

Competition Results

Competition:
Welsh Final 2023 Under 15 Girls

Venue:
Cwmbran Sports Centre

Date
12 Mar 2023

Ranking	Team	Score	Individual	P8	4x2
1	Powys	591	481	60	50
2	North West Wales	585	495	50	40
3	Dyfed	581	471	40	70
4	Afan Nedd Tawe	520	420	70	30
5	Cardiff & the Vale	515	455	0	60
6	North East Wales	0	0	0	0

Athlete Results

Competition:
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Ranking	BibNo Athlete	Team	Score	2LR	4LR	S	SB	SLJ	VJ
1	194 Darcey Williams	North West Wales	141	46			45		50
2	176 Betrice Morgan	Dyfed	132	44		50		38	
3=	100 Daisy Whitticase	Powys	126		40		42		44
3=	173 Ella Jones	Dyfed	126	50		34			42
3=	193 Tamzin Matthews	North West Wales	126	33			45		48
6	102 Megs Thomas	Powys	125	42		40		43	
7=	164 Ffion Leach	Cardiff & the Vale	123	30			50	43	
7=	165 Timea Toth-Tarsoly	Cardiff & the Vale	123	48			25	50	
9	192 Ela Willians	North West Wales	121		43	32			46
10	160 Eleri Brown	Afan Nedd Tawe	120	33		44		43	
11	104 Manon Ellis Jones	Powys	119	37			48	34	
12	174 Megan Williams	Dyfed	113		48		40	25	
13	105 Isla Boyd	Powys	111	37			37		37
14	101 Glesni Woodman	Powys	108		30	42		36	
15=	167 Erin Lia-Williams	Cardiff & the Vale	107		36		34		37
15=	195 Nel Thomas	North West Wales	107		38	26		43	
17	196 Leila Williams	North West Wales	105		32		25	48	
18	157 Ruby Mills	Afan Nedd Tawe	104		50	24			30
19=	162 Holly Humphreys	Afan Nedd Tawe	102		43		37	22	
19=	166 Caitlin Bazley	Cardiff & the Vale	102	40		36			26
21	171 Connie Crook	Dyfed	100		27	48		25	
22=	103 Libby Loxam	Powys	98		34	30			34
22=	169 Amelia Balfry	Cardiff & the Vale	98		24	46		28	
22=	172 Lowri Jones	Dyfed	98		46		22		30
25	197 Lois Owen	North West Wales	97	28		38		31	
26	159 Seren Anderson- James	Afan Nedd Tawe	94	24			30		40
27	158 Celyn Harvey	Afan Nedd Tawe	89	26			32	31	
28	161 Layla Aitchison	Afan Nedd Tawe	85		27	28			30
29	175 Keira Oenn O` Hare	Dyfed	74	22			28		24
30=	168 Rebeca Derrick	Cardiff & the Vale	0						
30=	198 Beca Evans	North West Wales	0						

Team Results

Afan Nedd Tawe (white)

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1	Powys	591	481	60	50
2	North West Wales	585	495	50	40
3	Dyfed	581	471	40	70
4	Afan Nedd Tawe	520	420	70	30
5	Cardiff & the Vale	515	455	0	60
6	North East Wales	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
157	Ruby Mills	4LR	56.6				56.6	1	50
157	Ruby Mills	S	3.58	3.63	4.18		4.18	14	24
157	Ruby Mills	VJ	45	43	44		45	10=	30
158	Celyn Harvey	2LR	28.4				28.4	13	26
158	Celyn Harvey	SB	67				67	10	32
158	Celyn Harvey	SLJ	198.00	192.00	196.00		198.00	10=	31
159	Seren Anderson- James	2LR	28.6				28.6	14	24
159	Seren Anderson- James	SB	65				65	11	30
159	Seren Anderson- James	VJ	48	51	48		51	6	40
160	Eleri Brown	2LR	27.0				27.0	9=	33
160	Eleri Brown	S	7.62	7.47	7.48		7.62	4	44
160	Eleri Brown	SLJ	202.00	196.00	214.00		214.00	3=	43
161	Layla Aitchison	4LR	1:02.8				1:02.8	12=	27
161	Layla Aitchison	S	5.49	5.54	5.12		5.54	12	28
161	Layla Aitchison	VJ	36	42	45		45	10=	30
162	Holly Humphreys	4LR	58.4				58.4	4=	43
162	Holly Humphreys	SB	70				70	7=	37
162	Holly Humphreys	SLJ	0.00	184.00	180.00		184.00	15	22

