

Athlete Results

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	BibNo	Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	173	Sara Mai Jones	North West Wales	141		48		49	44	
2=	165	Ffion Leach	Cardiff & the Vale	138	42			49	47	
2=	172	Cadi Wyn	North West Wales	138	46			46		46
4	167	Ella-Jay White	Cardiff & the Vale	136		50		36	50	
5	170	Romilly Wayne	North West Wales	135	48		40		47	
6	174	Begw Roberts	North West Wales	134		44	48			42
7=	157	Evie Aitchison	Afan Nedd Tawe	132		42	50		40	
7=	175	Bethan Billington	North West Wales	132		46	36			50
9	168	Emma Wilson	Cardiff & the Vale	130		38	46			46
10	166	Megan Rogers	Cardiff & the Vale	128	44		38			46
11	159	Miriam Brown	Afan Nedd Tawe	126	50			34	42	
12	164	Erin Lia Williams	Cardiff & the Vale	123		40		44		39
13	163	Jess Day	Cardiff & the Vale	120	40		42		38	
14	158	Efa Williams	Afan Nedd Tawe	119	36		44			39
15	171	Leila Williams	North West Wales	116	38			42	36	
16	160	Natalie Coughlan	Afan Nedd Tawe	110		34		40		36
17	161	Mari Stephens	Afan Nedd Tawe	108		36		38		34
18	176	Sian Rowlands	North West Wales	0						

Competition Results

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

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Date

13 Mar 2022

Ranking	Team	Score	Individual	P8	4x2
1	North West Wales	668	548	70	50
2	Cardiff & the Vale	652	532	60	60
3	Afan Nedd Tawe	607	487	50	70

Results Sheet

2 Lap Race

Competition:
Welsh Final 2022 Under 15 Girls

Venue:
Llandrindod Leisure Centre

Date
13 Mar 2022

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Afan Nedd Tawe	White	159	Miriam Brown	23.4	50
2	North West Wales	Red	170	Romilly Wayne	24.1	48
3	North West Wales	Red	172	Cadi Wyn	24.2	46
4	Cardiff & the Vale	Maroon	166	Megan Rogers	24.4	44
5	Cardiff & the Vale	Maroon	165	Ffion Leach	24.6	42
6	Cardiff & the Vale	Maroon	163	Jess Day	24.7	40
7	North West Wales	Red	171	Leila Williams	24.9	38
8	Afan Nedd Tawe	White	158	Efa Williams	25.2	36

Results Sheet

4 Lap Race

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff & the Vale	Maroon	167	Ella-Jay White	50.7	50
2	North West Wales	Red	173	Sara Mai Jones	50.8	48
3	North West Wales	Red	175	Bethan Billington	51.3	46
4	North West Wales	Red	174	Begw Roberts	51.6	44
5	Afan Nedd Tawe	White	157	Evie Aitchison	52.6	42
6	Cardiff & the Vale	Maroon	164	Erin Lia Williams	52.9	40
7	Cardiff & the Vale	Maroon	168	Emma Wilson	53.6	38
8	Afan Nedd Tawe	White	161	Mari Stephens	56.1	36
9	Afan Nedd Tawe	White	160	Natalie Coughlan	56.4	34

Results Sheet

8 Lap Paarlauf

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	North West Wales	Red	0.0	1:42.1	1:42.1	70.0
2	02	Cardiff & the Vale	Maroon	0.0	1:46.4	1:46.4	60.0
3	01	Afan Nedd Tawe	White	0.0	1:49.2	1:49.2	50.0

Results Sheet

4 x 2 Lap Relay

Competition:

Welsh Final 2022 Under 15 Girls

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Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Afan Nedd Tawe	White	0.0	1:36.6	1:36.6	70.0
2	02	Cardiff & the Vale	Maroon	0.0	1:37.0	1:37.0	60.0
3	03	North West Wales	Red	0.0	1:37.4	1:37.4	50.0

Results Sheet

Shot

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Afan Nedd Tawe	White	157	Evie Aitchison	7.91	50
2	North West Wales	Red	174	Begw Roberts	7.72	48
3	Cardiff & the Vale	Maroon	168	Emma Wilson	7.60	46
4	Afan Nedd Tawe	White	158	Efa Williams	7.43	44
5	Cardiff & the Vale	Maroon	163	Jess Day	7.10	42
6	North West Wales	Red	170	Romilly Wayne	7.04	40
7	Cardiff & the Vale	Maroon	166	Megan Rogers	6.60	38
8	North West Wales	Red	175	Bethan Billington	6.52	36
	North West Wales	Red	176	Sian Rowlands	7.43	0

Results Sheet

Speed Bounce

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Team	Colour	BibNo	Name	Total	Points
1=	Cardiff & the Vale	Maroon	165	Ffion Leach	72	49
1=	North West Wales	Red	173	Sara Mai Jones	72	49
3	North West Wales	Red	172	Cadi Wyn	71	46
4	Cardiff & the Vale	Maroon	164	Erin Lia Williams	68	44
5	North West Wales	Red	171	Leila Williams	67	42
6	Afan Nedd Tawe	White	160	Natalie Coughlan	64	40
7	Afan Nedd Tawe	White	161	Mari Stephens	60	38
8	Cardiff & the Vale	Maroon	167	Ella-Jay White	56	36
9	Afan Nedd Tawe	White	159	Miriam Brown	51	34

Results Sheet

Standing Long Jump

Competition:

Welsh Final 2022 Under 15 Girls

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Date

13 Mar 2022

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff & the Vale	Maroon	167	Ella-Jay White	2.23	50
2=	Cardiff & the Vale	Maroon	165	Ffion Leach	2.15	47
2=	North West Wales	Red	170	Romilly Wayne	2.15	47
4	North West Wales	Red	173	Sara Mai Jones	2.13	44
5	Afan Nedd Tawe	White	159	Miriam Brown	2.08	42
6	Afan Nedd Tawe	White	157	Evie Aitchison	1.98	40
7	Cardiff & the Vale	Maroon	163	Jess Day	1.96	38
8	North West Wales	Red	171	Leila Williams	1.84	36

Results Sheet

Vertical Jump

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Team	Colour	BibNo	Name	Best	Points
1	North West Wales	Red	175	Bethan Billington	55	50
2=	Cardiff & the Vale	Maroon	166	Megan Rogers	52	46
2=	Cardiff & the Vale	Maroon	168	Emma Wilson	52	46
2=	North West Wales	Red	172	Cadi Wyn	52	46
5	North West Wales	Red	174	Begw Roberts	49	42
6=	Afan Nedd Tawe	White	158	Efa Williams	45	39
6=	Cardiff & the Vale	Maroon	164	Erin Lia Williams	45	39
8	Afan Nedd Tawe	White	160	Natalie Coughlan	43	36
9	Afan Nedd Tawe	White	161	Mari Stephens	40	34

Team Results

Afan Nedd Tawe (white)

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Llandrindod Leisure Centre

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Ranking	Team	Score	Individual	P8	4x2
1	North West Wales	668	548	70	50
2	Cardiff & the Vale	652	532	60	60
3	Afan Nedd Tawe	607	487	50	70

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
157	Evie Aitchison	4LR	52.6				52.6	5	42
157	Evie Aitchison	S	6.92	7.91	7.26		7.91	1	50
157	Evie Aitchison	SLJ	1.90	1.96	1.98		1.98	6	40
158	Efa Williams	2LR	25.2				25.2	8	36
158	Efa Williams	S	7.08	7.43	7.05		7.43	4	44
158	Efa Williams	VJ	36	43	45		45	6=	39
159	Miriam Brown	2LR	23.4				23.4	1	50
159	Miriam Brown	SB	51				51	9	34
159	Miriam Brown	SLJ	1.98	2.02	2.08		2.08	5	42
160	Natalie Coughlan	4LR	56.4				56.4	9	34
160	Natalie Coughlan	SB	64				64	6	40
160	Natalie Coughlan	VJ	38	43	41		43	8	36
161	Mari Stephens	4LR	56.1				56.1	8	36
161	Mari Stephens	SB	60				60	7	38
161	Mari Stephens	VJ	35	39	40		40	9	34

Team Results

Cardiff & the Vale (maroon)

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Team	Score	Individual	P8	4x2
1	North West Wales	668	548	70	50
2	Cardiff & the Vale	652	532	60	60
3	Afan Nedd Tawe	607	487	50	70

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
163	Jess Day	2LR	24.7				24.7	6	40
163	Jess Day	S	7.10	6.37	6.40		7.10	5	42
163	Jess Day	SLJ	1.96	1.94	1.92		1.96	7	38
164	Erin Lia Williams	4LR	52.9				52.9	6	40
164	Erin Lia Williams	SB	68				68	4	44
164	Erin Lia Williams	VJ	45	45	45		45	6=	39
165	Ffion Leach	2LR	24.6				24.6	5	42
165	Ffion Leach	SB	72				72	1=	49
165	Ffion Leach	SLJ	2.03	2.04	2.15		2.15	2=	47
166	Megan Rogers	2LR	24.4				24.4	4	44
166	Megan Rogers	S	6.60	6.07	5.93		6.60	7	38
166	Megan Rogers	VJ	51	50	52		52	2=	46
167	Ella-Jay White	4LR	50.7				50.7	1	50
167	Ella-Jay White	SB	56				56	8	36
167	Ella-Jay White	SLJ	2.18	2.17	2.23		2.23	1	50
168	Emma Wilson	4LR	53.6				53.6	7	38
168	Emma Wilson	S	7.60	7.25	7.42		7.60	3	46
168	Emma Wilson	VJ	45	49	52		52	2=	46

Team Results

North West Wales (red)

Competition:

Welsh Final 2022 Under 15 Girls

Venue:

Llandrindod Leisure Centre

Date

13 Mar 2022

Ranking	Team	Score	Individual	P8	4x2
1	North West Wales	668	548	70	50
2	Cardiff & the Vale	652	532	60	60
3	Afan Nedd Tawe	607	487	50	70

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
170	Romilly Wayne	2LR	24.1				24.1	2	48
170	Romilly Wayne	S	7.04	6.41	7.02		7.04	6	40
170	Romilly Wayne	SLJ	2.11	2.09	2.15		2.15	2=	47
171	Leila Williams	2LR	24.9				24.9	7	38
171	Leila Williams	SB	67				67	5	42
171	Leila Williams	SLJ	1.81	1.81	1.84		1.84	8	36
172	Cadi Wyn	2LR	24.2				24.2	3	46
172	Cadi Wyn	SB	71				71	3	46
172	Cadi Wyn	VJ	50	52	52		52	2=	46
173	Sara Mai Jones	4LR	50.8				50.8	2	48
173	Sara Mai Jones	SB	72				72	1=	49
173	Sara Mai Jones	SLJ	2.09	2.09	2.13		2.13	4	44
174	Begw Roberts	4LR	51.6				51.6	4	44
174	Begw Roberts	S	7.38	7.02	7.72		7.72	2	48
174	Begw Roberts	VJ	49	48	47		49	5	42
175	Bethan Billington	4LR	51.3				51.3	3	46
175	Bethan Billington	S	6.52	6.52	6.31		6.52	8	36
175	Bethan Billington	VJ	53	51	55		55	1	50
176	Sian Rowlands	S	0.00	6.80	7.43		7.43		