



# Team Results

# Cambridgeshire (sky)

## Competition:

East Regional Final Under 13 Boys

## Venue:

UEA Sportspark

## Date

28 Jan 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Pink	699	70	70	70	70	46	58	45	54	56	50	52	58
2	Cambridgeshire	Sky	540	40	50	60	50	51	24	47	48	46	50	30	44
3	Essex	Red	449	50	60	0	60	53	26	18	48	28	22	38	46
4	Suffolk	Maroon	286	60	0	0	0	34	22	58	0	0	28	48	36
5	Hertfordshire	Black	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
61	Joshua Dawe	2LR	25.7	0.0			25.7	4=	23
61	Joshua Dawe	STJ	6.50	6.22	6.10	0.00	6.50	1	30
62	Caleb Wilson	2LR	25.4	0.0			25.4	2	28
62	Caleb Wilson	VJ	53	55	54	0	55	3	26
63	Jensen Reeve	4LR	0.0	0.0			0.0		
63	Jensen Reeve	SB	23				23	5	22
64	Jaiden Walter	4LR	58.0	0.0			58.0	4	24
65	Toby Slack	6LR	1:29.7				1:29.7	3	26
65	Toby Slack	SLJ	1.83	1.81	1.77	0.00	1.83	6	20
66	Thomas Barry	6LR	1:33.3				1:33.3	5=	21
66	Thomas Barry	SB	69				69	4	24
67	Dexter Moore	VJ	38	45	40	0	45	7	18
68	Dexter Griffin	SLJ	1.95	1.97	2.09	0.00	2.09	1	30
69	Arthur Hirzel	S	6.23	6.80	6.49	0.00	6.80	3	26
70	Myles Norman	S	0.00	0.00	5.84	0.00	5.84	5	22

# Team Results

# Essex (red)

## Competition:

East Regional Final Under 13 Boys

## Venue:

UEA Sportspark

## Date

28 Jan 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Pink	699	70	70	70	70	46	58	45	54	56	50	52	58
2	Cambridgeshire	Sky	540	40	50	60	50	51	24	47	48	46	50	30	44
3	Essex	Red	449	50	60	0	60	53	26	18	48	28	22	38	46
4	Suffolk	Maroon	286	60	0	0	0	34	22	58	0	0	28	48	36
5	Hertfordshire	Black	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
73	Samuel Lowry	4LR	54.6	0.0			54.6	3	26
73	Samuel Lowry	SB	71				71	2	28
74	Tommy Hewitt	6LR	1:44.2				1:44.2	7	18
74	Tommy Hewitt	S	5.31	5.33	5.13	0.00	5.33	6	20
76	JJ Neife	2LR	25.3	0.0			25.3	1	30
76	JJ Neife	VJ	52	47	51	0	52	4	24
77	George Dixon	2LR	25.7	0.0			25.7	4=	23
77	George Dixon	S	7.70	7.10	6.52	0.00	7.70	2	28
78	Freddie Brown	STJ	0.00	4.96	5.26	0.00	5.26	6	20
79	Harvey Chambers	STJ	5.00	4.98	4.97	0.00	5.00	7	18
80	Kaiden Nott	VJ	48	49	50	0	50	5	22
81	John Coshell	SLJ	1.83	1.81	1.87	0.00	1.87	5	22
82	Mylo Vaughan	4LR	0.0	0.0			0.0		
82	Mylo Vaughan	SB	0				0		

# Team Results

# Hertfordshire (black)

## Competition:

East Regional Final Under 13 Boys

## Venue:

UEA Sportspark

## Date

28 Jan 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Pink	699	70	70	70	70	46	58	45	54	56	50	52	58
2	Cambridgeshire	Sky	540	40	50	60	50	51	24	47	48	46	50	30	44
3	Essex	Red	449	50	60	0	60	53	26	18	48	28	22	38	46
4	Suffolk	Maroon	286	60	0	0	0	34	22	58	0	0	28	48	36
5	Hertfordshire	Black	0	0	0	0	0	0	0	0	0	0	0	0	0