Team Results

Cardiff & the Vale (maroon)

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1	Powys	591	481	60	50
2	North West Wales	585	495	50	40
3	Dyfed	581	471	40	70
4	Afan Nedd Tawe	520	420	70	30
5	Cardiff & the Vale	515	455	0	60
6	North East Wales	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
164	Ffion Leach	2LR	27.3				27.3	11	30
164	Ffion Leach	SB	77				77	1	50
164	Ffion Leach	SLJ	0.00	210.00	214.00		214.00	3=	43
165	Timea Toth-Tarsoly	2LR	25.9				25.9	2	48
165	Timea Toth-Tarsoly	SB	61				61	13=	25
165	Timea Toth-Tarsoly	SLJ	226.00	224.00	220.00		226.00	1	50
166	Caitlin Bazley	2LR	26.8				26.8	6	40
166	Caitlin Bazley	S	5.94	6.19	6.54		6.54	8	36
166	Caitlin Bazley	VJ	41	44	40		44	13	26
167	Erin Lia-Williams	4LR	1:00.8				1:00.8	8	36
167	Erin Lia-Williams	SB	68				68	9	34
167	Erin Lia-Williams	VJ	45	43	49		49	7=	37
168	Rebeca Derrick	4LR	0.0				0.0		
168	Rebeca Derrick	VJ	0	0	0		0		
169	Amelia Balfry	4LR	1:03.8				1:03.8	14	24
169	Amelia Balfry	S	7.57	6.97	8.30		8.30	3	46
169	Amelia Balfry	SLJ	186.00	193.00	194.00		194.00	12	28

Team Results

Dyfed (navy)

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1	Powys	591	481	60	50
2	North West Wales	585	495	50	40
3	Dyfed	581	471	40	70
4	Afan Nedd Tawe	520	420	70	30
5	Cardiff & the Vale	515	455	0	60
6	North East Wales	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
171	Connie Crook	4LR	1:02.8				1:02.8	12=	27
171	Connie Crook	S	8.89	8.43	0.00		8.89	2	48
171	Connie Crook	SLJ	182.00	188.00	185.00		188.00	13=	25
172	Lowri Jones	4LR	58.2				58.2	3	46
172	Lowri Jones	SB	60				60	15	22
172	Lowri Jones	VJ	44	45	43		45	10=	30
173	Ella Jones	2LR	25.7				25.7	1	50
173	Ella Jones	S	6.51	5.83	6.04		6.51	9	34
173	Ella Jones	VJ	54	52	51		54	5	42
174	Megan Williams	4LR	58.1				58.1	2	48
174	Megan Williams	SB	71				71	6	40
174	Megan Williams	SLJ	188.00	180.00	188.00		188.00	13=	25
175	Keira Oenn O` Hare	2LR	28.7				28.7	15	22
175	Keira Oenn O` Hare	SB	62				62	12	28
175	Keira Oenn O` Hare	VJ	41	42	42		42	14	24
176	Betrice Morgan	2LR	26.4				26.4	4	44
176	Betrice Morgan	S	7.90	7.76	9.13		9.13	1	50
176	Betrice Morgan	SLJ	211.00	209.00	210.00		211.00	7	38

Team Results

North East Wales (blue)

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Ranking	Team	Score	Individual	P8	4x2
1	Powys	591	481	60	50
2	North West Wales	585	495	50	40
3	Dyfed	581	471	40	70
4	Afan Nedd Tawe	520	420	70	30
5	Cardiff & the Vale	515	455	0	60
6	North East Wales	0	0	0	0

