12	Kyla Butcher	J	15	10	15		15	1
12	Kyla Butcher	STJ	6.12	6.06	6.14		6.14	1
13	Evie Armstrong	SB	39				39	16=
13	Evie Armstrong	TT	2	0	1	0	3	10=
14	Sophia Dawdry-Wall	CP	5.75	5.75	5.50		5.75	5
14	Sophia Dawdry-Wall	STJ	5.18	5.04	5.12		5.18	12

Results Sheet

Obstacle Relay

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	1:20.6	0.0	1:20.6	30.0
2	02	Cambridgeshire	Sky	1:22.4	0.0	1:22.4	28.0
3=	03	Essex	Red	1:26.6	0.0	1:26.6	25.0
3=	04	Herts Phoenix	Black	1:26.6	0.0	1:26.6	25.0
5	05	Herts Pegasus	Orange	1:33.5	0.0	1:33.5	22.0
6	07	Suffolk	Maroon	1:36.0	0.0	1:36.0	20.0

Results Sheet

1 + 1 Lap Relay

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	07	Suffolk	Maroon	26.3	0.0	26.3	30.0
2	06	Norfolk	Lime	26.4	0.0	26.4	28.0
3	03	Essex	Red	26.5	0.0	26.5	26.0
4	02	Cambridgeshire	Sky	26.7	0.0	26.7	24.0
5	04	Herts Phoenix	Black	26.8	0.0	26.8	22.0
6	05	Herts Pegasus	Orange	28.5	0.0	28.5	20.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	52.1	0.0	52.1	30.0
2	03	Essex	Red	52.3	0.0	52.3	28.0
3	02	Cambridgeshire	Sky	53.5	0.0	53.5	26.0
4	04	Herts Phoenix	Black	54.5	0.0	54.5	24.0
5	07	Suffolk	Maroon	54.9	0.0	54.9	22.0
6	05	Herts Pegasus	Orange	56.4	0.0	56.4	20.0

Results Sheet

6 Lap Paarlauf

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	1:23.4	0.0	1:23.4	30.0
2	06	Norfolk	Lime	1:23.8	0.0	1:23.8	28.0
3	07	Suffolk	Maroon	1:24.7	0.0	1:24.7	26.0
4	03	Essex	Red	1:27.1	0.0	1:27.1	24.0
5	02	Cambridgeshire	Sky	1:28.4	0.0	1:28.4	22.0
6	05	Herts Pegasus	Orange	1:33.8	0.0	1:33.8	20.0

Results Sheet

Over and Under Relay

Competition:
East Regional 2018 U11G

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23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	1:08.6	0.0	1:08.6	30.0
2	03	Essex	Red	1:12.3	0.0	1:12.3	28.0
3	04	Herts Phoenix	Black	1:12.6	0.0	1:12.6	26.0
4	05	Herts Pegasus	Orange	1:15.9	0.0	1:15.9	24.0
5	07	Suffolk	Maroon	1:16.9	0.0	1:16.9	22.0
6	02	Cambridgeshire	Sky	1:22.6	0.0	1:22.6	20.0

Results Sheet

Hurdles Relay

Competition:
East Regional 2018 U11G

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	58.7	0.0	58.7	30.0
2	03	Essex	Red	1:03.1	0.0	1:03.1	28.0
3	07	Suffolk	Maroon	1:04.2	0.0	1:04.2	26.0
4	04	Herts Phoenix	Black	1:04.7	0.0	1:04.7	24.0
5	02	Cambridgeshire	Sky	1:08.9	0.0	1:08.9	22.0
6	05	Herts Pegasus	Orange	1:09.0	0.0	1:09.0	20.0

Results Sheet

Grand Prix

Competition:
East Regional 2018 U11G

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Herts Phoenix	Black	1:03.3	0.0	1:03.3	30.0
2	06	Norfolk	Lime	1:04.3	0.0	1:04.3	28.0
3	03	Essex	Red	1:06.6	0.0	1:06.6	26.0
4	05	Herts Pegasus	Orange	1:09.5	0.0	1:09.5	24.0
5	07	Suffolk	Maroon	1:10.3	0.0	1:10.3	22.0
6	02	Cambridgeshire	Sky	1:11.8	0.0	1:11.8	20.0