**Comp No Name**

**Event**

**Perf1**

**Perf2**

**Perf3**

**Perf4**

**Best**

**Ranking**

**Points**

\*\*\*\*\* no results for this team \*\*\*\*\*

# Team Results

# Norfolk (pink)

## Competition:

East Regional Final Under 13 Boys

## Venue:

UEA Sportspark

## Date

28 Jan 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Pink	699	70	70	70	70	46	58	45	54	56	50	52	58
2	Cambridgeshire	Sky	540	40	50	60	50	51	24	47	48	46	50	30	44
3	Essex	Red	449	50	60	0	60	53	26	18	48	28	22	38	46
4	Suffolk	Maroon	286	60	0	0	0	34	22	58	0	0	28	48	36
5	Hertfordshire	Black	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
97	Alex Singh	2LR	25.6	0.0			25.6	3	26
98	Harry Sayer	2LR	25.9	0.0			25.9	6	20
98	Harry Sayer	STJ	5.50	5.44	5.56	0.00	5.56	4	24
99	James Lupton	4LR	52.4	0.0			52.4	1	30
99	James Lupton	VJ	59	63	62	0	63	1	30
100	Tyrone Tetteh	4LR	54.5	0.0			54.5	2	28
100	Tyrone Tetteh	VJ	57	56	57	0	57	2	28
101	Aidan Howard	6LR	1:33.3				1:33.3	5=	21
101	Aidan Howard	SLJ	1.87	1.95	0.00	0.00	1.95	4	24
102	Matthew Williams	6LR	1:30.4				1:30.4	4	24
103	Josh Rumsby	SB	70				70	3	26
104	Nathan Harris	SB	75				75	1	30
105	Aamil Ganiyu	SLJ	1.95	1.95	1.93	0.00	1.95	3	26
106	Ben Lowe	STJ	6.40	6.46	6.42	0.00	6.46	2	28
107	Thomas Fairhurst	S	7.47	7.49	7.85	0.00	7.85	1	30
108	Luke Gilding	S	5.92	6.11	6.32	0.00	6.32	4	24

# Team Results

# Suffolk (maroon)

## Competition:

East Regional Final Under 13 Boys

## Venue:

UEA Sportspark

## Date

28 Jan 2023

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Norfolk	Pink	699	70	70	70	70	46	58	45	54	56	50	52	58
2	Cambridgeshire	Sky	540	40	50	60	50	51	24	47	48	46	50	30	44
3	Essex	Red	449	50	60	0	60	53	26	18	48	28	22	38	46
4	Suffolk	Maroon	286	60	0	0	0	34	22	58	0	0	28	48	36
5	Hertfordshire	Black	0	0	0	0	0	0	0	0	0	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
179	Jason Georgalas	6LR	1:27.8				1:27.8	1	30
179	Jason Georgalas	STJ	6.12	6.20	6.18	0.00	6.20	3	26
180	Alex Georgalas	6LR	1:29.3				1:29.3	2	28
180	Alex Georgalas	STJ	5.28	5.12	5.42	0.00	5.42	5	22
181	Bailey Pirie	4LR	58.9	0.0			58.9	5	22
181	Bailey Pirie	SLJ	1.87	1.99	1.95	0.00	1.99	2	28
182	Elliot Hobson	2LR	29.5	0.0			29.5	8	16
182	Elliot Hobson	VJ	47	45	46	0	47	6	20
183	Miles Lugo-Hankins	2LR	27.9	0.0			27.9	7	18
183	Miles Lugo-Hankins	VJ	41	42	39	0	42	8	16

# Results Sheet

# Obstacle Relay

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Pink	1:20.1	0.0	1:20.1	70.0
2	05	Suffolk	Maroon	1:21.0	0.0	1:21.0	60.0
3	02	Essex	Red	1:24.8	0.0	1:24.8	50.0
4	01	Cambridgeshire	Sky	1:29.9	0.0	1:29.9	40.0

# Results Sheet

# 4 x 1 Lap Relay

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Pink	52.6	0.0	52.6	70.0
2	02	Essex	Red	54.8	0.0	54.8	60.0
3	01	Cambridgeshire	Sky	56.8	0.0	56.8	50.0



# Results Sheet

# 2 Lap Race

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
1	Essex	Red	53
2	Cambridgeshire	Sky	51
3	Norfolk	Pink	46
4	Suffolk	Maroon	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Essex	Red	76	JJ Neife	25.3	30
2	Cambridgeshire	Sky	62	Caleb Wilson	25.4	28
3	Norfolk	Pink	97	Alex Singh	25.6	26
4=	Cambridgeshire	Sky	61	Joshua Dawe	25.7	23
4=	Essex	Red	77	George Dixon	25.7	23
6	Norfolk	Pink	98	Harry Sayer	25.9	20
7	Suffolk	Maroon	183	Miles Lugo-Hankins	27.9	18
8	Suffolk	Maroon	182	Elliot Hobson	29.5	16

# Results Sheet

# 4 Lap Race

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
1	Norfolk	Pink	58
2	Essex	Red	26
3	Cambridgeshire	Sky	24
4	Suffolk	Maroon	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Pink	99	James Lupton	52.4	30
2	Norfolk	Pink	100	Tyrone Tetteh	54.5	28
3	Essex	Red	73	Samuel Lowry	54.6	26
4	Cambridgeshire	Sky	64	Jaiden Walter	58.0	24
5	Suffolk	Maroon	181	Bailey Pirie	58.9	22
	Cambridgeshire	Sky	63	Jensen Reeve	0.0	0
	Essex	Red	82	Mylo Vaughan	0.0	0

