

Over Under Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1		127	Emmie Fulker	Chelmsford	18.8
		129	Abigail White	Athletics Fund	19.4
		138	Lucy Chapelhow	Thurrock	20.0
		119	Scarlet Robinson	Basildon	20.3

2		114	Wanatsa Dumbura	Harlow	19.4
		152	Isobel Pickard	Basildon	19.7
		105	Isabelle Foley	Squirrels Heath Jnrs	19.9

3					

4					

4 Lap Race - Girls

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	107	Gaby Bilbie	Chelmsford	52.9
	2	164	Zoe Gregory	Basildon	53.9
	3	111	Kirby Jennings	Basildon	56.6
	4	122	Ellie Thompson	CAT's	58.0

2	1	140	Holly Huett	Benfleet	51.8
	2	136	Rosie Ann Townley	Thurrock	52.2
	3	166	Mabel Cowley	Basildon	52.7
	4	131	Ema Aldea	Thurrock	56.3

3	1	172	Kayleigh Atkinson	Chelmsford	52.1
	2	163	Grace Curtis	Basildon	56.6
	3	155	Polly Parker	CAT's	57.0
	4				

4	1	137	Nazia Salaam-Carew	Thurrock	49.8
	2	184	Kara Dacosta	Woodlands	49.8
	3	106	Katie Hope	0	55.6
	4				

4 Lap Race - Girls



U15

1	1	148	Ariyanna McGee	Basildon	48.1
	2	124	Sophie Nugent	Basildon	51.2
	3	139	Maddie Booty	Thurrock	52.0
	4	118	Abigail Dawson	Harlow	54.1

2	1				
	2				
	3				
	4				

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position	No.	Name	Club / School	Time
1	1	169	Elizabeth Bodal Hansen	Chelmsford	12.4
	2	104	Jessica Lunt	Moulsham Jnr	12.7
	3	108	Amelia Rogers	CAT's	12.7
	4				

2	1	167	Alice Coshell	Thurrock	12.6
	2	160	Sienna Shipton	Athletics Fund	13.1
	3	146	Mia Barber	Basildon	13.2
	4	165	Hannah Gregory	Basildon	13.6

3	1	151	Layla Wing	Basildon	13.1
	2	159	Megan Hallett	Basildon	13.2
	3	156	Florence Clark	Colchester Hrs	13.7
	4	158	Katie Bidgood	Cathedral Sch	14.1

4	1	145	Brooke McClement	Athletics Fund	12.9
	2	176	Sloane Nicholas	Basildon	13.3
	3	105	Isabelle Foley	Squirrels Heath Jnrs	13.6
	4				

5	1	121	Millie Trotter	Benfleet	12.4
	2	127	Emmie Fulker	Chelmsford	13.0
	3	123	Lucy Thompson	CAT's	13.3
	4	128	Eliza Shippey	CAT's	14.1

6	1	116	Amelie Taylor	Colchester Hrs	13.0
	2	114	Wanatsa Dumbura	Harlow	13.1
	3	113	Imogen Pettitt	Athletics Fund	13.5
	4				

7	1	162	Jessica Heath	Benfleet	13.1
	2	171	Emma Thrussel	Basildon	13.2
	3	181	Daisy Edwards	St. C	13.6
	4				

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position	No.	Name	Club / School	Time
1	1	107	Gaby Bilbie	Chelmsford	1.21.7
	2	172	Kayleigh Atkinson	Chelmsford	1.21.8
	3	136	Rosie Ann Townley	Thurrock	1.28.2
	4	125	Elsa Styles	CAT's	1.35.4

2	1	173	Kiera Atkinson	Chelmsford	1.23.1
	2	103	Jessica Pugh	Braintree	1.27.7
	3	180	Ella Whitfield	Basildon	1.29.2
	4				

2 Lap Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	167	Alice Coshell	Thurrock	25.3
	2	116	Amelie Taylor	Colchester Hrs	26.1
	3	132	Emily Bailey	Athletics Fund	26.1
	4				

2	1	121	Millie Trotter	Benfleet	24.8
	2	123	Lucy Thompson	CAT's	25.9
	3	119	Scarlet Robinson	Basildon	26.1
	4	129	Abigail White	Athletics Fund	26.8

3	1	145	Brooke McClement	Athletics Fund	25.3
	2	138	Lucy Chapelhow	Thurrock	26.7
	3	165	Hannah Gregory	Basildon	26.8
	4				

4	1	160	Sienna Shipton	Athletics Fund	26.0
	2	156	Florence Clark	Colchester Hrs	26.6
	3	159	Megan Hallett	Basildon	27.4
	4	158	Katie Bidgood	Cathedral Sch	28.6

