

Team Results

Bedfordshire (white)

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Lime	684	70	70	70	60	46	42	58	58	58	46	52	54
2	Essex	Red	608	60	60	50	70	58	46	42	44	44	48	52	34
3	Suffolk	Maroon	481	35	30	60	50	34	42	50	30	44	38	30	38
4	Hertfordshire	Black	463	50	45	30	40	38	44	28	32	36	36	30	54
5	Cambridgeshire	Sky	444	35	45	40	30	34	36	32	46	28	42	46	30
6	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
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***** no results for this team *****

Team Results

Cambridgeshire (sky)

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Lime	684	70	70	70	60	46	42	58	58	58	46	52	54
2	Essex	Red	608	60	60	50	70	58	46	42	44	44	48	52	34
3	Suffolk	Maroon	481	35	30	60	50	34	42	50	30	44	38	30	38
4	Hertfordshire	Black	463	50	45	30	40	38	44	28	32	36	36	30	54
5	Cambridgeshire	Sky	444	35	45	40	30	34	36	32	46	28	42	46	30
6	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Willow Bedding	6LR	1:40.7				1:40.7	9	14
13	Willow Bedding	S	6.60	5.56	5.89	0.00	6.60	5	22
14	Tamzin Digpal - Race	S	6.71	7.26	6.88	6.71	7.26	4	24
15	Macy Taylor	2LR	26.7	0.0			26.7	7=	17
15	Macy Taylor	SLJ	2.07	2.04	2.12	2.12	2.12	7	18
16	Kaia Purdie	SB	50				50	10	12
17	Elena Rivetti	SB	63				63	8	16
18	Jolie Franks	4LR	58.1	0.0			58.1	9	14
18	Jolie Franks	STJ	0.00	0.00	0.00	0.00	0.00		
18	Jolie Franks	VJ	45	46	42	40	46	7	18
19	Lola Hilliard	2LR	26.7	0.0			26.7	7=	17
19	Lola Hilliard	STJ	6.03	6.04	6.16	6.09	6.16	3	26
20	Milly Unsworth	4LR	56.2	56.9			56.9	5	22
20	Milly Unsworth	SLJ	2.10	2.09	2.13	2.19	2.19	4	24
21	Alice Arslanova	STJ	5.47	5.20	5.41	5.41	5.47	6	20
22	Lexi Flockhart	6LR	1:36.7				1:36.7	7	18
22	Lexi Flockhart	VJ	41	39	42	41	42	10	12

Team Results

Essex (red)

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Lime	684	70	70	70	60	46	42	58	58	58	46	52	54
2	Essex	Red	608	60	60	50	70	58	46	42	44	44	48	52	34
3	Suffolk	Maroon	481	35	30	60	50	34	42	50	30	44	38	30	38
4	Hertfordshire	Black	463	50	45	30	40	38	44	28	32	36	36	30	54
5	Cambridgeshire	Sky	444	35	45	40	30	34	36	32	46	28	42	46	30
6	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Uche Okpalauko	2LR	25.1	24.7			24.7	1	30
25	Uche Okpalauko	S	7.49	8.18	8.11	7.52	8.18	3	26
26	Stephanie Okoro	2LR	24.6	25.2			25.2	2	28
26	Stephanie Okoro	SLJ	2.13	2.18	2.28	2.25	2.28	2	28
27	Matilda Canty	6LR	1:32.2				1:32.2	6	20
27	Matilda Canty	SB	69				69	7	18
28	Freya Long	6LR	1:31.4				1:31.4	5	22
29	Mabel Cowley	SB	78				78	3	26
30	Elsie Jenning	STJ	6.08	6.10	6.28	6.15	6.28	1	30
31	Sophie Nugent	4LR	56.8	57.5			57.5	6	20
31	Sophie Nugent	VJ	45	45	43	41	45	9	14
32	Maddie Booty	STJ	5.76	5.92	5.05	5.90	5.92	5	22
33	Maisie Fulker	SLJ	2.14	2.11	2.11	2.16	2.16	6	20
34	Zoe Whitkater	VJ	43	46	44	46	46	6	20
35	Sophia Brindle	4LR	55.5	56.4			56.4	3	26
35	Sophia Brindle	S	0.00	0.00	6.11	0.00	6.11	7	18

Team Results

Norfolk (lime)

