



Essex
Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Chest Push

Shot Putt

Sportshall

Girls U11 (1kg)

Girls U13 - 2.72kg / U15 3.00kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11G	28	Felicity Charles	Chelmsford AC	5.00	4.75	5.25	5.25
U11G	45	Kacie Langton	Colchester/Tendring AC	4.50	4.75	4.75	4.75
U11G	33	Abigail Knight	none	4.25	4.25	4.50	4.50
U11G	10	Isla foley	Brentwood Beagles AC	3.25	4.00	3.75	4.00
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	0.00	0.00	0.00	0.00
		SHOT:					
U13G	37	Olivia Mullineaux	Chelmsford AC	7.97	8.90	8.63	8.90
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	5.63	6.16	5.57	6.16
U13G	41	Eni- Zoe Saiki	none	4.45	5.90	5.35	5.90
U13G	39	Emma Frisby	City of Southend AC	4.66	x	5.63	5.63
U13G	11	Zenobia Williams	Havering AC	4.53	4.97	5.35	5.35
U13G	44	Lucinda Palmer	Braintree Athletics Club	x	5.32	x	5.32
U13G	7	Amelie Twydell	Braintree Athletics Club	4.62	4.63	4.69	4.69
U13G	1	Cherri Moss	Chelmsford AC	4.12	x	2.87	4.12
U15G	12	Amelie Scott	Chelmsford AC	10.04	9.87	9.76	10.04
U15G	26	Chelsea Clarke	Chelmsford AC	7.33	7.65	x	7.65
U15G	38	Erin Frisby	City of Southend AC	7.37	7.22	6.25	7.37
U15G	14	Elouise Thomas	Basildon AC	6.09	6.39	5.75	6.39
U15G	23	Dakota Sladden	SSA	6.03	4.23	5.11	6.03



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Standing Long Jump

Sportshall

Girls U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	1.75	1.82	1.76	1.82
U11G	21	Davina Oladele	Thurrock Harriers	1.8	1.64	1.71	1.80
U11G	9	Isobel Larnar	Brentwood Beagles AC	1.62	1.5	1.52	1.62
U11G	31	Naomi Heath	SS Athletics	1.52	1.32	1.48	1.52
U11G	16	Temitope Ekerin	none	0	0	0	0.00
U11G	47	Veronica SIMPSON	Basildon AC	0	0	0	0.00
U11G	45	Kacie Langton	Colchester/Tendring AC	0	0	0	0.00
U13G	34	Evie Boyle	City of Southend AC	2	2.1	2.13	2.13
U13G	29	Charlotte Sumner	none	2.08	1.99	2.04	2.08
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	1.92	1.92	1.94	1.94
U13G	2	Keira Nix	Basildon AC	1.88	1.78	1.82	1.88
U13G	41	Eni- Zoe Saiki	none	1.73	1.88	1.86	1.88
U13G	1	Cherri Moss	Chelmsford AC	1.87	1.82	1.69	1.87
U13G	24	Nicole Dennison	SS Athletics	1.82	1.82	1.84	1.84
U13G	7	Amalie Twydell	Braintree Athletics Club	1.84	1.8	1.81	1.84
U13G	46	Layla Dixon	Basildon AC	1.8	1.82		1.82
U13G	37	Olivia Mullineaux	Chelmsford AC	1.72	1.67	1.64	1.72
U13G	5	Ava O Neal	Brentwood Beagles AC	1.7	1.66	1.64	1.70
U13G	3	Libbie Gordon	none	0	0	0	0.00
U15G	22	Alice Coshell	Thurrock harriers	2.48	2.44 x		2.48
U15G	12	Amelie Scott	Chelmsford AC	2.32	2.4	2.32	2.40
U15G	26	Chelsea Clarke	Chelmsford AC	2.22	2.2	2.18	2.22
U15G	14	Elouise Thomas	Basildon AC	2.15	2.22	2.1	2.22
U15G	20	Martha May	Braintree Athletics Club	2.14	2.03	2.04	2.14
U15G	15	Nicole Hawkins	Brentwood Beagles AC	2.07	2.08	2.05	2.08
U15G	42	Stephanie Smith	Brentwood Beagles AC	1.88	1.96	2.02	2.02
U15G	38	Erin Frisby	City of Southend AC	1.96	1.98	2.01	2.01



