Competition Results

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Essex	Red	677	60	70	60	70	62	50	48	58	45	52	58	44
2	Norfolk	Royal Blue	674	70	60	70	60	46	58	58	44	54	56	44	54
3	Suffolk	Maroon	516	50	30	50	50	50	42	44	34	42	42	36	46
4	Cambridgeshire	Sky	433	30	50	40	40	32	32	30	40	35	32	46	26
5	Hertfordshire	Orange	390	40	40	30	30	30	28	30	34	34	28	26	40

Team Results

Cambridgeshire (sky)

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Essex	Red	677	60	70	60	70	62	50	48	58	45	52	58	44
2	Norfolk	Royal Blue	674	70	60	70	60	46	58	58	44	54	56	44	54
3	Suffolk	Maroon	516	50	30	50	50	50	42	44	34	42	42	36	46
4	Cambridgeshire	Sky	433	30	50	40	40	32	32	30	40	35	32	46	26
5	Hertfordshire	Orange	390	40	40	30	30	30	28	30	34	34	28	26	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Ella Watkinson	2LR	25.1	0.0			25.1	6	20
1	Ella Watkinson	STJ	5.96	5.90	5.74	5.92	5.96	5	22
2	Isla McCulloch	2LR	29.1	0.0			29.1	10	12
2	Isla McCulloch	STJ	4.92	6.22	6.16	6.24	6.24	4	24
3	Samantha Horman	4LR	58.2	0.0			58.2	7	18
3	Samantha Horman	S	0.00	6.15	0.00	0.00	6.15	9	14
4	Cate Pratt	4LR	1:02.5	0.0			1:02.5	9	14
4	Cate Pratt	S	0.00	0.00	0.00	0.00	0.00		
4	Cate Pratt	SLJ	1.76	1.77	1.84	1.84	1.84	9	14
5	Cara Still	6LR	1:36.4				1:36.4	8	16
5	Cara Still	SB	68				68	5=	21
7	Francesca Bush	S	7.74	0.00	0.00	0.00	7.74	3	26
8	Lily Margot	6LR	1:45.6				1:45.6	9	14
8	Lily Margot	VJ	38	38	44	43	44	9	14
9	Chloe Green	SLJ	1.85	1.92	1.91	1.92	1.92	7	18
10	Anjola Opaleye	VJ	0	43	42	42	43	10	12
11	Michelle Hristoskova	SB	59				59	9	14

Team Results

Essex (red)

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Essex	Red	677	60	70	60	70	62	50	48	58	45	52	58	44
2	Norfolk	Royal Blue	674	70	60	70	60	46	58	58	44	54	56	44	54
3	Suffolk	Maroon	516	50	30	50	50	50	42	44	34	42	42	36	46
4	Cambridgeshire	Sky	433	30	50	40	40	32	32	30	40	35	32	46	26
5	Hertfordshire	Orange	390	40	40	30	30	30	28	30	34	34	28	26	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Poppy Horton	6LR	1:31.0				1:31.0	3	26
13	Poppy Horton	SB	68				68	5=	21
14	Hetty Harrison	6LR	1:33.2				1:33.2	5	22
14	Hetty Harrison	SB	70				70	4	24
15	Milana Thorpe	STJ	6.36	6.36	6.50	6.44	6.50	2	28
16	Amelie Scott	STJ	6.46	6.72	6.74	6.86	6.86	1	30
17	Kate Case	VJ	46	46	49	45	49	6	20
18	Olive Lane	S	7.25	7.78	7.32	6.63	7.78	2	28
19	Jessica Page	2LR	56.4	0.0			56.4	11	10
19	Jessica Page	4LR	56.4	59.7			59.7	4	24
20	Alice Coshell	2LR	24.8	24.9			24.9	1=	28
20	Alice Coshell	SLJ	2.31	2.27	2.26	2.31	2.31	2	28
21	Chelsea Clarke	4LR	56.2	58.4			58.4	3	26
21	Chelsea Clarke	VJ	47	49	49	44	49	4	24
22	Lily Hartman	2LR	25.0	25.0			25.0	4	24
22	Lily Hartman	SLJ	2.11	2.08	2.18	2.18	2.18	4	24
23	Tilly Hewitt	S	9.90	9.69	9.25	8.93	9.90	1	30