Results Sheet

Balance Test

Competition:
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23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Herts Phoenix	Black	166	30
2	Norfolk	Lime	144	28
3	Cambridgeshire	Sky	125	26
4	Herts Pegasus	Orange	106	24
5	Suffolk	Maroon	101	22
6	Essex	Red	100	20

Ranking	Team	Colour	BibNo	Name	Total
1=	Herts Phoenix	Black	4	Caite Reid	60
1=	Herts Pegasus	Orange	7	Zara Bell	60
1=	Norfolk	Lime	1	Isabelle Mardle	60
1=	Norfolk	Lime	11	Lily Mae Coote	60
5	Cambridgeshire	Sky	13	Zola Day	58
6	Herts Phoenix	Black	13	Freya L Brown	57
7	Suffolk	Maroon	4	Ana Colbridge	50
8	Herts Phoenix	Black	12	Amelie Frizelle	49
9=	Cambridgeshire	Sky	14	Mel Guest	39
9=	Essex	Red	3	Hollie Martin-Whitmark	39
11	Essex	Red	13	Elizabeth Bodal Hansen	36
12	Suffolk	Maroon	11	Eirylys Baidoo	34
13	Cambridgeshire	Sky	12	Faith Perkins	28
14	Herts Pegasus	Orange	16	Willow Thomas	27
15	Essex	Red	6	Faith Bower	25
16	Norfolk	Lime	9	Annabelle Hill	24
17	Herts Pegasus	Orange	3	Ella Little	19
18	Suffolk	Maroon	3	Ruby Benson - Smith	17

Results Sheet

Chest Push

Competition:
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23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Cambridgeshire	Sky	12.75	30
2	Suffolk	Maroon	12.25	28
3	Essex	Red	11.50	26
4	Norfolk	Lime	11.00	24
5	Herts Phoenix	Black	10.25	22
6	Herts Pegasus	Orange	9.75	20

Ranking	Team	Colour	BibNo	Name	Best
1	Cambridgeshire	Sky	2	Polina Frakina	6.75
2	Suffolk	Maroon	1	Agatha Gouldby	6.50
3	Essex	Red	10	Freya Coley	6.00
4	Cambridgeshire	Sky	10	Kiera Hazell	6.00
5	Suffolk	Maroon	14	Sophia Dawdry-Wall	5.75
6	Norfolk	Lime	12	Amy Watker	5.75
7	Essex	Red	13	Elizabeth Bodal Hansen	5.50
8	Herts Phoenix	Black	7	Grace Wake	5.25
9	Norfolk	Lime	11	Lily Mae Coote	5.25
10	Herts Phoenix	Black	10	Amelie Tongue	5.00
11	Herts Pegasus	Orange	10	Molly Gray	5.00
12	Herts Pegasus	Orange	15	Katie Broom	4.75

Results Sheet

Javelin

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Suffolk	Maroon	25	30
2=	Herts Phoenix	Black	24	27
2=	Norfolk	Lime	24	27
4	Essex	Red	22	24
5=	Cambridgeshire	Sky	21	21
5=	Herts Pegasus	Orange	21	21

Ranking	Team	Colour	BibNo	Name	Best
1	Suffolk	Maroon	12	Kyla Butcher	15
2	Norfolk	Lime	10	Sophia Pickering	14
3	Herts Phoenix	Black	2	Zoe Demetriou	13
4	Essex	Red	1	Kara Dacosta	11
5=	Herts Phoenix	Black	5	Imogen List	11
5=	Herts Pegasus	Orange	17	Freya Lane	11
7	Essex	Red	8	Ester Adesiyan	11
8	Cambridgeshire	Sky	7	Catriona Beaton	11
9	Cambridgeshire	Sky	9	Ella Watson	10
10=	Norfolk	Lime	7	Gracie Calvert	10
10=	Suffolk	Maroon	8	Adeline Faro	10
12	Herts Pegasus	Orange	14	Mary Barratt	10