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EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Standing Triple Jump

Sportshall

Girls U13 / U15

	Name	Club/School	Trial			Best	
			1	2	3		
U11G	27	Kylie Kayembe	none	4.93	4.95	4.77	4.95
U11G	33	Abigail Knight	none	4.31	4.61	4.65	4.65
U11G	36	Olivia Merton	SS Athletics	4.64	4.37	4.46	4.64
U11G	31	Naomi Heath	SS Athletics	3.65	3.94	4.2	4.20
U11G	25	Elsie Martin- Bouchareb	Brentwood Beagles AC	0	0	0	0.00
U13G	39	Emma Frisby	City of Southend AC	5.94	5.91	5.95	5.95
U13G	2	Keira Nix	Basildon AC	5.6	5.5	5.81	5.81
U13G	35	Evie Abbott	Brentwood Beagles AC	5.72	4.58	5.61	5.72
U13G	29	Charlotte Sumner	none	5.48	5.4	5.35	5.48
U13G	7	Amalie Twydell	Braintree Athletics Club	4.85	5.1	5.05	5.10
U13G	43	Katie Lowe	Brentwood Beagles AC	0	0	0	0.00
U15G	14	Elouise Thomas	Basildon AC	6.27	6.32	6.12	6.32
U15G	20	Martha May	Braintree Athletics Club	6.19	5.99	5.81	6.19
U15G	38	Erin Frisby	City of Southend AC	5.84	5.42	5.62	5.84



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Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Vertical Jump



Girls U11/ U13 / U15

	No.	Name	Club/School	Trial			Best	
				1	2	3		
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	36	35	35	36	
U11G	45	Kacie Langton	Colchester/Tendring AC	30	35	34	35	
U11G	4	Ivy-Rose Hallahan	Colchester/Tendring AC	32	32	34	34	
U11G	28	Felicity Charles	Chelmsford AC	26	29	28	29	
U11G	8	Ella Silvain	Basildon AC	25	25	19	25	
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	51	57	48	57	
U13G	34	Evie Boygle	City of Southend AC	56	54	55	56	
U13G	46	Layla Dixon	Basildon AC	36	41	44	44	
U13G	37	Olivia Mullineaux	Chelmsford AC	39	43	38	43	
U13G	1	Cherri Moss	Chelmsford AC	39	38	40	40	
U13G	44	Lucinda Palmer	Braintree AC	30	38	35	38	
U13G	11	Zenobia Williams	Havering AC	30	32	37	37	
U13G	40	Stevie Makepeace	City of Southend AC	0	0	0	0	
U15G	22	Alice Coshell	Thurrock harriers	65	64	62	65	
U15G	12	Amelie Scott	Chelmsford AC	57	57	55	57	
U15G	14	Elouise Thomas	Basildon AC	53	52	54	54	
U15G	26	Chelsea Clarke	Chelmsford AC	52	52	54	54	
U15G	18	Lucia Barry	Basildon AC	52	50	52	52	
U15G	19	Abigail Bergin-McCarthy	Basildon AC	46	46	47	47	
U15G	42	Stephanie Smith	Brentwood Beagles AC	46	45	46	46	
U15G	17	Lucy Bulman	Chelmsford AC	0	0	0	0	
U15G	30	Honey Peck	Brentwood Beagles AC	0	0	0	0	
		JAVELIN U11 ONLY (BULL NOSE)						



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EAN - SPORTSHALL COMPETITION

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Hi Stepper

Sportshall

Girls U11

	No.	Name	Club/School	Trial 1
U11G	32	Sofia Lawrence	Chelmsford AC	15.2
U11G	36	Olivia Merton	SS Athletics	16.0
U11G	4	Ivy-Rose Hallahan	Colchester/Tendring AC	16.3
U11G	8	Ella Silvain	Basildon AC	18.5