Team Results

Hertfordshire (orange)

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Essex	Red	677	60	70	60	70	62	50	48	58	45	52	58	44
2	Norfolk	Royal Blue	674	70	60	70	60	46	58	58	44	54	56	44	54
3	Suffolk	Maroon	516	50	30	50	50	50	42	44	34	42	42	36	46
4	Cambridgeshire	Sky	433	30	50	40	40	32	32	30	40	35	32	46	26
5	Hertfordshire	Orange	390	40	40	30	30	30	28	30	34	34	28	26	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Zoe Asamoah	6LR	1:46.2				1:46.2	10	12
25	Zoe Asamoah	STJ	0.00	4.56	4.48	0.00	4.56	10	12
26	Skye Barnett	SLJ	1.86	1.86	1.88	1.88	1.88	8	16
27	Aoife Donkor	4LR	1:05.6	0.0			1:05.6	10	12
27	Aoife Donkor	SB	64				64	8	16
28	Isla Gardner	VJ	45	45	43	45	45	7	18
29	Emma Gudgeon	4LR	59.2	0.0			59.2	8	16
29	Emma Gudgeon	S	6.22	6.22	0.00	6.60	6.60	7	18
30	Emelia Hickey	2LR	26.9	0.0			26.9	9	14
30	Emelia Hickey	SLJ	1.68	1.76	1.81	1.81	1.81	10	12
31	Maja Hoss	2LR	26.1	0.0			26.1	8	16
31	Maja Hoss	STJ	5.22	5.40	5.28	5.30	5.40	9	14
32	Edythe Oughton	6LR	1:35.3				1:35.3	7	18
32	Edythe Oughton	VJ	0	48	47	49	49	5	22
33	Emily Wines	SB	67				67	7	18
34	Stephanie Winter	S	6.26	6.25	6.28	6.36	6.36	8	16

Team Results

Norfolk (royal blue)

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Essex	Red	677	60	70	60	70	62	50	48	58	45	52	58	44
2	Norfolk	Royal Blue	674	70	60	70	60	46	58	58	44	54	56	44	54
3	Suffolk	Maroon	516	50	30	50	50	50	42	44	34	42	42	36	46
4	Cambridgeshire	Sky	433	30	50	40	40	32	32	30	40	35	32	46	26
5	Hertfordshire	Orange	390	40	40	30	30	30	28	30	34	34	28	26	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Amy Fielding	2LR	25.6	0.0			25.6	7	18
37	Amy Fielding	SB	81				81	2	28
38	Lola Van Baaren	2LR	24.8	24.9			24.9	1=	28
38	Lola Van Baaren	VJ	51	49	50	50	51	3	26
39	Maizie Boylan	4LR	55.0	56.0			56.0	1	30
39	Maizie Boylan	SLJ	2.19	2.12	2.22	2.22	2.22	3	26
40	Mia Squires	4LR	55.1	56.8			56.8	2	28
40	Mia Squires	STJ	6.32	6.38	6.40	6.44	6.44	3	26
41	Abigale Bransgrove	6LR	1:28.6				1:28.6	1	30
42	Faye Nottage	6LR	1:29.5				1:29.5	2	28
43	Ellie Warman	VJ	52	50	50	0	52	2	28
44	Fleur Richie	STJ	5.74	5.62	5.42	5.48	5.74	7	18
45	Rebecca Johnson	SLJ	2.33	2.37	2.33	2.37	2.37	1	30
46	Lily Ganley	SB	73				73	3	26
47	Belle Hoy	S	6.69	6.75	6.95	6.96	6.96	6	20
48	Mia Lesniak	S	6.59	7.54	6.38	6.64	7.54	4	24