Results Sheet

Speed Bounce

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Norfolk	Lime	158	30
2	Essex	Red	148	28
3	Cambridgeshire	Sky	147	26
4	Herts Phoenix	Black	145	24
5	Suffolk	Maroon	141	22
6	Herts Pegasus	Orange	127	20

Ranking	Team	Colour	BibNo	Name	Total
1	Norfolk	Lime	4	Caitlin Bell	57
2=	Herts Phoenix	Black	1	D'arcy Wright	54
2=	Suffolk	Maroon	5	Rebecca Sinden	54
4=	Cambridgeshire	Sky	9	Ella Watson	53
4=	Herts Phoenix	Black	2	Zoe Demetriou	53
6	Essex	Red	5	Emmie Faulkner	52
7=	Cambridgeshire	Sky	5	Moria Howard	51
7=	Norfolk	Lime	8	Erica Gara-George	51
9	Norfolk	Lime	6	Jennifer Allen	50
10=	Essex	Red	7	Kirby Jennings	48
10=	Essex	Red	12	Holly Huett	48
10=	Suffolk	Maroon	6	Cadence Calver-Brown	48
13	Herts Pegasus	Orange	14	Mary Barratt	47
14	Cambridgeshire	Sky	8	Isabel Beeson	43
15	Herts Pegasus	Orange	15	Katie Broom	41
16=	Herts Pegasus	Orange	5	Annabel Grainger	39
16=	Suffolk	Maroon	13	Evie Armstrong	39
18	Herts Phoenix	Black	9	Evie Wake	38

Results Sheet

Standing Long Jump

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Norfolk	Lime	5.97	30
2	Cambridgeshire	Sky	5.88	28
3	Essex	Red	5.86	26
4	Suffolk	Maroon	5.81	24
5	Herts Phoenix	Black	5.21	22
6	Herts Pegasus	Orange	4.65	20

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Lime	1	Isabelle Mardle	2.16
2	Suffolk	Maroon	9	Lana Inniss	2.12
3	Norfolk	Lime	2	Serena Akomah	2.07
4	Essex	Red	4	Gabriella Bilbie	2.00
5	Cambridgeshire	Sky	1	Isabella Axelsson	1.99
6	Cambridgeshire	Sky	2	Polina Frakina	1.97
7	Essex	Red	8	Ester Adesiyan	1.96
8	Cambridgeshire	Sky	3	Isabella Kimberley	1.92
9	Essex	Red	2	Chizara Okocha	1.90
10	Suffolk	Maroon	7	Blythe Boreham	1.88
11	Suffolk	Maroon	2	Tia Duncan	1.81
12=	Herts Phoenix	Black	1	D'arcy Wright	1.77
12=	Herts Phoenix	Black	6	Isabella Stewart	1.77
14	Norfolk	Lime	3	Isabelle Rushmere	1.74
15	Herts Pegasus	Orange	17	Freya Lane	1.71
16	Herts Phoenix	Black	12	Amelie Frizelle	1.67
17	Herts Pegasus	Orange	12	Ella Chandler	1.55
18	Herts Pegasus	Orange	8	Daisy Murdoch	1.39

Results Sheet

Standing Triple Jump

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Suffolk	Maroon	16.69	30
2	Cambridgeshire	Sky	16.11	28
3	Norfolk	Lime	16.01	26
4	Essex	Red	15.77	24
5	Herts Phoenix	Black	15.58	22
6	Herts Pegasus	Orange	14.50	20

Ranking	Team	Colour	BibNo	Name	Best
1	Suffolk	Maroon	12	Kyla Butcher	6.14
2	Cambridgeshire	Sky	5	Moria Howard	6.12
3	Herts Phoenix	Black	3	Caitlin Ryan	5.48
4	Norfolk	Lime	7	Gracie Calvert	5.48
5	Cambridgeshire	Sky	10	Kiera Hazell	5.43
6	Essex	Red	6	Faith Bower	5.42
7	Suffolk	Maroon	1	Agatha Gouldby	5.37
8	Norfolk	Lime	12	Amy Watker	5.31
9	Herts Phoenix	Black	9	Evie Wake	5.25
10	Norfolk	Lime	6	Jennifer Allen	5.22
11	Essex	Red	7	Kirby Jennings	5.22
12	Suffolk	Maroon	14	Sophia Dawdry-Wall	5.18
13	Essex	Red	9	Zoe Gregory	5.13
14	Herts Pegasus	Orange	10	Molly Gray	5.10
15	Herts Phoenix	Black	10	Amelie Tongue	4.85
16	Herts Pegasus	Orange	1	Caitlin Fisher	4.74
17	Herts Pegasus	Orange	3	Ella Little	4.66
18	Cambridgeshire	Sky	7	Catriona Beaton	4.56