5	1	171	Emma Thrussel	Basildon	26.3
	2	176	Sloane Nicholas	Basildon	26.7
	3	181	Daisy Edwards	St. C	26.7
	4	178	Lucy Bulman	Moulsham Jnr	26.8

2 Lap Race - Girls



U13

1	1	141	Ogechukwu Joyce Nzekwe	Thurrock	23.0
	2	131	Ema Aldea	Thurrock	26.1
	3	163	Grace Curtis	Basildon	26.3
	4	130	Imogen Jones	Basildon	26.5

2	1	144	Sophia Bridle	Harlow	23.3
	2	140	Holly Huett	Benfleet	24.7
	3	122	Ellie Thompson	CAT's	25.3
	4	143	Patience Okuwa	CAT's	25.8

3	1	135	Jodie Self	Thurrock	23.2
	2	126	Maisie Fulker	Chelmsford	24.3
	3	157	Georgia Payne	Colchester Hrs	27.4
	4	125	Elsa Styles	CAT's	28.2

4	1	137	Nazia Salaam-Carew	Thurrock	23.9
	2	166	Mabel Cowley	Basildon	24.2
	3	115	EJ Precious Nwachukwu	Thurrock	24.6
	4				

5	1	184	Kara Dacosta	Woodlands	23.6
	2	170	Phoebe Allen	Basildon	24.4
	3	175	Elaner White	CAT's	24.7
	4	102	Jessica Scotchmer	Colchester Hrs	24.8

6	1	164	Zoe Gregory	Basildon	24.7
	2	180	Ella Whitfield	Basildon	25.7
	3	133	Faiza Kafala	Cat's	27.0
	4	153	Marissa Owens	Athletics Fund	27.1

2 Lap Race - Girls

U15

1	1	154	Highlyblessed Mazina	Thurrock	23.8
	2	161	Shenaiah Allen-McKenna	Thurrock	24.1
	3	117	Megan Taylor	Colchester Hrs	25.1
	4	118	Abigail Dawson	Harlow	25.6

2	1	174	Feyi Awosika	Basildon	24.0
	2	150	Millie Upton	Harlow	24.4
	3	142	Natalie Bonyongwa	CAT's	25.8
	4				

3	1				
	2				
	3				
	4				

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	35	Lee Boka	Basildon	18.5
	2	3	Joseph Rogers	CAT's	18.6
	3	16	Zak Williams	Basildon	18.6
	4	13	Austin Kelly	Athletics Fund	20.0

2	1	23	Harry McGee	Basildon	18.9
	2	179	Oliver Fisher	Basildon	19.5
	3	36	Samuel Keen	Basildon	20.0
	4	17	Oscar Griffiths	CAT's	21.3

3	1	1	Dylan Robins	Chelmsford	19.9
	2	177	Sami Corek	Little Thurrock	21.4
	3	30	Luca Rawle	Nelmes Prmy	23.6
	4				

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	18	Tobi Ekerin	Basildon	51.9
	2	7	Harvey Pettitt	Athletics Fund	52.8
	3	10	Alastair Moscuzza	Felsted Prep	53.6
	4	26	Bayley Hartman	Benfleet	56.3

2	1	47	Teddy Matthews	Havering	53.5
	2	31	Joseph Baverstock	Westcliff	57.3
	3	32	Tyler Dalladay	Campion Sch	68.1
	4				

3	1				
	2				
	3				
	4				

U15

1	1	49	Jakub Kowalski	Thurrock	47.7
	2	24	Orhan Corek	Thurrock	47.7
	3				
	4				

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	2	Daniel Headley	Athletics Fund	12.1
	2	50	Jimi Aderin	Basildon	12.1
	3	48	Bryce Bailey	Squirrels Heath Jnrs	12.9
	4	34	Louis Smith	Long Ridings	13.2

2	1	27	Gregory Todorov	Gidea Park	12.5
	2	35	Lee Boka	Basildon	12.6
	3	42	Theo Barwick	Suttons	13.4
	4	40	Samuel Price	Basildon	14.5

3	1	25	Freddie Rowe	Engayne Pmy	12.9
	2	23	Harry McGee	Basildon	13.2
	3	22	James Brinton-Quinn	Havering	13.3
	4				

4	1	6	Samuel Burdett	Whybridge Jnr	13.2
	2	179	Oliver Fisher	Basildon	13.3
	3	11	Samuel Dawson	Harlow	13.9