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Athletics Network

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Target Throw



Girls U11

	No.	Name	Club/School	Total Points
U11G	32	Sofia Lawrence	Chelmsford AC	16
U11G	28	Felicity Charles	Chelmsford AC	11
U11G	27	Kylie Kayembe	none	8
U11G	9	Isobel Larner	Brentwood Beagles AC	7
U11G	8	Ella Silvain	Basildon AC	6
U11G	31	Naomie Heath	SSA	5
U11G	16	Sharnette Bailey- Ekerin	none	0
U11G				
U11G				
U11G				
U11G				
U11G	8	Ella Silvain	Basildon AC	

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Speed Bounce

Sportshall

Girls U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11G	27	Kylie Kayembe	none	42
U11G	32	Sofia Lawrence	Chelmsford AC	40
U11G	45	Kacie Langton	Colchester/Tendring AC	40
U11G	21	Davina Oladele	Thurrock Harriers	38
U11G	8	Ella Silvain	Basildon AC	35
U11G	10	Isla foley	Brentwood Beagles AC	33
U11G	31	Naomi Heath	SS Athletics	32
U11G	47	Veronica SIMPSON	Basildon AC	0

Speed Bounce

Sportshall

Girls U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13G	34	Evie Boyle	City of Southend AC	70
U13G	44	Lucinda Palmer	Braintree Athletics Club	69
U13G	1	Cherri Moss	Chelmsford AC	68
U13G	35	Evie Abbott	Brentwood Beagles AC	67
U13G	24	Nicole Dennison	SS Athletics	65
U13G	5	Ava O Neal	Brentwood Beagles AC	65
U13G	6	Shindara Ayo-Adeyemo	Chelmsford AC	62
U13G	2	Keira Nix	Basildon AC	61
U13G	41	Eni- Zoe Saiki	none	61
U13G	11	Zenobia Williams	Havering AC	54
U15G	22	Alice Coshell	Thurrock harriers	82
U15G	15	Nicole Hawkins	Brentwood Beagles AC	73
U15G	23	Dakota Sladden	SS Athletics	72
U15G	20	Martha May	Braintree Athletics Club	67
U15G	42	Stephanie Smith	Brentwood Beagles AC	65
U15G	38	Erin Frisby	City of Southend AC	0
U15G	30	Honey Peck	Brentwood Beagles AC	0



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EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Balance Beam

Sportshall

Girls U11 ONLY

	No.	Name	Club/School	Trial 1
U11G	27	Kylie Kayembe	none	51
U11G	32	Sofia Lawrence	Chelmsford AC	48
U13G	35	Evie Abbott	Brentwood Beagles AC	36
U11G	36	Olivia Merton	SS Athletics	21
U11G	8	Ella Silvain	Basildon AC	19
U11G	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	0
U13G	34	Evie Boyle	City of Southend AC	0
U15G	38	Erin Frisby	City of Southend AC	0
U11G	45	Kacie Langton	Colchester/Tendring AC	0

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Chest Push

Shot Putt

Sportshall

Boys U11 (1kg)

Boys U13- 3.kg / U15 - 4kg

	No.	Name	Club/School	Trial			Best
				1	2	3	
		CHEST PUSH IS MEASURED TO NEAREST 25CM BELOW					
U11B	67	Jude Lipscombe	SS Athletics	5.75	6.25	6.50	6.50
U11B	81	Owen Cottee	Brentwood Beagles AC	6.00	6.25	6.25	6.25
U11B	79	Sonny Hughes	Brentwood Beagles AC	6.00	6.25	x	6.25
U11B	90	Rory Knivett	none	5.75	5.75	6.00	6.00
U11B	69	Max Evans	none	x	5.50	5.75	5.75
U11B	84	Folabi Saiki	none	x	5.50	5.50	5.50
U11B	66	Rory Seymour	Braintree Athletics Club	5.50	3.75	5.25	5.50
U11B	60	Joshua Thomas	Basildon AC	5.00	5.25	X	5.25
		SHOT					
U13B	70	Finn Petherbridge	none	6.20	6.47	6.44	6.47
U13B	63	Arron Watson	Castle Point Joggers	5.61	5.62	5.86	5.86
U13B	74	Ronnie Marchant	Brentwood Beagles AC	4.56	4.59	5.20	5.20
U13B	65	Freddie Seymour	Braintree Athletics Club	5.10	x	4.83	5.10