Results Sheet

Target Throw

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Herts Pegasus	Orange	28	30
2	Essex	Red	21	28
3	Cambridgeshire	Sky	20	26
4	Herts Phoenix	Black	16	24
5	Suffolk	Maroon	7	22
6	Norfolk	Lime	6	20

Ranking	Team	Colour	BibNo	Name	Total
1	Herts Pegasus	Orange	12	Ella Chandler	16
2=	Cambridgeshire	Sky	3	Isabella Kimberley	13
2=	Herts Phoenix	Black	8	Nessa Critchley	13
4=	Essex	Red	4	Gabriella Bilbie	12
4=	Herts Pegasus	Orange	1	Caitlin Fisher	12
6	Essex	Red	12	Holly Huett	9
7	Cambridgeshire	Sky	8	Isabel Beeson	7
8=	Norfolk	Lime	9	Annabelle Hill	4
8=	Suffolk	Maroon	6	Cadence Calver-Brown	4
10=	Herts Phoenix	Black	13	Freya L Brown	3
10=	Suffolk	Maroon	13	Evie Armstrong	3
12	Norfolk	Lime	13	Freya Chapman	2

Results Sheet

Vertical Jump

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Total	Points
1	Norfolk	Lime	144	30
2	Essex	Red	128	28
3	Herts Phoenix	Black	123	26
4	Suffolk	Maroon	116	24
5	Cambridgeshire	Sky	100	22
6	Herts Pegasus	Orange	98	20

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Lime	4	Caitlin Bell	49
2	Norfolk	Lime	10	Sophia Pickering	49
3	Norfolk	Lime	14	Grace Greenalf	46
4	Herts Phoenix	Black	4	Caitie Reid	46
5	Essex	Red	3	Hollie Martin-Whitmark	45
6	Essex	Red	10	Freya Coley	44
7	Suffolk	Maroon	8	Adeline Faro	44
8	Herts Phoenix	Black	7	Grace Wake	42
9	Essex	Red	5	Emmie Faulkner	39
10	Cambridgeshire	Sky	6	Hollie Baynes	38
11	Suffolk	Maroon	10	Lily Vinyard	37
12	Herts Phoenix	Black	8	Nessa Critchley	35
13	Suffolk	Maroon	5	Rebecca Sinden	35
14	Cambridgeshire	Sky	4	Lola Gaches	34
15	Herts Pegasus	Orange	5	Annabel Grainger	33
16	Herts Pegasus	Orange	7	Zara Bell	33
17	Herts Pegasus	Orange	16	Willow Thomas	32
18	Cambridgeshire	Sky	14	Mel Guest	28

Results Sheet

Medley Relay

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	41.0	0.0	41.0	30.0
2	04	Herts Phoenix	Black	42.0	0.0	42.0	28.0
3	06	Norfolk	Lime	42.8	0.0	42.8	26.0
4	05	Herts Pegasus	Orange	43.6	0.0	43.6	24.0
5	07	Suffolk	Maroon	43.7	0.0	43.7	22.0
6	02	Cambridgeshire	Sky	44.2	0.0	44.2	20.0

Results Sheet

2 + 2 Lap Relay

Competition:
East Regional 2018 U11G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	06	Norfolk	Lime	51.8	0.0	51.8	30.0
2	03	Essex	Red	54.2	0.0	54.2	28.0
3	02	Cambridgeshire	Sky	55.1	0.0	55.1	26.0
4	07	Suffolk	Maroon	55.2	0.0	55.2	24.0
5	04	Herts Phoenix	Black	57.0	0.0	57.0	22.0
6	05	Herts Pegasus	Orange	59.0	0.0	59.0	20.0