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Lime	684	70	70	70	60	46	42	58	58	58	46	52	54
2	Essex	Red	608	60	60	50	70	58	46	42	44	44	48	52	34
3	Suffolk	Maroon	481	35	30	60	50	34	42	50	30	44	38	30	38
4	Hertfordshire	Black	463	50	45	30	40	38	44	28	32	36	36	30	54
5	Cambridgeshire	Sky	444	35	45	40	30	34	36	32	46	28	42	46	30
6	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Erin Waterfield	2LR	26.2	26.2			26.2	4=	23
49	Erin Waterfield	VJ	54	56	44	55	56	2	28
50	Mia Bailey	2LR	26.3	26.2			26.2	4=	23
50	Mia Bailey	STJ	5.98	6.05	6.15	5.99	6.15	4	24
51	Mary Hill	4LR	57.6	0.0			57.6	7	18
51	Mary Hill	VJ	52	52	52	54	54	3	26
52	Hannah Pain	4LR	56.3	56.8			56.8	4	24
53	Grace Daniels	6LR	1:27.1				1:27.1	1	30
53	Grace Daniels	SB	82				82	2	28
54	Alice Craddock	6LR	1:28.1				1:28.1	2	28
55	Nicole Kaszczac	SLJ	2.24	2.26	2.28	2.28	2.28	1	30
56	Amy Moses	SLJ	1.99	2.03	1.98	2.07	2.07	8	16
57	August Gara-George	SB	83				83	1	30
58	Lauren Ward	STJ	5.86	5.81	6.01	6.25	6.25	2	28
59	Bea Honeybone	S	8.78	8.92	0.00	0.00	8.92	2	28
60	Luella Brookes	S	9.27	8.73	9.11	9.69	9.69	1	30

Team Results

Suffolk (maroon)

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Lime	684	70	70	70	60	46	42	58	58	58	46	52	54
2	Essex	Red	608	60	60	50	70	58	46	42	44	44	48	52	34
3	Suffolk	Maroon	481	35	30	60	50	34	42	50	30	44	38	30	38
4	Hertfordshire	Black	463	50	45	30	40	38	44	28	32	36	36	30	54
5	Cambridgeshire	Sky	444	35	45	40	30	34	36	32	46	28	42	46	30
6	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Amber English	2LR	26.6	27.1			27.1	6	20
61	Amber English	VJ	47	44	0	46	47	5	22
62	Bridget Scanlon	2LR	27.3	0.0			27.3	9	14
62	Bridget Scanlon	VJ	46	43	37	39	46	8	16
63	Millie King	4LR	53.9	55.0			55.0	1	30
63	Millie King	SLJ	2.14	2.18	2.24	2.26	2.26	3	26
64	Belle Armstrong	4LR	58.2	0.0			58.2	10	12
64	Belle Armstrong	STJ	5.07	4.96	5.06	4.99	5.07	10	12
65	Gabby Wright	6LR	1:28.7				1:28.7	3	26
66	Isabella Christmas-Ablett	6LR	1:31.1				1:31.1	4	24
66	Isabella Christmas-Ablett	SLJ	1.84	1.87	1.87	1.84	1.87	10	12
67	Kiera Kane	SB	70				70	6	20
68	Charlotte Sayer	STJ	5.31	5.30	5.07	5.21	5.31	7	18
70	Kaitlin Sinden	SB	73				73	4	24
71	Jess Righton	S	4.55	5.02	0.00	0.00	5.02	9	14
72	Izzy Porch	S	0.00	5.03	0.00	0.00	5.03	8	16

Team Results

Hertfordshire (black)

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Lime	684	70	70	70	60	46	42	58	58	58	46	52	54
2	Essex	Red	608	60	60	50	70	58	46	42	44	44	48	52	34
3	Suffolk	Maroon	481	35	30	60	50	34	42	50	30	44	38	30	38
4	Hertfordshire	Black	463	50	45	30	40	38	44	28	32	36	36	30	54
5	Cambridgeshire	Sky	444	35	45	40	30	34	36	32	46	28	42	46	30
6	Bedfordshire	White	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Lucy Ranson	2LR	27.5	0.0			27.5	10	12
37	Lucy Ranson	SB	72				72	5	22
38	Amelie Hall	STJ	5.05	5.16	5.13	5.06	5.16	9	14
39	Adele Periera	SLJ	2.01	1.98	2.03	1.96	2.03	9	14
41	Louise Grenfell	4LR	56.1	55.9			55.9	2	28
41	Louise Grenfell	SB	61				61	9	14
42	Amelia Gittens	2LR	26.2	26.1			26.1	3	26
42	Amelia Gittens	VJ	58	55	56	0	58	1	30
43	Alisha Pereira	6LR	1:39.3				1:39.3	8	16
43	Alisha Pereira	S	3.51	3.81	0.00	4.13	4.13	10	12
44	Sophie Knapp	4LR	57.9	0.0			57.9	8	16
44	Sophie Knapp	VJ	52	51	50	49	52	4	24
45	Ena Oliver	SLJ	2.18	2.16	2.18	2.15	2.18	5	22
46	Hannah Pain	STJ	5.14	5.18	5.10	5.19	5.19	8	16
48	Emily Hughes	6LR	1:41.5				1:41.5	10	12
48	Emily Hughes	S	6.36	5.49	0.00	0.00	6.36	6	20