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EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Standing Long Jump

Sportshall

Boys U11

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	87	Dylan Phillips-Frontin	SS Athletics	1.88	1.94	x	1.94
U11B	67	Jude Lipscombe	SS Athletics	1.82	1.76	1.7	1.82
U11B	77	Mason Partridge	Colchester/Tendring AC	1.81	1.3	1.79	1.81
U11B	66	Rory Seymour	Braintree Athletics Club	1.78	1.59	x	1.78
U11B	75	Joey Marchant	Brentwood Beagles AC	1.72	1.74	1.68	1.74
U11B	90	Rory Knivett	none	1.68	1.6	1.62	1.68
U11B	76	Jude Court	none	1.65	1.58	1.68	1.68
U11B	73	Wilbur Wheatley	Colchester/Tendring AC	1.64	1.54	1.67	1.67
U11B	60	Joshua Thomas	Basildon AC	1.52	1.56	1.41	1.56
U11B	69	Max Evans	none	1.56	1.38	1.41	1.56
U11B	61	Robbie Howard	Colchester/Tendring AC	1.45	1.45	1.5	1.54
U11B	64	Aidan Burgoyne	Cats	1.47	1.52	1.49	1.52
U11B	82	Josh Gifford	SS Athletics	1.28	1.43	1.32	1.43
U11B	62	Joe Howard	Colchester/Tendring AC	1.42	1.31	1.42	1.42
U11B	80	Theo Hughes	Brentwood Beagles AC	1.35	1.41	1.34	1.41
U11B	89	Joe Ryder	none	1.4	1.38	1.33	1.40
U11B	72	Austin Judd	SS Athletics	1.36	1.24	1.31	1.36
U13B	85	Tobi Oluborode Oluseye	Brentwood Beagles AC	2.13	2.26	2.3	2.30
U13B	71	Zac Petherbridge	SS Athletics	2.12	2.16	2.21	2.21
U13B	86	Timi Oluborode Oluseye	Brentwood Beagles AC	2.13	2.19	2.04	2.19
U13B	78	Matthew Cottee	Brentwood Beagles AC	1.91	2.05	1.95	2.05
U13B	88	Ben Ryder	Chelmsford	1.96	1.92	1.95	1.96
U13B	63	Arron Watson	Castle Point Joggers	1.89	1.89	1.96	1.96
U13B	65	Freddie Seymour	Braintree Athletics Club	1.89	1.89	1.95	1.95
U13B	74	Ronnie Marchant	Brentwood Beagles AC	1.63	1.73	1.68	1.73

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Standing Triple Jump



Boys U13 / U15

	No.	Name	Club/School	Trial			Best
				1	2	3	
U11B	84	Folabi Saiki	none	5.54	9.92 x		5.92
U11B	66	Rory Seymour	Braintree Athletics Club	5.07	4.75	4.98	5.07
U11B	67	Jude Lipscombe	SS Athletics	5.01	5.04 x		5.04
U11B	60	Joshua Thomas	Basildon AC	4.53	4.62	4.52	4.62
U11B	64	Aiden Burgoyne	Cats	4.34	4.56 x		4.56
U11B	61	Robbie Howard	Cats	4.11	4.21	4.31	4.31
U11B	62	Joe Howard	Cats	2.11	2.88	2.88	2.88
U13B	71	Zac Petherbridge	SS Athletics	5.91	6.37	6.44	6.44
U13B	85	Tobi Oluborode Oluseye	Brentwood Beagles AC	6.42	6.18 x		6.42
U13B	86	Timi Oluborode Oluseye	Brentwood Beagles AC	6.36	6.02	6.29	6.36
U13B	70	Finn Petherbridge	none	5.77	5.63	6.03	6.03
U13B	68	Sebastian SIMPSON	Basildon AC	4.93	5.9	5.09	5.90
U13B	65	Freddie Seymour	Braintree Athletics Club	5.11	5.62	5.42	5.62