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
1	Suffolk	Maroon	58
2	Cambridgeshire	Sky	47
3	Norfolk	Pink	45
4	Essex	Red	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Suffolk	Maroon	179	Jason Georgalas	1:27.8	30
2	Suffolk	Maroon	180	Alex Georgalas	1:29.3	28
3	Cambridgeshire	Sky	65	Toby Slack	1:29.7	26
4	Norfolk	Pink	102	Matthew Williams	1:30.4	24
5=	Cambridgeshire	Sky	66	Thomas Barry	1:33.3	21
5=	Norfolk	Pink	101	Aidan Howard	1:33.3	21
7	Essex	Red	74	Tommy Hewitt	1:44.2	18

# Results Sheet

# 8 Lap Paarlauf

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Pink	1:14.2	0.0	1:14.2	70.0
2	01	Cambridgeshire	Sky	1:16.9	0.0	1:16.9	60.0

# Results Sheet

# 4 x 2 Lap Relay

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Pink	1:00.3	0.0	1:00.3	70.0
2	02	Essex	Red	1:03.3	0.0	1:03.3	60.0
3	01	Cambridgeshire	Sky	1:10.1	0.0	1:10.1	50.0

# Results Sheet

# Shot

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
	Suffolk	Maroon	0
1	Norfolk	Pink	54
2=	Cambridgeshire	Sky	48
2=	Essex	Red	48

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Pink	107	Thomas Fairhurst	7.85	30
2	Essex	Red	77	George Dixon	7.70	28
3	Cambridgeshire	Sky	69	Arthur Hirzel	6.80	26
4	Norfolk	Pink	108	Luke Gilding	6.32	24
5	Cambridgeshire	Sky	70	Myles Norman	5.84	22
6	Essex	Red	74	Tommy Hewitt	5.33	20

# Results Sheet

# Speed Bounce

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
	Suffolk	Maroon	0
1	Norfolk	Pink	56
2	Cambridgeshire	Sky	46
3	Essex	Red	28

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Norfolk	Pink	104	Nathan Harris	75	30
2	Essex	Red	73	Samuel Lowry	71	28
3	Norfolk	Pink	103	Josh Rumsby	70	26
4	Cambridgeshire	Sky	66	Thomas Barry	69	24
5	Cambridgeshire	Sky	63	Jensen Reeve	23	22
	Essex	Red	82	Mylo Vaughan	0	0

# Results Sheet

# Standing Long Jump

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
1=	Cambridgeshire	Sky	50
1=	Norfolk	Pink	50
3	Suffolk	Maroon	28
4	Essex	Red	22

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	68	Dexter Griffin	2.09	30
2	Suffolk	Maroon	181	Bailey Pirie	1.99	28
3	Norfolk	Pink	105	Aamil Ganiyu	1.95	26
4	Norfolk	Pink	101	Aidan Howard	1.95	24
5	Essex	Red	81	John Coshell	1.87	22
6	Cambridgeshire	Sky	65	Toby Slack	1.83	20



# Results Sheet

# Standing Triple Jump

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
1	Norfolk	Pink	52
2	Suffolk	Maroon	48
3	Essex	Red	38
4	Cambridgeshire	Sky	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cambridgeshire	Sky	61	Joshua Dawe	6.50	30
2	Norfolk	Pink	106	Ben Lowe	6.46	28
3	Suffolk	Maroon	179	Jason Georgalas	6.20	26
4	Norfolk	Pink	98	Harry Sayer	5.56	24
5	Suffolk	Maroon	180	Alex Georgalas	5.42	22
6	Essex	Red	78	Freddie Brown	5.26	20
7	Essex	Red	79	Harvey Chambers	5.00	18

# Results Sheet

# Vertical Jump

**Competition:**  
East Regional Final Under 13 Boys

**Venue:**  
UEA Sportspark

**Date**  
28 Jan 2023

Ranking	Team	Colour	Points
	Hertfordshire	Black	0
1	Norfolk	Pink	58
2	Essex	Red	46
3	Cambridgeshire	Sky	44
4	Suffolk	Maroon	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Norfolk	Pink	99	James Lupton	63	30
2	Norfolk	Pink	100	Tyrone Tetteh	57	28
3	Cambridgeshire	Sky	62	Caleb Wilson	55	26
4	Essex	Red	76	JJ Neife	52	24
5	Essex	Red	80	Kaiden Nott	50	22
6	Suffolk	Maroon	182	Elliot Hobson	47	20
7	Cambridgeshire	Sky	67	Dexter Moore	45	18
8	Suffolk	Maroon	183	Miles Lugo-Hankins	42	16