

Competition Results

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Royal Blue	684	70	70	60	60	54	54	50	48	54	52	54	58
2	Essex	Red	647	60	55	70	70	52	40	50	50	46	56	54	44
3	Cambridgeshire	Sky	559	50	55	50	50	44	36	50	52	50	38	40	44
4	Hertfordshire	Orange	278	0	0	0	40	34	54	34	18	18	22	36	22

Team Results

Cambridgeshire (sky)

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Royal Blue	684	70	70	60	60	54	54	50	48	54	52	54	58
2	Essex	Red	647	60	55	70	70	52	40	50	50	46	56	54	44
3	Cambridgeshire	Sky	559	50	55	50	50	44	36	50	52	50	38	40	44
4	Hertfordshire	Orange	278	0	0	0	40	34	54	34	18	18	22	36	22

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Freddie Chatfield-Grandison	2LR	26.2	0.0			26.2	6	20
61	Freddie Chatfield-Grandison	STJ	5.20	5.52	0.00	5.22	5.52	7	18
62	David Odigie	2LR	24.8	24.7			24.7	4	24
62	David Odigie	S	8.26	8.62	0.00	0.00	8.62	2	28
63	Cormac Mitchell	4LR	59.0	0.0			59.0	8	16
63	Cormac Mitchell	SB	66				66	6	20
65	Adam Johnson	6LR	1:28.1				1:28.1	5	22
65	Adam Johnson	S	7.50	7.65	7.14	7.82	7.82	4	24
66	Liam Morris	6LR	1:26.1				1:26.1	2	28
66	Liam Morris	VJ	41	38	41	0	41	6	20
67	Luke Worgan	SLJ	1.73	2.01	2.08	2.08	2.08	6	20
68	Connor Daniels	STJ	6.22	6.12	5.98	6.04	6.22	5	22
69	Robin Watson	SB	78				78	1	30
70	Benjamin John	SLJ	1.54	1.92	1.97	1.97	1.97	7	18
71	Montie Chatfield-Grandison	4LR	57.4	0.0			57.4	6	20
71	Montie Chatfield-Grandison	VJ	41	44	44	0	44	4	24

Team Results

Essex (red)

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Royal Blue	684	70	70	60	60	54	54	50	48	54	52	54	58
2	Essex	Red	647	60	55	70	70	52	40	50	50	46	56	54	44
3	Cambridgeshire	Sky	559	50	55	50	50	44	36	50	52	50	38	40	44
4	Hertfordshire	Orange	278	0	0	0	40	34	54	34	18	18	22	36	22

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
73	Daniel Brown	6LR	1:20.9				1:20.9	1	30
73	Daniel Brown	S	9.16	8.70	8.68	8.85	9.16	1	30
74	Bronson Hearn-Smith	4LR	55.6	0.0			55.6	5	22
74	Bronson Hearn-Smith	SLJ	2.28	2.37	2.40	2.40	2.40	1	30
75	Toby Lashmar	4LR	58.6	0.0			58.6	7	18
75	Toby Lashmar	SB	68				68	5	22
76	Austin Kelly	6LR	1:29.2				1:29.2	6	20
77	Kelyan Ble	STJ	6.20	5.84	6.48	6.54	6.54	4	24
78	Melchisedec Berkoh-Gyam	2LR	24.0	24.0			24.0	1	30
78	Melchisedec Berkoh-Gyam	STJ	7.42	7.56	7.30	7.56	7.56	1	30
79	Jack Warren-Gunn	2LR	24.7	25.6			25.6	5	22
79	Jack Warren-Gunn	SLJ	2.07	2.25	2.31	2.31	2.31	3	26
80	Kieran Bragg	SB	71				71	4	24
81	William Green	VJ	40	39	41	0	41	7	18
82	Kai Debenham	S	5.63	5.70	5.62	5.90	5.90	6	20
83	Ben Smith	VJ	51	53	50	0	53	3	26

Team Results

Hertfordshire (orange)

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Royal Blue	684	70	70	60	60	54	54	50	48	54	52	54	58
2	Essex	Red	647	60	55	70	70	52	40	50	50	46	56	54	44
3	Cambridgeshire	Sky	559	50	55	50	50	44	36	50	52	50	38	40	44
4	Hertfordshire	Orange	278	0	0	0	40	34	54	34	18	18	22	36	22