5	1	3	Joseph Rogers	CAT's	12.7
	2	39	Lucas Atalla	Long Ridings	13.4
	3	183	Aidan Dunber	Basildon	13.6
	4	177	Sami Corek	Little Thurrock	14.4

6 Lap Race - Boys

U13

Heat	Position	No.	Name	Club / School	Time
1	1	46	Benedict Heath	Benfleet	1.21.7
	2				
	3				
	4				

2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	2	Daniel Headley	Athletics Fund	24.0
	2	39	Lucas Atalla	Long Ridings	26.1
	3	48	Bryce Bailey	Squirrels Heath Jnrs	26.1
	4	36	Samuel Keen	Basildon	26.1

2	1	25	Freddie Rowe	Engayne Pmy	25.4
	2	19	Jimi Braund	Gidea Park	25.7
	3	34	Louis Smith	Long Ridings	26.6
	4	17	Oscar Griffiths	CAT's	28.2

3	1	16	Zak Williams	Basildon	25.4
	2	13	Austin Kelly	Athletics Fund	26.4
	3	11	Samuel Dawson	Harlow	26.5
	4	6	Samuel Burdett	Whybridge Jnr	27.7

4	1	5	Findlay McLaren	Scott Primary	27.1
	2	177	Sami Corek	Little Thurrock	29.0
	3	40	Samuel Price	Basildon	30.0
	4				

5	1	50	Jimi Aderin	Basildon	24.5
	2	8	Jack Warren-Gunn	Buttsbury Jnr	24.6
	3	183	Aidan Dunber	Basildon	28.6
	4				

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	45	Jayden Henry	Colchester Hrs	25.2
	2	26	Bayley Hartman	Benfleet	25.5
	3	41	Rocco Barwick	Havering	25.9
	4	38	Ayomiposi Odupitan	Braintree	26.7

2	1	47	Teddy Matthews	Havering	23.7
	2	31	Joseph Baverstock	Westcliff	27.1
	3	32	Tyler Dalladay	Campion Sch	29.9
	4				

3	1	18	Tobi Ekerin	Basildon	24.6
	2	14	Arthur Unstead	Basildon	25.3
	3	12	Adam Bakler-Kugler	Basildon	26.8
	4				

4	1	7	Harvey Pettitt	Athletics Fund	23.9
	2	20	Oreanuoluwa Adepegba	Thurrock	25.2
	3	29	Alex Rawle	Havering	25.7
	4				

5	1				
	2				
	3				
	4				

U15

1	1	21	Oreofeoluwa Adepegba	Thurrock	22.2
	2	24	Orhan Corek	Thurrock	22.2
	3	43	Joshua Agar	Basildon	23.4
	4				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	104	Jessica Lunt	Moulsham Jnr	5.75	5.75	6.25	6.25
U11G	113	Imogen Pettitt	Athletics Fund	4.25	6.00	5.00	6.00
U11G	160	Sienna Shipton	Athletics Fund	5.50	4.75	5.25	5.50
U11G	156	Florence Clark	Colchester Hrs	5.25	5.00	5.25	5.25
U11G	105	Isabelle Foley	Squirrels Heath Jnrs				
U11G	108	Amelia Rogers	CAT's				
U11G	149	Lily-Rose Bartram	Scott Primary				
		LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW					
U13G	141	Ogechukwu Joyce Nzekwe	Thurrock	8.10	8.26	8.64	8.64
U13G	173	Kiera Atkinson	Chelmsford	7.08	6.36	6.74	7.08
U13G	115	EJ Precious Nwachukwu	Thurrock	6.34	6.84	7.07	7.07
U13G	126	Maisie Fulker	Chelmsford	6.04	6.40	5.86	6.40
U13G	136	Rosie Ann Townley	Thurrock	5.77	5.74	6.25	6.25
U13G	144	Sophia Bridle	Harlow	6.24	6.01	5.81	6.24
U13G	135	Jodie Self	Thurrock	5.43		6.15	6.15
U13G	133	Faiza Kafala	Cat's	5.50	5.77	4.73	5.77
U13G	175	Elaner White	CAT's	5.56	5.60	5.53	5.60
U13G	111	Kirby Jennings	Basildon	5.22	4.98	5.30	5.30
U13G	131	Ema Aldea	Thurrock	4.62	4.68	5.17	5.17
U13G	155	Polly Parker	CAT's	4.47	4.82	4.20	4.82
U13G	102	Jessica Scotchmer	Colchester Hrs			3.01	3.01
U13G	157	Georgia Payne	Colchester Hrs		1.78		1.78
U13G	134	Faith Bower	Basildon				
U13G	125	Elsa Styles	CAT's				
U15G	148	Ariyanna McGee	Basildon	6.12	6.92	7.70	7.70
U15G	124	Sophie Nugent	Basildon	5.25	6.71	5.69	6.71
U15G	161	Shenaiah Allen-McKenna	Thurrock	6.05	6.36	6.48	6.48
U15G	139	Maddie Booty	Thurrock	5.75	5.77	6.14	6.14
U15G	142	Natalie Bonyongwa	CAT's				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Standing Long Jump



Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	116	Amelie Taylor	Colchester Hrs	1.82	1.77	1.97	1.97
U11G	156	Florence Clark	Colchester Hrs	1.88	1.84	1.93	1.93
U11G	162	Jessica Heath	Benfleet	1.86	1.88	1.9	1.90
U11G	121	Millie Trotter	Benfleet	1.88	1.73	1.87	1.88
U11G	127	Emmie Fulker	Chelmsford	1.76	1.88	1.8	1.88
U11G	167	Alice Coshell	Thurrock	1.8	1.84	1.56	1.84
U11G	152	Isobel Pickard	Basildon	1.75	1.82	1.76	1.82
U11G	145	Brooke McClement	Athletics Fund	1.69	1.69	1.74	1.74
U11G	151	Layla Wing	Basildon	1.64	1.62	1.72	1.72
U11G	108	Amelia Rogers	CAT's	1.62	1.71	1.67	1.71
U11G	171	Emma Thrussel	Basildon	1.64	1.64	1.68	1.68
U11G	105	Isabelle Foley	Squirrels Heath Jnr	1.62	1.62	1.28	1.62
U11G	129	Abigail White	Athletics Fund	1.54	1.56	1.51	1.56
U11G	178	Lucy Bulman	Moulsham Jnr	1.51	1.54	1.54	1.54
U11G	128	Eliza Shippey	CAT's	1.32	1.48	1.45	1.48
U11G	123	Lucy Thompson	CAT's	1.32	1.42	1.44	1.44
U11G	114	Wanatsa Dumbura	Harlow				
U11G	109	Anna Farrow	Athletics Fund				
U11G	112	Necie Brown	Athletics Fund				
U11G	176	Sloane Nicholas	Basildon				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Standing Long Jump



Girls U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13G	126	Maisie Fulker	Chelmsford	2.18	2.2	2.16	2.20
U13G	144	Sophia Bridle	Harlow	2.04	2.14	2.02	2.14
U13G	135	Jodie Self	Thurrock	2.14	2.08	2.12	2.14
U13G	170	Phoebe Allen	Basildon	1.98	2.03	2.01	2.03
U13G	107	Gaby Bilbie	Chelmsford	2	1.93	1.98	2.00
U13G	175	Elaner White	CAT's	1.98	2	1.98	2.00
U13G	115	EJ Precious Nwachukwu	Thurrock	1.98	1.98	1.9	1.98
U13G	173	Kiera Atkinson	Chelmsford	1.98	1.97	1.98	1.98
U13G	164	Zoe Gregory	Basildon	1.96	1.92	1.88	1.96
U13G	166	Mabel Cowley	Basildon	1.94	1.96	1.95	1.96
U13G	136	Rosie Ann Townley	Thurrock	1.95	1.95	1.93	1.95
U13G	140	Holly Huett	Benfleet	1.85	1.78	1.71	1.85
U13G	134	Faith Bower	Basildon	1.76	1.72	1.85	1.85
U13G	102	Jessica Scotchmer	Colchester Hrs	1.78	1.69	1.73	1.78
U13G	172	Kayleigh Atkinson	Chelmsford	1.74	1.78	1.74	1.78
U13G	155	Polly Parker	CAT's	1.76	1.76	1.65	1.76
U13G	131	Ema Aldea	Thurrock	1.74	1.7	1.62	1.74
U13G	143	Patience Okuwa	CAT's		1.48	1.7	1.70
U13G	130	Imogen Jones	Basildon	1.62	1.56	1.62	1.62
U13G	125	Elsa Styles	CAT's	1.3	1.36	1.32	1.36
U13G	101	Matilda Canty	Havering				
U15G	150	Millie Upton	Harlow	2.18	2.14	2.17	2.18
U15G	117	Megan Taylor	Colchester Hrs	1.9	1.88	1.99	1.99
U15G	154	Highlyblessed Mazina	Thurrock	1.93	1.81	1.72	1.93
U15G	142	Natalie Bonyongwa	CAT's	1.7	1.82	1.74	1.82
U15G	174	Feyi Awosika	Basildon	1.64	1.68	1.72	1.72
U15G	147	Zoe Whitaker	Chelmsford				
U15G	161	Shenaiah Allen-McKenna	Thurrock				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Standing Triple Jump