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EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Hi Stepper

Sportshall

Boys U11

	No.	Name	Club/School	Trial
				1
U11B	77	Mason Partridge	Colchester/Tendring AC	15.1
U11B	80	Theo Hughes	Brentwood Beagles AC	16.8
U11B	89	Joe Ryder	none	18.0
U11B	81	Owen Cottee	Brentwood Beagles AC	18.4
U11B	79	Sonny Hughes	Brentwood Beagles AC	18.6
U11B	87	Dylan Phillips-Frontin	SSA	0.0

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Target Throw

Sportshall

Boys U11

	No.	Name	Club/School	Total Points
U11B	83	Jude Avery	none	14
U11B	64	Aidan Burgoyne	Cats	13
U13B	74	Ronnie Marchant	Brentwood Beagles AC	11
U11B	75	Joey Marchant	Brentwood Beagles AC	11
U11B	73	Wilbur Wheatley	Colchester/Tendring AC	11
U11B	61	Robbie Howard	Colchester/Tendring AC	11
U11B	81	Owen Cottee	Brentwood Beagles AC	10
U11B	80	Theo Hughes	Brentwood Beagles AC	8
U11B	79	Sonny Hughes	Brentwood Beagles AC	8
U11B	78	Matthew Cottee	Brentwood Beagles AC	6
U11B				

EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Speed Bounce



Boys U11 (20 secs)

	No.	Name	Club/School	Trial
				1
U11B	67	Jude Lipscombe	SS Athletics	48
U11B	84	Folabi Saiki	none	45
U11B	77	Mason Partridge	Colchester/Tendring AC	41
U11B	64	Aidan Burgoyne	Cats	41
U11B	76	Jude Court	none	40
U11B	90	Rory Knivett	None	38
U11B	75	Joey Marchant	Brentwood Beagles	36
U11B	81	Owen Cottee	Brentwood Beagles	35
U11B	83	Jude Avery	None	33
U11B	80	Theo Hughes	Brentwood Beagles	31
U11B	79	Sonny Hughes	Brentwood Beagles	27

Speed Bounce



Boys U13 / U15 (30 secs)

	No.	Name	Club/School	Trial
				1
U13B	88	Ben Ryder	Chelmsford	63
U13B	68	Sebastian SIMPSON	Basildon AC	60
U13B	63	Arron Watson	Castle Point Joggers	59
U13B	78	Matthew Cottee	Brentwood Beagles AC	57
U13B	65	Freddie Seymour	Braintree	54
U13B	74	Ronnie Marchant	Brentwood Beagles AC	49



EAN - SPORTSHALL COMPETITION

ROUND ONE OCTOBER 2023

Balance Beam



Boys U11 ONLY

	No.	Name	Club/School	Trial
				1
U11B	80	Theo Hughes	Brentwood Beagles AC	0

Over Under Race - Girls



U11

Heat	Position	No.	Name	Club / School	Time
1	1	33	Abigail Knight	none	20.4
	2	45	Kacie Langton	Colchester/Tendring AC	22
	3	31	Naomi Heath	SS Athletics	22.7
	4				

2	1	28	Felicity Charles	Chelmsford AC	20.5
	2	4	Ivy-Rose Hallahan	Colchester/Tendring AC	20.5
	3	16	Temitope Ekerin	none	22.2
	4				
	5				

4 Lap Race - Girls



U13

Heat	Position	No.	Name	Club / School	Time
1	1	44	Lucinda Palmer	Braintree Athletics Club	52.7
	2	2	Keira Nix	Basildon AC	53.4
	3	11	Zenobia Williams	Havering AC	55.0
	4				