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
85	Zac Asamoah	4LR	53.3	1:24.6			1:24.6	4	24
85	Zac Asamoah	SB	58				58	7	18
86	Max Cracknell	2LR	26.5	0.0			26.5	7	18
86	Max Cracknell	VJ	36	42	42	0	42	5	22
87	Oscar Edmondson	6LR	1:35.1				1:35.1	7	18
87	Oscar Edmondson	SLJ	2.09	1.84	1.97	2.09	2.09	5	22
88	Alastair Gall Gray	2LR	26.6	0.0			26.6	8	16
88	Alastair Gall Gray	S	5.08	4.99	5.09	4.73	5.09	7	18
89	Ryan Senanayaka	4LR	54.1	54.0			54.0	1	30
89	Ryan Senanayaka	STJ	5.82	6.16	6.00	5.96	6.16	6	20
90	Oliver Teague	6LR	1:39.1				1:39.1	8	16
90	Oliver Teague	STJ	4.24	4.18	3.98	0.00	4.24	8	16

Team Results

Norfolk (royal blue)

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Royal Blue	684	70	70	60	60	54	54	50	48	54	52	54	58
2	Essex	Red	647	60	55	70	70	52	40	50	50	46	56	54	44
3	Cambridgeshire	Sky	559	50	55	50	50	44	36	50	52	50	38	40	44
4	Hertfordshire	Orange	278	0	0	0	40	34	54	34	18	18	22	36	22

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
97	James Lupton	2LR	24.4	24.1			24.1	2	28
97	James Lupton	VJ	59	59	55	0	59	2	28
98	Finlay-Morby-Jones	2LR	24.5	24.5			24.5	3	26
98	Finlay-Morby-Jones	S	6.24	6.60	6.14	6.82	6.82	5	22
99	Leon Harris	4LR	54.9	56.3			56.3	3	26
99	Leon Harris	STJ	6.72	6.92	6.86	7.30	7.30	3	26
100	Cameron Wedon	4LR	56.6	54.1			54.1	2	28
101	Finlay Haynes	6LR	1:26.6				1:26.6	3=	25
101	Finlay Haynes	SLJ	2.11	0.00	2.18	2.18	2.18	4	24
102	Toby Scott	6LR	1:26.6				1:26.6	3=	25
103	Sam Barber	STJ	7.34	7.16	7.30	7.46	7.46	2	28
104	Tyrone Tetteh	VJ	59	58	59	0	59	1	30
105	Jack Pritchard	SB	72				72	3	26
106	Charlie Board	S	8.16	7.74	5.10	6.70	8.16	3	26
107	Barnaby MacDonald	SLJ	2.29	2.31	2.06	2.31	2.31	2	28
108	Leo Gegaj	SB	76				76	2	28

Results Sheet

Obstacle Relay

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Royal Blue	0.0	1:18.6	1:18.6	70.0
2	02	Essex	Red	0.0	1:20.1	1:20.1	60.0
3	01	Cambridgeshire	Sky	0.0	1:21.8	1:21.8	50.0

Results Sheet

4 x 1 Lap Relay

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Royal Blue	0.0	50.0	50.0	70.0
2=	01	Cambridgeshire	Sky	0.0	51.2	51.2	55.0
2=	02	Essex	Red	0.0	51.2	51.2	55.0

Results Sheet

2 Lap Race

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	54
2	Essex	Red	52
3	Cambridgeshire	Sky	44
4	Hertfordshire	Orange	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	78	Melchisedec Berkoh-Gyamfi	24.0	30
2	Norfolk	Royal Blue	97	James Lupton	24.1	28
3	Norfolk	Royal Blue	98	Finlay-Morby-Jones	24.5	26
4	Cambridgeshire	Sky	62	David Odigie	24.7	24
5	Essex	Red	79	Jack Warren-Gunn	25.6	22
6	Cambridgeshire	Sky	61	Freddie Chatfield-Grandison	26.2	20
7	Hertfordshire	Orange	86	Max Cracknell	26.5	18
8	Hertfordshire	Orange	88	Alastair Gall Gray	26.6	16

Results Sheet

4 Lap Race

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1=	Hertfordshire	Orange	54
1=	Norfolk	Royal Blue	54
3	Essex	Red	40
4	Cambridgeshire	Sky	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Hertfordshire	Orange	89	Ryan Senanayaka	54.0	30
2	Norfolk	Royal Blue	100	Cameron Wedon	54.1	28
3	Norfolk	Royal Blue	99	Leon Harris	56.3	26
4	Hertfordshire	Orange	85	Zac Asamoah	1:24.6	24
5	Essex	Red	74	Bronson Hearn-Smith	55.6	22
6	Cambridgeshire	Sky	71	Montie Chatfield-Grandison	57.4	20
7	Essex	Red	75	Toby Lashmar	58.6	18
8	Cambridgeshire	Sky	63	Cormac Mitchell	59.0	16