Results Sheet

Obstacle Relay

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Lime	1:18.7	0.0	1:18.7	70.0
2	03	Essex	Red	1:23.0	0.0	1:23.0	60.0
3	06	Hertfordshire	Black	1:24.7	0.0	1:24.7	50.0
4=	02	Cambridgeshire	Sky	1:26.2	0.0	1:26.2	35.0
4=	05	Suffolk	Maroon	1:26.2	0.0	1:26.2	35.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Lime	50.7	0.0	50.7	70.0
2	03	Essex	Red	51.1	0.0	51.1	60.0
3=	02	Cambridgeshire	Sky	53.3	0.0	53.3	45.0
3=	06	Hertfordshire	Black	53.3	0.0	53.3	45.0
5	05	Suffolk	Maroon	54.2	0.0	54.2	30.0

Results Sheet

2 Lap Race

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1	Essex	Red	58
2	Norfolk	Lime	46
3	Hertfordshire	Black	38
4=	Cambridgeshire	Sky	34
4=	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	25	Uche Okpalauko	24.7	30
2	Essex	Red	26	Stephanie Okoro	25.2	28
3	Hertfordshire	Black	42	Amelia Gittens	26.1	26
4=	Norfolk	Lime	49	Erin Waterfield	26.2	23
4=	Norfolk	Lime	50	Mia Bailey	26.2	23
6	Suffolk	Maroon	61	Amber English	27.1	20
7=	Cambridgeshire	Sky	15	Macy Taylor	26.7	17
7=	Cambridgeshire	Sky	19	Lola Hilliard	26.7	17
9	Suffolk	Maroon	62	Bridget Scanlon	27.3	14
10	Hertfordshire	Black	37	Lucy Ranson	27.5	12

Results Sheet

4 Lap Race

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1	Essex	Red	46
2	Hertfordshire	Black	44
3=	Norfolk	Lime	42
3=	Suffolk	Maroon	42
5	Cambridgeshire	Sky	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	63	Millie King	55.0	30
2	Hertfordshire	Black	41	Louise Grenfell	55.9	28
3	Essex	Red	35	Sophia Brindle	56.4	26
4	Norfolk	Lime	52	Hannah Pain	56.8	24
5	Cambridgeshire	Sky	20	Milly Unsworth	56.9	22
6	Essex	Red	31	Sophie Nugent	57.5	20
7	Norfolk	Lime	51	Mary Hill	57.6	18
8	Hertfordshire	Black	44	Sophie Knapp	57.9	16
9	Cambridgeshire	Sky	18	Jolie Franks	58.1	14
10	Suffolk	Maroon	64	Belle Armstrong	58.2	12

Results Sheet

6 Lap Time Trial

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1	Norfolk	Lime	58
2	Suffolk	Maroon	50
3	Essex	Red	42
4	Cambridgeshire	Sky	32
5	Hertfordshire	Black	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Lime	53	Grace Daniels	1:27.1	30
2	Norfolk	Lime	54	Alice Craddock	1:28.1	28
3	Suffolk	Maroon	65	Gabby Wright	1:28.7	26
4	Suffolk	Maroon	66	Isabella Christmas-Ablett	1:31.1	24
5	Essex	Red	28	Freya Long	1:31.4	22
6	Essex	Red	27	Matilda Canty	1:32.2	20
7	Cambridgeshire	Sky	22	Lexi Flockhart	1:36.7	18
8	Hertfordshire	Black	43	Alisha Pereira	1:39.3	16
9	Cambridgeshire	Sky	13	Willow Bedding	1:40.7	14
10	Hertfordshire	Black	48	Emily Hughes	1:41.5	12

Results Sheet

8 Lap Paarlauf

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Lime	1:48.7	0.0	1:48.7	70.0
2	05	Suffolk	Maroon	1:52.1	0.0	1:52.1	60.0
3	03	Essex	Red	1:52.8	0.0	1:52.8	50.0
4	02	Cambridgeshire	Sky	1:54.1	0.0	1:54.1	40.0
5	06	Hertfordshire	Black	1:57.8	0.0	1:57.8	30.0

Results Sheet

4 x 2 Lap Relay

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Essex	Red	1:41.2	0.0	1:41.2	70.0
2	04	Norfolk	Lime	1:43.0	0.0	1:43.0	60.0
3	05	Suffolk	Maroon	1:44.5	0.0	1:44.5	50.0
4	06	Hertfordshire	Black	1:47.1	0.0	1:47.1	40.0
5	02	Cambridgeshire	Sky	1:47.6	0.0	1:47.6	30.0