2	1	7	Amalie Twydell	Braintree Athletics Club	53.4
	2	5	Ava O Neal	Brentwood Beagles AC	54.1
	3				
	4				

4 Lap Race - Girls



U15

1	1	38	Erin Frisby	City of Southend AC	49.3
	2	42	Stephanie Smith	Brentwood Beagles AC	49.6
	3	30	Honey Peck	Brentwood Beagles AC	50
	4				

2	1	15	Nicole Hawkins	Brentwood Beagles AC	49.7
	2	19	Abigail Bergin-McCarthy	Basildon AC	50.1
	3	20	Martha May	Braintree Athletics Club	50.8
	4	26	Chelsea Clarke	Chelmsford AC	51.4

1 Lap Race - Girls

Sportshall

U11 only

Heat	Position		Name	Club / School	Time
1	1	33	Abigail Knight	none	13.1
	2	32	Sofia Lawrence	Chelmsford AC	13.2
	3	36	Olivia Merton	SS Athletics	13.3
	4	8	Ella Silvain	Basildon AC	13.8

2	1	21	Davina Oladele	Thurrock Harriers	12.4
	2	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	12.7
	3	45	Kacie Langton	Colchester/Tendring AC	13
	4				

3	1	10	Isla foley	Brentwood Beagles AC	13.1
	2	27	Kylie Kayembe	none	13.5
	3	16	Temitope Ekerin	none	14.3
	4				

6 Lap Race - Girls

Sportshall

u13 only

Heat	Position		Name	Club / School	Time
1	1	44	Lucinda Palmer	Braintree Athletics Club	1.25.3
	2	7	Amalie Twydell	Braintree Athletics Club	1.26.7
	3				
	4				

2 Lap Race - Girls

Sportshall

U11

Heat	Position		Name	Club / School	Time
1	1	10	Isla foley	Brentwood Beagles AC	26.7
	2	4	Ivy-Rose Hallahan	Colchester/Tending AC	27.5
	3	8	Ella Silvain	Basildon AC	28.5
	4				
	4				

2	1	21	Davina Oladele	Thurrock Harriers	24.9
	2	25	Elsie Martin-Bouchareb	Brentwood Beagles AC	26.1
	3	9	Isobel Larner	Brentwood Beagles AC	26.7
	4				

2 Lap Race - Girls

Sportshall

U13

1	1	34	Evie Boygle	City of Southend AC	23.3
	2	43	Katie Lowe	Brentwood Beagles AC	24.1
	3	41	Eni- Zoe Saiki	none	25.1
	4				

2	1	1	Cherri Moss	Chelmsford AC	24.9
	2	5	Ava O Neal	Brentwood Beagles AC	25.8
	3	11	Zenobia Williams	Havering AC	25.8
	4	37	Olivia Mullineaux	Chelmsford AC	26.7

3	1	39	Emma Frisby	City of Southend AC	23.9
	2	46	Layla Dixon	Basildon AC	24.1
	3	35	Evie Abbott	Brentwood Beagles AC	24.1
	4	44	Lucinda Palmer	Braintree Athletics Club	25

4	1	6	Shindara Ayo-Adeyemo	Chelmsford AC	24.9
	2	29	Charlotte Sumner	none	25.5
	3	24	Nicole Dennison	SS Athletics	26.4
	4				

2 Lap Race - Girls

U15

1	1	12	Amelie Scott	Chelmsford AC	22.9
	2	15	Nicole Hawkins	Brentwood Beagles AC	23.5
	3	14	Elouise Thomas	Basildon AC	24.0
	4	20	Martha May	Braintree Athletics Club	24.1

2	1	22	Alice Coshell	Thurrock harriers	22
	2	38	Erin Frisby	City of Southend AC	22.8
	3	18	Lucia Barry	Basildon AC	23.2
	4	23	Dakota Sladden	SS Athletics	24.5

