

Over Under Race - Girls



U11

Heat	Position	No.	Name	Club / School	Time
1		13	Alice Coshell	Thurrck Harriers	17.8
		29	Abi White	Chelmsford AC	18.2
		32	Ines Toral	none	18.9
		15	Ava Bailey	Athletics Fund	19.1

4 Lap Race - Girls



U13

Heat	Position	No.	Name	Club / School	Time
1	1	10	Etienne King	Chelmsford AC	49.9
	2	11	Millie Trotter	Basildon AC	50.4
	3	19	Holly Huett	Basildon AC	50.7
	4	6	Mia Bowring	Chelmsford AC	51.4

2	1	7	Scarlet Robinson	Basildon AC	51.2
	2	27	Imogen Tooke	Chelmsford AC	51.4
	3	18	Emmie Fulker	Chelmsford AC	52.5
	4				

3	1	9	Gaby Bilbie	Chelmsford AC	50.7
	2	25	Brooke Mcclement	Chelmsford AC	53.1
	3	30	Lola Butcher	Benfleet	60.7
	4				

4 Lap Race - Girls



U15

1	1	12	Mabel Cowley	Basildon AC	53.9
	2	26	Ema Aldea	Thurrck Harriers	56.1
	3				
	4				

2	1				
	2				
	3				

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position	No.	Name	Club / School	Time
1	1	33	Nelly Collard	Athletics Fund	12.5
	2	21	Amelie Shipton	Athletics Fund	12.6
	3	34	Faramade Aderin	none	13.7
	4				

2	1	8	Ella Gilder-Briggs	Chelmsford AC	12.3
	2	3	Florence Clark	Colchstr Harriers	12.4
	3	43	Obasorekunmi Obanubi	Thurrck Harriers	13.1
	4				

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position	No.	Name	Club / School	Time
1	1	20	Sienna Shipton	Chelmsford AC	1.22.5
	2	14	Jessica Heath	Basildon AC	1.28.8
	3	16	Emily Bailey	Basildon AC	1.29.8
	4				

2 Lap Race - Girls

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	8	Ella Gilder-Briggs	Chelmsford AC	24.7
	2	13	Alice Coshell	Thurrck Harriers	25.5
	3	28	Lucy Bulman	Chelmsford AC	26.3
	4	23	Kesia Crees	Athletics Fund	27.9

2	1	33	Nelly Collard	Athletics Fund	25.1
	2	32	Ines Toral	none	25.9
	3	34	Faramade Aderin	none	28.4
	4				

3	1	4	Lily Hartman	Basildon AC	25.2
	2	21	Amelie Shipton	Athletics Fund	25.2
	3	43	Obasorekunmi Obanubi	Thurrck Harriers	25.2
	4				

2 Lap Race - Girls

Sportshall

U13

1	1	10	Etienne King	Chelmsford AC	24.0
	2	20	Sienna Shipton	Chelmsford AC	24.5
	3	24	Imogen Jones	Basildon AC	26.1
	4				

2	1	7	Scarlet Robinson	Basildon AC	24.4
	2	18	Emmie Fulker	Chelmsford AC	24.5
	3	25	Brooke McClement	Chelmsford AC	24.7
	4				

3	1	27	Imogen Tooke	Chelmsford AC	23.8
	2	31	Aroa Toral	none	24.6
	3	22	Isobel Pickard	Basildon AC	24.9
	4	5	Jessica Lunt	Athletics Fund	24.9

4	1	35	Angel Wright	Chelmsford AC	24.5
	2	1	Amelie Taylor	Colchstr Harriers	24.5
	3	30	Lola Butcher	Benfleet	28.2
	4				

2 Lap Race - Girls

U15

1	1	37	Feyi Awosika	Basildon AC	24.2
	2	2	Megan Taylor	Colchstr Harriers	24.2
	3	12	Mabel Cowley	Basildon AC	24.5
	4	39	Molly Clark	Chelmsford AC	24.8
2	1	17	Maisie Fulker	Chelmsford AC	23.6
	2	26	Ema Aldea	Thurrck Harriers	25.3
	3	38	Georgia Frain	Chelmsford AC	28.9
	4				
3	1				
	2				
	3				
	4				

Over Under Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	58	Kieran Bragg	Athletics Fund	18.4
	2	60	Findlay McLaren	none	18.5
	3	65	William Green	Athletics Fund	18.9
	4	55	Luca Rawle	none	24.0

4 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	68	Daniel Headley	Basildon AC	53.3
	2	71	Jimi Aderin	Basildon AC	55.4
	3				
	4				