Team Results

Suffolk (maroon)

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Essex	Red	677	60	70	60	70	62	50	48	58	45	52	58	44
2	Norfolk	Royal Blue	674	70	60	70	60	46	58	58	44	54	56	44	54
3	Suffolk	Maroon	516	50	30	50	50	50	42	44	34	42	42	36	46
4	Cambridgeshire	Sky	433	30	50	40	40	32	32	30	40	35	32	46	26
5	Hertfordshire	Orange	390	40	40	30	30	30	28	30	34	34	28	26	40

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Adele Stalnionis	2LR	24.9	24.9			24.9	1=	28
49	Adele Stalnionis	SLJ	1.98	2.04	1.99	2.04	2.04	6	20
50	Patricia Stalnionis	2LR	24.9	25.5			25.5	5	22
50	Patricia Stalnionis	VJ	49	52	52	0	52	1	30
51	Tamiya Thurston	4LR	55.7	0.0			55.7	5	22
51	Tamiya Thurston	STJ	5.70	5.84	5.64	5.82	5.84	6	20
52	Nell Mills	4LR	57.3	0.0			57.3	6	20
52	Nell Mills	S	6.00	5.82	5.35	0.00	6.00	10	12
53	Maggie Vinton	6LR	1:34.1				1:34.1	6	20
53	Maggie Vinton	STJ	5.40	5.18	5.24	5.32	5.40	8	16
54	Isla Partridge-Kulczynski	6LR	1:32.9				1:32.9	4	24
54	Isla Partridge-Kulczynski	SB	84				84	1	30
56	Erin Stocking	SLJ	2.16	2.08	2.09	2.16	2.16	5	22
57	Maisy Bray	SB	58				58	10	12
58	Imogen Stringer	S	0.00	7.39	7.44	7.17	7.44	5	22
59	Katie Hill	VJ	40	42	45	0	45	8	16

Results Sheet

Obstacle Relay

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Royal Blue	0.0	1:18.5	1:18.5	70.0
2	02	Essex	Red	0.0	1:19.9	1:19.9	60.0
3	05	Suffolk	Maroon	0.0	1:24.3	1:24.3	50.0
4	03	Hertfordshire	Orange	0.0	1:25.9	1:25.9	40.0
5	01	Cambridgeshire	Sky	0.0	1:26.4	1:26.4	30.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	0.0	50.5	50.5	70.0
2	04	Norfolk	Royal Blue	0.0	50.8	50.8	60.0
3	01	Cambridgeshire	Sky	0.0	53.3	53.3	50.0
4	03	Hertfordshire	Orange	0.0	53.8	53.8	40.0
5	05	Suffolk	Maroon	0.0	54.5	54.5	30.0

Results Sheet

2 Lap Race

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Essex	Red	62
2	Suffolk	Maroon	50
3	Norfolk	Royal Blue	46
4	Cambridgeshire	Sky	32
5	Hertfordshire	Orange	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1=	Essex	Red	20	Alice Coshell	24.9	28
1=	Norfolk	Royal Blue	38	Lola Van Baaren	24.9	28
1=	Suffolk	Maroon	49	Adele Stalnionis	24.9	28
4	Essex	Red	22	Lily Hartman	25.0	24
5	Suffolk	Maroon	50	Patricia Stalnionis	25.5	22
6	Cambridgeshire	Sky	1	Ella Watkinson	25.1	20
7	Norfolk	Royal Blue	37	Amy Fielding	25.6	18
8	Hertfordshire	Orange	31	Maja Hoss	26.1	16
9	Hertfordshire	Orange	30	Emelia Hickey	26.9	14
10	Cambridgeshire	Sky	2	Isla McCulloch	29.1	12
11	Essex	Red	19	Jessica Page	56.4	10