Comp No Name

Event

Perf1

Perf2

Perf3

Perf4

Best Ranking

Points

***** no results for this team *****

Team Results

North West Wales (red)

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Welsh Final 2023 Under 15 Girls

Venue:

Cwmbran Sports Centre

Date

12 Mar 2023

Ranking	Team	Score	Individual	P8	4x2
1	Powys	591	481	60	50
2	North West Wales	585	495	50	40
3	Dyfed	581	471	40	70
4	Afan Nedd Tawe	520	420	70	30
5	Cardiff & the Vale	515	455	0	60
6	North East Wales	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
192	Ela Willians	4LR	58.4				58.4	4=	43
192	Ela Willians	S	6.44	6.18	5.91		6.44	10	32
192	Ela Willians	VJ	55	57	57		57	3	46
193	Tamzin Matthews	2LR	27.0				27.0	9=	33
193	Tamzin Matthews	SB	73				73	3=	45
193	Tamzin Matthews	VJ	60	55	54		60	2	48
194	Darcey Williams	2LR	26.2				26.2	3	46
194	Darcey Williams	SB	73				73	3=	45
194	Darcey Williams	VJ	59	61	61		61	1	50
195	Nel Thomas	4LR	59.8				59.8	7	38
195	Nel Thomas	S	5.33	4.80	0.00		5.33	13	26
195	Nel Thomas	SLJ	210.00	214.00	210.00		214.00	3=	43
196	Leila Williams	4LR	1:01.2				1:01.2	10	32
196	Leila Williams	SB	61				61	13=	25
196	Leila Williams	SLJ	215.00	220.00	215.00		220.00	2	48
197	Lois Owen	2LR	28.3				28.3	12	28
197	Lois Owen	S	6.75	6.32	6.60		6.75	7	38
197	Lois Owen	SLJ	198.00	188.00	195.00		198.00	10=	31

Team Results

Powys (red & white)

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1	Powys	591	481	60	50
2	North West Wales	585	495	50	40
3	Dyfed	581	471	40	70
4	Afan Nedd Tawe	520	420	70	30
5	Cardiff & the Vale	515	455	0	60
6	North East Wales	0	0	0	0

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
100	Daisy Whitticase	4LR	58.8				58.8	6	40
100	Daisy Whitticase	SB	72				72	5	42
100	Daisy Whitticase	VJ	55	53	55		55	4	44
101	Glesni Woodman	4LR	1:02.0				1:02.0	11	30
101	Glesni Woodman	S	6.83	7.16	6.90		7.16	5	42
101	Glesni Woodman	SLJ	209.00	208.00	210.00		210.00	8	36
102	Megs Thomas	2LR	26.6				26.6	5	42
102	Megs Thomas	S	6.76	6.57	6.73		6.76	6	40
102	Megs Thomas	SLJ	212.00	214.00	211.00		214.00	3=	43
103	Libby Loxam	4LR	1:01.0				1:01.0	9	34
103	Libby Loxam	S	5.94	6.35	5.99		6.35	11	30
103	Libby Loxam	VJ	47	45	47		47	9	34
104	Manon Ellis Jones	2LR	26.9				26.9	7=	37
104	Manon Ellis Jones	SB	74				74	2	48
104	Manon Ellis Jones	SLJ	205.00	204.00	208.00		208.00	9	34
105	Isla Boyd	2LR	26.9				26.9	7=	37
105	Isla Boyd	SB	70				70	7=	37
105	Isla Boyd	VJ	48	49	49		49	7=	37