U15

1	1	66	Samson Onilogbo	Basildon AC	46.7
	2	69	Thomas Headley	none	47.6
	3	59	Benedict Heath	Basildon AC	49.5
	4	50	Bayley Hartman	Basildon AC	52.2

1 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	61	Lee Boka	Basildon AC	12.5
	2	72	Marcus Fazackerley	Chelmsford AC	12.9
	3				
	4				
2	1	57	Jack Warren-Gunn	Athletics Fund	12.0
	2	56	Freddie Rowe	none	12.3
	3	52	Samuel Burdett	none	12.9
	4				

6 Lap Race - Boys

U13

Heat	Position	No.	Name	Club / School	Time
1	1				
	2				
	3				
	4				

2 Lap Race - Boys

Sportshall

U11

Heat	Position	No.	Name	Club / School	Time
1	1	60	Findlay McLaren	none	24.7
	2	58	Kieran Bragg	Athletics Fund	24.8
	3				
	4				

2	1	57	Jack Warren-Gunn	Athletics Fund	25.1
	2	56	Freddie Rowe	none	25.1
	3	52	Samuel Burdett	none	26.8
	4				

2 Lap Race - Boys

Sportshall

U13

Heat	Position	No.	Name	Club / School	Time
1	1	71	Jimi Aderin	Basildon AC	23.8
	2	76	Ayomiposi Odupitan	Braintree AC	24.3
	3	68	Daniel Headley	Basildon AC	24.9
	4	53	Adam Bakler-Kugler	Basildon AC	26.0

2	1	64	Samuel Bernard	Thurrck Harriers	24.0
	2	67	Oreanuoluwa Adepegba	Thurrck Harriers	24.5
	3	62	Arthur Unstead	Basildon AC	25.0
	4	70	Harry McGee	Basildon AC	26.2

U15

1	1	75	Samson Wright	Basildon AC	22.2
	2	74	Isaac Wright	Basildon AC	23.0
	3	54	Alex Rawle	Havering AC	24.7
	4				

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Chest Push

Shot Putt



Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	43	Obasorekunmi Obanubi	Thurrck Harriers	7.17	7.75	7.50	7.75
U11G	23	Kesia Crees	Athletics Fund	5.75	6.75	5.50	6.75
U11G	3	Florence Clark	Colchstr Harriers	6.17	6.50	6.25	6.50
U11G	29	Abi White	Chelmsford AC	5.75	5.50	5.00	5.50
		MEASURED TO NEAREST 25CM BELOW					
U13G	31	Aroa Toral	none	6.50	7.00	7.00	7.00
U13G	35	Angel Wright	Chelmsford AC	6.64	NT	6.66	6.66
U13G	27	Imogen Tooke	Chelmsford AC	5.63	NT	NT	5.63
U13G	14	Jessica Heath	Basildon AC	5.25	5.45	5.46	5.46
U13G	20	Sienna Shipton	Chelmsford AC	4.57	5.11	4.99	5.11
U13G	16	Emily Bailey	Basildon AC	4.42	4.20	4.72	4.72
U15G	41	Jodie Self	Thurrck Harriers	7.34	8.41	7.87	8.41
U15G	39	Molly Clark	Chelmsford AC	8.33	NT	7.41	8.33
U15G	17	Maisie Fulker	Chelmsford AC	7.18	7.59	7.60	7.60
U15G	40	Maddie Booty	Thurrck Harriers	5.50	4.60	6.30	6.30
U15G	26	Ema Aldea	Thurrck Harriers	5.25	5.06	5.39	5.39
U15G	37	Feyi Awosika	Basildon AC	4.77	4.97	NT	4.97

Standing Long Jump

Sportshall

Girls U11

No.	Name	Club/School	Trial			Best
			1	2	3	
U11G 3	Florence Clark	Colchstr Harriers	1.98	1.74	1.88	1.98
U11G 13	Alice Coshell	Thurrck Harriers	1.84	1.94	1.88	1.94
U11G 23	Kesia Crees	Athletics Fund	1.8	1.86	1.92	1.92
U11G 43	Obasorekunmi Obanubi	Thurrck Harriers	1.9	1.86	1.9	1.90
U11G 4	Lily Hartman	Basildon AC	1.68	1.72	1.8	1.80
U11G 34	Faramade Aderin	none	1.78	1.78	1.78	1.78
U11G 29	Abi White	Chelmsford AC	1.66	1.62	1.66	1.66
U11G 28	Lucy Bulman	Chelmsford AC	1.58	1.5	1.52	1.58
U11G 32	Ines Toral	none	1.58	1.58	1.54	1.58
U11G 21	Amelie Shipton	Athletics Fund	1.56	1.52	1.52	1.56

