

Competition Results

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Score | OR | 4x1 | P8 | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|--------------------|--------|-------|----|-----|----|-----|-----|-----|-----|----|----|-----|-----|----|
| 1 | North West Wales | Red | 679 | 70 | 50 | 70 | 60 | 53 | 54 | 58 | 46 | 54 | 58 | 52 | 54 |
| 2 | Cardiff & the Vale | Maroon | 604 | 50 | 70 | 60 | 70 | 29 | 44 | 50 | 54 | 47 | 24 | 52 | 54 |
| 3 | Afan Nedd Tawe | White | 527 | 60 | 60 | 0 | 50 | 48 | 52 | 42 | 50 | 49 | 48 | 46 | 22 |

Results Sheet

Obstacle Relay

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|--------------------|--------|------|--------|-------------|--------|
| 1 | 03 | North West Wales | Red | 0.0 | 1:21.0 | 1:21.0 | 70.0 |
| 2 | 01 | Afan Nedd Tawe | White | 0.0 | 1:24.0 | 1:24.0 | 60.0 |
| 3 | 02 | Cardiff & the Vale | Maroon | 0.0 | 1:25.8 | 1:25.8 | 50.0 |

Results Sheet

4 x 1 Lap Relay

Competition:

Welsh Final 2022 Under 13 Girls

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13 Mar 2022

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|--------------------|--------|------|-------|-------------|--------|
| 1 | 02 | Cardiff & the Vale | Maroon | 0.0 | 48.6 | 48.6 | 70.0 |
| 2 | 01 | Afan Nedd Tawe | White | 0.0 | 49.0 | 49.0 | 60.0 |
| 3 | 03 | North West Wales | Red | 0.0 | 49.5 | 49.5 | 50.0 |

Results Sheet

2 Lap Race

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1 | North West Wales | Red | 53 |
| 2 | Afan Nedd Tawe | White | 48 |
| 3 | Cardiff & the Vale | Maroon | 29 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|--------------------|--------|-------|----------------|------|--------|
| 1= | Cardiff & the Vale | Maroon | 85 | Elan Hall | 23.0 | 29 |
| 1= | North West Wales | Red | 98 | Ella Williams | 23.0 | 29 |
| 3 | Afan Nedd Tawe | White | 75 | Celyn Harvey | 23.3 | 26 |
| 4 | North West Wales | Red | 97 | Lydia Walker | 23.8 | 24 |
| 5 | Afan Nedd Tawe | White | 80 | Jessica Arnold | 26.2 | 22 |

Results Sheet

4 Lap Race

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

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Date

13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1 | North West Wales | Red | 54 |
| 2 | Afan Nedd Tawe | White | 52 |
| 3 | Cardiff & the Vale | Maroon | 44 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|--------------------|--------|-------|-----------------|------|--------|
| 1 | Afan Nedd Tawe | White | 82 | Martha Caldwell | 51.7 | 30 |
| 2 | North West Wales | Red | 99 | Medi Williams | 53.4 | 28 |
| 3 | North West Wales | Red | 100 | Mared Hughes | 54.8 | 26 |
| 4 | Cardiff & the Vale | Maroon | 90 | Lola Govier | 56.1 | 24 |
| 5 | Afan Nedd Tawe | White | 74 | Layla Aitchison | 54.7 | 22 |
| 6 | Cardiff & the Vale | Maroon | 96 | Avalili Bracey | 59.9 | 20 |

Results Sheet

6 Lap Time Trial

Competition:

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Date

13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1 | North West Wales | Red | 58 |
| 2 | Cardiff & the Vale | Maroon | 50 |
| 3 | Afan Nedd Tawe | White | 42 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|--------------------|--------|-------|------------------------|--------|--------|
| 1 | North West Wales | Red | 101 | Holly Rowlands | 1:22.7 | 30 |
| 2 | North West Wales | Red | 102 | Gwenlli Dafydd | 1:25.0 | 28 |
| 3 | Cardiff & the Vale | Maroon | 89 | Seren Hopkins | 1:25.6 | 26 |
| 4 | Cardiff & the Vale | Maroon | 91 | Sioned John | 1:27.4 | 24 |
| 5 | Afan Nedd Tawe | White | 79 | Tabitha Ventress-Brett | 1:28.2 | 22 |
| 6 | Afan Nedd Tawe | White | 78 | Harriet Young | 1:29.9 | 20 |