Results Sheet

2 Lap Race

Competition:
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	173	Ella Jones	25.7	50
2	Cardiff & the Vale	Maroon	165	Timea Toth-Tarsoly	25.9	48
3	North West Wales	Red	194	Darcey Williams	26.2	46
4	Dyfed	Navy	176	Betrice Morgan	26.4	44
5	Powys	Red & White	102	Megs Thomas	26.6	42
6	Cardiff & the Vale	Maroon	166	Caitlin Bazley	26.8	40
7=	Powys	Red & White	104	Manon Ellis Jones	26.9	37
7=	Powys	Red & White	105	Isla Boyd	26.9	37
9=	Afan Nedd Tawe	White	160	Eleri Brown	27.0	33
9=	North West Wales	Red	193	Tamzin Matthews	27.0	33
11	Cardiff & the Vale	Maroon	164	Ffion Leach	27.3	30
12	North West Wales	Red	197	Lois Owen	28.3	28
13	Afan Nedd Tawe	White	158	Celyn Harvey	28.4	26
14	Afan Nedd Tawe	White	159	Seren Anderson- James	28.6	24
15	Dyfed	Navy	175	Keira Oenn O` Hare	28.7	22

Results Sheet

4 Lap Race

Competition:
Welsh Final 2023 Under 15 Girls

Venue:
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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Afan Nedd Tawe	White	157	Ruby Mills	56.6	50
2	Dyfed	Navy	174	Megan Williams	58.1	48
3	Dyfed	Navy	172	Lowri Jones	58.2	46
4=	Afan Nedd Tawe	White	162	Holly Humphreys	58.4	43
4=	North West Wales	Red	192	Ela Willians	58.4	43
6	Powys	Red & White	100	Daisy Whitticase	58.8	40
7	North West Wales	Red	195	Nel Thomas	59.8	38
8	Cardiff & the Vale	Maroon	167	Erin Lia-Williams	1:00.8	36
9	Powys	Red & White	103	Libby Loxam	1:01.0	34
10	North West Wales	Red	196	Leila Williams	1:01.2	32
11	Powys	Red & White	101	Glesni Woodman	1:02.0	30
12=	Afan Nedd Tawe	White	161	Layla Aitchison	1:02.8	27
12=	Dyfed	Navy	171	Connie Crook	1:02.8	27
14	Cardiff & the Vale	Maroon	169	Amelia Balfry	1:03.8	24
	Cardiff & the Vale	Maroon	168	Rebeca Derrick	0.0	0

Results Sheet

8 Lap Paarlauf

Competition:

Welsh Final 2023 Under 15 Girls

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Afan Nedd Tawe	White	1:52.7	0.0	1:52.7	70.0
2	06	Powys	Red & White	1:56.1	0.0	1:56.1	60.0
3	05	North West Wales	Red	1:56.9	0.0	1:56.9	50.0
4	03	Dyfed	Navy	1:58.1	0.0	1:58.1	40.0

Results Sheet

4 x 2 Lap Relay

Competition:

Welsh Final 2023 Under 15 Girls

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Dyfed	Navy	1:46.1	0.0	1:46.1	70.0
2	02	Cardiff & the Vale	Maroon	1:47.5	0.0	1:47.5	60.0
3	06	Powys	Red & White	1:47.7	0.0	1:47.7	50.0
4	05	North West Wales	Red	1:50.5	0.0	1:50.5	40.0
5	01	Afan Nedd Tawe	White	1:51.9	0.0	1:51.9	30.0

Results Sheet

Shot

Competition:

Welsh Final 2023 Under 15 Girls

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	176	Betrice Morgan	9.13	50
2	Dyfed	Navy	171	Connie Crook	8.89	48
3	Cardiff & the Vale	Maroon	169	Amelia Balfry	8.30	46
4	Afan Nedd Tawe	White	160	Eleri Brown	7.62	44
5	Powys	Red & White	101	Glesni Woodman	7.16	42
6	Powys	Red & White	102	Megs Thomas	6.76	40
7	North West Wales	Red	197	Lois Owen	6.75	38
8	Cardiff & the Vale	Maroon	166	Caitlin Bazley	6.54	36
9	Dyfed	Navy	173	Ella Jones	6.51	34
10	North West Wales	Red	192	Ela Willians	6.44	32
11	Powys	Red & White	103	Libby Loxam	6.35	30
12	Afan Nedd Tawe	White	161	Layla Aitchison	5.54	28
13	North West Wales	Red	195	Nel Thomas	5.33	26
14	Afan Nedd Tawe	White	157	Ruby Mills	4.18	24