Standing Long Jump

Sportshall

Girls U13 / U15

No.	Name	Club/School	Trial			Best
			1	2	3	
U13G 9	Gaby Bilbie	Chelmsford AC	2.04	1.98	2.04	2.04
U13G 1	Amelie Taylor	Colchstr Harriers	2.02	2.04	1.94	2.04
U13G 14	Jessica Heath	Basildon AC	2.02	1.98	2	2.02
U13G 11	Millie Trotter	Basildon AC	1.82	1.9	1.94	1.94
U13G 5	Jessica Lunt	Athletics Fund	1.94	1.88	1.88	1.94
U13G 22	Isobel Pickard	Basildon AC	1.86	1.9	1.92	1.92
U13G 35	Angel Wright	Chelmsford AC	NJ	1.9	1.84	1.90
U13G 18	Emmie Fulker	Chelmsford AC	1.8	1.82	1.82	1.82
U13G 16	Emily Bailey	Basildon AC	1.76	1.76	1.78	1.78
U13G 6	Mia Bowring	Chelmsford AC	1.74	1.76	1.76	1.76
U13G 27	Imogen Tooke	Chelmsford AC	1.74	1.7		1.74
U13G 30	Lola Butcher	Benfleet	1.44	1.38	1.36	1.44
U15G 17	Maisie Fulker	Chelmsford AC	2.32	2.28	2.22	2.32
U15G 2	Megan Taylor	Colchstr Harriers	2.04	2.04	2.12	2.12
U15G 40	Maddie Booty	Thurrck Harriers	1.94	2.02	1.98	2.02
U15G 12	Mabel Cowley	Basildon AC	1.90	1.90	2.00	2.00
U15G 26	Ema Aldea	Thurrck Harriers	1.84	1.72	1.80	1.84
U15G 37	Feyi Awosika	Basildon AC	1.64	1.76	1.56	1.76

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Standing Triple Jump

Sportshall

Girls U11 / U13

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	3	Florence Clark	Colchstr Harriers	5.93	5.87	5.85	5.93
U11G	23	Kesia Crees	Athletics Fund	NJ	5.64	5.5	5.64
U11G	15	Ava Bailey	Athletics Fund	4.45	4.32	4.29	4.45
U13G	14	Jessica Heath	Basildon AC	5.53	5.74	5.82	5.82
U13G	19	Holly Huett	Basildon AC	5.57	5.63	5.82	5.82
U13G	16	Emily Bailey	Basildon AC	5.56	5.66	5.63	5.66
U13G	5	Jessica Lunt	Athletics Fund	NJ	5.1	5.35	5.35
U15G	40	Maddie Booty	Thurrck Harriers	5.83	6.04	5.62	6.04

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Vertical Jump

Sportshall

Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	33	Nelly Collard	Athletics Fund	48	47	35	48
U11G	8	Ella Gilder-Briggs	Chelmsford AC	39	46	48	48
U11G	4	Lily Hartman	Basildon AC	42	42	41	42
U11G	28	Lucy Bulman	Chelmsford AC	40	36	40	40
U11G	34	Faramade Aderin	none	37	39	40	40
U13G	1	Amelie Taylor	Colchstr Harriers	51	53	54	54
U13G	31	Aroa Toral	none	53	52	52	53
U13G	22	Isobel Pickard	Basildon AC	51	51	53	53
U13G	7	Scarlet Robinson	Basildon AC	52	51	52	52
U13G	9	Gaby Bilbie	Chelmsford AC	49	50	52	52
U13G	11	Millie Trotter	Basildon AC	48	50	46	50
U13G	20	Sienna Shipton	Chelmsford AC	49	41	42	49
U13G	6	Mia Bowring	Chelmsford AC	46	48	48	48
U13G	25	Brooke McClement	Chelmsford AC	45	47	47	47
U13G	18	Emmie Fulker	Chelmsford AC	43	41	45	45
U13G	10	Etienne King	Chelmsford AC	42	43	42	43
U13G	24	Imogen Jones	Basildon AC	42	41	41	42
U15G	17	Maisie Fulker	Chelmsford AC	59	57	57	59
U15G	2	Megan Taylor	Colchstr Harriers	56	57	59	59
U15G	39	Molly Clark	Chelmsford AC	50	54	51	54