Results Sheet

8 Lap Paarlauf

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|--------------------|--------|------|--------|-------------|--------|
| 1 | 03 | North West Wales | Red | 0.0 | 1:48.1 | 1:48.1 | 70.0 |
| 2 | 02 | Cardiff & the Vale | Maroon | 0.0 | 1:51.6 | 1:51.6 | 60.0 |

Results Sheet

4 x 2 Lap Relay

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Code | Team | Colour | Heat | Final | Performance | Points |
|---------|------|--------------------|--------|------|--------|-------------|--------|
| 1 | 02 | Cardiff & the Vale | Maroon | 0.0 | 1:34.5 | 1:34.5 | 70.0 |
| 2 | 03 | North West Wales | Red | 0.0 | 1:36.8 | 1:36.8 | 60.0 |
| 3 | 01 | Afan Nedd Tawe | White | 0.0 | 1:37.5 | 1:37.5 | 50.0 |

Results Sheet

Shot

Competition:
Welsh Final 2022 Under 13 Girls

Venue:
Llandrindod Leisure Centre

Date
13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1 | Cardiff & the Vale | Maroon | 54 |
| 2 | Afan Nedd Tawe | White | 50 |
| 3 | North West Wales | Red | 46 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|--------------------|--------|-------|------------------|------|--------|
| 1 | Afan Nedd Tawe | White | 76 | Eleri Brown | 8.00 | 30 |
| 2 | Cardiff & the Vale | Maroon | 95 | Lexie Ivins | 7.14 | 28 |
| 3 | Cardiff & the Vale | Maroon | 88 | Milla Crew | 6.93 | 26 |
| 4 | North West Wales | Red | 107 | Cadi Pritchard | 6.51 | 24 |
| 5 | North West Wales | Red | 99 | Medi Williams | 6.48 | 22 |
| 6 | Afan Nedd Tawe | White | 81 | Lauren Oshisanya | 6.25 | 20 |

Results Sheet

Speed Bounce

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1 | North West Wales | Red | 54 |
| 2 | Afan Nedd Tawe | White | 49 |
| 3 | Cardiff & the Vale | Maroon | 47 |

| Ranking | Team | Colour | BibNo | Name | Total | Points |
|---------|--------------------|--------|-------|-----------------|-------|--------|
| 1 | North West Wales | Red | 98 | Ella Williams | 71 | 30 |
| 2= | Afan Nedd Tawe | White | 75 | Celyn Harvey | 70 | 27 |
| 2= | Cardiff & the Vale | Maroon | 96 | Avalili Bracey | 70 | 27 |
| 4 | North West Wales | Red | 104 | Elsa Owen | 68 | 24 |
| 5 | Afan Nedd Tawe | White | 82 | Martha Caldwell | 67 | 22 |
| 6 | Cardiff & the Vale | Maroon | 92 | Carys Mayers | 66 | 20 |

Results Sheet

Standing Long Jump

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1 | North West Wales | Red | 58 |
| 2 | Afan Nedd Tawe | White | 48 |
| 3 | Cardiff & the Vale | Maroon | 24 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|--------------------|--------|-------|----------------|------|--------|
| 1 | North West Wales | Red | 108 | Isla Jones | 2.12 | 30 |
| 2 | North West Wales | Red | 101 | Holly Rowlands | 2.09 | 28 |
| 3 | Afan Nedd Tawe | White | 78 | Harriet Young | 1.94 | 26 |
| 4 | Cardiff & the Vale | Maroon | 89 | Seren Hopkins | 1.90 | 24 |
| 5 | Afan Nedd Tawe | White | 80 | Jessica Arnold | 1.72 | 22 |

Results Sheet

Standing Triple Jump

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1= | Cardiff & the Vale | Maroon | 52 |
| 1= | North West Wales | Red | 52 |
| 3 | Afan Nedd Tawe | White | 46 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|--------------------|--------|-------|------------------------|------|--------|
| 1 | North West Wales | Red | 103 | Darcy Williams | 6.82 | 30 |
| 2 | Cardiff & the Vale | Maroon | 94 | Lucy Shelton | 5.68 | 28 |
| 3 | Afan Nedd Tawe | White | 79 | Tabitha Ventress-Brett | 5.60 | 26 |
| 4 | Cardiff & the Vale | Maroon | 85 | Elan Hall | 5.46 | 24 |
| 5 | North West Wales | Red | 106 | Katie Roberts | 5.44 | 22 |
| 6 | Afan Nedd Tawe | White | 77 | Eve Evans | 5.18 | 20 |