Results Sheet

6 Lap Time Trial

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1=	Cambridgeshire	Sky	50
1=	Essex	Red	50
1=	Norfolk	Royal Blue	50
4	Hertfordshire	Orange	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	73	Daniel Brown	1:20.9	30
2	Cambridgeshire	Sky	66	Liam Morris	1:26.1	28
3=	Norfolk	Royal Blue	101	Finlay Haynes	1:26.6	25
3=	Norfolk	Royal Blue	102	Toby Scott	1:26.6	25
5	Cambridgeshire	Sky	65	Adam Johnson	1:28.1	22
6	Essex	Red	76	Austin Kelly	1:29.2	20
7	Hertfordshire	Orange	87	Oscar Edmondson	1:35.1	18
8	Hertfordshire	Orange	90	Oliver Teague	1:39.1	16

Results Sheet

8 Lap Paarlauf

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	0.0	1:45.3	1:45.3	70.0
2	04	Norfolk	Royal Blue	0.0	1:47.2	1:47.2	60.0
3	01	Cambridgeshire	Sky	0.0	1:50.4	1:50.4	50.0

Results Sheet

4 x 2 Lap Relay

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	0.0	1:41.8	1:41.8	70.0
2	04	Norfolk	Royal Blue	0.0	1:43.2	1:43.2	60.0
3	01	Cambridgeshire	Sky	0.0	1:49.6	1:49.6	50.0
4	03	Hertfordshire	Orange	0.0	1:51.5	1:51.5	40.0

Results Sheet

Shot

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1	Cambridgeshire	Sky	52
2	Essex	Red	50
3	Norfolk	Royal Blue	48
4	Hertfordshire	Orange	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	73	Daniel Brown	9.16	30
2	Cambridgeshire	Sky	62	David Odigie	8.62	28
3	Norfolk	Royal Blue	106	Charlie Board	8.16	26
4	Cambridgeshire	Sky	65	Adam Johnson	7.82	24
5	Norfolk	Royal Blue	98	Finlay-Morby-Jones	6.82	22
6	Essex	Red	82	Kai Debenham	5.90	20
7	Hertfordshire	Orange	88	Alastair Gall Gray	5.09	18

Results Sheet

Speed Bounce

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	54
2	Cambridgeshire	Sky	50
3	Essex	Red	46
4	Hertfordshire	Orange	18

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Cambridgeshire	Sky	69	Robin Watson	78	30
2	Norfolk	Royal Blue	108	Leo Gegaj	76	28
3	Norfolk	Royal Blue	105	Jack Pritchard	72	26
4	Essex	Red	80	Kieran Bragg	71	24
5	Essex	Red	75	Toby Lashmar	68	22
6	Cambridgeshire	Sky	63	Cormac Mitchell	66	20
7	Hertfordshire	Orange	85	Zac Asamoah	58	18

Results Sheet

Standing Long Jump

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1	Essex	Red	56
2	Norfolk	Royal Blue	52
3	Cambridgeshire	Sky	38
4	Hertfordshire	Orange	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	74	Bronson Hearn-Smith	2.40	30
2	Norfolk	Royal Blue	107	Barnaby MacDonald	2.31	28
3	Essex	Red	79	Jack Warren-Gunn	2.31	26
4	Norfolk	Royal Blue	101	Finlay Haynes	2.18	24
5	Hertfordshire	Orange	87	Oscar Edmondson	2.09	22
6	Cambridgeshire	Sky	67	Luke Worgan	2.08	20
7	Cambridgeshire	Sky	70	Benjamin John	1.97	18

Results Sheet

Standing Triple Jump

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1=	Essex	Red	54
1=	Norfolk	Royal Blue	54
3	Cambridgeshire	Sky	40
4	Hertfordshire	Orange	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	78	Melchisedec Berkoh-Gyamfi	7.56	30
2	Norfolk	Royal Blue	103	Sam Barber	7.46	28
3	Norfolk	Royal Blue	99	Leon Harris	7.30	26
4	Essex	Red	77	Kelyan Ble	6.54	24
5	Cambridgeshire	Sky	68	Connor Daniels	6.22	22
6	Hertfordshire	Orange	89	Ryan Senanayaka	6.16	20
7	Cambridgeshire	Sky	61	Freddie Chatfield-Grandison	5.52	18
8	Hertfordshire	Orange	90	Oliver Teague	4.24	16

Results Sheet

Vertical Jump

Competition:

East Combined Regional Final Competition 1

Venue:

UEA Sportspark

Date

5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	58
2=	Cambridgeshire	Sky	44
2=	Essex	Red	44
4	Hertfordshire	Orange	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Royal Blue	104	Tyrone Tetteh	59	30
2	Norfolk	Royal Blue	97	James Lupton	59	28
3	Essex	Red	83	Ben Smith	53	26
4	Cambridgeshire	Sky	71	Montie Chatfield-Grandison	44	24
5	Hertfordshire	Orange	86	Max Cracknell	42	22
6	Cambridgeshire	Sky	66	Liam Morris	41	20
7	Essex	Red	81	William Green	41	18