Results Sheet

4 Lap Race

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	58
2	Essex	Red	50
3	Suffolk	Maroon	42
4	Cambridgeshire	Sky	32
5	Hertfordshire	Orange	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Royal Blue	39	Maizie Boylan	56.0	30
2	Norfolk	Royal Blue	40	Mia Squires	56.8	28
3	Essex	Red	21	Chelsea Clarke	58.4	26
4	Essex	Red	19	Jessica Page	59.7	24
5	Suffolk	Maroon	51	Tamiya Thurston	55.7	22
6	Suffolk	Maroon	52	Nell Mills	57.3	20
7	Cambridgeshire	Sky	3	Samantha Horman	58.2	18
8	Hertfordshire	Orange	29	Emma Gudgeon	59.2	16
9	Cambridgeshire	Sky	4	Cate Pratt	1:02.5	14
10	Hertfordshire	Orange	27	Aoife Donkor	1:05.6	12

Results Sheet

6 Lap Time Trial

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	58
2	Essex	Red	48
3	Suffolk	Maroon	44
4=	Cambridgeshire	Sky	30
4=	Hertfordshire	Orange	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Royal Blue	41	Abigale Bransgrove	1:28.6	30
2	Norfolk	Royal Blue	42	Faye Nottage	1:29.5	28
3	Essex	Red	13	Poppy Horton	1:31.0	26
4	Suffolk	Maroon	54	Isla Partridge-Kulczynski	1:32.9	24
5	Essex	Red	14	Hetty Harrison	1:33.2	22
6	Suffolk	Maroon	53	Maggie Vinton	1:34.1	20
7	Hertfordshire	Orange	32	Edythe Oughton	1:35.3	18
8	Cambridgeshire	Sky	5	Cara Still	1:36.4	16
9	Cambridgeshire	Sky	8	Lily Margot	1:45.6	14
10	Hertfordshire	Orange	25	Zoe Asamoah	1:46.2	12

Results Sheet

8 Lap Paarlauf

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Royal Blue	0.0	1:51.0	1:51.0	70.0
2	02	Essex	Red	0.0	1:52.8	1:52.8	60.0
3	05	Suffolk	Maroon	0.0	1:54.5	1:54.5	50.0
4	01	Cambridgeshire	Sky	0.0	2:11.5	2:11.5	40.0
5	03	Hertfordshire	Orange	0.0	2:13.9	2:13.9	30.0

Results Sheet

4 x 2 Lap Relay

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	0.0	1:41.6	1:41.6	70.0
2	04	Norfolk	Royal Blue	0.0	1:42.0	1:42.0	60.0
3	05	Suffolk	Maroon	0.0	1:43.9	1:43.9	50.0
4	01	Cambridgeshire	Sky	0.0	1:44.8	1:44.8	40.0
5	03	Hertfordshire	Orange	0.0	1:53.2	1:53.2	30.0

Results Sheet

Shot

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Essex	Red	58
2	Norfolk	Royal Blue	44
3	Cambridgeshire	Sky	40
4=	Hertfordshire	Orange	34
4=	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	23	Tilly Hewitt	9.90	30
2	Essex	Red	18	Olive Lane	7.78	28
3	Cambridgeshire	Sky	7	Francesca Bush	7.74	26
4	Norfolk	Royal Blue	48	Mia Lesniak	7.54	24
5	Suffolk	Maroon	58	Imogen Stringer	7.44	22
6	Norfolk	Royal Blue	47	Belle Hoy	6.96	20
7	Hertfordshire	Orange	29	Emma Gudgeon	6.60	18
8	Hertfordshire	Orange	34	Stephanie Winter	6.36	16
9	Cambridgeshire	Sky	3	Samantha Horman	6.15	14
10	Suffolk	Maroon	52	Nell Mills	6.00	12
	Cambridgeshire	Sky	4	Cate Pratt	0.00	0