Hi Stepper



Girls U11

No.	Name	Club/School	Trial 1
U11G 15	Ava Bailey	Athletics Fund	17.9
U11G 34	Faramade Aderin	none	20.9

Target Throw



Girls U11

No.	Name	Club/School	Total Points
U11G 28	Lucy Bulman	Chelmsford AC	14
U11G 15	Ava Bailey	Athletics Fund	12
U11G 34	Faramade Aderin	none	5

Speed Bounce

Sportshall

Girls U11 (20 secs)

No.	Name	Club/School	Trial 1
U11G 33	Nelly Collard	Athletics Fund	53
U11G 13	Alice Coshell	Thurrck Harriers	50
U11G 8	Ella Gilder-Briggs	Chelmsford AC	48
U11G 4	Lily Hartman	Basildon AC	47
U11G 29	Abi White	Chelmsford AC	45
U11G 21	Amelie Shipton	Athletics Fund	42
U11G 32	Ines Toral	none	41

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13G 18	Emmie Fulker	Chelmsford AC	80
U13G 25	Brooke McClement	Chelmsford AC	74
U13G 19	Holly Huett	Basildon AC	69
U13G 31	Aroa Toral	none	69
U13G 5	Jessica Lunt	Athletics Fund	68
U13G 9	Gaby Bilbie	Chelmsford AC	67
U13G 10	Etienne King	Chelmsford AC	67
U13G 35	Angel Wright	Chelmsford AC	67
U13G 6	Mia Bowring	Chelmsford AC	67
U13G 24	Imogen Jones	Basildon AC	66
U13G 7	Scarlet Robinson	Basildon AC	65
U13G 11	Millie Trotter	Basildon AC	65
U13G 22	Isobel Pickard	Basildon AC	64
U13G 1	Amelie Taylor	Colchstr Harriers	63
U13G 30	Lola Butcher	Benfleet	56
U15G 12	Mabel Cowley	Basildon AC	77
U15G 2	Megan Taylor	Colchstr Harriers	69
U15G 39	Molly Clark	Chelmsford AC	60

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Chest Push

Shot Putt

Sportshall

Boys U11 (1kg)

Boys U13- 3.25kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11B	58	Kieran Bragg	Athletics Fund	5.25	5.00	5.75	5.75
U11B	72	Marcus Fazackerley	Chelmsford AC	4.50	4.50	5.25	5.25
		MEASURED TO NEAREST 25CM BELOW					
U13B	67	Oreanuoluwa Adepegba	Thurrck Harriers	9.52	7.97	8.39	9.52
U13B	64	Samuel Bernard	Thurrck Harriers	7.66	7.73	7.72	7.73
U13B	68	Daniel Headley	Basildon AC	6.81	5.88	6.18	6.81
U13B	76	Ayomiposi Odupitan	Braintree AC	4.71	4.88	4.91	4.91
U13B	70	Harry McGee	Basildon AC	3.44	4.46	4.43	4.46
U15B	63	Bryan Bernard	Thurrck Harriers	10.37	10.65	10.71	10.71
U15B	75	Samson Wright	Basildon AC	7.72	9.32	9.54	9.54
U15B	69	Thomas Headley	none	7.78	7.97	8.59	8.59
U13B	66	Samson Onilogbo	Basildon AC	8.14	8.06	7.67	8.14
U15B	74	Isaac Wright	Basildon AC	6.87	NT	7.70	7.70
U15B	59	Benedict Heath	Basildon AC	6.87	6.71	6.78	6.87
U15B	54	Alex Rawle	Havering AC	5.57	5.61	5.38	5.61

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	60	Findlay McLaren	none	1.97	1.94	2.02	2.02
U11B	57	Jack Warren-Gunn	Athletics Fund	1.96	1.92	1.86	1.96
U11B	52	Samuel Burdett	none	1.88	1.88	1.95	1.95
U11B	61	Lee Boka	Basildon AC	1.82	1.88	1.87	1.88
U11B	58	Kieran Bragg	Athletics Fund	1.8	1.76	1.66	1.80
U11B	65	William Green	Athletics Fund	1.68	1.8	1.7	1.80
U11B	56	Freddie Rowe	none	1.78	1.7	1.74	1.78
U11B	72	Marcus Fazackerley	Chelmsford AC	1.62	1.58	1.5	1.62