Sportshall

Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	104	Jessica Lunt	Moulsham Jnr	5.46	5.34	5.15	5.46
U11G	132	Emily Bailey	Athletics Fund	4.92	5.19	5.09	5.19
U11G	176	Sloane Nicholas	Basildon	4.86	4.96	4.78	4.96
U11G	160	Sienna Shipton	Athletics Fund	4.66	4.8	4.65	4.80
U11G	113	Imogen Pettitt	Athletics Fund	4.72	4.69	4.46	4.72
U11G	146	Mia Barber	Basildon	4.4	4.42	4.4	4.42
U11G	159	Megan Hallett	Basildon	4.36	4.25	3.93	4.36
U11G	168	Ja'shayla Cousins-Okolie	Broadford				
U13G	144	Sophia Bridle	Harlow	5.86	6.12	6.52	6.52
U13G	137	Nazia Salaam-Carew	Thurrock	6.07	5.98	6.28	6.28
U13G	135	Jodie Self	Thurrock	5.7	5.98	5.63	5.98
U13G	111	Kirby Jennings	Basildon	5.82	5.88	5.62	5.88
U13G	134	Faith Bower	Basildon	5.04	5.38	5.18	5.38
U13G	103	Jessica Pugh	Braintree	5.19	5.23	5.26	5.26
U13G	163	Grace Curtis	Basildon	4.88	4.98	5	5.00
U13G	102	Jessica Scotchmer	Colchester Hrs	4.04	4.07	3.89	4.07
U13G	153	Marissa Owens	Athletics Fund	3.74	3.76	3.76	3.76
U13G	110	Elise Jennings	Basildon				
U13G	133	Faiza Kafala	Cat's				
U15G	139	Maddie Booty	Thurrock	5.88	6.11	6.2	6.20
U13G	141	Ogechukwu Joyce Nzekwe	Thurrock	5.94	6.09	6.03	6.09
U15G	154	Highlyblessed Mazina	Thurrock	5.49	5.82	5.59	5.82
U15G	161	Shenaiah Allen-McKenna	Thurrock	5.36		5.79	5.79
U15G	142	Natalie Bonyongwa	CAT's				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Vertical Jump

Sportshall

Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	162	Jessica Heath	Benfleet	39	42	40	42.00
U11G	152	Isobel Pickard	Basildon	38	40	41	41.00
U11G	104	Jessica Lunt	Moulsham Jnr	39	36	34	39.00
U11G	132	Emily Bailey	Athletics Fund	32	32	39	39.00
U11G	169	Elizabeth Bodal Hansen	Chelmsford	38	38	36	38.00
U11G	119	Scarlet Robinson	Basildon	34	36	37	37.00
U11G	151	Layla Wing	Basildon	36	34	37	37.00
U11G	165	Hannah Gregory	Basildon	35	35	32	35.00
U11G	171	Emma Thrussel	Basildon	32	35	29	35.00
U11G	128	Eliza Shippey	CAT's	29	28	34	34.00
U11G	138	Lucy Chapelhow	Thurrock	31	33	29	33.00
U11G	158	Katie Bidgood	Cathedral Sch	28	32	31	32.00
U11G	178	Lucy Bulman	Moulsham Jnr	31	30	30	31.00
U13G	126	Maisie Fulker	Chelmsford	50	54	53	54.00
U13G	134	Faith Bower	Basildon	48	48	48	48.00
U13G	111	Kirby Jennings	Basildon	38	34	36	38.00
U13G	103	Jessica Pugh	Braintree	32	31	37	37.00
U13G	153	Marissa Owens	Athletics Fund	34	32	37	37.00
U13G	164	Zoe Gregory	Basildon	34	33	29	34.00
U13G	130	Imogen Jones	Basildon	33	34	31	34.00
U13G	122	Ellie Thompson	CAT's	22	29	33	33.00
U13G	155	Polly Parker	CAT's	33	32	31	33.00
U13G	133	Faiza Kafala	Cat's	32	33	31	33.00
U13G	110	Elise Jennings	Basildon				
U15G	150	Millie Upton	Harlow	52	53	54	54.00
U15G	148	Ariyanna McGee	Basildon	51	48	49	51.00
U15G	117	Megan Taylor	Colchester Hrs	43	47	46	47.00
U15G	139	Maddie Booty	Thurrock	44	41	46	46.00
U15G	161	Shenaiah Allen-McKenna	Thurrock	42	42	43	43.00
U15G	124	Sophie Nugent	Basildon	38	39	42	42.00
U15G	174	Feyi Awosika	Basildon	38	40	37	40.00
U15G	118	Abigail Dawson	Harlow	31	32	28	32.00
U15G	147	Zoe Whitaker	Chelmsford				0.00
U15G	15	Lois Clarke	Chelmsford				0.00