Results Sheet

Shot

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1	Norfolk	Lime	58
2	Cambridgeshire	Sky	46
3	Essex	Red	44
4	Hertfordshire	Black	32
5	Suffolk	Maroon	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Lime	60	Luella Brookes	9.69	30
2	Norfolk	Lime	59	Bea Honeybone	8.92	28
3	Essex	Red	25	Uche Okpalauko	8.18	26
4	Cambridgeshire	Sky	14	Tamzin Digpal - Race	7.26	24
5	Cambridgeshire	Sky	13	Willow Bedding	6.60	22
6	Hertfordshire	Black	48	Emily Hughes	6.36	20
7	Essex	Red	35	Sophia Brindle	6.11	18
8	Suffolk	Maroon	72	Izzy Porch	5.03	16
9	Suffolk	Maroon	71	Jess Righton	5.02	14
10	Hertfordshire	Black	43	Alisha Pereira	4.13	12

Results Sheet

Speed Bounce

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1	Norfolk	Lime	58
2=	Essex	Red	44
2=	Suffolk	Maroon	44
4	Hertfordshire	Black	36
5	Cambridgeshire	Sky	28

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	Lime	57	August Gara-George	83	30
2	Norfolk	Lime	53	Grace Daniels	82	28
3	Essex	Red	29	Mabel Cowley	78	26
4	Suffolk	Maroon	70	Kaitlin Sinden	73	24
5	Hertfordshire	Black	37	Lucy Ranson	72	22
6	Suffolk	Maroon	67	Kiera Kane	70	20
7	Essex	Red	27	Matilda Canty	69	18
8	Cambridgeshire	Sky	17	Elena Rivetti	63	16
9	Hertfordshire	Black	41	Louise Grenfell	61	14
10	Cambridgeshire	Sky	16	Kaia Purdie	50	12

Results Sheet

Standing Long Jump

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1	Essex	Red	48
2	Norfolk	Lime	46
3	Cambridgeshire	Sky	42
4	Suffolk	Maroon	38
5	Hertfordshire	Black	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Lime	55	Nicole Kaszczac	2.28	30
2	Essex	Red	26	Stephanie Okoro	2.28	28
3	Suffolk	Maroon	63	Millie King	2.26	26
4	Cambridgeshire	Sky	20	Milly Unsworth	2.19	24
5	Hertfordshire	Black	45	Ena Oliver	2.18	22
6	Essex	Red	33	Maisie Fulker	2.16	20
7	Cambridgeshire	Sky	15	Macy Taylor	2.12	18
8	Norfolk	Lime	56	Amy Moses	2.07	16
9	Hertfordshire	Black	39	Adele Periera	2.03	14
10	Suffolk	Maroon	66	Isabella Christmas-Ablett	1.87	12

Results Sheet

Standing Triple Jump

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1=	Essex	Red	52
1=	Norfolk	Lime	52
3	Cambridgeshire	Sky	46
4=	Suffolk	Maroon	30
4=	Hertfordshire	Black	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	30	Elsie Jenning	6.28	30
2	Norfolk	Lime	58	Lauren Ward	6.25	28
3	Cambridgeshire	Sky	19	Lola Hilliard	6.16	26
4	Norfolk	Lime	50	Mia Bailey	6.15	24
5	Essex	Red	32	Maddie Booty	5.92	22
6	Cambridgeshire	Sky	21	Alice Arslanova	5.47	20
7	Suffolk	Maroon	68	Charlotte Sayer	5.31	18
8	Hertfordshire	Black	46	Hannah Pain	5.19	16
9	Hertfordshire	Black	38	Amelie Hall	5.16	14
10	Suffolk	Maroon	64	Belle Armstrong	5.07	12
	Cambridgeshire	Sky	18	Jolie Franks	0.00	0

Results Sheet

Vertical Jump

Competition:
East Regional 2018 U13G

Venue:
UEA

Date
23 Mar 2018

Ranking	Team	Colour	Points
	Bedfordshire	White	0
1=	Norfolk	Lime	54
1=	Hertfordshire	Black	54
3	Suffolk	Maroon	38
4	Essex	Red	34
5	Cambridgeshire	Sky	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Black	42	Amelia Gittens	58	30
2	Norfolk	Lime	49	Erin Waterfield	56	28
3	Norfolk	Lime	51	Mary Hill	54	26
4	Hertfordshire	Black	44	Sophie Knapp	52	24
5	Suffolk	Maroon	61	Amber English	47	22
6	Essex	Red	34	Zoe Whitkater	46	20
7	Cambridgeshire	Sky	18	Jolie Franks	46	18
8	Suffolk	Maroon	62	Bridget Scanlon	46	16
9	Essex	Red	31	Sophie Nugent	45	14
10	Cambridgeshire	Sky	22	Lexi Flockhart	42	12