Results Sheet

Speed Bounce

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	54
2	Essex	Red	45
3	Suffolk	Maroon	42
4	Cambridgeshire	Sky	35
5	Hertfordshire	Orange	34

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Suffolk	Maroon	54	Isla Partridge-Kulczynski	84	30
2	Norfolk	Royal Blue	37	Amy Fielding	81	28
3	Norfolk	Royal Blue	46	Lily Ganley	73	26
4	Essex	Red	14	Hetty Harrison	70	24
5=	Cambridgeshire	Sky	5	Cara Still	68	21
5=	Essex	Red	13	Poppy Horton	68	21
7	Hertfordshire	Orange	33	Emily Wines	67	18
8	Hertfordshire	Orange	27	Aoife Donkor	64	16
9	Cambridgeshire	Sky	11	Michelle Hristoskova	59	14
10	Suffolk	Maroon	57	Maisy Bray	58	12

Results Sheet

Standing Long Jump

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	56
2	Essex	Red	52
3	Suffolk	Maroon	42
4	Cambridgeshire	Sky	32
5	Hertfordshire	Orange	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Royal Blue	45	Rebecca Johnson	2.37	30
2	Essex	Red	20	Alice Coshell	2.31	28
3	Norfolk	Royal Blue	39	Maizie Boylan	2.22	26
4	Essex	Red	22	Lily Hartman	2.18	24
5	Suffolk	Maroon	56	Erin Stocking	2.16	22
6	Suffolk	Maroon	49	Adele Stalnionis	2.04	20
7	Cambridgeshire	Sky	9	Chloe Green	1.92	18
8	Hertfordshire	Orange	26	Skye Barnett	1.88	16
9	Cambridgeshire	Sky	4	Cate Pratt	1.84	14
10	Hertfordshire	Orange	30	Emelia Hickey	1.81	12

Results Sheet

Standing Triple Jump

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Essex	Red	58
2	Cambridgeshire	Sky	46
3	Norfolk	Royal Blue	44
4	Suffolk	Maroon	36
5	Hertfordshire	Orange	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	16	Amelie Scott	6.86	30
2	Essex	Red	15	Milana Thorpe	6.50	28
3	Norfolk	Royal Blue	40	Mia Squires	6.44	26
4	Cambridgeshire	Sky	2	Isla McCulloch	6.24	24
5	Cambridgeshire	Sky	1	Ella Watkinson	5.96	22
6	Suffolk	Maroon	51	Tamiya Thurston	5.84	20
7	Norfolk	Royal Blue	44	Fleur Richie	5.74	18
8	Suffolk	Maroon	53	Maggie Vinton	5.40	16
9	Hertfordshire	Orange	31	Maja Hoss	5.40	14
10	Hertfordshire	Orange	25	Zoe Asamoah	4.56	12

Results Sheet

Vertical Jump

Competition:
East Combined Regional Final Competition 1

Venue:
UEA Sportspark

Date
5 Mar 2022

Ranking	Team	Colour	Points
1	Norfolk	Royal Blue	54
2	Suffolk	Maroon	46
3	Essex	Red	44
4	Hertfordshire	Orange	40
5	Cambridgeshire	Sky	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	50	Patricia Stalnionis	52	30
2	Norfolk	Royal Blue	43	Ellie Warman	52	28
3	Norfolk	Royal Blue	38	Lola Van Baaren	51	26
4	Essex	Red	21	Chelsea Clarke	49	24
5	Hertfordshire	Orange	32	Edythe Oughton	49	22
6	Essex	Red	17	Kate Case	49	20
7	Hertfordshire	Orange	28	Isla Gardner	45	18
8	Suffolk	Maroon	59	Katie Hill	45	16
9	Cambridgeshire	Sky	8	Lily Margot	44	14
10	Cambridgeshire	Sky	10	Anjola Opaleye	43	12