3	1				
	2				
	3				
	4				

Over Under Race - Boys

Sportshall

U11

Heat	Position		Name	Club / School	Time
1	1	76	Jude Court	none	20.0
	2	82	Josh Gifford	SS Athletics	20.7
	3	81	Owen Cottee	Brentwood Beagles AC	21.8
	4	89	Joe Ryder	none	22.2

2	1	67	Jude Lipscombe	SS Athletics	19.3
	2	64	Aidan Burgoyne	Cats	20.7
	3	61	Robbie Howard	Colchester/Tendring AC	21.9
	4	62	Joe Howard	Colchester/Tendring AC	22.5

	1	66	Rory Seymour	Braintree AC	20.8
	2	80	Theo Hughes	Brentwood Beagles	21.2
	3	72	Austin Judd	SSA	22.4
	4	83	Jude Avery	None	25.2

	1	73	Wilber Wheatley	CATS	21.1
	2				
	3				
	4				

4 Lap Race - Boys

Sportshall

U13

Heat	Position		Name	Club / School	Time
1	1	71	Zac Petherbridge	SS Athletics	53.4
	2	78	Matthew Cottee	Brentwood Beagles AC	54.2
	3	68	Sebastian SIMPSON	Basildon AC	54.5
	4				

4 Lap Race - Boys

U15

1	1				
	2				
	3				
	4				

1 Lap Race - Boys

U11

Heat	Position		Name	Club / School	Time
1	1	75	Joey Marchant	Brentwood Beagles AC	13.2
	2	60	Joshua Thomas	Basildon AC	13.8
	3	62	Joe Howard	Colchester/Tendring AC	14.2
	4	61	Robbie Howard	Colchester/Tendring AC	14.2

64

2	1	67	Jude Lipscombe	SS Athletics	12.7
	2	90	Rory Knivett	none	12.7
	3	77	Mason Partridge	Colchester/Tendring AC	12.7
	4				

3	1	84	Folabi Saiki	none	12.7
	2	79	Sonny Hughes	Brentwood Beagles AC	13.4
	3	80	Theo Hughes	Brentwood Beagles AC	14.2
	4				

	1	73	Wilber Wheatley	CATS	13.1
	2	64	Aidan Burgoyne	CATS	13.5
	3	81	Owen Cottee	Brentwood Beagles	13.7
	4				

6 Lap Race - Boys

U13

Heat	Position		Name	Club / School	Time
1	1	65	Freddie Seymour	Braintree Athletics Club	1.29.6
	2	63	Arron Watson	Castle Point Joggers	1.36.0
	3				
	4				

2 Lap Race - Boys

Sportshall

U11

Heat	Position		Name	Club / School	Time
1	1	79	Sonny Hughes	Brentwood Beagles AC	26.0
	2	69	Max Evans	none	26.6
	3	76	Jude Court	none	26.6
	4	77	Mason Partridge	Colchester/Tendring AC	26.6

	1	73	Wilber Wheatley	CATS	26.5
	2	66	Rory Seymour	Braintree AC	27.0
	3	83	Jude Avery	None	31.0
	4				

	1	84	Folabi Saiki	None	25.8
	2	82	Josh Gifford	SSA	26.2
	3	72	Austin Judd	SSA	29.0
	4				

2 Lap Race - Boys

Sportshall

U13

Heat	Position		Name	Club / School	Time
1	1	70	Finn Petherbridge	none	23.0
	2	88	Ben Ryder	Chelmsford	24.7
	3	68	Sebastian SIMPSON	Basildon AC	25.8
	4	78	Matthew Cottee	Brentwood Beagles AC	26.2

2	1	85	Tobi Oluborode Oluseye	Brentwood Beagles AC	22.8
	2	86	Timi Oluborode Oluseye	Brentwood Beagles AC	23.0
	3	65	Freddie Seymour	Braintree Athletics Club	25.5
	4	74	#N/A	Brentwood Beagles AC	25.7

U15

1	1				
	2				
	3				
	4				