Standing Long Jump

Sportshall

Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B	76	Ayomiposi Odupitan	Braintree AC	2.18	2.06	2.24	2.24
U13B	71	Jimi Aderin	Basildon AC	2.14	2.12	2.18	2.18
U13B	64	Samuel Bernard	Thurrck Harriers	2.06	1.98	1.6	2.06
U13B	53	Adam Bakler-Kugler	Basildon AC	2.04	1.98	2.02	2.04
U13B	70	Harry McGee	Basildon AC	1.72	1.6	1.69	1.72
U15B	75	Samson Wright	Basildon AC	2.62	2.64	2.64	2.64
U15B	74	Isaac Wright	Basildon AC	2.36	2.24	2.3	2.36
U13B	66	Samson Onilogbo	Basildon AC	2.2	2.28	2.2	2.28
U15B	50	Bayley Hartman	Basildon AC	2.08	1.98	2.06	2.08

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Standing Triple Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	57	Jack Warren-Gunn	Athletics Fund	5.38	5.18	5.42	5.42
U11B	61	Lee Boka	Basildon AC	NJ	5.14	NJ	5.14
U11B	55	Luca Rawle	none	4.37	4.19	NJ	4.37
U13B	67	Oreanuoluwa Adepegba	Thurrck Harriers	NJ	6.56	6.59	6.59
U13B	68	Daniel Headley	Basildon AC	6.39	6.37	6.46	6.46
U13B	71	Jimi Aderin	Basildon AC	5.78	5.66	5.92	5.92
U13B	62	Arthur Unstead	Basildon AC	5.34	5.82	5.87	5.87
U13B	64	Samuel Bernard	Thurrck Harriers	5.61	5.64	NJ	5.64
U13B	53	Adam Bakler-Kugler	Basildon AC	4.96	5.12	5.26	5.26
U15B	75	Samson Wright	Basildon AC	7.64	7.97	7.94	7.97
U15B	63	Bryan Bernard	Thurrck Harriers	7.74	7.97	NJ	7.97
U15B	59	Benedict Heath	Basildon AC	6.34	6.13	6.1	6.34
U15B	54	Alex Rawle	Havering AC	6.28	6.25	6.21	6.28
U11B	52	Samuel Burdett	none	5.29	5.21	5.55	5.55
U11B	56	Freddie Rowe	none	5.09	NJ	NJ	5.09

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Vertical Jump

Sportshall

Boys U11 / U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U13B							
	64	Samuel Bernard	Thurrck Harriers	56	54	56	56
	67	Oreanuoluwa Adepegba	Thurrck Harriers	50	54	54	54
U13B	62	Arthur Unstead	Basildon AC	49	52	45	52
U13B	76	Ayomiposi Odupitan	Braintree AC	48	50	47	50
U13B	70	Harry McGee	Basildon AC	36	42	40	42
U15B	63	Bryan Bernard	Thurrck Harriers	67	64	67	67
U15B	69	Thomas Headley	none	62	58	59	62
U15B	74	Isaac Wright	Basildon AC	58	57	59	59
U15B	50	Bayley Hartman	Basildon AC	50	49	50	50

Hi Stepper

Sportshall

Boys U11

No.	Name	Club/School	Trial 1
U11B 56	Freddie Rowe	none	12.7
U11B 55	Luca Rawle	none	16.9

Target Throw

Sportshall

Boys U11

No.	Name	Club/School	Total Points
U11B 52	Samuel Burdett	none	20
U11B 56	Freddie Rowe	none	17
U11B 60	Findlay McLaren	none	12
U11B 61	Lee Boka	Basildon AC	12
U11B 65	William Green	Athletics Fund	8
U11B 55	Luca Rawle	none	6

EAN - SPORTSHALL COMPETITION

Round 1 6th October 2019

v2

Speed Bounce

Sportshall

Boys U11 (20 secs)

No.	Name	Club/School	Trial 1
U11B 60	Findlay McLaren	none	51
U11B 58	Kieran Bragg	Athletics Fund	50
U11B 57	Jack Warren-Gunn	Athletics Fund	48
U11B 61	Lee Boka	Basildon AC	46
U11B 65	William Green	Athletics Fund	44
U11B 72	Marcus Fazackerley	Chelmsford AC	43
U11B 55	Luca Rawle	none	38

Speed Bounce

Sportshall

Boys U13 / U15 (30 secs)

No.	Name	Club/School	Trial 1
U13B 53	Adam Bakler-Kugler	Basildon AC	67
U13B 62	Arthur Unstead	Basildon AC	65
U15B 59	Benedict Heath	Basildon AC	71
U15B 54	Alex Rawle	Havering AC	70
U15B 50	Bayley Hartman	Basildon AC	55