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Hi Stepper

Sportshall

Girls U11

No.	Name	Club/School	Trial 1
U11G 169	Elizabeth Bodal Hansen	Chelmsford	16.0
U11G 105	Isabelle Foley	Squirrels Heath Jnr	16.2
U11G 152	Isobel Pickard	Basildon	16.2
U11G 146	Mia Barber	Basildon	16.3
U11G 132	Emily Bailey	Athletics Fund	16.6
U11G 165	Hannah Gregory	Basildon	18.8
U11G 128	Eliza Shippey	CAT's	20.0
U11G 123	Lucy Thompson	CAT's	20.6
U11G 168	Ja'shayla Cousins-Okolie	Broadford	

Target Throw

Sportshall

Girls U11

No.	Name	Club/School	Total Points
U11G 176	Sloane Nicholas	Basildon	15
U11G 178	Lucy Bulman	Moulsham Jnr	10
U11G 146	Mia Barber	Basildon	10
U11G 123	Lucy Thompson	CAT's	8
U11G 169	Elizabeth Bodal Hansen	Chelmsford	7
U11G 114	Wanatsa Dumbura	Harlow	

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Speed Bounce

Sportshall

Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	108	Amelia Rogers	CAT's	56
U11G	113	Imogen Pettitt	Athletics Fund	56
U11G	121	Millie Trotter	Benfleet	56
U11G	149	Lily-Rose Bartram	Scott Primary	54
U11G	127	Emmie Fulker	Chelmsford	53
U11G	116	Amelie Taylor	Colchester Hrs	50
U11G	119	Scarlet Robinson	Basildon	50
U11G	151	Layla Wing	Basildon	48
U11G	129	Abigail White	Athletics Fund	46
U11G	138	Lucy Chapelhow	Thurrock	45
U11G	162	Jessica Heath	Benfleet	43
U11G	159	Megan Hallett	Basildon	42
U11G	158	Katie Bidgood	Cathedral Sch	42
U11G	146	Mia Barber	Basildon	42
U11G	167	Alice Coshell	Thurrock	40
U11G	109	Anna Farrow	Athletics Fund	
U11G	112	Neecie Brown	Athletics Fund	
U11G	168	Ja'shayla Cousins-Okolie	Broadford	
U11G	145	Brooke Mcclement	Athletics Fund	

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Speed Bounce



Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	166	Mabel Cowley	Basildon	74
U13G	107	Gaby Bilbie	Chelmsford	74
U13G	137	Nazia Salaam-Carew	Thurrock	72
U13G	184	Kara Dacosta	Woodlands	71
U13G	175	Elaner White	CAT's	71
U13G	170	Phoebe Allen	Basildon	70
U13G	133	Faiza Kafala	Cat's	68
U13G	173	Kiera Atkinson	Chelmsford	68
U13G	140	Holly Huett	Benfleet	66
U13G	172	Kayleigh Atkinson	Chelmsford	65
U13G	103	Jessica Pugh	Braintree	63
U13G	115	EJ Precious Nwachukwu	Thurrock	63
U13G	153	Marissa Owens	Athletics Fund	60
U13G	130	Imogen Jones	Basildon	57
U13G	163	Grace Curtis	Basildon	56
U13G	143	Patience Okuwa	CAT's	54
U13G	122	Ellie Thompson	CAT's	50
U13G	101	Matilda Canty	Havering	
U13G	110	Elise Jennings	Basildon	
U15G	148	Ariyanna McGee	Basildon	78
U15G	117	Megan Taylor	Colchester Hrs	69
U15G	150	Millie Upton	Harlow	68
U15G	142	Natalie Bonyongwa	CAT's	60
U15G	118	Abigail Dawson	Harlow	58