Results Sheet

Vertical Jump

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Points |
|---------|--------------------|--------|--------|
| 1= | Cardiff & the Vale | Maroon | 54 |
| 1= | North West Wales | Red | 54 |
| 3 | Afan Nedd Tawe | White | 22 |

| Ranking | Team | Colour | BibNo | Name | Best | Points |
|---------|--------------------|--------|-------|-----------------|------|--------|
| 1 | Cardiff & the Vale | Maroon | 87 | Naomi Parry | 56 | 30 |
| 2 | North West Wales | Red | 102 | Gwenlli Dafydd | 53 | 28 |
| 3 | North West Wales | Red | 97 | Lydia Walker | 51 | 26 |
| 4 | Cardiff & the Vale | Maroon | 93 | Amy Delcurtolo | 45 | 24 |
| 5 | Afan Nedd Tawe | White | 74 | Layla Aitchison | 36 | 22 |
| | Afan Nedd Tawe | White | 73 | Alice Nichols | 0 | 0 |

Team Results

Afan Nedd Tawe (white)

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Score | OR | 4x1 | P8 | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|--------------------|--------|-------|----|-----|----|-----|-----|-----|-----|----|----|-----|-----|----|
| 1 | North West Wales | Red | 679 | 70 | 50 | 70 | 60 | 53 | 54 | 58 | 46 | 54 | 58 | 52 | 54 |
| 2 | Cardiff & the Vale | Maroon | 604 | 50 | 70 | 60 | 70 | 29 | 44 | 50 | 54 | 47 | 24 | 52 | 54 |
| 3 | Afan Nedd Tawe | White | 527 | 60 | 60 | 0 | 50 | 48 | 52 | 42 | 50 | 49 | 48 | 46 | 22 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|------------------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 73 | Alice Nichols | VJ | 0 | 0 | 0 | 0 | 0 | | |
| 74 | Layla Aitchison | 4LR | 54.7 | 0.0 | | | 54.7 | 5 | 22 |
| 74 | Layla Aitchison | VJ | 35 | 35 | 36 | 36 | 36 | 5 | 22 |
| 75 | Celyn Harvey | 2LR | 23.6 | 23.3 | | | 23.3 | 3 | 26 |
| 75 | Celyn Harvey | SB | 70 | | | | 70 | 2= | 27 |
| 76 | Eleri Brown | S | 7.62 | 7.94 | 7.73 | 8.00 | 8.00 | 1 | 30 |
| 77 | Eve Evans | STJ | 5.18 | 5.14 | 5.16 | 5.14 | 5.18 | 6 | 20 |
| 78 | Harriet Young | 6LR | 1:29.9 | | | | 1:29.9 | 6 | 20 |
| 78 | Harriet Young | SLJ | 1.76 | 1.77 | 1.80 | 1.94 | 1.94 | 3 | 26 |
| 79 | Tabitha Ventress-Brett | 6LR | 1:28.2 | | | | 1:28.2 | 5 | 22 |
| 79 | Tabitha Ventress-Brett | STJ | 5.60 | 5.46 | 5.42 | 5.56 | 5.60 | 3 | 26 |
| 80 | Jessica Arnold | 2LR | 26.2 | 0.0 | | | 26.2 | 5 | 22 |
| 80 | Jessica Arnold | SLJ | 1.55 | 1.58 | 1.58 | 1.72 | 1.72 | 5 | 22 |
| 81 | Lauren Oshisanya | S | 5.91 | 5.26 | 5.43 | 6.25 | 6.25 | 6 | 20 |
| 82 | Martha Caldwell | 4LR | 51.0 | 51.7 | | | 51.7 | 1 | 30 |
| 82 | Martha Caldwell | SB | 67 | | | | 67 | 5 | 22 |

Team Results

Cardiff & the Vale (maroon)