Results Sheet

Speed Bounce

Competition:
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Ranking	Team	Colour	BibNo	Name	Total	Points
1	Cardiff & the Vale	Maroon	164	Ffion Leach	77	50
2	Powys	Red & White	104	Manon Ellis Jones	74	48
3=	North West Wales	Red	193	Tamzin Matthews	73	45
3=	North West Wales	Red	194	Darcey Williams	73	45
5	Powys	Red & White	100	Daisy Whitticase	72	42
6	Dyfed	Navy	174	Megan Williams	71	40
7=	Afan Nedd Tawe	White	162	Holly Humphreys	70	37
7=	Powys	Red & White	105	Isla Boyd	70	37
9	Cardiff & the Vale	Maroon	167	Erin Lia-Williams	68	34
10	Afan Nedd Tawe	White	158	Celyn Harvey	67	32
11	Afan Nedd Tawe	White	159	Seren Anderson- James	65	30
12	Dyfed	Navy	175	Keira Oenn O` Hare	62	28
13=	Cardiff & the Vale	Maroon	165	Timea Toth-Tarsoly	61	25
13=	North West Wales	Red	196	Leila Williams	61	25
15	Dyfed	Navy	172	Lowri Jones	60	22

Results Sheet

Standing Long Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff & the Vale	Maroon	165	Timea Toth-Tarsoly	226.00	50
2	North West Wales	Red	196	Leila Williams	220.00	48
3=	Afan Nedd Tawe	White	160	Eleri Brown	214.00	43
3=	Cardiff & the Vale	Maroon	164	Ffion Leach	214.00	43
3=	North West Wales	Red	195	Nel Thomas	214.00	43
3=	Powys	Red & White	102	Megs Thomas	214.00	43
7	Dyfed	Navy	176	Betrice Morgan	211.00	38
8	Powys	Red & White	101	Glesni Woodman	210.00	36
9	Powys	Red & White	104	Manon Ellis Jones	208.00	34
10=	Afan Nedd Tawe	White	158	Celyn Harvey	198.00	31
10=	North West Wales	Red	197	Lois Owen	198.00	31
12	Cardiff & the Vale	Maroon	169	Amelia Balfry	194.00	28
13=	Dyfed	Navy	171	Connie Crook	188.00	25
13=	Dyfed	Navy	174	Megan Williams	188.00	25
15	Afan Nedd Tawe	White	162	Holly Humphreys	184.00	22

Results Sheet

Vertical Jump

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Ranking	Team	Colour	BibNo	Name	Best	Points
1	North West Wales	Red	194	Darcey Williams	61	50
2	North West Wales	Red	193	Tamzin Matthews	60	48
3	North West Wales	Red	192	Ela Willians	57	46
4	Powys	Red & White	100	Daisy Whitticase	55	44
5	Dyfed	Navy	173	Ella Jones	54	42
6	Afan Nedd Tawe	White	159	Seren Anderson- James	51	40
7=	Cardiff & the Vale	Maroon	167	Erin Lia-Williams	49	37
7=	Powys	Red & White	105	Isla Boyd	49	37
9	Powys	Red & White	103	Libby Loxam	47	34
10=	Afan Nedd Tawe	White	157	Ruby Mills	45	30
10=	Afan Nedd Tawe	White	161	Layla Aitchison	45	30
10=	Dyfed	Navy	172	Lowri Jones	45	30
13	Cardiff & the Vale	Maroon	166	Caitlin Bazley	44	26
14	Dyfed	Navy	175	Keira Oenn O` Hare	42	24
	Cardiff & the Vale	Maroon	168	Rebeca Derrick	0	0