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Chest Push

Shot Putt

Sportshall

Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11B	179	Oliver Fisher	Basildon	6.50	7.50	6.75	7.50
U11B	177	Sami Corek	Little Thurrock	5.75	5.25	6.75	6.75
U11B	23	Harry McGee	Basildon	5.00	6.25	5.25	6.25
U11B	27	Gregory Todorov	Gidea Park	5.30	6.00	5.00	6.00
U11B	48	Bryce Bailey	Squirrels Heath J	6.00	5.75	5.50	6.00
U11B	19	Jimi Braund	Gidea Park	5.25	5.50	5.75	5.75
U11B	50	Jimi Aderin	Basildon	5.00	5.75	5.75	5.75
U11B	6	Samuel Burdett	Whybridge Jnr	5.25	5.75	5.75	5.75
U11B	3	Joseph Rogers	CAT's				
		LINEAR SHOT: MEASURED TO NEAREST 25CM BELOW					
U13B	20	Oreanuoluwa Adepegba	Thurrock	6.76	6.79	6.98	6.98
U13B	46	Benedict Heath	Benfleet	5.98	5.44	5.89	5.98
U13B	31	Joseph Baverstock	Westcliff	5.32	5.22	4.66	5.32
U13B	41	Rocco Barwick	Havering	4.89	4.89		4.89
U13B	14	Arthur Unstead	Basildon	4.20	4.20	4.28	4.28
U13B	32	Tyler Dalladay	Campion Sch		3.56	3.39	3.56
U13B	45	Jayden Henry	Colchester Hrs		3.40	3.21	3.40
U13B	7	Harvey Pettitt	Athletics Fund				
U13B	38	Ayomiposi Odupitan	Braintree				
U15B	21	Oreofeoluwa Adepegba	Thurrock		9.25	10.18	10.18
U15B	43	Joshua Agar	Basildon	9.10	8.91	8.94	9.10
U15B	49	Jakub Kowalski	Thurrock	8.02	8.33	8.63	8.63

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	2	Daniel Headley	Athletics Fund	1.96	2.2	1.96	2.20
U11B	8	Jack Warren-Gunn	Buttsbury Jnr	2.02	1.74	1.92	2.02
U11B	50	Jimi Aderin	Basildon	1.76	2.02	1.94	2.02
U11B	27	Gregory Todorov	Gidea Park	1.82	1.78	1.8	1.82
U11B	6	Samuel Burdett	Whybridge Jnr	1.68	1.74	1.74	1.74
U11B	35	Lee Boka	Basildon	1.72	1.74	1.74	1.74
U11B	42	Theo Barwick	Suttons	1.62	1.26	1.72	1.72
U11B	5	Findlay McLaren	Scott Primary	1.57	1.62	1.7	1.70
U11B	16	Zak Williams	Basildon	1.68	1.64	1.2	1.68
U11B	25	Freddie Rowe	Engayne Pmy	1.64	1.18	1.62	1.64
U11B	48	Bryce Bailey	Squirrels Heath J	1.54	1.56	1.62	1.62
U11B	13	Austin Kelly	Athletics Fund	1.1	1.6	1.52	1.60
U11B	177	Sami Corek	Little Thurrock	1.56	1.58	1.48	1.58
U11B	30	Luca Rawle	Nelmes Prmy	1.54	1.44	1.42	1.54
U11B	17	Oscar Griffiths	CAT's	1.48	1.5	1.46	1.50
U11B	11	Samuel Dawson	Harlow	1.5	1.42	1.44	1.50
U11B	34	Louis Smith	Long Ridings	1.5	1.48	1.48	1.50
U11B	40	Samuel Price	Basildon	1.36	1.44	1.48	1.48
U11B	183	Aidan Dunber	Basildon	1.22	1.42	1.36	1.42
U11B	33	Ellis Cross	Basildon				

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Standing Long Jump

Sportshall

Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	38	Ayomiposi Odupitan	Braintree	2.18	2.09	2.24	2.24
U13B	7	Harvey Pettitt	Athletics Fund	2.02	2.04	2.08	2.08
U13B	46	Benedict Heath	Benfleet	2.05	1.56	2.05	2.05
U13B	18	Tobi Ekerin	Basildon	1.92	1.86	1.94	1.94
U13B	41	Rocco Barwick	Havering	1.92	1.84	1.92	1.92
U13B	14	Arthur Unstead	Basildon	1.76	1.82	1.9	1.90
U13B	29	Alex Rawle	Havering		1.84	1.9	1.90
U13B	45	Jayden Henry	Colchester Hrs	1.8	1.88	1.88	1.88
U13B	10	Alastair Moscuzza	Felsted Prep	1.82	1.86	1.86	1.86
U13B	12	Adam Bakler-Kugler	Basildon	1.82	1.8	1.84	1.84
U13B	31	Joseph Baverstock	Westcliff	1.77	1.72	1.78	1.78
U13B	26	Bayley Hartman	Benfleet	1.72	1.76	1.76	1.76
U13B	32	Tyler Dalladay	Campion Sch	1.52	1.42	1.52	1.52
U13B	28	Jonathan Pearson	Havering				
U13B	51	Harrison Leek	Colchester Hrs				
U15B	49	Jakub Kowalski	Thurrock	2.28		2.52	2.52
U15B	21	Oreofeoluwa Adepegba	Thurrock	2.28	2.3	2.46	2.46
U15B	24	Orhan Corek	Thurrock	2.3	2.2	2.3	2.30
U15B	37	Olamide Odupitan	Braintree	2.24	2.22	2.18	2.24
U15B	44	Marley Henry	Colchester Hrs	1.76	1.76	1.77	1.77