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Score | OR | 4x1 | P8 | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|--------------------|--------|-------|----|-----|----|-----|-----|-----|-----|----|----|-----|-----|----|
| 1 | North West Wales | Red | 679 | 70 | 50 | 70 | 60 | 53 | 54 | 58 | 46 | 54 | 58 | 52 | 54 |
| 2 | Cardiff & the Vale | Maroon | 604 | 50 | 70 | 60 | 70 | 29 | 44 | 50 | 54 | 47 | 24 | 52 | 54 |
| 3 | Afan Nedd Tawe | White | 527 | 60 | 60 | 0 | 50 | 48 | 52 | 42 | 50 | 49 | 48 | 46 | 22 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|----------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 85 | Elan Hall | 2LR | 23.1 | 23.0 | | | 23.0 | 1= | 29 |
| 85 | Elan Hall | STJ | 5.36 | 5.44 | 5.20 | 5.46 | 5.46 | 4 | 24 |
| 87 | Naomi Parry | VJ | 51 | 53 | 53 | 56 | 56 | 1 | 30 |
| 88 | Milla Crew | S | 6.67 | 6.45 | 6.93 | 6.50 | 6.93 | 3 | 26 |
| 89 | Seren Hopkins | 6LR | 1:25.6 | | | | 1:25.6 | 3 | 26 |
| 89 | Seren Hopkins | SLJ | 1.82 | 1.77 | 1.90 | 1.86 | 1.90 | 4 | 24 |
| 90 | Lola Govier | 4LR | 54.0 | 56.1 | | | 56.1 | 4 | 24 |
| 91 | Sioned John | 6LR | 1:27.4 | | | | 1:27.4 | 4 | 24 |
| 92 | Carys Mayers | SB | 66 | | | | 66 | 6 | 20 |
| 93 | Amy Delcurtolo | VJ | 40 | 44 | 44 | 45 | 45 | 4 | 24 |
| 94 | Lucy Shelton | STJ | 5.50 | 5.28 | 5.68 | 5.42 | 5.68 | 2 | 28 |
| 95 | Lexie Ivins | S | 6.97 | 7.00 | 7.14 | 6.80 | 7.14 | 2 | 28 |
| 96 | Avalili Bracey | 4LR | 59.9 | 0.0 | | | 59.9 | 6 | 20 |
| 96 | Avalili Bracey | SB | 70 | | | | 70 | 2= | 27 |

Team Results

North West Wales (red)

Competition:

Welsh Final 2022 Under 13 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

| Ranking | Team | Colour | Score | OR | 4x1 | P8 | 4x2 | 2LR | 4LR | 6LR | S | SB | SLJ | STJ | VJ |
|---------|--------------------|--------|-------|----|-----|----|-----|-----|-----|-----|----|----|-----|-----|----|
| 1 | North West Wales | Red | 679 | 70 | 50 | 70 | 60 | 53 | 54 | 58 | 46 | 54 | 58 | 52 | 54 |
| 2 | Cardiff & the Vale | Maroon | 604 | 50 | 70 | 60 | 70 | 29 | 44 | 50 | 54 | 47 | 24 | 52 | 54 |
| 3 | Afan Nedd Tawe | White | 527 | 60 | 60 | 0 | 50 | 48 | 52 | 42 | 50 | 49 | 48 | 46 | 22 |

| Comp No | Name | Event | Perf1 | Perf2 | Perf3 | Perf4 | Best | Ranking | Points |
|---------|----------------|-------|--------|-------|-------|-------|--------|---------|--------|
| 97 | Lydia Walker | 2LR | 24.0 | 23.8 | | | 23.8 | 4 | 24 |
| 97 | Lydia Walker | VJ | 49 | 46 | 51 | 48 | 51 | 3 | 26 |
| 98 | Ella Williams | 2LR | 23.6 | 23.0 | | | 23.0 | 1= | 29 |
| 98 | Ella Williams | SB | 71 | | | | 71 | 1 | 30 |
| 99 | Medi Williams | 4LR | 52.5 | 53.4 | | | 53.4 | 2 | 28 |
| 99 | Medi Williams | S | 6.05 | 5.91 | 5.86 | 6.48 | 6.48 | 5 | 22 |
| 100 | Mared Hughes | 4LR | 53.8 | 54.8 | | | 54.8 | 3 | 26 |
| 101 | Holly Rowlands | 6LR | 1:22.7 | | | | 1:22.7 | 1 | 30 |
| 101 | Holly Rowlands | SLJ | 1.94 | 1.97 | 2.09 | 1.94 | 2.09 | 2 | 28 |
| 102 | Gwenlli Dafydd | 6LR | 1:25.0 | | | | 1:25.0 | 2 | 28 |
| 102 | Gwenlli Dafydd | VJ | 50 | 53 | 51 | 48 | 53 | 2 | 28 |
| 103 | Darcy Williams | STJ | 6.82 | 6.76 | 6.42 | 4.38 | 6.82 | 1 | 30 |
| 104 | Elsa Owen | SB | 68 | | | | 68 | 4 | 24 |
| 106 | Katie Roberts | STJ | 4.82 | 5.38 | 5.26 | 5.44 | 5.44 | 5 | 22 |
| 107 | Cadi Pritchard | S | 6.24 | 6.51 | 5.52 | 6.47 | 6.51 | 4 | 24 |
| 108 | Isla Jones | SLJ | 1.92 | 2.02 | 1.98 | 2.12 | 2.12 | 1 | 30 |