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Standing Triple Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	1	Dylan Robins	Chelmsford	5.2	5.13	5.29	5.29
U11B	8	Jack Warren-Gunn	Buttsbury Jnr	4.48	4.76	5.14	5.14
U11B	35	Lee Boka	Basildon	4.62	4.74	5.03	5.03
U13B	20	Oreanuoluwa Adepegba	Thurrock	5.24	5.54	5.88	5.88
U13B	29	Alex Rawle	Havering	5.65	5.82	5.78	5.82
U13B	47	Teddy Matthews	Havering	5.54	5.52	5.7	5.70
U13B	14	Arthur Unstead	Basildon	5.26	5.14	5.22	5.26
U13B	4	Elija Browne	Havering				
U15B	49	Jakub Kowalski	Thurrock	7.84	7.8	7.86	7.86
U15B	21	Oreofeoluwa Adepegba	Thurrock	7.67	7.58	7.72	7.72
U15B	43	Joshua Agar	Basildon	6.7	6.88	6.98	6.98
U15B	44	Marley Henry	Colchester Hrs	5	5.1	5.44	5.44



Sportshall

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EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Hi Stepper

Sportshall

Boys U11

	No.	Name	Club/School	Trial
				1
U11B	25	Freddie Rowe	Engayne Pmy	12.3
U11B	2	Daniel Headley	Athletics Fund	12.6
U11B	22	James Brinton-Quinn	Havering	13.3
U11B	5	Findlay McLaren	Scott Primary	13.9
U11B	35	Lee Boka	Basildon	15.0

Target Throw

Sportshall

Boys U11

	No.	Name	Club/School	Total
				Points
U11B	36	Samuel Keen	Basildon	13
U11B	34	Louis Smith	Long Ridings	11
U11B	11	Samuel Dawson	Harlow	11
U11B	1	Dylan Robins	Chelmsford	11
U11B	3	Joseph Rogers	CAT's	11
U11B	17	Oscar Griffiths	CAT's	10
U11B	16	Zak Williams	Basildon	10
U11B	30	Luca Rawle	Nelmes Prmy	9
U11B	40	Samuel Price	Basildon	8
U11B	42	Theo Barwick	Suttons	7
U11B	22	James Brinton-Quinn	Havering	6
U13B	38	Ayomiposi Odupitan	Braintree	14

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Speed Bounce

Boys U11 (20 secs)

Sportshall

	No.	Name	Club/School	Trial
				1
U11B	1	Dylan Robins	Chelmsford	55
U11B	179	Oliver Fisher	Basildon	50
U11B	5	Findlay McLaren	Scott Primary	49
U11B	13	Austin Kelly	Athletics Fund	48
U11B	42	Theo Barwick	Suttons	47
U11B	50	Jimi Aderin	Basildon	46
U11B	19	Jimi Braund	Gidea Park	45
U11B	39	Lucas Atalla	Long Ridings	39
U11B	27	Gregory Todorov	Gidea Park	39
U11B	8	Jack Warren-Gunn	Buttsbury Jnr	39
U11B	183	Aidan Dunber	Basildon	39
U11B	33	Ellis Cross	Basildon	
U11B	6	Samuel Burdett	Whybridge Jnr	

EAN - SPORTSHALL COMPETITION

Chelmsford, Sunday 7th October 2018

Speed Bounce



Boys U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13B	47	Teddy Matthews	Havering	81
U13B	10	Alastair Moscuza	Felsted Prep	73
U13B	46	Benedict Heath	Benfleet	67
U13B	18	Tobi Ekerin	Basildon	65
U13B	26	Bayley Hartman	Benfleet	65
U13B	12	Adam Bakler-Kugler	Basildon	64
U13B	7	Harvey Pettitt	Athletics Fund	64
U13B	29	Alex Rawle	Havering	60
U13B	45	Jayden Henry	Colchester Hrs	58
U13B	4	Elija Browne	Havering	
U13B	51	Harrison Leek	Colchester Hrs	
U15B	24	Orhan Corek	Thurrock	75
U15B	37	Olamide Odupitan	Braintree	72
U15B	44	Marley Henry	Colchester Hrs	64